

The McBride Trading Co.

*Antiques, Bulk Foods,
Gifts & Health Products*



25% OFF
these in-store products
*Juice *Boxed Teas *Boxed Cereals
*Nuts-to-you *Selected Personal Care Products
*Chips & Tortillas *Salad Dressings
Customers have requested
some new products.

...We are making room
& expanding inventory

246 Main Street Ph: 569-2559

GOSPEL MEETING

TODAY!!!

WEDNESDAY, JANUARY 21ST
7:30P.M. AT THE MCBRIDE SECONDARY
SCHOOL - ROUNDHOUSE THEATRE

1 HOUR SERVICE

EVERYONE WELCOME!!!

FOR MORE INFO CALL 250-569-2350

MARKETPLACE 233 Main Street
McBride, B.C.

Your Neighbourhood Food Store 569-2712

DELI Wine Salami - 100g...\$2.19
Maple Ham - 100g...\$1.69

Canadian AAA Beef Sirloin Steak - Buy 1 & get one Free
Family Pack (Min. 1.5kg) Buy 1 & get one Free
Boneless Pork Shoulder Blade Roast Buy 1 & get one Free
Whole Pork Tenderloin Buy 1 & get one Free
Grade A Frying Chickens - 3 per bag Buy 1 & get one Free
Green Giant Canned Vegetables - selected varieties -
34ml - 398ml - mix or match Buy 1 & get one Free
Betty Crocker Hamburger or Tuna Helper - selected varieties -
158g - 233g - mix or match Buy 1 & get one Free
Purex Bathroom Tissue -
2ply 24's, double rolls, or ultra 12's \$7.48 each
7-Up or Pepsi Products - selected varieties -
2 litres - 3 for \$4.98 + dep. & rec. fee
Imperial or Fleischmann Soft Margarine - 907g \$2.99 each
Lay's Potato Chips - selected varieties - 235g - 2 for \$5.00
Tide 2x Liquid Laundry Detergent -
selected varieties - 26-34 loads \$9.98 each
Green Anjou Peas \$1.89 / lb.
Tangelos \$1.99 / lb.

BAKERY

Butterflake Rolls - 6pk...\$1.79 each
Almond Croissants - 4pk...\$3.49 each

SPIN DRIFT POWER SPORTS

*We are here to help and serve
you with all your
Winter Recreation needs!*

*We also work on Small Engines like
Generators & Snowblowers*

OPEN 7am-6pm 7 Days a Week
940-2nd Ave. (250)569-0070

STEDMAN'S

in McBride
**CLEARANCE
SALE!!!**

...Up to 70% off on Selected Items
till the end of January...

Mon.-Sat. 9a.m.-5p.m. 569-2415

Capital Builders

*Interior Renovations
Snowplowing*



Barry
(250) 569-7273



Victor
(250) 569-7262

Box 934 McBride, BC V0J 2E0
Call us for all your **SNOW REMOVAL** needs!!!

Massage by Julie

GIFT CERTIFICATES
AVAILABLE AT
McBride Moves & More

CALL FOR APPT./INFO 250-569-7695 (lv. msg.)
JULESS69@MSN.COM McBride Moves & More



Affiliated Broker for
Cabela's Trophy
Properties LLC.

277 Main Street

P.O. Box 179 McBride, B.C. V0J 2E0
Toll Free: 1-877-569-2735
Fax: (250) 569-2787

E-mail: roderger@mcbriderealty.com
Website: www.mcbriderealty.com

Rodger L. Fredericson
Owner - Broker
The Center of Real Estate Action in the Province of British Columbia

FREE The Little FREE

McBride

Paper



Serving BC's Friendliest Town and Area!!!

