

McBride AG Foods

CONGRATULATIONS

to Sarah Harstad, Winner of the Breville Steamer
MISSED BREAKFAST?
 Breakfast Sandwiches Available
 at 7am-9am

569-0140

OPEN Mon.-Thurs. 7-6, Fri. 7-7, Sat. 7-6, Sun. 7-5

SPIN DRIFT POWER SPORTS

We now have
WOT T-Shirts
for children
Come In and
Check Out our
Avalanche Gear

Authorized Klim Dealer

Open 7 Days a Week

569-0070

Located Beside the Police Station ROBSON VALLEY CONSTRUCTION

REDI-MIX CONCRETE

PO BOX 474
 Phone (250)569-2593
 Fax (250) 569-0178



BEST PRICES



CONCRETE

- Concrete Stamps
- Driveways
- Finish Concrete
- Delivery Concrete
- Delivery Gravel, Sand & Dirt

EXCAVATION

- Excavating Road
- Excavation
- Dozer Work
- Ponds, Lagoons & Trenches
- Haul Equipment

HEAVY HAULING

• Tridem Tilt Deck -Tridem Drop Deck
 • Best Rates In Town



CONSTRUCTION

- General Construction
- New Construction
- Remodeling
- Drywall
- Residential
- Commercial
- Install Septic Systems
- Repair & Removal

30 YEARS OF EXPERIENCE

Serving The Robson Valley

Irene Bernsden
 250-569-7397

Toll Free: 1-888-563-7397
 Email: ireneb@royallepage.ca
 www.mountainviewrealty.ca



Sales Representative
 McBride, BC



We now have
BEACONS
For Rent

OLD DUTCH ARRIBA

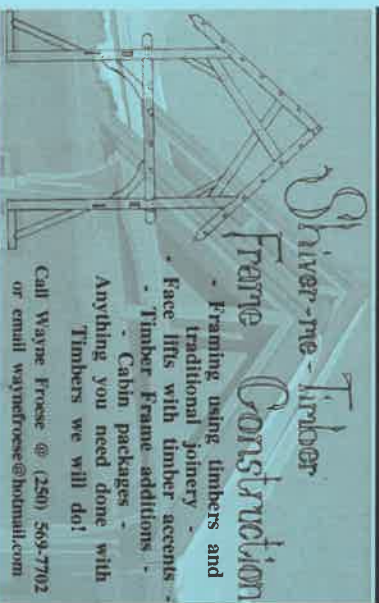
280 g ~ 2 for ~ \$5.00

COCA COLA

591 ml ~ 2 for ~ \$3.00



Husky
 569-2441



• Framing using timbers and traditional joinery
 • Timber Frame additions
 • Cabin packages
 • Anything you need done with Timbers we will do!

Call Wayne Froese @ (250) 569-7702
 or email waynefroese@hotmail.com

McBride Roundhouse

Theatre Society

presents

Jaydee Bixby

Tuesday, February 2nd, 2010 7:30pm

Tickets \$30.00, \$35.00 at the door

Tickets Are Available at STEPMANS V&S VARIETY
 377 Main St. 569-2415

FREE The Little FREE

McBride



Paper



Serving BC's Friendliest Town and Area!!!

For the week of *Wednesday, January 20th, 2010*

In loving Memory of

JAMES G. (GARY) WARD

1934 - 2009

It is with sadness and regret we announce the passing of Gary Ward on Wednesday, December 23 in Ashcroft hospital. Gary spent his life with the BC Forest Service in most parts of BC, rising from Dispatcher to District Manager over nearly forty years. He spent many years working with teens in McBride and Williams Lake as a Boy Scout leader and Teen Town supervisor. He spent quite a number of years working with the RCMP in McBride and Williams Lake as an auxiliary member. He retired to Savona, after a short stint in Kamloops, to raise Echinacea and latterly walnuts on his beautiful property. Gary is survived by two sons, Allan (Barb), Bradley (Etaine), four grandchildren and two great-grandchildren, his friend and wife Carley, one sister Sharon Hawkins (Ron), and brothers Bill (Irene), Ed (Karen) and Russ (Darlene). No formal service was held at his request but a gathering of friends and family will be held later in the year.

