

McBRIDE CAFE

Daily Breakfast, Lunch & Dinner Specials
OPEN Tues. to Sun. 8am - 8pm - CLOSED Mon.
FRIDAY & SATURDAY SPECIAL

Hunter Schnitzel or 8 oz. AAA Steak
 c/w Baked Potato, Vegetables & a Warsteiner Beer (500ml)

Take Out Only \$16.95 Fully Licensed
 Available 569-8884

STEDMANS

Main St. McBride 569-2415

"Summer Clearance Sale"
 Wed., Aug. 3 - Sat., Aug. 13

30% OFF

All Adult and Children's Summer
 Clothing, Footwear, Hats,
 All Ball Equipment, Camping Gear,
 Mini Greenhouses.

25% OFF

All Comforters, Bed in a Bag.

"In-Store" Specials"

All Sales are Final!



McBRIDE REALTY
 CENTER LTD.

277 Main Street

P.O. Box 729

McBride, B.C. V0J 2E0

Bus: (250) 569-2719 or 569-2735

Res. - (250) 569-2793

Fax: (250) 569-2787

E-mail: rodger@mcbriderealty.com

www.mcbriderealty.com



Rodger L. Peterson
 Owner / Agent

The Center of Real Estate Action in the Robson Valley!!

MARKETPLACE

233 Main Street
 McBride, B.C.
 569-2712

Your Neighbourhood Food Store

DELI

Pastrami - 100g...\$1.59

Blue Ribbon Bologna - 100g...\$1.99

Corn on the Cob - Bi-colored - 6 for \$1.99

Melons - Casaba, Crenshaw, Musk Melon

or Orange Flesh \$1.99

Blueberries - 1 Pint \$1.99

Cherries \$1.99 / lb.

Helman's Big Squeeze Real Mayo - 750 ml \$2.98

Sunlight Anti Bacterial Dish Soap - 750 ml \$2.39

Kellogg's Corn Flakes - Jumbo - 1.35 kg \$6.99

Dan-J Crunchy Rice Snacks - 60 g \$4.79

Dare Wagon Wheels - Regular - 350 g \$3.49

Frying Chicken Leg - Back Attached \$4.89 / lb.

Family Pack Roast \$2.69 / lb.

Pork Sirloin Boneless Roast \$2.69 / lb.

Oliveri Fresh Pasta - Assl. Flavours - 350 g \$3.69

BAKERY

Herb Focaccia Bread - 340 g...\$1.59

Apple / Almond Croissant - 4 for...\$3.49



Vanderhoof & Districts
 Co-operative
 Association

DRIVER SALES REPRESENTATIVE

For Commercial and Farm Personal Contact
 where high level of customer service is Job One.

Delivering Fuel East to McBride

Greg Belshaw

990 Railway Road Vanderhoof Head Office
 Prince George, B.C. Phone 250-567-4488
 Toll Free 1-866-309-2867 Fax 250-567-4490
 Home 250-963-9011 Cell 250-565-8436



Monday-9am-5pm Tuesday-9am-5pm & 7pm-9pm
 Wednesday-9am-5pm Thursday-9am-5pm
 Friday-9am-9pm Saturday-9am-5pm
 Cost of Internet usage - \$1.00 per half hour

<http://www.mcbridebc.org/library>

library@mcbridebc.org

241 Dominion St. (250)569-2411

Turn off the Tube and Read a Book

FREE The Little FREE

McBride

Paper



Serving BC's Friendliest Town and Area!!

For the week of Wed., August 3rd, 2005

IN LOVING MEMORY

HICKS, MINNIE - passed away at Kootenay Boundary Regional Hospital on July 25, 2005 at the age of 85. Minnie will be remembered for her wonderful cooking. To know her was to love her. She is survived by her granddaughter, Vicki (Guy) Poulin, great granddaughter Nicole, daughter in law Tannis Browning, granddaughter Tara (Kyle) Browning, grandson Michael Browning, nephew Wayne (Linda) Zino, nephew Donny (Arlene) Zino, and family and friends. Minnie is predeceased by her son Walter Browning and husband Mel Hicks. No service by request. Donations may be made in Minnie's memory to the Kootenay Boundary Regional Health Foundation "Renal Unit", 1200 Hospital Bench Road, Trail, BC V1R 4M1. The family would like to thank Rose Neal and all the staff of the Kootenay Boundary Regional Hospital Renal Unit for their excellent care.

