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THE MAIN STREET GRILL

Wednesday NITE SPECIALS

Garlic Buttered Wings Appy Salad
Prawns .35¢ each \$2.95 each
25¢ each

OPEN 7am - 9pm 569-0321
7 Days a Week (For Takeout)

MARKET PLACE

233 Main Street
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DELI
Corned Beef - 100g...\$1.29
Oven Roasted Beef - No Garlic - 100g...\$2.69
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Canadian Chicken Breasts - Boneless Skinless
family pack (min. 2kg).....\$4.99 / lb.
Pork Side Ribs - breast bone removed -
family pack (min. 2kg) from USA.....\$2.99 / lb.
Top Sirloin Grilling Steaks from New Zealand -
family pack (min. 1.5kg).....\$3.69 / lb.
Canadian Chicken Drumsticks -
family pack (min. 2 kg).....\$1.99 / lb.
Breyers Rich & Creamy Classic -
1.62-1.89 litres.....\$3.99 each
Lays Potato Chips - 25g - 2 for.....\$5.00
Pepsi or 7-Up 12x355ml 2 for.....\$9.00 + dept. & reg. fee
Kraft Mayonnaise - real or light - 475ml..\$2.98 each
Kraft Peanut Butter smooth or light 1 kg. \$5.98 each
Maxwell House Ground Coffee -
original or rich - 925g.....\$7.98 each
Compliments Value Bathroom Tissue -
2 ply - 32's.....\$7.98 each
Nectarines - 1.5 lb. bag.....\$2.39
F.E. Spinach - 255g.....\$3.99

BAKERY

Calabrese Bread - 450g...\$1.79
Pumpnickle Bread - 454g...\$2.19

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Employment Assistance Service
Robson Valley Home Support Society

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Funded by the Government of Canada
Canada

FREE The Little FREE

McBride

Paper



Serving BC's Friendliest Town and Area!!!
For the week of Wednesday, July 15th, 2009

Happy Birthday Canada!

The Children's Festival was a hit, hockey in July was wonderful, the fireworks were spectacular and the McBride paramedics saved a number of teddy bears in the nick of time!
Special thanks to the Mayor and McBride Village Council, McBride and Arca Chamber of Commerce, McBride Volunteer Firefighters, McBride Ambulance Service, McBride and District Public Library, Whistle Stop Gallery, Visitor Centre, all of the volunteers who helped out and all of the people who came out to celebrate Canada's birthday. We couldn't have done it without you!

THRIFT STORE

The Downtown Thrift Store will be opening on Fridays now starting on July 17th. The new hours will be Tuesday 1-3pm and Friday 1-3pm. We hope these hours will be good for everyone.

MORSESHOE TOURNAMENT

The McBride Hotel sponsored the 4th annual Norman Laming Horseshoe Tournament, this year held during Pioneer Days. The singles competition on Saturday, June 20, 2009 and the doubles on Sunday, June 21, 2009. This very popular event was well attended all weekend by both participants and spectators. 24 men and women participated in the singles event - a great competition with the following results: 1st John Rivard, 2nd Joe DeFrais, 3rd Bob Mitchell. Cash and prizes were awarded to the 3 winners at the end of the event and pictures were taken with the trophy. The doubles tournament was extremely well attended also, with 40 people (20 pairs), young and old, ladies and gents, gathered together in great competition. Fortunately the weather was perfect throughout the weekend. All the players had a fun time and provided the many spectators with a very enjoyable afternoon watching their throwing skills. Cash and great prizes were awarded to the following winners: John Rivard and Andy Kimpton defended their 2008 title by winning once again. Doubles results: 1st John Rivard and Andy Kimpton, 2nd Tom Ryan and Craig Pryor, 3rd Shane and Kenton Bressette (a very exciting way for father and son to enjoy Father's Day as partners for the day in this fun tournament). Pictures were taken with the trophy for all the doubles winners also. The Horseshoe Pits were totally rebuilt this year and were in perfect condition for the tournament. A special thank you to the Schock family (Lanny, Lynn, Stacey and Corey) and Hal Carmont for their extra effort in rebuilding the horseshoe pits in the Village park for the tournament and also for everyone to use henceforth. It was a job well done. The Village provided the wood and supplies for the pits. Thank you to Hal Carmont for organizing this terrific yearly horseshoe event and our friend Howard Logan for once again being the "Super Scorekeeper" for the weekend. The McBride Hotel would also like to thank all the participants for providing us all with 2 days of horseshoe fun and entertainment. It was a great show of sportsmanship and camaraderie. Bye for now and see you all at the new pits next year. -S.C.

