

MARKET PLACE

233 Main Street
McBride, B.C.

Your Neighbourhood Food Store 569-2712

DELI Turkey Meatloaf - 109g...\$4.99
Montreal Smoked Beef Brisket - 100g...\$4.99

CASE LOT NOW ON

All Halloween Candy - 50% OFF

- BC Yellow Potatoes - 5 lb. \$2.99 each
- Nuts In The Shell - 454 g. \$3.99 each
- SunRype 100% Pure Apple Juice - 200 ml - case of 40 \$9.99 + dep. & rev. fee
- Nabob - Organic or Tradition Coffee 915 g or 930 g \$8.98 each
- Coca-Cola or Sprite - 12x355 ml ... \$4.99 + dep. & rev. fee
- Pacific Evaporated Milk - regular or light - 370 ml \$15.98 per case
- Nestle Real Dairy Ice Cream - 1.89 litres .. \$5.99 each
- Lay's Potato Chips - 235g - 2 for \$5.00
- Tide Laundry Detergent - 24-37 loads \$9.98 each
- AAA Top Sirloin Steak \$4.99 / lb.
- Fresh Chicken Legs - family pack \$1.99 / lb.
- Ground Pork \$1.29 / lb.
- Canadian Pork Tenderloin \$4.49 / lb.

BAKERY

Butterhorns - Poppyseed - 4pk...\$3.19
Creamcheese - Danish Squares - 4pk...\$3.99

THE MAIN STREET GRILL

Wednesday NITE SPECIALS
Garlic Buttered Wings Appy Salad
Prawns .25¢ each .35¢ each **\$2.95 each**

Friday NITE SPECIALS

**PIZZAS ARE BACK

2-2 toppings \$24.95**

OPEN 7am - 8pm Mon. - Sat. Takeout 569-0321

Capital Builders

Call us for all your

Bobcat Services **SNOWPLOW NEEDS**



Barry



Victor

(250) 569-7273 (250) 569-7262
We've purchased a 78" Snowblower to go on our track Bobcat. It will arrive within the next 4 weeks. It can blow up to 40"

Box 934 McBride, BC V0J 2E0
"NATIONAL HOME WARRANTY" Available



Vanderhoof & Districts
Co-operative
Association

DRIVER SALES REPRESENTATIVE

For Commercial and Farm Personal Contact where high level of customer service is Job One.

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Greg Belshaw Vanderhoof Head Office
990 Railway Road Phone 250-564-3488
Prince George, B.C. Fax 250-567-4490
Toll Free 1-866-309-2667
Home 250-963-9011 Cell 250-565-8436

**Employment Assistance Service
Robson Valley Support Society**

NEED A JOB? NEED A WORKER?

Contact Bob Thompson 569-2266

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The McBride Trading Co.

Antiques, Bulk Foods,
Gifts & Health Products



With the high cost of food why not
Buy Bulk and Save Money

We carry the basics:

- dairy - cereal grains - rice
- flour - pasta - all your baking needs
- You can also pick up bulk:
- tea - dried fruit - spices - coffee
- chocolate - herbs - nuts - dried fruit

More Giftware arriving next week

LATE NIGHT SHOPPING on Fridays til 8pm

begins Nov. 27th with the arrival of
Santa and the Festival of Lights Parade

250-569-2559

246 Main Street McBride, B.C.

FREE The little FREE

McBride

Paper



Serving BC's Friendliest Town and Area!!!

For the week of *Wednesday, November 18th, 2009*

PUBIG MEALTIME

FLU CLINICS for the H1N1 AND SEASONAL FLU

Dates and Times for next weeks clinics: November 24, 2-6p.m. / November 25, 9-12 (noon) & 1-2p.m. / November 26, 9-12 (noon)
•Persons of all ages with chronic medical conditions •Pregnant women
•Persons living in isolated areas from Crescent Spur, West.
•All direct care, health care workers in acute care, long term and home care
•People who live with or care for babies less than 6 months old
•People who live with or care for those who have weakened immune systems
•First responders (ambulance, police, fire)
•Children aged 6 months to 18 yrs. of age.
•If you have flu like symptoms, you are likely contagious for 24 hours before and 7 days after symptoms start. Stay home until you are completely symptom free (e.g.: no cough) or one week has past, whichever comes first. For further information about H1N1 please view our website at www.northernhealth.ca. If you have questions or concerns, please don't hesitate to contact our office at (250) 569-2251 ext. 226.

