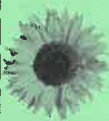


The McBride Trading Co.

(Previously Health, Heart & Home)

*Antiques, Noble Foods,
Gifts & Health Products*



New Products & Giftware Have Arrived!!!

This Weeks Organic Produce Order Includes:

- | | | |
|--------------|----------|-------------|
| •Peppers | •Kiwi | •Grapefruit |
| •Tomatoes | •Mango | •Pears |
| •Cauliflower | •Oranges | •Plums |
| •Cucumbers | | •Papaya |

Arrives Thursday

246 Main Street Pk: 569-2559 Fax: 569-2383
McBride, B.C. Toll Free: 1-888-669-2559

Barbara Faust, IHP

Massage, CranioSacral, IonCleanser
Tuesdays at The McBride Trading Co.
Member of Natural Health Practitioners of Canada
WEINER/FEEDER Piglets For Sale
or Reserve a Butcher Pig for the fall
569-7810



**MCBRIDE REALTY
CENTER LTD.**

277 Main Street
P.O. Box 729
McBride, B.C. V0J 2E0
Bus: (250) 569-2719
Toll Free: 1-877-569-2735
Fax: (250) 569-2787
E-mail: rodney@mcbriderealty.com
www.mcbriderealty.com



Rodger L. Peterson
Owner Broker
Participating with



www.Cabela'sTrophyProperties.com

The Center of Real Estate Action in the Province of British Columbia

USED AUTO PARTS

1980 Cadillac Fleetwood \$1200.00
Single Axle Travel Trailer \$1200.00
Home Made Tilt Trailer for a Quad \$40.00
4 - 235x75-15 Tires \$200.00
Del - 569-7070

New Construction, Interior/Exterior
Finishing & Renovations.
"Handcrafted" Solid Wood Interior
& Exterior Doors & Kitchen Cabinets
Bobcat & Backhoe Attachment
Pallet Forks

G & A Moore Ventures
Gerald Moore (General Contractor)
Construction, Remodeling,
Landscaping & Bobcat Services

Box 982 McBride, B.C. V0J 2E0
Phone: (250)569-2269
Cell: (250)569-7147
E-mail: gamoore@telus.net

MARKETPLACE

233 Main Street
McBride, B.C.

Your Neighbourhood Food Store 569-2712

DEL Black Forest Chicken - 100 g...\$1.59
Pepper Turkey Breast - 100 g...\$2.39

Herb Planters \$8.99 / each
Peaches \$1.79 / lb.
Fresh Sirloin Tip Steaks - Canadian AAA - \$3.99 / lb.
Boneless Chicken Breast - Family Pack \$4.49 / lb.
Boneless Pork Loin Half - Family Pack \$2.69 / lb.
Pepsi or 7-Up Products - 2 Litre - select varieties - 3 for \$3.99 + dep. & rec. fees
Pepsi or 7-Up or Diet Pepsi - 24x355 ml \$7.99 + dep. & rec. fees

Charmin Bathroom Tissue - 24's double roll or ultra jumbo roll 12's or megaroll 6's ...\$5.99 each
Campbell's Chunky Soup - select varieties - 540 ml - 2 for \$4.00

Dairyland Sour Cream - reg. or fat free - 250 ml \$1.45
Popsicle Frozen Treats - select varieties - 10's-14's \$3.88

Compliments Value Ketchup - 1 litre \$2.28

BAKERY

Multigrain Rolls - 6 Pk...\$1.99 each
Fruit Bites - Apple - 9 pk...\$2.99 each



Vanderhoof & Districts
Co-operative
Association

DRIVER SALES REPRESENTATIVE
For Commercial and Farm Personal Contact
where high level of customer service is Job One.
Delivering Fuel East to McBride

Greg Belslaw
990 Railway Road Vanderhoof Head Office
Prince George, B.C. Phone 250-564-3488
Toll Free 1-866-309-2667 Fax 250-567-4490
Home 250-963-9011 Cell 250-565-8436

FREE The Little FREE

McBride



Paper



*Serving BC's Friendliest Town and Area!!!
For the week of Wed., July 23rd, 2008*

BRIDAL SHOWER

Elizabeth Hruby's Bridal Shower will be held on July 30th,
7:30pm @ Rosemary Hruby's house.

