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Assorted Turkey Meatloafs - 100 g...**\$.99**  
Montreal Smoked Beef Brisket - 100 g...**\$1.49**  
Mango - Red ..... **¢.99** each  
Tomatoes -  
MP Hot House - 3 pk - 454 g...**\$1.79** each  
Spinach - Bunch..... **¢.99** each  
Act II M/W Popcorn -  
Butter - 15's - 1.5 kg ..... **\$8.99**  
Delissio Pizzas - Assorted Flavors ..... **\$5.98**  
Purex Bathroom Tissue - 30 RL ..... **\$10.99**  
VIP Ultra Liquid Laundry Detergent -  
2.95 L ..... **\$6.98**  
Lean Ground Beef - Family Pack... **\$1.99 / lb.**  
Whole Chicken - 3 per bag..... **\$1.69 / lb.**

## BAKERY

Our Compliments Crunchies -  
Cinnamon - 750 g...**\$3.99**  
Baker Boy Cinnamon Twists - 7 pk...**\$6.49**



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Co-operative  
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At 569-2519

## FREE The Little FREE

# McBride

## Paper



Serving BC's Friendliest Town and Area!!

For the week of *Wed., May 2nd, 2006*

### MOTHER'S DAY TURKEY/HAM DINNER

On Saturday, May 13/06 bring your MOM out to an evening of great food and entertainment to show her how much you appreciate her. The youth in the community are raising funds to attend a Youth Conference in Edmonton at the end of May. Please come out and support our 33 youth and celebrate our Moms. Dinner is at 6:00 pm at the E-Free Church. Cost is \$12.00/Adult, \$8.00 12 and under, and 3 and under free. Includes a delicious Turkey/Ham dinner, salad, dessert, beverages, fun entertainment by our Youth and a flower for Mom. Seating will be by reservation only, to reserve your spot please call Barb Carr at 569-6802 or Val Keim at 968-4415. Thank you for your support! See you there!

### HOSPITAL AUXILIARY NEWS

\*Don't forget throughout B.C. May 10th is declared "Proud to be an Auxiliary Day". To do something special we are serving "Strawberry Shortcake and Tea" at Beaverview Lodge plus deliveries to your work place starting 11:00 - 1:00 p.m. Cost is \$4.00 a plate. \*\*For deliveries contact Pat 569-3288 / Hilda 569-3305 or Eileen 569-2582, cell 569-7582.

### YARD SALE

May 6th, Saturday. Garage Sale - 1800 Eddy Road, 10:00 - 4:00. Multi Family. Some furniture / Odds and Ends / Desk / Rocking Chair / End Table's / Bar Stools / Canning Jars / Hide-A-Bed / Orbital Sabre Saw / BookCase. \*T00 much to List\*  
Yard Sale - Rain or Shine, 1177 4th Avenue, Sat., May 6 11-3, Sun., May 7 11-2. Stuff for all ages.

### "WOODEN IT BE NICE?"

"Wooden it be nice?" A woodworking exhibition by local crafters. Exhibit of Valley Museum and Archives Society @ the Museum/Library building, 241 Dominion Street, McBride. Official opening will be on Friday, May 5th, 2006 @ 7:00p.m. On exhibit from April 23rd to June 2nd, 2006.

### THANK YOU

I would like to Thank all my customers for their patronage while I was management at the Traveller's Inn. Without you it would not have been a success.

- Bev McLennan

### McBRIDE HEALTH UNIT

Fun With Family & Friends, Parents, Newborns & Toddlers. \*Come meet with other parents & children while participating in crafts, story time & sharing. McBride Health Unit 2nd & 4th Thursdays, 11:00 a.m. to 12:00 p.m. Snacks & Refreshments. \*May 11 - How Foods Affect Behaviour and Brain Development. \*May 25 - Creepy Crawlies. \*Child Care Resource & Referral Consultant will attend on the 4th Thursdays with Stories & Crafts. Other guests: on 2nd Thursdays. Beth Frederick - Stepping Stones Daycare / Mary Stewart - Infant Development Program / Cary Savarella - Public Health Nurse - will be in attendance to answer questions or call 569-2251 ext. 226.

