



The McBride Curling Club is hosting a social on Friday, September 30, 2005. Bar will be open and snacks provided. Pay your curling dues and receive a discount. Non - curlers welcome!



233 Main Street  
McBride, B.C.  
569-2712

Your Neighbourhood Food Store

### DELI

Dijon Turkey Breast - 100g...\$2.69  
Lyoner Sausage - 100g...1.99

Five Roses All Purpose Flour - 10 kg...\$3.98  
Coke 24 Pack Cans .....\$6.98 + dep.  
Boneless Chuck Roast ..... \$1.99 / lb.  
Boneless Pork Shoulder Roast ..... \$1.99 / lb.  
Vine Ripened Tomatoes ..... \$1.59 / lb.  
Cherry Pint Tomatoes ..... \$2.69  
Red Seedless Grapes ..... \$2.69 / lb.

**CASE LOT NOW ON**

### BAKERY

Multigrain Bread - Sliced - 450 g...\$1.99  
Cinnamon Raisin Brioche - 2 for...\$1.99



Vanderhoof & Districts  
Co-operative  
Association

**DRIVER SALES REPRESENTATIVE**  
For Commercial and Farm Personal Contact  
where high level of customer service is Job One.  
**Delivering Fuel East to McBride**

Greg Belshaw

990 Railway Road Vanderhoof Head Office  
Phone 250-567-4488  
Prince George, B.C. Fax 250-567-4490  
Toll Free 1-866-309-2667 Fax 250-567-4490  
Home 250-963-9011 Cell 250-565-8436



233 Main Street  
McBride, B.C.

Your Neighbourhood Food Store

**HELP WANTED**

**Cashier**

**Part Time - Full Time**  
**Apply within with resume.**



McBRIDE REALTY  
CENTER LTD.

277 Main Street  
P.O. Box 729  
McBride, B.C. V0J 2E0  
Bus: (250) 569-2719  
Toll Free: 1-877-569-2735  
Fax: (250) 569-2787  
E-mail: rodney@mcbriderealty.com  
www.mcbriderealty.com



Rodger L. Peterson  
Owner Broker

Rodger L. Peterson  
Affiliated Broker for  
Cabela's Trophy Properties LLC  
Province of British Columbia, Canada  
**Cabela's TROPHY PROPERTIES**  
Limited Liability Company  
The Center of Real Estate Action in the Province of British Columbia

**Annual General Meeting**  
**Robson Valley Fall Fair**  
**Sept. 19 at 7:00pm**  
**in the Beanery 2 Bistro**  
**Everyone is Welcome**

**Tais Space Could Be Yours!!**

Wool Farmers  
Milk & Eggs  
Meat Cutting  
Tool Rentals  
etc.

**The little McBride Paper**  
Look forward to serving you!!  
Contact us for Advertising Info!!  
Phone 569-3110 or Fax 569-0220

**FREE The little FREE**

# McBride

## Paper



Serving BC's Friendliest Town and Area!!

For the week of Wed., September 14th, 2005

### IN LOVING MEMORY

In Loving Memory - John Littlechild - Our Dad and Papa  
Dec. 16 / 38 - Sept. 14 / 04  
We had to say goodbye  
1 year ago today.  
It was not so hard,  
because, you suffered  
through a lot of pain.  
And we knew you were ready  
One day we will see you soon  
When Jesus returns  
on Resurrection Day  
We love you through  
Our memories until then.  
**New Programs at**

### McBride Hospital and Health Center

**WELL MEN'S CLINICS** Drop in for a quick check up of blood pressure, blood sugar, weight, etc. or make an appointment for a partial or complete check up. Every second Wednesday drop in from 6 - 7. Appointments 7 - 9 pm starting September 7<sup>th</sup> and one Saturday a month starting Sept. 24<sup>th</sup>. appointments 8 - 11:00 am drop in 11 - 12.

**ARTHRITIS GROUP:** Once every one to two months. First one September 8<sup>th</sup> from 7 - 9 pm. If you have any type of arthritis, come and find out resources there are for you and help us to see what is yet needed. No appointment necessary.

