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**PLEASE  
DRIVE CAREFULLY**  
Students are  
back to School

**Wahoo Enterprises**

820-1<sup>st</sup> Avenue Phone (250)569-0320  
Website: <http://www.wahooprinters.ca>

- BACK-TO-SCHOOL SALE STILL ON!
- TOO MANY ITEMS TO LIST!
- NEW IN STOCK: ARCHERY SUPPLIES, SCENTS, CALLS & MORE.
- COME INTO THE STORE TO SEE ALL THE SELECTION OF ITEMS.

## JOKE OF THE WEEK

In Africa some of the native tribes have a custom of beating the ground with clubs and uttering spine chilling cries. Anthropologists call this a form of primitive self-expression....Everywhere else it is called golf.

**A.C. & T. CONSTRUCTION**  
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- New Construction • Framing • Renovations • Additions • Siding • Basement Development • Windows • Doors • Concrete Work • Roofing • Kitchens • Baths • Decks • Stairs • Drywall • Painting • Finishing • Drafting & Design •
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- Free Estimates •
- Free Consultations •

• Odd Jobs •  
Call Art  
At 569-2519  
PHONE #  
569-2326

**BIGWAY FOODS**

- NOW ACCEPTING PART-TIME APPLICATIONS •
- CONGRATULATIONS to the August Winner of Groceries - McKinnely Hicks \$182.00
- WINDEX - 765 ml - Assorted Varieties ----- **\$3.69**
- HP SAUCE - 400 ml ----- **\$3.99**
- OLD TIME SYRUP - Assorted - 750 ml ----- **\$2.49**

LOOK FOR OUR EVERYDAY VALUES and our UNADVERTISED SPECIALS

NEW HOURS  
Monday - Saturday 9am to 7pm  
Sunday 9am - 6pm

**FORREVER PRINTING & SIGNS**

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Scott & Susan Glines  
455 King Street  
Ph: 569-3110  
Fax: 569-0220



**FREE The Little FREE McBride Paper**

Serving BC's Friendliest Town and Area!!

For the week of Wed.. September 7th, 2005

## MCBRIDE GIRL GUIDES REGISTRATION

**TODAY!!!!** - Registration for Sparks ages 5-6, Brownies ages 6-8, Guides ages 9-12, Pathfinders ages 13-15, will take place at the Elks Hall on Wed., Sept. 7 at 7pm. A great opportunity also to find out more about girl guides and to meet this year's leaders. For more information contact Sarah Taylor at 569-3358.

## Elks/Royal Purple Pioneer Days Results

After a very successful weekend the winners of the following events and draws are as follows:

- Logging Truck Weight (24960 kg) Donation by M.F.I. and Mike's Heavy Hauling - Brad Kope.
- Quilt Walk - prize donated by Joyce Godfrey - Barbara Young from Ottawa, Ontario.
- Bed Race - 1<sup>st</sup> in race - McBride & District Hospital, 1<sup>st</sup> in Costume - McBride Fire Department
- Thanks to M.F.I. for the great work on bed for the Elks & Royal Purple bed. We are hoping to have this as an annual event so start building your beds.
- Winners of Six-Pitch Tournament - 1<sup>st</sup>, 10 Most Wanted, 2<sup>nd</sup>, Reckless, 3<sup>rd</sup>, Pure Energy.
- M.V.P. Girl/Guy for each Team: Reckless - Amanda Cole / Cody Yeter, Pure Energy - Nicki Jeck / Janie Molendyk, Renegades - Sherri Elym / Steve Daniel, 10 Most Wanted - Tracy / Steve Phillips, M.F.I. - Tammy Runtz / Calvin Blaugy.
- Thank you to all of the many businesses and individuals in the community who made the weekend a success!!!!

## THANK YOU

The Robson Valley Fall Fair committee would like to thank all the people who attended, participated, volunteered, helped, and donated to this years event. It was a great time. Also thanks to the Elks/ Royal Purple for all their help and hard effort in making this joint weekend a success.

The Robson Valley Fall Fair AGM will be held on September 19th. Watch next weeks paper for more details.

