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@@@@@@@@@@

WEEKLY SPECIALS

Jan. 30 - Feb. 6

- Windsfield Washer - \$2.99
- 1800 cfm Pressure Washer - \$299.00
- Shell AW32 Hydraulic Oil - 20 L - \$39.99
- Safety Supplies In Stock (hardhats, liners, etc.)



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REMEMBER

We're OPEN

Saturdays 10:00am to 3:00pm

THE MAIN STREET GRILL

February 1-29 Bacon & Eggs with
Coffee or Tea, Hashbrowns & Toast \$5.50

New York Steak Dinner
Served Daily 11:00am - 9:00pm
8 oz. Steak, Baked Potato, House Salad &
Garlic Toast
ONLY \$9.95

DAILY SANDWICH SPECIALS

A different Sandwich every day
with a Bowl of Home-made Soup \$5.50

Wednesdays WING NIGHT

.35¢ each - All Flavours

Thursdays PASTA NIGHT

Lasagna \$8.95 Baked Seafood & Pasta \$11.95
Bowl of Spaghetti & Meatballs \$7.95

Friday Nite SPECIALS

Chicken Stir Fry \$12.95
King Crab OR Jumbo Prawn Dinner \$17.95
2 - 2 Topping Pizzas \$19.95

Weekly Saturday Nite SPECIAL

PUB NITE PUB NITE PUB NITE
YOUR CHOICE:
8 oz. Steak,
Honey Garlic Breast of Chicken
or Rack of Baby Back Ribs
THEN ENDLESS
Caesar Salad, Baked Potato & Garlic Toast
(all you want) \$11.95

Come on out and enjoy something different!!!

Weekly Sunday Brunch BUFFET

10AM - 2PM
All your Breakfast Favourites PLUS LUNCH
Eggs Benny - Pan Fries - Ham - Pancakes - French
Toast - Toast - Tossed Salad - Caesar Salad -
Mashed Potatoes - Soup - Buns - Potato Salad -
Desserts
Children Under 12 \$6.95 Seniors \$7.95
Everyone Else \$9.95

OPEN 6am - 9pm Daily 569-0321
For Takeout



Ladies open
Bonspiel
February 8-10, 2008

Celebrating 50 years, Bring your '58
Costumes. Only \$160 per team, Best
dressed and many other prizes to be won.
Dinner, Then Dance at Elks Saturday
evening with Oldtimers' Hockey Club.
Call Ria . 250-569-0402

FREE The little FREE

McBride

Paper



Serving BC's Friendliest Town and Area!!!
For the week of Wed.. January 30th, 2008

Elks/Royal Purple News

Great News!
We have just received confirmation on this year's Lottery Grant applications and both the Elks and Royal Purple have been placed in a pilot project over the next 3 years. The Elks Club has been given \$30,000.00 and the Royal Purple has been given \$33,000 to use over the next 3 years towards community clubs and organizations who are in need of financial assistance to keep their programs going. The 2007-08 funding has already been allocated through the letters of applications already received. Make sure to get in your applications in over the next few months if your group is in financial difficulty and we will try our best to help you out.

We have a very busy few months ahead with catering both the Oldtimer's Hockey banquet and the McBride Secondary School Retirement Party.

Remember to get out your dancing shoes and come out and enjoy the "Sweetheart Family Dance" on Saturday, February 15th beginning at 9:00 p.m and ending at midnight after the "Midnight lunch". Music will be provided by Nadine Showar. We are only asking for a donation to help cover costs. Designated drivers will be provided. **Our next meeting** will be February 6th at 7:30 p.m. and we will be discussing Pioneer Days and what we can do to make it a fun weekend. If you have any ideas on how we can make Pioneer Days, Fall Fair, etc. more successful we would like to hear from you. **Watch the paper** and look for posters for information on our upcoming "Aerobics Exercise Classes". We are hoping to hold classes Monday-Friday, 4:00 - 5:00 p.m. at the Elks hall. These sessions will be FREE!

