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"NATIONAL HOME WARRANTY" Available

The McBride Trading Co.

*Antiques, Noble Foods,
Gifts & Health Products*



PRESENTS...

Cooking Classes

GLUTEN FREE COOKING with WILLIAM CLARK
SATURDAY, February 21st - 1:30p.m.
THURSDAY, February 26th - 5:7p.m.
\$5.00

PASTA PIASCO with BRIAN THAIR
SATURDAY, February 28th - 1:30p.m.
THURSDAY, March 5th - 5:7p.m.
\$5.00

FOR MORE INFORMATION OR TO REGISTER CALL:

250-569-2559 OR TOLL FREE 1-888-669-2559

250-569-2559

246 Main Street McBride, B.C.

SNOWPLOWING & SNOW REMOVAL

Call Gerald 250-569-2269 or 7147

Massage by Julie

CALL FOR APPT/INFO GIFT CERTIFICATES
250-569-7695 (lv. msg.) AVAILABLE AT
JULIES569@MSN.COM McBride Movies & More

RETURNING FLOW ACUPUNCTURE

MICAH YODER, REGISTERED ACUPUNCTURIST
TUESDAYS IN MCBRIDE

AT AESTHETICS CHEZ VALERIE

WEDNESDAY-SATURDAY IN VALEMOUNT
AT MOUNTAIN WELLNESS CENTRE

ACUPUNCTURE CAN HELP REDUCE PAIN AND
RESTORE BALANCE IN THE BODY.
NAET ALLERGY ELIMINATION AND
ACUPRESSURE TREATMENTS ALSO AVAILABLE.

PHONE 250-968-4358 OR 250-566-9965 FOR
MORE INFORMATION OR TO BOOK APPOINTMENTS.

Purolator

ATTENTION!!!

Effective February 27th, 2009,

there will no longer be a LOCAL

Purolator Retail Agent Office Location.

Office will close Feb. 27th @ 2:00 pm.

Any packages that have not been retrieved will be
sent back to the sorting center in Prince George.
For further information regarding this matter
please contact 1-888-SHIP-123

MARKET PLACE

233 Main Street
McBride, B.C.
Your Neighbourhood Food Store 569-2712

DELI

Pepperoni - mild - 100g...\$1.49
Macaroni, Ham & Cheese Salad - 100g...\$1.09

Canadian AAA Inside Round Barron of Beef Roast	\$2.99 / lb.
Chicken Legs - back attached	\$1.29 / lb.
family pack (min. 2kg)	\$11.98
Thick Beef Short Ribs	\$3.99 / lb.
Chicken Breasts - back attached	\$2.89 / lb.
family pack (min. 1.5kg)	\$6.99
Nestle Real Dairy Ice Cream or Confectionery -	\$2.28
1.62 - 1.89 litres	\$1.69
McCain French Fries - selected varieties - 1kg	\$2.28
McCain Creamo - 10% m.f. or Light Cream 6% m.f. -	\$6.99
500ml	\$1.69
Kraft Cracker Barrel Cheddar Cheese -	\$9.98
selected varieties - 907g	\$11.98
Extra Old White Cheddar or Mozzarella - 907g	\$11.98
Lays - Potato Chips - selected varieties - 235g - 2 for	\$5.00
Royal Bathroom Tissue - supreme 3 ply 9's, 2 ply 24's, or	\$7.98
double roll 12's	\$8.49
Ayauflina Water - 24 x 500ml	\$2.99 / lb.
Tara Root	\$2.99 / lb.
Green Beans	\$2.99 / lb.

BAKERY

Hot Cross Buns - 6pk...\$2.49 each
Portuguese Rolls - 6pk...\$1.49 each

SPIN DRIFT POWER SPORTS

Kim Merchandise Sale 10% OFF
Tool Sale 10% OFF

Large selection of Thunderstruck, Summer Sucks,
Snow and Mud gear in stock.

OPEN 7am-6pm 7 Days a Week

REMEMBER BIG OR SMALL WE REPAIR THEM ALL!!!
940-2nd Ave. (250)569-0070

FREE The Little FREE

McBride

Paper



Serving BC's Friendliest Town and Area!!!

