#### ARE COMING!!! C 本 N C 由 中 TOX

WATCH FOR MORE DETAILS



\*JOIN US ST. PATRICK's DAY\*

St. Patty's Puzzle Draw

Phone 569-0007 Fax 569-0004

DUNSTER COMMUNITY ASSOCIATION

MID-WINTER AND SEL

DUNSTER COMMUNITY HALL Saturday – March 24<sup>th</sup>
11 a.m. to 2 p.m.
(No Early Birds!)

**Community White Elephant Table Lunch Available** 

**Bake Table** 

**Silent Auction** 

(Both Buyers and Sellers) ALL WELCOME !!!

Rent a table and bring your "Treasures, Trinkets and Trash" Table Rental - \$10.00 (Please Reserve Ahead)

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For the week of Wed., March 14th, 2007

#### HAPPY ST. PATRICK'S DAY!!! HOSPITAL AUXILIARY NEWS

The Hospital Auxiliary will have a Bake Sale and Easter Basket Raffle, Thursday, April 5th on the street in front of the Scotiabank at 10:00a.m. - 12:00. Come and buy your Easter Baking. Plans are being made for the Annual Strawberry Tea and delivery for May.

For Vince & Brenda Bodnarchuck, March 17th, at the Curling Rink. 7:30pm - Pot Luck - Appys & Snacks. Refreshments available. FAREWELL PARTY

## REQUEST FOR QUOTES

The McBride & District Public Library invite quotes to paint the interior of the Library building. Quotes must include the cost of labor as well as materials to complete the job. Please submit quotes labor as the Library at 241 Dominion street by Friday, 23 March 2007,

# McBRIDE FIGURE SKATING GLUB

McBride Figure Skating Club Spring Carnival 'Echos of the Past' - Saturday, March 24th @ 7:00p.m. Tickets at the door or buy them in advance at Stedmans. \$5 for adults, \$3 for children (12 and under) and \$3 for seniors.

# ANNUAL LOGGERS BONSPIEL

DATE CHANGE - March 23, 24 & 25
Contact Lenny 569-2332 or Sue 569-2415 to register your team.
Volunteers Needed Desperately for the Annual Loggers Bonspiel.
Please contact Lenny Stone at 569-2332 or Sue Kolida at 569-2415

# MGBRIDE ROUNDHOUSE

We have just confirmed Johnny Reid for May 2 at 8PM. The tickets are on sale (there are still a few left) at Stedmans and Infinity (Valemount). All tickets are \$35. For further information

## DOWNTOWN THRIFT STORE

March Winter Sale •6th - 31st •Tuesday 1:00 - 3:00 & Saturday 10:00 - 12:00. \*Childrens Clothing 3 for \$1.00 / Ladies Blouse & Sweaters 3 for \$2.00 / Ladies Jeans & Slacks \$1.00 each or 3 for \$2.00 / Ladies Jackets \$1.00 - \$2.00 / Mens Suits, Dress Jackets \$5.00 / Mens Shirts & Light Jackets \$2.00 / Mens Jeans \$1.00 each - 3 for \$5.00 / Shoes all sizes Mens & Ladies \$2.00 each / Books 6 for \$1.00. \*\*Household items NOT included\*\*

# **GOMMUNITY ANNOUNGEMENTS**

St. Patrick's Family Fun Night Friday, March 16th, 7pm to 10pm at the Legion Hall. Cake walks, door prizes, snacks and loads of fun!!! Come and join us for a fun-filled evening. Everyone is welcome, young and old. Bring your friends!!

The Robson Valley Junior Academy will NOT be doing their annual Mother's Day Plant Sale this year.

Drop In Volleyball - Wednesdays at 7:00p.m. at the McBride Secondary School. You don't have to have a team.

Community Badminton - Tuesdays 7 - 9p.m. Please bring Indoor Shoes & your own Racket.

## BIRTHDAY WISHES - MARGH 14 - 20

Walt Sansom, Vickie Pepper, Bryan Monroe, Clare Vogel, Shiloh Lindsey, Charlie Simpson, Kim McNaughton, Joe Doucet, Niam Karas, Albert Lorenz, Lori Kimpton, Rea Chartier, Nicolas Quam, Luella Long, Payton Dowing, Sonia Cowburn, Annette Stapley, Lena Richter, Gordon Stacey, Connie Marszalski, Jamie Street, Jordan Miskie, Ray Johnson, Dawn Phillips, Rex Hatchard, Dalas de Vries, Olive MacInnis, Ryan Vizza, Roland Matwick, Darren Smith, and to anyone we missed - Happy Birthday.

