

LES REPRESENTATIVE and Farm Personal Contact customer service is Job One.

Delivering Fuel East to McBride
Greg Belshaw
990 Railway Road
Prince George, B.C.
Toll Free 1-866-309-2667
Fax 250-56

Health Heart & Home Health Products, Gifts & Antiques

Antiques
Antiques
Vitamins & Minerals
Bulk Spices
| MORE GIFTWARE

Has Arrived

Vanderhoof Head Office Phone 250-564-3488 Fax 250-567-4490 Cell 250-565-8436

McBride

FREE The Little Eres

Paper



For the week of Wed., October 31, 2007 Serving BC's Friendliest Town and Area!!2

have a safe and happy

Karowere.

FOOD BANK

The Seventh Day Adventist Church will be collecting canned goods and non perishable items for the Food Bank on Halloween MGBRIDE DISTRIGT VOLUNTEER FIRE DEPARTMENT Presents Halloween Fireworks - October 31st, 2007 at The Main Baseball Diamond starting at 7:30pm. Royal Purple will be there with Hot Chocolate and Hotdogs. - Thank You to everyone who donated towards this annual event!!!

OPEN Daily till 5:30pm

Barbara Faust, IHP

Massage, CranioSacral, IonCleanse
Tuesdays at Health Heart and Home
For appointments, please call (250) 968-4509
Gift certificates available

CARPENTRY + BOBCAT WITH BACKHOE SERVICES
GERALD MOORE ALL GANDIDATES FORUM

Robson Valley Pet Hostel Grooming & Boarding

Presented by the McBride & District Chabe held on November 7, 2007 at 7pm in 1 or of Commerce will Roundhouse Theatre.

The annual Craft and Miscellaneous Sale sponsored by the Seventh Day Adventists Church will be held on November 24, 2007 from 6-8:30pm at the Legion Hall. There will be Door Prizes, Christmas Gifts, Crafts & White Elephants. Come one and all!

McBRIDE GURLING GLUB GRAFT SALE

*UNDERGROUND TANK REMOVAL, *SNOWPLOWING,
*LANDSCAPING and more
*FRAMING, *RENOVATIONS, *KITCHEN CABINETS,
*CUSTOM FINISHING,
*EXTERIOR & INTERIOR WOOD DOORS

McBRIDE REALTY
CENTER LID.

Home: (250) 569-2269 Cell: (250) 569-7147

The Curling Club will be cleaning out lockers. This needs to be completed by November 2nd. If anyone has anything in a locker, please stop by and collect it before November 2nd or it will be ited.

Junior Curling is starting on November 14 at 6:30pm. Drop in for

OPERATION CHRISTMAS CHILD - a project of Samaritan's Purse. The power of a simple gift--make a difference, fill a shoebox! Makes a fabulous family or group event.

Info and resources available at McBride Evangelical Free Church. Contact Marilyn @ 569-8845 or 569-2378.

National collection week November 5-10 at Husky Greyhound OR group sorting and collection Saturday, November 3 at 2:00 PM.

Let's show the world McBride's caring spirit!

Rodger L. Peters Owner Broker

PROPERTIES

GOMMUNITY ANNOUNCEMENTS

USED AUTO PARTS

1992 Dodge Diesel Pickup, recent inspection \$5200

1987 Chev Mailbu \$400

Tires \$10.00 and up

November 2nd. Will resume again on November 4th Monday. Wednesday and Friday. Tai Chi from 4:30 - 5:00. Aerobic dance from 5 - 5:45.

Community Volleyball - Drop in Wednesdays from 7-9p.m. at the Highschool. Everyone Welcome!

Community Badminton has started again! Tuesdays, 7p.m. at the high school gym. Please come out and enjoy the free fun and exercise. Indoor shoes required. Some racquets now available for use if you don't have your own. More info call Tracey at 569-0227.