TODAY!!!

McBride Community Hall Society Annual General Meeting - November 18, 2009 1:00p.m. at the McBride Community Hall Foyer.

CHRISTMAS RAFFLE

Scotiabank's Annual Christmas Hamper Raffle Draw Date December 4th. Tickets \$1.00 each or 6 for \$5.00. All proceeds will be donated to the Old Age Pensioners Organization. Scotiabank will match all funds raised. Tickets available at the branch.

MFSG PRESENTS

Lights, Camera, Action!!! - MFSG Presents - So You Think You Can SKATE - At the McBride Arena. •Date: Saturday December 12th •Time: Doors open at 6:00 • Show starts at 6:30 •Cost: \$3.00 Seniors & children under 12, Adults \$5.00 *Tickets sold at Steadmans or at the door. Bake table will be available.

COMMUNITY ANNOUNCEMENT

Spaghetti Dinner Fundraiser - The McBride Novice Team will be hosting a Spaghetti Dinner at the United Church Hall on Friday, November 27. There will be two sittings, 5pm and 7pm. Tickets are \$10 per adult and \$5 per child (12 and under). All proceeds will go towards the team's cost to the January 5 Vancouver Canucks game in which the McBride team will be playing a three minute game during the first intermission. Tickets can be purchased at Steadmans. There will also be a silent auction at the spaghetti dinner. Any questions contact Jen Quam at 569-0150.

The McBride Novice Team would like to recognize the wonderful financial donations of the following people this week. JNR Auto, TRC Cedar, Kelly and Leona Eyben, Garry and Mabel Moore, Happy Hooker Contracting Ltd. The team will play a three minute game during the intermission at the Vancouver Canucks Jan. 5 game. **Bridal Shower** for Kendra Lipke will be held at the Seventh Day Adventist Church on Sunday, November 29 at 4pm. If you would like to help Kendra celebrate the next step, stop by. Snacks welcome. Call Vicki at 569-0169 for more information.

The **Dunster Winter Market** will return Saturdays starting Saturday, November 21st from 11:00am-1:00p.m. For more information contact Karen Shaw at 968-4331.

Winter Food Preservation Workshop Series - Location: Dunster Community Hall, Date: Tuesday Nov. 24th, Time: 6-8pm, Presentation: Roger Beck will present a hands-on workshop on the culinary art of sauerkraut production. A light meal will be provided. RSVP To confirm your attendance: Pete Amoyony at 968-4334 or email: info@kakaecoovillage.com by 5pm Sunday Nov. 22nd. Admission is FREE.

LOST: 1 pair Prescription Glasses. Call "Al" 250-569-3210.

How To Talk So Kids Will Listen and Listen So Kids Will Talk A FREE Parenting Workshop - This is a parenting program that will teach innovative ways to: cope with children's feelings, set firm limits and still maintain goodwill, use alternatives to punishment, resolve family conflicts easily, and use alternatives to "No". Dates: Tuesday evenings from 6:30 - 8:30p.m. Nov. 19th, 24th, 26th, Dec. 1st, 3rd - Robson Valley Support Society - 250-569-2266. Call Elizabeth or Beth to register - Childcare available upon request. **Sale - Come one & All - 6p.m.-8p.m.** November 28, 2009 at the Legion Hall. •White Elephant Sale •Christmas Gifts •Crafts *Sponsored by the Seventh Day Adventist Church

Aerobic Classes Mon. 6-7 & Wed. 7-8 is now located to the elementary school. Please bring a mat & a set of weights. Any questions call Jenny 569-8853. Aerobics will be starting on Nov. 25. Robson Valley Recreation Centre, open 7 days a week, (closed for statutory holidays - fitness centres are open during winter hours 6a.m. to 9p.m.