Fall Fair 2008

Fall Fair is getting under way - Need Locals Help in a couple of events. Need: Old Photographs or Films Depicting Agricultural Events e.g.: Old Barns, Old Farm Equipment, Harvest & Planting. Please contact Marion Cousineau at 1-250-968-4479 (Originals will be returned.)

Calling all Trick Ropers - Looking for fun entertainment at the Fall Fair - August 16 at the Arena- If you know how, and are willing to teach someone how to use the Lasso, give a demonstration on this art, do a show - now is your chance? Contact Marion at 1-250-968-4479 or Sue at 1-250-569-3110.

COMING EVENTS

August 2, 2008, a day to delight! Afternoon events to showcase McBride's Gardens and Poets:
1:00 p.m. McBride garden walk.
2:30 p.m. Poetry of the People and Tales in the Park.

Local poets and reciters will present poems they have written and poems that delight.
Get Your Tickets Now! Advance Sales Only
Tickets for the Gala Evening of Dine and Delight with The Old Time Fiddlers and local talents are available at Stehman's. The McBride Trading Company, Odds and Ends and the Info Center in McBride. A \$20 ticket buys you supper, 6:00 p.m. at the Elk's Hall and the evening's entertainment.

YARD SALE

Yard Sale - Saturday, July 26 from 10-2 at 1111 McBride Crescent.

ELKS NEWS

McBride Elks Hall Rental - If you are interested in renting the McBride Elks Hall, you can now book by either stopping by at the Farm Store or call 569-0425 to see if the hall is available.

ROBSON VALLEY SLO PITGH

Robson Valley SloPitch League Tournament July 19 and 20



- 1st - Loaded
- 2nd - Renegades
- 3rd - Reckless

We would like to thank all the umpires and scorekeepers for the weekend and to all the players for another great season.
Special thanks to this year's executive members and to Randy and Carrie Krenzler for the prize donations.
See everyone next year.

VOLUNTEERS NEEDED

Volunteers needed for the Red Cross Depot. If interested please call Flo at 250-569-3254.

Via-Rail Schedule Phone 1-888-842-7245
Going West - Sunday, Wednesday & Friday...2:40pm
Going East - Monday, Thursday, Saturday...12:03pm
Seniors (60+) 2 for 1 is back. Must book 6+ days advance.

Important Phone Numbers

EMERGENCY	9-1-1	Forestry	569-3760
R.C.M.P.	569-2255	Village	569-2229
Hospital	569-2251	Reg'l Dist'	1-800-667-1959
Health Unit	569-2251	Home Support	569-2266
K to 7 School	569-2721	Food Bank	569-3186
High School	569-2295	Fire Hall	569-3117
Dunster School	968-4414	Greyhound	569-2441
School District 57		The Little McBride Paper	569-3110

Report Forest Fires - 1-800-663-5555

Inquiry B.C.-1-800-663-7887 - For Toll Free Calling to Provincial Numbers ...
Dial this Number 1st and ask operator to connect you to provincial department.

Take a Break in McBride...B.C.'s Friendliest Town!!

•Sirens• Hair Cuts and Colors

OPEN Tuesday to Saturday - Call for appointment
~Sirens will be CLOSED August 3-11~
Phone: 250-569-0131 1011 South Frontage Rd. McBride

Robson Valley TOASTMASTERS

Invite all to a demonstration meeting at the
Advantage Insurance Office
Wednesday, July 23 7:30-9:30 Call Loretta 968-4453

Glass Cutting, Picture Printing,
Matting and Framing

call Bill Arnold 569-3381

SCARE CROW FARM ☎ 569 0351

B&B, Camping & RVs, and Horse Hotel.
scarecrow@mcbridedb.c.com
15km West on Highway 16

Digital Designz

DID YOU KNOW?? Canadian Digital Designz offer's Graduation and Wedding Photography? Call for more information.
Phone: 250-569-0118 1139 McBride Crescent
www.digitaldesignz.ca

EJ'S CUSTOM WOODWORK AND LANDSCAPING



PHONE ERIC JOHNSON

569-7205 OR 569-3123

\$62.00/hour

- CUSTOM WOODWORK, MILLWORK, AND CABINETRY
- KUBOTA FRONT END LOADER WITH MINI EXCAVATOR, 7 FT DEPTH
- PERFECT FOR: LANDSCAPING/TREE TRANSPLANTING/ TRAIL MAKING/MATERIALS/SEPTIC AND DRAINAGE SYSTEMS
- MINIMAL GROUND DISTURBANCE

