

STEDMAN'S

569-2415

COME SEE OUR NEW SELECTION OF MOTHER'S DAY / GIFTWARE

GREAT GRADUATION GIFT IDEAS



RICH'S GREENHOUSE

Now Open Daily

Afternoons & Evenings - 790 Barnes Road
New Items Added Each Week
Now In Stock - A selection of Tomatoes, Peppers, and flowers.
WANTED-any unwanted planters, flats and inserts! 250-569-0105

FOREVER PRINTING & SIGNS

14 years experience
• Signs • Magnetic Banners
• Sandwich Boards • Mirrors • Windows
• Posters • Business Cards • Address Labels
• Laser Printing • Colour Photo Copies • Graduations
• Brochures • Trophies • Engraving • T-Shirts
For more information please contact Scott or Susan at 569-5410 or fax 569-0220

Robson Valley Support Society's 3rd Annual Women's Opportunity Fair
Saturday May 23.
Registration forms now available at the Robson Valley Support Society office.
Deadline to register is Friday May 15. Register early to receive first choice of workshops.
This event is free and includes lunch.
Contact Jen Quam at 250-569-2266

MCBRIDE FIGURE SKATING CLUB

CAR WASH - SATURDAY MAY 9TH AT THE FIRE HALL
11:00 am - 3:00 pm for the McBride Figure Skating Club (weather permitting) :)

McBride Figure Skating Club wants you to save money today. We are offering IGA and Home Hardware gift cards at a 2% discount - order yours today! That means for every \$100 in gift cards you use or give to others, you will save an automatic \$2. It adds up! We also have a catalogue of other gift cards for a variety of out-of-town businesses. Please call Dawn Hickery at 250-569-3410 (leave message) or 250-569-7268. This is our Club's main fundraiser and monies earned are to allow our fees to be as low as possible to support youth fitness, skating skills, and sport diversity in our valley.

McBride Figure Skating Club Year End Party for all skating members and their families. Sunday, May 3rd from 2:00 - 4:00 at Elizabeth Trask's residence on Eddy Road. Dress for the outdoors as we will be roasting weenies and playing games! Contact Dawn Hickery for details.

Smoke Free Housing BC

While provincial and municipal law provide British Columbians with extensive protections from second-hand smoke where they work, eat and play, many people are still being exposed to unwanted second-hand smoke where they live. Despite strong public support and demand for smoke-free homes, there is a critical shortage of smoke-free apartments for British Columbians who want and need to love smoke free. The good news is that adopting a no-smoking policy is legal, easy to do, and it's an exciting marketing opportunity for landlords who want to take advantage of this untapped market. Whether you are concerned about the health of your residents, tired of responding to complaints about unwanted second-hand smoke, or simply want to reduce the fire hazard and clean up costs associated with buildings that permit smoking - it may be time to consider going smoke-free.

- In fact, going smoke free is as easy as 1-2-3:
1. Amend your tenancy agreement to include a no-smoking clause in all new tenancies.
2. Advise your existing tenants by letter of the new policy and reassure them they will be exempted (unless they want to sign a no-smoking Addendum to their current tenancy agreement).
3. Advertise your future tenants as smoke-free.

If you are interested in taking advantage of this marketing niche, and want to convert your existing building(s) to smoke free status, or designate a new building as smoke-free from the outset, a new website is now available to provide you with information to make it happen. Log on to www.smokefreehousingbc.ca for simple, how-to tips for going smoke-free, plus useful tools for builders, owners and managers alike.
Written by Laura Johnston, Tobacco Reduction Coordinator, Northern Health.

Take a Break in McBride... B.C.'s Friendliest Town!!



MCBRIDE HOTEL
569-2277

PRESENTS...

The Third Annual
DON MCANDREW
Barbeque and Pool Tournament

Sunday, May 3rd, 2009
12 noon

Prizes, Beverage Specials, Popcorn
Free Barbecue - Burgers, Salads, Goodies
All Players & Guests are Very Welcome

Phone to Sign Up
569-2277
or Drop In Anytime.
Hotel Hours: 11:00a.m. to 2:00a.m. Daily

COME AND HAVE SOME POOL PARTY FUN

McBride Mountain Sports Ltd.
ALL SEASON EQUIPMENT RENTALS
RECREATION & CONSTRUCTION
LAWN & GARDEN • RETAIL

FullBorized
STEEL DEALERSHIP
SLED / ATV / SIDE BY SIDE RENTALS

- GoBring & Accessories
- Spring GoBring now in Stock!!!
- Greef out our Safe Rack
- Mens/Ladies

Snowmobile Jacket & Pants 10% off
250-569-2354
1-877-868-7288
571 Main Street
McBride, BC V0J 2E0

THINK ABOUT IT...
A small boy swallowed some coins and was taken to a hospital. When his grandmother telephoned to ask how he was, a nurse said, 'No change yet.'