In loving Memory of

Lily Violet Whitehead (Jordan)



Lily Violet Jordan, age 78 of Kamloops B.C., went to heaven on Tuesday, January 12th, 2010. Lily was a long time resident of McBride where she resided for 30 years. Lily was born on November 8th, 1932 in Hardisty, AB daughter of the late Hannah and Edwin Jones. Lily is survived by daughter Cindy (Mike) Kelley, Grandchildren Martina (Travis) Wall, Alecha Kelley, and Great Grandson Lucas Wall. She is also survived by her sister Gwlad (Lowell) Andrews and brother Bert (Marie) Jones and numerous nieces and nephews. Lily is predeceased by her 1st husband Don Whitehead, brothers Dave, Jack, and Percy Jones, and sister Dolly Anderson. Lily will be sadly missed by countless other friends and family whom were blessed to know her. Lily's kind soul always showed that her family was most important in her life, along with many close friends. We may no longer see her but we'll always have many special moments we shared with her. She will always have a special part in our hearts. Let's just be thankful that we knew a special lady like Lil'. A Memorial service was held Saturday, January 16th, 2010 at the Kamloops Seventh Day Adventist Church at 2:00pm. In lieu of flowers, donations can be made to a charity of your choice.

FOOD BANK FUNDRAISER

McBride Oldtimers Hockey Tournament FOOD BANK FUNDRAISER: When: Friday February 5th @ 7:30p.m. WHERE: Robson Valley Rec Centre - Please join the Oldtimers as we kick-off our annual tournament vs Quesnel, and at the same time help contribute to the food bank. Donations of cash or food will gladly be accepted at the door.

THANK YOU

St. Patrick's Parish thanks IGA for their generous donations of Poinsettias and White Mums for their church.

BE A TRUSTEE

The McBride Public Library Needs You!!! - Be A Trustee *Do you love books? *Do you value the library enough to commit a few hours planning for it's future? *Trustees keep the public informed about how the library benefits the community. They set strategic directions for the library. ** Please Attend McBride & District Public Library AGM - January 26th, 2010 7:30p.m. at the McBride Library. -If you wish more information contact: Len McCarty at 250-569-3153 loccart@hotmail.com

BIRTHDAY WISHES JANUARY 20 - 26

Barry Shawara, Byron Muir, Ida Vecchio, Kelly Douglas LaRochele, Monica Zieper, Troy Tibbo, Theo Teering, Isaac Ford, Jadel-Lynn Tibbo, Aaron Rodwell, Cathy MacMaster, Kimi Yungen, Aliana Arteago-Pacheco, Andy Keim, Bob Collins, Joel Ford, Tiara Rich, Mary Henderson-Betkus, Sherry Bressette, Tom Vogel, and to anyone else we missed. Happy Birthday.

A Special Birthday Goes out to Gerald Porrier - January 21st.
 Love Family & Friends

Via-Rail Schedule Phone 1-888-842-7245
 Going West - Sunday, Wednesday & Friday...2:40pm
 Going East - Monday, Thursday, Saturday...2:18pm
 Discounts for booking 1 or 3 days in advance (not counting travel day)

Important Phone Numbers

EMERGENCY 9-1-1 Forestry 569-3760
 R.C.M.P. 569-2255 Village 569-2229
 Hospital 569-2251 Reg'l Dist 1-800-667-1959
 Health Unit 569-2251 Home Support 569-2266
 K to 7 School 569-2721 Food Bank 569-3225
 High School 569-2295 Fire Hall 569-3117
 Dunster School 968-4414
 School District 57 The Little McBride Paper
 1-800-256-7857 569-3110
 Report Forest Fires - 1-800-663-5555

Inquiry B.C. 1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...
 Dial this Number 1st and ask operator to connect you to provincial department.
Take a Break in McBride...B.C.'s Friendliest Town!!!

