

MARKETPLACE

233 Main Street
McBride, B.C.

Your Neighbourhood Food Store 569-2712

DELI

Garden Vegetable Wrap...\$3.29 each
Gourmet Goat Rounds-Assorted Varieties...\$4.19 each

CASE LOT NOW ON!!!

Canadian AAA Baron of Beef Inside Round Roast	\$3.69 / lb.
BC Chicken Legs - back attached -	\$1.69 / lb.
Boneless Pork Shoulder Blade Roast-plain or stuffed	\$1.89 lb.
Chicken Wings - family pack (min 2kg)	\$2.69 / lb.
Armstrong Cheddar Cheese	
old or old light cheese - 750g	\$9.98 each
Extra old white cheddar - 600g / mild, medium, marble,	
medium light or pizza mozzarella - 750g	\$8.98 each
Minute Maid 100% Juice, Punch, Five Alive or Nestlea	
10x20ml - 2 for	\$5.98 each + deposit & recyle fee
Sun-Rype 100% Juice - 3.78 litres	\$4.98 each + deposit & recyle fee
Nabob Tradition Coffee 930g or Organic Coffee 915g..	\$8.98 each
Pacific Evaporated Milk -	
regular or light - 370ml	\$16.98 per case of 12
Burex Bathroom Tissue-2ply 30's or double roll 15's ..	\$6.98 each
Sponge Towels Paper Towels -	
full sheet or ultra choose-a-size 6's	\$4.98 each
In Store Special - Vams	¢.99 / lb.
4 th Tropicals	\$3.99 each

BAKERY

Turnovers - Apple - 4pk...\$3.49
Bear Claw - Almond Filled - 4pk...\$3.99

FOR SALE

2007 Ford F350 Crewcab, 4x4, diesel, larial, shortbox with box cover, 81000km, #9835, \$25000.00

2005 Ford F350 Crewcab, 4x4, diesel, larial, shortbox with box cover, 94000km, #6415, \$22000.00

1998 Skidoo MachZ800 triple, with 2 inch 144 inch track, 800km on new motor and clutch, \$2000.00

For more information contact Dave or Wade
at 250-569-8830 or stop by the shop at
923 Airport Road, DL11107.

Capital Builders

Call us for all your

Bobcat Services

SNOWPLOW NEEDS



(250) 569-7273

(250) 569-7262

Our 78" Snowblower to go on our track Bobcat HAS ARRIVED.

Call us for all your Snowblower needs.

Box 934 McBride, BC V0J 2E0
"NATIONAL HOME WARRANTY" Available



Vanderhoof & Districts
Co-operative
Association

DRIVERSALES REPRESENTATIVE

For Commercial and Farm Personal Contact
where high level of customer service is Job One.

Delivering Fuel East to McBride

Greg Belshaw

990 Railway Road. Vanderhoof Head Office
Prince George, B.C. Phone 250-564-3488
Toll Free 1-866-309-2667 Fax 250-567-4490
Home 250-963-9011 Cell 250-565-8436

Employment Assistance Service
Robson Valley Support Society

NEED A JOB?

NEED A WORKER?

Contact Bob Thompson 569-2266

Funded by the
Province of British Columbia

Canoe Robson Valley
Community Futures
Would you like to explore the idea of starting
your own business?

You may qualify for the SEB Program if you:

- Presently on E.I.
- Have been on E.I. in the last 3 years
- Have been on maternity leave in the last 5 years

For more information on the Self Employment Benefit
Program (SEB), please contact:

Allan Frederick Phone: (250) 569-2229
SEB Co-ordinator Fax: (250) 569-3276
E-mail: futures3@telus.net

Canada

Heartland Restaurant

0755974 BC Ltd., Heartland Restaurant,
McBride is now hiring mature Full and Part
time restaurant staff for serving and kitchen
positions. Average wage \$9.50/hr.

Please drop resume at restaurant or
Box 465, McBride, BC V0J 2E0

FREE The little FREE

McBride



Paper



Serving BC's Friendliest Town and Area!!!