**DIABETIC GROUP:** For those with diabetes, to review the best practices in diabetic management. Educational session every one to two months. First one will focus on foot care. First session is Wednesday, Sept. 28<sup>th</sup> 7 - 9. No appointment necessary.

**FOOT CARE CLINIC:** For people with diabetes or problems with circulation in feet. Must have referral from physician, Home Care Nurse or Public Health Nurse. Every second Thursday morning and some Saturdays or evenings. Please make appointment.

**DIETICIAN EDUCATION SESSIONS** are available by videoconference for *cholesterol problems*: classes available approximately every two weeks starting with Sept. 15<sup>th</sup>. Must phone at least a week ahead to book.

**NOTE:** Regular **WELL WOMEN'S** will continue to be held on every second Wednesday afternoon. Please make appointment.

For appointments call hospital reception 569-2251 ext. 200. For more information call Primary Care/Chronic disease management nurse at 569-2251 Ext. 204. Leave name and number if not in.

### COMMUNITY EVENTS

**Valley Museum & Archives Society** - "Farming in the Robson Valley & 90th Anniversary of the McBride Farmer's Institute" Exhibit of Valley Museum & Archives Society @ the Museum/Library building, 241 Dominion Street, McBride.  
Exhibit "Grand Opening" Friday, September 9, 2005 @ 7:00 p.m. Everyone is welcome to attend. The exhibit will run from August 24th to October 3rd, 2005.

### CHURCH NEWS N' THINGS

**Anglican United Church - Downtown Thrift Store** on Dominion Street. - Men's, ladies and children's clothing - Open: Tues. 1:00 to 3:00 - Sat. 10:00 to 12:00 •Dorecas is OPEN Tuesdays 1pm-3pm. Phone 569-3186•Contact number for the Foodbank is 569-3225•**Seventh-day Adventist Church-Meet** Saturdays at 9:30 & 11am. and Wednesdays at 7pm. Phone: Ph:569-3370•**Mennonite Church-Meet** Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-0445•**Mountain Chapel (PAOC)-Sunday School & Adult Classes-10am, Services-11am.** Ph:569-3350•**Anglican United Church-441 Dominion Street.** Meet Sundays at 9:00 a.m. Phone 569-3206 or 569-3386. Hall Rental contact Dorothy Simpson 569-3343•**Evangelical Free Church-Sunday School @ 9:45 a.m.** \*Sunday Worship Service at 11:00 a.m. Ph:569-2378 or 569-8845 Pastor Dan Carlaw•**Robson Valley Christian Centre-Meets** in home Sundays 11am, Dunster Ph:968-4335•**St. Patrick's Catholic Church-Meets** Sundays at 11:00am Ph:569-2606. "Catholic Faith for Adults" inquiry class. Contact Sr. Olive.

VIA Schedule May 17-Sept 29\* Ph 1-888-842-7245

Going West - Sun, Tues\*, Wed, Fri...2:44pm  
Going East - Mon, Thurs, Fri\*, Sat...12:03pm  
Discounts, seniors (60+) 2 for 1; book 6+ days advance

### Important Phone Numbers

EMERGENCY .....	9-1-1	Forestry .....	569-3760
R.C.M.P. ....	569-2255	Village .....	569-2229
Hospital .....	569-2251	Reg 1 Dist' .....	1-800-667-1959
Health Unit .....	569-2251	Home Support .....	569-2266
K to 7 School .....	569-2721	Food Bank .....	569-3225
High School .....	569-2295	Fire Hall .....	569-3117
Dunster School .....	968-4414	Greyhound .....	569-2441
School District 57		The little McBride Paper	569-3110
1-800-256-7857			

Report Forest Fires - 1-800-663-5555

Inquiry: B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...  
Dial this Number 1st and ask operator to connect you to provincial department.

**Take a Break in McBride...B.G.'s Friendliest Town!!**

### YARD SALES

Friday Sept. 16th - Fundraiser Yard Sale  
10a.m. - 6p.m. Main Street & Second Ave.  
(Beside Logger & the Lady).