Greyhound Bus Schedule The Farm Store 569-0425
Depart to East-12:15am Daily • Valenmount, Jasper, Edmonton
Depart to West-6:10am Daily • Prince George

Please contact The Little McBride Paper with all coming events, news, trivia, comments, anything!! Ph:569-3110, Fax:569-0220, email:sglines@telus.net, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't write about it!! -Scott & Susan Glines - Oscar & Broom

Take a Break in McBride...B.C.'s Friendliest Town!!!

McBRIDE MOVIES & MORE

569-0123

New Release Movies

- Star Trek
 - Bruno
 - Spread
 - My Sister's Keeper
 - The One & Only
 - The Goods
- We now have a small selection of video games...
Mon. & Tues: 1-7p.m. / Wed: CLOSED / Thur: 1-7p.m.
Fri. & Sat: 1-6p.m. / Sun.: 2 - 7p.m.

THINK ABOUT IT...

Learn from the mistakes of others. You can't live long enough to make them all yourself.

•Sirens. Hair Cuts and Colors

Located in the McBride Mountain Sports building, entrance facing 5th Avenue.
Phone: 250-569-0131
Open Tues. to Sat.

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Manicures, Pedicures, waxing, etc.
By Alesha Kelley

Call by appointment only 569-7160 • Gift Certificates Now Available!

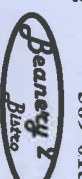
THE HAIR SHOPPE

569-3359 803 3rd Ave. - side entrance

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Marina Wall Phone: 250-569-0118 1139 McBride Crescent
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"Latte" us Mocha your morning & Cappuccino your day" 569-0133
at the Beanery 2



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Robson Valley Pet Hostel

Grooming & Boarding

Serving locally for 24 years

569-3319 animal health technician

R.B. HATCHARD CONTE

SNOW PLOWING & SNOW REMOVAL

569-2493

NEW Undercover Wear catalogs in this FRIDAY!

Please contact Michelle at 569-0039 for ordering info. Orders MUST be received by December 1st for Christmas delivery!

McBride Mountain Sports Ltd.

ALL SEASON EQUIPMENT RENTALS

RECREATION & CONSTRUCTION
LAWN & GARDEN • RETAIL

350-569-2354



Ladies Rain Boots on Sale



Check Out Our Store For Great Christmas Ideas

NEW Winter Stock on the way!!! Clothing, Boots, etc.

OPEN Sun. 8-4 Emerg. contact Denise 569-7473

MICAH YODER

REGISTERED ACUPUNCTURIST

CALL 250-566-1782 FOR AN APPOINTMENT.

Glass Cutting, Picture Printing,

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call Bill Arnold 569-3381

FOR SALE

•1988 Ranger \$450

•Reconditioned Batteries with warranty •Used Tires
Call Del at 250-569-7070

Wahoo Enterprises

820-1st Ave., McBride Phone:569-0320

Website: <http://www.wahoounterprises.ca>

Open Sunday, November 22 & 29

9:00 a.m. - 1:00 p.m.

We will be closing on Sundays
after Nov. 29 until late spring.



KATHARINA FRANKIE
McBride & Arsen
250-569-7588
kfrankie@mcbriderealty.com

Tel 250.963.1000 • Fax 250.569.1005
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Dairyland Butter 454g - 3 for \$9.99
Robin Hood All Purpose Flour 10kg - \$9.98
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Assorted Fruit Mix

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OPEN Mon.-Thurs. 8-6, Fri. 8-7, Sat. 8-6, Sun. 9-5

SPIN DRIFT POWER SPORTS

Spindrift would like to give A Huge Thank-You to all our family & friends in the community for their help and support in moving to Robson Valley Auto

Spindrifts New Location

We look forward in continuing to serve in all your winter needs. Please stop by and say Hi & check out our new store 569-0070

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McBride, BC



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2 for ~ \$2.22

AQUAFINA PLUS & PROPEL
591 ml - any 2 for ~ \$2.00

LAYS
235 g ~ 2 for ~ \$6.00

Timber Construction

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Frame Construction

- Framing using timbers and traditional joinery
- Cabin packages
- Timber frame additions
- Anything you need done with Timbers we will do!