For the week of Wednesday, January 13th, 2010

Ir Loving Memory of

Glen Burton Hooker

August 20, 1922 - January 7, 2010

Predeceased by daughter Glenda. Survived by loving wife Myra, daughter Dianne and sons Stephen (Anne), Glen Lance (Tracy), and Quintin, Brother Ken and Sister Betty, and numerous grandchildren and great grandchildren, and special friends. Glen was born in Bend near Dome Creek BC. He lived in Dome Creek for most of his life except for the years he spent overseas during the Second World War and the three years he spent in Los Angeles working as a plumber. Glen made his living logging, guiding, ranching, and trapping and he and Myra raised their five children on a farm overlooking the Fraser River in Dome Creek. For the last 20 years Glen and Myra divided their time between their home in Dome Creek and their property in Scenic, Arizona and finally moving to McBride in 2008. Glen was a hard-working person who loved the outdoors, his family and always had a story to tell. Glen was the patriarch of his family who was kind, gentle, and generous; and always shared a kiss hello and goodbye to his loved ones. Glen was the person who could always be counted on to help others in need and always had a smile on his face. Glen loved hunting and fishing, catching his last big fish in the summer of 2009. One of his favourite places to be was at his trapping cabin in the mountains near Dome Creek where his ashes will be scattered in the summer by his family. In Lieu of flowers donations of can be made to the Parkinson Society Canada. At Glen's request there will be no service. We would like to thank the staff at the McBride District Hospital for their wonderful care of Glen in his final days and for the compassion shown to our whole family.

MOVIE NIGHT

This month we will be hosting our movie nite on SATURDAY night instead of Friday night. On SATURDAY, January 16th, McBride Secondary will be showing the Disney movie, WHERE THE WILD THINGS ARE at 4:30 at the McBride Secondary Auditorium. The 7:00 movie will be TIME TRAVELLER'S WIFE. As usual, there will be a concession available and tickets can be purchased for \$5 in advance at Steadman's, the McBride Trading Co., the Dunster Elementary Fine Arts School and at McBride Secondary or for \$6 at the door.

THANK YOU

The Hospital Auxiliary would like to thank everyone who donated items, baked goodies, or attended our recent Christmas Extravaganza. Thank You also for your continued support of the Angel Memorial Tree and the Community Christmas Card. With your generous support, we have recently purchased an Ear Wash System, First Step Cover Sheets, and an ECG Atlas Monitor for our hospital. Congratulations to the raffle winners, Linda McCarty, and Harlen Whitford. Thanks to AJAK Signs for printing the names for the Community Christmas Card, and to Home Hardware for allowing us to use their fence to display the card. We are currently accepting donations of videos or DVDs to help build our library of movies at the hospital. Any donations can be dropped off at the hospital or given to any auxiliary member. Thanks again for your support! The McBride Novice team would like to thank the community that supported them in their trip to Vancouver January 5 in which they played a game during the first intermission of the Canucks game. The team was also able to meet Fin the mascot and watch the NHL game from a private box. Team participants were Ethan and Connor Quam, Skyler and Kaiden Wiltise, Braxyn and Chayse Shawara, Dylan and Riley Zummack, Ian Monroe, Alison Moore, Amelia Jones, Tanner Molendyk, and Dylan Vause and referee Tristin Quam. McBride showed amazing support for the team and allowed them the opportunity to participate in this amazing experience. To that effect the team recognizes the following: McBride Vencer Kings, McBride AG Foods, Melissa Wiltise, Mike Molendyk and Freda Murin, JNR Auto, Steadmans V&S, Bob Thompson, Kelly and Leona Eydon, Happy Hooker Contracting, G&M Moore Trucking, TRC Cedar, McBride Minor Hockey, Gerald Porrier and Julie Ambrose-Greene, Dale and Susannah Klink, an Anonymous Financial Donor, S.J. Hooker and Associates, Amanda Moore, Pauline Asplaugh, everyone who supported the raffles and to all the players parents.

SCHOOL NEWS

McBride Secondary Community Calendars Are In. The Community Calendars have arrived and are available at the McBride Secondary between 8:00-3:30 p.m. Some of you have prepaid but if not they are \$9.00 each. The Grade 12's will also be handing out your calendar at Steadman's and the Dunster Store on Friday, January 29th between 10:00 a.m. and 2:00 p.m. The calendar does not start until February 1st. If you have purchased a business ad they will be delivered to your door. We do have some extra copies that will be available. Any questions, please call 250-569-2295.