Garage Sale - Sat. Sept. 17, 1336 1st Ave.  
9 - ? NO Earlybirds!!

Yard Sale - Sept. 24th 10a.m. - 2p.m.  
1102- 4th Ave.

Come in & Enjoy



569-0133



Coffee  
and a Bagel



Hours: M-F 7-4:30 SAT. & SUN. - Closed

### PHYSIOTHERAPY

E. Kim Hammerstedt BPT

246 Main Street, McBride 569-0107

### THE HAIR SHOPPE

803 3rd Ave. - side entrance

569-3359 We Carry JOICO Supplies

### WHISTLE STOP GALLERY

Kids back at school. Take a time out and check out our new selections at the Gallery.  
OPEN DAILY AT THE TRAIN STATION

### Angels Say

Be brave. Be strong. Believe in your angels.  
Give of yourself. Receive the love you are offered.

### Robson Valley Pet Motel

Grooming & Boarding  
Serving locally for 21 years  
Ann Schwartz  
569-3319 animal health technician

### Scare Crow Farm B & B

Plus CAMPING Evening Meals by request  
569-0351 15km West on Highway 16

### SASQUATCH Beauty Barn

Fully Licensed Esthetics  
I'm Now Back To Work - call for appointments  
1102 - 4th Ave. If you can't get a hold of me try  
569-2294 stap@telus.net my Cell Phone @ 569-7229

Anyone for a picnic?

This huge basket building in

Licking County, OH,

is home to the offices of

Longaberger Basket Company.



### Ande's Auto Parts

NAPA & TRACTION heavy duty

289 Main Street, McBride BC V0J 2E0  
Tel: 250-569-2342  
Mon.-Fri. 7 to 7, Sat. 8 to 6,

Sun. 10 to 2  
Del Fry / Lenny Stone After hours 250-569-2352  
•••••

### MOBILE HOME PADS FOR RENT

Riverbend Mobile Home Park.  
3115 Riverbend Road, off Ziadler Drive.  
5 minutes west of McBride. RVs welcome.  
Phone 968-4375



Monday-9am-5pm Tuesday-9am-5pm & 7pm-9pm  
Wednesday-9am-5pm Thursday-9am-5pm  
Friday-9am-9pm Saturday-9am-5pm  
Cost of Internet usage - \$1.00 per half hour

http://www.mcbridebc.org/library

library@mcbridebc.org

241 Dominion St. (250)569-2411

Turn off the Tube and Read a Book

# Wahoo Enterprises

820-1<sup>st</sup> Avenue Phone (250)569-0320  
 Website: <http://www.wahoointerprises.ca>

**Bow Hunters!**  
 We now stock vanes, quivers, fletching tools, tuning kits, junior bows, releases and **MUCH MORE!**  
 Plus calls, scents, game bags, and more!  
 Come into the store to check out our selection.

## THOUGHTS OF THE WEEK

When you lose, don't lose the lesson.  
 Not getting what you want is sometimes a wonderful stroke of luck.  
 Learn the rules so you know how to break them properly.  
 Silence is sometimes the best answer.  
 Share your knowledge, it's a way to achieve immortality.  
 Approach love and cooking with reckless abandon.

Great love and great achievements involve great risk.



PHONE # 569-2326  
 NEW HOURS Monday - Saturday 9am to 7pm Sunday 9am - 6pm  
**ALBERTO HAIR PRODUCTS**  
 Assorted Varieties & Sizes ----- **\$2.99**  
**DENTYNEICE** - Assorted Flavours - 2 for ----- **\$5.00**  
**WEST BEST FRIES** - Assorted Varieties - 750 g ----- **\$1.69**  
 \*Now Carrying RED BULL - Original & Sugar Free\*  
 • LOOK FOR OUR EVERYDAY VALUES and our UNADVERTISED SPECIALS



Lucy the elephant was built in 1881. She stands 6 stories high and weighs 90 tons! She served as a hotel and a tavern.