Happy Birthday Ross Patrick Melinn, 17th March, 2007.

Slanta to all the Irish on Saturday. On this occasion may the road not rise to meet you and safe home.

### HEALTH NEWS

Chair exercises - You can get exercise sitting in a chair. Come and see. Monday, Wednesday and Friday from 9 - 10 am at Beaverview Lodge. Exercises directed on video by Blanche Black RN, strength trainer and fitness instructor. "Appropriate for ages 1 to 101".

## **ARTS FEST 2007**

Calling all emerging visual artists in the central interior: Here is an art exhibition just for you, complete with a free artists' symposium about professional practice. Arts Fest 2007 April 20 - 27, Burns Lake. www.cirac.ca or 250-562-0024, 250-692-3434 for application form/more info. Entry Deadline: March 23rd.

Greyhound Bus Schedule

McBride Husky 569-2441

Depart to East-12:15am Daily • Edmonton

Depart to West-6:10am Daily & 7:30pm Fri. Sat. Sun.•Prince George

Depart to South-Daily 12:15am or 10 am Fri. Sat. Sun. • Kamloops

Please contact The Little McBride Paper with all coming events, news, trivia, comments, anything!! Ph:569-3110, Fax:569-0220, email:sglines3@telus.net, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't write about it!! -Scott & Susan Glines - Oscar & Broom

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## REST

\$6.95 After 5p.m.

Onion Rings, Zucchini Sticks, Mozza Sticks,
Wings and Carrot Sticks BASKET

STARTING MARCH 20th
Tuesday Night is
PASTA NIGHT

Spaghetti w/ Garlic Toast \$9.: uccini Alfredo w/ Garlic Toast 4 \$10.95

Monday, March 19th

to Friday, March 23rd

LUNCH:

SOUP, SALAD & GARLIC TOAST \$5.25

Phone 569-0007

#### MIKE MOSELEY

Wishes to announce Candidacy for the position of Councill in the Village of **McBride** Councillor his

Your support is greatly appreciated

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Contact Bob Thompson 569-2266
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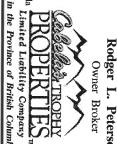






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Pepper Turkey Breast - 100 g...\$2.19
Black Forest Chicken - 100 g...\$1.29

SPRING SEEDS ARE HERE!!!

Dare Ruffles - Classic Macaroon Biscuit - 300g...\$3.09
Coca Cola & Diet Coke - 12 pk cans......\$4.99 + dep.
Shirriff Pie Filling - Lemon 2 pk - 425g.........\$2.99
Lu Cream Roulee Chocolate Sticks - 400g........\$6.99
Sun-Rype 100% Pure Apple Juice - 1L - 3 for...\$3.99
Pork Back Rib Tails Family Pack - Regular or Marinated .....\$1.69 / lb.
Pork Loin Center Cut Roast - Boneless.......\$2.49 / lb.
Rib Steaks - Boneless - Grade AAA ..............\$7.99 / lb.

BAKERY

Danish Fruit Knot - 4 Pk.....\$3.49 rry Cream Cheese Croissant - 2 pl



### Our

## TOONIE SALE

Watch for starts Thursday, March 15th. O Flyers In The Mail Advance Buys)

#### MACHINE ROBSON VALLEY WORKS

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## Pomice report

On March 7th, 2007 RCMP in Jasper, Alberta were made aware of a possible stolen vehicle heading their way from Valemount, B.C. The vehicle, a Blue Chevrolet Blazer, had been stolen from where it had been parked near Beaver River, BC earlier that morning. In the area of Tete Jaune Cache, BC the vehicle ran out of gas and the two male occupants approached a resident explaining that they were on their way to Jasper and offered to give them tools in exchange for some gas. The resident refused to take tools as payment but did supply the pair with enough gas to get to Jasper, Alberta. The residents finding the situation suspicious called the RCMP. At 10:45 the vehicle was observed in the town of Jasper, Alberta. An attempt by police to stop the vehicle led to a foot chase. The two male suspects were however apprehended on the Trail System behind the Co-op Housing in Jasper. Christopher MOORE (25) of Calgary, Alberta was also charged with possession of Stolen Property and Fleeing from the Police. Ramond JACOBSON (25) of Calgary, Alberta was also charged with possession of stolen property. Both individuals are considered High Risk Offenders with lengthy Criminal backgrounds, including violence and robbery with a weapon. MOORE was presently on Parole from the Drumheller Institution. The owner of the stolen vehicle was unaware that the vehicle had been stolen as he was at work at the time. Had it not been for the keen observation of the Tete Jaune Cache residents and their willingness to "get involved", the two offenders would have likely made it back to Calgary before anyone even knew the vehicle had been stolen. The tools that the resident was offered were also later determined to have been stolen. -Cst. Michelle Dolhan, Jasper RCMP 1-780-852-4421

BUY, SELL, RENT & MISG.