McBride Volunteer Fire Department is having their Annual Emergency Services Dinner November 24th. We are accepting bids to cater the dinner. Please submit menu and prices to Nicole Molendyk, Box 43, McBride. DEADLINE IS NOVEMBER 1st. If you have any questions please call Nicole at 569-2310.

Your Neighbourhood Food Store

DELL

MARIKETPLACE 233 Main Street McBride, B.C. 569-2712

SCHOOL NEWS

Community Calendar - If you haven't been approached by a grade 12 student make sure to call the school at 569-2295 and place your

Becel Soft Light Margrine - 907 g.....

Coca Cola & Diet Coke - 12 pk cans

Lays Variety Multipack Potato Chips

Assorted - 18's.....

Assorted - 18's Fresh Chicken Breast

\$5.99

Eagle Brand Decadent Fudge Kit - 454 g

\$5.99

New Orleans Turkey - 100 g...\$1.49 Montreal Smoked Beef Brisket - 100 g....\$1.59

12 student make sure to call the school at 569-2295 and place your order. Calendar's are \$9.00 each.

Food Safe - The Food Safe course will be held on November 1st and 2nd. Cost \$65.00/adult and \$35.00/student. Limited seating.

Grad Dinner - Caterer. Deadline to have bids in for the Grad dinner on June 27, 2008 is November 1st. Call Kathy at the school for more details.

Craft Fair - Book your table for the annual McBride Secondary Craft Fair on Saturday, November 24th. Cost \$10.00/table or 10%.

Firewood for Sale - \$100 per cord delivered by students. Grad Trip fundraiser. Call Dawn at 569-3410 or Kim 968-4467 to order. Thank You for your support.

Via-Rail Schedule

Otion Bast - Monday. Wednesday & Friday...2-40pm

Going East - Monday. Wednesday & Friday...2-40pm

Geniors (60+) 2 for 1 is back. Must book 6+ days advance.

W/ Back attached

Pork Shoulder Roast - Boneless

Chicken Drumetts - Family Pack

Organic Granny Smith Apples

BAKERY

Eccles Cakes - 2 pk...\$1.99
Poppyseed Butterhorn - 4 pk...\$

which include Abercrombie, Hurley, Etnies, Volcom, Billabong & Hollister. Also just in - women's undergarments.		Poppyseed Butterhorn - 4 pk\$3.49
Take a Break in McBrideB.G.s Friendliest Town!!	EMERGENCY	Important Phone Numbers
3.G.s Friendliest Town!	Forestry	ne Numbers

Experienced Buckerman looking for Work Phone 569-7367

NORTH COUNTRY HELP WANTED LODGE

Housekeeping F/T Apply Within P/T

McBRIDE MOVIES & MORE

*Fireworks available - Limited Supply - Going Fast!

*Come in & Check Out Our

New Jewellery & Assortment of Glowsticks

Parents - Bring your "Ghosts & Goblins" in
for free candy on October 31!!!

I would like to start renting video games so I need your help
in letting me know what kind of systems you have and
what kind of games you'd like available to rent.

Please fill in and drop off at McBride Movies!!!

Type of System:

Ann Schwartz Serving locally for 23 years

Serving locally for 23 years

569-3319 animal health to-1

LORNE RICHMOND FINANCIAL
Lorne M. Richmond CSA

Life, Disability, Group Benefits Investments

(250) 828-2345

THE HAIR SHOPPE

569-3359 803 3rd Ave. - side entrance FIREWOOD 6" x 6" Blocks Well seasoned S,P,F (12"-16") \$100/cord delivered locally Adam Roth 569-2377

ANTLER

E.J.'S CUSTOM WOODWORK CALL AL CARVINGS SALE #569-2602

FOR

CABINETRY FINISHING AND LANDSCAPING

-SMALL BACKHOE/LOADER FOR LANDSCAPING/EXCAVATION

Canoe Robson Valley
Community Futures

Would you like to explore the idea of starting your own business?

