

MARKET PLACE 233 Main Street
McBride, B.C.
Your Neighbourhood Food Store 569-2712

DELI

Summer Sausage - 100g...\$1.39
Thai Sesame Salad - 100g...\$1.19

Chicken Thighs - \$2.79 / lb.
Beef Bottom Blade Pot Roast\$2.79 / lb.
family pack (min. 2kg).....\$2.49 / lb.
Boneless Pork Shoulder Blade Roast.....\$1.99 / lb.
McCain Hashbrowns - 1kg\$1.68 each
Cheemo Perogies - 907g-1kg - 2 for\$3.98
Old Dutch Potato Chips - 235g - 2 for\$5.00
Charmin Bathroom Tissue - 24's double roll
or Ultra Jumbo Roll 12's\$7.98 each
Sun-Rype 100% Apple Juice -
1 litre.....\$4.99 + dep. & rec. fee
Sui Choy\$2.19 / lb.
Lo Bok.....\$1.89 / lb.

BAKERY

Butterflake Rolls - 6pk...\$1.59 each
Valentine's Cookies - 12pk...\$3.79 each

SPIN DRIFT POWER SPORTS

would like to thank the community for the support during Mountain Mania 09.
Thanks IGA for your Donation.

OPEN 7am-6pm 7 Days a Week

940-2nd Ave. (250)569-0070

Capital Builders

Interior Renovations
Snowplowing



Barry
(250) 569-7273



Victor
(250) 569-7262

Call us for all your **SNOW REMOVAL** needs!!!

The McBride Trading Co.

*Sauces, Rubs Foods,
Gifts & Health Products*
Home made gifts are Great!



Chocolate Making Classes for \$2.00
this Sat., Feb. 7th from 1-3
Tues., Feb 10th - after school
Thurs., Feb 12th - after school
** Drop In or Sign Up **
Everyone Welcomed!

Make your own Massage Oil for your
Valentine the Friday before Valentine's
4-6pm. cost \$5.00
(limited space - sign up
or take your chance & drop in).

We need help baking, preparing homemade
soups & sandwiches at the store.
If your interested, drop off your resume
between 9-11

250-569-2559 246 Main Street McBride, B.C.

Massage by Julie

CALL FOR APPT/INFO 250-569-7695 (LV. MSG.)
JULIES569@MSN.COM GIFT CERTIFICATES
AVAILABLE AT
McBRIDE MOVIES & MORE



Buy a **lasting gift!**
Marilyn Wheeler will be at
Odds 'n Ends (with books)
Come in, visit, and have her
personally sign a copy for
you or someone special!!
Light refreshments
SATURDAY, FEB. 14 1-5pm

Important Notice to Employers.

**Summer Jobs for Students
through Service Canada.**

Employers need to apply between
February 2 and 27, 2009

For further information call
Bob Thompson 569-2266

Canada

FREE The little FREE

McBride



Paper



Serving BC's Friendliest Town and Area!!!

For the week of **Wednesday, February 4 th, 2009**

TEA & BAKE SALE

St. Patrick's Valentines Tea and Bake Sale. Saturday, Feb. 14th
11am-1pm. To be held at the church rectory, 197 Dominion St.
Everyone is welcome.....

SCHOOL NEWS

McBride Grade 4 swim program still have frozen cookie dough for
sale. If you want some please contact the McBride Centennial
School or Dawna at 569-8850.

PLAN TO ATTEND: Friday, Feb. 27, 10:00AM-11:30AM at
McBride Secondary School a college & university information
session. POST SECONDARY ADVISORS confirmed from the
following schools: Red Deer College, Lakeland College, King's
University College, Olds College, University of Alberta, Grant
MackEvan College, Mt. Royal College, SAIT, Polytechnic, NAIT,
Grand Prairie Regional College, Kellowna University/College. Other
schools may be added. Grade 11 & 12 students will be attending.
All parents, previous grads, & community members are welcome!
Mark your calendars and get ready for a night of legendary
Music! McBride Secondary is presenting world famous Leon Bibb
on March 13th live in the Round House Theatre. Tickets will be
on sale soon. Since early 1990's Mr. Bibb has travelled to communities
sharing his "Step Ahead" program with students where he discusses
issues of racism, bullying and violence. McBride Secondary drama
students will be directly involved in the student session with a
performance on March 13 during the day prior to the evening
performance. McBride Secondary would like to thank Crescent Spur
Heli-Skiing for their major support of this event.
Valentines Dance: Feb. 6 7:00-11:00PM. We need volunteers! Call
250-569-2295 and ask for Mrs. L'Arrivee.
Order your McBride Secondary Hoodies, Sweats, & Toque.