BLANGY, LAWRENCE - A memorial service will be held for Lawrence Blangy on Saturday, August 13, 11:00am at the Community Hall in Dome Creek, BC. A light lunch will be provided.

GARAGE SALES

Block Garage Sale - Corner of 4th and Dominion, Saturday at 10am. Please No Early Birds.

MEGA MULTI FAMILY YARD SALE - 918 Airport Road, McBride, Saturday August 6th and Sunday August 7th from 9am to 3pm. Furniture, Plant Stands, Generator, Regal Gifts, 21 cu. ft. Fridge (like new), Freezer, plus numerous miscellaneous items. Great West Camper Van, only 71,000 km - loaded. Everything must go! A "Must Sell" Opportunity.

STEPPING STONES

Stepping Stones Children's Centre - Ages 6-12 10:00a.m. - 3:00p.m. Drama & Music Camp - August 8 - 12. Light Camera! Action! Children will take part in performing skits throughout the week and prepare a final production! Theatre sets, face painting, make-up techniques, instrumental creations, building props, and costume design will all be part of the week.

Ages 3-5 8:30am. - 12:00p.m. Drama & Music Camp - August 8 - 12. Preschoolers will enjoy drama and music through a variety of different activities. Puppet making, puppetry, songs, finger plays, dramatic play and making musical instruments are just some of the fun activities! Children will also have the opportunity to learn to play the recorder.

NEW**INFANT / TODDLER SUMMER CAMPS: *Mondays 9:00-12:00 - Music for Munchkins - Hugs and Hums *Tuesdays 9:00-12:00 - Bee Smart Baby Vocabulary *Wednesdays 9:00-12:00 / Priddle Jumpers *Thursdays 9:00-12:00 - Cuddles and Crafts *Fridays 9:00-12:00 - Tumbling Toys
 Cost: 0-17 months \$4.00 an hour, 18 months-36 months \$3.50 an hour.

(Register early - Spaces are limited! Please call 569-8861 to register. Bring a snack for the morning. Cost: \$12.50 per session. Register for the full week, get 1 day FREE!) *Extended Hours are available for all programs!

CHURCH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street - Mens, ladies and children's clothing -Open: Tues. 1:00 to 3:00 - Sat. 10:00 to 12:00-Dorcas is OPEN Tuesdays 1pm-3pm. Phone 569-3186-Contact number for the Foodbank is 569-3225*Seventh-day Adventist Church-Meet Saturdays at 9:30 & 11am. and Wednesdays at 7pm. Phone: Ph:569-3370*Memorial Church-Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-0445*Mountain Chapel (PAOC)-Sunday School & Adult Classes-10am, Services-11am. Ph:569-3350*Anglican United Church-441 Dominion Street, Meet Sundays at 11:30 a.m. Phone 569-3206 or 569-3386. Hall Rental contact Dorothy Stimpson 569-3343*Evangelical Free Church-Worship Service at 10:30 a.m. Ph:569-2378 or 569-8845 Pastor Dan Carlaw*Robson Valley Christian Centre-Meets in home Sundays 11am. Dunster Ph:968-4335*St. Patrick's Catholic Church-Meets Sundays at 11:00am Ph:569-2606. *Catholic Faith for Adults" inquiry class. Contact Sr. Olive.

VIA Schedule May 17-Sept 29* Ph 1-888-842-7245

Going West - Sun, Tues*, Wed, Fri...2:44pm
 Going East - Mon, Thurs, Fri*, Sat...12:03pm
 Discounts, seniors (60+) 2 for 1: book 6+ days advance

Important Phone Numbers

EMERGENCY 9-1-1
 R.C.M.P. 569-2255
 Hospital 569-2251
 Health Unit 569-2251
 K to 7 School 569-2721
 High School 569-2295
 Dunster School 968-4414
 School District 57
 1-800-256-7857
 Report Forest Fires - 1-800-663-5555

Inquiry: B.C. 1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...
 Dial this Number 1st and ask operator to connect you to provincial department.
Take a Break in McBride...B.G.s Friendliest Town!!

For Rent - 14x70 2 bedroom mobile.

