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REMEMBER We're OPEN

Saturdays 10:00am to 3:00pm

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THINK ABOUT IT...

Tomorrow is the most important thing in life. Comes into us at midnight very clean. It's perfect when it arrives and it puts itself in our hands. It hopes we've learned something from yesterday.



569-0133
~NEW HOURS & MENU~
Cooked Breakfast 6:00am-8:30am M-F
OPEN Mon. to Fri. 6 - 4 Sat. & Sun. 10-4

Bush Medic WILDE SERVICES

Paul Wildeman
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Rescue First Aid & Flaggers Required.

Immediately require certified Flaggers with level 1 First Aid.
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Local contract bid. McBride, Valemount, Blue River.
For flaggers and all FA Attendants.
Oil patch work. Call immediately, require certification to submit with bids.

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• CHECK US OUT FOR ALL YOUR TROPHY NEEDS •
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McBride Paper



Serving BC's Friendliest Town and Area!!
For the week of Wed., September 27th, 2006

SCOTTABANK

Scotiabank has partnered with "The Quilt - A Breast Cancer Support Project", a national fund-raising and spirit-raising visual celebration supporting breast cancer survival. The staff of Scotiabank McBride recently completed their contribution to this project. With the donation of \$300 from Scotiabank to purchase materials and the generosity of Linda Wood of Odds & Ends as well as Pat Bennett of Pat's Custom Quilting in Valemount the quilt was soon a reality. With many new to the world of sewing the small group of staff met weekly to complete tasks ranging from cutting pieces to sewing and often re-sewing fabric.

The completed quilt is now on display in the Scotiabank McBride Branch thru to the 3rd week of October at which time it will begin it's nearly year long tour across Canada and then proceed to a gala event, at which time it will be auctioned off in August 2007. For more information regarding this fundraiser, go to www.thequilt.com or call 519-272-2588.

WEE TEACH

Wee Teach is a Parent/Child program that is free of charge. It is held on Tuesday mornings at Robson Valley Home Support at 9:30 - 11:00. There will be *NO* Wee Teach on October 3rd, but we will reopen on October 10th. Everyone welcome. We will reopen with a presentation of DISCOVERY TOYS by Marilyn Carlaw.

COMMUNITY ANNOUNCEMENTS

FOSTER FAMILY - Would you like to make a difference in the life of a child? Be a Foster Family! To find out if Foster Parenting is right for you Contact: Ministry of Children and Family Development at 569-3760 or AXIS Family Resources 564-9064 ext. 23 or 24. **Dunster Gymnastic Club** is cancelling all gymnastics till the new year. Sorry for the inconvenience.

HOCKEY NEWS

McBride Maniacs Female Senior Recreational HOCKEY REGISTRATION: Thurs., Sept. 28/06 from 7-8pm at the Curling Lounge. Fee \$300.00 - includes practices, home games, and insurance For more information Call Sarah at 569-2337 or Tracy at 569-2517. All Ladies age 13 (by Dec. 31/06) and up welcome!!

MEETING

Friday, September 29th 3p.m. at the Village Office. Be a part of the Historic Restoration of the Grand Trunk Garden! Come see photos of the War-Time Garden. Hear what is happening and lend your ideas. All Welcome! One hour only so be on time. Questions? Call Jennifer Quam.

HARVEST SUPPER

Sponsored by the Anglican United Church Women will be held on Wednesday, October 4th, 2006 in the AUCW Hall. Sitings: 5:00, 6:00 and 7:00. Tickets are: Adult - \$10.00, 7 to 12 years - \$5.00, up to 7 years - \$.50 per year. For more information please call Eileen Lawrence at 569-2582 or Fran Long at 569-2658.

CHAMPION

Duane McClinton in Canmore: First event was Putting the Heavy Stone. There were 6 competitors and Duane's 25.11 foot throw won him 1st. Second was light stone - Duane's 1st throw was 34'11, 2nd 32.5 and his last throw was 35.7 feet for his second 1st of the day. The third event was Throwing the Weight for distance. Heavy weight of 56 lbs. Duane threw consistently better with each throw that earned him his 3rd 1st. In the Light weight he got a distance of 50.10 feet with the weight of 28 lbs getting him his 4th first for the weekend. The next challenge was Throwing the Weight over the Bar and Duane achieved 1st with an 11.5 height. Next was the Sheaf - Duane went 19 feet over the bar with the 16 lb. Bag of straw for 1st. Then came the 22 lb. Hammer, Duane threw 65.7 and 71.2 for his best and his next 1st of the day. The Amateur A's throw about 85 feet. The Light Hammer was next and weighed 16 lbs. The winning distance for Duane was 90.11 feet. The crowd always looks forward to the Caber. Duane turned his for an 11 o'clock so we were very proud of him. The Amateur A's went on to do a challenge caber of 133 lbs that was 18.5 feet long. Only one of 5 managed to turn it for 1:30. Duane won Gold in Canmore, having an excellent day. Great job Duane!!! Looking forward to watching you again.....VERY PROUD OF YOU!!!!!!! -Linda McClinton