For the week of Wednesday, February 18th, 2009



Margaret Griffiths is proud to announce the safe arrival of her second granddaughter, Cora Rae Numm, on 28th January, at 12:22pm, weighing 8lb 11oz. Congratulations and love to Sarah and Max and big sister Sadie.
Photo taken by Montague Spencer.

MGBRIDE CENTENNIAL SCHOOL

McBride Centennial School is selling Purdy's Chocolates for Easter. If you are interested in placing an order, please pick up a form at the school. All order forms must be returned to McBride Centennial by Wednesday, Feb. 25.

MGBRIDE SECONDARY SCHOOLS

Honour Roll-Term 2 - Grade 10 Allana Starlund, Draizen Taphorn, Jaret Vizza. Grade 11 Georgia Belkus, Paislee Hickety, Chantel Kozachenko, Mark Roth, Amy von der Gonna. Grade 12 Jessica Aspelst, Joel Ford, Lindee Franke, Scott Keim, Daylene Lirete, Marilee Molendyk, Melinda Monroe, Sheri Pepper, Laura Thompson, Tricia Vecchio.
Merit Roll-Term 2 - Grade 10 Jesse Ford, Genna Jacques, Izzy Monroe, Caleb Reimer, Joseph Rich, Colton Taphorn, Brandon Vizza. Grade 11 Annica Beck, Kyle Belkus, Megan Harstad, Sherry Kelly, Spencer Kimpton, Eric Monroe, Anya Richter, Logan Roussel, Danielle Rowley, Matthew Vogel. Grade 12 Tyler Chuipka, Tristen Meadows, Alexander Miskie, Tyson Remmele, Amanda Seydell, Raymond Thiffault, Ryan Vaughan.
Goal Setting-Semester 1. We would like to recognize the following students for achieving their individual goal marks: Grade 8 Erik Berg, Agnes Esser, Carleigh Gainer, Jared McLeeman, Kylie Taphorn, Megan Taphorn. Grade 9 Bryan Beer, Charles Charrier, Jonas Keim, Alex Mercuri, Mark Monroe, Miranda Pepper, Annalisse Remmele, Sierra Wingie.

Community calendars have arrived, if you haven't received yours please call the school OR if you would like one we have a few extras cost is \$9.00 each.
PLAN TO ATTEND: Friday, February 27, 10:00AM-11:30AM at McBride Secondary School a college & university information session. POST SECONDARY ADVISORS confirmed from the following schools: Red Deer College, Lakeland College, King's University College, Olds College, University of Alberta, Grant MacEwan College, Mt. Royal College, SAIT Polytechnic, NAIT, Grand Prairie Regional College, Kelowna University/College. Other schools may be added. Grade 11 & 12 students will be attending. All parents, previous grads, & community members are welcome!

ROBSON VALLEY MUSIC SOCIETY

Robson Valley Music Society Presents: Dinner with LILY COME DOWN-a feisty folk fasion of bluegrass, folk, roots, Celtic, accordella & jazz...Mexican & Spanish Style Buffet!! •Saturday, Feb. 28th at the Dunster Hall •Doors @ 6:30 Dinner @ 7:00 ••Advance Tickets Only!!! Tix \$35.00 / Under 13 \$15.00 •Tix @ McBride Trading Company / Dunster General Store / Infinity Office and Health •Beer & Wine Available •*for more information call 250-968-4411.

COMING EVENTS

The Annual General Meeting of the Top of the Fraser Cooperative Breeders and Feeders Association will be Friday, February 20 in the Sandman Inn Dining Room. No host dinner from menu at 6 pm, meeting at 7pm. All Agricultural Producers welcome. For information D. Simpson 250-569-3343.

McBride Figure Skating Club presents - To McBride, with love, Saturday, March 7th. Adults \$5.00, Seniors & 12 and under are \$3. Doors open @ 6:30pm show starts at 7:00pm. Advanced tickets are sold at Steadman and Advantage Insurance (the Rose Garden), or you can get them at the door. There will be a raffle table and the concession will be open as well. Hope to see you there!