Community Calendar sponsored by the Village of McBride and the McBride and District Chamber of Commerce

McBride & District

May 2009

Community Calendar

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
CHURCHES	3 Community Sports @ Highschool 5-7 pm Basketball Mon/Thurs Volleyball - Wednesday 7-9 pm Soccer Mon/Wed	4 Open during LIBRARY hours: 10am - 5pm & 7 - 9 pm tue. 10am - 2pm wed; 2 - 9pm fri; 2 - 5pm sat ADULT COMPUTER CLASSES - CALL THE LIBRARY FOR INFO SDA FOOD BANK: PHONE 569-3225	5 1 - 3 pm AUCW Thrift Shop 1 - 4 pm DORCAS Used Clothing 7 - 8pm 6:30 pm TOPS @ HiltUnit 7:30 pm Elks - Royal Purple	6 Robson Valley Home Support 569-2266 Great programs for kids and adults	7 BC VOTES Make your voice heard!	8 7:00 pm Card/Game Night@Elks Princess and the Pea 6:00PM@Roundhouse	9 10am - noon AUCW Thrift Shop 2:00PM@Roundhouse
CHURCHES	10 Northern Orchestra 2:00 PM @Roundhouse Vivaldi - 4 Seasons	11 7:30pm Hospital Auxiliary mntg @ MDH 7 - 9 pm VFD mntg @ Fire Hall	12 1 - 3 pm AUCW Thrift Shop 1 - 4 pm DORCAS Used Clothing 7 - 8pm 6:30 pm TOPS @ HiltUnit 7:30 pm McBride Village Council Meeting	13 6:30 pm Bingo @ Legion Hall	14 2 - 4 pm OAPO Stitch & Knit 3:30-5:30pm Dome Ck Reading Room 6:30 pm Sis Bingo @ BVLodge	15 7:00 pm Mennonite Group Singing @ BVLodge	16 10am - noon AUCW Thrift Shop
CHURCHES	17 7 - 9 pm VFD mntg @ Fire Hall	18 7 - 9 pm VFD mntg @ Fire Hall	19 1 - 3 pm AUCW Thrift Shop 1 - 4 pm DORCAS Used Clothing 7 - 8pm 6:30 pm TOPS @ HiltUnit 7:30 pm Elks - Royal Purple	20 7:00 pm CoC@E-Free Church 6:30 pm Bingo @ Legion Hall	21 2 - 4 pm OAPO Stitch & Knit 3:30-5:30pm Dome Ck Reading Room 6:30 pm Sis Bingo @ BVLodge 5:30 pm WS Mtg @ Station	22 7:00 pm Card/Game Night@Elks	23 10am - noon AUCW Thrift Shop
CHURCHES	24 7 pm Library Trustees mntg 7 - 9 pm VFD mntg @ Fire Hall	25 7 pm Library Trustees mntg 7 - 9 pm VFD mntg @ Fire Hall	26 1 - 3 pm AUCW Thrift Shop 1 - 4 pm DORCAS Used Clothing 7 - 8pm 6:30 pm TOPS @ HiltUnit 7:30 pm McBride Village Council Meeting	27 10:30 am Seniors Pastoral Care Service @ Hosp 7 - 9 pm Valley Piecemakers @ HS	28 2 - 4 pm OAPO Stitch & Knit 3:30-5:30pm Dome Ck Reading Room 6:30 pm Sis Bingo @ BVLodge	29 BC Childrens Hospital BBQ Fundraiser 11-2 @ ScotiaBank	30 10am - noon AUCW Thrift Shop
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McBride Recreation Centre - Open Call 569-3360 for more information on programs or go to www.rdtffg.bc.ca and follow the links

Phone: McBride Visitor Centre, 569-3366, or email details to: come2mcbride@telus.net June Calendar deadline: May 23, 2009

TRANSFER STATION HOURS MON/TUES/THURS/FRI - 9-5 SAT/SUN - 10-4 STAT HOLIDAY 10-2

Wed Closed

CHERI PETERS

(International Speaker, Radio & TV Hostess and Author of 3 Books)

from

True Step Ministries, Kuna, Idaho

will speak on

Friday, May 8th **Saturday, May 9th**

McBride Secondary School (during school hours for the students)
Roundhouse Theatre at 7:00 PM (presentation for the public, no admission fee, everyone welcome to attend).

