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\$1.99

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473ml - 2 for **\$4.50**

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& Flavor Splash
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Friday, Jan. 30th & Saturday, Jan. 31st
STARTING AT 6:00 PM

PRIME RIB DINNER BUFFET!!!
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Now Saturday and Sunday Mornings!!!
(6:00 - 11:00 am)

Breakfast Buffet
(Includes coffee or tea)

Adult - \$11.95 Senior - \$8.95
12+ under - \$8.95 5+ under - FREE!!

*Come and try our new daily lunch specials...
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Advantage Insurance Services Ltd.
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250-569-2264

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Toll Free 1-877-569-2735
Fax: (250) 569-2787
E-mail: saraj@mcbriderealty.com
Website: www.mcbriderealty.com



Sara Johnson
Realtor
Robson Valley

SNOWPLOWING & SNOW REMOVAL

Call Gerald 250-569-2269 or 7147



250-569-0101
600 - 1st Ave.
11am-11pm
7 Days a Week

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Join us for a fabulous time at the Gigglin' Grizzly!
Friday Night - Steak Special
Great Food is meant to be Shared
and so is a Great Deal!

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through the attic of your home?
In colder climate areas of BC, the attic insulation code has recently been upped to an R52 Value. If you would like the R Value of your attic tested or upgraded,
call 250-569-7636 and
Mr. ITCHY'S
team of well trained Insulators will be happy to assist you.

FREE The little FREE

McBride



Paper



Serving BC's Friendliest Town and Area!!!

For the week of *Wednesday, January 28th, 2009*

PUBLIC LIBRARY NEWS

FOOD-BANK FEBRUARY - Donate non-perishable foods in lieu of overdue library fines! During the month of February you can donate to the McBride SPA Food Bank and have your overdue fines forgiven for the books that you return in February. Bring your non-perishables and long overdue books into the Library during Library hours and negotiate with the Library staff. **GOOD DEALS AVAILABLE!**

SCHOOL NEWS

Mark your calendars and get ready for a night of legendary Music! McBride Secondary is presenting world famous Leon Bibb on March 13th live in the Round House Theatre. Tickets will be on sale soon. Since early 1990's Mr. Bibb has travelled to communities sharing his "Step Ahead" program with students where he discusses issues of racism, bullying and violence. McBride Secondary drama students will be directly involved in the student session with a performance on March 13 during the day prior to the evening performance. McBride Secondary would like to thank Crescent Spur Hill-Skiing for their major support of this event.

"SOCK IT AWAY"

OK: You're Ready To Sock It Away: The members of the Hospital Auxiliary are handing out socks, just little ones, and we are asking you to take one; or two and set it on your dresser and instead of throwing pocket change onto the dresser, we are asking you to put it in the sock, folding money works to... hand it in to the Auxiliary member you got it from, and we'll see how much we can raise before April 19th. Socks available at the Odd's and Ends if you can't locate a member with a sock on her. We thank you in advance for your support of our fund-raising efforts.

"BREATHE FREE"

Annual General Meeting will be held following a "Pizza while it lasts" lunch on Jan. 28/09. *Memberships for 2009 are due, see Thelma Molendyk or Dawna Hickerty. *Bowling at the Recreation Centre on Tuesday and Friday at 10am. *Stitch & Knit is at the Beaverview on Thurs. from 2-4. *Chair exercises are Mon./Wed./Fri. at 9am. in the Beaverview. *DID YOU KNOW that for travel functions with us the age is 55 & for the fit-pit it is 60.

O.A.P.O. NEWS

Anglican United Church - Downtown Thrift Store on Dominion Street. - Mens, ladies and children's clothing - Open: Tues. 1:00 to 3:00 - Sat. 10:00 to 12:00 • **Dorcas Lanning Pit Rd.** (used clothing and household goods), 1:00-4:00 and 7:00-8:00 Tuesdays. Phone 569-2596 • Contact number for the Foodbank is 569-3225 • **Seventh-day Adventist Church** - Meet Saturdays at 9:30 & 11am. and Wednesdays at 7pm. Phone: Ph:569-3370 • **Mennonite Church** - Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-0445 • **Mountain Chapel (PAOC)** - Sunday School & Adult Classes - 10am. Services: 11:10am. Ph:569-3350 • **Anglican United Church** - Reverend Dee McEachern, 441 Dominion Street. Meet Sundays at 11:30 am. Phone 569-3206 or 569-3386. Hall Rental - Phone Thelma Molendyk-250-569-0082 • **Evangelical Free Church** - Sunday school at 9:45am. Worship Service at 11:00am. Ph:569-2378 or 569-8845 Pastor Dan Carlaw • **Robson Valley Christian Centre** - Meets in home Sundays 11am. Dunster Ph:968-4335 • St. Patrick's Catholic Church - Meets Sundays at 11:00am Ph:569-2606. "Catholic Faith for Adults" inquiry class. Contact Sr. Olive.