COMMUNITY ANNOUNCEMENTS

Charter Service - Beginning Wed., Feb. 18, 2009 - sponsored by Valemount Shuttle Service. Leave McBride 10am, from The McBride Trading Co.) and if necessary stopping at Dunster & TIC. Leaving Valemount on the return trip at 3pm to arrive in McBride at 4pm (again, if necessary we will stop at Dunster and TIC/All times approximate) Cost is \$15 round trip. (\$10 from Dunster and \$6 from TIC) \$15.00 round trip. Please book ahead if possible...walk ons welcome! Fore more information and booking please contact Louise or Rob Gobert at 250-566-0190 or email:valemonshuttle@telus.net Drop-In Community Volleyball Wednesday's - 7:00 - 9:00 p.m. McBride Secondary School. Everyone over 13 welcome to attend. Knitting Group - meets every Monday Night from 7:00 - 9:00p.m. Contact Sandy Birnie at 250-569-4101 for more information. Gospel Meetings: You and Your Family are invited to a series of Gospel Meetings, being held at the McBride Secondary School Roundhouse Theatre. Each Wednesday from 7:30p.m. - 8:30p.m. until February 22nd. Community Badminton at 7pm in the McBride Secondary School gymnasium. Hope to see you there!!

Please contact The Little McBride Paper with all coming events, news, trivia, comments, anything!! Ph:569-3110, Fax:569-0220, email:sglines3@telus.net, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't write about it!! -Scott & Susan Glines - Oscar & Broom

Take a Break in McBride...B.G.s Friendliest Town!!

Glass Cutting, Picture Printing,
Mating and Framing
call Bill Arnold 569-3381

ANTLER CARVINGS

FOR SALE

CALL AL #569-2602

.Sirens. Hair Cuts and Colors

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Phone: 250-569-0131 1011 South Frontage Rd. McBride

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Martina Wall Phone: 250-569-0118 1139 McBride Crescent
www.canadiandigitaldesignz.ca

SNOWPLOWING

PLEASE CONTACT
BOYD ANDERSON

250-569-0236 (home)
250-569-7333 (cell)



SCARE CROW FARM B&B ☎ 569 0351

Sledders Welcome!! Hot Tub.

Drying Room. Safe Parking.

email: scarecrow@mcbridebc.com 15km West on Highway 16



Give your day a start. Beaney's Bikes

Come warm your heart. Bring your sweet, in for a treat. 569-0133
See you at Beaney's 2

Horse Grooming & Care

Call Mellany Ford @ 250-569-2359

Robson Valley Pet Hotel
Grooming & Boarding

Ann Schwartz
Serving locally for 24 years
569-3319 animal health technician

THE HAIR SHOPPE

569-3359 803 3rd Ave. - side entrance

Fire Wood for Sale - Fir, Spruce & Pine

Seasoned 2-4 years

Phone: 569-3457 or 569-0133

For Sale

2005 Ford F350 XLT, Xcab, 4x4, longbox, auto, air, cruise, remote start, keyless entry, 70000km, #0000, \$18995.00 DL 11107

2005 Ford F350 Lariat, crewcab, 4x4, shortbox, auto, air, cruise, 104000km, #7974, \$17995.00 DL11107
Phone Wade or Dave 569-8830



Men's Annual Open
Bonspiel

March 6-8 2009

\$180 per team.

Theme - Men in Uniform.

3 Guaranteed games. Dinner.

Contact
Bob Mitchell 569-2734 or Christa Barnes 569-8813

McBride Mountain Sports Ltd.

ALL SEASON EQUIPMENT REPAIRS
RECREATION & CONSTRUCTION
LAWN & GARDEN • RETAIL

* New Stock in!!!

* Helmets - Adults / Kids

*Jackets: Burton, Firefly, Ripzone, Orange, Columbia

*Spring T-Shirts *New Hoodies

*Monster Gear is here!!!

* Helmet Cams for Rent & Sale!

In Store Specials

250-569-2354 521 Main Street
1-877-868-7288 McBride, BC V0J 2E0



Vanderhoof & Districts
Co-operative
Association

DRIVERS SALES REPRESENTATIVE

For Commercial and Farm Personal Contact
where high level of customer service is Job One.