Fridge, stove, washer, dryer & blinds. No dogs.
 References required. Phone 569-0231

THE HAIR SHOPPE

803 3rd Ave. - side entrance
 We Carry JOICO Supplies

569-3359

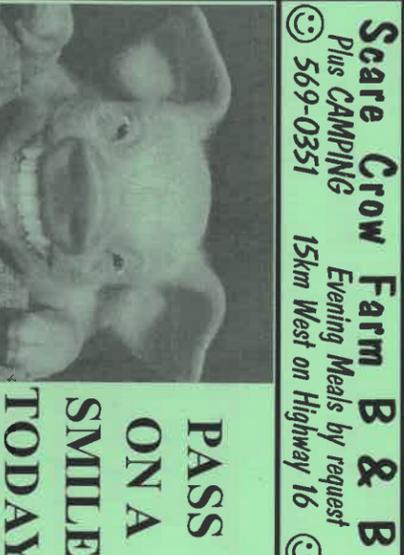
WHISTLE STOP GALLERY

Indulge your senses, from rich fabrics to the sweet smell of bees wax and the silky feel of finely finished wood work.
 Treat yourself and visit the Gallery.
 OPEN DAILY AT THE TRAIN STATION

Argels Say
 Trust in them for they are there for you - always.

Robson Valley Pet Hostel
 Grooming & Boarding
 Serving locally for 21 years
 Ann Schwartz
 569-3319 animal health technician

Scare Crow Farm B & B
 Plus CAMPING
 Evening Meals by request
 569-0351 15km West on Highway 16



PASS
 ON A
 SMILE
 TODAY

SASQUATCH Beauty Barn

Fully Licensed Esthetics
 Open Tues-Fri 9am-12pm for July & August
 1102 - 4th Ave. If you can't get a hold of me try
 569-2294 shape@telus.net my Cell Phone @ 569-7229

HEARTLAND RESTAURANT

Pop In for HOME MADE DINNER SPECIALS
 Now OPEN till 9:00pm Mon.-Sat.

Wool Farmers
 Milk & Eggs
 Meat Cutting
 Tool Rentals
 etc.

The Little McBride Paper
 Looks forward to serving you!!
 Contact us for Advertising Info!!
 Phone 569-3110 or Fax 569-0220

OPEN HOUSE

August 13 / 05 1:00p.m. to ? 1350 Dyke Road. For more information call McBride Realty at 569-2719.

ANOTHER THOUGHT OF THE WEEK
 The severity of the itch is proportional to the reach.

MOBILE HOME PADS FOR RENT

Riverbend Mobile Home Park.
 3115 Riverbend Road, off Ziedler Drive.
 5 minutes west of McBride. RVs welcome.
 Phone 968-4375

Ande's Auto Parts

NAPA & TRACTION heavy duty
 289 Main Street, McBride BC V0J 2E0
 Mon.-Fri. 7 to 7, Sat. 8 to 6,
 Sun. 10 to 2
 Del Fry / Lenny Stone
 After hours 250-569-2332

FOR LEASE

Restaurant or Building in Downtown McBride
 Serious inquiries only - 569-2609

Coffee & Home-made Pie
 Beansy 2 plates

Home-made Pie
 Hours M-F 7-5,
 11:30am-1:30pm SAT. 8-1:30, SUN. 2-4

PHYSIOTHERAPY
 E. Kim Hammerstedt BPT
 246 Main Street, McBride 569-0107

ODDS & ENDS

• QUILTING SUPPLIES •



• **SCRAPBOOKING SUPPLIES •**

• **ARTS & CRAFTS •**

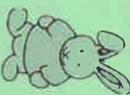
• **STATIONARY •**



• **HOUSEHOLD ITEMS •**



• **TOYS •**



• **& MUCH MORE •**

OPEN MON.-FRI. 10-5, SAT. 10-2

PHONE 569-2645

THOUGHT OF THE WEEK

If you want to get an idea of what a big job it is to clean up the environment, start at your garage.

(Thanks to Wayne Zimmerman for this weeks thought)

FORWARD PRINTING & SIGNS

- TROPHIES
- ENGRAVING
- COLOR SCANNING
- T-SHIRTS
- PHOTOCOPIES
- CONFIDENTIAL CARDS
- OCCASIONAL CARDS
- INVITATIONS
- BUSINESS CARDS
- LAMINATING
- BINDING
- AND MUCH MORE
- CHECK US OUT FOR ALL YOUR TROPHY NEEDS



• BANNERS



• SIGN BOARDS



• VEHICLE SIGNS



• MAGNETIC SIGNS



• PLASTIC SIGNS

Home of The Little McBride Paper
Scott & Susan Glines
455 King Street
Ph:569-3110
Fax:569-0220