You may qualify for the SEB Program if you are presently on E.I. or have been in the last 3 years or you have been on maternity leave in the last 5 years.

or more information on the Self Employment Benefit (SEB), please contact:

Allan Frederick Phone: (250) 569-2229
Fax: (250) 569-3276
SEB Co-ordinator E-mail: futures3@telus.net Government of Canada has ributed funding to this initiative.

-Sirens - Hair Cuts and Colors

Phone: 250-569-0131 1011 South Frontage Rd. McBride

Beanery 8

BREAKFAST All DAY 569-0133

HOURS Daily Specials

Saturday & Sunday 9am-5pm Monday to Friday 6am-5pm

NEW STOCK

STOP BY AND CHECK IT OUT!!!

OPEN TILL 4:00P.M. MON.-FRI.
569-0077 AFTER HOURS CALL 569-2539 OUTBOUND WND CAMPING GEAR

400 Minutes - \$109.95 1701 SECOND AVENUE ride, British Columbia VOJ 2E0 Specia

McBride, British Colu

McBride, British Columbia VOJ 2E0
(250) 569-2549
ROSANNA & JOE KOIIdA
Full line of products to accelerate your tan,
keep your skin smooth and your tan beautiful!
Souncebraune Wolff System Tanning Eed



Advantage Insurance Services Ltd. Rosemary L. Hruby, CAIB

HAVE A SAFE & HAPPY HALLOWEEN!!!

Saturdays 10:00am to 3:00pm

CAL CO-OP'S OFFER CATTLEMEN VALUE ADDED ROGRAMS FOR THEIR LIVESTOCK OPERATIONS or the B.C. Government Loan Guarantee Progran on looking for financing for grass cattle or replacement

- der Cattle Program ear Feeder Finance program for purchasing calves
- rchases may be own calves, auction market pur country buying ans are for a maximum of 12 months restock may be sold as feeders, short keeps, or
- ivestock may also be fed in a custom feedlot ivestock mortality insurance arting Fall, 2007 under the Federal Advance Payn
- rogram

 Producers may be eligible for interest relief on loans p to \$100,000.00. Don't miss this opportunity.

 red Cow & Heifer Program

 Program is for first calf heifers, bred 2nd and 3rd calvers

 Program is to increase the base cow herds on producer's
- is have a five year term, with yearly payments sell or by December 1st
- ducers on both programs must have cattle handli ducers on both programs must have cattle handli lities and feed at the time of application for a loan. Produce y belong to both programs at the same time. Check cy belong to both programs at the same time. Check cy w.bcbfa.ca for more information or contact Dorothy Bride at 569-3343 "Top of the Fraser Cooperative Feed sociation"

nducers Seminar November 17th, 2007 in Quesning made possible by funds from Cattle Industrient Council "Cattle Dollars Working For



EMPLOYMENT OPPORTUNITY

Hiring enthusiastic and energetic staff!
The GIGGLIN' GRIZZLY NEIGHBOURHOOD PUB ocated in beautiful McBride, BC is looking for you!

We are currently hiring:

Servers (19 years of age and over) Prep Cooks Line Cooks Kitchen Staff

Bartenders

round employment.

Must have Food Safe Certification. These are full and part time positions with year

P.O. Box 385, McBride, BC VOJ 2EO Please mail resumes to

Or e-mail bubball@telus.net

Signs Of All Kinds

AJAK Signs & Graphics

tdoor/Indoor Signs Identification & Graphics

Magnetics - Banners Specialty Graphics (upon request) Flags - Logo Designs - Brochures - Business Cards

Cathy Starfund 1800 Eddy Road McBride, BC V0J 2E0

ajaksign@telus.net 250-569-0112 cell 250-569-7114

SENIORS & VOLUNTEERS

Attention Seniors and Volunteers the Adult Literacy Program is offering a helpful, hands-on approach to Get a jumpstart on your Christmas Cards & Letters!!! Thursday 1p.m. to 2p.m. at the Beaverview Lodge. We make house-calls too! Call Bridget or Jen 569-2266.