Delivering Fuel East to McBride

Greg Belshaw

990 Railway Road Vanderhoof Head Office
Prince George, B.C. Phone 250-564-3488
Toll Free 1-866-309-2667 Fax 250-567-4490
Home 250-963-9011 Cell 250-565-8436

SUN VALLEY RESTAURANT

Saturday and Sunday Mornings!!!

Breakfast Buffet
 (6:00 - 11:00 am)
Adult - \$11.95 Senior - \$8.95
 12 + under - \$8.95 5 + under - FREE!!!
 (includes coffee or tea)

SOMETHING NEW...
Tuesday Nights (5:00 - 8:30 pm)
 Wing Night — \$0.35/each

Thursday Nights (5:00 - 8:30 pm)
 All you can eat Sagnetti & Meatsauce
 with garlic toast - \$9.95


Friday Nights (5:00 - 11:00 pm)
 Prime Rib Dinner - \$20.95
Saturday Nights (5:00 - 11:00 pm)
 BBQ Baby Back Ribs
 with Spaghetti - \$22.95

NORTH COUNTRY LODGE

Position open at
 North Country Lodge for
 Housekeeper / Front Desk Personnel.

Please fax resume to
 250-569-0050 attention Mr Sandu.

Thank you for applying.



Advantage Insurance Services Ltd.

Rosemary L. Hrubby, CMB
 250-569-2264

PLEASE DRIVE CAREFULLY

Winter Road Conditions



250-569-0101
 600 - 1st Ave.
GIGGLIN' GRIZZLY NEIGHBOURHOOD PUB
Simply Delicious!

THURSDAY SPECIAL 10% OFF Any Pizza
FRIDAY SPECIAL Pan Fried Balsamic Pork Loin
 served with your choice of Side

SATURDAY SPECIAL Stuffed Chicken Breast
 with Prosciutto

SUNDAY SPECIAL Lasagna - yummm
 Some cosy surroundings and a distinctive decor will surely beckon you to return. Simply put, it's a great time.

**** LOGGERS BONSPIEL ****
March 27, 28, 29
Dinner, Dance with the Roadside Splinters
Come curl with us and get rocking around the clock!
Call 250-569-3366 to register a team
or to sponsor a team



Sales Representative
 McBride, BC

Serving The Robson Valley
 Irene Berndsen
 250-569-7397
 Toll Free: 1-888-563-7397
 Email: irenehb@royalpage.ca
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NESTEA ICED TEA
 473ml - 2 for \$3.00
DISANI WATER
 591ml - 2 for \$2.00
COCA COLA
 591ml - 2 for \$2.22

CURLING NEWS

To all Junior Curling Members: Junior Curling Mini-spiel, Sat. Feb. 21st 10am-3pm at the Curling Rink. Curling, fun, and lunch will be provided. Cost: Free. If you have participated in Junior curling this year, but have missed the past few weeks you are still welcome to join us. Remember to bring clean shoes. We would also like to encourage parents to come watch and help supervise curlers on and off the ice. See you there!

SUPERBOWL PARTY

The McBride Hotel sponsored another very successful Superbowl Party and Pool Tournament on Sunday, February 1, 2009. 24 pool sharks participated in a 7 hour tourney, which has become a very popular yearly special event. It was great. 1st Place was won by Campbell Fraser, an ex-resident of McBride who now resides in Calgary and was here visiting his parents. 2nd Place was won by a lady, Shelley Ryan, and 3rd place by Randy Harnstad, John Rlyard was 1st Knockout. Cash and prizes were awarded to the winners - lovely plush blankets, Crown Royal sets and knitted toques. Homemade chili, buns and desserts were served free to everyone for the entire day and night - a tournament tradition. A special thank you to Howard Logan, our very own special official scorekeeper; also thank you to all the participants in the pool tournament. A really fun time was had by all - the players, the on lookers, the parties and the staff! Our next pool tournament "The Don McAndrew Third Memorial Tourney" is scheduled for Sunday, May 3, 2009, so see you all there. Bye for now, S.C.