For the week of Wednesday, January 21st, 2009

THANK YOU

Thank You! Once Again, we would like to thank the communities of McBride and Dunster, for your outstanding and continuing support of the McBride SDA Food Bank and Community Services. Because of your support in 2008 we were able to help 115 people, giving out a total of 154 food hampers. Countless others were helped through our used clothing program. Excess clothing was sent to Prince George and over seas to Fitl. We were also able to offer a Depression Seminar. Donations made in December were and continue to be a blessing to many. We received items such as: cash, food, books, toys, clothing, candle arrangements, baking and Turkey Bucks. And our annual door to door food collection Oct. 30th brought in 1409 items. Because of your support of the Food for Food Banks program at IGA they were able to give us an in-store credit of \$1008.92 to be used in 2009. Too many individuals gave this year to mention them by name, but we would like to thank all of you and take this opportunity to acknowledge the businesses which have supported us with donations and fund raisers this past year: Valley Picnickers Quilting Guild, Forever Printing & Signs, Deb's Dollar and Scents, McBride and District Public Library, McBride Elementary, Old Timers Hockey, Dunster Community Association, Chamber of Commerce, Market Place IGA, Canada Bread, and R&B Trees. Hopefully we haven't missed anyone. Even with all the layoffs this year, we saw an increase in giving, showing the generous and caring community which you are. We would like also to acknowledge our major sponsors and point out that when you make a donation to one of them you are helping your own community: ADRA Canada, Mazon Canada, McBride Seventh Day Adventist Church and IGA Food for Food Banks Program. Thank you for always thinking of others. With your continual support we look forward to serving the community in 2009. Watch for the soon to come Stop Smoking Seminar and Coronary Health Improvement Program, better known as "CHIP".

"BREATH FREE"

"Breath Free: The Plan to Stop Smoking will be held on February 3, 5, 8, 9, 10, 11, 12, 17 and 24 at the McBride Secondary School. This Program has helped over 20 million people stop smoking. The first two nights are introductory meetings and are free. Come and learn proven techniques to help become smoke free! Fee: \$20 per person or \$30 per couple to help cover cost of materials. Contact Phyllis at 250-968-4493 for more information.

"SOCK IT AWAY"

OK: You're Ready To Sock It Away: The members of the Hospital Auxiliary are handing out socks, just little ones, and we are asking you to take one; or two and set it on your dresser and instead of throwing pocket change onto the dresser, we are asking you to put it in the sock, folding money works to.... hand it in to the Auxiliary member you got it from, and we'll see how much we can raise before April 19th. Socks available at the Odd's and Ends if you can't locate a member with a sock on her. We thank you in advance for your support of our fund-raising efforts.

O.A.P.O. NEWS

Annual General Meeting will be held following a "Pizza while it lasts" lunch on Jan.28/09. *Memberships for 2009 are due, see Thelma Molendyk or Dawna Hickery. *Bowling at the Recreation Centre on Tuesday and Friday at 10am. *Jan. 21st is lunch at the Beavary. *Jan. 26th is Games Night at the Beaverview at 6:30. *Stitch & Knit is at the Beaverview on Thurs. from 2-4. *Chair exercises are Mon./Wed./Fri. at 9am. in the Beaverview. *DID YOU KNOW that for travel functions with us the age is 55 & for the fit-pit it is 60.

SNOWMOBILE CLUB NEWS

-submitted by Dawna Hickery - Sec.
TODAY!!! Meeting January 21, 2009 at 7:00pm in the Sandman Inn. Everyone Welcome.

CHURCH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street. - Mens, ladies and children's clothing -Open: Tues. 1:00 to 3:00 - Sat. 10:00 to 12:00•Dorcas Lanning Pit Rd. (used clothing and household goods), 1:00-4:00 and 7:00-8:00 Tuesdays. Phone 569-2596•Contact number for the Foodbank is 569-3186•Seventh-day Adventist Church-Meet Saturdays at 9:30 & 11am. and Wednesdays at 7p.m. Phone: Ph:569-3370•Memonte Church-Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-0445•Mountain Chapel (PAOC)-Sunday School & Adult Classes-10am, Services-11:10am. Ph:569-3350•Anglican United Church-Reverend Dee McEachern. 441 Dominion Street. Meet Sundays at 11:30 a.m. Phone 569-3206 or 569-3386. Hall Rental - Phone Thelma Molendyk-250-569-0082•Evangelical Free Church-Sunday school at 9:45am, Worship Service at 11:00am. Ph:569-2378 or 569-8845 Pastor Dan Carlaw•Robson Valley Christian Centre-Meets in home Sundays 11am. Dunster Ph:968-4335•St. Patrick's Catholic Church-Meets Sundays at 11:00am Ph:569-2606. "Catholic Faith for Adults" inquiry class. Contact Sr. Olive.