## YARD SALE

McBride Fire Department Garage Sale - Saturday, Sept. 10, 2005 at the Fire Hall, 10am to 1pm. NO EARLY BIRDS. Lots of items! Beds, furniture, toys, records, tires, bbq. All proceeds will go towards Halloween fireworks. COME SEE THE NEW FIRE TRUCKS AND HAVE LUNCH AT OUR CONCESSION! Anyone wanting to donate items please contact Jan at 569-0150.

## MCBRIDE FIGURE SKATING CLUB

MCBRIDE FIGURE SKATING CLUB Registration and AGM Monday, September 12th at 7:00 pm in the Curling Club Lounge The Club Constitution is available and will be voted on at the AGM. Please bring Medical Card #, email addresses and first half skating dues. Figure Skating start date: September 19th.

## COMMUNITY EVENTS

Valley Museum & Archives Society - "Farming in the Robson Valley & 90th Anniversary of the McBride Farmer's Institute" Exhibit of Valley Museum & Archives Society @ the Museum/ Library building, 241 Dominion Street, McBride.  
Exhibit "Grand Opening" Friday, September 9, 2005 @ 7:00 p.m. Everyone is welcome to attend. The exhibit will run from August 24th to October 3rd, 2005.

## CHURCH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street. - Mens, ladies and children's clothing -Open: Tues. 1:00 to 3:00 - Sat. 10:00 to 12:00-Dorcas is OPEN Tuesdays 1pm-3pm. Phone 569-3186-Contact number for the Foodbank is 569-3225-Seventh-day Adventist Church-Meet Saturdays at 9:30 & 11am. and Wednesdays at 7pm. Phone: Ph:569-3370-Mennonite Church-Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-0445-Mountain Chapel (PAOC)-Sunday School & Adult Classes-10am, Services-11am. Ph:569-3350-Anglican United Church-441 Dominion Street. Meet Sundays at 11:30 a.m. Phone 569-3206 or 569-3386. Hall Rental contact Dorothy Simpson 569-3343-Evangelical Free Church-Sunday School @ 9:45 a.m. \*Sunday Worship Service at 11:00 a.m. Ph:569-2378 or 569-8845 Pastor Dan Carlaw-Robson Valley Christian Centre-Meets in home Sundays 11am. Dunster Ph:968-4335-St. Patrick's Catholic Church-Meets Sundays at 11:00am Ph:569-2606. \*Catholic Faith for Adults" inquiry class. Contact Sr. Olive.

## Greyhound Bus Schedule

McBride Husky 569-2441  
Depart to East-9:50am & 2:35am • Edmonton  
Depart to West-8:25pm & 5:45am • Prince George  
Depart to South-9:50am • Kamloops

Please contact The Little McBride Paper with all coming events, news, trivia, comments, anything!! Ph:569-3110, Fax:569-0220. Write to Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't write about it!! Scott & Susan Glines - Oscar & Broom

Take a Break in McBride...B.C.'s Friendliest Town!!

## MCBRIDE MOVIES & MORE



DAILY SPECIAL, SEE IN-STORE FOR MORE DETAILS.

30 NEW RELEASES COMING THIS SEPTEMBER

\*BACK TO SCHOOL \*  
COME IN AND ENTER TO WIN A DVD PLAYER!  
(DRAW DATE SEPT. 30, 2005 AT 6PM)  
**569-0123**

MONDAY TO SATURDAY → 11:00AM-9:00PM  
SUNDAY → 11:00AM-6:00PM

## MCBRIDE HEALTH UNIT

Fun with Family & Friends: McBride Health Unit  
2nd & 4th Thursdays 11:00 a.m. to 12:00 p.m.  
Snacks & Refreshments.  
Schedule of Events  
Sept. 8 - Welcome / Ice Breaker  
Sept. 22 - Me, Myself & I  
Oct. 13 - Music to the Ear  
Oct. 27 - Monster Mash  
Nov. 10 - Arts & Crafts  
Nov. 24 - Trains, Planes & Autos  
Dec. 8 - We'll Surprise You.

## Health Heart & Home

Health Products, Gifts & Antiques  
246 Main Street, McBride, B.C.  
Ph: 569-9559 TOLL FREE 1-888-669-9559  
\*Antiques\* \*Gifts\*  
\*Vitamins & Minerals\*  
\*Bulk Spices\* \*Bulk Herbs\*

## NEW GIFTWARE Now Arriving

OPEN Daily till 5:30pm Friday till 6:00pm

## GATORADE

950 ml - 2 for **\$3.00** + dep. & tx.