Call Wayne Froese @ (250) 569-7702
or email waynefroese@tdmmail.com

CURLING CLUB NEWS

Junior Curling at the McBride Curling Club. Registration & Curling Starts 6:30 November 25. Children 7-12, Bring ID and parent/guardian to register. Curling \$1per visit, Member Curl BC. **McBride Curling Club, League Curling Christmas Party.** December 11, 2009. All Members and Spares start at 7pm. Bring a Snack or seasonal treat. All Welcome.

VALLEY MUSEUM & ARCHIVES SOCIETY

'Door Stories' Series 2008-09 art exhibition - An art exhibition by Pamela Cinnamon. On exhibit from November 12, 2009 to January 15, 2010 at the Museum/Library Building at 241 Dominion Street, McBride. • Opening reception and artists talk on November 27, 2009 @ 7:00pm.

Elks/Royal Purple News

Grey Cup Social - The Elks and Royal Purple are hosting a Grey Cup Social on Sunday, November 29th at the Elks Hall. Come out and watch the game on our new "Big" Screen TV and get in on the "Grey Cup Pool". Lunch and refreshments will be available. Must be 19 and older.

FREE Dance Lessons, Practice & Social for the whole Family by novice instructors Darrell & Diane Roth and hosted by the Elks & Royal Purple are beginning on Thursday, November 19th & Every Thursday at the Elks Hall from 7:00 - 9:00pm. Learn enough basic steps to really enjoy any Wedding or Country Dance. 2-Step, Polka, Box Waltz, Old Time Waltz, Fox Trot, Butterfly, Jive, Heel-toe, etc. You are also welcome to share new steps with the rest of us. Casual & fun! Everyone Welcome!! Children under 12 must be accompanied by parents. Phone 250-569-2377 for more information.

O.A.P.O #118 News

November 20 - Day Trip to Prince George December 20 - Overnight Trip to Prince George to see "The Nutcracker". Rooms \$40/person. Call Dawna 569-3210. The Elks and Royal Purple Lottery Funds sponsor these Trips.

O.A.P.O. is encouraging everyone in the Community to let your Premier & Member of Parliament know what you think of the proposed Harmonized Sales Tax. Can we afford more taxes? **November 25 - Potluck Dinner @ Beaverview Lodge @ 12 noon.** Meeting to follow. **December 9 - Christmas Dinner** sponsored by Scotiabank and catered by Royal Purple. It will be held @ the Elks Hall at 12 noon. Meeting to follow. Bring a \$10.00 exchange gift clearly marked Lady or Man if you wish to participate. **December 16 - Birthday Tea @ 2pm.** For trips the minimum age is 55 and for the Fit Pit the minimum age is 60.

BIRTHDAY WISHES NOVEMBER 18 - 24

Amy von der Gonna, Bonnie Culp, Duke Peterson, Greg Miskie, Jason Yakiwchuk, Shane Wood, Diquita Cardinal, Kevin Rhodes, Jocelyn Monroe, Ben Davis, Bob Finlay, Jerry Stanley, Jody Keim, Julie Monroe, Kathy Molendyk, Betty Long, Karen Peterson, Richard Alsbaugh, Taittha Rosin, Tom Parvainen, Vince Vecchio, and to anyone else we missed. Happy Birthday.

BUY, SEEL, RENT & MISC.