IPurolator

For all your shipping needs.....
Until further notice, please contact
Sarah @ 250-569-7348 or
Jesse @250-569-7232

CUTOFF TIME FOR PICKUPS IS 2:00PM

AJAK Signs & Graphics

569-0112 of Catly Starlund
569-7114 1800 Eddy Rd
ajaksigns@telus.net McBride

MCBRIDE MOVIES & MORE

569-0123

TUESDAY, July 29 / 08

NEW RELEASES

♦Alice Upside Down ♦The Band's Visit

♦Dead & Gone ♦Diamond Dogs

♦Harold & Kumar-Escape from Guantanamo Bay

♦Lost Boys-The Tribe ♦Never Back Down

♦StarGate Continuum ♦Twin Daggers

♦War Games 2: Dead Code

We will be closed at 6:00pm

on Saturday, July 26

(sorry for any inconvenience)

R. B. HATCHARD CONT.

250-569-2493

3/4 Crushed Gravel

Drain Rock

Pit Run Gravel

Concrete Gravel

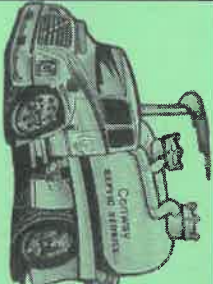
Screened Pit Run Gravel

Call on us for all your
septic truck needs at

Conway Vac Services

(250) 566-3371

or (250) 569-7371



Adam Conway and Brad Conway

Robson Valley Pet Hostel

Grooming & Boarding



Serving locally for 24 years

animal health technician

Ann Schwartz 569-3319

Stop by and Check Out Our New Summer Specials!

Beaney's 2 Granitas Are Back!

THE HAIR SHOPPE

569-3359 803 3rd Ave. - side entrance

Be strong and take heart, all you who
hope in the Lord Psalms 31:24
Need Prayer? Call 569-PRAY

Midget Mills

Retail Lumber Sales

Mill Run 1" Boards

McBride, B.C. V0J 2E0

Office 569-2431 Res. 569-3153

THE MAIN STREET GRILL

Wednesday WING NITE

All Flavours

.35¢ each

Friday NITE SPECIALS

~Schnitzel \$14.95~

~Greek Lemon Chicken \$14.95~

~2 Pizzas (Two Toppings) \$19.95~

OPEN 7am - 9pm
7 Days a Week

569-0321
For Takeout

Need your GED? We do that!

Times available to suit your needs

Robson Valley Home Support's

Adult Literacy Program

Contact Jen at 569-2266

ANTLER CARVINGS FOR SALE

CALL AL #569-2602

McBRIDE REALTY CENTER LTD.



Affiliated Broker for
Cabela's Trophy
Properties LLC.



277 Main Street
P.O. Box 729 McBride, B.C. V0J 2E0
Toll Free: 1-877-569-2735
Fax: (250) 569-2787
E-mail: sarah@mcbriderealty.com
Website: www.mcbriderealty.com



Sarah Olson
Sales Representative
Robson Valley

The Center of Real Estate Action in the Province of British Columbia

Canoe Robson Valley Community Futures

Would you like to explore the idea of starting your own business?

You may qualify for the SEB Program if you are presently on E.I. or have been in the last 3 years or you have been on maternity leave in the last 5 years.

For more information on the Self Employment Benefit Program (SEB), please contact:

Allan Frederick

Phone: (250) 569-2229

SEB Co-ordinator

Fax: (250) 569-3276

E-mail: futur3s3@telus.net

The Government of Canada has contributed funding to this initiative.

Canada



C.H.A.M.

COMPUTER HELP &
ASSISTANCE McBRIDE

(250) 569-0441

MAKING
COMPUTERS
LESS
DIFFICULT



WWW.MCBRIDEAUTO.ORG

SATURDAY JULY 26 9:00AM TO 1:00PM

BLACKWOODGARDENS

PERENNIALS, TREES, SHRUBS, BERRY BUSHES.
OPEN FOR SEASON Phone Ahead or Come By Chance.
ANN 569-3319 (Robson Valley Pet Hostel)

4.5 km East of McBride on Highway 16

DEB'S DOLLARS & SCENTS

289 Main Street 250-569-8811

~We now have MAGAZINES~

Fresh Flowers for Birthdays, Anniversaries,
or for the one you love.