GHAMBER OF GOMMERGE

McBride & District Chamber of Commerce - working for you!!! **Festival of Lights, light up November 30 - Mark your Calendar!! **Gala - December 15th - Mark Your Calendar!!

Elks & Royal Parple News

Senior's Luncheon - at 12:00 (noon) on October 31st at the Elks Hall we will be hosting the senior's luncheon. All senior's are welcome to enjoy a great meal.

Halloween - Come out and watch the Fire Department's fireworks and let the kids enjoy a free hotdog and hot chocolate by the

If you are interested in being a member please call Carol Hammar at 569-0165 or Al Hickerty at 569-3210.

Lottery Funding? It's that time of year again and we will be applying for additional Lottery funding. If your club, group or organization needs equipment, supplies etc. please submit your letter to Box 336, McBride, BC VOJ 2EO, explaining what you would like to purchase, how it will benefit your organization and the approx. cost, and we will submit it and try and help you out with funding. For more information call Kathy Molendyk at 569-3239. Extension to the deadline to have requests in is November 1st.

Membership Dues - A reminder to members that dues are due by December 15th.

New Year's Dance - we will be holding a New Year's Dance this year, with Martina and Travis Wall doing the music. Tickets will be on sale soon at Stedman's for \$15.00 each and that includes a midnight broch

VALLEY MUSEUM & ARCHIVES SOCIETY

"Hope Persists: Artwork Annerose Georgeson - E from a Changed Forest" Art show by xhibit of Valley Museum & Archives Library building, 241 Dominion Street, 1 November 7, 2007.

BUY, SELL, RENT & MISG.

Wanted:Used Fridge in good Working Condition. Ph::569-0102-*Building For Rent-289 Main Street. Available Jan. 1, 2008. Phone 569-2375-*For Sale:2 Grain Augers, Kvernland Plow, Melroe Deep Tillage Cultivator, Grain Drying Blowers, 2290 Case Tractor, Vibrashank Cultivator, Haybuster Graindrill Field Sprayer, Rod Wceder. Phone Len McCarty 569-3153 or 569-2431-*For Sale:Laminate Flooring .99¢ per square foot / 5.4 Litre 25,000km engines - \$2000.00 each Ph::569-8830-*For Sale-4 Studded Winter Tires, Excellent Condition P 185 75R 14 On Sunfür Rims, 2004 \$400.00 Call Art Ph::569-2519-*For Sale: 3 large, flightless ducks (Rouen). All drakes. Hatched Spring 2007. \$4 each or \$10 for the 3. Please call 566-8221 or email animals@lazydogacres.com-*Free Puppies-7 weeks old Ph::569-2890 after 5p.m.**For Rent-3 Bedroom Mobile Home, includes appliances and pad rental. Fenced yard. \$600/month. Phone : 569-0408 or 569-7207-*For Sale-Salvaged wheat and barley, 25kg. and mini bulk. 968-4433.**For Sale-Large Wood Dimining Room Suite with 6 reg. chairs & 2 arm chairs. Mint condition. \$900.00 Ph::569-0103 or 569-7888-*Room For Rent-Night, Week or Monthly. Furnished but shared kitchen Ph:1-250-569-2657-*For Sale-Whirlpool Propane Dryer, new, never used, \$350. Inglis 2 to speed washer, used once, \$300. 24" RCA Flat Screen TV wDVD Player, barely used \$130. Palomino Paint Gelding, 4 white socks, flashy, awesome mover, excellent show prospect, \$1200. Draft Brood Mare, offers. Phone 569-7241-*For Sale-Blaze King Princess Catalytic Wood Stove. \$1500.00. RSF Opel 2000 Wood Fireplace. \$1000.00. Phone Greg 569-2500-*For Rent-2 Bedroom Apartment across from Hospital. Fridge/Stove. No pets. References required. \$255/mth. Phone 569-0208-*For Sale-1966 Western Flyer Coach-diesel pusher, 8v71 DD, 5 speed manual, All electric except for stove and furnace, 2 TV's, 2 dr. freezer/fridge, shower, ceramic toilet, rear bedroom, sleeps 5/6, 7.5 Kw diesel generator, elec. baseboard heaters, 50 Amp. service. A real classic. \$35,000 OBO Ph:(250) 569-2638-*To p

