

Phone 569-0007

Fax 569-0004

# SUN VALLEY RESTAURANT

Come dine with us and watch Tony Pitaoulis go "ALL IN" on the Canadian Poker Tour; scheduled to air on Wednesday, August 24th on channel 418 (SNETW) 6-7 pm!



PHONE # 569-2326

- Mon., Tues., Thurs., Sat. & Sun. 8am - 6pm
- Friday 8am - 7pm
- Enter your Till Slip for a chance to win the groceries on that slip at Bigway
- **MCCAIN FROZEN CAKES - \$3.49**
- **YOPLAIT YOP'S - \$4.00**
- Assorted Flavors - 200 ml - 4 for -----
- **BERIO OLIVE OIL - \$5.49**
- 100% or Mild & Light - 500 ml -----
- LOOK FOR OUR EVERYDAY VALUES and our UNADVERTISED SPECIALS

## Advantage Insurance Services Ltd.

Rosemary L. Hruby, CAIB  
250-569-2264

## Good Luck to all the Participants in the Robson Valley Fair & Pioneer Days

# PROFESSIONAL PRINTING & SIGNS

- TROPHIES
- ENGRAVING
- COLOR SCANNING
- T-SHIRTS
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- OCCASIONAL CARDS
- INVITATIONS
- BUSINESS CARDS
- LAMINATING
- BINDING
- AND MUCH MORE
- BANNERS
- SIGN BOARDS
- VEHICLE SIGNS
- MAGNETIC SIGNS
- PLASTIC SIGNS



**Home of The Little McBride Paper**  
Scott & Susan Glines  
455 King Street  
Ph:569-3110  
Fax:569-0220

# Wahoo Enterprises

820-1<sup>st</sup> Avenue  
Phone (250)569-0320  
Website: <http://www.wahoounterprises.ca>

**Back-To-School Sale On Now!**  
Dixon HB Pencils 10's 49¢  
Ross Glue Sticks 2x9g 99¢  
Pencil Pouch, nylon zippers, pocket \$2.99  
Bic's Classic Stick Pens 12/pkg \$1.99  
**PLUS MANY MORE IN-STORE SPECIALS!!**

## Canoe Robson Valley Community Futures

You may qualify for the SEB Program if you are presently on E.I. or have been in the last 3 years or you have been on maternity leave in the last 5 years. Would you like to explore the idea of starting your own business?

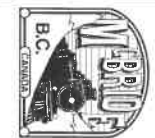
For more information on the Self Employment Benefit Program (SEB), please contact:

**Ken Starchuck**  
Phone: (250) 569-2229  
Fax: (250) 569-3276  
SEB Co-ordinator  
E-mail: [futures3@telus.net](mailto:futures3@telus.net)

Supported and funded by the Government of Canada  
**Canada**  
Thunder Valley Contracting would like to thank equipment owners for their support and patronage and is pleased to announce that Kit Moyer has purchased the lowbed.  
Please call Kit for all your equipment moves.

# FREE The Little FREE

## McBride



# Paper



Serving BC's Friendliest Town and Area!!

For the week of Wed., August 24th, 2005

## ROBSON VALLEY FAIR & PIONEER DAYS

Robson Valley Fair & Pioneer Days will be held on August 26, 27 & 28. The Booklets, Dance Tickets and Raffle Tickets are available at Stepmans, The Rose Garden Boutique, and the Info Booth in the Train Station in McBride.

## BED RACES

Businesses are also challenged to a bed race. Sunday, August 28th down by the ball diamond. Rules: \$10 entry fee per team: 4 people to a team, two women, two men. Single bed on wheels: Costumes: One person rides on the bed, three push. Must have fun. Prize: Bragging rights for next year, unique trophy. Call Sharon Mason to register.

## QUILTS

Keep your eyes open for Quilts!!! McBride will be presented with beautiful quilts and wall hangings made from the talented women of our local Quilt Guild. These beautiful creations will be hung throughout different businesses. You will be encouraged to find all of the quilts and write down the number and location. A ballot box will be set up on the day of the parade. Then there will be a draw at the end on Fall Fair/Pioneer Days.