CHURCH NEWS N' THINGS

Important Phone Numbers

EMERGENCY 9-1-1
R.C.M.P. 569-2255
Hospital 569-2251
Health Unit 569-2251
K to 7 School 569-2721
High School 569-2295
Dunster School 968-4414
School District 57

Forestry 569-3760
Village 569-2229
Reg'l Dist' 1-800-667-1959
Home Support 569-2266
Food Bank 569-3225
Fire Hall 569-3117

The Little McBride Paper
1-800-256-7857 569-3110

Report Forest Fires - 1-800-663-5555

Inquiry B.C. 1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...
Dial this Number 1st and ask operator to connect you to provincial department.

Take a Break in McBride... B.G.'s Friendliest Town!!



Ladies Annual Bonspiel

February 6-8 2009
\$180 per team.

Theme - Women in Uniform, 3 Guaranteed games,
Dinner and Dance Saturday.

**February 2 - Final date for signing up
& Registering your team.

Phone Bob Mitchell 569-2734 or Ria Anderson 569-0402

We will be having our decorating party January 25th at 10:00am and are requesting community members to come out to help decorate. No artistic skills necessary.

JOY-WAY FARM, MCBRIDE, B.C.

Is offering for sale
Natural (government inspected) grass-fed beef

Priced as follows:

Ground beef, frozen 1lb. pkgs	\$2.75 per lb.
2 lb. pkgs	\$2.75 per lb.
10 lb. pkgs	\$2.50 per lb.
Tenderloin, Vac-pac	\$10.00 per lb.
Striploin, Vac-Pac	\$7.50 per lb.
T-Bone Steaks	\$6.00 per lb.
Roasts (Variety of 3 to 5 lb. sizes)	\$4.50 per lb.
Sirloin Steaks	\$5.50 per lb.
Prime Rib Steaks and Roasts	\$8.00 per lb.
Smokies (All beef, Vac Pac)	\$6.50 per lb.
Bratwurst Sausages (All Beef)	\$5.50 lb.
Breakfast Sausages (With pork, 8 per pkg) ...	\$4.50 per lb.
Salami	\$5.00 per lb.
Pepproni Sticks - Vac Pak - lunch size	\$5.00 each

Ask about discounts for bulk orders

For any questions you may have, or for placing orders,
please contact:

Ed and Margaret Zimmerman Phone: 250-569-3103
Margaret Cell: 250-569-7506

We will be making free deliveries in Prince George periodically.
NO SUNDAY CALLS, PLEASE THANK - YOU



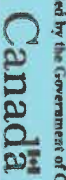
At Odds n' Ends we don't just give "empty sentimental wishes"...we give you something to use in the new year...Come in and find out what it is!
(250) 569-2645
Open seven days a week

Come in and check-out our "rental program". Rent that special cake pan, large item, expensive mat, or specialty item. We have it all and what we don't have, we'll get!

Employment Assistance Service Robson Valley Home Support Society

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McBride, BC



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Monday to Thursday Bacon & Eggs - \$4.95

Wednesday NITE SPECIALS

WING NITE - All Flavours . 35¢ each
PEEL & EAT GARLIC PRAWNS . 25¢ each

Friday & Saturday NITE SPECIAL
BBQ Baby Back Ribs - \$11.95
Ukrainian Platter - \$14.95

Cornish Game Hens - \$14.95
OPEN Tam - 9pm
7 Days a Week

569-0321
For Takeout

For Sale

2006 Chev Cobalt SSTurbo,
black, 5 speed, loaded, 3800km.
#7732, \$12000.00.
2006 Ford F150XL1T,
supercrew, 4x4, auto, shortbox,
#6306, \$16000.00.
Phone Wade or Dave 569-8830

MARKETPLACE

233 Main Street
McBride, B.C.

Your Neighbourhood Food Store 569-2712

DELI Cheese Wraps...\$3.59 each
Sundried Tomato Tortilla...\$3.59 each
Honey Basted Turkey Breasts - 100g...\$2.79