THANK YOU

"The members and friends of SNOWANDMUD.COM would
like to thank the community of McBride for their warm and friendly
welcome this weekend. We would also like to send out a VERY
special thank you to the members of the Elks and Royal Purple for
the FANTASTIC banquet. Thanks also go out to McBride Big
Country Snowmobile Club, all the volunteers, sponsors, and everyone
else that made our event a huge success."

PUBLIC LIBRARY NEWS

FOOD-BANK FEBRUARY - Donate non-perishable foods in lieu
of overdue library fines! During the month of February you can
donate to the McBride SPA Food Bank and have your overdue
fines forgiven for the books that you return in February. Bring your
non-perishables and long overdue books into the Library during
Library hours and negotiate with the Library staff. **GOOD DEALS
AVAILABLE!**

COMMUNITY SNOWSHOE

Meet at the West Twin Old Growth Trail parking lot at 10:00a.m.
Saturday, February 14 for a community snowshoe along an easy 1.2
km route, with members of the Fraser Headwaters Alliance. Bring
the kids! Contact Al Birnie, 569-4101.

THOUGHT OF THE WEEK

The only substitute for good manners is fast reflexes.
McBride Roundhouse

February 14, 2009 - Al Simmons: He has been called the
undisputed master of unrestrained zaimness, and the Las Angeles
Times called his show "a Masterpiece." Al Simmons. Only one
man, but in concert, a one-man cast of thousands. He is a whiz at
one-liners, blink-of-an-eye costume changes and fantastical theatrical
props. Add to the mix his rather odd musical instruments and
assorted gadgetry and you've got yourself a modern day comic
chameleon with the soul of a genuine vaudevilian performer. A
show for kids from 5 to 105. Tickets \$12.00, \$15.00 at the door.

COMMUNITY ANNOUNCEMENTS

Ladies Annual Curling Bonspiel February 6th to 8th. Everyone is
welcome to come out and cheer on the teams.
Drop-In Community Volleyball Wednesday's - 7:00 - 9:00 p.m.
McBride Secondary School. Everyone over 13 welcome to attend.
Knitting Group - meets every Monday Night from 7:00 - 9:00p.m.
Contact Sandy Birnie at 250-569-4101 for more information.
Gospel Meetings: You and Your Family are invited to a series of
Gospel Meetings, being held at the McBride Secondary School
Roundhouse Theatre. Each Wednesday from 7:30p.m. - 8:30p.m.
until February 22nd.
Community Badminton at 7pm in the McBride Secondary School
gymnasium. Hope to see you there!!

Please contact **The Little McBride Paper** with all coming events,
news, trivia, comments, anything!! Ph:569-3110, Fax:569-0720,
email:sglines3@telus.net, P.O. Box 441, McBride, B.C. V0J 2E0
or drop off at 455 King St. If we don't know about it, we
can't write about it!! -Scott & Susan Gilnes - Oscar & Broome

Take a Break in McBride...B.G.'s Friendliest Town!!

Rabson Valley Pet Hostel

Grooming & Boarding
Serving locally for 24 years
569-3319 animal health technician



**R.B. HAYWARD CONT.
SNOW PLOWING &
SNOW REMOVAL
569-2493**



Vanderhoof & Districts
Co-operative
Association

DRIVER SALES REPRESENTATIVE
For Commercial and Farm Personal Contact
where high level of customer service is Job One.