The McBride Trading Co.

Antiques, Bait & Tackle, Gifts & Health Products



WINTER EQUIPMENT SWAP/SALE
 *skis *snow shoes JAN. 22nd
 *snow board *winter clothing
****SALE On Sat., Jan. 23rd 9:00a.m. Sharp****

NEW WINTER HOURS
 Mon., Tues., Thurs., Fri., Sat. 9-5
 Closed Wed. & Sun. until Easter

250-569-2559

246 Main Street McBride, B.C.

Advantage Insurance Services Ltd.

Rosemary L. Hruby, CAIB
 250-569-2264

OPEN

Monday to Friday 8:30am - 6:00pm

Saturday 10:00am - 3:00pm

January Only! No card punches
 •Buy *anything* in the store.
 choose one item of *equal* value. **FREE!**
 •10% of the proceeds of *each day* will be donated to the Food Bank
 to the Food Bank
 *Basket draw of Goodies. **FREE!!!**

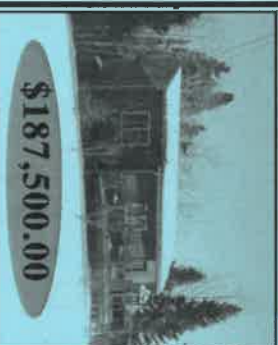
Leigh CREATIVE Professional Graphic Design
 Branding • Logos/Stationary • Brochures • Web Design & more
 Serving McBride and Area - Leigh: 250-569-8807

King Creek Property Management

Milled Logs, Your House or Mine, 20' Portable
 Repairs • Painting • Remodeling • Yardwork & More!

ALL PROPERTY SERVICES YEAR ROUND
 SERVING THE ROBSON VALLEY
 Al Morin 250-569-0191/0184

FOR SALE 1490 Eddy Rd, McBride, BC



\$187,500.00

- 3 bedroom, 1 full bath basement
- Full partial finished
- Newly renovated
- 2 car garage detached wired and insulated
- Great Location
- Large private in town lot

Call to View 250.569.2269

Wade's Auto Repair

complete automotive servicing, parts sales and custom car/truck accessories sales and installation.

923 Airport Road

Appointment: 250-569-8830

Nature Assistant for Seniors and Busy Folk

house cleaning • laundry • linens • meal prep • errands/shopping pet care • downsizing • moving • light farm work - \$15-20/hr neg.
 Serving McBride and Area - Leigh: 250-569-8807

FOR SALE

•1988 Ranger \$450
 Reconditioned Batteries with warranty •Used Tires
 Call Del at 250-569-7070

Croydon Small Engine Repair

Justin Martin

Check out our display at Robson Valley Farm Supply

2460 Eddy Road

Call Justin for all your chainsaw, lawnmower, trimmer, rototiller, snowblower, and all other small engine repair.

Now stock Harvester & Chainsaw Bars & Chains

7109 Barnett Road
 P.O. Box 33, Dunster, BC
 V0J 1J0
 Bus: 250-569-4041
 Res: 250-968-4448
 Fax: 250-968-4448



MARKETPLACE

233 Main Street
McBride, B.C.

Your Neighbourhood Food Store 569-2712

DELI

Smoked Chicken...\$1.99 / 100g
Cloverleaf Cheeseball-Assorted Varieties...\$5.99

Prime Rib Steak.....	\$6.99 / lb.
Chicken Thighs - family pack -	
Buy One at Regular Price, Receive Second One Free.	
Pork Side Ribs - family pack.....	\$3.19 lb.
Schmolders All Beef Weiners - 450g pk.....	\$2.89 each.
Coca-Cola or Sprite Products -	\$4.99 each + depot & recy. fee
12x355ml.....	
Ocean Spray Cranberry Cocktail or Grapefruit -	
3.78litres.....	\$7.29 each + depot & recy. fee
Sun-Rype 100% Juice -	
1 litre - 2 for.....	\$3.00 + depot & recy. fee
Snow Crest Frozen Fruit - 600g.....	\$3.98 each
Green Giant Canned Vegetables -	
341ml-398ml - 4 for.....	\$5.00
Compliments Value Canola Oil - 3 litres ...	\$8.98 each
Breyers Rich & Creamy Classic -	
1.66-1.89 litres.....	\$3.99 each
Bounty Paper Towel-2's or print one roll...	\$2.98 each
Mountain Veggie Burger - 360g.....	\$4.99 each
Yves Bologna Slices - 155g.....	\$3.19 each