For Sale-Cordless phone battery for Panasonic HHR-P509 phone, brand new Retails for \$20, selling it for \$10, 559-0320-For Sale-Gently used Rocky Goretex hunting / hiking boots, size 10, asking \$40 OBO. 569-0320-For Sale-Viberg loggers boots with corks, black, size 11, worn only 16 hours. New \$260, selling for \$150 OBO 569-0320-For Sale-2 Beer Machines, as seen on TV. New \$100 each, you can get both for \$100 569-0320-For Sale-Pellowes F85 paper shredder, near new condition, \$20 569-0320-Wanted Do you own a dot martix printer? Then I have an awesome deal for you! Over 2500 sheets of paper for only \$15! 569-0320-Wanted To Buy: Playstation One Games. Call Beth at 569-8866-For Rentin McBride, 1103, 4th Ave., 3 bedroom house. Available April 1st. \$650/month plus damage deposit. This property is currently listed for sale. Phone 250-845-0711-For Sale-Kubota 4 Wheel Drive, 30 hp. Teator with cab, loader & bucket. 3000 hours, new from tires, new clutch. \$12,000. Phone 566-9794-For Sale-15 1/2 Banchee Ski/Fishing Boat, Travel Top & Trailer. Excellent Shape \$2800. Ph:559-7098-For Sale-Equipment for Sale: 1979 518 Cat Line Skidder \$16,500 / 1988 518 Cat Line Skidder \$20,000 / 1995 550B Case Crawler \$36,000 all with extras Phone:569-3410-For Sale-Fender Blues Deville Guitar Amp - Tweed cover, huge sound - excellent condition \$500. Winchester Model 12 Shogum 12 ga 3 inch mag. Like new condition. \$650. Ph:250-569-8854-For Sale-China Cabinet with Dining Room Table and 4 Chairs \$450.00. Book Case with 5 shelves and Oak finish \$100.00. Swivel Chair \$500.00. Phone 569-2419-For Sale-Fender Blues Deville Guitar Amp - Tweed cover, huge sound - excellent condition \$500. Ph:559-3480 Joe-For Sale-1988 F-250 Super Cab \$25,000 abo. / 1- Pellet Stove Complete, ready to go c/w laptoximately half a ton of Fir Pellets. \$500. Ph:569-259-For Sale-Your Desk, good cond. \$45,00. Phone \$69-2350-For Sale-Your Sale-Final For Sale-1988 F-250 Super Cab \$25,000 abo. / 1- Pellet Stove Complete, ready to go c/w laptoximately half a for fall property of th

Anglican United Church - Downtown Thrift Store on Dominion Street. - Mens, ladies and children's clothing -Open: Tues. 1:00 to 3:00 - Sat. 9:00 to 11:30•Dorcas is OPEN Tuesdays 1pm-3pm. Phone 569-3186•Contact number for the Foodbank is 569-3186•Seventh-day Adventist Church-Meet Saturdays at 9:30 & 11a.m. and Wednesdays at 7p.m. Phone: Ph:569-3370•Mennonite Church-Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-0445•Mountain Chapel (PAOC)-Sunday School & Adult Classes-10am, Services-11am. Ph:569-3350•Anglican United Church-441 Dominion Street. Meet Sundays at 11:30 a.m. Phone 569-3206 or 569-3386. Hall Rental contact Dorothy Simpson 569-3343•Evangelical Free Church-Sunday School at 9:45a.m., Sunday Worship Service at 11:00a.m. Ph:569-2378 or 569-8845 Pastor Dan Carlaw•Robson Valley Christian Centre-Meets in home Sundays 11am, Dunster Ph:968-4335•St. Patrick's Catholic Church-Meets Sundays at 11:00am Ph:569-2606. "Catholic Faith for Adults" inquiry class. Contact Sr. Olive.

K to 7 School .......

High School .......