Take a Break in McBride...B.G.'s Friendliest Town!!!
Please contact The Little McBride Paper with all coming events, news, trivia, comments, anything!! Ph:569-3110, Fax:569-0220, email:sglines3@telus.net, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't write about it!! -Scott & Susan Glines - Oscar & Broom

Can you keep a secret??

New and Good Quality Used Books
(Specializing in Canadian Fiction /Non-fiction)
Used Western & Romance Paperbacks
4 / \$1 till January 31 st
Used Craft Booklets / Magazines
25cents each or 5 / \$1

Would you believe they're all at?

...Odds n Ends...
250-569-2645

THE HAIR SHOPPE

569-3359 803 3rd Ave. - side entrance

IPUROLATOR

NEW RETAIL AGENT OFFICE LOCATION
1102 - 4th Ave.

(Office Hours: 9:00 am - 2:00 p.m. Mon-Fri)

Contact Sarah Bressette 569-7348

Robson Valley Pet Hostel

Grooming & Boarding



Serving locally for 24 years
569-3319 animal health technician

R.B. HAYWARD CONT.

SNOW PLOWING & SNOW REMOVAL

569-2493



Vanderhoof & Districts
Co-operative
Association

DRIVER SALES REPRESENTATIVE
For Commercial and Farm Personal Contact
where high level of customer service is Job One.
Delivering Fuel East to McBride

Greg Belslaw

990 Railway Road Vanderhoof Head Office
Prince George, B.C. Phone 250-564-3488
Toll Free 1-866-309-2667 Fax 250-567-4490
Home 250-963-9011 Cell 250-565-8436

Glass Cutting, Picture Printing,

Mating and Framing

call Bill Arnold 569-3381

ANTLER CARVINGS

FOR SALE
CALL AL #569-2602

•Sirens- Hair Cuts and Colors
OPEN Tuesday to Saturday

Phone: 250-569-0131 1011 South Frontage Rd. McBride

CANADIAN
Digital Designz

Phone: 250-569-0118 1139 McBride Crescent
www.canadiandigitaldesignz.ca

SNOW PLOWING

PLEASE CONTACT

BOYD ANDERSON

250-569-0236 (home)

250-569-7333 (cell)



SCARE CROW FARM B&B ☎ 569 0351

Sladders Welcome!! Hot Tub.

Drying Room. Safe Parking.
email: scarecrow@mcbridebc.com 15km West on Highway 16

Community Fitness *For Our Group*
Canoe Robson Valley
Community Futures

Would you like to explore the idea of starting
your own business?

You may qualify for the SEB Program if you are
presently on E.I. or have been in the last 3 years or
you have been on maternity leave in the last 5 years.

For more information on the Self Employment Benefit
Program (SEB), please contact:

Allan Frederick Phone: (250) 569-2229
SEB Co-ordinator E-mail: futures3@telus.net
Fax: (250) 569-3276

The Government of Canada has
contributed funding to this initiative.

Let us stimulate you in
2009 at the **Beavary 2**
569-0133 *Blacks*



Are You Losing Precious Heat & Money

through the attic of your home?
In colder climate areas of BC, the attic insulation code has recently been upped to an R52 Value. If you would like the R Value of your attic tested or upgraded, call 250-569-7636 and **Mr. ITCHY'S** team of well trained Insulators will be happy to assist you.



