

STEDMANS

Main St. McBride

569-2415

“Winter Clearance Sale”

Thursday, Jan. 17 - Thursday, Jan. 31
50% OFF - All Christmas Decorations & Giftware
40% OFF - All Men's & Ladies Clothing
 (Workwear, Socks and Underwear not included.)
25% OFF - Ladies' Selected Bras & Underwear
30% OFF - All Children's Clothing,
 Winter Boots, Sleepwear.
25% OFF - Christmas Boxed Chocolates and Nuts
20% OFF - Winter Gloves & Toques

McBride 75th Anniversary Shirts

Reg. \$14.99 - **SALE \$7.99**

Keychains

Reg. \$2.99 - **SALE \$1.79**

An Additional 20% OFF Already Reduced Merchandise
 Watch for In-Store Specials, Reduced to Clear Items.

All Sales are Final!

CFDC Canoe Robson Valley Community Futures

Would you like to explore the idea of starting your own business?

You may qualify for the SEB Program if you are presently on E.I. or have been in the last 3 years or you have been on maternity leave in the last 5 years.

For more information on the Self Employment Benefit Program (SEB), please contact:

Allan Frederick

Phone: (250) 569-2229

SEB Co-ordinator

Fax: (250) 569-3276

The Government of Canada has contributed funding to this initiative.

Canada

THOUGHT OF THE WEEK

Some days you are the bug;
 some days you are the windshield.

LOCAL PROGRAMS

Infant Massage, Parent-led class six sessions starting January 24th, 10:00-11:00 am @ Robson Valley Home Support office. Registration \$10. Please bring a towel and change pad. For info: call Lotte 569-2266.

Depression Recovery Program by Neil Nedley, MD Offered in McBride. Neil Nedley, MD has put together his 8-week Depression Recovery Program from his 15 plus years of research and clinical experience helping his patients. The McBride Seventh-day Adventist Church, will be hosting the Nedley Depression Recovery Program on DVD. The program begins Monday, February 11 at 7:00 PM at the Public Health Reception Room (old nurse's residence). The introductory program is free. Those interested should call Adella Gordon at 569-2471, Irene Twiss at 569-3446 or come to the introductory meeting.

GRAN'S REVENGE

When my three-year-old son opened the birthday gift from his grandmother, he discovered a water pistol. He squealed with delight and headed for the nearest sink.

I was not so pleased.

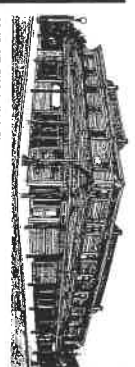
I turned to Mom and said, "I'm surprised at you. Don't you remember how we used to drive you crazy with water guns?"
 Mom smiled and then replied...

"I remember."

VALLEY COMFORT

Wishbone Productions presents VALLEY COMFORT, a play with music about the Robson Valley. What happens when a bunch of local theatre lovers decide to write a play about Robson Valley history and hire a director from the big city to help create it? Find out when you meet them all at Bab's Cafe. It's the middle of a snowy, bitter winter and they're gathered at the cafe to rehearse with their director - a woman who has never stepped out of the big city and certainly never heard of the Robson Valley! In their untrained and increasingly frantic attempts to create the play, they discovered what is really important, about themselves, their theatrical efforts and their community. Written by Sharon Stearns in collaboration with the Robson Valley Theatre Collective: Ellen Duncan, Harold Edwards, Shara Gustafson, Carol Hammer, Seth McDonald, Jody Newham, Loreta Simpson & Bob Thompson. Produced by Wishbone Theatre. A premiere production opening at the Valenmount Theatre Wed., Jan. 23, 7:30pm. Also playing at the Roundhouse Theatre in McBride Wed., Jan. 30, 7:30pm. Tickets available at the door - \$12 adults - \$10 Seniors & children under 12.

Take a Break in McBride...B.G.'s Biergartenfest Town!



McBRIDE HOTEL

569-2277

PRESENTS...

Annual SUPERBOWL PARTY

and Pool Tournament

Sunday, February 3rd

Starting at 12:00 noon

**Prizes, Popcorn, Chips,

Chili & Buns (Free)**

Drink Specials

“Come & Have Some Pool Party Fun”

RAH! RAH! RAH! See You There!!!

McBride Roundhouse

Theatre Society

Van Django

Thursday, Jan. 24, 2008

All Seats \$20.00

Tickets Are Available at Stedmans

SMART TAN & ACCESSORIES

Open Thurs., Fri. & Sat. 9:30-4:30

Please call 569-7054 for appl. or just drop in.

Now Located at 1093 3rd Ave. (the old cop shop)

* New Price for Spray Tan \$27.00

* Spray Tan 5 times, 6th one is FREE!

* Gift Certificates available

NEW ITEMS IN - Hats, Handbags, Watches & Jewellery