Cheri Peters has come out of a life of addiction, homelessness, and abuse. Her story has been an inspirational and encouragement to those suffering with any form of addiction, abuse, or dysfunction. Her life is a testimony that nothing is too big, too dark, or too difficult to overcome. You are invited to attend her captivating and inspiring presentations.

HANGING BASKETS

FLOWER AND VEGETABLE BEDDING PLANTS HUGE TOMATO PLANTS

**Saturday and Sunday
May 9 and 10
9am on**

**Sarah Marsh's place
5200 Mountainview Rd.
11 kilometre**

MJ'S HOLDINGS



Landscaping, Land clearing,
 Dangerous Tree Removal (certified faller),
 Rock work (gardens, walls, decks),
 Handyman
 Equipment: Crawler-Dozer/Skidder

Honest and Reliable
 Marry J Hickery 250-569-3410 or 7343

SUCH IS LIFE!

A man asked his wife what she'd like for her 40th birthday. "I'd love to be six again," she replied. On the morning of her birthday, he got her up bright and early and off they went to a local theme park. What a day! He put her on every ride in the park: the Death Slide, the Screaming Loop, the Wall of Fear, everything there was! Wow! Five hours later she staggered out of the theme park, her head reeling and her stomach upside down. Right to a McDonald's they went, where her husband ordered her a Happy Meal along with extra fries and a refreshing chocolate shake. Then, it was off to a movie - the latest Disney and what a fabulous adventure! Finally, she wobbled home with her husband and collapsed into bed. He leaned over and lovingly asked, "Well, dear, what was it like being six again?" One eye opened. "You idiot, I meant my dress size." The moral of this story is: When a woman speaks and a man is actually listening, he will still get it wrong.

An old farmer had owned a large farm for several years. He had a large pond in the back forty, had it fixed up nice; picnic tables, horseshoe courts, basketball court, etc. The pond was fixed for swimming when it was built. One evening the old farmer decided to go down to the pond, as he hadn't been there for a while, and look it over. As he neared the pond, he heard voices shouting and laughing with glee. As he came closer he saw it was a bunch of young women skinny-dipping in his pond. He made the women aware of his presence and they all went to the deep end of the pond. One of the women shouted to him, "We're not coming out until you leave!" The old man replied, "I didn't come down here to watch you ladies swim or make you get out of the pond, I only came to feed my alligators." Old age and treachery will triumph over youth and skill every time!

FITNESS CENTRE

The Regional District of Fraser-Fort George officially opened the doors to a new fitness facility at the Canoe Valley Recreation Centre in Valenmount. The new facility is state of the art, featuring brand new cardio machines, weight training equipment and fitness equipment. Regional District Area H Director Ken Starchuck says the new fitness centre provides a great opportunity for residents in the Valenmount area to enjoy a healthy, active lifestyle. Director Starchuck says the Regional District was pleased to work with the Canoe Valley Recreation Management Committee to develop the new centre. Valenmount Mayor Bob Smith congratulates the Regional District of Fraser-Fort George and the Canoe Valley Recreation Management Committee for their work in developing the fitness centre. "It's exciting to have a facility like this for the residents in Valenmount to enjoy. We hope that the addition of this new fitness centre will contribute to the overall health of our community," says Mayor Smith. Director Starchuck added that while today is about celebrating the opening of this great facility, he would like to recognize the contributions of Rob Ellement, who passed away this past February. Rob was the Recreation Facilities Manager for the Regional District. Rob was very excited about having something like this for Valenmount, and while he isn't here today to celebrate with us, we know he would be very proud to see how it all turned out."

Take a Break in McBride...B.G.s Friendliest Town!!