Delivering Fuel East to McBride

Greg Belshaw
990 Railway Road
Prince George, B.C. Phone 250-564-3488
Toll Free 1-866-309-2667 Fax 250-567-4490
Home 250-963-9011 Cell 250-565-8436

Glass Cutting, Picture Printing,
Matting and Framing
call Bill Arnold 569-3381

**ANTLER CARVINGS
FOR SALE
CALL AL #569-2602**

Sirens - Hair Cuts and Colors
OPEN Tuesday to Saturday
Phone: 250-569-0131 1011 South Frontage Rd. McBride

Digital Designz
Martina Wall Phone: 250-569-0118 1139 McBride Crescent
www.canadiandigitaldesignz.ca

SNOW PLOWING

**PLEASE CONTACT
BOYD ANDERSON
250-569-0236 (home)
250-569-7333 (cell)**

SCARE CROW FARM B&B ☎ 569 0351
Sledgers Welcome! Hot Tub.
Drying Room. Safe Parking.
email: scarecrow@mcbridebc.com 15km West on Highway 16

**Give your day a start.
Come warm your heart
Bring your sweet, In for a treat.
See you at Beanery 2** 569-0133

Horse Grooming & Care
Call Mellany Ford @ 250-569-2359

STEDMANS
in McBride
**All New Shipment
of Coupon items
are now in.
Don't Miss out!!!**
569-2415

QUESTION OF THE WEEK
Why do psychics have to ask you
for your name?

For Sale
2006 Chev Cobalt SS Turbo, black, 5 speed, loaded,
3800km,
#7732, \$12000.00.
2006 Ford F150XLT, supercrew, 4x4, auto, shortbox,
#6306, \$16000.00.
Phone Wade or Dave 569-8830

THE HAIR SHOPPE

569-3359 803 3rd Ave. - side entrance
Purolator

NEW RETAIL AGENT OFFICE LOCATION
1102 - 4th Ave.
Office Hours: 9:00 a.m - 2:00 p.m. Mon-Fri)
Contact Sarah Bressette 569-7348

HERSHEY
Regular Chocolate Bars
2 for **\$2.00**

ROCK STAR & FULL THROTTLE
473ml - 2 for **\$4.50**

MIX & MATCH
Aquafina, Aquafina Sparklers, & Flavor Splash
591ml - 2 for **\$2.00**

569-2441

SUN



VALLEY

RESTAURANT

Coming Saturday, February 14th

VALENTINE'S PRIME RIB DINNER BUFFET!!!

Flowers provided for the ladies!

**Live Dinner Music provided by:
Ellise Bressette & Co.**

Please make reservations for:
6:00pm (or) 8:00pm Call (250)569-0007

Now Saturday and Sunday Mornings!!!
(6:00 - 11:00 am)

Breakfast Buffet

(includes coffee or tea)
Adult - \$11.95 Senior - \$8.95
12 + under - \$8.95 5 + under - FREE!!!

NEW Daily Lunch Specials
MONDAY - Hawaiian Burger
TUESDAY - Chicken Taco Salad
WEDNESDAY - Monte Cristo
THURSDAY - Cold Turkey Veggie Delight
FRIDAY - Fish Burger

*All Specials served with your choice of soup, salad or fries.
\$6.40

Advantage Insurance Services Ltd.
Rosemary L. Hruby, CAIB
250-569-2264

REMEMBER We're OPEN
Saturdays 10:00am to 3:00pm

250-569-0101
600 - 1st Ave.
GIGGLIN' GRIZZLY NEIGHBOURHOOD PUB
Join us at the Gigglin' Grizzly Pub for GREAT FUN! SPECIALS

Friday Night STEAK & PRAWNS!
Saturday Night CHICKEN CORDON BLEU!
GREAT DAILY FOOD & DRINK SPECIALS
Welcome Customers, Hockey Players & Snowmobilers!

Are You Losing Precious Heat & Money through the attic of your home?
In colder climate areas of BC, the attic insulation code has recently been upped to an R52 Value. If you would like the R Value of your attic tested or upgraded, call 250-569-7636 and **Mr. ITCHY'S** team of well trained Insulators will be happy to assist you.