Balloons (Helium) - Cards - Gifts - Party Supplies
We will be CLOSED Aug. 1, 2, 3 & 4 (Sorry for any inconvenience!)

Advantage Insurance
Services Ltd.

Rosemary L. Hruby, CAIB

250-569-2264

Your Local Advantage

For ALL Your

Insurance Needs.

COMMUNITY MARKET

The McBride Community Market every Friday until September 5 from Noon to 3pm in the Pavilion in the Park. For more information call Joyce 569-2427.

Regular Dunster Farmer's Markets until Mid September. Call Loretta for more information 968-4453.

DUNSTER FARMER'S MARKET SUMMER FUN PROGRAM

McBride & District Public Library Summer Fun Program 2008 - Crafts, Reading, Games, and MORE!

Wednesdays: Primary Ages 6-8 = 1:00pm - 2:00pm

Thursdays: Preschool Ages 2-5 = 10:00am - 11:00am, Tween Ages 9-12 = 1:00pm - 2:00pm.

Ten 13+ Reading Club (Online) - Call for details 250-569-2411.

BIRTHDAY WISHES JULY 23-29

Albert Nichols, Dan Kelly, Isaac Jacques, Jose DeFrias, Judson Hodge, Robert Corbett, Roseann Deleeuw, Anne Welsh, Carmela Caputo, Eric Molendyk, JD Cardinal, Ken Long, Phyllis Krueger, Richard Quam, Ben Carter, Bob Mitchell, Chelsea Lammimg, Eric Teering, John Moseley, Linnea Sweis, Sharon Mortensen, Tavish Sweis, Alysa Gredling, Georgia Bekus, Karen Shaw, Tracy Wright, Tyler Albury, Cindy Rollinson, Joe Miles, Penny Rivard, Rick Hallwas, Bev McLennan, Freda MacMaster, Michele MacMaster, Rebecca Craigue, Andrea Arnold, Cyrus Fines, Heather Simpson, Levi Smith, Neil Gordon, and to anyone else we missed, Happy Birthday.

Grad 2009

Grad 2009 Wood for sale, \$125.00 a cord/load. Please call Janice for orders' 569 2446

BUY, SELL, RENT & MISC.