## AQUAFINA WATER

6 pack - 710 ml  
with \$1.00 Off Fuel Coupon  
@ **\$2.99** + dep.



## LAY'S XL POTATO CHIPS

230 - 245 gms - 2 for **\$4.00** + tx.

**HUSKY**  
569-2441

## OPEN 24 HOURS

Employment Assistance Service  
Robson Valley Home Support Society

## NEED A JOB?

## NEED A WORKER?

Contact Bob Thompson 569-2266

Funded by the Government of Canada  
**Canada**

## MORE JOKES

"Sorry, we don't have ported geraniums," the clerk said, and then added helpfully, "Could you use African violets?"  
"No," replied the customer sadly.  
"It was geraniums my wife told me to water while she was gone."

When the driver of a huge trailer lost control of his rig, he plowed into an empty toll booth and smashed it to pieces. He climbed down from the wreckage and within a matter of minutes a truck pulled up and discharged a crew of workers.

The men picked up each broken piece of the former tollbooth and spread some kind of creamy substance on it. Then they began fitting the pieces together. In less than a half hour, they had the entire tollbooth reconstructed and looking good as new.  
"Amazing!" the truck driver said to the crew chief.  
"What was the white stuff you used to get all the pieces together?"  
The crew chief said,  
"Oh, that was tollgate booth paste."



McBRIDE REALTY  
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Call Mike 569-2642



233 Main Street  
McBride, B.C.  
569-2712

Your Neighbourhood Food Store

**DELI**

Beer Sausage - 100g...1.29  
Hunter Sausage - 100g...1.29  
Summer Sausage - 100g...1.29  
NEW - Organic Potatoes - 5 lb. bag.....\$6.99  
Red, Orange or Yellow Peppers.....\$1.99 / lb.  
Corn on the Cob - Bi-color.....\$.69 each  
Hot House Tomatoes.....\$1.89 / lb.  
Our Compliments Pure Maple Syrup - 375 ml...\$6.49  
Dare Real Fruit Gummies - 180 g.....\$1.99  
Canadian AAA Inside Round  
Baron of Beef Roast.....\$2.99 / lb.  
Pork Sirloin Chops - Boneless -  
Family Pack.....\$2.99 / lb.

**HALLOWEEN TREATS NOW IN**



Gourmet Cookies - Assorted - 12 for...\$3.29  
Jelly Roll Slices - 4 for...\$2.49



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Co-operative  
Association

**DRIVER SALES REPRESENTATIVE**  
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233 Main Street  
McBride, B.C.

Your Neighbourhood Food Store

**HELP WANTED**

**Deli - Full Time**  
**Cashier - Part Time - Full Time**  
Apply within with resume.

**THINK ABOUT IT...**

Two small boys, not yet old enough to be in school, were overheard talking at the zoo one day.  
"My name is Billy. What's yours?" asked the first boy.  
"Tommy," replied the second.  
"My Daddy's an accountant."  
"What does your Daddy do for a living?" asked Billy.  
Tommy replied, "My Daddy's a lawyer."  
"Honest?" asked Billy.  
"No, just the regular kind", replied Tommy.

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Wool Farmers  
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Meat Cutting  
Tool Rentals  
etc.

**The Little McBride Paper**  
Looks forward to serving you!!  
Contact us for Advertising Info!!  
Phone 569-3110 or Fax 569-0220

**OPEN HOUSE!!!**

Stepping Stones Children's Centre - September 8, 2005 3:00-8:00p.m. Tour of the Centre and New Programs! Family Draw for \$75.00 certificate. Kids Draw! FREE Gift with new Registrations! Refreshments! Bring a Friend! For more information call Beth at 569-2266.

**New Programs at**

**McBride Hospital and Health Center**

**WELL MEN'S CLINICS** Drop in for a quick check up of blood pressure, blood sugar, weight, etc. or make an appointment for a partial or complete check up. Every second Wednesday drop in from 6 - 7. Appointments 7 - 9 pm starting September 7<sup>th</sup> and one Saturday a month starting Sept. 24<sup>th</sup>; appointments 8 - 11:00 am drop in 11 - 12.