Advantage Insurance Services Ltd.  
 Rosemary L. Hruby, CAIB  
 250-569-2264

**REMEMBER We're OPEN**  
**Saturdays 10:00am to 3:00pm**

# FORRYER PRINTING & SIGNS

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- AND MUCH MORE
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- MAGNETIC SIGNS
- PLASTIC SIGNS

Home of the Little McBride Paper  
 Scott & Susan Glines  
 455 King Street  
 Ph: 569-3110  
 Fax: 569-0220

## THANK YOU

Thank You to everyone who supported the McBride & Area Chamber of Commerce Cup held Saturday Sept. 10 at King Creek Golf & Winterclub. Thank You for supporting the Chamber throughout the year & all of their events. Thank You to Molcap Investments (our winner) and all who competed, \$270 dollars was raised in the one day tournament to further Chamber Goals.

Thanks Everyone!!  
 Thank You to all our patrons for another successful Community Market. Congratulations to Jaimie Quam the Winner of the Basket of Goodies.  
 - McBride Community Market

## HOSPITAL AUXILIARY NEWS

Eleven ladies met at the Education Room at the hospital. Rosalyn Jacques received the Auxiliary Bursary and she is attending Simon Fraser University. A.O.P.O. Luncheon will be hopefully this fall. Auxiliary will donate \$100 worth of bulbs for the lovely well kept garden at the hospital. Thanks to Isabelle for planting the flowers at the hospital entrance and Dawn Hickery for watering. Looks Great! Reckless Ball Team and Race Trac Gas donated funds for the Family and Palliative Care room, which seems to be on hold at present. Its very disappointing as we planned on showing it off at Northeast Area Conference held here Sept. 23, 24, 25. Ladies of our Auxiliary please let Sheena know if you plan to attend. (569-8832).

## POLICE REPORT

During the morning of September 7th, RCMP from the McBride Detachment attended to the Morkill Forest Service Road, near Crescent Spur, after a local resident discovered a gate leading to a section of his property was cut down. In addition to this, a yellow International loader previously parked nearby was found abandoned in the bush just off the road. It appeared to have been taken for a joyride which resulted in over \$3000 of damage to the transmission. Anyone with information regarding this incident is asked to contact Cst. Kent KRZYZANOWSKI of the McBride Detachment at (250) 569-2255 or Crime Stoppers.  
**September 5, 2005** - While on patrol a member pulled a vehicle over for speeding. The member smelled the odor of marijuana coming from inside the vehicle, the occupant was arrested. The vehicle was searched and a small amount of Marijuana was located and seized under the Controlled Drug and Substance Act.  
**September 6, 2005** - Report of an abandoned 911 call was received, member attended and confirmed that it was a false alarm.  
**September 7, 2005** - A report was received of a hit and run in the parking lot of the post office, approximately \$500.00 damage done to the vehicle.  
**September 8, 2005** - A report was received of a break & enter in Crescent Spur. A gate entering into the property was knocked over and forced entry gained into residence and adjacent storage shed.  
**September 9, 2005** - We have received numerous complaints about black bears around town. Again, just a reminder to please make sure that there is no garbage or food laying around that would attract bears and have them come back.

## BIRTHDAY WISHES SEPTEMBER 14 - 20

Melody Lewis, Rose Elliott, Patii Lintick, Angie Medina, Elizabeth deVries, Crystal Cote, Irene Bendsen, Jeesse Trask, Don McNaughton, Wanda Lamming, Amber Godfrey, Heather Littlechild, Mike Mills, Ryan Bodnarчук, Carol Pleasants, Lorrrie Lewis, Mandy Vizza, James Monroe, Reece Forster, Dan Myrino, Heather Howard, Shirley Cote, Frank Smith, Peter Regier Jr., Jack Long, Bronya Mazerecunw, Chesley Loyer, Reg Hesse, Crystal Norrum, Rod Norton, Mary Hooker, Lincee Franke, and to anyone we missed Happy Birthday.