Police
unsure
how to
unravel
this
mystery

Gross Country Sking Community News
Also Thank you to Tony Rykes for helping Terri for grooming and track setting the trails. The 5km, 2 km, and the trail to the cabin are groomed and tracked. Snow conditions are pretty good considering we had such a warm trend this past month. The road is in good condition and drivable in two wheel drive at this time. Hope to see you out there.

McBride Elks and Royal Purple News

Large Indoor Sale - Saturday, March 28th, Elks Hall, 10:00 a.m. - 4:00 p.m. \$10.00/table. If you would like to book a table(s) please call Barb Jackson at 569-0344 or 569-2645. This is a chance to do your yard sale indoors and not have to worry about getting rained on.
FREE Dance Lessons by Nadine Showar, every Thursday 7:00 p.m. - 9:00 p.m. at the Elks Hall. Everyone over 12 is welcome to attend.

Weekly Card/Games Night every Friday night. Come out and play some cards, shuffleboard or pool at the hall beginning at 7:00 p.m. Games are FREE. Ages 14 and older are welcome to attend.

BIRTHDAY WISHES FEB. 4 - 10

Colin Carmichael, Dylan Walchuk, Shelley Hatchard, Fred Bricher, Margaret Yon, Adele Ford, Jaclyn Rich, Jonah Ford, Lorna Hallwas, Paula Taphorn, Bryna Aubrey, Chellean Gordon, Edna Monroe, Josee Monroe, Karen Craigie, Erin Howe, Les Styles, Dwayne Flynn, Hazel Dawson, Kevin McCarty, Quinto Vizza Sr., and to anyone else we missed, Happy Birthday.

THINK ABOUT IT...

Early bird gets the worm,
but the second mouse gets the cheese.
BUY, SELL, RENT & MISC.

6 point Royal Bull Elk Mount - scoring 347 - Call Shayne @ (250) 569-7348**Free to a good home-2 adorable, friendly ferrets with all accessories. Moving and cannot bring them with me:(please call 250-569-7667.**Wanted to Buy-Roll Top Desk, Child's Toy Box (large), Wooden Skis & Poles. Call Barbara 569-0344 or 569-2645**For Sale-newer pellet stove in good working condition. Needed to upgrade to a bigger size. \$500.00 obo. Call Don or Rita at 569-0402.**For Sale-6 Co2 Air Pistols asking \$200.00 Ph:250-569-2496 / 7 Swords and 9 Daggers. Sold as a Set. Asking \$300.00 Ph:250-569-2496**For Sale-Kemmore portable dishwasher. Excellent condition in and out. Black front, butcher block style top. \$200.00. Call 250-569-0281**WANTED: home to rent that allows pets. Please call Kathy at 569-3239 after 5:00 p.m.**For Sale-Complete Lenovo Computer, never been out of the box. \$600 o.b.o. Ph: 569-0264**For Sale-394 Husky Chainsaw New 26" Bar & Chain, plus spare new chain. Really good shape \$600.00 Ph:569-2618**For Sale-Fire Wood. \$120.00 a Cord. Ph:569-0124** PB Golden Retriever puppies for sale. \$350. Ready Feb. 14. Call Mindy in Dunster @ 403-598-5567**For Sale-Young Pigs 100+ lbs., \$1.65/lb. live weight. Phone 569-7810**I am looking for a couple of Peacocks. If you have any that you want to part with, please call Deb in Dunster @ 250-968-4335**Firewood For Sale-Full Cords. Phone 569-0018**For Sale-2004 Yukon, Seats 8, Removable Back Row Seats - 152,000km Full Leather, Automatic Car Starter. 2 Sets of Good Tires Summer & Winter. New Windshield. Clean Unit, Non Smoking Vehicle. Ph:250-569-3140(H) or 250-569-7464(C)**House for Rent-3 Bedroom, wood & electric heat, 18 acre horse pasture, 30 miles east of McBride on Hwy. 16. Ph: 250-968-4419**Wanted-Old Elan Skidoos in any condition. Phone 250-569-0018**For Sale-F150 truck, '95, 4x4, 5 speed, short box, tow pkg., runs well \$3800 o.b.o. Ph:250-569-3319**For Sale-1994 Ford F250 4WD with canopy, gas, automatic, long box, extended cab, A/C, new leaf springs, new front shocks, new tires, 2 new batteries and new steering column. \$2,500.00. / Older camper trailer, sleeps 6, with stove, fridge, furnace and new tires. \$500.00 Ph: 569-3231 or 306-867-2165 for details**For Sale-2007 Dodge Caravan 30,000km Blue, air tilt Cruise etc. Excellent condition Ph:250-569-2350**For Sale-1994 Ford F250 4WD with canopy, gas, automatic, long box, extended cab, A/C, new leaf springs, new front shocks, new tires, 2 new batteries and new steering column. \$2,500.00. Older camper trailer, sleeps 6, with stove, fridge, furnace and new tires. \$500.00. Call 569-3231 or 306-867-2165 for details**For Sale-Sonor 5 piece Drum Set c/w High Hat & Crash Symbol, Chair & 2 sets of Drumssticks. \$900.00. Ph:569-2672**For Sale-1991 GMC Safari \$300.00 Ph:569-2672**For sale-1998 Pontiac Grand Am, 4 Door,air,cruise,tilt,am/fm -cd player, 133,000kms. Excellent shape. Asking 4000.00. Ph:250 569 2446**For Sale-Double French Door. 1 side Door. 1 Side Window, includes frame. \$100. Ph:569-2359**For Sale-2007 Dodge Caravan, 30,000km, Blue, Air, Tilt, Cruise, etc. Ex cond. 250-569-2350**Clean house for rent. Call for details 569-0171**To place an ad here call 569-3110, Fax 569-0220 or drop info at 455 King St.