Reminder to drop off your soup labels and can tabs at Fort Electric and also if are not collecting the IGA Promotional stickers (eg. pots/pans) please drop them off as well.

THANK YOU

Thank You - To our friends and neighbours of the McBride community: we would like to express our sincere appreciation and gratitude for the gracious caring and sharing with us in the loss of our mother and grandmother. We express special thanks to the following: Dr. Jackson for his helpful counsel, the home care nurses for their services over the years, the LDM crew for sanding to make the road more safe, for keeping our driveways opened during the snow storm and for providing roadside caution signs on the day of the funeral, the RCMP staff for helping us to safely enter Hwy. 16 as we travelled to the cemetery, the Evangelical Free Church for the use of their building Sunday evening, to the McBride Secondary school for the use of the gym, and to R.B. Hatchard Contracting for services rendered. We also want to remember, with thanks, all who opened their homes for lodging for our overflow of guests, and those who brought food and cards and shared condolences. It is difficult to adequately express what all this caring and sharing has meant to us. We simply want to say, "Thank You!"

-The Mervin J. Baer Family
Thank You to Craig Arnold, Richard Nash, Jean Moseley & Jessica Eyben. Thank you for all of your help and Quick action with Reed-Mitchel on Saturday. We are so lucky to have such wonderful Emergency staff in McBride. Thank You Again.

-Mellany & Jamie Ford & the Scales Family
Thank You - A HUGE BOUTIQUE of thanks from McBride Hospital Aux. to Bobbie Ann & Nelson Hicks of Main Street Grill for supplying all the food, time & effort for our Pancake Fundraiser. It was very much appreciated. 108 Breakfasts were served along with many donations. We raised over \$1200.00 towards our I.V. Pump for the Hospital. So Thanks again to all who supported us. P.S. Thanks Stacey & Sarah

BIRTHDAY WISHES JAN. 30 - FEB. 5

Joey Rich, Shea Krenzler, Shane Long, Stan Walchuk, Kari Pavlovich, Ron Hammarstedt, Kathleen Elliott, Morgan Lintheild, The Kommacher, Jesse Spangler, Linden Ladouceur, Emilie Kate Rhodes, Darrell Scales Jr., Hilda Mutin, Darrell Doerksen, Clint Moore, Brandy Engertahl, Tedd Warner, Gerry Smith, Sheila Anderson, Tanner Molendyk, Debby Ladouceur, Rosy Esser, Connor Quam, Dylvan Walchuk, Shelley Hatchard, Colin Carmichael, Matt Villeneuve, Fred Birchler, Margaret Yon, and to anyone else we missed. Happy Birthday.

THOUGHT OF THE WEEK

I didn't say it was your fault.
I said I was going to blame you.

Greyhound Bus Schedule McBride Husky 569-2441
Depart to East-12:15am Daily • Edmonton
Depart to West-6:10am Daily & 7:30pm Fri. Sat. Sun • Prince George
Depart to South-Daily 12:15am or 10 am Fri. Sat. Sun. • Kamloops

Please contact **The Little McBride Paper** with all coming events, news, trivia, comments, anything!! Ph:569-3110, Fax:569-0220, email:sjlines3@telus.net, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't write about it!! -Scott & Susan Glines - Oscar & Broom

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1158 McBride Crescent
office - 250-569-0160
cell - 250-569-7222
valleyfixit@telus.net



AGM

February 18, 2008 - 7:00pm

At the Library

http://www.mcbridebc.org/library

library@mcbridebc.org

241 Dominion St. (250)569-2411

Turn off the Tube and Read a Book

* FLOOR COVERING

INSTALLATION

* LAMINATE FLOOR &

WALLTILE

* WOOD FLOORING

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\$49.95 and less

Employment Assistance Service
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NEED A WORKER?