BAKERY

Danish Butterhorns - 4pk...\$2.49
Creamcheese Danish Squares - 4pk...\$4.49

FOR SALE

2006 Chev Cobalt SS, 2 door, 5 speed, leather interior, air-cruise, power locks and windows, 10000km, #7732, \$7500.00
2006 Ford F250, excab, 4x4, diesel, XLT, shortbox, hidden hitch, new tires, wooden box liner, 140000km, #6255, \$16995.00
2007 Ford F350 Crewcab, 4x4, diesel, lariat, shortbox with box cover, 81000km, #9835, \$25000.00
1998 Skidoo MachZ800 triple, with 2 inch 144 inch track, 800km on new motor and clutch, \$2000.00

For more information contact Dave or Wade at
250-569-8830 or stop by the shop at 923 Airport Road,
D1J1T107.

250-569-0007

SUN VALLEY RESTAURANT

\$12.95 JANUARY 23rd & 24th \$12.95

Breakfast Buffet
7a.m. - 10a.m. each day
Please come and join us
*Children 5 & under eat FREE!!!



Vanderhoof & Districts
Co-operative
Association

DRIVERSALES REPRESENTATIVE
For Commercial and Farm Personal Contact
where high level of customer service is Job One.

Delivering Fuel East to McBride

Greg Belshaw

990 Railway Road Vanderhoof Head Office
Prince George, B.C. Phone 250-564-3488
Toll Free 1-866-309-2667 Fax 250-567-4490
Home 250-963-9011 Cell 250-565-8436

Employment Assistance Service Robson Valley Support Society NEED A JOB?

NEED A WORKER? Contact Bob Thompson 569-2266

Funded by the
Province of British Columbia

Healthy by Choice Not by Chance

In Just 30 Days!

- Eat More & Lose Weight
- Decrease Heart Attack Risk
- Lower Blood Pressure
- Disarm Diabetes
- Lower Cholesterol 15-20%
- Reduce Cancer Risk

Attend a 1-hr.

Information Session
at either of these locations

McBride SDA Church (downstairs)

Sunday, January 31 at 7:00 PM

McBride Secondary School

Tuesday, February 2 at 7:00 PM

Wednesday, February 3 at 7:00 PM

Thursday, February 4 at 7:00 PM

Actual Program is 16 sessions from Feb. 8 to Mar. 11



250-968-4493

robsonvalleychip@live.com

Coronary Health Improvement Project

CUT-OFF

Just a reminder that articles and ads must be submitted by
Mondays for that weeks paper. -Thank you, Broom & Oscar.

SCHOOL NEWS

McBride Secondary Community Calendars Are In. The Community
Calendars have arrived and are available at the McBride Secondary
between 8:00-3:30 p.m. Some of you have prepaid but if not they
are \$9.00 each. The Grade 12's will also be handing out your
calendar at Stedman's and the Dunster Store on Friday, January 29th
between 10:00 a.m. and 2:00 p.m. The calendar does not start until
February 1st. If you have purchased a business ad they will be
delivered to your door. We do have some extra copies that will be
available. Any questions, please call 250-569-2295.
The Dry Grad Trip 2010 class is looking for fundraising jobs for
their Alaskan Cruise. Please contact Dawn Hickery at 250-569-
3410.

COMMUNITY ANNOUNCEMENT

SAVE THE DATE - Robson Valley Support Society's Annual
Womens Fair, Saturday, March 27 at the McBride Secondary
School. An all day event with free workshops and lunch. Details to
come! Contact 569-2266 for information.

