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Heart & Home

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For the week of Wed., February 21st, 2007 Serving BC's Friendliest Town and Area!!

ANNUAL LOGGERS BONSPIEL

Volunteers Need Desperately for the Annual Loggers Bonspiel. Please contact Lenny Stone at 569-2332 or Sue Kolida at 569-2415

MGBRIDE ROUNDHOUSE

McBride Roundhouse Presents The Euphorics. February 23, 8PM. \$8/student \$15 adult. Tickets at Stedmans and at the door. With a special appearance by upcoming star Ellise Bressette. We have just confirmed Johnny Reid for May 2 at 8PM. The tickets are going on sale at the Euphorics concert and if there are any left at Stedmans and Infinity (Valemount). All tickets are \$35. For further information www.mcbrideroundhouse.com

GOMMUNITY ANNOUNCEMENTS

To Knit or Knot? Fun Knitting Classes for beginners (Kids to Grannies) Wednesdays @ 2.30p.m. @ the Library annex. \$5.00 per class. Classes starting on Wednesday, 28 February, 2007. Learn all the basics needed to create wonderful knitted items. (You will be required to provide your own supplies for the various projects). Please phone Margaret Griffiths @ 569-2656 to register Drop In Volleyball - Wednesdays at 7:00p.m. at the McBride Secondary School. You don't have to have a team.

Community Badminton - Tuesdays 7 - 9p.m. Please bring Indoor

Community Badminton
Shoes & your own Rack

HEALTH NEWS

OPEN Daily till 5:30pm Friday till 6:00pm

McBRIDE REALTY
CENTER LID.

Vitamins & Minerals
Bulk Spices *Bulk Herbs*

Antiques

Gifts

Chair exercises - You can get exercise sitting in a chair. Come see. Monday, Wednesday and Friday from 9 - 10 am at Beavervi Lodge. Exercises directed on video by Blanche Black RN, stren trainer and fitness instructor. "Appropriate for ages 1 to 101". Diabetes Group Meeting - Thursday, February 22nd from 1 - 3 in the education room at the hospital. ir. Come and t Beaverview RN, strength

LIBRARY NEWS

Library Lovers Month February at your Library. A celebration of McBride's Public Library. All new members that sign up in the month of February receive beautiful handmade bookmarks. Do you have any overdue books - Hiding behind a dresser? Sleeping under a bed? Or ones you were afraid to bring back? Remember, this month is also Fine Free February! You can return those overdue books without paying a cent!!

Rodger L. Peterso Owner Broker

STOP SMOKING

"Breathe Free: The Plan to Stop Smoking will be held at 7 PM on Feb. 20, 22, 25, 26, 27, 28, Mar. 1, 6, 13 at the McBride Secondary School. This Program has helped over 20 million people stop smoking. The first two nights are introductory meetings. Come and learn proven techniques to help you become smoke free! Fee: \$20 per person & \$30 per couple to help cover cost of materials. Contact Phyllis at 968-4493 for more information."

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1) 569-2719

1-877-569-2735

) 569-2787

dger@mcbriderealty.com
riderealty.com

(250) 569 - 7260

(250) 569-0116

For 3 & 4 year olds will be held in the Dunster Fine Arts School from February 7th to April 5th from 10am to 12pm. For more information contact Shannon Teering at the school 968-4414.

GURLING GLUB

Men's Bonspiel theme this year is "Hollywood North" and curlers are invited to dress as their favourite movie star and "Walk the Red Carpet"! Entry fees are \$160.00. Please register at 250-569-2736; 250-569-0150; or 250-569-2639.

Your Neighbourhood Food Store

French Herb Meat Loaf - 100

MARKETPLACE

233 Main Street McBride, B.C. 569-2712

Kicking Horse Coffee - Assorted - 454g.
Purex Bathroom Tissue - 24 roll
SoGood N-Dairy Soya Drink -

riginal - 1.89 L......Cola Classic - 12 pack cans

\$3.99

\$8.99

BIRTHDAY WISHES Feb. 21 - 27

Keith Berg, Janice Mercuri, Farron Lipke, Denis Duguay, Meike Sienitz, Debbie Kohn, Emma Lee Chuipka, Chantell Hough, Devyn Kelly, Cathy Greenhough, Brenda Bodnarchuk, Bette Bowron, Carol Barnett, Shane Bressette, Donna Garneau, Ken Redman, Amy Hammerstedt, Lyle Elliott, Caitlin Wai, Eric Johnson, Annie Nash, Linda Niblett, Daylene Lirette, Dani Alton, Linda Clark, Norma Wheeler, Darcy Pinch, Christopher Pinch, Elissa Rothenberger, Rob Bustin, Jenny Shawara, Pat Andrews, Lexie Elliott, and to anyone we missed - Happy Birthday.