For Sale-2 brand new Garage Doors 7' wide x 8' high. R10 insulation value. To be sold at cost. Phone 569-2284. **Free to good home,** 6 month old Golden Retriever Cross puppy, loves people, neutered, all shots. Large dog, needs room. We simply don't have the time to spend with him. Call 569-0345. **For Sale-4** 235-75R15 Winter Tires \$175 obo. Nordic Flex Gold Workout Machine w/ butterfly & leg attachments. Offers. Phone 569-8828. **For Sale-JD 892 ELC excavator,** 9500 hrs, thumb & 2 buckets, \$35,000. 7.5 yd cement mixer on tandem trailer (self powered) \$5000. 569-7417. **For Rent-2** bdrm newly reno'd house on 3rd Ave. Looking for reliable, long-term tenants, avail. immed. \$995/month. ph: 604-848-8460. **For Sale-1991** Black Ford F150 4x4. Needs tlc. \$1500.00. Phone 569-7714. **For Sale-National Pool Table** w/everything \$6000.00 Ph:569-7594. **For Sale-Massey Ferguson Model 65** front end loader w/ extras \$3750. 2 Morgan mares roughly 20 yrs old, well broke, good temperament. \$250 each or \$400 for both. Phone 569-0426. **For Rent-2** Bedroom Newly Renovated Double Wide Home on 61/2 acres with Shop & Barn. Located on Sansom Rd. Close to town. Ph:569-0455 or 569-7567 \$650 a month. **For Rent-60-70 ft.** Mobile Homes in quiet family park. Choice of attractive 2 br. unit on larger lot, modern appliances, propane heat, or large unit with additions, private driveway. 3 br, SUPPLEMENTARY ONLY WOOD HEAT, propane furnace, outbuildings, garden area. Each unit \$500/mo. View by appointment 250-569-3343. **For sale-Single axle** galvanized utility trailer. 5'x10' box - extends to 11'6". Brand new, used once - paid 1500+taxes. Selling for \$1200 o.b.o. Derrick 968-4331. **For Rent-1** Large 4 bedroom home with 2 1/2 baths on 3rd Ave., McBride. Lots of storage and large rec room. Extra kitchen unit in basement, large fenced yard, fruit trees and only 1/2 block from all shopping and school. Fireplace / Woodburning stove with wood/electric or oil heat. Non smokers please, pets okay. f/s/w/d/dw. References required. \$750.00/month plus utilities. Call 968-4491 for message. **For Sale-Beige** Siding over 2000sqft. Ph:569-0312. **For Rent-2** Bedroom House in McBride. \$575. Phone 569-0333. **To place an ad call 569-3110.** Fax 569-0220 or drop info at 455 King St.

Via-Rail Schedule Phone 1-888-842-7245

Going West - Sunday, Wednesday & Friday...2:40pm
Going East - Monday, Thursday, Saturday...3:00pm
Seniors (60+) 2 for 1 is back. Must book 6+ days advance.

Important Phone Numbers

EMERGENCY	9-1-1	Forestry	569-3760
R.C.M.P.	569-2255	Village	569-2229
Hospital	569-2251	Reg'l Dist'	1-800-667-1959
Health Unit	569-2251	Home Support	569-2266
K to 7 School	569-2721	Food Bank	569-3225
High School	569-2295	Fire Hall	569-3117
Dunster School	968-4414	The Little McBride Paper	
School District 57		569-3110	
1-800-256-7857			
Report Forest Fires -	1-800-663-5555		

Inquiry: B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...
Dial this Number 1st and ask operator to connect you to provincial department.
Take a Break in McBride...B.G.s Friendliest Town!!

2 Days a Week
11am-11pm
250-569-0101
1st Ave.
GIGGLIN' GRIZZLY NEIGHBOORHOOD PUB
Come and get your GRIZZ ON!!

At the Gigglin' Grizzly Pub
we are proud of the atmosphere we have created and our commitment to provide the ultimate dining experience.

We invite you to drop by and enjoy fabulous service in a truly relaxing environment.
Come check out our FABULOUS DAILY SPECIALS.

Make it memorable!
The Gigglin' Grizzly Pub is a great place to celebrate your event. The perfect spot for any function.
Call about booking your CHRISTMAS PARTY!!

McBride Oldtimers Hockey Club
The McBride Oldtimers Hockey Club is recruiting hockey players for our club. Individuals must be a minimum of thirty-three years old as of October 1st, 2009, and have their own equipment, including a CSA certified helmet. Interested applicants should be team players, have some prior hockey experience, and willing to attend twice weekly practices on Thursday and Sunday evenings on a regular basis. Interested applicants may contact any member of the Oldtimers

Help Wanted

Sears catalogue clerk/bookkeeping trainee
Full time -- Tuesday -- Saturday
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NEW Post Hole Auger Attachment (Various sizes available)
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Repairs - Painting - Remodelling - Yardwork & More!