The Dry Grad Trip 2010 is looking for Odd Jobs to do towards their fundraising for their trip next year. Please contact Dawn Hickey at 569-3410.

Greyhound Bus Schedule The Farm Store 569-0425
Depart to East-12:15am Daily • Valemount, Jasper, Edmonton
Depart to West-6:10am Daily • Prince George

Please contact The Little McBride Paper with all coming events, news, trivia, comments, anything!! Ph:569-3110, Fax:569-0220, email:sglines3@telus.net, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't write about it!! -Scott & Susan Glines - Oscar & Broom

Take a Break in McBride...B.G.s Friendliest Towna!!

FOR SALE

•1988 Ranger \$450

•Reconditioned Batteries with warranty •Used Tires
Call Del at 250-569-7070

BUBBA & ROLEY VENTURES LTD.

~General Contracting~

~Snow Removal~

~Excavating~

250-569-7206 Joe Koیدا

Box 385
McBride BC
V0J 2E0

•Sirens• Hair Cuts and Colors

We will be CLOSED from January 11 to 26

Phone: 250-569-0131

OPEN Tues. to Sat.

Korrin Wall, R.M.T.

Registered Massage Therapist

Call or Email for Appointments 1-250-612-1418

korriwallrmt@hotmail.com

Spa Euphoria

Manicures, Pedicures, waxing, etc.

by Aletha Kelley

Call by appointment only 569-7160 • Gift Certificates Now Available!

THE HAIR SHOPPE

569-3359 803 3rd Ave. - side entrance

Digital Designz

Martina Wall Phone: 250-569-0118 1139 McBride Crescent
www.canadiandigitaldesignz.ca

Make Beanery 2

your

New Year's Resolution!!!

Open Mon.-Fri. 9am-5pm • Sat. 9am-5pm • Sun. CLOSED

Ravensnook Guesthouse & Vacation Rentals

Furnished Accommodations for Discerning Travelers

421 Main St. McBride 1-250-569-7133

SCARE CROW FARM B&B ☎ 569 0351
Sledgers Welcome!! Hot Tub.

Drying Room. Safe Parking.

email: scarecrow@mcbridebc.com 15km West on Highway 16

Robson Valley Pet Hostel

Grooming & Banding

Serving locally for 24 years

569-3319 animal health technician

R.B. HATCHARD CONT.

SNOW PLOWING &
SNOW REMOVAL

569-2493

MICAH YODER

REGISTERED ACUPUNCTURIST

CALL 250-566-1782

FOR AN APPOINTMENT.

Robson Valley
Home Hardware

•10% OFF All In Stock
Wood & Pellet Stoves•

McBride Mountain Sports Ltd.

