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569-2712

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Canadian AAA Beef Rib Steaks - family pack
(min. 2kg)..... Buy one & get one FREE
Pork Loin Chops Boneless - center cut from US -
family pack (min. 1.5kg) Buy one & get one FREE
Canadian Chicken Thighs - family pack
(min. 2kg)..... Buy one & get one FREE
Schneiders Outlaw Beef Burgers -
2.27kg..... \$16.89 each

Olympic Weiners - regular or barbecue.....\$1.99 / lb.

Kaloggs' Mini Wheats - 540g-555g..... \$3.98 each

Island Farms Ice Cream - 4 litres..... \$4.49 each

Cascades Enviro 100% Recycled Bathroom Tissue -
12's..... \$5.98 each

Coca-Cola or Sprite-12x355ml.... \$4.99 + dep. & recyl. fee

Organic Cauliflower..... \$1.99 each

N.Z. Gala Apples..... \$1.99 / lb.

BAKERY

Tropical Strudel - 4 pack...\$3.49
Pomegranate Strudel - 4 pack...\$3.49

FREE The little FREE

McBride

Paper



Serving BC's Friendliest Town and Area!!!

For the week of Wednesday, August 12th, 2009

ROBSON VALLEY FALL FAIR

Things are coming together and looking great for this years Fall Fair. Raffle tickets and books are just about ready, keep an eye out. The Raffle Baskets will be on display at The McBride Trading Company. The Elks will be putting on a dance and we'll have more information about that closer to the date, so get your dancing shoes out. We already have some Cheryl Sansom entries in, but it's not too late to get more. The tables are already being booked for the Trade Show, if you have any questions or want to book a table please phone Dorothy Simpson. Also for the Small Animal entry parade, exhibits, fashion show, and more, so mark your calendars for September 12. Also on the 12th will be the Quilt Show plus McBride AG Foods Grand Opening, so there will be lots of stuff going on around town. If you are interested in being a judge for our Robson Valley Fall Fair, for the pet show, crafts, photography, goodies, canning, flowers, etc. please give Marion Cousineau a call, it's great to have the community involved. So get your children and yourself started in making this a successful year!!!

BINGO BINGO

This Wednesday, August 12, there will be Bingo at the Legion Hall. Doors open at 5:30, games start at 6:30. Must be 19 year and over.

INVITATION

Paul and Becky Hulka extend an invitation to all friends in the community to come and greet and visit with the NEWLYWEDS, Jimmy and Lea Hulka at an informal luncheon on August 16, 2009 at 1 pm at the McBride Evangelical Free Church. Jimmy and Lea are here for the first time since their marriage in Switzerland, last September. No gifts please.

REUNION

LAMMING MILLS REUNION The McBride Seventh Day Adventist Church is hosting a Lanning Mills Reunion, Aug. 21-23 at the church on Lanning Pit Rd. Programs at 7:30 pm Fri. and Sat., and Sat. 9:30 - 12:00 a.m. Come and enjoy Music, Mission and Memories, and visiting with friends from long ago. Oscar's Museum will be open 6:00-7:00 Friday evening. For more info call 569-2596.

THANK YOU

I cannot fully express my thanks to "Johanna" who helped me carry the heavy Dunster Hall tables into position for Saturday's Cartemans Ball, and set out all the chairs. I couldn't have done it without you. And thanks also to Donna Peterson for laying out all the place settings.

An enormous thanks to Ron and Margaret Franke and Ken McNaughton for cleaning up and putting everything away after the Ball and washing the Hall, you saved my life. And to Nadine Shovar and John Peterson who ensured Ball patrons had live music. Thanks also to the good merchants of McBride who cheerfully met my requests for donations to the Ball Auction and to Advantage Insurance, Dunster General Store, McBride Realty and Yellowhead Realty for handling the tickets through all the confusion. A big thanks to the Good Half of the patrons who understand a catered dinner is not a restaurant, which is why ticket sales need a deadline. And finally a whole handful of thumbs down to the Other Half of the patrons who cannot grasp this simple fact, and apparently, after all these years, never will.
-Dorothy Simpson

STEPPING STONE

Stepping Stone's Children's Centre - School Age Summer Program
Ages 6-12 10:00-3:00 August 10-14 Amazing Animals: We will be learning about all different kinds of animals, and making all kinds of cute crafts, and we will be going on a field trip to see some horses. August 17-21 Giggling Girls: All girls week - with nails, facials, dressup, jewelry making and baking. Yummy! Also a fear factor competition girls vs staff. August 24-28 Hey Boyz Just wanna have fun too!: This week is all about cars, dinosaurs, bugs, crafts and much more. We will also be having a fear factor competition. Boys vs staff. ~Ages 6-12 / Time 10:00-3:00 / Cost: \$17.50 per day, 5th day free if registering for full week. ***Please Note***If there is a Jasper Trip, there may be an extra cost to cover expenses. Tel: 250-569-8861, 942 - 3rd Avenue McBride, BC.