569-8820
KILIN RESTAURANT
Western & Chinese Cuisine

WAITRESS WANTED
Apply Within

OPEN 11am - 10pm 7 Days a Week

BIG MAMMY FOODS
PHONE # 569-2326

- Mon., Tues, Wed., Thurs., Sat. & Sun. 8am - 6pm Friday 8am - 7pm
- **BETTY CROCKER COOKIE & BROWNIE MIX - \$4.00**
Assorted Varieties - 2 FOR
- **DR. OETKER SPECIALTY PIZZA - \$4.99**
Assorted Varieties
- **DOVE SOAP - \$2.99**
Assorted Varieties - 2 each
- **WEST BEST STRETCH & CLING WRAP - \$1.99**
28 cm
- LOOK FOR OUR EVERYDAY VALUES and our UNADVERTISED SPECIALS

Advantage Insurance Services Ltd.
Rosemary L. Hruby, CAIB

OPEN

Monday to Friday
8:30am - 6:00pm

Saturday 10:00am - 3:00pm

ROBSON VALLEY FAIR & PIONEER DAYS

Yes - It's that time of year again and it's approaching fast!!! This years Fair/Pioneer Days will be held on August 26, 27 & 28. The booklets for the Fair are now available at Steedmans. The Rose Garden and the Info Booth at the train station in McBride. Watch also for the Raffle Tickets and the Dance Tickets coming soon. This years Fair Raffle includes a Baking Utensil Basket - Approx. Value \$100.00, a Gardening Utensil Basket - Approx. Value \$100.00, and an Arts & Crafts Supplies Basket - Approx. Value \$100.00.

SNOW WHITE AND THE SEVEN DWARVES

Sacred Circle Dance - Snow White and the Seven Dwarves: Dancing through this rich fairy tale of the Journey to wholeness and the awakening to the true self with renowned teacher June Watts - August 12 - 14 at the Motherland Inn, Dunster BC. Weekend \$160.00 Plus Accommodations \$25 - \$70. Come experience the Joy of Dancing with June! To register call Mirrah at 1-250-968-4359.

POICIE REPORT

July 24, 2005 - A Report was received of a suspicious vehicle parked on the street at night. Patrol was made, vehicle was checked out and everything was okay.

July 25, 2005 - A Report was received of a pick-up truck hitting a Deer approximately 3 km's West of McBride on Highway 16. There were no injuries.

July 26, 2005 - A Report was received of a large black bear hanging around a residence on Westlund Road.

July 27, 2005 - A report was received from a local gas station of a vehicle fuelling up and leaving without paying for ninety dollars worth of gas, this matter is still under investigation.

July 27, 2005 - Report of a suspicious person hanging around taking pictures of some business. Patrol was made and the individual was located. The male was just a European tourist interested in the local architect.

North District Traffic Services had just reported to the McBride Detachment that a seatbelt survey was completed in McBride. North District Traffic Services report that only 76% of the vehicles checked were compliant with the seatbelt law. What is unsettling is the fact that the village of McBride has the lowest compliance rate in the North District. North District Traffic Services along with Robson Valley Traffic Services from Valemount have recently increased the size of their units adding additional resources. With our low compliance rate here in McBride we are sure to see more of a presence of these units in our area targeting seatbelts. The members of McBride Detachment would like nothing better than to see the members of North District and Robson Valley Traffic Services come and visit McBride and not write one seat belt ticket but everyone will have to start wearing them to guarantee this result. If caught not wearing your seatbelt the fine has recently been increased from \$118 to \$138. We've all heard the reasons for wearing seatbelts, but just as a reminder, they save lives, so please buckle up, thank you.

BIRTHDAY WISHES AUGUST 8 - 9

Aaron Jacques, Rhonda Lee Lindsey, Gordon Motendyk, Brendan Mason, Willow Chapman-Glenn, Genevieve Mackie, Warren Patterson, Noel Silva, Dacolah Glenn, Megan Teering, Kayla Silva, Tovi Thiel, Samantha Phillips, Daniel Warner, Troy Spencer, Felicia Wood, Carl Boyd, Terry Lewis, Felicia Cote, Zachary Simpson, Katie Dunn, Johan Foster, John DeFries Jr., Maria Vogel, Darvin Goodkey, and to anyone we missed Happy Birthday.

COMMUNITY ANNOUNCEMENTS

GRAD 2006 - Hire a Grad for any odd jobs. \$8.00 per hour. Proceeds go for aftergrad. Phone 569-2672.