Curling Club Decorating PARTY - Saturday, January 23rd,
10:00am. Artistic and non artistic people needed! See you there!
Benunos dias amigos! What: After-School Spanish Club. When:
Every Monday at 2:30-3:45 for February and March, starting Feb.
1. Who: Children ages 4+. This class will teach basic vocabulary
with games, movement, songs and stories. Please call Amy 569-
0171 or Sabrea 569-2320 or email advause@yahoo.com to register.
Limited space available.

The Dunster Winter Market Saturdays from 11:00a.m-1:00p.m.
For more information contact Karen Shaw at 968-4331.

Aerobic Classes - Mon. & Wed. 6:00p.m. Located at the elementary
school. Please bring a mat & a set of weights. Any questions call
Jenny 569-8853.

Robson Valley Recreation Centre, open 7 days a week, (closed
for statutory holidays - fitness centres are open during winter hours
6a.m. to 9p.m.

THOUGHT OF THE WEEK

"Twas the month after Christmas, and all through the house

Nothing would fit me, not even a blouse.

The cookies I'd nibbled, the eggnog I did taste

At the holiday parties had gone to my waist.

When I got on the scales there arose such a number!
When I walked to the store (less a walk than a lumber).

I'd remember the marvelous meals I'd prepared;

The gravies and sauces and beef nicely rare,

The wine and the rum balls, the bread and the cheese

And the way I'd never said, "No thank you, please."

As I dressed myself in my husband's old shirt

And prepared once again to do battle with dirt---

I said to myself, as I only can

"You can't spend a winter disguised as a man!"

So--away with the last of the sour cream dip.

Get rid of the fruit cake, every cracker and chip

Every last bit of food that I like must be banished

'Til all the additional ounces have vanished.

I won't have a cookie--not even a lick.

I'll want only to chew on a long celery stick.

I won't have hot biscuits, or corn bread, or pie.

I'll munch on a carrot and quietly cry.

I'm hungry, I'm lonesome, and life is a bore---

But isn't that what January is for?

Unable to giggle, no longer a riot.

Happy New Year to all and to all a good diet!

BUY, SEEL, RENT & MISC.

For Sale-46" Hitachi Rear Projection TV, Comes with Stand/
Shelves. Excellent Condition. Asking \$600.00. Phone 569-3110**For
Rent-available Feb. 1st, two bedroom basement suite. Lots of light,
clean, N/S. \$500 per/mo. Contact Ria at (250) 569-0402.**For Sale-
Birch Firewood. \$800 for Logging Truck load. 15 min. from
McBride. You haul. 569-2471**For Sale-2 adult Medium Snowmobile
suits, 1 large snowmobile suit / G.E. Fan Heater, Reactor Fan Heater
- Ph:250-569-2234**For Sale-2002 PT Cruiser, only 137,000 \$5000.00
o.b.o. Ph:250-569-4003**For Sale-1979 GMC 1 ton 4x4 Heavy
Duty - Old School Hubs, Body & Paint just done, sprayed box
liner, air bags, 10,000 lb. winch - Engine has all "Edebrock"
accessories. \$4500.00 Ph: 569-7473 after 6p.m.**For Sale-27" Sanyo
TV \$75. 20" TV \$50, XBOX 360 \$75. Phone 250-569-0105**For
Sale:1978 Travelaire 17.5' dual axle travel trailer in good condition.
The interior has been repainted. Dual propane tanks. This unit has
a bathroom, dinette, couch and bunk. Includes propane range, oven,
and furnace. Fridge is 120V. \$4200 o.b.o. Call 569-0130**For
Rent:2 bedroom Apartment across from hospital. \$525.00 Ph:569-
0208**For Rent-2 bdrm newly renod house on 3rd Ave. Looking
for reliable, long-term tenants, avail. immed. \$595/month. ph: 604-
848-8460**For Rent:2 Bedroom Newly Renovated Double Wide
Home on 61/2 acres with Shop & Barn. Located on Sansom Rd.
Close to town. Ph:569-0455 or 569-7567 \$650 a month**For Rent-
60-70 ft. Mobile Homes in quiet family park. Choice of attractive
2 br. unit on larger lot, modern appliances, propane heat, or large
unit with additions, private driveway, 3 br. SUPPLEMENTARY
ONLY WOOD HEAT, propane furnace, outbuildings, garden area.
Each unit \$500/mo. View by appointment 250-569-3343.**To place
an ad call 569-3110, Fax 569-0220 or drop info at 455 King St.