GHURGH NEWS N. THINGS

Adventist Church-Meet Saturdays at 7:00 a.m. Ph:569-3350•Anglican United Church-441 Dominion Street. Meet Sundays at 9:00 a.m. Phone 569-3350•Anglican United Church-441 Dominion Street. Meet Sundays at 9:00 a.m. Phone 569-3386. Hall Rental contact Dorothy Simpson 569-3343•Evangelical Free Church-Sunday School at 9:45a.m., Sunday Worship Service at 11:00 a.m. Ph:569-2378 or 569-8845 Pastor Dan Carlaw•Robson Valley Christian Centre-Meets in home Sundays 11:00am Ph:569-2606. "Catholic Faith for Adults" inquiry class. Contact Sr. Olive.

Greyhound Bus Schedule McBride Husky 569-2441

Depart to East-12:15am Daily • Edmonton

Depart to West-6:10am Daily & 7:30pm Fri. Sat. Sun. • Kamloops Depart to South-Daily 12:15am or 10 am Fri. Sat. Sun. • Kamloops Please contact **The Little McBride Paper** with all coming events, news, trivia, comments, anything!! Ph:569-3110, Fax:569-0220, email:sglines3@telus.net, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we

Take a Break in McBride...B.G.s Friendliest Town!!

Checkout our "New Arrivals"

Christmas Cards, 2008 Almanacs Calendars, Day Planners.

Nov. 1-3 - 30% OFF All Halloween Costumes, Masks & Decorations.

OPEN **24 HOURS**

591 ml - 2 for \$3.00

ARIZONA TEAS

POWERADE or 591 ml - 2 for \$2.00 DASANI

CADBURY SINGLE BARS

Husky

Employment Assistance Service Robson Valley Home Support Society 569-2441 41-60 g - 2 for \$1.89

NEED A J

A CHA ORKER?

Contact Bob Thompson 569-2266

Canada

HATCHARD CONT. 250-569-2493

3/4 Crushed Grave



MILE PARTS Is now the McBride Authorized Dealer fo

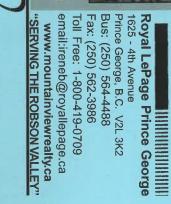
Welding & Industrial Supplies

TOLL FREE 1-888-766-4977

WE'RE MOVING

to our new Highway location Jan. 2, 2008.
HEAVY DUTY BRAKE SALE on now!!!
Mon - Friday Hours:
Saturday
8am to 6pm
Sunday 10:00am to 2:00pm

ROYAL LEPAGE



ROBSON VALLEY

KEVIN CHIUPKA McBride, BC VOJ 2E0 1158 McBride Crescent

Wednesday Nite

Wings - .35¢ each (all flavors) (in house)

Friday Nite

FULL TIME COOK WANTED - Willing to train.