Contact Bob Thompson 569-2266

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Canada

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*NICELY FURNISHED ACCOMMODATION,
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*NIGHTLY (2 NIGHT MINIMUM),
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569-2712

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French Herb Loaf - 100 g...\$1.49
Honey Maple Turkey - 100 g...\$2.59

Boneless Blade Roast - AAA Beef.....\$2.79 / lb.
Chicken Breasts Back Attached -
Family Pack.....\$2.69 / lb.
Pork Side Ribs - Family Pack.....\$1.99 / lb.
Lay's Potato Chips -
Selected Varieties - 250g - 3 for.....\$6.00
Pepsi - 12 Pk Cans.....\$3.99
Niagara Tree House Blends Orange - 1 L.....\$4.98
Niagara Tree House Blends Apple - 1 L.....\$4.98
Mott's Cinnamon Cocktail -
Selected Varieties - 2 for.....\$7.00
Dairyland Sour Cream - 500 ml.....\$2.49
Boxed Navel Oranges.....\$9.99 each

BAKERY

Lemonberry Crumble Cake - 335g...\$4.29
Macaroon Madness Squares - 335g...\$4.29

COMMUNITY ANNOUNCEMENTS

FREE DROP-IN EXERCISE CLASSES Monday - Friday at the Elks Hall: 3:00 - 4:00 p.m. Aerobics, 4:00 - 5:00 p.m. Stretching, 5:00 - 6:00 p.m. Variety of Exercises. Come out and have some fun! **BINGO, BINGO, BINGO** - The next Legion Bingo will be held February 6th starting at 6:30. Come out & have some fun! You Might Win Something.

Depression Recovery Program by Neil Nedley, MD Offered in McBride - Neil Nedley, MD has put together his 8-week Depression Recovery Program from his 15 plus years of research and clinical experience helping his patients. This seminar is not only excellent for people who are depressed, but also for those who have family members or friends who are depressed. The McBride Seventh-day Adventist Church, will be hosting the Nedley Depression Recovery Program on DVD. The program begins Monday, February 11 at 7:00 PM at the Public Health Reception Room (old nurse's residence). The introductory program is free. Those interested should call Adella Gordon at 569-2471. Irene Twiss at 569-3446 or come to the introductory meeting.

Wishbone Productions presents VALLEY COMFORT, a play with music about the Robson Valley playing at the Roundhouse Theatre in McBride Wed., Jan. 30, 7:30pm. Tickets available at the door - \$12 adults - \$10 Seniors & children under 12.

Ladies Open Bonspiel February 8-10, 2008. Celebrating 50 years. Bring your '58 Costumes. Only \$160 per team. Best dressed and many other prizes to be won. Dinner, Then Dance at Elks Saturday evening with Oldtimers' Hockey Club. Call Ria 250-569-0402.

Community Volleyball - Drop in Wednesdays from 7-9pm. at the Highschool. Everyone Welcome!

Community Badminton - Tuesdays, 7pm. at the high school gym. Please come out and enjoy the free fun and exercise. Indoor shoes required. Some racquets now available for use if you don't have your own. More info call Tracey at 569-0227.

BUY, SELL, RENT & MISC.