Via-Rail Schedule Phone 1-888-842-7245

Going West - Sunday, Wednesday & Friday...2:40pm
Going East - Monday, Thursday, Saturday...12:03pm
Seniors (60+) 2 for 1 is back. Must book 6+ days advance.

Important Phone Numbers

EMERGENCY 9-1-1 Forestry 569-3760
R.C.M.P. 569-2255 Village 569-2229
Hospital 569-2251 Reg'l Dist' 1-800-667-1959
Health Unit 569-2251 Home Support 569-2266
K to 7 School 569-2721 Food Bank 569-3225
High School 569-2295 Fire Hall 569-3117
Dunster School 968-4414 The Little McBride Paper
School District 57 569-3110
1-800-256-7857
Report Forest Fires - 1-800-663-5555

Inquiry: B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...
Dial this Number 1st and ask operator to connect you to provincial department.

Take a Break in McBride...B.G.s Friendliest Town!!

JOY-WAY FARM, McBRIDE, B.C.

Is offering for sale

Natural (government inspected) grass-fed beef
Priced as follows:

Ground beef, frozen 1lb. pkgs \$2.75 per lb.
2 lb. pkgs \$2.75 per lb.
10 lb. pkgs \$2.50 per lb.
Tenderloin, Vac-pac \$10.00 per lb.
Striploin, Vac-Pac \$7.50 per lb.
T-Bone Steaks \$6.00 per lb.
Roasts (Variety of 3 to 5 lb. sizes) \$4.50 per lb.
Sirloin Steaks \$5.50 per lb.
Prime Rib Steaks and Roasts \$8.00 per lb.
Smokits (All beef, Vac Pac) \$6.50 per lb.
Bratwurst Sausages (All Beef) \$5.50 lb.
Breakfast Sausages (With pork, 8 per pkg) ... \$4.50 per lb.
Salami \$5.00 per lb.
Pepperoni Sticks - Vac Pak - lunch size \$5.00 each

Ask about discounts for bulk orders

For any questions you may have, or for placing orders, please contact:

Ed and Margaret Zimmerman Phone: 250-569-3103

Fax: 250-569-3103
Margaret Cell: 250-569-7506

We will be making free deliveries in Prince George periodically.

NO SUNDAY CALLS, PLEASE THANK - YOU

Teat minute Valentine gifts from Ode n' Eggs the expensive to the affordable. Baby, children, teen to adults. gifts to please everyone! Enter a draw for a box of chocolate worth \$36.00. Everything is coming up roses!