GOAT RIVER TRAIL WORK

Goat River Trail Work: Work parties will be held Saturday, July 25 for clearing on the Goat hiking trail by members of the Fraser Headwaters Alliance. The group will meet at 9 a.m. each morning at the Goat River rest area on Highway 16. Equipment will be supplied. Call Al Birnie, 569-4101, if you can make it!

STEPPING STONE

Stepping Stone's Children's Centre - School Age Summer Program
Ages 6-12 10:00-3:00 July 13-17 Music Mania: Be prepared its going to be a musical week. We will be making several instruments and forming our own band! July 20-24 Super Soak: It's going to be a wet week! We will be making rafts, sailboats, kites and much more. We will be getting soaked on the slippery slide, water gun fights, (children vs staff!) and sprinklers. We hope to incorporate a swimming trip to Jasper if possible. July 27-31 Crazy Colourful: We are going to make many colorful crafts (dream catchers, straw painting, masks, pastel pictures and even tie-dyeing). We will also be dyeing celery and playing twister! ~Ages 6-12 / Time 10:00-3:00 / Cost: \$17.50 per day, 5th day free if registering for full week. ***Please Note***If there is a Jasper Trip, there may be an extra cost to cover expenses. Tel: 250-569-8861, 942 - 3rd Avenue McBride, BC.

DAILY VACATION BIBLE SCHOOL

McBride Evangelical Free Church Presents....The Greatest Show on Earth!!! Daily Vacation Bible School for Children ages 4-14. Come & join "Clancy the Clown" and all his friends for a time of fun and learning under the BIG TOP! Date: August 10-14 from 9:00a.m. - 11:30a.m. daily. Location: McBride E-Free Church's Building. ~ Games, Crafts, Bible Stories, Snacks, Prizes and so much more! Come One! Come All!

Greyhound Bus Schedule

The Farm Store 569-0425
Depart to East-12:15am Daily •Valemount, Jasper, Edmonton
Depart to East-10:05am Fri. Sat. Sun. •Valemount, Jasper, Edmonton
Depart to West-6:10am Daily & 7:20pm Fri. Sat. Sun. •Prince George

Please contact The Little McBride Paper with all coming events, news, trivia, comments, anything!! Ph:569-3110, Fax:569-0720, email:sglnews3@telus.net, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't write about it!! -Scott & Susan Gilmes - Oscar & Broom

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Conway Carriage Septic Services

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Summer Time Is Beaneery 2

Beanery Time!!! 569-0133

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Sunday, July 19th

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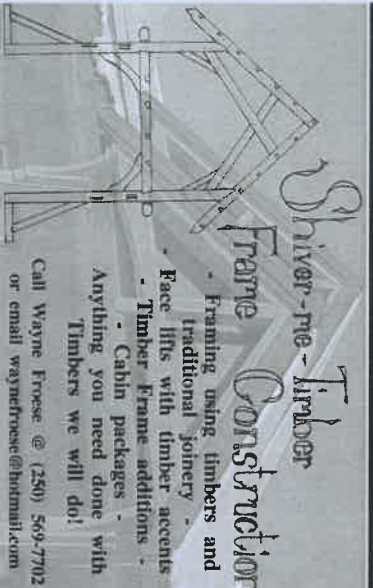


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• Check us out for good, quality used books.
and new "Jumble" Crafts, painting and colouring books.
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For Sale

2006 Ford F350 XLT, crewcab, 4x4, diesel, shortbox, auto, 104000km, #18000.00, #0922

2007 Ford F150 XLT, extracab, 4x4, shortbox, auto, 35000km, \$16,995.00, #4270

2008 Ford F350, Lariat, 4x4, diesel, crewcab, longbox, auto, 30000km, \$27000.00, #1673

2008 Ford F350, Lariat, 4x4, Diesel, crewcab, dually, longbox, auto, 90000km, \$27000.00, #1668
Phone Dave or Wade at 250 569 8830
for further information. DL11107

COMMUNITY ANNOUNCEMENT

Cattlemen's Ball on August 8, is looking for a D.J. for the Dance. Contact D. Simpson 250-569-3343 with prices & style. Dorcas will be closed for the summer, but it will be open July 21 1:00 to 4:00. Contact ph. 569-2596.

McBride Community Market every Friday - June 26 to Sept. 4 from 12 noon to 3p.m. at the Pavilion in the Park. For more information call Joyce 250-569-2427 or Dorothy 250-569-2436.

Dunster Farmer's Market - every Saturday from July 11 to Sept. 12 - 10am to noon at Dunster Hall. Sellers as well as buyers are more than welcome! For more info call Pete at 250-968-4334.