ALL SEASON EQUIPMENT TRAILS

RECREATION & CONSTRUCTION
LAWN & GARDEN • RETAIL

250-569-2354

Avanche

Gear Now In

ALL Sled Rentals
\$300.00 a day!!

~~~~~

Avalanche Gear

for Rent

\*Snowboards  
Clothing & Acces.  
- Burton, Firefly, Underamour etc.

New  
Stock  
In!!

•ALL Klim Boots \$239.99

•Tracker Beacons \$310.00

OPEN 7 days a week 8a.m. - 6p.m. • Emerg. contact Denise 569-7473

## MCBRIDE MOVIES & MORE

569-0123 New Release Movies

•Fame •The Hurt Locker

•Moon •The Age of Stupid

•The Burning Plan •Post Grad

•I can do Bad all by Myself •Weather Girl

\*\*\*We now have a small selection of video games\*\*\*  
Mon. & Tues.: 1-7p.m. / Wed.: CLOSED / Thur.: 1-7p.m.  
Fri. & Sat. 1-8p.m. / Sun.: 2-7p.m.

Glass Cutting, Picture Framing,

Mating and Framing

call Bill Arnold 569-3381





## McBride Roundhouse Theatre Society presents

### Jaydee Bixby

Tuesday, February 2nd, 2010 7:30pm  
Tickets \$30.00, \$35.00 at the door

Tickets Are Available at STEDMANS V&S VARIETY  
377 Main St. 569-2415

## McBride AG Foods

### SPECIALS

ED Smith Mixed Berry Pie Filler 540ml - \$4.69  
ED Smith Cherry Pie Filler 540ml - \$4.69  
Jello No Bake Real Cheesecake 314g - \$3.99  
Fry Cocoa 500g - \$7.99  
WF Grahnam Pie Cust 170g - \$1.99

569-0140

OPEN Mon.-Thurs. 7-6, Fri. 7-7, Sat. 7-6, Sun. 8-5

## SPIN DRIFT POWER SPORTS

We now have  
WOT T-Shirts  
for children  
Come In and  
Check Out our  
Avalanche Gear

### Authorized Klim Dealer

Open 7 Days a Week 569-0070

Located Beside the Police Station  
ROBSON VALLEY CONSTRUCTION  
REDI-MIX CONCRETE

PO BOX 474  
Phone (250)569-2593  
Fax (250) 569-0178



### BEST PRICES



#### CONCRETE

- Concrete Stamps
- Driveways
- Finish Concrete
- Delivery Concrete
- Delivery Gravel,  
Sand & Dirt

#### EXCAVATION

- Excavating Road
- Excavation
- Dozer Work
- Ponds, Lagoons & Trenches
- Haul Equipment

#### HEAVY HAULING

•Tridem Tilt Deck •Tridem Drop Deck  
Best Rates In Town



#### CONSTRUCTION

- General Construction
- New Construction
- Remodeling
- Drywall
- Residential
- Commercial
- Install Septic Systems  
Repair & Removal

30 YEARS OF EXPERIENCE

## Serving The Robson Valley

Irene Berndsen  
250-569-7397

Toll Free: 1-888-563-7397  
Email: ireneb@royallepage.ca  
www.mountainviewrealty.ca



Sales Representative  
McBride, BC



Husky

569-2441

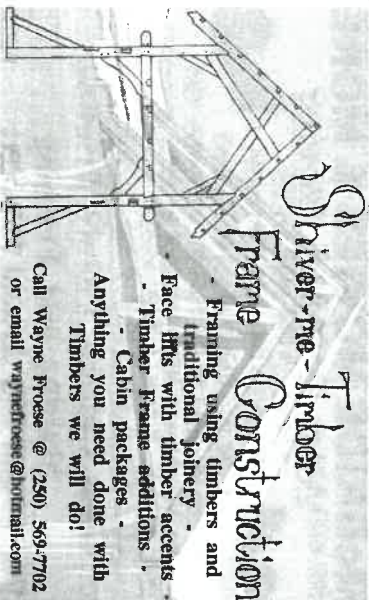
MARS, SNICKERS, TWIX,  
BOUNTY or 3 MUSKETEERS  
King Size ~ 2 for ~ \$3.00

DASANI

1 L ~ 2 for ~ \$3.00

PEPSI

2 L ~ Buy 1 get 2nd for ~ \$6.00



Call Wayne Froese @ (250) 569-7702  
or email waynefroese@hotmail.com

### McBride Tykes Jamboree A Success!

The McBride Grizzlies Tyke team held their 1st Jamboree on Saturday, Jan. 9th with players coming from Mackenzie, Prince George, Jasper and Valemount. Each team consisted of players from each town. This gave the players the opportunity to meet and play games together. Everyone had a great time and the players each received a jersey, toque and medal to take home. The Jamboree wouldn't have been as successful without the support of the community. We would like to give a special thank you to McBride Husky, Robson Valley Home Hardware, McBride Trading Co., Main Street Grill, Stehmans, Whistlestop Gallery and the Village of McBride. Thank you again!

-McBride Grizzlies Tyke Team

### COMMUNITY ANNOUNCEMENT

The Chamber of Commerce is gathering information about the effects that power outages have on the people of the Robson Valley. In today's issue you will receive a copy of a form that will help us gather this information. We encourage you to fill in this form for every business you own, for your household and for every organization that has you as an executive. Extra copies may be obtained at the Bank of Nova Scotia, Linda Fry's Notary office and from the website: www.mcbridec.info. Copies of the completed forms may be dropped off at the bank, Linda Fry's office, emailed to mlhooker@telus.net or filled in online at the above website.