## BUY, SELL, RENT & MISC.

For Sale-19 ft. travel trailer, reduced to \$9000; 12 volt deepcell battery \$50, single mattress \$30, ladies bike \$25, casement window \$60, hockey skates size 5 \$40, hockey bag \$15, double bed frame Free. Call 569-0165. For Sale-Propane heater. Handsome highend, with glass front for fireplace effect. Black with brass trim. No fuss, no muss heating for living/family room. \$2500.00. Call 569-8858. For Sale-1989 Isuzu Trooper 4x4, Rusty but runs good. \$1200.00 O.B.O. Ph:569-0031. For Sale-1998 Ford F150 XLT 4x4 Supercab 3 door V8 4.6L 8 foot box with canopy. Second set of tires. Studded tires on rims. Well maintained, extremely clean interior. 198,000 KM mostly highway. Fully loaded, air conditioner, cruise, CD Stereo etc. Trailer package \$12,500. McBride Ph:569-3202 evenings. For Sale-One 2000 lb. 8' x 8' Utility Trailer \$200 / One 1986 ATV with Yamaha Motor. \$1,000 Ph:569-3196. For Sale-1988 Chev Extended Cab \$2500 o.b.o. Ph:968-4545. For Sale-Very Good Hay 35 (620 lb.) Bales @ 27.00 or \$875 takes all. Ph: Len McCarty at 569-3153 or 569-2431 / High Capacity Combine JD 105 excellent Diesel Motor. New Tires, Grain Monitor. Two Headers, \$7995 Ph: Len McCarty at 569-3153 or 569-2431. For Rent-2 Bedroom House. Call 569-2628. For Sale-New 10' x 14' Overhead Garage Door with Hardware. Still in Box. Price? Make an Offer Phone: 569-2493. For Sale-1992 Mazda MPV 4x4 Van. Low kilometers on the motor and transmission. \$4,000 Ph: 569-020. HOUSE FOR SALE: Three bedrooms, huge bathroom, wrap around deck, lots of windows to let the sun in. Sale price includes five appliances. \$139,900.00. To view phone 569-8863 evenings. To place an ad here call 569-3110 or drop info + \$'s at 455 King Street (\$3/week + GST).

Greyhound Bus Schedule	McBride Husky 569-2441
Depart to East-12:10am Daily • Edmonton	
Depart to West-6:10am Daily & 8:25pm Fri. Sat. Sun. • Prince George	
Depart to South-10:50am Fri. Sat. Sun. • Kamloops	

Please contact The Little McBride Paper with all coming events, news, trivia, comments, anything!! Ph:569-3110, Fax:569-0220, Write to Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't write about it!!  
 Scott & Susan Glines - Oscar & Broom  
**Take a Break in McBride...B.G.'s Friedfest Town!!**

# Jenny's Shop N Wash

**NEW RESTAURANT HOURS**  
 Monday - 7:00am-4:00pm  
 Tuesday - 7:00am-4:00pm  
 Wednesday - 7:00am-4:00pm  
 Thursday - 7:00am-7:00pm  
 Friday - 7:00am-7:00pm  
 Saturday - 8:00am-7:00pm  
 Sunday Closed

## NEW LAUNDROMAT HOURS

Monday - Saturday 7am-7pm  
 Sunday 9am-7pm  
**SUPPER SPECIALS Thursdays & Fridays**  
 PIZZA & WING NIGHT Saturdays  
 Buy 2 Pizzas & get 1 order of Wings FREE  
 Buy 2 Wing orders & get 1 order of Wings FREE

## Health Heart & Home

Health Products, Gifts & Antiques  
 946 Main Street, McBride, B.C.  
 Ph: 569-9259 TOLL FREE 1-888-669-9259  
 \*Antiques\* \*Gifts\*  
 \*Vitamins & Minerals\*  
 \*Bulk Spices\* \*Bulk Herbs\*