### SCOTIABANK

Scotiabank McBride is celebrating it's 9th Annual B.C. Children's Hospital Barbecue, Pie Sale and Raffle Fund Raiser!! Please join us Friday, May 12th from 11 a.m. until 2 p.m. Help us to put smiles back where they belong!!

### CHURCH NEWS N' THINGS

**Anglian United Church - Downtown Thrift Store** on Dominion Street. - Mens, ladies and children's clothing -Open: Tues. 1:00 to 3:00 - Sat. 10:00 to 12:00 •**Dorcas** is OPEN Tuesdays 1pm-3pm. Phone 569-3186 •Contact number for the **Foodbank** is 569-3186 •**Seventh-day Adventist Church-Meet** Saturdays at 9:30 & 11am. and Wednesdays at 7p.m. Phone: Ph:569-3370 •**Mennonite Church-Meet** Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-0445 •**Mountain Chapel (PAOC)**-Sunday School & Adult Classes-10am, Services-11am. Ph:569-3350 •**Anglian United Church**- 441 Dominion Street. Meet Sundays at 9:00 a.m. Phone 569-3206 or 569-3386. Hall Rental contact Dorothy Simpson 569-3343 •**Evangelical Free Church**-Sunday School at 9:45 a.m. \*Sunday Worship Service at 11:00 a.m. Ph:569-2378 or 569-8845 Pastor Dan Carlaw •**Robson Valley Christian Centre**-Meets in home Sundays 11am, Dunster Ph:968-4335 •**St. Patrick's Catholic Church**-Meets Sundays at 11:00am Ph:569-2606. \*Catholic Faith for Adults" inquiry class. Contact Sr. Olive.

#### Via-Rail Schedule Phone 1-888-842-7245

Going West - Sunday, Wednesday & Friday...2:40pm  
Going East - Monday, Thursday, Saturday...12:03pm  
Seniors (60+) 2 for 1 is back. Must book 6+ days advance.

### Important Phone Numbers

EMERGENCY .....	9-1-1	Forestry .....	569-3760
R.C.M.P. ....	569-2255	Village .....	569-2229
Hospital .....	569-2251	Reg 1 Dist' .....	1-800-667-1959
Health Unit .....	569-2251	Home Support .....	569-2266
K to 7 School .....	569-2721	Food Bank .....	569-3186
High School .....	569-2295	Fire Hall .....	569-3117
Dunster School .....	968-4414	Greyhound .....	569-2441
School District 57		The Little McBride Paper	569-3110
1-800-256-7857			

Report Forest Fires - 1-800-663-5555

Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...

Dial this Number 1st and ask operator to connect you to provincial department

Take a Break in McBride...B.G.'s Friendliest Town!!

## McBride Rookie T-Ball

Registration on Thursday May 4 from 3pm to 4pm at the McBride Secondary School

T-Ball is for 4 to 7 year olds and will run on Wednesdays from 6 to 7pm from May 10 to June 14. Cost is \$20 and includes a t-shirt. We will need coaches as too!!

Any questions contact Jen at 569-0150 or Tovi at 569-3404  
Registration info can be picked up at the Highschool or Elementary School prior to May 4 if required.

### PHYSIOTHERAPY

**E. Kim Hammerstedt BPT**

**246 Main Street, McBride 569-0107**

Stylin' cuts - colors - curls  
By Tina

(c) 569-7279 (m) 569-0411



**CFDC** Canoe Robson Valley  
Community Futures

You may qualify for the SEB Program if you are presently on E.I. or have been in the last 3 years or you have been on maternity leave in the last 5 years. Would you like to explore the idea of starting your own business?