McBride Big Country Snowmobile Association Meeting Wednesday, January 13, 2010 at 7:00 pm in the Sandman Meeting Room. Memberships Available - Everyone Welcome.

The Dunster Winter Market Saturdays from 11:00a.m-1:00p.m. For more information contact Karen Shaw at 968-4331.

Aerobic Classes - Mon. & Wed. 6:00p.m. Located at the elementary school. Please bring a mat & a set of weights. Any questions call Jenny 569-8853.

Robson Valley Recreation Centre, open 7 days a week, (closed for statutory holidays - fitness centres are open during winter hours 6a.m. to 9p.m.

### WORKSHOP

Winter Food Preservation Workshop Series - Salmon Canning. Location: McBride Evangelical Free Church, 135 Lonsdale, McBride. Date: Saturday, Jan. 16th, Time: 1-3pm., Presenter: Irene Froese. Free child minding will be provided on site. RSVP To confirm your attendance: Russ Purvis 250-553-6882 or email: info@kakwacovillage.com by 5pm Thursday Jan. 14th. \*\*\*Limited to 20 attendees. Admission is FREE.

### BIRTHDAY WISHES - JANUARY 15 - 19

Ryan Vaughan, Asiya Divieli, Colby Carmichael, Coral Mazereeuw, Dwayne Walker, Ellise Bressette, Jannette Chupka, Judy Stephens, Justin Stearund, Marc vonderGonna, John J Rivard, Kimberly Marsh, Melvin Taphorn, Steve Kolida, Amelia Jones, Mark Roth, Rosanna Kolida, Brigit Stutz, Cody Yetter, Doug McRae, Jayda Mazereeuw, Kyra Littlechild, Larry Weaver, Spencer Kimpton, Trent Gainer, Sandra Davis, Tina Pepper, Bill Holmes, Carolyn Thiffault, Gunnar Goodkey, and to anyone else we missed, Happy Birthday.  
A Very Special Birthday goes out to Muriel Menzie on January 11th - love family & friends.

### BUY, SELL, RENT & MISC.

For Sale-46" Hitachi Rear Projection TV. Comes with Stand/ Shelves. Excellent Condition. Asking \$650.00. Phone 569-3110\*\*For Rent-available Feb. 1st, two bedroom basement suite. Lots of light, clean. N/S. \$500 per/mo. Contact Ria at (250) 569-0402.\*\*For Sale-1995 Ford F150 5 speed manual. Good condition, \$1500 obo. Call Ria at 250 569-0402.\*\*For Sale-Birch Firewood, \$800 for Logging Truck load. 15 min. from McBride. You haul. 569-2471\*\*For Sale-19" BenQ computer monitor barely used, originally \$400 asking \$50. Call 250-569-8807\*\*For Sale-2 adult Medium Snowmobile suits, 1 large snowmobile suit / G.E. Fan Heater, Reactor Fan Heater o.b.o. Ph:250-569-2234\*\*For Sale-2002 PT Cruiser, only 137,000 \$5000.00 o.b.o. Ph:250-569-4003\*\*For Sale-1979 GMC 1 ton 4x4 Heavy Duty - Old School Hubs, Body & Paint just done, sprayed box liner, air bags, 10,000 lb. winch - Engine has all "Edelbrock" accessories. \$4500.00 Ph: 569-7473 after 6p.m.\*\*For Sale-27" Sanyo TV \$75, 20" TV \$50, XBOX 360 \$75, Phone 250-569-0105\*\*For Sale:1978 Travelaire 17.5' dual axle travel trailer in good condition. The interior has been repainted. Dual propane tanks. This unit has a bathroom, dinette, couch and bunk. Includes propane range, oven, and furnace. Fridge is 120V. \$4200 o.b.o. Call 569-0130\*\*For Rent:2 bedroom Apartment across from hospital. \$525.00 Ph:569-0208\*\*For Rent-2 bdrm newly ren'd house on 3rd Ave. Looking for reliable, long-term tenants, avail. innmed \$395/month. ph: 604-848-8460\*\*For Rent:2 Bedroom Newly Renovated Double Wide Home on 61/2 acres with Shop & Barn. Located on Sansom Rd. Close to town. Ph:569-0455 or 569-7567 \$650 a month\*\*For Rent-60-70 ft. Mobile Homes in quiet family park. Choice of attractive 2 br. unit on larger lot, modern appliances, propane heat, or large unit with additions, private driveway, 3 br, SUPPLEMENTARY ONLY WOOD HEAT, propane furnace, outbuildings, garden area. Each unit \$500/mo. View by appointment 250-569-3343.\*\*For sale- Single axle galvanized utility trailer. 5'x10' box - extends to 11'6". Brand new, used once - paid 1500+taxes. Selling for \$1200 o.b.o. Derrick 968-4331\*\*To place an ad call 569-3110, Fax 569-0220 or drop info at 455 King St.