Community Market at the Pavilion in the Park - Starts Friday, July 1st to Friday, September 9th from 12 noon to 3pm.

Dunster Farmers' Market - Every Saturday, July 9th to Sept. 10th - from 10am to noon. Sellers Welcome! Call Pete at 968-4334.

BUY, SELL, RENT & MISC.

For Sale - 24 ft. Travelaire Camper Trailer with Propane Stove & Furnace - Electric Fridge - 3 pc Bathroom - \$5,000 o.b.o. Ph: 569-2521. Wayne Zimmerman, 5125 Mountainview Road, McBride, B.C. • **For Sale** - New 10' x 14' Overhead Garage Door with Hardware. Still in Box. Price? Make an Offer! Phone: 569-2493 • **For Sale** - 1991 GMC Safari AWD. Blue. 7 passenger. Good Shape. Command Start. Tow hitch. Rear heater. Very well maintained - documented. \$2695.00 Call Andy at 968-4311 • **For Sale** - Mobile Home Park. 15 Units - fully occupied. Includes deluxe 14x70 Mobile with addition, deck and large shop. Owners are retiring. Good return investment. Call 569-0226 • **For Sale** - 1992 Mazda MPV 4x4 Van. Low kilometers on the motor and transmission. \$4,000 Ph: 569-0205 • **For Sale** - 2000 14 x 56 Mobile Home w/ Electric Baseboard Heat and Handicap 3 pc Bathroom, 2 Bedrooms. All appliances. Open to Officers - Available after July 15th Call for appointment to view. 5125 Mountainview Rd. Ph: Mon. to Sat. - Wayne Zimmerman at 569-2521 • **HOUSE FOR SALE**: Three bedrooms, huge bathroom, wrap around deck, lots of windows to let the sun in. Sale price includes five appliances. \$139,900.00 To view phone 569-8863 evenings • **To place an ad here call 569-3110 or drop info + \$'s at 455 King Street (\$3/week + GST).**

Elks & Royal Purple News

We are still collecting Campbell Soup labels, and can pull tabs. The labels and pull tabs can be dropped off at Fort Electric.

Greyhound Bus Schedule McBride Husky 569-2441
Depart to East-9:50am & 2:35am • Edmonton
Depart to West-8:25pm & 5:45am • Prince George
Depart to South-9:50am • Kamloops

Please contact **The Little McBride Paper** with all coming events, news, trivia, comments, anything!! Ph:569-3110, Fax:569-0220, Write to Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't write about it!! Scott & Susan Glines - Oscar & Bronn

Take a Break in McBride...B.G.'s Friendliest Town!!

Employment Assistance Service
Robson Valley Home Support Society

UPCOMING COURSES - FREE!

Career Management Workshop
Start Your Own Business Workshop

Contact Bob Thompson 569-2266

Canada
funded by the Government of Canada

Dr. Cowburn will be away from Wednesday, August 10th until Tuesday, September 6th.

It has not been possible to obtain the services of a locum during this period. The office will only be open from 9:00am to 11:00am Monday to Friday for appointment bookings or general enquiries.

569-2418

RACE TRAC GAS

COMMUNITY APPRECIATION DAY
Saturday, August 13th 11am-6pm
Free Drinks

BBQ

Burgers - Hotdogs - Ice Cream Cones - Pop
we are donating all items which means
100% of the BBQ proceeds will be given to the
McBride & District Hospital

EXTREME SPORTS



THINK ABOUT IT...

"Darling, what are you doing standing so still?"

"Shh! I'm trying out a new recipe.

The book says don't stir for fifteen minutes."

NORTH COUNTRY LODGE

HELP

WANTED

Housekeeping

Apply In Person

Health Heart & Home

Health Products, Gifts & Antiques
946 Main Street, McBride, B.C.
Ph: 569-9559 TOLL FREE 1-888-669-9559
Antiques *Gifts*
Vitamins & Minerals
Bulk Spices *Bulk Herbs*

25% OFF
Jewellery

OPEN Daily till 5:30pm Friday till 6:00pm

SOBE DRINKS

59¢ ml-2 for \$3.00 + dep. & tx.

MONSTER ENERGY/ LOST ENERGY

2 for \$5.00 + dep. & tx.

Husky PEPSI PRODUCTS

569-2441 1 L - 2 for \$3.00 + dep. & tx.

OPEN 24 HOURS