Greyhound Bus Schedule McBride Husky 569-2441

Depart to East-12:15am Daily • Edmonton
Depart to West-6:10am Daily & 7:30pm Fri. Sat. Sun.*Prince George
Depart to South-Daily 12:15am or 10 am Fri. Sat. Sun. • Kamloops

Please contact The Little McBride Paper with all coming events, news, trivia, comments, anything!! Ph:569-3110, Fax:569-0220, email:sglines3@telus.net, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't write about it!! -Scott & Susan Glines - Oscar & Bronco

Take a Break in McBride...B.G.s Friendliest Town!!

HEARTLAND RESTAURANT

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\$3.50 COFFEE & PIE ON NOW

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Part Time to Full Time
Will Train.
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HUSKY
569-2441

Employment Assistance Service
Robson Valley Home Support Society

NEED A JOB?

NEED A WORKER?

Contact Bob Thompson 569-2266

Funded by the Government of Canada
Canada

WE'RE GETTING A MAKEOVER

And we promise great results

Over the next few weeks, we will be renovating our branch. We will remain open for business and try our best to minimize any inconvenience to our customers during this process. Thank you for your patience.



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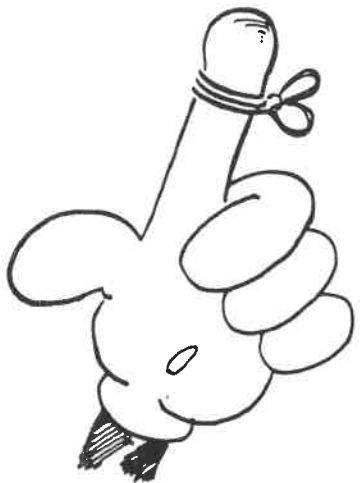
I don't know where that steak got too, honest!

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--|--|---|---|---|---|
| <p>CHURCHES 1</p> | <p>2 7:30pm Hospital Auxiliary Dinner Meeting @ Kilin Rest 8:00 pm Farmers Institute</p> | <p>3 1-3 pm ACS Used Clothing-SDA 1-3 pm AUCW Thrift Shop 6:30 pm TOPS @ HiltUnit 7:30 pm Elks - Royal Purple</p> | <p>4 5,6,7 pm Harvest Supper @AU Church 2:30 PM Girls Club@ RVHSS 7:00 pm CoC Executive Mtg @ Council Chambers</p> | <p>5 2-4 pm OAPO Stitch & Knit 3:30-5:30pm Dome Ck Reading Room</p> | <p>6 SDA CHURCH 10am - noon AUCW Thrift Shop 7-9 pm Circle Dance @ Dunster Hall</p> | <p>7 SDA CHURCH 10am - noon AUCW Thrift Shop</p> |
| <p>CHURCHES 8</p> | <p>9 Happy Thanksgiving! 7-9 pm VFD mtng @ Fire Hall</p> | <p>10 1-3 pm AUCW Thrift Shop 1-3 pm DORCAS Used Clothing 6:30 pm TOPS @ HiltUnit 7:30 pm McBride Village Council Meeting</p> | <p>11 7:00 pm CoC@Council Chambers 2:00 pm Seniors Birthday Tea @ BVLodge 2:30 PM Girls Club@ RVHSS 2:45-4:45pm Creative Fun@ Library 5-6 pm Sparks/Guides@Elks 6:30 pm Bingo @ Legion Hall</p> | <p>12 11am - noon Fun with Family & Friends @ HU 2:45-4:45pm Creative Fun@ Library 3:30-5:30pm OAPO Stitch & Knit Dome Ck Reading Room</p> | <p>13 7:00 pm Mennonite Group Singing @ BVLodge</p> | <p>14 SDA CHURCH 10am - noon AUCW Thrift Shop</p> |
| <p>CHURCHES 15 2:30 PM Roundhouse Theatre Presents the Northern Symphony - "Mozart"</p> | <p>16</p> | <p>17 1-3 pm AUCW Thrift Shop 1-3 pm DORCAS Used Clothing 6:30 pm TOPS @ HiltUnit 7:30 pm Elks - Royal Purple</p> | <p>18 2:30 PM Girls Club@ RVHSS 2:45-4:45pm Creative Fun@ Library 6-11 years 7-9 pm Valley Piecemakers @ HS</p> | <p>19 2:45-4:45pm Creative Fun@ Library 11+ years 2-4 pm OAPO Stitch & Knit 3:30-5:30pm Dome Ck Reading Room 6:30 pm Srs Bingo @ BVLodge</p> | <p>20 SDA CHURCH 10am - noon AUCW Thrift Shop</p> | <p>21 SDA CHURCH 10am - noon AUCW Thrift Shop</p> |
| <p>CHURCHES 22</p> | <p>23 5-7 pm Library Trustees mtng @ B2 7-9 pm VFD mtng @ Fire Hall</p> | <p>24 1-3 pm AUCW Thrift Shop 1-3 pm DORCAS Used Clothing 6:30 pm TOPS @ HiltUnit 7:30 pm McBride Village Council Meeting -Cancelled</p> | <p>25 10:30 am Seniors Pastoral Care Service @ Hosp 2:30 PM Girls Club@ RVHSS 2:45-4:45pm Creative Fun@ Library 6-11 years 6:30 pm Bingo @ Legion Hall</p> | <p>26 11am - noon Fun with Family & Friends @ HU 2:45-4:45pm Creative Fun@ Library 11+ years 2-4 pm OAPO Stitch & Knit 3:30-5:30pm Dome Ck Reading Room 5:00 pm WS Gallery Society mtng @ Station 6:30 pm Srs Bingo @ BVLodge</p> | <p>27 noon Seniors Luncheon @ BVLodge</p> | <p>28 SDA CHURCH 10am - noon AUCW Thrift Shop</p> |
| <p>CHURCHES 29</p> | <p>30 7-9 pm VFD mtng @ Fire Hall</p> | <p>31 1-3 pm AUCW Thrift Shop 1-3 pm DORCAS Used Clothing 6:30 pm TOPS @ HiltUnit Halloween Fireworks</p> | <p>MUSEUM: Arts Fest 2006 - Featuring Local artist Dave Merchant Open during LIBRARY hours: 10am - 5pm & 7-9 pm Tue; 10am - 2pm Wed; 2-9pm Fri; 2-5pm Sat SENIORS' PROGRAMS: anyone age 55+ is welcome. • SDA Food Bank: phone 569-3225</p> | | | |