Via-Rail Schedule Phone 1-888-842-7245  
Going West - Sunday, Wednesday & Friday...2:40pm  
Going East - Monday, Thursday, Saturday...2:18pm  
Discounts for booking 1 or 3 days in advance (not counting travel day)

### Important Phone Numbers

EMERGENCY ..... 9-1-1 Forestry..... 569-3760  
R.C.M.P. .... 569-2255 Village..... 569-2229  
Hospital ..... 569-2251 Reg'l Dist' ..... 1-800-667-1959  
Health Unit ..... 569-2251 Home Support ..... 569-2266  
K to 7 School ..... 569-2721 Food Bank ..... 569-3225  
High School ..... 569-2295 Fire Hall ..... 569-3117  
Dunster School..... 968-4414  
School District 57 The Little McBride Paper  
1-800-256-7857 569-3110  
Report Forest Fires - 1-800-663-5555

Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...  
Dial this Number 1st and ask operator to connect you to provincial department.

Take a Break in McBride...B.G.'s Friendliest Town!!

## The McBride Trading Co.

Antiques, Bulk Foods,  
Gifts & Health Products



NEW

WINTER HOURS

Mon., Tues., Thurs., Fri., Sat. 9-5  
Closed Wed. & Sun. until Easter

### WINTER EQUIPMENT SWAP/SALE

\*skis  
\*snow shoes  
\*snow board  
\*winter clothing  
\*SALE On Sat., Jan. 23rd  
9:00a.m. Sharp \*\*

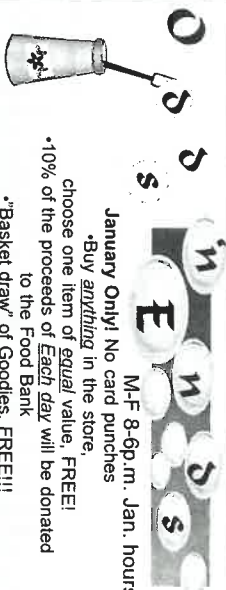
250-569-2559

246 Main Street McBride, B.C.

## Advantage Insurance Services Ltd.

Rosemary L. Hruby, CAIB  
250-569-2264

Winter Is Still Here  
\*\* Drive Safely \*\*



M-F 8-6p.m. Jan. hours  
January Only! No card punches  
-Buy anything in the store.  
Choose one item of equal value, FREE!  
\*10% of the proceeds of Each day will be donated  
to the Food Bank  
\*Basket draw of Goodies, FREE!!!

Leigh CREATIVE Professional Graphic Design  
Branding • Logos/Stationary • Brochures • Web Design & more  
Serving McBride and Area - Leigh: 250-569-8807

## King Creek Property Management

Milled Logs, Your House or Mine, 20' Portable  
Repairs • Painting • Remodeling • Handwork & More!

ALL PROPERTY SERVICES YEAR ROUND  
SERVING THE ROBSON VALLEY  
Al Morn 250-569-0191/0184

1490 Eddy Rd, McBride, BC



- 3 bedroom, 1 full bath
- Full partial finished basement
- Newly renovated
- 2 car garage detached wired and insulated
- Great Location
- Large private in town lot

\$187,500.00

Call to View 250.569.2269

Wade's Auto Repair  
complete automotive servicing,  
parts sales and custom car/truck  
accessories sales and installation.

923 Airport Road

Appointment: 250-569-8830

Nature Assistant for Seniors and Busy Folk  
house cleaning • laundry • linens • pet care • errands/shopping  
meal prep • downsizing • moving • It farm work... 515 -520/hn neg.  
Serving McBride and Area - Leigh: 250-569-8807

THINK ABOUT IT...

Cleverly Disguised As A  
Responsible Adult



11am-11pm  
7 Days a Week  
Come and get your GRIZZ ON!!

GIGGLIN' GRIZZLY

NEIGHBOURHOOD PUB

Join Us For Our

FABULOUS DAILY SPECIALS!



PLEASE fill out one form for each business, residence, or organization affected.

Type of Business \_\_\_\_\_

You can be general or specific – i.e. retail, office, grocery store, restaurant, farm, home based business, etc.

Number of Employees including business owner(s) \_\_\_\_\_

When there is a power outage, my residence/business is affected in the following ways:

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

3. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

As a result of a power outage, the cost to me/my business is:

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

3. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

4. The cost of a power outage to my business is \$ \_\_\_\_\_/hr,  
or has been \$ \_\_\_\_\_ in 2009.

Signed: \_\_\_\_\_

Please write your own letter or fill out the above form. Drop off copy of letter or original form at the following designated Chamber locations, to be copied and forwarded to appropriate offices. Thank you for supporting your Chambers effort on this important issue. Drop off locations: McBride Info Centre, Bank of Nova Scotia, and Notary Office. Email to [mjhooker@telus.net](mailto:mjhooker@telus.net). Fax to 250-569-0139. [www.mcbridebc.info](http://www.mcbridebc.info)

McBride & District Chamber of Commerce  
PO Box 2  
McBride BC  
V0J 2E0

January 8, 2010

Your Chamber of Commerce is in the process of gathering information on the effect of the unstable power and power outages that plague our community. Our intention is to compile this information and submit a report to BC Hydro, Regional District, Shirley Bond, our local council and other influential parties. It is our hope that an organized, information packed approach assembled from the experiences of the entire community will make our case compelling and bring it to the forefront of those that have the ability to help.

In order to make this happen we really need your input and experiences. We are attaching a sheet for you to complete and return to us by January 31, 2010. We have already been gathering statistics on outages and feel the next step is to inform BC Hydro of the effects and costs so they fully understand the serious negative impact their deteriorating and unreliable power supply is having on our community.

The effects of a power outage can be as simple as no heat, light, water, phone, fax, internet, debit/credit card processing, fuel pumps, exhaust fans, ovens, cash registers and computers among other things. The cost of a power outage can be as complex as loss of business, lost sales, lost opportunity, profit and productivity. Missed deadlines, loss of reputation, lack of communication, spoilage, lost wages and increased expenses with the after effects on electronic equipment that must be replaced or repaired. It can also scare off potential expansions, new businesses investment and industries that rely on a stable power supply.

It is important that each of us take the time to be heard and we feel that this is an excellent opportunity to put our voices together. We thank you for taking the time to assist us in this effort and we look forward to adding your feedback and input to the report.

Sincerely,  
McBride & District Chamber of Commerce

Bill Arnold, President & Chairman

Healthy by Choice  
Not by Chance

In Just 30 Days!

- Eat More & Lose Weight
- Decrease Heart Attack Risk
- Lower Blood Pressure
- Disarm Diabetes
- Lower Cholesterol 15-20%
- Reduce Cancer Risk

Attend a 1-hr.

Information Session  
at either of these locations

McBride SDA Church (downstairs)

Sunday, January 31 at 7:00 PM

McBride Secondary School

Tuesday, February 2 at 7:00 PM

Wednesday, February 3 at 7:00 PM

Thursday, February 4 at 7:00 PM

Actual Program is 16 sessions from Feb. 8 to Mar. 11



250-968-4493

robsonvalley/chip@live.com

Coronary Health Improvement Project

SUN VALLEY  
RESTAURANT

JANUARY 16TH

Breakfast Buffet

•8a.m. - 2p.m.

•\$12.95

\*Children 5 & under eat FREE!!!

250-569-0007

**\*\*Attention LADIES\*\***

Undercover Wear + Partylite = A Romantic Valentine's

Join Michelle and Martina on Sunday, January 24  
at 7:30pm @ the McBride Curling Club Lounge

for a combined

Undercover Wear Lingerie/Partylite party.

Prizes to be won...Refreshments available through the  
curling club...For details, please contact: 569-0038.