BIRTHDAY WISHES FEB. 18 - 24

Christine Monroe, Matt Elliott, Mike Moseley, Mitch Shawara, Pat Cousineau, Rayann Flynn, Rebecca Ellement, Cindy Kelley, Jessie Owen, Sandi Carmichael, Tony Vizza, Angela Zimmack, Charles Charter, Tracey von der Gonna, Keith Berg, Cathy Greenough, Dave Doerksen, Debbie Kohn, Deynn Kelly, Diana Weedmark, Emma Lee Chuipka, Carol Barnett, Donna Ganneau, Ken Redman, Nicholas Franke, Shane Bressette, Lyle Elliott, and to anyone else we missed. Happy Birthdays.

BUY, SEEk, RENT & MISSG.

For Rent-1 Bedroom Apartment across from Hospital. \$475.00 Ph:569-0208**For Sale-One Fireplace Insert \$150 (please no Saturday Calls) Ph:569-0266**Free-Older Kenmore washing machine. Works good. 250-569-0071**For Sale-Horse Hay, stored inside, never rained on \$5,500/bale. Electric Elliptical Machine, used only a few times \$250.00 (\$650-NEW). Bowflex Type exercise machine \$200.00. 250-569-0105(eves)**6 point Royal Bull Elk Mount - scoring 347 - Call Shayne @ (250) 569-7348**Wanted to Buy-Roll Top Desk, Child's Toy Box (large), Wooden Skis & Poles, Call Barbara 569-0344 or 569-2645**For Sale-6 Co2 Air Pistols asking \$200.00 Ph:250-569-2496 / 7 Swords and 9 Daggers. Sold as a Set. Asking \$300.00 Ph:250-569-2496**For Sale-Kenmore portable dishwasher. Excellent condition in and out. Black front, butcher block style top. \$200.00. Call 250-569-0281**For Sale-Complete Lenovo Computer, never been out of the box. \$600 o.b.o. Ph:569-0264**For Sale:394 Husky Chainsaw New 26" Bar & Chain, plus spare new chain. Really good shape \$600.00 Ph:569-2618**For Sale-Fire Wood. \$120.00 a Cord. Ph:569-0124**For Sale-2004 Yukon. Seats 8. Removable Back Row Seats - 152,000km Full Leather. Automatic Car Starter. 2 Sets of Good Tires Summer & Winter. New Windshield. Clean Unit. Non Smoking Vehicle. Ph:250-569-3140(H) or 250-569-7464(C)**For Sale-F150 truck, '95, 4x4, 5 speed, short box, tow pkg., runs well \$3800 o.b.o. Ph:250-569-3319**For Sale-1994 Ford F250 4WD with canopy, gas, automatic, long box, extended cab, A/C, new leaf springs, new front shocks, long box, extended cab, A/C, new leaf springs, new front shocks, new tires, 2 new batteries and new steering column. \$2,500.00. Older camper trailer, sleeps 6, with stove, fridge, furnace and new tires. \$500.00. Call 569-3231 or 306-867-2165 for details. To place an ad call 569-3110, Fax 569-0220 or drop info at 455 King St.

CHURCH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street. - Mens, ladies and children's clothing - Open: Tues. 1:00 to 3:00 - Sat. 10:00 to 12:00**Dora's Lammings Pit Rd. (used clothing and household goods), 1:00-4:00 and 7:00-8:00 Tuesdays. Phone 569-2596-Contact number for the Foodbank is 569-3225**Seventh-Day Adventist Church-Meet Saturdays at 9:30 & 11am, and Wednesdays at 7pm. Phone: Ph:569-3370**Memonite Church-Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-0445**Mountain Chapel (PAOC)-Sunday School & Adult Classes-10am. Services-11:10am. Ph:569-3350**Anglican United Church-Reverend Dee McEachen, 441 Dominion Street. Meet Sundays at 11:30 a.m. Phone 569-3206 or 569-3386. Hall Rental - Phone Thelma Molendyk-250-569-0082**Evangelical Free Church-Sunday school at 9:45am, Worship Service at 11:00am. Ph:569-2378 or 569-8845 Pastor Dan Carlaw**Robson Valley Christian Centre-Meets in home Sundays 11am, Dunster Ph:968-4335-St. Patrick's Catholic Church-Meets Sundays at 11:00am Ph:569-2606. *Catholic Faith for Adults" inquiry class. Contact Sr. Olive.


Via-Rail Schedule

Phone 1-888-842-7245
 Going West - Sunday, Wednesday & Friday...2:40pm
 Going East - Monday, Thursday, Saturday...12:03pm
 Seniors (60+) 2 for 1 is back. Must book 6+ days advance.