House For Rent-5 Bedroom, with garage. Close to schools & hospital, \$825/mth. Email stape@telus.net or call 250-220-5562.**For sale-Men's Norco 12 Speed Bicycle \$90.00, Star Choice Receiver \$60.00, Rowing Machine Exerciser \$30.00, 569-3398.**For Sale-1995 Ford Windstar. Air, cruise, power windows & locks, remote start. 4000.00 OBO 250-569-2269.**For Sale:2007 F150 Ford 4X4 Supercrew Lariat, new topper, leather interior, power moonroof, 21300 highway km, asking \$33,000.00. 569-0288 Lynn or Greg.**For Rent: Newer 2 bdrm, 2 bath trailer in quiet park. For more info call Nikki 569-8829 Ref's required.**Free kitten to give away to good home. Kitten is litter trained indoor and very loveable. Janice 569-2446**For Sale-Fender M-80 Chorus guitar amp, sounds great, comes with built in reverb and chorus effects \$200 / LTS B-50 bass guitar and Ibanez Tonebaster Bass Amp. Bought both for \$520, selling for \$350 Call Spencer 569-7347.**Appliances for Sale: Wall Oven \$50, Glass Cook Top-\$100.00, Kenmore Built-in dishwasher (1 1/2 yrs old) \$200, over the range microwave-free. White porcelain double kitchen sink with taps-\$150. Call 569-2745**For Sale-2006 GMC Sierra 2500 HD 4x4 16,000kms on warranty \$27,500 / 2004 Thor Travel Trailer 22 Foot, very clean, Awning, Pull Out, Microwave, Island Bed \$13,600. Ph:569-0303**For Sale-Piano, good condition \$2000.00 o.b.o., Air Conditioner Brand New, \$100.00. Ph:569-0097**For Sale-1 set of Queen Size Mattress, Top & Bottom, with headboard. Like new - need the space. Asking \$250.00. Ph:569-2577 evenings**For Sale-Strawberry Plants. .50¢ each or 3 for \$1.00. Phone 569-7241**For Sale-1997 Wildwood 26' travel trailer, single rear bunks, queen bed front, sleeps 8, A/C/Microwave, full bath, nicely appointed cabinets. Excellent Condition. \$11,000. 968-4429.**For Sale-1977 Ford 150 1/2, 2wd, 6 cyl., 4 speed. Good drive train but body rusting out. \$650.00 obo. New white cistern 350 gallons, never used. \$700.00 obo. Phone 569-3239**For Sale-17 1/2' Reinelle. Walk through windshield, 115 Eyrimude, nice deep boat. Very stable, great for fishing or pleasure. May sell separate. Trailer. Can email photos. \$3500 obo. 10 1/2' Coachman Camper. Heater, stove, fridge. Everything works. Wide jacks. \$1250 obo. 4 Toyota Rims, covers and tires. \$75. Phone 569-7575**For Sale-Washing Machine X-tra Capacity (new trans) \$275.00 o.b.o., Chester fried chicken fryer w/exhaust \$750.00, 4ft- 2 tier food warmer \$500.00, 2005 - 900 Runk (new engine & rebuilt clutch) \$6000.00, 2004 - 800 Runk \$6000.00, 1997 GMC Suburban \$8500.00. 1996 - 30.5 ft Bunkhouse Camper Trailer, sleeps 8-6 \$12,500.00 Ph:569-0105 (evenings)**For Sale-Motorized Stand-Me Up Lazy Boy Medical Chair. For Lg Person, \$1,100. Ph:569-8896 Mornings**For Sale:HP Colour LaserJet 1600, bought in Sept. 2007, went back to inkjet, paid over \$400, selling for \$200. Ph 569-0320**Room For Rent-Night, Week or Monthly. Furnished but shared kitchen Ph:1-250-569-2657**To place an ad here call 569-3110, Fax 569-0220 or drop info at 455 King St.

CHURCH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street. - Mens, ladies and children's clothing -Open: Tues. 1:00 to 3:00 - Sat. 10:00 to 12:00-Dorcas is Closed for the Summer. Phone 569-3186•Contact number for the Foodbank is 569-3186•Seventh-day Adventist Church-Meet Saturdays at 9:30 & 11am. and Wednesdays at 7p.m. Phone: Ph:569-3370•Memnonite Church-Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-0445•Mountain Chapel (PAOC)-Sunday School & Adult Classes-10am. Services-11:10am. Ph:569-3350•Anglican United Church-Reverend Dee McEachern. 441 Dominion Street. Meet Sundays at 9:00 a.m. Phone 569-3206 or 569-3386. Hall Rental - Phone Muriel Menzies 569-0037•Evangelical Free Church-Sunday Worship Service at 10:30 a.m. Ph:569-2378 or 569-8845 Pastor Dan Carlaw•Robson Valley Christian Centre-Meets in home Sundays 11am. Dunster Ph:968-4335•St. Patrick's Catholic Church-Meets Sundays at 11:00am Ph:569-2606. "Catholic Faith for Adults" inquiry class. Contact St. Olive.

Greyhound Bus Schedule McBride Husky 569-2441

Depart to East-12:15am Daily • Edmonton
Depart to West-6:10am Daily & 7:30pm Fri. Sat. Sun•Prince George
Depart to South-Daily 12:15am or 10 am Fri. Sat. Sun. • Kamloops

Please contact The Little McBride Paper with all coming events, news, trivia, comments, anything!! Ph:569-3110, Fax:569-0220, email:sglines3@telus.net, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't write about it!! -Scott & Susan Glines - Oscar & Broom

Take a Break in McBride...B.G.'s Friendliest Town!!

ROBSON VALLEY APPLIANCE REPAIR & HOME MAINTENANCE

KEVIN CHILUPKA

McBride, BC V0J 2E0

1158 McBride Crescent

office ~ 250-569-0160

cell ~ 250-569-7222

~Janitorial

valleyfixit@telus.net

233 Main Street
McBride, B.C.



Your Neighbourhood Food Store

HELP WANTED

Position Available

Deli & Bakery

Apply within with resume.