Sweet 16th Birthday Wishes to Amanda Lipke - From your loving Family and Friends.

Apples - Braeburn - Small

Fresh Romaine Lettuce

Lean Ground Beef - Family Fack .

Chicken Legs - Family Pack .

Family Pack

/ lb. each / lb.

Grapefruit - 5 lb. Bag PEI Potatoes - 10 lb. Bag

\$8.00 + dep. \$4.19 \$2.99

Chicken Legs - Family Pack\$1.69
Pork Sirloin Chops - Family Pack\$2.99

Via-Rail Schedule

Phone 1-888-842-7245

Going West - Sunday, Wednesday & Friday...2:40pm

Going East - Monday, Thursday, Saturday...12:03pm

niors (60+) 2 for 1 is back. Must book 6+ days advance.

Important Phone Numbers
EMERGENCY 9-1-1 Forestry 1-800-2 . 569-2255 . 569-2251 . 569-2251 . 569-2251 . 569-2721 Village
Reg'l Dist'
Home Support ... The Little McBride

s - 1-800-663-5555 l Free Calling to Provin

FREE The Little McBride FREE

Paper

Family Sunday Meal Beanety 2
includes Dessert - Coffee M-F 6-5 - S&S
Adults \$6 ~ Kidz \$3 ~ Seniors \$5 569-0133

THOUGHT OF THE on life, used to but it have 90 broke WEEK handle



Hours: Mon - Friday 8am to 6pm

Saturday 8:30am to 5pm

- \$5.99 Sunday On Call

30/30 Brake Pots -- \$49.9 Shell 32 Hydraulic Oil -- 20 L -- \$ Antifreeze -- 4 L -- \$10.99 Chain Oil -- 4 L -- \$49.99

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Website: http://www.wahooenterprises.ca Phone:569-0320

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246 Main Street, McBride 569-0107

SCARE CROW FARM 5569 0351

B&B, Camping & RVs, and Horse Hotel.

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Styling Sina
(c) 569-7279 cuts - colors - curls 3) 569-0411

SASQUATCH Barn

1102 - 4th Ave. 569-2294 stape@telus Appo a hold of me try hone @ 569-7229



overlapped? photocopy Blueprints you mean What do of the



\$5.00 OFF your 2nd Pizza Buy 2 Pizzas and get

Take a Break in McBride...B.G.s Friendliest Town! **Seniors receive 15% OFF till the end of February**

**COMING SOON - Free in town delivery*



\$1.49

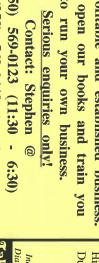
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Contact: Stephen @

250) 569-0123 (11:30 - 6:30)

(250) 569-0448 (evenings)





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lome of The Little McBride Paper Ph:569-3110 Fax:569-022

Susan Glines

10am to 5pm McBRIDE & DISTRICT 7pm to 9pm - 2pm to 9pm

http://www.mcbridebc.org/library
library@mcbridebc.org

241 Dominion St. (250)569-2411

Turn off the Tube and Read a Book

2pm to 5pm sage - \$1.00 per

H

DOA SINFIEL

I would like to thank everyone who organized and attended my surprise 85th Birthday party. It was heartwarming to be surrounded by so many caring friends and family. Thank you so much.

ELKS / ROYAL PURPLE

CARD NIGHT - Every Friday - Elks Hall 7:00p.m. (Must years & older)

AIRPLANE HUMOR

After every flight, pilots fill out a form, called a gripe sheet which tells mechanics about problems with the aircraft. The mechanics correct the problems, document their repairs on the form, and then pilots review the gripe sheets before the next flight. Never let it be said that ground crews lack a sense of humor. Here are some maintenance complaints submitted by pilots and the solutions recorded by maintenance engineers. By the way, the airline these came from is the only major airline that has never, ever, had an accident. Pilot: Left inside main tire almost needs replacement. Engineers: Almost replaced left inside main tire.

Pilot: Test flight OK, except auto-land very rough. Engineers: Auto-land not installed on this aircraft. Pilot: Something loose in cockpit.

Engineers: Something tightened in cockpit.

Pilot: Dead bugs on windshield.

Engineers: Live bugs on back-order.