For more information on the Self Employment Benefit Program (SEB), please contact:

**Ken Starchuck** Phone: (250) 569-2229  
SEB Co-ordinator Fax: (250) 569-3276  
E-mail: futures3@telus.net

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### SASQUATCH Beauty Barn

Fully Licensed Esthetics

\*Call for appointments\*

**Grad Special, Book ASAP, Limited Spaces**  
# 1 Gel Nails, Pedicure, Spray Tan, Makeup with trial and Eyebrow wax \$140.00 SAVE \$ 30.00  
# 2 Manicure, Pedicure, Spray Tan, Makeup with trial and Eyebrow wax \$105.00 SAVE \$30.00  
# 3 Gel Nails, Spray Tan, and Makeup with trial \$100.00 SAVE \$30.00  
Plus Tax

### Beanery 2 Blatto

1102 - 4th Ave. If you can't get a hold of me try  
569-2294 stape@telus.net my Cell Phone @ 569-7229

569-0133

### DOLLAR MENU

Nachos  
Sundaes  
Friday Pizza  
Granola  
Fruit  
3 Cookies  
Coffee after 3pm

### NEW HOURS

Monday-Friday 6am-6pm  
Saturday 6am-4pm Sunday 10am-4pm

### Ande's AUTOCARE Auto Parts

www.andesautoparts.com

289 Main Street, McBride BC V0J 2E0  
Hours: Mon.-Sat. 8 to 6, Sun. 10 to 2  
Del Fry / Lenny Stone After hours 250-569-2552  
Tel: 250-569-2532  
Fax: 250-569-2542

**FIGURES SPRING TAG SALE**

Sat., May 6th, 10am to 4pm  
795 Barnes Road, McBride.

Everything for the horse and rider.

Visit happyhorse.ca, email your requests, we'll bring along.

### Angels Say

BITTERNESS USES UP the energy that could otherwise be spent on angelic endeavours.

### THE HAIR SHOPPE

803 3rd Ave. - side entrance

**569-3359 We Carry JOICO Supplies**

### Robson Valley Pet Hostel

Grooming & Boarding

Serving locally for 21 years

Ann Schwartz 569-3319 animal health technician

**MOUE FOR HEALTH DAY**

**B.C. local Government Challenge.**  
The Village of McBride in conjunction with the Hockeyville Committee will be holding a noon hour walk, 12:00-1:00pm, Wednesday May 10. This is a challenge for communities in the North. **Come out one and all and wear blue!**  
The registration will be at the Village Office at 11:50am. Sign in and then walk with us on a set route. The walk will wrap up in the Village Park with ice cream and juice to follow.

Power Saws • Lawn Mowers & Trimmers  
Rototillers • Snow Blowers • etc.

**SMALL ENGINE REPAIR**

•••Commercial Carpet Cleaner  
Rental available•••

••Steamcleaning Available••

**Call Don or leave a message**

**250-569-7888**

**Advantage Insurance Services Ltd.**  
Rosemary L. Hrudy, CAIB  
250-569-2264

**Do You Have  
ROADSIDE PLUS**

**THE ROBSON VALLEY  
SLO-PITCH LEAGUE**

will begin on May 9, 2006.

Any teams interested in playing that have not already registered need to contact

**Kathy at 569-3239 by May 4. Team fee is \$250 and includes a windup tournament in July.**



Your local feed, tack, pet supply and western gift store

1032 - 2nd Ave McBride, BC  
Phone: (250) 569-0425 Cell: (250) 569-7203  
Fax: (250) 569-2777

**Bedding Plants & Hanging Baskets**

**Arrive Friday, May 12**

*Now in stock:*  
Seed Potatoes and Onion Sets.

