

MARKETPLACE
233 Main Street
McBride, B.C.
569-2712

DELI

Your Neighbourhood Food Store

European Ham - 100 g....\$1.49
Homestyle Chicken - 100 g...\$2.49

Ocean Spray 100% - Juice - Cranberry
(Assorted Flavors) - 2 for \$6.98
Purex Ultra Bath Tissue 12 Dbl RI \$7.28
Salt Spring Coffee - Assorted - 400 g \$12.98
Old Dutch Potato Chips - 2.35 g - 3 for \$6.00
Pork Side Ribs - Family Pack \$1.99 / lb.
Inside Round Roast \$2.99 / lb.
Boneless Butt Shank
Portions Smoked Hams \$2.69 / lb.
Cauliflower \$2.59 / lb.
IN STORE SPECIAL
Brussell Sprouts € .99 / lb

BAKERY

Danish Butterhorns - 4 Pk...\$2.49
Poppyseed Butterhorns - 4 Pk...\$3.49

SMART TAN & ACCESSORIES

Open Hours, Fri. & Sat. 9:30-4:30
Please call 569-7054 for appt. or just drop in.
Located at 411 Main St. (behind Balcaen's)
* New Price for Spray Tan \$27.00
* Spray Tan 5 times, 6th one is FREE!
* Gift Certificates available

Come and check out my selection of men & women's hats, toques, sunglasses, jewellery & now t-shirts. Name brands which include Abercrombie, Hurley, Ethier, Volcom, Billabong & Hollister. Also just in - women's undergarments.



Vanderhoof & Districts
Co-operative
Association

DRIVERSALES REPRESENTATIVE
where high level of customer service is Job One.
Delivering Fuel East to McBride

Greg Belshaw
990 Railway Road
Prince George, B.C.
Toll Free 1-866-309-2667
Home 250-963-9011

Vanderhoof Head Office
Phone 250-564-3488
Fax 250-567-4490
Cell 250-565-8436

Health Heart & Home

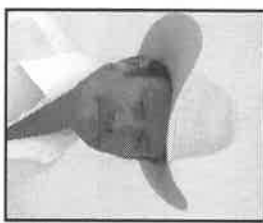
Health Products, Gifts & Antiques
246 Main Street, McBride, B.C.
Ph: 569-2559 TOLL FREE 1-888-669-2559
Antiques *Gifts*
Vitamins & Minerals *Bulk Herbs*
Bulk Spices *Bulk Herbs*
Come in and check out the
DUNSTER QUILT
OPEN Daily till 5:30pm
Barbara Faust, IHP
Massage, CranioSacral, IonCleave
Tuesdays at Health Heart and Home
For appointments, please call (250) 968-4509
Gift certificates available

Kit's Heavy Hauling

For all your lowbedding needs in
the Robson Valley and Beyond.
(250) 569-7260 (250) 569-0116



**McBRIDE REALTY
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277 Main Street
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Toll Free: 1-877-569-2735
Fax: (250) 569-2787
E-mail: rodgert@mcbriderealty.com
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1987 Chev Malibu \$600
Pontiac V6 Motor & Transmission \$200
Del - 569-7070



FREE The Little FREE McBride Paper

Serving BC's Friendliest Town and Area!!!
For the week of Wed., October 17, 2007

SCHOOL NEWS

Firewood for Sale - \$100 per cord delivered by students. Grad Trip fundraiser. Call Dawn at 569-3410 or Kim 968-4467 to order. Thank You for your support.

CHAMBER OF COMMERCE

McBride & District Chamber of Commerce - working for you!!!
**Representing McBride & District at the Edmonton Snow & RV Show October 18-19-20 **Chamber Meeting October 24, 7:00pm, council chambers - everyone welcome.

OPERATION CHRISTMAS CHILD

OPERATION CHRISTMAS CHILD - a project of Samaritan's Pulse. The power of a simple gift--make a difference, fill a shoebox! Makes a fabulous family or group event.
Info and resources available at McBride Evangelical Free Church.
Contact Marilyn @ 569-8845 or 569-2378.
National collection week November 5-10 at Husky Greyhound OR group sorting and collection Wednesday, November 7 at 9:00 AM.
Let's show the world McBride's caring spirit!

MEETING

McBride Big Country Snowmobile Association is having a Meeting at 7:30pm. on October 17 at Ride N Hide - 940 2nd Ave. Ph: 569-2354 for more information. Everyone is Welcome!!!

McBRIDE HOSPITAL AUXILIARY NEWS

Extravaganza Bazaar will be December 8th at the Evangelical Free Church 7 - 9:00pm. All members - *Please remind your friends and neighbours we except all donate crafts, baking, etc. This is for our Hospital. Next Meeting is November 5th. See you all there! We will also be selling tickets on the huge Christmas Basket, second prize - Turkey

BIRTHDAY WISHES OCT. 17 - 23

Donna Bend, Ernest Biangy, Halley Carmont, Nadine Shovar, Mason Frazier, Archie Karas, Ingeborg Richter, Katharina Franke, Chuck McNaughton, Kaileen Starlund, Aaron Walchuk, Mark Prosee, Bridget Uhl, Pete Amyoony, Gillian Hooker, Nelson Hicks, Jaden A Anderson-Kirk, Elke Richter, George Schafer, Eva Biangy, Sally Buck, Marilyn Storie, Rochelle Warner, Wade Phillips, Travis Smith, Mark Aubrey, John Wheeler, Victor Rollinson, Dorothy Stewart, Jeff McNaughton, Wendy Howe, and to anyone we missed - Happy Birthday.