The Dry Grad 2010 is looking for Odd Jobs to do towards their fundraising for their trip next year. Please contact Wendy at 569-2672 or see her at the Post Office. The Dry Grad Class is also taking orders for firewood. Contact Lori Kimpston at 569-2745 for more information. Looking forward to serving our Community!!!

QUILT SHOW

Quilt Raffle - Tickets available from quilters & from Odds n Ends. See Quilt at the Bank of Nova Scotia. Raffle Drawn at Quilt Show September 12. •Sandy Birmie 250-569-4101 or Debbie Alexander 250-569-7321.

BUY, SELL, RENT & MISC.

For Sale-28' enclosed, car hauler, camperized, \$8000.00. 2000 Honda 200 Dirt Bike \$2000.00. Phone 569-7236•For Sale-Wiener pigs. Ready to go in two weeks. \$60 each. New Holland 718 Harvester Electrical controls. Excellent condition. \$1400. New Holland Crop Carrier Forge box with roof. Front and back unload. Excellent condition. Like new tires. \$2250. New Holland 393 Tub Grinder in good working order \$2350. Two Superior Octagon feeders. \$450 each. Phone 569-7810•Wanted:About 3000 board feet of 2x6 in approx. 12 foot lengths. (new or used) 250-569-2684•Wanted:Reliable Part-time (about 15 hours per week, Hours flexible) Handyman for farm about 2 km from village. Must like large and small animals and have own transportation. Non Smoker & drinker preferred. Some ladder work involved. \$12/hour. Suit a motivated high school student. Please provide written resume with references to Box 913, McBride B.C. V0J2E0•Wanted:Small grader or bobcat & operator to remove manure and shavings from corrals. Falkencrest Farm. 250-569-2684. Ask for Helen•For Rent:House for rent on 3rd Avenue. 2 bedrooms. \$500.00/mth plus utilities. Phone 569-0422•For Sale-Heavy Duty Punching bags. Smaller & bigger one, comes with stand & speed bag - taking offers / Nortie Flex Gold Workout Machine, also taking offers Ph.250-569-8828•For Sale-Radius Edge Cedar Decking - 1 1/4" x 6" \$1.00/lin. ft. Birch Lumber - 1 1/4" x various widths. 40#/hrd. ft., Grill for S15 GM Pick-up \$25.00, Weller Solidering Gun \$8.00 Ph:569-0028•For Sale-2002 Chev Impala. Power windows, driver's seat, locks & mirrors. 40mpg. Great Shape. 183,000Km. Asking \$4,500. Phone 569-2772•For Sale-International Square Baler. Includes a 10 Bale Stooker, 1 set of 10 Bale Forks & a Hay Rake. \$700.00 obo. Phone 569-2694•For Sale-1 shower, brand new, never been out of the box. Phone 569-2577 (evenings only)•For Rent-3 Bedroom furnished house, newly renovated. Phone 569-0171•For Rent-Clean House in McBride Crescent. Phone 569-0171•For Sale-2002 SC1 Saturn 3 dr. 96,000 kms -Red 5-speed manual/CD/four winter tires mounted on rims - REDUCED-\$4500 Must Sell. 1983 Suzuki GS 750ES - Great bike for around town or a longer trip if you have the outboots to handle it! Very quick for the vintage, newer rear tire that has seen very few kilometres, brand new front tire, Yoshimura Exhaust, synthetic oil. I will not sell to a novice rider. Asking \$2600. Call 968-4331-Derrick•Newly renovated 3 bedroom house for rent. Call 569-7378. •For Sale-1990 Wilderness Travel Trailer, 29', 150 pu towable, rear queen island bed, A/C, 2 doors, very good condition. \$7900 obo. Phone 569-2471•For Rent-2 Bedroom Apartment, across from the hospital. \$525/month. Ph:569-0208•For Sale-Computer tower. Windows XP Home, AMD Athlon XP 1600+, 1.4GHz, 2GB RAM, 200GB hard drive, wireless PCI card, many extras! Only \$300! Phone 569-0320•For Rent-3 Bedroom Country Home, fully furnished, fully equipped kitchen, 15 min. walk to town, housekeeping & cable available. Price depends on your needs. Call 569-2561 for details•To place an ad call 569-3110, Fax 569-0220 or drop info at 455 King St.