**MCBRIDE MOVIES & MORE**

**HARD ICE CREAM**

**NOVELTY ICE CREAMS**

**DRINKS & SNACKS**

**\*\* 30 New Releases this month. \*\***

Buy 2 Medium Ice Cream Cones GET 1 Small Ice Cream Cone FREE

**SPRING BEDDING PLANT SALE**

The students of the Robson Valley Junior Academy have been working hard to get ready for their Annual Spring Bedding Plant Sale. Sale Date: Mother's Day, May 14th, 2006 (weather dependent). Watch for more details next week and for posters up around town.

**BIRTHDAY SURPRISE**

A SURPRISE BBQ for Gordon Jeck's 50th Birthday will be held at Cyril and Alaine Jeck's, 3255 Jeck Road, on Sat., May 13th. The guest of honor will arrive at 5:00pm, so be there between 4:00 and 5:00pm. Bring your own meat and lawn chair. For more info, or if you wish to bring a salad or dessert call Nikki 569-8829 (evenings). We hope to see you there!

**COMMUNITY ANNOUNCEMENTS**

McBride Hockeyville Needs You. Casting call, spokesperson needed for 1 minute video to be submitted to CBC Hockeyville. Video will be aired on TV!!! Apply in person at 6:30 pm on Thursday, May 4th, 2006 at the Roundhouse Theatre.  
Dunster Farmer's Market - 1st Market of the Season, Saturday May 20, 10a.m. - noon. (bedding plants will be available). Then every Saturday, July 8 till mid September. Sellers Welcome. Phone Loreta for more information at 1-250-986-4453.  
ROUND-1 green Budgie Bird on April 24. To claim call 569-3417.  
ROUND-Vehicle/House Keys at Home Hardware. If yours, please come in and identify.

McBride Youth Soccer - Must be 5 years old before December 31, 2006. Also possible Adult Fun League. Registration forms can be picked up at Health, Heart & Home, McBride Elementary School and McBride Secondary School. Forms and fee can be dropped off at Health, Heart and Home only. Need volunteer coaches and helpers. Any questions, contact Connie Vizza 569-2694.  
FUN WITH FAMILY & FRIENDS, PARENTS, NEWBORNS & TODDLERS: Come meet with other parents & children while participating in crafts, story time & sharing. **McBride Health Unit** 2nd & 4th Thursdays 11:00 a.m. to 12:00 p.m. Snacks & Refreshments.  
\*April 13 - Mother Goose Presentation \*April 27th - Spring Fling-Walk to the Library for Mother Goose \*May 11 - Parenting \*May 25 - Creepy Crawlies. Child Care Resource & Referral Consultant will attend on the 4th Thursdays with Stories & Crafts. \*Other Guests: on 2nd Thursdays / Beth Frederick - Sleeping Stories Daycare / Mary Stewart - Infant Development Program. \*\*Cary Savarilla - Public Health Nurse - will be in attendance to answer questions or call 569-2251 ext. 226\*\*

**McBride Hospital & Health Center**

Well Women's and Men's clinics continue to be available as well as foot care for those with diabetes or circulation problems. Make appointment with front office.  
Optometrist, Dr. Greydans, will be coming to McBride May 29, 30 and 31. To make appointments call 1-800-665-1128 and say you want your appointment in McBride.

**MUSIC FESTIVAL**

Robson Valley Music Festival Fundraiser DANCE!!! with MAMAGUROOVE Dunster's own funk, reggae, latin, rock and world grooves - and special guests THE FABULOUS BEE FEEDERS - Edmonton's own hard rock, reggae, funk, and blues... Saturday, May 6th at the Dunster Hall. \*Concession and bar available - must have valid ID. \*Door opens at 8:00p.m. \$10 Adult / \$8 Student / 13 and under FREE. Shuttle Bus may be available, call 968-4411.