Dunster School District ......9-1-1 ... 569-2255 ... 569-2251 ... 569-2251 ... 569-2721 ... 569-2721 ... 569-2295 ... 968-4414 Reg'l Dist' ..... 1-Home Support .... Food Bank ..... ....1-800-667-1959 t.......569-2266 ......569-3186 . 569-3760 . 569-2229

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The Little McBride Paper

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Composition of the street of Highway 16

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Composition of the street of Highway 16

THOUGHT OF THE WEEK

Barn

He who laughs last thinks slowest.

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Principles of Landscape and Garden Design

Principles of Landscape and Garden Design

A One-Day Workshop

A One-Day Workshop

Saturday, March 31, 2007 From 10am to 3pm

Dunster Community Hall - Cost: \$60.00

Instructor: Barb Rayment - Birch Creek Nursery,

Prince George. Will cover basics of design from blank

slate to finished garden.

You must be registered and paid by March 23, 2007

Call Pete Amyoony at 968-4334 or e mall peteam@telus.net

BCRPA Registered Personal Trainer, Karla Jarvis Will be at Robson Valley Recreation Center March 24<sup>th</sup> and 25<sup>th</sup>

Group workshop cost~ \$7.00 per person
Minimum 5 registrants required
Maximum 8 registrants

8:00am Core and Abdominals
Learn how to properly engage the core, and how to effectively develop key abdominal muscles

9:00am 9:00am Lower Body Strengthening
Learn safe, effective techniques to develop strength
and endurance in your lower body

10:00am Upper Body Strengthening Learn safe, effective techniques to develop strength and endurance in your upper body

11:00am Orientation to Cardiovascular Equipment Learn how to safely and effectively use a variety of equipment. Create a cardiovascular workout using principles such as heart rate monitoring, rating of perceived exertion, talk test, interval training, and positioning on equipment

Individual Program Design Sessions Available: A fitness program tailored to your unique goa needs \$35.00 for a one-hour session.

Sign up at the Robson Valley Recreation Center before March 19th. May be cancelled or postponed if not enough participants

Sponsored by the Active Communities Initiative being delivered by BCPRA with funding from ActNow BC and in partnership with 2010 Legacies Now.



Hours: Mon – Friday 8am to 6pm

Saturday 8:30am to 5pm Sunday On Call

SPECIALS - March 14th to March 20th
Hydraulic Oil - Shell 32 & 22 - 20L
\$34.99 each or \$33.99 each when you buy 4 or more
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bet on blinks Wanna who

# Happy 90th Birthday, Mel McGarty.

Mel's family invites you to a 90th birthday celebration on Sunday, March 18, between 5:00 p.m. and 8:00 p.m. at the curling club. Please feel welcome to drop in, visit, have a snack, and even try your hand at curling.

# McBride Community/Convention Centre

Progress Report - March 2007 - Construction Facts: BC Hydro has visited the site and installed the power pole. The roof trusses are all in place and sheeting is almost complete. Interior framing substantially complete. Exterior Doors have arrived and installation will take place shortly. Insulation has arrived. Electrical work has begun. HVAC mechanical installation will begin this week. Plumbing materials have been ordered. Roofing and exterior material are ready to be ordered for installation.

progress. Watch for the progress Shovar for information.

Open House - Site Visit, Saturday, Community Hall Society - progress. Watch for the pr y - fundraising for floor materials is in progress thermometer. Contact Nadine

2007, 10am - 11am

#### THANK YOU

The players, parents, and coaches of the McBride Pee-Wee Hockey Team would like to take this opportunity to thank the community of McBride for the overwhelming support shown to us during this past season. This weekend the Pee-Wee Team will travel to Edmonton to watch an NHL hockey game. Many of the players on the team have never had a chance to take in a professional hockey game and this will be an amazing experience for all of them. This opportunity can only exist with the generous support shown by the community for the fundraising activities undertaken over the last few months. Thanks for all your support.

-McBride Pee-Wee Grizzlies Hockey Team

# Mental Health Gommunity Forum

March 30th, 2007, 9 am - 3 pm at the McBride Hospital. What is mental illness? Where can you go for help? Presentations from local community resources! Everyone Welcome!!

#### MOVING SALE

Sunday, March 18 - 1pm to 4pm, 721 Dominion Street. China Cabinet, Dryer, Side by Side Fridge, King Size Bed or 2 Twin Beds, 1 Double Bed, Sewing Machine, 2 Computer Desks, Organ, Large White Melamine Shelving Wall Unit, Misc Items - All Reduced Prices. Everything must go. Ceramic Shop - Rent to proceed the computer of the computer

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