Are You HUNGRY?

We are *fast, friendly & conveniently* located **Sledgers Breakfast & Lunch Specials**

We now serve Homemade Soup, Sandwiches & Baked Goods

The McBride Trading Co.

246 Main Street

Ph: 569-25559



HUSKY
AVALANCHE BEACONS Available

MINUTE MAID
450ml - 2 for \$3.00
FULL THROTTLE & ROCK STAR
2 for \$5.00



SUN VALLEY RESTAURANT

SUNDAY BRUNCH!!

(9:00 am - 2:00 pm)
Adults - \$12.95 Seniors - \$8.95
12 + under - \$8.95
5 + under eat for FREE!
Brunch includes coffee or tea

NEW DAILY LUNCH SPECIALS!!

MONDAY-Hawaiian Chicken Burger-\$10.95
TUESDAY-Loaded Beef Dip-\$10.95
WEDNESDAY-Reuben Sandwich-\$9.95
THURSDAY-Pizza Sub-\$9.95
FRIDAY-Fish Burger-\$7.95
*All specials served with your choice of soup, salad or fries

(Come on down for our daily soup and sandwich specials-\$6.40)
Phone 569-0007 Fax 569-0004

Advantage Insurance Services Ltd.
Rosemary L. Hruby, CAIB

250-569-2264

REMEMBER We're OPEN

Saturdays 10:00am to 3:00pm



McBRIDE REALTY CENTER LTD.
Affiliated Broker for Cabala & Trophy Properties LLC.

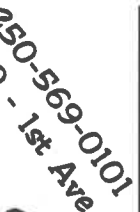


277 Main Street
P.O. Box 729 McBride, B.C. V0J 2E0
Toll Free: 1-877-569-2735
Fax: (250) 569-2787
E-mail: saraj@mcbriderealty.com
Website: www.mcbriderealty.com



Sara Johnson
Sales Representative
Robson Valley

The Center of Real Estate Action in the Province of British Columbia
SNOW PLOWING & SNOW REMOVAL
Call Gerald 250-569-2269 or 7147



250-569-0101
600 - 1st Ave.
11am-11pm
7 Days a Week
GIGGLIN' GRIZZLY NEIGHBOURHOOD PUB

Join us for a fabulous time at the Giggin' Grizzly!
Friday Night Special - SURF and TURE!
Great Food is meant to be Shared
and so is a Great Deal!

COMMUNITY ANNOUNCEMENTS

Don Koncar passed away January 14, 2009 in Nanaimo, B.C. He will be sadly missed.
"Arts Fest 2008 Tour" We were unable to host the Arts Fest 2008 Tour because of circumstances beyond our control. Watch for the opening of our next show which should be open for viewing by the end of January 2009.
Chamber of Commerce General Meeting Wednesday, January 21, 2009, 7:00PM at the E-Free Church Hall. Everyone welcome!
Gospel Meetings: You and Your Family are invited to a series of Gospel Meetings, being held at the McBride Secondary School Roundhouse Theatre. Each Wednesday from 7:30p.m. - 8:30p.m. starting Wednesday, January 21 thru to February 22nd. *Except January 28th meeting which will be held at the Recreation Center, in the Curling Lounge - same time.
Community Badminton at 7pm in the McBride Secondary School gymnasium. Hope to see you there!!

McBride Elks and Royal Purple News

Reminder that Weekly CardGames Night has started again. Every Friday night come out and play some cards, shuffleboard or pool at the hall beginning at 7:00 p.m. Games are FREE. Ages 14 and older are welcome to attend.

Also, FREE Dance lessons will be starting up again on Jan. 22nd. They will be running every Thursday night from 7:00 - 9:00 p.m. McBRIE ROUNDHOUSE

McBride Roundhouse Theatre Society - January 28, 2009 - Sultans of String: "So what do you suppose happened when Roma, or Gypsy music collides with jazz and they both run smack dab into flamenco - and the whole lot of them pick up and go to the Middle East? You get the Sultans of String. They have travelled the world, soaking up musical vibes wherever they go. They call their music atomic world-jazz-flamenco!" Andrew Craig, Canada Live, CBC Radio 2. *Tickets \$20.00 at Stedmans or \$25.00 at the door.