Greyhound Bus Schedule The Farm Store 569-0425
Depart to East-12:15am Daily • Valenmont, Jasper, Edmonton
Depart to West-6:10am Daily • Prince George

Please contact The Little McBride Paper with all coming events,
news, trivia, comments, anything!! Ph:569-3110, Fax:569-0220,
email:sglines3@telus.net, P.O. Box 441, McBride, B.C. V0J 2E0
or drop off at 455 King St. If we don't know about it, we
can't write about it!! -Scott & Susan Glines - Oscar & Broom

Take a Break in McBride...B.G.s Friendliest Town!!

•Sirens• Hair Cuts and Colors

We will be CLOSED to January 26

Phone: 250-569-0131

OPEN Tues. to Sat.

Korinn Wall, R.M.T.

Registered Massage Therapist

Call or Email for Appointments 1-250-612-1418

korinwallmt@hotmail.com

Spa Euphoria

Nailures, Pedicures, waxing, etc.

by Alesha Kelley

Call by appointment only 569-7160 • Gift Certificates Now Available!

THE HAIR SHOPPE

569-3359

803 3rd Ave. - side entrance

CANADIAN Digital Designz

Martina Wall Phone: 250-569-0118 1139 McBride Crescent
www.canadiandigitaldesignz.ca

Make Beanery 2

your

New Year's Resolution!!!

Open Mon.-Fri. 9am-5pm • Sat. 9am-5pm • Sun. CLOSED

Ravensnook Guesthouse & Vacation Rentals

Furnished Accomodations for Discerning Travelers

421 Main St. McBride 1-250-569-7133

SCARE CROW FARM B&B ☎ 569 0351
Sledders Welcome!! Hot Tub.

Drying Room. Safe Parking.

email: scarecrow@mcbridebc.com 15km West on Highway 16

Robson Valley Pet Hostel

Grooming & Boarding

Ann Schwartz Serving locally for 24 years

569-3319 animal health technician

R. B. HATCHARD CONT. SNOW PLOWING & SNOW REMOVAL 569-2493

MICAH YODER

REGISTERED ACUPUNCTURIST

CALL 250-566-1782

FOR AN APPOINTMENT.

Robson Valley Home Hardware

•10% OFF All In Stock
Wood & Pellet Stoves••

McBride Mountain Sports Ltd.

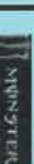
ALL SEASON EQUIPMENT RENTALS

RECREATION & CONSTRUCTION
LAWN & GARDEN • RETAIL

250-569-2354



•All Sled Rentals
\$300.00 a day!!
•Avalanche Gear
for Rent



•Open till 9p.m. every Friday.

*Snowboards
• Snowboard Clothing & Acces.
- Burton, Firefly, Underamour etc.
In!!

•ALL Klim Boots \$239.99

•Tracker Beacons \$310.00

MCBRIDE MOVIES & MORE 569-0123 New Release Movies

- Whiteout •The Invention of Lying •The Keeper
 - Smokin' Aces 2 •Pandorum •Staten Island
 - According to Greta •Across the Hall •Cello Time
 - Halloween 2 •Fifty Dead Men Walking •Gamer
- ***We now have a small selection of video games***
Mon. & Tues.: 1-7p.m. / Wed.: CLOSED / Thurs: 1-7p.m.
Fri. & Sat. 1-8p.m. / Sun.: 8-7p.m.