## STEPPING STONES

**Saturday August 27th, 2005 - FACE PAINTING!!** In Celebration of the Fall Fair Stepping Stones Children's Centre will be hosting "FACE PAINTING" for children. All children welcome! Immediately following the parade in the pavilion. Stepping Stone Children's Centre will also be holding Registration for their fall classes, along with the Face Painting.

## DID YOU KNOW...

The average life span of a mosquito is two weeks. Mice, whales, elephants, giraffes, and humans all have seven neck vertebra.  
More than 2,500 cover versions of The Beatles' "Yesterday" exist, making it the most recorded song in history.  
The harmonica is the world's best-selling music instrument. The Sun isn't round. It is flattened on the top and the bottom.  
The height of the 984-foot-tall Eiffel Tower varies, depending on the temperature, by as much as 6 inches. When glass breaks, the cracks move faster than 3,000 miles per hour. To photograph the event, a camera must shoot at a millionth of a second.  
Of the more than \$50 billion worth of diet products sold every year, almost \$20 billion are spent on imitation fats and sugar substitutes.  
The term 'cop' came from England. It's short for Constable on Patrol.

## CHURCH NEWS N' THINGS

**Anglican United Church - Downtown Thrift Store** on Dominion Street. - Mens, ladies and children's clothing - Open: Tues. 1:00 to 3:00 - Sat. 10:00 to 12:00 • Dorcas is OPEN Tuesdays 1pm-3pm. Phone 569-3186 • Contact number for the Foodbank is 569-3225 • Seventh-day Adventist Church - Meet Saturdays at 9:30 and 11a.m. and Wednesdays at 7p.m. Phone: Ph:569-3370 • Memorial Church - Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-0445 • Mountain Chapel (PAOC) - Sunday School & Adult Classes - 10am, Services - 11am. Ph:569-3350 • Anglican United Church - 441 Dominion Street. Meet Sundays at 11:30 a.m. Phone 569-3206 or 569-3386. Hall Rental contact Dorothy Simpson 569-3343 • Evangelical Free Church - Worship Service at 10:30 a.m. Ph:569-2378 or 569-8845 Pastor Dan Carlaw • Robson Valley Christian Centre - Meets in home Sundays 11am. Dunster Ph:968-4335 • St. Patrick's Catholic Church - Meets Sundays at 11:00am Ph:569-2606. "Catholic Faith for Adults" inquiry class. Contact Sr. Olive.

**Greyhound Bus Schedule** McBride Husky 569-2441  
Depart to East-9:50am & 2:35am • Edmonton  
Depart to West-8:25am & 5:45am • Prince George  
Depart to South-9:50am • Kamloops

Please contact The Little McBride Paper with all coming events, news, trivia, comments, anything!! Ph:569-3110, Fax:569-0220, Write to Box 441, McBride, B.C. V0J 2E0 or drop off at 455 King St. If we don't know about it, we can't write about it!!  
Scott & Susan Glines - Oscar & Broom

Take a Break in McBride...B.G.'s Friendliest Town!!



## King Creek

GOLF & WINTERCLUB

Mixed Pairs Crash & Bash Golf Tournament  
August 25 - 27, 2005

Motel, Camping, Golf and Target Range, Licensed Cafe, Miniature Golf.



Golf and Camping 18 hole best ball mixed Tournament; included Supper Friday, Saturday, Music Festival, Unlimited Golf, Fun Tourney Friday, Prizes, Dance and Camping, Visit the Robson Valley Fall Fair, Limited to First 24 teams, Cost is only \$150 per couple, Call Al Morrin for details.

**kingcreekgolfwinterclub.com**  
Ph. Fax. Message 250-569-0191  
15 Kilometres East of McBride, BC on Hwy 16.

# A.C. & T. CONSTRUCTION

JOURNEYMEN - CARPENTER

- New Construction • Framing • Renovations • Additions • Siding • Basement Development • Windows • Doors • Concrete Work • Roofing • Kitchens • Baths • Decks • Stairs • Drywall • Painting • Finishing • Drafting & Design •

• Home Repairs • • Odd Jobs •  
• Free Estimates • • Call Art  
• Free Consultations • • At 569-2519

## Whiskey Jack Holdings

Backhoe / Dump Truck Services

Call Mike 569-2642

## THOUGHT OF THE WEEK

Why do they call it rush hour when nothing moves?