For Sale

2003 Pontiac Vibe, Awd, auto, loaded, remote start.
156000 km. \$7900.00

2000 Ford F350 XLT, standard cab, 6 speed, 7.3 L diesel, long box, 4x4, flip up trailer ball in box,
198,000km, \$8000.00

Stock#6814 DL 11107

2006 Chevrolet Cobalt, 4 door, gray, auto, air, cruise,
13,500km Stock #4850, \$9700.00

DL 11107

Phone Wade or Dave 569-8830

OPEN 24 HOURS



Husky

New Size RED BULL,
355 ml - reg. & sugar free
2 for \$6.00

NESTLE KING SIZE BARS

2 for \$2.69

AQUAFINA 6x710 ml or
FLAVOR SPLASH GRAPE
6x500 ml

\$2.99 with \$1.00 OFF Fuel Coupon

Employment Assistance Service
Robson Valley Home Support Society

NEED A JOB?

NEED A WORKER?

Contact Bob Thompson 569-2266

Funded by the Government of Canada

Canada

ROBSON VALLEY CONSTRUCTION LTD

READY MIX CONCRETE

(250)569-2593

Description	per yard
1 to 1 1/2 washed rock	\$26.00
1 1/2 to 2 drain rock	\$18.00
3/4 to 1 gravel	\$35.00
1 1/4 - 3/4 washed rock	\$36.00
Pit run	\$13.50
3/4 minus	\$27.00
1/4 minus play sand	\$14.00
Fine sand	\$35.00
Concrete	per yard
Regular concrete	\$135.00
30 mpa concrete	\$150.00
Concrete blocks	\$110.00
Truck time	\$90.00/hour
Rental Equipment	per day
Power trowel	\$120.00
Concrete vibrator	\$50.00
6' or 16' power plank	\$120.00
Bow flow	\$35.00

Finish concrete, Foundations, Excavation,
Remodelling, New Construction.

Serving The Robson Valley

Irene Berndsen
250-569-7397

Toll Free: 1-888-563-7397

Email: ireneb@royalpage.ca
www.mountainviewrealty.ca



Sales Representative
McBride, BC



HOUSE FOR RENT

5 Bedroom, with garage. Close to schools & hospital. \$825/mth. Email stape@telus.net or call 250-220-5562

VEGETABLES & RASPBERRIES

FOR SALE

at Ron Hawkins'

2235 Highway 16 East

Cheryl Sansom Award

Each year we award a trophy in memory of our friend and long time member of the Fall Fair Association, Cheryl Sansom. The Criteria are Citizenship & Community Service. Do you know anyone who, like Cheryl, made this Valley a better place to live? She always had a cheerful word, and was very involved in the Fall Fair, Minor Hockey, Ball, School, events and other organizations. She made our Valley a more enjoyable and diversified place to be. If you know anyone like this that you would like to nominate, send a written submission listing this person's attributes by August 25 to the Robson Valley Fall Fair Association, Box 441, McBride, B.C. V0J 2E0. Must be in by August 1st, 2008. Keep an eye out for the Fall Fair Booklet - sometime in July - You will need one to get your entry forms for your exhibit. Start planning now in what you would like to enter this year - Anybody can participate - August 15 & 16. See You There!!!

HERITAGE FESTIVAL

Have a talent? Like to perform? The Robson Valley Heritage Festival, 2 August 2008 will feature an evening of performing art and artists. If you sing, dance, play a musical instrument, juggle or ride a unicycle you are invited to present your talent for all to enjoy. Please phone Barb Jackson or Margaret Griffiths to secure your spot. (569-0344 or 569-2656) Please be prepared to describe your talent and give an approximate length of time for your act. We're looking forward to a great show!

COMPUTER MYTHS

If you have any problems, just call us.

What you see on the screen, you get on paper when you print.

SUMMER CAMP

Stepping Stones Children's Centre Summer Camp - 942 3rd Avenue McBride, BC V0J 2E0 Tel: (250)569-8861.

• **July 21-25** - Kids Fear Factor Frenzy: We hope you're brave because we're hosting Kids Fear Factor, treasure hunting, scavenger hunting and goofy relays!

• **July 28 - August 1** - Kids Cadets: This is our outdoor adventure week! We will be making camp stoves, smores, sand sculptures and to finish the week off we will be having an over night camp out!