BIRTHDAY WISHES JAN. 21-27

Carly Skidmore, Ida Vecchio, Kelly Douglas LaRoche, Marianne Longuskie, Monica Zipper, Tim Dunn, Hannah Clifford, Sharon Doerksen, Theo Teering, Aaron Rohwell, Cathy MacMaster, Kimi Yungun, Madelaine Fines, Andy Keim, Bob Collins, Tiara Rich, Lorna Folland, Mary Henderson-Belkus, Tom Vogel, Austin Gibson, Jordan Gibson, Laine Molendyk, and to anyone else we missed, Happy Birthday.

BUY, SELL, RENT & MISC.

PB Golden Retriever puppies for sale. \$350. Ready Feb. 14. Call Mindy in Dunster @ 403-598-5567. •For Sale-Young Pigs 100+ lbs., \$1.65/lb. live weight. Phone 569-7810. •I am looking for a couple of Peacocks. If you have any that you want to part with, please call Deb in Dunster @ 250-968-4335. •For Sale-7 Air Rifles. Sold as a Set. Price \$200.00. PH:250-569-2496. •Firewood For Sale-Full Cords. Phone 569-0081. •For Sale-2004 Yukon, Seats 8, Removable Back Row Seats - 152,000km Full Leather, Automatic Car Starter. 2 Sets of Good Tires Summer & Winter. New Windshield. Clean Unit, Non Smoking Vehicle. Ph:250-569-3140 (H) or 250-569-7464 (C). •For Sale-Hot Point automatic dryer. Excellent condition, \$50.00. Phone 250-569-3488. •House for Rent-3 Bedroom, wood & electric heat, 18 acre horse pasture, 30 miles east of McBride on Hwy. 16. Ph: 250-968-4419. •Wanted-Old Elan Skidoos in any condition. Phone 250-569-0018. •Wanted-Piano or Keyboard in good condition. Phone 250-569-0071. •For Sale-DuoFast air nail gun and nails, older radial arm saw (working), router, all for \$100.00 Ph:250-569-8830. •For Sale-F150 truck, '95, 4x4, 5 speed, short box, tow pkg., runs well \$3800 o.b.o. Ph:250-569-3319. •For Sale-1994 Ford F250 4WD with canopy, gas, automatic, long box, extended cab, A/C, new leaf springs, new front shocks, new tires, 2 new batteries and new steering column. \$2,500.00. Older camper trailer, sleeps 6, with stove, fridge, furnace and new tires. \$500.00. Call 569-3231 or 306-867-2165 for details. •For Sale-Sonor 5 piece Drum Set c/w High Hat & Crash Symbol, Chair & 2 sets of Drums. \$900.00. Ph:569-2672. •For Sale-1991 GMC Safari \$300.00 Ph:569-2672. •For sale-1998 Pontiac Grand Am, 4 Door, air, cruise, tilt, am/fm -cd player, 133,000kms. Excellent shape. Asking 4000.00. Ph:250 569 2446. •For Sale-Double French Door, 1 side Door, 1 Side Window, includes frame. \$100. Ph:569-2359. •For Sale-2007 Dodge Caravan, 30,000km, Blue, Air, Tilt, Cruise, etc. Ex cond. 250-569-2350. •Clean house for rent. Call for details 569-0171. •To place an ad here call 569-3110, Fax 569-0220 or drop info at 455 King St.

Via-Rail Schedule Phone 1-888-842-7245

Going West - Sunday, Wednesday & Friday...2:40pm
Going East - Monday, Thursday, Saturday...12:03pm
Seniors (60+) 2 for 1 is back. Must book 6+ days advance.