Lean Ground Beef - family pack (min. 2kg).....	\$2.29 / lb.
Boneless Skinless Chicken Breasts - family pack.....	\$5.89 / lb.
Pork Side Ribs.....	\$1.99 / lb.
Prawn Skewers - frozen or previously frozen - (190g per pack) - 4 skewers for.....	\$6.00
Maxwell House Ground Coffee - Original or Rich Dark.....	\$7.68 each
Royal Bathroom Tissue - Supreme 3 ply 9's, 2 ply 24's or double roll 12's.....	\$7.98 each
7-Up or Pepsi Products - selected varieties - 12x355ml.....	\$4.69 + dep. & rec. fee
Arm & Hammer Liquid Laundry Detergent - 24-34 loads.....	\$4.49 each
Sui Choy.....	\$2.19 / lb.
Bean Sprouts.....	\$2.99 / lb.

BAKERY

Hamburger Buns - 8pk...\$2.19 each
Whole Wheat Hamburger Buns - 8pk...\$2.19 each

SPIN DRIFT POWER SPORTS

Would like to welcome all sledders to Mountain Mania '09

Stop by and check out all the new stock that has arrived from snowwandmud.com,

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Fax:569-0220

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*Whey Protein Products *All Protein Bars

*Selected In-Store Tinctures

Customers have requested
some new products.

...We are making room
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246 Main Street
Ph: 569-2559

GOSPEL MEETING TODAY!!!

WEDNESDAY JANUARY 28TH
7:30P.M. AT THE RECREATION
CENTER - CURLING LOUNGE
1 HOUR SERVICE
EVERYONE WELCOME!!!
FOR MORE INFO CALL 250-569-2350

Gross Community Skiting Community News

Thank you to Teri Jensen for grooming and track setting the trails. The Skm, 2 km, and the trail to the cabin are groomed and tracked. Snow conditions are pretty good considering we had such a warm trend this past month. The road is in good condition and drivable in two wheel drive at this time. Hope to see you out there.

McBride Elks and Royal Purple News

Large Indoor Sale - Saturday, March 28th. Elks Hall. 10:00 a.m. - 4:00 p.m. \$10.00/table. If you would like to book a table(s) please call Barb Jackson at 569-0344 or 569-2645. This is a chance to do your yard sale indoors and not have to worry about getting rained on.

FREE Dance Lessons by Nadine Showar, every Thursday 7:00 p.m. - 9:00 p.m. at the Elks Hall. Everyone over 12 is welcome to attend.

Weekly Card/Games Night every Friday night. Come out and play some cards, shuffleboard or pool at the hall beginning at 7:00 p.m. Games are FREE. Ages 14 and older are welcome to attend.

COMMUNITY ANNOUNCEMENTS

Welcome to those coming to McBride for the Mountain Mania 2009 event this weekend. The Evangelical Free Church building will be open for non sledders looking for a place to relax Saturday afternoon and evening. We will have tables set up with board games for people of all ages, videos available to watch and information for the community. Washrooms and a nursery area are available for your convenience. This is not intended as a baby sitting service, but as a place for those with families to relax during slack times in their active weekend. The building will be open from 11:00 AM to 9:00PM. Drop in for a few minutes or a few hours. Someone will be there to make you feel welcome.

Arts Fest 2008 Tour We were unable to host the Arts Fest 2008 Tour because of circumstances beyond our control. Watch for the opening of our next show which should be open for viewing by the end of January 2009.

Gospel Meetings: You and Your Family are invited to a series of Gospel Meetings, being held at the McBride Secondary School Roundhouse Theatre. Each Wednesday from 7:30p.m. - 8:30p.m., starting Wednesday, January 21 thru to February 22nd. *Except January 28th meeting which will be held at the Recreation Center, in the Curling Lounge - same time.

Community Badminton at 7pm in the McBride Secondary School gymnasium. Hope to see you there!!!

BIRTHDAY WISHES JAN. 28 - FEB.