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Al Morin 250-569-0191/0184

SCHOOLS NEWS

McBride Secondary School - Craft Fair: The annual "Craft Fair" is Saturday, November 28th 11:00 - 3:00 p.m. If you would like to book a table, please call the school at 250-569-2295. The cost is \$1000/table or 10% of profit.

McBride Centennial is having its annual kids shopping day on December 8. This is an opportunity for the children to purchase gifts for their family members for low cost. This event is a fundraiser for the Grade 4 swim program. If you have any gently used or new items that would be suitable as Christmas gifts, please feel free to drop them off at the elementary school during school hours. There will be a large box in the foyer. Extra wrapping paper and gift tags would also be appreciated. Thank you in advance from all the children of McBride Centennial Elementary School.

Caterer Needed! Graduation 2010 Saturday, June 26, 2010. The McBride Secondary School is taking bids on the Graduation 2010 dinner for approximately 400-500 people to be held in the Robson Valley Recreation Centre. Bids should include 1 vegetarian dish and take into account allergies to peanuts. Please forward menus to Kathy Molendyk at the McBride Secondary School by December 1st, 2009. Any questions please call 250-569-2295.

Ready, Set, Learn, a pre-literacy programme for 3 and 4 year olds and parents will again be offered at McBride Centennial Elementary this year. A fall and a spring programme will be offered. The fall programme will run for 6 weeks on Tuesdays from Oct. 27 to Dec. 1 from 10:30 a.m. - 11:30 a.m. Please phone the school if you have any questions and to register 569-2721. Ready, Set, Learn will be hosted by McBride Centennial Elementary, Dunster Fine Arts School, and the McBride and District Library.

The Dry Grad Trip 2010 is looking for Odd Jobs to do towards their fundraising for their trip next year. Please contact Dawn Hickey at 569-3410.



McBride Secondary Annual Christmas Craft Fair
Approximately 30 tables
Nov. 28 - 11:00-3:00
Concession Available
All proceeds go towards Sr. Boys Basketball Team

A Womens Christmas "Peace"

At the
McBride Evangelical Church
December 3, 2009 6:30 - 8:30p.m.
Dress Code: Casual or Fancy - Your Choice!
Come Share Food, Drama & Music
Everyone Welcome!!!

ANOTHER THOUGHT OF THE WEEK
I Haven't Lost My Mind.
It's Backed Up On Disk
Somewhere.



MCBRIDE HOTEL
569-2277

PRESENTS...
Annual GREY CUP PARTY and Pool Tournament
Sunday, November 29th
Starting at 12:00 noon

****Prizes, Popcorn, Chips, Chili & Buns (Free) ****
****Drink Specials****
"Come & Have Some Pool Party Fun"
Phone or Come in & Sign Up to Play!
RAH! RAH! RAH! See You There!!!



KARATE CHOP!!!

CHURCH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street. Clothes and Household Goods. Open: Tues. 1:00 to 3:00 & Fri. 1:00 to 3:00 • **Doreas Lamming Pit Rd.** (used clothing and household goods) Tuesdays 1:00-3:00 and 7:00-8:00 • **Contact number for the Foodbank** is 569-3225 • **Seventh-day Adventist Church-Meet Saturdays** at 9:30 & 11a.m. and Wednesdays at 7p.m. Phone: Ph:569-3370 • **Mennonite Church-Meet Sundays** 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-0445 • **Mountain Chapel (PAOC)-Sunday School & Adult Classes-10am, Services-11:10am.** Ph:569-3350 • **Anglican United Church-Reverend Dec McEachern.** 441 Dominion Street. Meet Sundays at 9:00 a.m. Phone 569-3206 or 569-3386. Hall Rental Phone TheIna Molendyk-250-569-0082 • **Evangelical Free Church-Sunday School** at 9:45am, Worship Service at 11:00am. Ph:569-2378 or 569-8845 • **Pastor Dan Carlaw-Robson Valley Christian Centre-Meets** in home Sundays 11am, Dunster Ph:968-4335 • **St. Patrick's Catholic Church-Meets** Sundays at 11:00am. Ph:569-2606.

Take a Break in McBride...B.G.'s Finestest Town!!!