Important Phone Numbers

EMERGENCY 9-1-1
R.C.M.P. 569-2255
Hospital 569-2251
Health Unit 569-2251
K to 7 School 569-2721
High School 569-2295
Dunster School 968-4414
School District 57
1-800-256-7857
Report Forest Fires - 1-800-663-5555
The Little McBride Paper 569-3110

Take a Break in McBride...B.G.'s Friendliest Town!!
Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...
Dial this Number 1st and ask operator to connect you to provincial department.

For Sale

•2005 Chev Equinox AWD
auto, air, cruise, keyless entry, 60000km,
#7074, \$12000.00
•2007 Pontiac Vibe
auto, air, cruise, keyless entry, 23000km,
#7341, \$12500.00

•2007 Chev Cobalt
2 door, black, satellite radio, 37000km
#2860, \$7995.00

Phone Wade or Dave 569-8830



Ladies Annual Bonspiel

February 6-8 2009

\$180 per team.

Theme - Women in Uniform, 3 Guaranteed games.
Dinner and Dance Saturday.

**February 2 - final date for signing up
& Registering your team.

Phone Bob Mitchell 569-2734 or Ria Anderson 569-0402

We will be having our decorating party January 25th at 10:00am and are requesting community members to come out to help decorate. No artistic skills necessary.

JOY-WAY FARM, McBRIDE, B.C.

Is offering for sale

Natural (government inspected) grass-fed beef
Priced as follows:

Ground beef, frozen 1lb. pkgs \$2.75 per lb.
2 lb. pkgs \$2.75 per lb.
10 lb. pkgs \$2.50 per lb.
Tenderloin, Vac-pac \$10.00 per lb.
Striploin, Vac-Pac \$7.50 per lb.
T-Bone Steaks \$6.00 per lb.
Roasts (Variety of 3 to 5 lb. sizes) \$4.50 per lb.
Sirloin Steaks \$5.50 per lb.
Prime Rib Steaks and Roasts \$8.00 per lb.
Smokies (All beef, Vac Pac) \$6.50 per lb.
Bratwurst Sausages (All Beef) \$5.50 lb.
Breakfast Sausages (With pork, 8 per pkg).... \$4.50 per lb.
Salami \$5.00 per lb.
Pepperoni Sticks - Vac Pak - lunch size \$5.00 each

Ask about discounts for bulk orders

For any questions you may have, or for placing orders,
please contact:

Ed and Margaret Zimmerman Phone: 250-569-3103

Fax: 250-569-3103

Margaret Cell: 250-569-7506

We will be making free deliveries in Prince George periodically.

NO SUNDAY CALLS, PLEASE THANK - YOU

At Odds n' Ends we don't just give "empty sentimental wishes"...we give you something to use in the new year...Come in and find out what it is!
(250) 569-2645
Open seven days a week

January	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
	1	2	3								
4	5	6	7	8	9	10					
11	12	13	14	15	16	17					
18	19	20	21	22	23	24					
25	26	27	28	29	30	31					

Come in and check-out our "rental program".
Rent that special cake pan, large item,
expensive mat, or specialty item.
We have it all and what we don't have, we'll get!

Employment Assistance Service
Robson Valley Home Support Society

NEED A JOB?

NEED A WORKER?
Contact Bob Thompson 569-2266

Financed by the Government of Canada
Canada!

Serving The Robson Valley

Irene Berndsen
250-569-7397

Toll Free: 1-888-563-7397
Email: ireneb@royalpage.ca
www.mountainviewrealty.ca



Sales Representative
McBride, BC



THE MAIN STREET GRILL

Wednesday NITE SPECIALS

WING NITE - All Flavours .35¢ each

PEEL & EAT GARLIC PRAWNS - .25¢ each

Friday NITE SPECIAL

2 Pizzas (Two Topping) - \$19.95

OPEN 7am - 9pm
7 Days a Week
569-0321
For Takeout