**ARTHRITIS GROUP:** Once every one to two months. First one September 8<sup>th</sup> from 7 - 9 pm. If you have any type of arthritis, come and find out resources there are for you and help us to see what is yet needed. No appointment necessary.

**DIABETIC GROUP:** For those with diabetes, to review the best practices in diabetic management. Educational session every one to two months. First one will focus on foot care. First session is Wednesday, Sept. 28<sup>th</sup> 7 - 9. No appointment necessary.

**FOOT CARE CLINIC:** For people with diabetes or problems with circulation in feet. Must have referral from physician. Home Care Nurse or Public Health Nurse. Every second Thursday morning and some Saturdays or evenings. Please make appointment.

**DIETICIAN EDUCATION SESSIONS** are available by videoconference for *weight loss* - next class Sept. 8<sup>th</sup> and *cholesterol problems*; classes available approximately every two weeks starting with Sept. 15<sup>th</sup>. Must phone at least a week ahead to book.

**NOTE:** Regular **WELL WOMEN'S** will continue to be held on every second Wednesday afternoon. Please make appointment.

For appointments call hospital reception 569-2251 ext. 200. For more information call Primary Care/Chronic disease management nurse at 569-2251 Ext. 204. Leave name and phone number if not in.

**McBRIDE MINOR HOCKEY**

McBride Minor Hockey Association Registration is September 8th 6 - 8p.m. at the McBride Curling Lounge.

**BIRTHDAY WISHES SEPTEMBER 7 - 13**

James Walker, Briana Aubrey-Cowan, Summer-Dawn Meadows, Lloyd Blangy, Brian Rowley, Simon DeFrias, Derek Cobb, Vohn Hooper, Wes Keim, Madeleine Gainer, Kevin London, David Walker, Bennett Rothenberger, Rhonda McCutcheon, Marlene Caron, Andrew Hyhrchuk, Rob Pepper, Gerald Moore, Dave Jeck, Helen Marsh, Leah Bachrach, Sandra Mills, Travis Wall, Jennifer Bosley, Chris Balke, Rachel Anderson-Kirk, Cory Lanning, Kenton Bressette, Sylvia Melnychuk, Warren McLennan, and to anyone we missed Happy Birthday.

**COMMUNITY ANNOUNCEMENTS**

Community Market at the Pavilion in the Park - Starts Friday, July 1st to Friday, September 9th from 12 noon to 3p.m.  
**Dunster Farmers' Market** - Every Saturday, July 9th to Sept. 10th - from 10am to noon. Sellers Welcome! Call Pete at 968-4334.  
Puppies - Free to good homes, mixed breed, medium size dogs. 2 females / 4 males to choose from - call 569-0268 for more information.

**BUY, SELL, RENT & MISC.**

**For Sale-1998 Ford F150 XLT 4x4** Supercab 3 door V8 4.6L 8 foot box with canopy. Second set of tires; Studded tires on rims. Well maintained, extremely clean interior. 198,000 KM mostly highway. Fully loaded, air conditioner, cruise, CD Stereo etc. Trailer package \$12,500. McBride Ph:569-3202 evenings\*\***For Sale-** One 2000 lb. 8' x 8' Utility Trailer \$200 / One 1986 ATV with Yamaha Motor. \$1,000 Ph:569-3196\*\***For Sale-1988 Chev Extended Cab \$2500 o.b.o.** Ph:968-4545\*\***For Sale-Very Good Hay 35 (620 lb.) Bales @ 27.00 or \$875 takes all.** Ph: Len McCarty at 569-3153 or 569-2431 / High Capacity Combine JD 105 excellent Diesel Motor, New Tires, Grain Monitor, Two Headers, \$7995 Ph: Len McCarty at 569-3153 or 569-2431\*\***Farm House For Rent-\$600.00 per month.** Available September 1st. For more information phone 569-0033.\*\***For Sale-1974 Trailer** with addition. \$23,000. Phone 569-2310.\*\***For Sale-2003 Honda Odyssey.** 103,000 km. Mostly loaded. Winter Tires included. \$25,500 obo. Phone 569-2350\*\***For Rent-2 Bedroom House.** Call 569-2628\*\***For Sale-New 10' x 14' Overhead Garage Door with Hardware.** Still in Box. Price? Make an Offer Phone: 569-2493\*\***For Sale-1991 GMC Safari AWD.** Blue. 7 passenger. Good Shape. Command Start. Tow hitch. Rear heater. Very well maintained - documented. \$2695.00 Call Andy at 968-4311\*\***For Sale-1992 Mazda MPV 4x4 Van.** Low kilometres on the motor and transmission. \$4,000 Ph: 569-020\*\***HOUSE FOR SALE:** Three bedrooms, huge bathroom, wrap around deck, lots of windows to let the sun in. Sale price includes five appliances. \$139,900.00. To view phone 569-8863 evenings.\*\***To place an ad here call 569-3110 or drop info + \$'s at 455 King Street (\$3/week + GST).**