Pilot: Autopilot in altitude-hold mode produces a 200 feet per minute

Cannot reproduce problem on ground. lence of leak on right main landing gear

Pilot: Friction locks cause throttle levers to stick. Engineers: That's what friction locks are for. Pilot: IFF inoperative in OFF mode. Engineers: IFF always inoperative in OFF mode. Pilot: Suspected crack in windshield. Engineers: Suspect you're right. Pilot: Number 3 engine missing. Engineers: Engine found on right wing after brief search. Pilot: Aircraft handles funny. Engineers: Aircraft warned to straighten up, fly right, and be serionineers: Reprovementation. gineers: Evidence removed.

ot: DME volume unbelievably loud.

gineers: DME volume set to more begineers: DME volume set to more begineers:

Reprogrammed target radar with lyrics. use in cockpit.
Cat installed.

ineers: Cat installed.

t: Noise coming from under instrument panel. Sounds like get pounding on something with a hammer.

BUY, SELL, RENT & MISG.

WANTED-Responsible Couple require home to rent in McBride for April 1st. 569-0326, evenings. References. Wanted-Ewe, any age, any breed. Phone 250-565-8425-For Sale-Piano, Yamaha Clavinova CVP-202. \$2500.00. Phone 569-2337-For Sale-Full set of Leather Working Tools worth over \$2500.00. Will sell for \$400.00. Phone 569-0113-For Sale-4 Bridgestone Turanza tires. 215/65R16. Excellent tread, only used 3 months. Asking \$60.00 each. Freespirit Compact home gym. 3 stage cable system, small and lightweight. Over 40 exercises included. Used for 3 months. Asking \$150.00. Call Lorrie at 250-569-7385-For Rent-2 Bedroom Suite, partially furnished. No Smoking or Pets. Very Clean - available Jan. 1, 07. Ph:569-0402-For Sale-1998 Chev 1/2 ton Cheyanne, ext. cab, 6 cyl., 6 spd manual, c/w canopy @ 100,000 kms. Asking \$9,000. 1985 GMC Vandura 3500 Motorhome, 22 ft., good shape. Asking \$7,000. Phone 569-8866-For Sale-Danby Fridge \$125.00, Hot Point Dryer \$200.00 Ph:569-2778-For Sale-Computer Monitor-excellent condition \$25. Large capacity washer & dryer \$450 (washer has new transmission. Old style phone (new) \$35. Chester Fried Chicken Deep Fryer w/built in exhaust (on casters) \$1000.00. 4 ft. Glass Heated Display Case w/ trays and racks \$500.00. 12 Aluminum Deep Hull Boat w/motor \$750.00. 1979 Yamaha GS850 Shaft Driven Streetbike (90% restored) \$1000.00. Eves. 569-0105.*For Rent:2 Bedroom House. Reference Required Ph:1-250-569-0308.*For Sale-1995 Ford F150XL 167000 km, One Owner \$5000. o.b.o. / Horse Trailer - 2 Horse \$600. o.b.o. Ph: 569-0174-*To place an ad here call 569-3110, Fax 569-0220 or drop info at 455 King Street.

Anglican United Church - Downtown Thrift Store on Dominion Street. - Mens, ladies and children's clothing -Open: Tues. 1:00 to 3:00 - Sat. 9:00 to 11:30•Dorcas is OPEN Tuesdays 1pm-3pm. Phone 569-3186•Contact number for the Foodbank is 569-3186•Seventh-day Adventist Church-Meet Saturdays at 9:30 & 11a.m. and Wednesdays at 7p.m. Phone: Ph:569-370•Mennonite Church-Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-0445•Mountain Chapel (PAOC)-Sunday School & Adult Classes-10am, Services-11am. Ph:569-3350•Anglican United Church-441 Dominion Street. Meet Sundays at 11:30 a.m. Phone 569-3206 or 569-3386. Hall Rental contact Dorothy Simpson 569-3343•Evangelical Free Church-Sunday School at 9:45a.m., Sunday Worship Service at 11:00am. Ph:569-2378 or 569-8845 Pastor Dan Carlaw-Robson Valley Christian Centre-Meets in home Sundays 11am, Dunster Ph:968-4335-8t. Patrick's Catholic Church-Meets Sundays at 11:00am Ph:569-2606. "Catholic Faith for Adults" inquiry class. Contact Sr. Olive.

Greyhound Bus Schedule McBride Husky 569-2441
Depart to East-12:15am Daily • Edmonton
Depart to West-6:10am Daily & 7:30pm Fri. Sat. Sun.•Prince George
Depart to South-Daily 12:15am or 10 am Fri. Sat. Sun. • Kamloops

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569-2441

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Employment Assistance Service Robson Valley Home Support Society

Contact Bob

Canada