Glass Cutting, Picture Printing,

Matting and Framing

call Bill Arnold 569-3381

By Choice Carpet Care

Carpet & Upholstery Cleaning Service

Furnace Ducts • Emergency Clean Ups

• Residential • Commercial • Vehicles

Blue River • Valenmont • McBride

250-566-4578

Len & Shirley

Owner Operators





**MCBRIDE
HOTEL**
569-2277

PRESENTS...

Annual SUPERBOWL PARTY

and Pool Tournament

Sunday, February 7th, 2010

Starting at 12:00 noon

****Prizes, Popcorn, Chips,**

Chili & Buns (FREE)**

****Drink Specials****

"Come & Have Some Pool Party Fun"
Phone or come in & sign up to play

RAH! RAH! RAH! See Your There!!!

****Attention LADIES****

Undercover Wear + Partylite = A Romantic Valentine's

**Join Michelle and Martina on
Sunday, January 24 at 7:30pm
@ the McBride Curling Club Lounge
for a combined**

Undercover Wear Lingerie/Partylite party.

**Prizes to be won... Refreshments available
through the curling club...**

For details, please contact: 569-0039.

Adult Oriented, please NO minors.

Beunos dias amigos!

What: After-School Spanish Club.

**When: Every Monday at 2:30-3:45 for February and
March, starting Feb. 1.**

Who: Children ages 4+.

**This class will teach basic vocabulary with games,
movement, songs and stories.**

**Please call Amy 569-0171 or Sabra 569-2320 or email
advause@yahoo.com to register. Limited space available.**

ACM

McBride and District Public Library ACM will be on Tuesday,
January 26 at 7:30pm in the Library. Everyone is welcome. New
trustees always welcome.

Elks/Royal Purple News

**It gave members of the McBride Elks #247 and Royal Purple #112
great pleasure to assist the Shawara family of McBride, B.C. at
Christmas by giving their 5 year old daughter, Chayse, a cheque to
purchase a much-needed hearing aid.**

Here is the thank you letter we received from the family: My
husband and I found out that our daughter Chayse had a major
hearing problem. We took her to Prince George (four hours travel
time) where they discovered that she had hearing loss in her right
ear and would need a hearing aid. A member of the Elks and Royal
Purple approached us with information of a funding possibility for
people with situations like ours. We cannot thank you enough for
your help and support for our daughter. Thanks to you she can hear
better and we do not have the stress of finding the finances
necessary to pay for the hearing aid. Once again, thank you from
the bottom of our hearts. -Mitch and Jenny Shawara

Dance Classes will begin again Wednesdays starting Jan. 13th at the
Elks Hall - FREE Dance Lessons, Practice & Social for the whole
Family by novice instructors Darrell & Diane Roth and hosted by
the Elks & Royal Purple are every **WEDNESDAY** at the Elks Hall
from 7:00 - 9:00pm. Learn enough basic steps to really enjoy any
Wedding or Country Dance. 2-Step, Polka, Box Waltz, Old Time
Waltz, Fox Trot, Butterfly, Jive, Heel-toe, etc. You are also welcome
to share new steps with the rest of us. Casual & fun!! Everyone
welcome!! Children under 12 must be accompanied by parents.
Phone 250-569-2377 for more information.

CHURCH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on Dominion
Street. Clothes and Household Goods. Open: Tues. 1:00 to 3:00 &
Fri. 1:00 to 3:00-Dorcas Lammings Pit Rd. (used clothing and
household goods) Tuesdays 1:00-3:00 and 7:00-8:00-Contact number
for the Foodbank is 569-3225-Seventh-day Adventist Church-
Meet Saturdays at 9:30 & 11am. and Wednesdays at 7pm. Phone:
Ph:569-3370-Mennonite Church-Meet Sundays 11am and 7:30pm
& Wednesdays at 7:45pm Ph:569-0445-Mountain Chapel (PAOC)-
Sunday School & Adult Classes-10am. Services-11:10am. Ph:569-
3350-Anglican United Church-Reverend Dec McEachern. 441
Dominion Street. Meet Sundays at 9:00 a.m. Phone 569-3206 or
569-3386. Hall Rental Phone Thelma Molendyk-250-569-
0082-Evangelical Free Church-Sunday School at 9:45am. Worship
Service at 11:00am. Ph:569-2378 or 569-8845 Pastor Dan
Carlaw-Robson Valley Christian Centre-Meets in home Sundays
11am. Dunster Ph:968-4335-St. Patrick's Catholic Church-Meets
Sundays at 11:00am. Ph:569-2606.