Pizzas - 2 Topping / 2 for

\$19.95

Check out our Catering Menu. No event
Very large Catering Venue a

OPEN 6am - 9pm Daily

569-0321

不 豆

SECLUDED COUNTRY HOME at Crescent Spur

Power & Very Private, Fridge & Stove, Bathroom and Kitchen, Plumbed for Large Loft Bedroom. km West Phone, Full Modern Wood Heat, of McBride) Laundry,

(250)553-2323 \$300/month Available (Leave immediately. plus utilities. Message)

man from the zoo There won't let that scary you any more. there, it's ok. gud

BINGO - BINGO - BINGO

Al Brandt, Alyssa Wingie, Jane Cowburn, Sheilagh Fos - Happy Birthda Marg Johnson, Caunts, Art Callaghan, Brenda , Dennis

and suggested that you try club was rude. When he beat took your money he then told you enough. So he bought a would never erything le to hit on the

to play

Optional Part time ranch

work

available.

ame with the post arrived and of 575 yards. winner.
ady. The first f splitting the

things were going to go then he down his clubs and immediately se walked from the a mighty swing. 400, 500, 575 y yards and he the

The challenger answered, "How as he

Joke

ther was away all weekend at a business, she decided to call home collect.

year-old brother picked up the phone anay, "We have a Marcia on the line. We and ho

he dropped the receiver and came charging

the first boy, shoes

nd little boy, "I'm so tough, I can

lake a Break in McBride...B.G.s Friendliest Town!

BIRTHDAY WISHES OCT. 31 - NOV. 6

Tristan Meadows, oster, Wayne Froese, nda Molendyk, mis Will, Mike

FRIDAY SMORGASBORD 5P.M.

FREE

2 to

Adult

65 to 69 - \$14.50

JOKES

Pro Challenge Joke
The pro at the country

golf you the

gorilla and trained

the pro, \$1000 to

Puo

\$6.50

Best CHINESE FOOD in town
LUNCH SPECIALS
Burger or Sandwich
includes fries or mashed,
d soup or salad to start
\$1

P/T Waitress for evening & weekends.
Willing to train.

HELP WANTED

Have Got Mom

During

stranger's accept the

tough ar out they a pa were. in is

the third boy. my 0

OPEN (Open 7 days a week -11:30-10 Closed for stat holidays)

国 樂Ph:

Great Available Babysitters

After Call Helen or Rebecca school and on Weekends.

Community Calendar sponsored by the Village of McBride and the McBride and District Chamber of Commerce