VIA Schedule May 17-Sept 29\* Ph 1-888-842-7245

Going West - Sun, Tues\*, Wed, Fri...2:44pm  
Going East - Mon, Thurs, Fri\*, Sat...12:03pm  
Discounts, seniors (60+) 2 for 1; book 6+ days advance

**Important Phone Numbers**

EMERGENCY .....9-1-1  
R.C.M.P. ....569-2255  
Hospital .....569-2251  
Health Unit .....569-2251  
K to 7 School .....569-2721  
High School .....569-2295  
Dunster School .....968-4414  
School District 57  
1-800-256-7857  
Forestry .....569-3760  
Village .....569-2229  
Reg 1 Dist .....1-800-667-1959  
Home Support .....569-2266  
Food Bank .....569-3225  
Fire Hall .....569-3117  
Greyhound .....569-2441  
The Little McBride Paper  
569-3110  
Report Forest Fires - 1-800-663-5555

Inquiry: B.C. 1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...  
Dial this Number 1st and ask operator to connect you to provincial department.

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**NAPA & TRACTION heavy duty**  
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Tel: 250-569-2332  
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Sun. 10 to 2  
Fax: 250-569-2542  
Del Fry / Lenny Stone  
After hours 250-569-2332

**MOBILE HOME PADS FOR RENT**

Riverbend Mobile Home Park.  
3115 Riverbend Road, off Ziedler Drive.  
5 minutes west of McBride. RVs welcome.  
Phone 968-4375

**THE NEW Watkins Associate for McBride is**

**MARIANNE LONGUSKIE** Watkins Associate #359864  
VITAMINS, SPICES, Gifts,  
& Much Much MORE!

**WATKINS** Phone 569-0358 After 4:00pm  
**Mountain Wood Collection**  
**Stoneware**

**"Dried Flowers"**  
Wanted to buy: Dinner plates to "top up"  
my old set of Stoneware. "Dried Flowers"  
A grocery store promotion from  
Jim Williamson's day! Call 569-2444



**BACK TO SCHOOL**

Grab-N-Go Lunch only \$5.00

Hours: M-F 7-4:30 SAT. & SUN. - Closed

**PHYSIOTHERAPY**

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246 Main Street, McBride 569-0107

**THE HAIR SHOPPE**

803 3rd Ave. - side entrance

569-3359 We Carry JOICO Supplies

**WHISTLE STOP GALLERY**

Kids back at school. Take a time out and check out our new selections at the Gallery.

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**Angels Say**

Angels come to help satisfy the hunger we have for love.

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Serving locally for 21 years  
Ann Schwartz 569-3319 animal health technician

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569-0351 15km West on Highway 16

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1102 - 4th Ave. If you can't get a hold of me try  
569-2294 stapete@telus.net my Cell Phone @ 569-7229

**THOUGHT OF THE WEEK**

Don't worry about

temptation--as you grow

older, it starts avoiding you.

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• BANNERS • SIGN BOARDS • PLASTIC SIGNS •  
Scott & Susan Glines Ph:569-3110  
455 King Street Fax:569-0220

**McBRIDE & DISTRICT PUBLIC LIBRARY**

Monday-9am-5pm Tuesday-9am-5pm & 7pm-9pm  
Wednesday-9am-5pm Thursday-9am-5pm  
Friday-9am-9pm Saturday-9am-5pm  
Cost of Internet usage - \$1.00 per half hour  
http://www.mcbridebcc.org/library  
library@mcbridebcc.org

241 Dominion St. (250)569-2411  
Turn off the Tube and Read a Book