MOVING SALE-Household & Shop Items - Too Many to list. For inquiries please call 569-2594. •**FREE** - 3 male 4 month old Collie/Blue Heeler/Rotwielter/Jack Russell Puppies. Contact 569-4445 - Very Interesting Breed To Say the Very Least. •**For Sale**-tundra ski doo needs tune up \$500, brand new radial arm saw \$500 call 968-4335. •**For Sale**-Pigs for Sale (Livy) \$1.10 / lb. 230-260 lb. Ph:Kosy 569-0426. •**For Sale**-97 Dodge Ram 1500 4x4 well maintained / mech sound. \$5000 o.b.o. 569-7111. •**For Rent**-2 Bedroom Cabin Private-River Front-Close to Town-Off Grid \$600/ month References Required Ph:569-7111. •**For Sale**-1987 F250 Ford Pickup Truck - Excellent Shape. 351-gasoline Engine - Comes with canopy. \$4000.o.b.o Ph:5690211. •**For Rent**:Attractive 2br mobile home in managed park. To approved tenants. Positively no dogs. 569-3343. •**For Sale**-2005 Chev Uplander, 6 Passenger, 4 Door/ White, 4 Studded Winter Tires, 2 Summer Tires, 60,000km, GRANDMA DRIVEN, \$17,500 obo Ph:569-2524. •**For Sale**-12x68 trailer with addition and fenced yard in local park, fridge stove included. \$6000.00 call 569-4404. •**For Rent**:Roomy 1 bedroom house on McBride Crescent. Laundry & large yard. Call 569-0171. •**For Rent**-Comfortable 2 bedroom rural place for low rent. Phone 569-2462. •**Wanted**-Used windows, any size. Inglis Washer for sale New \$200. New Holland 496 Mower Conditioner \$2500.00. 1968 Dodge 1 ton duty for sale. Straighthead six, 3 spd, Steel deck \$300 obo. Phone 569-7241. •**For Sale**-Reconditioned Washing Machine. Works well. \$150.00. Phone 569-0351. •**For Sale**:Laminiate Flooring .99¢ per square foot / 5.4 Litre 25,000km engines - \$2000.00 each Ph:569-8830. •**Room For Rent**-Night, Week or Monthly. Furnished but shared kitchen Ph:1-250-569-2657. •**For Sale**-1966 Western Flyer Coach-diesel pusher, 8V71 DD, 5 speed manual. All electric except for stove and furnace, 2 TV's, 2 dr. freezer/fridge, shower, ceramic toilet, rear bedroom, sleeps 5/6, 7.5 Kw diesel generator, elec. baseboard heaters, 50 Amp. service. A real classic. \$35,000 OBO Ph:(250) 569-2638. •**To place an ad here call 569-3110. Fax 569-0220 or drop info at 455 King St.**

CHURCH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street. - Mens, ladies and children's clothing -Open: Tues. 1:00 to 3:00 - Sat. 10:00 to 12:00. •**Dorcas** is Open Tues. 1-3. Phone 569-3186. •**Contact number for the Foodbank** is 569-3186. •**Seventh-day Adventist Church**-Meet Saturdays at 9:30 & 11am. and Wednesdays at 7p.m. Phone: Ph:569-3370. •**Mennonite Church**-Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-0445. •**Mountain Chapel (PAOC)**-Sunday School & Adult Classes-10am. Services-11:10am. Ph:569-3350. •**Anglican United Church**-441 Dominion Street. Meet Sundays at 9:00 a.m. Phone 569-3206 or 569-3386. •**Evangelical Free Church**- Sunday school at 9:45a.m., Sunday Worship Service at 11:00 a.m. Ph:569-2378 or 569-8845. Pastor Dan Carlaw. •**Robson Valley Christian Centre**-Meets in home Sundays 11am. Dunster Ph:968-4335. •**St. Patrick's Catholic Church**-Meets Sundays at 11:00am Ph:569-2606. •**Catholic Faith for Adults** inquiry class. Contact St. Olive.

Via-Rail Schedule Phone 1-888-842-7245

Going West - Sunday, Wednesday & Friday...2-40pm
Going East - Monday, Thursday, Saturday...12:03pm
Seniors (60+) 2 for 1 is back. Must book 6+ days advance.

Important Phone Numbers

EMERGENCY.....9-1-1
R.C.M.P.....569-2255
Hospital.....569-2251
Health Unit.....569-2251
K to 7 School.....569-2721
High School.....569-2295
Dunster School.....968-4414
School District 57.....The Little McBride Paper
1-800-256-7857
Report Forest Fires - 1-800-663-5555

Inquiry B.C. 1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...
Dial this Number 1st and ask operator to connect you to provincial department.

Take a Break in McBride...B.G.s Ferndalefest Town??