CHURCH NEWS N' THINGS

Anglean United Church - Downtown Thrift Store on Dominion Street. Clothes and Household Goods. Open: Tues. 1:00 to 3:00 & Fri. 1:00 to 3:00•Dorcas Lammung Pit Rd. (used clothing and household goods). Closed for the summer, but it will be open July 21 1:00 to 4:00. Contact ph. 569-2596. •Contact number for the Foodbank is 569-3225•Seventh-day Adventist Church-Meet Saturdays at 9:30 & 11a.m. and Wednesdays at 7p.m. Phone: Ph:569-3370•Mennonite Church-Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-0445•Mountain Chapel (PAOC)-Sunday School & Adult Classes-10am, Services-11:10am. Ph:569-3350•Anglian United Church-Reverend Dee McEachern. 441 Dominion Street. Meet Sundays at 11:30 a.m. Phone 569-3206 or 569-3386. Hall Rental - Phone Theima Molendyk-250-569-0082•Evangelical Free Church-Worship Service at 10:30am. Ph:569-2378 or 569-8845 Pastor Dan Carlaw•Robson Valley Christian Centre-Meets in home Sundays 11am, Dunster Ph:968-4335•St. Patrick's Catholic Church-Meets Sundays at 11:00am Ph:569-2606. •Catholic Faith for Adults-Inquiry class. Contact Sr. Olive.

Via-Rail Schedule Phone 1-888-842-7245

Going West - Sunday, Wednesday & Friday...2:40pm
Going East - Monday, Thursday, Saturday...3:00pm
Seniors (60+) 2 for 1 is back. Must book 6+ days advance.

Important Phone Numbers

EMERGENCY 9-1-1
R.C.M.P. 569-2255
Hospital 569-2251
Health Unit 569-2251
K to 7 School 569-2721
High School 569-2295
Dunster School 968-4414
School District 57 569-3110
The Little McBride Paper
1-800-256-7857
Report Forest Fires - 1-800-663-5555

Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...
Dial this Number 1st and ask operator to connect you to provincial department
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You may qualify for the SEB Program if you are presently on E.I. or have been in the last 3 years or you have been on maternity leave in the last 5 years.
For more information on the Self Employment Benefit Program (SEB), please contact:

Allan Frederick Phone: (250) 569-2229
SEB Co-ordinator Fax: (250) 569-3276
E-mail: futures3@telus.net

Canada

The Government of Canada has contributed funding to this initiative.

McBride AG Foods

In-Store Specials
Schneider's Outlaw Burgers - 20 pk \$14.98
Schneider's Original Juicy Jumbo Wieners - \$3.99
Fresh Baked Hamburger Buns - 12 pk \$2.98
Fresh Baked Hot Dog Buns - 12 pk \$2.98
Vasic Pickles - Assorted Varieties \$3.79

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The Library has many ways you can access the world wide web!

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The charge for internet usage is: \$1.00/ Half hour
Printing & Copying costs are:
B&W 0.25/ Page, Color 0.50/ Page
Faxing is \$1.00/ page
mcbride.library.ca

SUMMER HOURS

As of June 1st, 2009
Monday 10 - 5, Tuesday 10-5 & 7-9, Wednesday 10-5
Thursday 10-5, Friday 10-9, Saturday 10-5, Sun. CLOSED

241 Dominion Street
Box 489, McBride BC V0J 2E0
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Description	per yard
1 to 1 1/2 washed rock	\$26.00
1 1/2 to 2 drain rock	\$18.00
3/4 to 1 gravel	\$35.00
1 1/4 - 3/4 washed rock	\$36.00
Pit run	\$13.50
3/4 minus	\$27.00
1/4 minus play sand	\$14.00
Fine sand	\$35.00
Concrete	per yard
Regular concrete	\$125.00
30 mpa concrete	\$150.00
Concrete blocks	\$110.00
Truck time	\$90.00/hour
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Power trowel	\$120.00
Concrete vibrator	\$50.00
6' or 16' power plank	\$120.00
Bow flow	\$35.00
Remodelling, New Construction,	Foundations, Excavation,



I'm having a difficult time adjusting to my new dentures.

THANK YOU

On behalf of the Stepping Stones Daycare we would like to thank everyone who donated bottles to our bottle drive. We are still accepting bottles. Thank you very much. (250)569-8861.

McBride Elks & Royal Purple News

Can Tabs/Soup Labels - please drop off you tabs and labels at Odds & Ends.
Hall Rental - If you're interested in renting the hall, stop by Odds & Ends or call Barb Jackson at 569-0344 or 569-2645 for info.