**BIRTHDAY WISHES MAY 5 - 10**

Courtney Lipke, Frank Whitman, Archie McRae, Linda Mossdel, Robert Littlechild, Glen Hooker, Bryce Hickery, Marty Franke, Erik Berg, Pietro Caputo, Nadine Lipke, Anna Christison, Arline Andrews, Tanya Thiel, Herb Butman, Paul Smith, Kay McFarland, Craig Arnold, Denise Lamming, Trisha Hough, Abe Phillips, Wes Phillips, Jay McCutcheon, Richard Hodgkin St., Cary Glenn, Paolino Caputo, Glen Frear, Terri Spangler, Kirk Doetsken, Brandon Vizza, Alysson Phillips, Kyle Hutchison-Ondang, Charlene Lamming, Claire Hesse, Lynda Schock, Breanne Urban, and to anyone we missed Happy Birthday.

**BUY, SELL, RENT & MISC.**

For Sale- 3 HP Garden Rototiller. Good Running Order. \$250.00 Ph:569-3304\*\*For Sale-93 P250, Inline 6 cyl, New Trans. 2wDr. Set up for camper. \$2,300 Ph:569-0359\*\*Parts Vehicle For Sale-Selling 1993 Dodge Caravan on behalf of a friend. The transmission died on its way through McBride. Engine runs, other salvageable parts. Make me an offer! 569-2378 (days) or 569-8845 (evenings). Ask for Dan.\*\*For Sale-Costco type shed, steel frame with tarp covers, good condition, \$150.00. King size waterbed frame with headboard and firm orthopedic mattress, good condition, \$250.00. Both items in McBride. Phone 250-566-8457 for more info.\*\*For Rent-House for Rent- 1 Bedroom, 900 square feet, very clean, on McBride Crescent. Call 569-0171 Evenings. Available June 1\*\*For Sale-Sofa Bed. \$250.00 obo. Phone 968-4545\*\*For Sale-1988 Mercury Sable. Low mileage, good condition. Call (250) 569-2754\*\*For Sale-12x62 Trailer \$9000 o.b.o. Ph:569-0265\*\*For Sale-3 Bedroom Mobile Home with Addition, Sundek and Shed. Owner financing available. Ph:569-0308\*\*For Sale-1997 Dodge Stratus ES, V6 w/autostick, leather, pw, pd, ac. Well maintained with extra tires, and an uninstalled remote starter. \$4800.00. Call 569-3414 for more info.\*\*To place an ad here call 569-3110 or drop into at 455 King Street.

**McBride Husky 569-2441**

Greyhound Bus Schedule • Edmonton  
Depart to West-6:10am Daily & 8:25pm Fri. Sat. Sun. Prince George  
Depart to South-Daily 12:15am or 9:50am Fri. Sat. Sun. • Kamloops  
Please contact The Little McBride Paper with all coming events, news, trivia, comments, anything! Ph:569-3110. Fax:569-0220, email:sglines3@telus.net, P.O. Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't write about it!! -Scott & Susan Glines - Oscar & Broom

**Take a Break in McBride...B.G.s' Friendliest Town! :**

**SOBE - 591 ml**  
2 for **\$3.00** + dep. & tx  
**FRAPPUCCINO - 250 ml**  
or  
**A-RUSH - 250 ml**  
2 for **\$3.00** + dep. & tx.

**Husky**  
**OPEN 24 HOURS**

**Employment Assistance Service  
Robson Valley Home Support Society  
NEED A JOB?  
NEED A WORKER?**

**Contact Bob Thompson 569-2266**  
Canada the

**BIG M V FOODS**  
PHONE # 569-5826

- HOURS Monday - Saturday 9am to 7pm • Sunday 9am - 6pm
- COUNTRY MORNING BACON CHUNKS - random weight ----- **\$3.99** / lb.
- BONELESS CROSS RIB POT ROAST - ----- **\$3.29** / lb.
- SO GOOD BEVERAGE - select varieties - 946 ml ----- **\$2.49** each
- CANTALOPE - ----- **\$2.99** each
- KRAFT PEANUT BUTTER - assorted varieties - 500 g ----- **\$3.49** each
- KRAFT JAM - assorted varieties - 250 ml ----- **\$2.49** each
- CARNATION HOT CHOCOLATE - 10 x 28 g ----- **\$2.79** each
- ACT II POPCORN - 3 each - 297 g ----- **\$1.99** each
- NOWACCEPTINGAPPLICATIONS**
- For Full Time and Part Time Staff
- Drop resume off at store