McBride 80 District

November

Community Calendar

	TRA	NFE	RST	ATI	ION		URS Tues				ırs/F	ri - 9	-4	Sat	/Sui	1 - 1			· o '		
						10am - noon AUCW Thrift Shop	SDA CHURCH 24				10am - noon AUCW Thrift Shop	SDA CHURCH 17				Lodin - Hool - Worker Liller on ob	SDA CHURCH		10am - noon AUCW Thrift Shop	SDA CHURCH 3	Sat
Santa Parade	7:00 pm Card Night@Elks Festival of Lights	30				7:00 pm Card Night@Elks	23				7:00 pm Card Night@Elks 1	16		7:00 pm Mennonite Group Singing @ BVLodge		7:00 pm Card Night@Elks	9	l	7:00 pm Card Night@Elks	2	<u>.</u>
6:30 pm Srs Bingo @ BVLodge	2 - 4 pm OAPO Stitch & Knit 330-530pm Dome Ck Reading Room	29				2 - 4 pm OAPO Stitch & Knit	22			2 - 4 pm OAPO Stitch & Knit		15		6:30 pm	2 - 4 pm OAPO Stitch & Knit 3:30-5:30pm Dome Ck Reading Room		∞	1	2 - 4 pm OAPO Stitch & Knit 3:30-5:30pm Dome Ck Reading Room		Thu
7:30 pm Family Support Group@HU	Service @ Hosp 5:30pm Beginner X-stitch/ embroidery @ Lib	10:30 am Seniors 28 Pastoral Care	6:30 pm Bingo @ Legion Hall	7 - 9 pm Valley Piecemakers @ HS	7:00 pm CoC@Coun. Chambers	5:30pm Beginner X-stitch/ embroidery @ Lib	21	5:00 pm WS Mtg @Station	6:30 pm Bingo @ Legion Hall	7 - 9 pm Valley Piecemakers @ HS	5:30pm Beginner X-stitch/ embroidery @ Lib	14		7:00 pm CoC Exec @C Chamb	6:30 pm Bingo @ Legion Hall	5:30pm Beginner X-stitch/ embroidery @ Lib	7	Great		Robson Valley Home	Wed
7:30 pm McBride Village Council Meeting	1 - 3 pm AUCW Thrift Shop 1 - 3 pm DORCAS Used Clothing 6:30 pm TOPS @ HlthUnit			6:30 pm TOPS @ HlthUnit		1 - 3 pm AUCW Thrift Shop	20	7:30 pm McBride Village Council Meeting	6:30 pm TOPS @ HithUnit			13	7:30 pm Elks - Royal Purple	6:30 pm TOPS @ HithUnit		1 - 3 pm AUCW Thrift Shop	6	ADULT COMPUTER CLASSES - CALLTHE LIBRARY FOR INFO SDA FOOD BANK: PHONE 569-3225	Open during LIBRARY hours: 10am - 5pm & 7 - 9 pm tue; 10am - 2pm wed; 2 - 9pm fri; 2 - 5pm sat	MUSEUM	Tue
7 - 9 pm VFD mtng @ Fire Hall	5 - 7 pm Library Trustees mtng @ B2	26	7 - 9 pm VFD mtng @ Fire Hall				19	7 - 9 pm VFD mtng @ Fire Hall				12	7 - 9 pm VFD mtng @ Fire Hall	7:30pm Hospital Auxiliary mtng @ MDH			5	ADULT COMPUTER CLASS	Open during LIBRARY h 10am - 2pm wee		Mon
		CHURCHES 25					CHURCHES 18			Day	membrance	CHURCHES 11					CHURCHES 4	7 - 9 pm Volleyball: Wednesday 7 - 9 pm	Basketball: Mon & Thurs	COMMUNITY SPORTS @	Sun
		오					<u> </u>			ā	D D	₽					Ç		ш	C	

www.rdffg.bc.ca and follow the links McBride Recreation Centre - Open Call 569-3360 for more information on programs or go to

Phone: McBride Visitor Centre, 569-3366, or email details to: come2mcbride@telus.net

December Calendar deadline: November 23, 2007

November 2007

Sun	Mon	Tue	Wed	Thu	FI 2.	Sat
The OAPO PG trip is scheduled for December 10th.				Stitch/Knit @ BV 2pm-4pm	2 Chair Excercises@BV @9am	M
Information will be posted.				Bingo @6:30/BV	Bowling 10am@REC	
t	S Chair Excercises@BV @9am	6 Bowling 10am@REC	Chair Excercises@BV @9am	Stitch/Knit @ BV 2pm-4pm	A Chair Excercises@BV @9am	0
	Movie Night 6:30⊘BV		LUNCH @ Kilin	Bingo @6:30/BV	Bowling 10am@REC	
6	Chair Exeises@BV @9am	N 3 Bowling 10am@REC	Chair Exercises@BV @9am	↓5 Stitch/Knit @ BV 2pm-4pm	Chair Excercises@BV @9am	7
	141		OAPO Birthday Tea	Bingo @6:30/BV	Bowling 10am@REC	
OS	Chair Excercises@BV @9am	2. Bowling 10am@REC	Chair Excercises@BV @9am	≥ ≥ >titch/Knit @ BV 2pm-4pm	Chuir Excercises@BV @9am	74
	Movie Night 6:30@BV		LUNCH @ The Grill	Bingo @6:30/BV	Bowling 10am@REC	
e, N	Chair Excercises@BV @9am	27 Bowling 10am@REC	Chair Excercises@BV @9am	29 Stitch/Knit @ BV 2pm-4pm	Chair Excercises@BV @9am	
	£()		OAPO Lunch/Meeting	Bingo ⊘6:30/BV	Bowling 10am@REC	