On-line Calendar: mcbride.ca Phone: McBride Visitor Centre, 569-3366, or email details to: come2mcbride@telus.net November Calendar deadline: Oct 21.

Reminder

(Put on fridge)



Your Health Fair

(If you don't take care of your health—Who will?)

September 28,29

Thursday 6-9 pm

Friday 9 am—3pm

Elk's Hall

Everyone welcome, all ages

Refreshments

Draw prizes

Informal

Talk to Health Care Professionals

Smokers, check your CO levels

Cholesterol checking

Tetanus Immunizations

Lots more!



Seniors October Calendar

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|--|-------------------------------------|--|--|--|--|
| 1 | 2 6:30pm Movie Night @ BV Lodge | 3 | 4 United Church Harvest Supper Contact Eileen Lawrence for tickets | 5 2pm Stitch/Knit 6:30pm Bingo Sasquatch Beauty Barn @ BV Lodge | 6 | 7 |
| 8 | 9 Thanksgiving Monday | 10 12pm Lunch @ Sun Valley | 11 2pm OAPO B-Day @ BV Lodge | 12 2pm Stitch/Knit @ BV Lodge 6:30pm Bingo @ BV Lodge | 13 7pm Mennonite Singers @ BV Lodge | 14 3pm 7-Day Adventist Singers @BV Lodge |
| 15 | 16 9am Exercise Class @ BV Lodge 6:30pm Movie Night @ BV Lodge | 17 | 18 10:30am Extended Care Unit Worship @ Hospital 5:30pm Pizza Night @ Lodge | 19 9am Exercise Class 2pm Stitch/Knit 6:30pm Bingo Sasquatch Beauty Barn @ BV Lodge | 20 9am Exercise Class @ BV Lodge 1pm Seniors Travel Meeting @ BV | 21 |
| 22 | 23 9am Exercise Class @ BV Lodge | 24 12pm Lunch @ Travellers | 25 | 26 9am Exercise Class 2pm Stitch/Knit 6:30pm Bingo @ BV Lodge | 27 9am Exercise Class @ BV Lodge 12pm OAPO Meeting and Lunch @ BV Lodge | 28 |
| 29 | 30 9am Exercise Class 6:30pm Movie Night @ BV Lodge | 31 Halloween Fireworks | | | | |

Driving service available for all in town requests Call 569-2266 to set an appointment-
Carpet Bowling to return after Arena renovations