## Health Heart & Home

Health Products, Gifts & Antiques

246 Main Street, McBride, B.C.

Ph: 569-2559 TOLL FREE 1-888-669-2559

\*Antiques\* \*Gifts\*

\*Vitamins & Minerals\*

\*Bulk Spices\* \*Bulk Herbs\*

100% OFF

Natural Factors

OPEN Daily till 5:30pm Friday till 6:00pm

## GATORADE

950 ml - 2 for \$3.00 + dep. & tx.

## AQUAFINA WATER

6 pack - 710 ml

with \$1.00 Off Fuel Coupon

@ \$2.99 + dep.

LAY'S XL POTATO CHIPS  
230 - 245 gms - 2 for \$4.00 + tx.

569-2441

OPEN 24 HOURS

It's Finally Here!

## Career Management Workshop

~September 8th & 9th~  
10:00 am to 3:00 pm

## Robson Valley Home Support Society

942 - 3rd Avenue, McBride

- What are your skill sets?
  - Are you cut out to be an entrepreneur?
  - What careers suit your personality type?
  - How do you manage your working life?
- Call now to register! - Ask for Bob or Bridget 569-2266

The effects of GAS.....



# STEDMANS

Main St. McBride

569-2415

Our

**"Back To School Sale"**  
Starts Thursday, August 25

Flyers are available at the store

We will be accepting pledges for the Terry Fox Run at Stedmans in McBride. The Kolida family will continue to participate in this event in "Memory of Terry", who faithfully participated each year after his encounter with cancer in 1992.

Thank you,  
Susan Kolida & Family



McBRIDE REALTY  
CENTER LTD.



Rodger L. Peterson  
Owner / Agent

277 Main Street  
P.O. Box 729  
McBride, B.C. V0J 2E0

Bus: (250) 569-2719 or 569-2735

Res. - (250) 569-2793

Fax: (250) 569-2787

www.mcbriderealty.com

www.mcbriderealty.com

The Center of Real Estate Action in the Robson Valley!!



233 Main Street  
McBride, B.C.  
569-2712

Your Neighbourhood Food Store

## DELI

Chicken Loaf - 100g...	¢.69
Roast Chicken Bologna - 100g...	¢.69
Roast Garlic Turkey Ham - 100g...	¢.89
Honeydew Melon	\$1.19 / lb.
Peppers - Bell or Yellow	\$2.69 / lb.
Cauliflower	\$1.49 each
Yves Veggie Penne Entree - 300g	\$4.39
Prime Rib Roast	\$5.99 / lb.
Boneless Pork Sirloin Roast	\$2.69 / lb.
PIZZA STORE FEATURE - Rib Steak	\$7.72 / lb.
Coho Salmon	\$3.99 / lb.
Boneless Pork Sirloin Chops - Family Pack	\$2.99 / lb.
Slim Fast Carb Zone Protein Bars	\$6.99
Atkins Shakes - 4 pk	\$6.99
Swanson Low Carb Dinners	\$1.99
Michelina's Salad Bowls	\$1.99
NEW - Wong Wing Chinese Entrees - Assorted Varieties	\$4.99

## BAKERY

Turnovers - each...¢.75  
Donuts - 6 pk...\$2.99



Vanderhoof & Districts  
Co-operative  
Association

DRIVERS SALES REPRESENTATIVE

For Commercial and Farm Personal Contact where high level of customer service is Job One.

**Delivering Fuel East to McBride**

Greg Belshaw

990 Railway Road  
Prince George, B.C.  
Toll Free 1-866-309-2667  
Home 250-963-9011

Vanderhoof Head Office

Phone 250-567-4488

Fax 250-567-4490

Cell 250-565-8436



Another day in the life

## McBRIDE CAFE

Daily Breakfast, Lunch & Dinner Specials

OPEN Tues. to Sun. 8am - 8pm - CLOSED Mon.