Take a Break in McBride...B.G.s Friendliest Town!!

HEALTH CARE ASSISTANT PROGRAM

CNC is offering this 35-week program in
Valemount on a one-time basis starting in
February, 2010. The program provides
students with the knowledge, skills,
attitudes, and values needed to provide
assistance to individuals and families in
home support and long-term care settings.



For more information, call 250-566-4601.

College of New Caledonia



SUN VALLEY RESTAURANT

**Sun Valley Restaurant is turning a new
page in your Dining Pleasure.**

We are now hiring Kitchen Staff.

**Please drop off your resume at Sun
Valley Restaurant or contact Richard at
569-0007.**



**McBride Curling Club
Ladies Curling Bonspiel
February 5-7**

**This year's theme: People Around the World
\$180.00 per team. Dinner & Dance Saturday.**

**February 2 final day to get your team in!
Sign up now, spots are quickly filling!**
Call Kevin (569-0019) or Ria (569-0402)

The Parent-Child Mother Goose Program

**Assist your child's early language
development through
song, rhyme and
storytelling.**

- **Mondays •**

10:30 A.M.

**Robson Valley Support Society
942 3rd Ave., McBride**

For info: Beth Fredrick, 250-569-2266



*An engaging community
program for young children
and their parents or
care-givers, brought to you by:*



241 Dominion Street McBride, BC V0J 2E0
Phone/Fax: 250-569-2411

Library Hours:

**Tuesday 10-5 & 7-9 Wednesday 10-2
Friday 2-9 Saturday 2-5**

library@mcbridebc.org

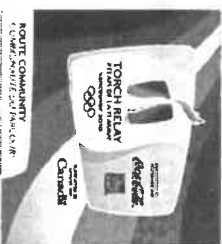
www.mcbridebc.org/library

Internet = \$1.00 / Half Hour



**This
is
the
life!!**

McBride Community Olympic Torch Relay Celebration



**Friday, January 29, 2010
7:00PM - 11:45PM**



**Robson Valley
Recreation Centre**

**Robson Valley Community Centre
(McBride)**

**Torch Route Through
Community**

The Village of McBride Spirit of BC Community Committee in cooperation with many organizations in town will
be hosting an evening event to celebrate this once in a lifetime event.

PAINT THE TOWN RED FOR THE ARRIVAL OF THE OLYMPIC TORCH

**and cheer on local community members who were selected by Coca-Cola and RBC as official Olympic Torch
Bearers**

A program of events will take place prior to the arrival of the Olympic Torch. The events will celebrate arts, culture
and sports and will highlight the youth in our community.

Events at the Robson Valley Recreation Centre

7:00pm Free Public Skate/Curling Demonstration
8:30pm Minor Hockey Game
8:50pm McBride Figure Skating Club Demonstration
9:10pm Old Timers vs Womens Hockey Game

Events at the Robson Valley Community Hall (McBride)

9:30pm Local Music Entertainment/Refreshments
10:10pm Committee Presentation/Refreshments
10:30pm Move to and assemble along Torch Route

Events along the Torch Route

11:00pm Fireworks at start of Olympic Torch Relay
11:10pm McBride Portion of Olympic Torch Relay
11:30pm Fireworks at end of Olympic Torch Relay
* all times are approximate

**Dress in Red and join with friends and community members to celebrate the arrival of
the Olympic Torch and the Relay through McBride.**



Take a Break in McBride...B.G.s Friendliest Town!!