SNOWPLOWING & SNOW REMOVAL

Call Gerald 250-569-2269 or 7147

Fire Wood for Sale - Fir, Spruce & Pine

Seasoned 2-4 years
Phone: 569-3457 or 569-0133

GOSPEL MEETING

TODAY!!!

WEDNESDAY FEBRUARY 4TH
7:30P.M. AT THE McBRIDE SECONDARY SCHOOL - ROUNDHOUSE THEATRE
1 HOUR SERVICE - EVERYONE WELCOME!!!
FOR MORE INFO CALL 250-569-2350

Employment Assistance Service
Robson Valley Home Support Society

NEED A JOB?

NEED A WORKER?

Contact Bob Thompson 569-2266

Funded by the Government of Canada
Canada

Serving The Robson Valley

Irene Berndsen
250-569-7397

Toll Free: 1-888-563-7397
Email: ireneb@royalpage.ca
www.mountainviewreality.ca



Sales Representative
McBride, BC



THE MAIN STREET GRILL
7 Days A Week

All You Can Eat CHICKEN/BREAST NUGGETS & FRIES
\$8.95
Haltout or Salmon Burger w/Choice of Side
\$9.95

Monday to Saturday SPECIAL
Any 2 Two Topping Pizzas - \$19.95

Wednesday NITE SPECIALS

Prawns Wings Appy Salad
25¢ each .35¢ each \$2.95 each
Deep Fried Wild Salmon & Fries - \$11.95 each

Friday & Saturday NITE DINING
BBQ Baby Back Ribs (full rack) - \$12.95
8 oz. New York Steak & Caesar - \$12.95
Calamari Dinner - \$14.95

OPEN 7am - 9pm 569-0321
7 Days a Week For Takeout

RETURNING FLOW ACUPUNCTURE

MICAH YODER, REGISTERED ACUPUNCTURIST
TUESDAYS IN MCBRIDE
AT AESTHETICS CHEZ VALERIE
WEDNESDAY-SATURDAY IN VALEMOUNT
AT MOUNTAIN WELLNESS CENTRE

ACUPUNCTURE CAN HELP REDUCE PAIN AND RESTORE BALANCE IN THE BODY.
NAET ALLERGY ELIMINATION AND ACUPRESSURE TREATMENTS ALSO AVAILABLE.

PHONE 250-968-4358 OR 250-566-9965 FOR MORE INFORMATION OR TO BOOK APPOINTMENTS.



Tuesday - 10am to 5pm & 7pm to 9pm
Wed. - 10am to 2pm Fri. - 2pm to 9pm
Sat. - 2pm to 5pm
Cost of Internet usage - \$1.00 per half hour

<http://www.mcbridebc.org/library>
library@mcbridebc.org

241 Dominion St. (250)569-2411

Turn off the Tube and Read a Book



Who says love isn't

blind?

MOVIE NIGHT

Friday, February 13th, McBride Secondary will be hosting another movie night focused on Valentines Day.

The 4:30 movie will be: **MADAGASCAR ESCAPE 2: AFRICA.** This is the delightfully funny sequel to 2005's "Madagascar" in which the New York Zoo animals, Alex the Lion, Marty the Zebra, Melman the Giraffe and Gloria the Hippo, still stranded on Madagascar, start to leave the island. All of a sudden, they land in the wilderness of Africa, where Alex meets the rest of his family and they go through never-ending hysterical adventures.

The 7:00 movie was chosen to celebrate Valentines Day: **AUSTRALIA**, starring Nicole Kidman and Hugh Jackman. AUSTRALIA takes place in northern Australia prior to World War II, when an English aristocrat inherits a cattle station the size of Maryland. When English cattle barons plot to take her land, she reluctantly joins forces with a rough-bev'n stock-man to drive 2,000 head of cattle across hundreds of miles of the country's most unforgiving land, only to still face the bombing of Darwin, Australia, by the Japanese forces that had attacked Pearl Harbor only months earlier.

These movies are still in the theatres, but tickets for each of these movies will be \$5 in advance or \$6 at the door. Tickets can be purchased at Stedmans, McBride Trading Post, Dunster Fine Arts School and McBride Secondary.