Sirens - Hair Cuts and Colors

Open * January 17-30

Phone: 250-569-0131 1011 South Frontage Rd. McBride

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569-0133

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Large 2 - Bedroom
furnished apartment.
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McBRIDE MOVIES & MORE

569-0123

TUESDAY, February 5

NEW RELEASES

- Across the Universe (The Beatles)
- Assassination of Jesse James (Brad Pitt)
- Go Diego Go! - Magical Missions
- Moving McAllister (John Heder)
- The Brave One (Jodie Foster)
- The Jane Austen Book Club
- Weirdsville

In store specials:

New Releases - Rent 2
get the 3rd one for half price!

New Releases - Take your movie for 2 nights
for \$3.00 more!

TV Series on DVD - Now 2 night rentals
for \$7.00 instead of one night for \$5.00.

Robson Valley Pet Parcel

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...CORRAL'S...BARNS...CABINS...
No Job Too Small

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BOYD ANDERSON
569-0236 (home)
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2006 Ford Ranger Extra-Cab, V6, 5 spd Manual, Air, Tilt, Cruise, Post, Canopy, Running Boards, Front Mount Custom Built Towbar, 19,000km. Ford Warranty. \$16,500.00 (no GST) Phone:1-250-569-2244/3121

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*EXTERIOR & INTERIOR WOOD DOORS

STEDMAN'S

Main St. McBride 569-2415
Our "Winter Clearance Sale" ends Jan. 31

Our "Regular Inventory Clearance Sale" begins February 4 - 16.
All Merchandise - 25% OFF.
(This includes Valentines, Easter and New Arrivals.)
All "Sale" or "Reduced to Clear" Merchandise - 20% OFF discounted price.
Cash, Interac or Credit Card Only All Sales are Final!!!

DEB'S DOLLARS & SCENTS

Open Tues.-Fri. 10-5pm. & Sat. 11-5pm.
100 Holdway St. (Hotel) Ph:569-8811 Fax: 569-8821

Fresh Flowers, Cards, Balloons, etc.
Cast Iron Rentals: *Champagne Glass - 4ft *Wedding Bells - 6ft *Cowboy Boot - 8ft *Candy Canes - 3ft *Heart - 6ft *Candle Holder Rentals - 120
Little bit of everything for everyone
*****Watch for Valentine Specials*****

SUN VALLEY RESTAURANT

CELEBRATE VALENTINES DAY at SUN VALLEY
Sealfood Platter for Two: Bacon wrapped Scallops, Crab Legs, Shrimp Skewers, Calamari, choice of Potato or Rice, Vegetables, Garlic Toast, Soup or Salad to start, Dessert \$41.95

Greek Lemon Chicken for Two: Our House Specialty! Served with Rice, Roasted Potato, Greek Salad, Garlic Toast and Dessert! \$33.95
Make reservations and your table will get a Special Bonus!!!
Phone 569-0007 Fax 569-0004



*Be strong and of good courage,
all ye that hope in the Lord.
Psalms 31:24*

Do you or someone in your life need an extra Prayer?
Our Prayer chain is awaiting your requests.
One call could lead to hundreds of prayers.
Calls are confidential. Please call 569-PRAY

SCHOOL NEWS

Movie Night - "Mr. Bean's Holiday" February 15th at the Roundhouse Theatre. Doors open at 6:00pm. Movie starts at 6:30pm. \$2.00 / person. Concession sponsored by student council. Movie sponsored by McBride Elementary School PAC and McBride Secondary.

Community Calendars - The Community Calendar's are in and grade 12 students will be delivering them shortly. If you do not receive your calendar by February 1st please contact the school at 569-2295.