**Seniors Activities**

The Village of McBride and the Robson Valley Home Support Society have launched a pilot project for a Seniors Activity Coordinator.  
The Coordinator is responsible for creating and promoting activities for seniors in and around the community of McBride.

We are currently seeking volunteer's drivers to assist seniors needing transportation for in town appointments and errands. Each driver's required vehicle insurance upgrade would be paid for.

The program is also seeking interested businesses for an 'Adopt a Senior' program in which the business could send the senior holiday and birthday cards and perhaps take them out for a 'date' occasionally.

Any persons interested in volunteering for any of the above mentioned programs or seniors with ideas for programs can contact Jennifer Quam, Seniors Activity Coordinator at the Robson Valley Home Support Society office at 569-2666 or at 569-0150.

**WHISTLE STOP GALLERY**

Take a break from your busy day. Stroll to the Station, and treat your eyes to a feast of beauty and talent. Browsers are always welcome at the Whistle Stop.



**OPEN DAILY AT THE TRAIN STATION Health Heart & Home**

946 Main Street, McBride, B.C.  
Ph: 569-9559 TOLL FREE 1-888-669-9559  
\*Antiques\* \*Gifts\* \*Vitamins & Minerals\* \*Bulk Herbs\*  
**HOCKEYVILLE HAITS** Have Arrived  
OPEN Daily till 5:30pm Friday till 6:00pm

# May 2006 Seniors Activity Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 10am Srs Carpet Bowling at Arena	3	4 2pm-4pm OAPO Stitch and Knit BV Lodge 6:30pm Srs Bingo @ BV Lodge	5 10am Srs Carpet Bowling at Arena Sasquatch Beauty Barn at BV Lodge	6
7	8 10am Crib Tournament @ BV Lodge bring your crib board (RVHSS event)	9 10am Srs Carpet Bowling at Arena	10 11am Hosp. Aux. Strawberry Shortcake Tea @ BV Lodge	11 2pm-4pm OAPO Stitch and Knit BV Lodge 6:30pm Srs Bingo @ BV Lodge	12 10am Srs Carpet Bowling at Arena 7pm Movie night at BV Lodge (RVHSS event)	13
14 12pm Mother's Day Lunch @BV Lodge (catered by the Beanery 2) Fee by donation	15	16 10am Srs Carpet Bowling at Arena	17 OAPO B-Day Tea @ BV Lodge 5:30pm Pizza night @BV Lodge (RVHSS event)	18 2pm-4pm OAPO Stitch and Knit BV Lodge 6:30pm Srs Bingo @ BV Lodge	19 10am Srs Carpet Bowling at Arena Sasquatch Beauty Barn at BV Lodge	20
21	22 <i>Victoria Day</i>	23 10am Srs Carpet Bowling at Arena	24	25 10am Seniors craft day at Home Support with daycare children 2pm-4pm OAPO Stitch and Knit BV Lodge 6:30pm Srs Bingo @ BV Lodge	26 10am Srs Carpet Bowling at Arena	27
28	29 10am Bocce Tournament in the Village Park (RVHSS event)	30 10am Srs Carpet Bowling at Arena	31 OAPO Mtg @ BV Lodge 6pm Dinner night at Travellers (Sign up at BV Lodge by May 29)	June 1 Miette Hot Springs Trip Sign up by May 22 at Beaver View Lodge or call Jen Quam at	The Robson Valley the Village of Created a Seniors Contact Jen Quam	Home Support and McBride have Activities position At 569-2266