CHURCH NEWS N' THINGS

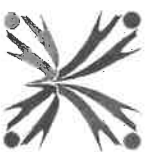
Anglican United Church - Downtown Thrift Store on Dominion Street - Mens, ladies and children's clothing -Open: Tues. 1:00 to 3:00 - Sat. 10:00 to 12:00 •**Dorcas** Lammng Pit Rd. (used clothing and household goods), 1:00-4:00 and 7:00-8:00 Tuesdays. Phone 569-2596-Contact number for the **Foodbank** is 569-3225-**Seventh-day Adventist Church**-Meet Saturdays at 9:30 & 11am. and Wednesdays at 7p.m. Phone: Ph:569-3370-**Mennonite Church**-Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-0445-**Mountain Chapel (PAOC)**-Sunday School & Adult Classes-10am. Services-11:10am. Ph:569-3350-**Anglican United Church**-Reverend Dee McEachern. 441 Dominion Street. Meet Sundays at 11:30 a.m. Phone 569-3206 or 569-3386. Hall Rental - Phone Thelma Molendyk-250-569-0082-**Evangelical Free Church**-Sunday school at 9:45am, Worship Service at 11:00am. Ph:569-2378 or 569-8845 Pastor Dan Carlaw-**Robson Valley Christian Centre**-Meets in home Sundays 11am. Dunster Ph:968-4335-St. Patrick's Catholic Church-Meets Sundays at 11:00am Ph:569-2606. "Catholic Faith for Adults" inquiry class. Contact Sr. Olive.

BUY OF THE WEEK

For Sale: Parachute. Only used once, never opened, small stain.

Take a Break in McBride...B.G.s Friendliest Town!!

Spirit of BC



McBride

MCBRIDE SPIRIT OF BC WEEK FEBRUARY 6 - 15



Participate in all the events to celebrate Sports, Arts, Volunteers and the 1 year count down to the 2010 Olympics.

Friday, February 6 11:00AM
Sunday, February 8 5:30PM
TBA
Thursday, February 12 6:00PM
Saturday, February 14 2:30PM
Sunday, February 15 1:00PM

Events and Celebration organized by:
Spirit of BC Community Committee, Altitude Youth Committee, 2010 Legacies Now, Literacy Now, BCRPA Active Communities, McBride Active Communities Committee, McBride and District Public Library

Canoe Robson Valley Community Futures

Would you like to explore the idea of starting your own business?

You may qualify for the SEB Program if you are presently on E.I. or have been in the last 3 years or you have been on maternity leave in the last 5 years.

For more information on the Self Employment Benefit Program (SEB), please contact:

Allan Frederick Phone: (250) 569-2229
SEB Co-ordinator Fax: (250) 569-3276
E-mail: futures3@telus.net

The Government of Canada has contributed funding to this initiative.



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BINDING • AND MUCH MORE •



• CHECK US OUT FOR ALL YOUR TROPHY NEEDS •

Horze of The Little McBride Paper
Scott & Susan Glines Ph:569-3110
455 King Street Fax:569-0220

Spirit of BC Week Flag Raising
Official Flag Raising to kick off Spirit of BC Week.
Totally 80s Free Skate
Put on your 80s clothes and come to the RV Rec. Centre for Free Skate with 80s Music and prizes.
McBride Public Library Literacy Event
1 Year Countdown Event
Brief presentations, recognizing volunteers and a huge fireworks display.

Al Simmons Family Concert
Advance tickets (\$12.00) available at Stedman's.
Roundhouse Theatre

Main Street Hockey
Bring your stick and your friends for a huge main street shinny game for all ages.

Snow Shoeing Demo
Introduction to snowshoeing – stay fit by snowshoeing on Dominion Creek Trail.

McBride Secondary Grad BBQ
Enjoy a burger and support the Grad 2009 Trip.
Village Park Pavillion

Snow Shoe Races
Races for all age groups – fun and prizes.
Bill Clark Memorial Park

Face Painting, Tattoos and more
Get into the Spirit of BC Week by putting on your best face.
Historic Train Station