COMMUNITY ANNOUNCEMENTS

ROUND: Bike - Give description and you can have it. Call after 6pm. at 569-2577.
McBride Curling Club will be holding Registration and Social Curling Night October 26th, 2007. Come Curl and bring your team. Open 6pm till 10 for Curling and Refreshments, ALL WELCOME 19 & over. Registration only \$90, Friday night league until March. Contact Bob Mitchell 569-2734 or Ria Anderson 569-0402. Come play Canada's Other National Game!

Community Volleyball - Drop in Wednesdays from 7-9pm. at the Highschool. Everyone Welcome!

Community Badminton has started again! Tuesdays, 7pm. at the high school gym. Please come out and enjoy the free fun and exercise. Indoor shoes required. Some racquets now available for use if you don't have your own. More info call Tracey at 569-0227.

Card Night - Reminder, come out and play some cards at the Elks hall every Friday night beginning at 7:00 p.m. Must be 19 and over.

McBride Volunteer Fire Department is having their Annual Emergency Services Dinner November 24th. We are accepting bids to cater the dinner. Please submit menu and prices to Nicole Molendyk, Box 43, McBride. DEADLINE IS NOVEMBER 1st.

If you have any questions please call Nicole at 569-2310.

Free exercise classes At the Public Health Building next to hospital. (Exercises are led by instructors on TV) Monday, Wednesday and Friday - People with arthritis can exercise 4-4:30 pm. Tai Chi for Arthritis 4:30-5:15 pm. Aerobic variety-line dance and other fun dancing 5:15 to 6 pm. These exercises will be offered for six weeks 3 times a week starting **October 10th** no matter the turnout. After six weeks will be evaluated. Videos/DVD's also available to borrow to use at home. No need to register, just drop in.

Via-Rail Schedule Phone 1-888-842-7245
Going West - Sunday, Wednesday & Friday...2:40pm
Going East - Monday, Thursday, Saturday...12:03pm
Seniors (60+) 2 for 1 is back. Must book 6+ days advance.

Important Phone Numbers

EMERGENCY	9-1-1	Forestry	569-3760
R.C.M.P.	569-2255	Village	569-2229
Hospital	569-2251	Reg'l Dist'	1-800-667-1959
Health Unit	569-2251	Home Support	569-2266
K to 7 School	569-2721	Food Bank	569-3186
High School	569-2295	Fire Hall	569-3117
Dunster School	968-4414	Greyhound	569-2441
School District 57		The Little McBride Paper	569-3110

Report Forest Fires - 1-800-663-5555
Inquiry B.C. 1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...
Dial this Number 1st and ask operator to connect you to provincial department.
Take a Break in McBride...B.C.'s Friendliest Town!

Sirens • Hair Cuts and Colors

OPEN *October 24-31
Phone: 250-569-0131 1011 South Frontage Rd. McBride
BREAKFAST ALL DAY
Daily Specials
569-0133
HOURS

Monday to Friday 6am-5pm
Saturday & Sunday 9am-5pm

Canoe Robson Valley Community Futures

Would you like to explore the idea of starting your own business?
You may qualify for the SEB Program if you are presently on E.I. or have been in the last 3 years or you have been on maternity leave in the last 5 years.
For more information on the Self Employment Benefit Program (SEB), please contact:

Allan Frederick Phone: (250) 569-2229
SEB Co-ordinator Fax: (250) 569-3276.
E-mail: futures3@telus.net

NORTH COUNTRY LODGE HELP WANTED

Housekeeping F/T P/T Apply Within
Farmer's Institute Fall Banquet
November 3rd, 2007
at the Dunster Community Hall
Tickets available at:
Odds & Ends, The Farm Store,
Dunster General Store

Rabson Valley Pet Hostel
Grooming & Boarding
Serving locally for 23 years
Ann Schwartz 569-3319 animal health technician
LORNE RICHMOND FINANCIAL
Lorne M. Richmond CSA
Life, Disability, Group Benefits Investments
Toll Free 1-888-828-2108 Bus: (250) 828-2345
email: lrchmond@shaw.ca

THE HAIR SHOPPE

569-3359 803 3rd Ave. - side entrance
DEB'S DOLLARS & SCENTS
100 Holdway (Hotel) 569-8811
Candles, Candy, Cards, Etc.
Flowers - silk & fresh
Balloons - stuffed & helium
Gift Baskets made to order.
Open M-F 10-6pm. - Sat 11-5pm.
FIREWOOD 6" x 6" Blocks
Well seasoned S,P,F (12"-16")
\$100/cord delivered locally
Adam Roth 569-2377

E.J.'S CUSTOM WOODWORK AND LANDSCAPING

-QUALITY FINISHING
CABINETRY / WOODWORK
-SMALL BACKHOLE/LOADER FOR
LANDSCAPING/EXCAVATION
WITH THE LITTLE SOIL DISTRIBUTOR
PHONE BERIC AT 569-3123 OR 569-7205

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VBM Senior discounts of 10% on most jobs.

VBV Home Repairs, Upgrades, Renovations, Maintenance, Year round Yard Work.
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I will Finish it Perfectly. On time, On Budget.
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