DAILY VACATION BIBLE SCHOOL

McBride Evangelical Free Church Presents....The Greatest Show on Earth!!! Daily Vacation Bible School for Children ages 4-14. Come & join "Clancy the Clown" and all his friends for a time of fun and learning under the BIG TOP! Date: August 10-14 from 9:00a.m. - 11:30a.m. daily. Location: McBride E-Free Church's Building. ~ Games, Crafts, Bible Stories, Snacks, Prizes and so much more! Come One! Come All!

Greyhound Bus Schedule The Farm Store 569-0425

Depart to East-12:15am Daily • Valemont, Jasper, Edmonton

Depart to East-10:05am Fri. Sat. Sun. • Valemont, Jasper, Edmonton

Depart to West-6:10am Daily & 7:20pm Fri. Sat. Sun. • Prince George

Please contact The Little McBride Paper with all coming events, news, trivia, comments, anything!! Ph:569-3110, Fax:569-0220, email:sgfines3@telus.net, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't write about it!! -Scott & Susan Gilnes - Oscar & Broom

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569-0133

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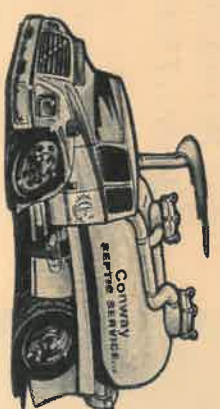
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FREE Shuttle Service for Bikes
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~6 people Minimum must sign up~



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If a cow laughed real hard,
would milk come out
her nose?

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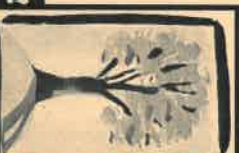
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SHRUBS, BERRY BUSHES

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We will beat any Competitors Concrete Quote by 10%

Description	per yard
1 to 1 1/2 washed rock	\$26.00
1 1/2 to 2 drain rock	\$18.00
3/4 to 1 gravel	\$35.00
1 1/4 - 3/4 washed rock	\$36.00
Pit run	\$13.50
3/4 minus	\$27.00
1/4 minus play sand	\$14.00
Fine sand	\$35.00
Concrete	per yard
Regular concrete	\$125.00
30 mpa concrete	\$150.00
Concrete blocks	\$110.00
Truck time	\$90.00/hour
Rental Equipment	per day
Power trowel	\$120.00
Concrete vibrator	\$50.00
6' or 16' power plank	\$120.00
Bow flow	\$35.00

Finish concrete, Foundations, Excavation,
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For Sale

*2002 Ford Focus stationwagon, auto, air,
four winter tires, 192000km, \$4900.00, #6131
*2006 Ford F250 XLT, extracab, 4x4, diesel,
shortbox, auto, FACTORY WARRANTY, 135000km,
\$18000.00, #6577

*2005 Chev Cobalt, 2 door, black, 5 speed, air,
cruise, power locks and windows, 70400km,
CASH PRICE \$6000.00, #9498

*2006 Chev Cobalt, supercharged, 2 door, black,
5 speed, loaded, 4500km,
CASH PRICE \$10,000.00, #7732

Phone Dave or Wade at 250 569 8830
for further information. DL11107

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McBride, BC



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- Framing using timbers and traditional joinery
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4% of sale price for full M.S. listing
(Minimum \$1000) No extra fees or charges.



QUILT SHOW

Quilt Raffle - Tickets For any members who do not have raffle tickets to sell, pick them up from Odds 'n Ends. Bring completed books to Odds 'n Ends or to Debbie Alexander. Thank you to the Bank of Nova Scotia for displaying our quilt and for their continuing efforts in selling tickets.

COMMUNITY ANNOUNCEMENT

McBride Community Market every Friday to Sept. 4 from 12 noon to 3pm. at the Pavilion in the Park. For more information call Joyce 250-569-2427 or Dorothy 250-569-2436.