Chris Flynn, Gibson Meadows, Muriel Learie, Robert Overton, Joey Rich, Madeline Gauthier, Shea Krenzler, Kari Pavlovich, Kathleen Elliott, Shane Long, Stan Walchuk, Darrell Scates Jr., Hilda Murin, Brandy Engedahl, Gerry Smith, Ron Schwartz, Tanner Molendyk, and to anyone else we missed. Happy Birthday. **BUY, SEEL, RENT & MISC.**

For Sale-Kenmore portable dishwasher. Excellent condition in and out. Black front, butcher block style top. \$200.00. Call 250-569-0281 ****WANTED:** home to rent that allows pets. Please call Kathy at 569-3239 after 5:00 p.m. ****For Sale**-Complete Lenovo Computer, never been out of the box. \$600 o.b.o. Ph: 569-0264 ****For Sale**:394 Husky Chainsaw New 26" Bar & Chain, plus spare new chain. Really good shape \$600.00 Ph:569-2618 ****For Sale**-Fire Wood. \$120.00 a Cord. Ph:569-0124 **** PB Golden Retriever** puppies for sale. \$350. Ready Feb. 14. Call Windy in Dunster @ 403-598-5567 ****For Sale**-Young Pigs 100+ lbs., \$1.65/lb. live weight. Phone 569-7810 ****I am looking** for a couple of Peacocks. If you have any that you want to part with, please call Deb in Dunster @ 250-968-4335 ****For Sale**-7 Air Rifles. Sold as a Set. Price \$200.00. Ph:250-569-2496 ****Firewood For Sale**-Full Cords. Phone 569-0018 ****For Sale**-2004 Yukon. Seats 8. Removable Back Row Seats - 152,000km Full Leather. Automatic Car Starter. 2 Sets of Good Tires Summer & Winter. New Windshield. Clean Unit. Non Smoking Vehicle. Ph:250-569-3140(H) or 250-569-7464(C) ****House for Rent**-3 Bedroom, wood & electric heat. 18 acre horse pasture. 30 miles east of McBride on Hwy. 16. Ph: 250-968-4419 ****Wanted**-Old Eilan Ski doos in any condition. Phone 250-569-0018 ****For Sale**-DuoFast air nail gun and nails, older radial arm saw (working), router, all for \$100.00 Ph:250-569-8830 ****For Sale**-F150 truck, '95, 4x4, 5 speed, short box, low pkg., runs well \$3800 o.b.o. Ph:250-569-3319 ****For Sale**-1994 Ford F250 4WD with canopy, gas, automatic, long box, automatic, long box, extended cab, A/C, new leaf springs, new front shocks, new tires, 2 new batteries and new steering column. \$2,500.00. Older camper trailer, \$2,500.00. / Older camper trailer, sleeps 6, with stove, fridge, furnace and new tires. \$500.00. Call 569-3231 or 306-867-2165 for details. ****For Sale**-Sonor 5 piece Drum Set c/w High Hat & Crash Symbol, Chair & 2 sets of Drumsticks. \$900.00. Ph:569-2672 ****For Sale**-1991 GMC Safari \$300.00 Ph:569-2672 ****For sale**-1998 Pontiac Grand Am. 4 Door,air,cruiise,tilt,am/fm -cd player. 133,000kms. Excellent shape. Asking 4000.00. Ph:250 569 2446 ****For Sale**-Double French Door, 1 side Door, 1 Side Window, includes frame. \$100. Ph:569-2359 ****For Sale**-2007 Dodge Caravan, 30,000km, Blue. Air. Tilt. Cruise, etc. Ex cond. 250-569-2350 ****Clean house** for rent. Call for details 569-0171 ****To place an ad** here call 569-3110, Fax 569-0220 or drop info at 455 King St.

Take a Break in McBride...B.G.s Frieakfast Town!!

THE HAIR SHOPPE

803 3rd Ave. - side entrance
569-3359

IPurolator

NEW RETAIL AGENT OFFICE LOCATION
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(Office Hours: 9:00 a.m. - 2:00 p.m. Mon-Fri)
Contact Sarah Bressette 569-7348

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Serving locally for 24 years
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250-569-7333 (cell)



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Check out the selection of used books
New arrivals weekly
Romance and western paperbacks 4/\$1 Till January 31st

Odds n Ends

THINK ABOUT IT...

Light travels faster than sound.
That's why some people seem
bright until you hear them speak.



Annual SUPERBOWL PARTY and Pool Tournament

Sunday, February 1st
Starting at 12:00 noon
**Prizes, Popcorn, Chips,
Chili & Buns (FREE)**
Drink Specials

“Come & Have Some Pool Party Fun”
•Phone or come in & sign up to play•

**RAH! RAH! RAH! See Your There!!!
Important Notice to Employers.**

**Summer Jobs for Students
through Service Canada.**

**Employers need to apply between
February 2 and 27, 2009**

For further information call
Bob Thompson 569-2266
Canada
Funded by the Government of Canada

THINK ABOUT IT...
Sometimes I wonder,
“Why is that frisbee
getting bigger?”
And then it hits me...