• **August 5-8 - Muscle Mania** - This is the week to come out and show off those muscles! Our famous annual Strong Kid Competitions are back again! We will also be playing kick ball, soccer, basketball and baseball.

• **Cost:** \$15.00 a Day-Savings of a full day when you register for a full week! **Time:** 10:00-3:00 Children Ages 6-10 Welcome *Please Note: When registering for Jasper trip, no refund available upon cancellation due to popularity event. *Spaces are limited for all programs! **Phone:** 250-569-8861 or **Fax:** 250-569-2200 **Email:** bethfed@telus.net / Children Must be eligible for grade one in the Fall of 2008 to participate in our School Age Program. *The Centre will be CLOSED for the last week of August (25th-29th) for clean up and fall preparation!

CONCERTS

JULY 25 - CONCERT. The BC Old Time Fiddlers' Association Prince George Branch is hosting a special performance by Kelli Trotter, Maritime Fiddling Champion and Recording Artist on Friday, July 25 at 7 pm at the Blackburn Hall in Prince George, 2451 S. Blackburn Road. Admission \$12 (advance) or \$15 (the door). For more information or advance tickets call Ada Brown at 562-2705.

JULY 26 - OLD TIME FIDDLE CONTEST. The 39th Annual Prince George Old Time Fiddle Contest will be held on Saturday, July 26 at Blackburn Community Centre, 2451 S. Blackburn Road, Prince George. \$5. Preliminaries: 11 am to 5pm with Finals starting at 6:30pm. and Dinner 5pm.(\$5) \$3500 in prizes and trophies. A weekend of fun - join the jam session Thursday night July 24, 7-10pm (1692 10th Ave.), the Kelli Trotter concert Friday night July 25 and the pancake breakfast Sunday morning, both at Blackburn Hall. Registration: e-mail adabrown@telus.net or register in person at the Blackburn Community Centre Friday, July 25 between 5:30 and 6:30 pm or Saturday, July 26 between 9 - 10 am. Classes: Championship, Open, Senior (65+), Intermediate (18-64), Youth (17 and under), Junior (12 and under), Little Junior (9 and under), Twin Fiddles (any age). No entry fees for under 12 years classes, and other fees range from \$5 to \$15.

Take a Break in McBride...B.C.'s Friendliest Town?!

Coming Soon.... Small Business Seminar—McBride September 18 and 19, 2008



Fantastic door prizes!

Proceeds will go to:
McBride Community Foundation, & Valemount Community Foundation

...whether you are in business or not—this is for you!

Learn about the current and future business opportunities in the Robson Valley Manufacturing & Transportation Corridor.

Don't miss this rare opportunity!

More info coming soon ...

Other topics will include:

- Six Keys to Successful Marketing
- Growing Your Business
- Business Transition (Sell or Retire)
- Business Financing

...and many more.

Organized by the Economic Development McBride & Valemount
1-877-569-7556



Tickets price

\$20

Robson Valley Auto Service

1098 NE Frontage Rd McBride

569-2418

USED SAWS FOR SALE

1 - Jonsered Power Saw 2150 Turbo \$399.00

1 - Jonsered Power Saw 2149 Turbo (with heated handle bar) \$399.00

2 - Husky 252 Brush Saws \$450.00 each

1 - Shindilawa Weed Eater \$399.00

POWER SAW PARTS & SUPPLIES IN STOCK

Your Local Mortgage Consultant



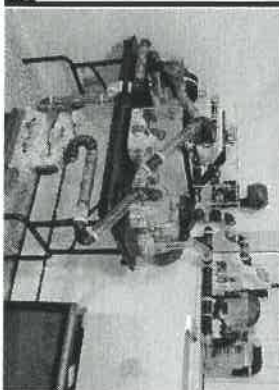
CENTUM
Homebased Mortgage Group Ltd.



Debra Parker AMP Mortgage Consultant

MORTGAGES
*Pre-Approvals *Purchases *Credit Solutions
*1st & 2nd Mortgages *Refinances *Consolidations
*100% Financing

P: 250-566-4268 F: 250-566-4292 E: debra.parker@centum.ca
Looking out for your best interest!



Even the gerbils are going to high rises in the big city!



*Sun Valley
Restaurant*



Keep your eye out....

Something SPECIAL is coming to the

*Sun Valley
Restaurant*

August 17th!