## NEW GIFTWARE & JEWELLERY

OPEN Daily till 5:30pm Friday till 6:00pm

**A-RUSH ENERGY**  
 250 ml - 2 for **\$3.00** + dep. & tx.

**PEPSI PRODUCTS**  
 2 lts - 2 for **\$3.33** + dep. & tx

**GATORADE**

**HUSKY** 591 ml - 2 for **\$2.00** + dep. & tx.  
**569-2441**  
**OPEN 24 HOURS**

Employment Assistance Service  
 Robson Valley Home Support Society  
**NEED A JOB?**


**NEED A WORKER?**  
 Contact Bob Thompson 569-2266  
 Funded by the Government of Canada  
 Canada

## MCBRIDE MEALTIME UNIT


Fun with Family & Friends: McBride Health Unit  
 2nd & 4th Thursdays 11:00 a.m. to 12:00 p.m.  
 Snacks & Refreshments. Schedule of Events:  
 Sept. 8 - Welcome / Ice Breaker.  
 Sept. 22 - Me, Myself & I.  
 Oct. 13 - Music to the Ear.  
 Oct. 27 - Monster Mash.  
 Nov. 10 - Arts & Crafts.  
 Nov. 24 - Trains, Planes & Autos.  
 Dec. 8 - We'll Surprise You.

This building is located in High Point, NC, and was built in the 1920's, and now serves as offices for the High Point Jaycees.  
 By the way, the sock hanging out of the drawer is six feet long.





6455  
CO-OP DMO 15W40 20L  
REGULAR \$61.36  
SALE PRICE  
**\$51.99**

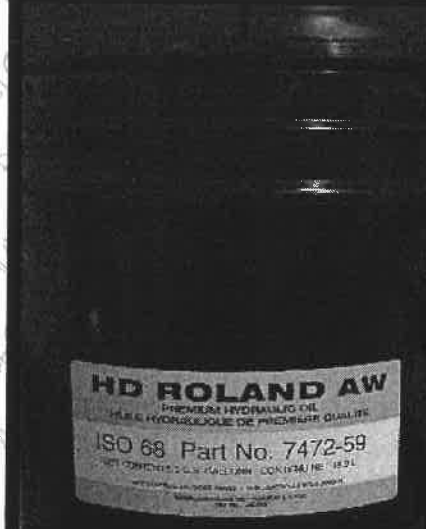


KEL 509  
SAFE T BRAKE 950ML  
REGULAR \$4.16  
SALE PRICE  
**\$3.49**



GROTE  
THE FIRST NAME IN VEHICLE SAFETY SYSTEMS  
AUXILIARY HALOGEN LIGHT KIT  
MADE IN U.S.A.

GRO 63521-5  
GROTE DRIVING LAMP KIT  
REGULAR \$204.30  
SALE PRICE  
**\$159.99**



HD ROLAND AW  
PREMIER HYDRAULIC OIL  
ISO 68 Part No. 7472-59

HYDRAULIC OIL  
AW 22, 32, & 68  
18.9L PAIL  
**\$32.99**

PLUS MANY MORE SPECIALS IN STORE!  
PRICES IN EFFECT UNTIL  
OCTOBER 11,  
2005

289 MAIN STREET MCBRIDE B.C. 250-569-2332  
OPEN 7 DAYS A WEEK! FREE AFTER HOURS SERV.

**FALL SAVINGS AT ANDE'S AUTO PARTS!**



1/2" Dr. Super HD Impact Wrench  
Clé à percussion ultra robuste à prise 1/2 po

ULTRAPRO 66244  
REG PRICE \$303.98  
SALE PRICE \$249.99



NT33504  
RV ANTIFREEZE  
4L JUG  
REG \$4.47  
SALE \$3.79



**NAPA MetalPro**  
Rust proof paint • Peinture anti-rouille  
Fast dry - Séchage rapide

**ALL METALPRO PRODUCTS 15% OFF!**



**SHOPWORKS**  
**\$6.99**

**SHOPWORKS TOOLS YOU'LL NEVER KNOW WHAT YOU WILL FIND FOR \$6.99!**