COMMUNITY ANNOUNCEMENT

COFFEE NIGHT Saturday, November 21st starting at 7:00 p.m. at the Dome Creek Rec Center. Funds raised will go towards the Christmas Gifts for the children of the community.

Christmas Craft Sale - December 12, 2009 from 1:00 p.m. to 4:00 p.m. at the E-Free Church. *Silent Auction *White Elephant Table *Craft Sale 1:00 p.m. to 4:00 p.m., Rectal 3:00 p.m. to 4:00 p.m. Hosted by talented Local Youth. Call if your young person wants to book a table. Bring your young person for affordable Christmas Shopping! All items \$7.00 or under. Come encourage local youth. You will be delighted by the ideas and quality. Call Faelon, Fayth or Tammy at 250-569-0252 to book a table.

SPRUGE KINGS NEWS

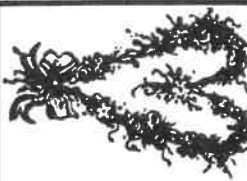
Jordan Inglis is one of four British Columbia Hockey League graduates that have been announced as recipients of the BCHL/Vancouver Canucks Alumni scholarship. Jordan Inglis came to the Prince George Spruce Kings at the start of their RBC Royal Bank Cup season in a three team deal involving the OCN Blizzard of the Manitoba Junior Hockey League and the Langley Chiefs of the British Columbia Hockey League. On September 18th 2006, after the Chiefs traded for Inglis with the Blizzard, the Chiefs then traded Inglis to Prince George in exchange for Erick Rund. Inglis wasted no time getting to Prince George or in making an impact with his new team. The newly acquired twenty year old forward was on the ice to start the game against the Quesnel Millionaires and off the opening draw walked in and raud his first shot off the goal post. In the second period of that same game, Inglis would find the score sheet with a power play tally to spot his new team with a 2-0 lead. Inglis would finish his senior year with the Spruce Kings second in team scoring with 21 goals and 26 assists. In the post season, Inglis played in 7 BCHL playoff games and all 6 games in the RBC Royal Bank Cup tournament finishing with an average of a point a game (5 goals and 8 assists) including one post season game winner. In his year with the Spruce Kings, Inglis was named the team's Most Improved Player of the year and also secured an NCAA Div. I scholarship with Wayne State University. The freshman played in 38 games, scoring four times and adding a pair of helpers. At the end of the season, the Wayne State hockey program folded leaving Jordan Inglis a free agent that the University of British Columbia quickly called upon. Now into his second season at UBC, playing with a long list of BCHL grads, Jordan Inglis has picked up two goals and a couple of helpers in the first ten games. Joining Jordan Inglis on the recipient list for a share of the Vancouver Canucks Alumni scholarship are former Peniticon Vees Matt Grassi, Vernon Vipers Chris Crowell and Powell River Kings Mark McKamey. Grassi, Crowell, McKamey and Inglis join five other previous recipients of the scholarship who will continue to receive funds during the 2009/10 season. With their most recent awards, the scholarship fund has now assisted former BCHL players with more than \$260,000 in funding for post-secondary education.

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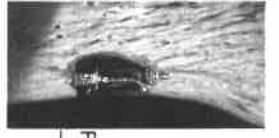


Public Information Meeting
Wednesday, December 2, 2009
7:00 p.m., Robson Valley Community Centre

You are invited to attend the McBride Community Forest Corporation's Annual Public Information Meeting. MCFC staff and the Board of Directors will be available to hear your views and answer questions you might have about our operations, plus review information on initiatives we have been involved with over the past year.

For more information please contact:
Marc von der Gonna
General Manager
McBride Community Forest Corporation
Phone (250) 569-2229

Annual "Ladies Night" at



"The House of Jasper"
Thursday, November 19/2009
4:30 - 8:00 pm (wine & cheese)
Come and enjoy an exhibit of my favorite Baltic Amber from Poland's biggest mine! Polish Amber is the OLDEST amber found on earth - find your piece and cherish it for generations...
Regular Studio hours
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Internet = \$1.00 / Half Hour



A little to the left.
Ahhhh, thats the spot!