SCHOOL NEWS

Valentines Dance: Feb. 6 7:00-11:00PM. We need volunteers! Call 250-569-2295 and ask for Mrs. L'Arrivee.
Order your McBride Secondary Hoodies, Sweats, & Toque. Last Day to order is February 3.
Community Calendar - Calendars are being delivered. If you do not receive your calendar by February 1st (1st day of calendar), please call the school. We do have a couple of extra calendars available at \$9.00 each.
Fridge Wanted - Our school was accepted to run the BC School Fruit & Vegetable Nutritional Program beginning in February. This program provides a healthy fruit or vegetable snack for each student every other week. If you have a fridge you would like to donate or that is inexpensive, it would be greatly appreciated. Please call the school at (250) 569-2295.

CURLING CLUB NEWS

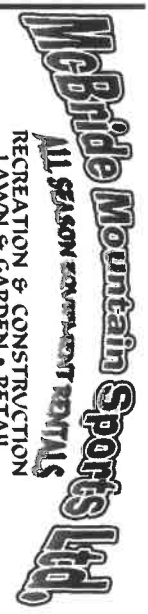
Junior Curling League starts Wed. Jan. 21 @ 6:30. Teams have been made and weekly games will start tonight. Every team will play each Wednesday night @ 6:30. Cost is still \$1 per week per curler. We ask that you show up every week to help out your team. If you have any questions please contact Christa 569-8813, Ray 569-0308, or Len 569-3153. See you at the curling rink!!!

McBride Roundroase

February 14, 2009 - Al Simmons: He has been called the undisputed master of unrestrained zaimness, and the Las Angeles Times called his show “a Masterpiece.” Al Simmons: Only one man, but in concert, a one-man cast of thousands. He is a whiz at one-liners, blink-of-an-eye costume changes and fantastical theatrical props. Add to the mix his rather odd musical instruments and assorted gadgetry and you've got yourself a modern day comic chameleon with the soul of a genuine vaudevillian performer. A show for kids from 5 to 105. Tickets \$12.00, \$15.00 at the door.



I said “you sledders have fun out there in the mountains...”
Take a Break in McBride...B.G.'s Friendliest Town!!!



“GRAND OPENING” January 30/31 - Friday & Saturday

* New Stock in Now
* Snowboard & Snowmobile Helmets
* Helmet Cams / Goggles & More
* Check out our Rental Equipment
(Helmet Cams too!!!)
521 Main Street
McBride, BC V0J 2E0
1-877-868-7288

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vehicle manufacturers recommend that
you flush your coolant system
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Also that your Automatic Transmission
oil & filter should be changed
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gone over with you to help ensure your
vehicles performance and help reduce
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TRANSMISSION SERVICE SPECIAL
Includes Oil Flush, New Oil & Filter
Starting at 149.95 (prices vary on vehicles)

ENGINE COOLANT FLUSH SPECIAL
Includes flushing out old coolant,
installing new coolant and leak test
Starting at 99.99 (prices vary on vehicles)

Community Calendar sponsored by the Village of McBride and the McBride and District Chamber of Commerce