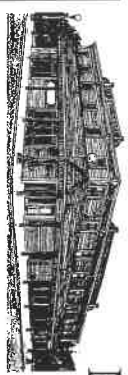
Protect Your Children. Know the Facts

National Non-Smoking Week is an opportune time for organizations promoting tobacco reduction initiatives across Canada to direct public attention towards current issues of concern. Our intent is to share research-based information about the health risks for Canadian children exposed to second hand smoke while travelling in vehicles. We know that parents are concerned with keeping their children safe. Smoking while travelling with children suggests that people may not be aware of the health risks children are exposed to. For some, a heavy addiction to nicotine may influence parents' ability to quit at this time. A vehicle is an enclosed space in which tobacco smoke creates a highly concentrated atmosphere containing 250 toxic or carcinogenic chemicals (e.g. formaldehyde, benzene, arsenic and ammonia). Many health consequences exist for children through involuntary exposure to tobacco smoke. Particularly vulnerable are the developing bodies of young children and infants. A Report of the Surgeon General (revision Jan. 4/2007) connects children's involuntary exposure to tobacco smoke to: • Sudden Infant Death Syndrome • Lower birth weight babies • babies with weaker lungs than other babies • respiratory infections such as bronchitis and pneumonia • asthma • ear infections etc. We are asking adults travelling with children to protect them by travelling smoke free. If you choose to stop for a smoke break, remember to: • keep warm and waterproof clothes in the vehicle. • if children remain in the vehicle, remove your keys from the ignition and stand where you have a clear view from outside. If you would like assistance to quit smoking, you can contact the NICC program at 569-2251 ext. 204. Alternatively you can call the smokers help line at "Quit Now by phone 1-877-455-2233 or visit the Health Canada website at "quinn.ca" **Written by Denys Smith, Regional Tobacco Reduction Coordinator, Northern Health.

THINK ABOUT IT...

Good judgment comes from bad experience,
and a lot of that comes from bad judgment.

Take a Break in McBride...B.G.s Friendliest Town!!!



MCBRIDE HOTEL
569-2277

Annual SUPERBOWL PARTY

and Pool Tournament

Sunday, February 3rd
Starting at 12:00 noon

**Prizes, Popcorn, Chips,
Chili & Buns (Free)**
****Drink Specials****

"Come & Have Some Pool Party Fun"

RAH! RAH! RAH! See You There!!!

THE LOGGER AND THE LADY

WINTER BOOTS & CLOTHES
"AT COST"

COME IN & CHECK OUT OUR SALES

OPEN TILL 6:00P.M. MON.-THURS.

FRI 3:30

569-0077 AFTER HOURS CALL 569-2539

SMART TAN & ACCESSORIES

Open Thurs., Fri. & Sat. 9:30-4:30

Please call 569-7054 for appt. or just drop in.

Now Located at 1093 3rd Ave. (the old cop shop)

* New Price for Spray Tan \$27.00

* Spray Tan 5 times, 6th one is FREE!

* Gift Certificates available

NEW ITEMS IN - Hats, Handbags, Watches & Jewellery

Community Calendar sponsored by the Village of McBride and the McBride and District Chamber of Commerce