Dunster Farmer's Market - every Saturday to Sept. 12, 10am to noon at Dunster Hall. Sellers as well as buyers are more than welcome! For more info call Pete at 250-968-4334.

LIBRARY NEWS

Mother Goose Program: Starting Tues., Aug. 4th 10:00-11:00 for 6 weeks. The Parent-Child Mother Goose Program is a group experience for parents, their babies and young children which focuses on the pleasure and power of using rhymes, songs, and stories together. For More info, please call us at 250-569-2411.

BUY, SELL, RENT & MISC.

For Rent-2 Bedroom House in McBride. \$575. Phone 569-0333****For Sale-Barnsby English All-Purpose/Jumping Saddle**, 17.5 Seat. Good Condition. \$400. Call 250-569-0359.****For Sale-18' Scamp trailer**, 1981, bath, 2 way fridge, stove, furnace, awning, new tires, sleeps 5. 3700.00 obo 250-569-2269****FREE-Anyone** planning a special event or giving away a gift?? Giving away free Floral Baby's Breath. Please call Helen at 569-2347 to make plans.****For Sale-Black 2003 Ford Windstar** - 5 door, Power Lock/windows, A/C, Entertainment system, CD, \$118,000 km asking \$7500. obo contact Jenny @ 569-8853****For Sale-1997 Ford 150 (4x4) crew cab w canopy for sale or sell canopy separate.** Asking 25000.00. Needs TLC work. Phone 250-569-2446****For Sale-2002 Yamaha V Star 1100c.c.** Low Mileage Eldorado package (all dressed) \$7,000.00. Commercial rug cleaner has 2 motors on unit plus attachments. Runs good. \$250.00. Call 250-566-8289****For Sale-Ping Pong Table** with all accessories. \$100 firm. Phone 569-0102****For Sale-1990 Toyota 4 Runner.** Not pretty but runs great. \$2500.00. 1980 GMC 3/4 ton, 350, auto trans, 2 wheel drive. \$300.00. 2008 10' white cargo trailer with barn doors, 3200 lb. axle w/brakes & 15" tires. \$2800.00 Phone 250-553-2331****For Sale-28'** enclosed car hauler, campervanized, \$8000.00. 2000 Honda 200 Dirt Bike \$2000.00. Phone 569-7256****For Sale-Heavy Duty Punching bags,** Smaller & bigger one, comes with stand & speed bag - taking offers / Nortic Flex Gold Workout Machine, also taking offers Ph:250-569-8828****For Sale-Radius Edge Cedar Decking** - 1 1/4" x 6" \$1.00/lin. ft. Birch Lumber - 1 1/4" x various widths. .40¢/brd. ft., Grill for S15 GM Pick-up \$25.00, Weller Soldering Gun \$8.00 Ph:569-0028****For Sale-2002 Chev Impala.** Power windows, driver's seat, locks & mirrors. 40mpg. Great Shape. 183,000Km. Asking \$4,500. Phone 569-2772****For Sale-International Square Baler.** Includes a 10 Bale Stooker, 1 set of 10 Bale Forks & a Hay Rake. \$700.00 obo. Phone 569-2694****For Rent-3 Bedroom** furnished house, newly renovated. Phone 569-0171****For Rent-Clean House** in McBride Crescent. Phone 569-0171****For Sale-2002 SCI Saturn** 3 dr. 96,000 kms -Red 5-speed manual/CD/air/four winter tires mounted on rims - REDUCED-\$4500 Must Sell. 1983 Suzuki GS 750ES - Great bike for around town or a longer trip if you have the buttocks to handle it! Very quick for the vintage, newer rear tire that has seen very few kilometres, brand new front tire, Yoshimura Exhaust, synthetic oil. I will not sell to a novice rider. Asking \$2600. Call 968-4331-Derrick****Newly renovated 3 bedroom house** for rent. Call 569-7378****For Rent-2 Bedroom Apartment,** across from the hospital. \$525/month. Ph:569-0208****For Sale-Computer tower.** Windows XP Home, AMD Athlon XP 1600+, 1.4GHz, 2GB RAM, 200GB hard drive, wireless PCI card, many extras! Only \$300! Phone 569-0320****For Rent-3 Bedroom Country Home,** fully furnished, fully equipped kitchen, 15 min. walk to town, housekeeping & cable available. Price depends on your needs. Call 569-2561 for details**To place an ad call 569-3110, Fax 569-0220 or drop info at 455 King St.