Adult Oriented, please NO minors.

AGM

McBride and District Public Library AGM will be on Tuesday,  
January 26 at 7:30pm in the Library. Everyone is welcome. New  
trustees always welcome.

Yellowhead Ski Club News

The 1.2km and 5km loops and trail to Pine Lake Cabin and the  
Moose Meadow trail have all been groomed and track set over the  
past 10 days. A big thank you to our grooming crew - Terri, Jessie,  
Brian and Kjell - for setting us up for a fantastic season of Nordic  
skiing and for their continued dedication. Ski club membership forms  
are available at McBride Trading Company. You can also join or  
renew your Yellowhead Ski club membership at the winter gear/  
clothing swap and sale at McBride Trading Company on Saturday,  
January 23. The swap is an excellent opportunity to recycle used  
gear and help interested folks get out skiing. We would especially  
like to see more children get involved with the club so please take  
a look in your basements for skis, boots and poles for smaller  
people. If you would like to book the Pine Lake Cabin for a night  
or weekend, please call Kjell at 250-569-3146. See you on the trails!

Elks/Royal Purple News

Dance Classes will begin again Wednesdays starting Jan. 13th. at  
the Elks Hall - FREE Dance Lessons, Practice & Social for the  
whole Family by novice instructors Darrell & Diane Roth and hosted  
by the Elks & Royal Purple are every **WEDNESDAY** at the Elks  
Hall from 7:00 - 9:00p.m. Learn enough basic steps to really enjoy  
any Wedding or Country Dance. 2-Step, Polka, Box Waltz, Old  
Time Waltz, Fox Trot, Butterfly, Jive, Heel-toe, etc. You are also  
welcome to share new steps with the rest of us. Casual & fun!!  
Everyone Welcome!! Children under 12 must be accompanied by  
parents. Phone 250-569-2377 for more information.

CHURCH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on Dominion  
Street. Clothes and Household Goods. Open: Tues. 1:00 to 3:00 &  
Fri. 1:00 to 3:00•Dorcas Lammings Pit Rd. (used clothing and  
household goods) Tuesdays 1:00-3:00 and 7:00-8:00•Contact number  
for the Foodbank is 569-3225•Seventh-day Adventist Church-  
Meet Saturdays at 9:30 & 11a.m. and Wednesdays at 7p.m. Phone:  
Ph:569-3370•Mennonite Church-Meet Sundays 11am and 7:30pm  
& Wednesdays at 7:45pm Ph:569-0445•Mountain Chapel (PAOC)-  
Sunday School & Adult Classes-10am, Services-11:10am. Ph:569-  
3350•Anglican United Church-Reverend Dec McEachern. 441  
Dominion Street. Meet Sundays at 9:00 a.m. Phone 569-3206 or  
569-3386. Hall Rental Phone Thelma Molendyk-250-569-  
0082•Evangelical Free Church-Sunday School at 9:45am, Worship  
Service at 11:00am. Ph:569-2378 or 569-8845 Pastor Dan  
Carlaw•Robson Valley Christian Centre-Meets in home Sundays  
11am, Dunster Ph:968-4335•St. Patrick's Catholic Church-Meets  
Sundays at 11:00am. Ph:569-2606.

Take a Break in McBride...B.G.s Friendliest Town!!

HEALTH CARE  
ASSISTANT PROGRAM

CNC is offering this 35-week program in  
Valemount on a one-time basis starting in  
February, 2010. The program provides  
students with the knowledge, skills,  
attitudes, and values needed to provide  
assistance to individuals and families in  
home support and long-term care settings.



For more information, call 250-566-4601.

College of New Caledonia



SUN VALLEY  
RESTAURANT

Sun Valley Restaurant is turning a new  
page in your Dining Pleasure.

We are now hiring Kitchen Staff.

Please drop off your resume at Sun  
Valley Restaurant or contact Richard at  
569-0007.

WHISTLE STOP GALLERY

NOTICE OF ANNUAL GENERAL MEETING

Whistle Stop Gallery Society - January 21st, 2010 at 7:00PM  
At the Legion Hall - 4th Avenue, McBride, BC, V0J 2E0

Refreshments Provided



OPEN DAILY AT THE TRAIN STATION