BIRTHDAY WISHES JULY 15 - 21

Christine Molendyk, Kim Elliott, Steve Harstad, Barry Kohn, Jon Littlechild, Norma Stromberg-Jones, Paul Wildeman, Jane Blouin, Kroy Christison, Kara Silva, Clay Cardinal, Scott Glines, Jessica Buck, Lillian Mackinnon, Richard Hodgkin Jr., Ron Franke, Sherri Flynn, Craig Pryor, Madelaine Thiffault, Mich Murin, and to anyone else we missed, Happy Birthday.

VALLEY MUSEUM & ARCHIVES SOCIETY

"Dunster School of Fine Arts" - An exhibition of student art work on display @ the Museum/Library Building until Sept. 24, 2009. Everyone is invited to attend the "Opening Reception" on Friday, July 10 @ 7:00p.m.

ROBSON VALLEY MUSIC SOCIETY

Robson Valley Music Festival - Dunster B.C. August 21st - 23rd, 2009 - Tickets on Sale Now - Limited Attendance - Early Bird Tickets on Sale Until June 30th / \$50. Tickets on sale online, by calling 250-968-4411 or at •Infinity in Valemount •McBride Trading Company in McBride •Dunster Store in Dunster. Regular Weekend Pass \$70 - 13 and under Free •Friday Pass \$30 - Saturday Pass \$40 - Sunday Pass \$15 •Camping \$10 No Dogs! Bring Drinking Water • W o r k s h o p s ~ V e n d o r s ~ K i d s Z o n e. www.robsonvalleymusicfestivalbc.com • Mexican Reggae, Soul, Roots, Folk, Pop, Flamenco, Gypsy, World Grooves, Bluegrass, Rock, Jazz, Funk, Romanian, Eastern, Punk Etc.

FALL FAIR

Fall Fair 2009 plans have been under way for the last couple of months and things are looking really good. Our date is set for Sept. 12. Our Theme this year is Homesteading, so start thinking about this years parade, and all the crafts and goodies you can enter. Keep an eye out for the booklet and the raffle tickets which will be available soon. If you have any interest in being a judge or section head for this years fall fair, please contact Marlon Cousineau, or if you have any questions please feel free to call. Always looking for new members. We are also calling on the community for your help in this years Cheryl Sansom Award. If you can think of anybody you would like to nominate, send your letter to box 21, McBride BC V0J 2E0.

Take a Break in McBride...B.C.s Friendliest Town!?

EXCUSE OF THE WEEK

A man bought a new Mercedes to celebrate his wife leaving him and was out on the interstate

for a nice evening drive.

The top was down, the breeze was blowing through what was left of his hair and he decided to open her up. As the needle jumped up to 80 mph, he suddenly saw flashing red and blue lights behind him.

"There's no way they can catch a Mercedes."

he thought to himself and opened her up further. The needle hit 90, 100....Then the reality of the situation hit him.

"What am I doing?" he thought and pulled over.

The cop came up to him, took his license without a word and examined it and the car.

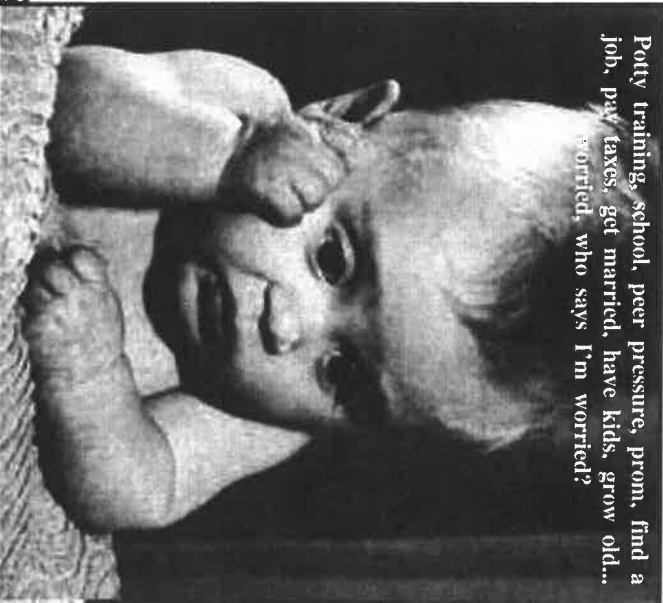
"It's been a long hard day, this is the end of my shift and it's Friday the 13th. I don't feel like more paperwork, I don't need the frustration or the overtime, so if you can give me a really good excuse for your driving that I haven't heard before,

you can go."

The guy thinks about it for a second and says,

"Last week my nagging wife ran off with a cop. I was afraid you were trying to give her back!"

"Have a nice weekend," said the officer.



Potty training, school, peer pressure, prom, find a job, pay taxes, get married, have kids, grow old... worried, who says I'm worried?