CHURCH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street. Clothes and Household Goods. Open: Tues. 1:00 to 3:00 & Fri. 1:00 to 3:00•**Dorcas Lanning** Pit Rd. (used clothing and household goods). Closed for the summer. •Contact number for the Foodbank is 569-3225•**Seventh-day Adventist Church-Meet Saturdays** at 9:30 & 11am. and Wednesdays at 7pm. Phone: Ph:569-3370•**Menonite Church-Meet** Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-0445•**Mountain Chapel (PAOC)-Sunday School & Adult Classes-10am, Services-11:10am.** Ph:569-3350•**Anglican United Church-Reverend Dec McEachern.** 441 Dominion Street. Meet Sundays at 11:30 a.m. Phone 569-3206 or 569-3386. Hall Rental - Phone Thelma MolendyK-250-569-0082•**Evangelical Free Church-Worship Service** at 10:30am. Ph:569-2378 or 569-8845 Pastor Dan Carlaw-**Robson Valley Christian Centre-Meets** in home Sundays 11am, Dunster Ph:968-4335•**St. Patrick's Catholic Church-Meets** Sundays at 11:00am Ph:569-2606. "Catholic Faith for Adults" inquiry class. Contact Sr. Olive.

Via-Rail Schedule Phone 1-888-842-7245

Going West - Sunday, Wednesday & Friday...2:40pm
Going East - Monday, Thursday, Saturday...3:00pm
Seniors (60+) 2 for 1 is back. Must book 6+ days advance.

Important Phone Numbers

EMERGENCY 9-1-1 Forestry 569-3760
R.C.M.P. 569-2255 Village 569-2229
Hospital 569-2251 Reg'1 Dist' 1-800-667-1959
Health Unit 569-2251 Home Support 569-2266
K to 7 School 569-2721 Food Bank 569-3225
High School 569-2295 Fire Hall 569-3117
Dunster School 968-4414 The Little McBride Paper School District 57 569-3110
1-800-256-7857
Report Forest Fires - 1-800-663-5555
Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...
Dial this Number 1st and ask operator to connect you to provincial department.

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OPEN
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8:30am - 6:00pm
Saturday 10:00am - 3:00pm



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- 3 Station computer lab
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The charge for internet usage is: \$1.00/ Half hour
Printing & Copying costs are:
B&W 0.25/ Page, Color 0.50/ Page
Faxing is \$1.00/ page
mcbride.library.ca

SUMMER HOURS

As of June 1st, 2009

Monday 10 - 5, Tuesday 10-5 & 7-9, Wednesday 10-5
Thursday 10-5, Friday 10-9, Saturday 10-5, Sun. CLOSED

241 Dominion Street
Box 489, McBride BC V0J 2E0
library@mcbridebc.org
250-569-2411



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Complete automotive servicing
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Air conditioning recharge
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Call 250-569-8830 for appointment.

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Community Futures

Would you like to explore the idea of starting
your own business?

You may qualify for the SEB Program if you are
presently on E.I. or have been in the last 3 years or
you have been on maternity leave in the last 5 years.

For more information on the Self Employment Benefit
Program (SEB), please contact:

Allan Frederick Phone: (250) 569-2229
SEB Co-ordinator Fax: (250) 569-3276
E-mail: futures3@telus.net

The Government of Canada has
contributed funding to this initiative.

BIRTHDAY WISHES AUGUST 12 - 18

Les Savarella, Lucas Franke, Tasha MacMaster, Freda Murin,
Ron Simanton, Rylan Moore, Theresa Van Vlissingen, Crystal
Wood, David Kraby, Michael Kohida, Nicole Beer, Pamela
Balcaen, Robin Wingie, Sharlin Rowley, Glen Stanley,
Christopher Vaughan, Amy Quam, Dave L'Arrivee, Lisa
Cowburn, Dutch MolendyK, Kyle Blangy, and to anyone
else we missed, Happy Birthday.

McBride AG Foods

SPECIALS

- Rogers Sugar 10kg - \$10.99
- Golden Boy Sultana Raisins 1kg - \$4.89
- Golden Boy Thompson Raisins 750g - \$4.89
- Rogers All Purpose Flour 10kg - \$9.89
- Rogers Yellow Sugar 1kg - \$2.99

569-0140
OPEN Mon.-Thurs. 8-6, Fri. 8-7, Sat. 8-6, Sun. 9-5