McBride & District

February 2008

Community Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
3 CHURCHES Robson Valley Home Support Programs for Kids and adults 569-2266	4 MUSEUM/LIBRARY Tue:10-5 & 7-9 pm, Wed:10am-2pm Fri:2-9pm Sat:2-5pm SENIORS' PROGRAMS: anyone age 55+ is welcome. SDA Food Bank: phone 569-3225	5 Elks - Royal Purple 7:30 pm AUCW Thrift Shop 1-3 pm DORCAS Used Clothing 6:30 pm TOPS @ HiltUnit	6 Curling Friday Junior Curling Wednesday Oldtimers Hockey	7 Community Sports @ Highschool 7-9 pm Badminton - Tuesday Volleyball - Wednesday 2-4 pm OAPO Stitch & Knit 3:30-5:30pm Dome Ck Reading Room 6:30 pm Srs Bingo @ BVLodge	8 7:00 pm Card Night@Elks 7:00 pm Mennonite Group Singing @ BVLodge Curling Ladies Bonspiel Oldtimers Hockey	1 SDA Church 10am - noon AUCW Thrift Shop
10 CHURCHES Curling Ladies Bonspiel Oldtimers Hockey	11 7:30 PM Hospital Auxiliary @ McBride Hospital 7-9 pm VFD mtng @ Fire Hall	12 AUCW Thrift Shop 1-3 pm DORCAS Used Clothing 6:30 pm TOPS @ HiltUnit McBride Village Council Meeting	13 W.S. Mtg @Station 7:00 pm CoC @C Chnamb 6:30 pm Bingo @ Legion Hall	14 Happy Valentines Day! 2-4 pm OAPO Stitch & Knit 3:30-5:30pm Dome Ck Reading Room 6:30 pm Srs Bingo @ BVLodge	15 7:00 pm Card Night@Elks Sweethearts Family Dance - 8:30@Elks	2 SDA Church 10am - noon AUCW Thrift Shop
17 CHURCHES	18 7-9 pm VFD mtng @ Fire Hall	19 AUCW Thrift Shop 1-3 pm Elks - Royal Purple 7:30 pm DORCAS Used Clothing 6:30 pm TOPS @ HiltUnit	20 W.S. Mtg @Station 7:00 pm CoC @C Chnamb 6:30 pm Bingo @ Legion Hall	21 2-4 pm OAPO Stitch & Knit 3:30-5:30pm Dome Ck Reading Room 6:30 pm Srs Bingo @ BVLodge	22 7:00 pm Card Night@Elks	9 SDA Church 10am - noon AUCW Thrift Shop Curling Ladies Bonspiel Oldtimers Hockey Bonspiel/Oldtimers Hockey Dance
24 CHURCHES	25 7-9 pm VFD mtng @ Fire Hall	26 7:30 pm McBride Village Council Meeting	27 7 pm Valley Piecemakers @ HS 6:30 pm Bingo @ Legion Hall	28 2-4 pm OAPO Stitch & Knit 3:30-5:30pm Dome Ck Reading Room 6:30 pm Srs Bingo @ BVLodge	29 7:00 pm Card Night@Elks	23 SDA Church 10am - noon AUCW Thrift Shop

McBride Recreation Centre - Open Call 569-3360 for more information on programs or go to www.rdffg.bc.ca and follow the links

TRANSFER STATION HOURS Mon/Thurs/Fri - 9-4 Sat/Sun - 10-4 Stat Holiday 10-2

Tues Wed Closed

Phone: McBride Visitor Centre, 569-3366, or email details to: come2mcbride@telus.net March Calendar deadline: February 24, 2007

February 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Chair Exercises@BV @9am	2
					Bowling 10am@RBOC	
3	4 Chair Exercises@BV @9am 10:00@BV Linda Fry-Notary Speaking on Wills/ Answering Questions	5 Bowling 10am@RBOC	6 Chair Exercises@BV @9am LUNCH @ Beanery	7 Stitch/Knit @ BV 2pm-4pm Bingo @6:30/BV	8 Chair Exercises@BV @9am Bowling 10am@RBOC	9
10	11 Chair Exercises@BV @9am Movie Night 6:30@BV	12 Bowling 10am@RBOC	13 Chair Exercises@BV @9am Birthday Tea@2:00 BV	14 Stitch/Knit @ BV 2pm-4pm Bingo @6:30/BV	15 Chair Exercises@BV @9am Bowling 10am@RBOC	16
17 Adopt-A-Senior Luncheon Noon@Sandman	18 Chair Exercises@BV @9am	19 Bowling 10am@RBOC	20 Chair Exercises@BV @9am LUNCH @ Kilin	21 Stitch/Knit @ BV 2pm-4pm Bingo @6:30/BV	22 Chair Exercises@BV @9am Bowling 10am@RBOC	23
24	25 Chair Exercises@BV @9am Movie Night 6:30@BV	26 Bowling 10am@RBOC	27 Chair Exercises@BV @9am Noon OAPD Lunch/Meeting	28 Stitch/Knit @ BV 2pm-4pm Bingo @6:30/BV	29 Chair Exercises@BV @9am Bowling 10am@RBOC	