SUN



VALLEY

RESTAURANT

**MOTHER'S DAY
PRIME RIB & PRAWNS
DINNER BUFFET**

Saturday, May 9th

****Includes salad bar and dessert**
(Orders from menu available)**

Free Carrarions for Mom!!

****Live Dinner Music provided by:**

The Bressette Family**

Adult - \$26.95 Senior - \$18.95 (65+)

12 + under - \$18.95 5 + under - FREE!!

Please make reservations for:

5:30-7:30pm or 8:00-10:00pm

Call 250-569-0007

**MOTHER'S DAY
BRUNCH**

Sunday, May 10th

9:00am - 1:00pm

Adult - \$12.95 Senior - \$8.95

12 + under - \$8.95 5 + under - FREE!!

(includes coffee or tea)

PHONE 250-569-0007 FAX 250-569-0004

McBride and Area

Community Market Meeting

Please come if you want to sell food this season.

Beaurey 2, Tuesday, May 12th '09, 11:00am

Call Sharlin Rowley at
 569-3147 for more info.



OK, who said humans were the more intelligent of all the species on earth?

May 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 Chair Exercises@BV @9am	5 Bowling 10am@REC	6 Chair Exercises@BV @9am	7 Stitch/Knit @ BV 2pm-4pm Bingo @6:30/BV	8 Chair Exercises@BV @9am	9
10	11 Chair Exercises@BV @9am	12 Bowling 10am@REC	13 Chair Exercises@BV @9am	14 Stitch/Knit @ BV 2pm-4pm Bingo @6:30/BV	15 Chair Exercises@BV @9am	16
17	18 Chair Exercises@BV @9am	19 Bowling 10am@REC	20 Chair Exercises@BV @9am	21 Stitch/Knit @ BV 2pm-4pm Bingo @6:30/BV	22 Chair Exercises@BV @9am	23
	17 Movie/games 6:30@BV		20 LUNCH @ Sandman		22 Bowling 10am@REC	
24	25 Chair Exercises@BV @9am	26 Bowling 10am@REC	27 Chair Exercises@BV @9am	28 Stitch/Knit @ BV 2pm-4pm Bingo @6:30/BV	29 Chair Exercises@BV @9am	30
	24 Movie Night 6:30@BV		27 OAPD Lunch/Meeting Noon		29 Bowling 10am@REC	
31						



McBride is the first community in the North to establish this program !

Help keep our community clean and green!!

Economic Development Office would like to thank the following supporters of the newly established Adopt a Highway Program:

Special thanks to Beryl Hagen- without her support and involvement, this project would not have happened.

ABOUT THE PROGRAM

The BC Adopt a Highway program is a roadside maintenance and enhancement initiative intended to encourage local stewardship of a public highway rights-of-way. It offers opportunities to contribute to the community and the province. The program is aimed at promoting community pride, and provides means of publicly recognizing the efforts of: individuals, organizations or businesses by means of signage.

Litter pick-up is a basic requirement under the Adopt a Highway program and is required to be done a minimum 4 times a year. In McBride, we propose a monthly pick-up starting in May through September. Our cleaning efforts will be co-ordinated with the local contractor who will collect the bagged garbage left along the highway. The ministry will be providing the tools, safety vests, road signs indicating "crew at work" and biodegradable garbage bags. In addition, individuals are entitled to a 2 million dollars life insurance coverage each, paid for by the Ministry.

In recognition of our efforts, the Ministry of Transportation will install signs along Highway #16 listing the names of the participants.

1. Glen & Elsie Stanley
2. D & B Hagen Family
3. The Roth Family
4. The Hryhurchuks
5. Leonard Dovich & Jim Hart
6. Pat Andrews Family
7. John & Anna Christison
8. Dr. Moseley Family
9. The Berndsen Family
10. House of Jasper Studio
11. Ted Warner Family
12. Cobrea Contracting

The names are listed in the order of sections adopted starting at the Laming Pit Rd to the Mountain View Rd E.

Please Note:

Mandatory road safety workshop for the participants is planned for Wednesday, May 6th;

Time: 7:30 - 8:30 PM;

Place: Village Office.

If you would like to participate in our initiative, come to the workshop and complete the registration/insurance form or contact Margaret Graine: 250-569-7556 or Beryl Hagen: 250-569-3225