McBride & District

February 2009

Community Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Community Sports @Highschool 5-7 pm Soccer Mon/Med 7-9 pm Basketball Mon/Thurs Badminton - Tuesday Volleyball - Wednesday	Open during LIBRARY hours: 10am - 5pm & 7 - 9 pm Tue: 10am - 2pm wed: 2 - 9pm fr and 2 - 5pm sat SDA FOOD BANK: PHONE 569-3225	MUSEUM Open during LIBRARY hours: 10am - 5pm & 7 - 9 pm Tue: 10am - 2pm wed: 2 - 9pm fr and 2 - 5pm sat SDA FOOD BANK: PHONE 569-3225	Robson Valley Home Support 569-2266 Great programs for kids and adults	Curling Friday Junior Curling Wednesday	Get involved, have fun! volunteers are the heart of our community!	Breath Free Stop Smoking Program @ High School FEB. 3.5,8,9,10,11,12,17,24
Churches 1 8	Churches 2 9	AUCW Thrift Shop 1-3 pm DORCAS Used Clothing 7-8 pm TOPS @ HiltUnit 7:30 pm Elks - Royal Purple 7:30 pm	Gospel Mtg @ Roundhouse 7:30 pm Bingo @ Legion Hall 6:30 pm	OAPO Stitch & Knit 2-4 pm Dome Ck Reading Room 3:30-5:30pm Srs Bingo @ BVLodge 6:30 pm Yoga @ HS 6:30 pm	Curling Ladies Bonspiel 7:00 pm Memorite Group Singing @ BVLodge 7:00 pm Card/Game Night@Elks	SDA Church 10am - noon AUCW Thrift Shop 10am - noon AUCW Thrift Shop
Churches 15 8	Churches 16 9	AUCW Thrift Shop 1-3 pm DORCAS Used Clothing 7-8 pm TOPS @ HiltUnit 6:30 pm McBride Village Council Meeting 7:30 pm	Gospel Mtg @ Roundhouse 7:30 pm Chamber of Commerce @E-Free Church 7:00 pm Bingo @ Legion Hall 6:30 pm	OAPO Stitch & Knit 2-4 pm Dome Ck Reading Room 3:30-5:30pm Srs Bingo @ BVLodge 6:30 pm Yoga @ HS 6:30 pm	Card/Game Night@Elks 7:00 pm	SDA Church 10am - noon AUCW Thrift Shop 10am - noon AUCW Thrift Shop
Churches 22 8	Churches 16 9	AUCW Thrift Shop 1-3 pm DORCAS Used Clothing 7-8 pm TOPS @ HiltUnit 6:30 pm McBride Village Council Meeting 7:30 pm	Seniors Pastoral Care Service @ Hosp 10:30 am Valley Picnematers @ HS 7-9 pm Family Support Group@Hil 7:30 pm	OAPO Stitch & Knit 2-4 pm Dome Ck Reading Room 3:30-5:30pm Srs Bingo @ BVLodge 6:30 pm Yoga @ HS 6:30 pm	Card/Game Night@Elks 7:00 pm	SDA Church 10am - noon AUCW Thrift Shop 10am - noon AUCW Thrift Shop
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TRANSFER STATION HOURS
Mon/Thurs/Fri - 9-4
Sat/Sun - 10-4
Stat Holiday 10-2
Tues Wed Closed

McBride Recreation Centre - Open
Call 569-3360 for more information on programs or go to
www.rdtffg.bc.ca and follow the links

Phone: McBride Visitor Centre, 569-3366, or email details to: come2mcbride@telus.net
March Calendar deadline: February 23, 2009

Here's all you need to STOP SMOKING!

1. The desire to quit
2. Our phone number

Breathe Free is waiting to show you an easier, less-expensive way to stop smoking. It's worked for 20 million people so far. Let it work for you.

- Our proven techniques give you:**
- ❖ Insurance Against Failure
 - ❖ Ten Weapons to Kill an Urge
 - ❖ Help for Managing Stress
 - ❖ Secrets to Weight Control Without Cigarettes

When & Where
7 PM
February 3, 5, 8, 9, 10, 11, 12, 17, & 24
McBride Secondary School, McBride, BC

Phone Number
For More Information Phone 250-968-4493

You've already got the desire to stop smoking. The next step is easy. Call **Breathe Free**, the Plan to Stop Smoking.



A Community Service of:
McBride SDA Church

February 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
	Chair Excercises@BV @9am	Bowling 10am@REC	Chair Excercises@BV @9am LUNCH @ Main Street Grill	Stitch/Knit @ BV 2pm-4pm Bingo @6:30/BV	Chair Excercises@BV @9am Bowling 10am@REC	
8	9	10	11	12	13	14
	Chair Excercises@BV @9am Movie Night 6:30@BV	Bowling 10am@REC	Chair Excercises@BV @9am Birthday Tea 2:00 pm	Stitch/Knit @ BV 2pm-4pm Bingo @6:30/BV	Chair Excercises@BV @9am Bowling 10am@REC	
15	16	17	18	19	20	21
	Chair Excercises@BV @9am	Bowling 10am@REC	Chair Excercises@BV @9am LUNCH @ Beanery	Stitch/Knit @ BV 2pm-4pm Bingo @6:30/BV	Chair Excercises@BV @9am Bowling 10am@REC	
22	23	24	25	26	27	28
	Chair Excercises@BV @9am Movie Night 6:30@BV	Bowling 10am@REC	Chair Excercises@BV @9am OAPQ Lunch/Meeting	Stitch/Knit @ BV 2pm-4pm Bingo @6:30/BV	Chair Excercises@BV @9am Bowling 10am@REC	