Important Phone Numbers

EMERGENCY.....	9-1-1	Forestry.....	569-3760
R.C.M.P.....	569-2255	Village.....	569-2229
Hospital.....	569-2251	Reg'l Dist.....	1-800-667-1959
Health Unit.....	569-2251	Home Support.....	569-2266
K to 7 School.....	569-2721	Food Bank.....	569-3225
High School.....	569-2295	Fire Hall.....	569-3117
Dunster School.....	968-4414		
School District 57.....		The Little McBride Paper.....	569-3110
		Report Forest Fires - 1-800-663-5555.....	
Inquiry: B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers... Dial this Number 1st and ask operator to connect you to provincial department.			

Take a Break in McBride...B.G.s Friendliest Town!!



Canoe Robson Valley Community Futures

Would you like to explore the idea of starting your own business? You may qualify for the SEB Program if you are presently on E.I. or have been in the last 3 years or you have been on maternity leave in the last 5 years. For more information on the Self Employment Benefit Program (SEB), please contact:

Allan Frederick Phone: (250) 569-2229
 Fax: (250) 569-3276
SEB Co-ordinator E-mail: futures3@telus.net

The Government of Canada has contributed funding to this initiative.

GOSPEL MEETING

TODAY!!!
WEDNESDAY, FEBRUARY 17TH
 7:30 P.M. AT THE McBRIDE SECONDARY SCHOOL - ROUNDHOUSE THEATRE
1 HOUR SERVICE - EVERYONE WELCOME!!!
 FOR MORE INFO CALL 250-569-2250

Employment Assistance Service Robson Valley Home Support Society

NEED A JOB?

NEED A WORKER?

Contact Bob Thompson 569-2266

Financed by the Government of Canada
 Canada

THE MAIN STREET GRILL

Monday to Saturday SPECIAL
 Any 2 Two Topping Pizzas - \$19.95

Wednesday NITE SPECIALS
 Prawns Wings Appy Salad
 25¢ each 35¢ each \$2.95 each

FRIDAY & SATURDAY NITE SPECIALS
 ROAST BEEF DINNER - \$13.95

HONEY & GARLIC BREAST OF CHICKEN - \$14.95

FRIED CHICKEN & BBQ RIBS - \$18.95

12 oz. RIB EYE & FRESH MUSHROOMS - \$21.95

All Prices include Deluxe Salad Bar
 OPEN 7am - 9pm 569-0321
 7 Days a Week For Takeout

Number Cruncher Accounting Services

Any Vause 569-0171
 Only accepting returns until the end of March



Income Tax Returns
 Personal & Small Business
 Complimentary E-File for quick refunds
Ask about Instant Refunds!!!

JOY-WAY FARM, McBRIDE, B.C.

Is offering for sale

Natural (government inspected) grass-fed beef
 Priced as follows:
 Ground beef, frozen 1lb. pkgs \$2.75 per lb.
 2 lb. pkgs \$2.75 per lb.
 10 lb. pkgs \$2.50 per lb.
 Tenderloin, Vac-pac \$10.00 per lb.
 Striploin, Vac-Pac \$7.50 per lb.
 T-Bone Steaks \$6.00 per lb.
 Roasts (Variety of 3 to 5 lb. sizes) \$4.50 per lb.
 Sirloin Steaks \$5.50 per lb.
 Prime Rib Steaks and Roasts \$8.00 per lb.
 Smokies (All beef, Vac Pac) \$6.50 per lb.
 Bratwurst Sausages (All Beef) \$5.50 lb.
 Breakfast Sausages (With pork, 8 per pkg) ... \$4.50 per lb.
 Salami \$5.00 per lb.
 Peperoni Sticks - Vac Pak - lunch size \$5.00 each

Ask about discounts for bulk orders

For any questions you may have, or for placing orders, please contact:

Ed and Margaret Zimmerman Phone: 250-569-3103
 Fax: 250-569-3103
 Margaret Cell: 250-569-7506

We will be making free deliveries in Prince George periodically.
 NO SUNDAY CALLS, PLEASE THANK - YOU