We will be CLOSED on

Monday, August 29 & Tuesday, August 30

Take Out

Available 569-8884



Fully Licensed

## THANK YOU

A Very Special Thank You to Joe and Tanya and the Staff at Robson Valley Auto Service (Race Trac Gas) for the Donation of \$267.50, proceeds from their Community Appreciation Day.

McBride Hospital Auxiliary  
**McBRIDE MINOR HOCKEY**

McBride Minor Hockey Association Registration is September 8th 6 - 8p.m. at the McBride Curling Lounge.

## McBRIDE FIGURE SKATING CLUB

McBRIDE FIGURE SKATING CLUB Registration and AGM Monday, September 12th at 7:00 pm in the Curling Club Lounge. The Club Constitution is available and will be voted on at the AGM. Please bring Medical Card #, email addresses and first half skating dues. Figure Skating start date: September 19th.

## COMMUNITY EVENTS

**Ozalinka Alpine Club** - Thursday, August 25. An evening of travel with David Marchant - Pictures of their trip to Costa Rica & Local Ports. 7p.m. at the 7th Day Adventist Church Basement. Everyone is Welcome!

**Vacation Bible School** - Bible Adventures \*Songs, Crafts, Drama, Games, & Food. 9-11:30a.m. Mon.-Fri. All children Ages 4 - 10 Welcome. NO FEE. McBride Anglican United Church Hall, McBride. August 22 - 26. To Register call 569-3206 or Jody at 569-0094 by August 17 with name and age of children and parent or guardian's name and phone number. Any teens or adults wishing to help in either program would be welcome, leave a message at above numbers.

## COMMUNITY ANNOUNCEMENTS

**Community Market** at the Pavilion in the Park - Starts Friday, July 1st to Friday, September 9th from 12 noon to 3p.m.

**Dunster Farmers' Market** - Every Saturday, July 9th to Sept. 10th - from 10am to noon. Sellers Welcome! Call Pete at 968-4334.

## BIRTHDAY WISHES AUGUST 24 - 30

Verne Meister, Courtney McCutcheon, Pete Bernsdson, Anthony Hruby, Bryan Baran, Jason Flood, Cathy Starlund, Amanda Cole, Reuben Brandt, John Vizza, Sierra Wingie, Landon Will, Jonathan Rowley, Troy Anderson, Augie Medina Sr., Tanya Phillips-Smith, Ken McNaughton, Athena Caputo, Trevor Lintcheuld, Dawna Hickerty, Laura Thompson, Fern Sansom, Bill Arnold, James Sansom, David Hill and to anyone we missed Happy Birthday.

## BUY, SELL, RENT & MISC.

**Farm House For Rent**-\$600.00 per month. Available September 1st. For more information phone 569-0033. •For Sale-1974 Trailer with addition. \$23,000. Phone 569-2310. •For Rent-2 Bedroom House. 4020 Mountainview Rd. Ph:569-2438. •For Sale-2003 Honda Odyssey. 103,000 km. Mostly loaded. Winter Tires included. \$25,500 obo. Phone 569-2350. •For Rent-2 Bedroom House. Call 569-2628. •For Sale-New 10' x 14' Overhead Garage Door with Hardware. Still in Box. Price? Make an Offer Phone: 569-2493. •For Sale-1991 GMC Safari AWD. Blue. 7 passenger. Good Shape. Command Start. Tow hitch. Rear heater. Very well maintained - documented. \$2695.00 Call Andy at 968-4311. •For Sale-Mobile Home Park. 15 Units - fully occupied. Includes deluxe 14x70 Mobile with addition, deck and large shop. Owners are retiring. Good return investment. Call 569-0026. •For Sale-1992 Mazda MPV 4x4 Van. Low kilometres on the motor and transmission. \$4,000 Ph: 569-0205. •For Sale-2000 14 x 56 Mobile Home w/ Electric Baseboard Heat and Handicap 3 pc Bathroom, 2 Bedrooms. All appliances. Open to Offers - Available after July 15th Call for appointment to view. 5125 Mountainview Rd. Ph: Mon. to Sat. - Wayne Zimmermann at 569-2521. •HOUSE FOR SALE: Three bedrooms, huge bathroom, wrap around deck, lots of windows to let the sun in. Sale price includes five appliances. \$139,900.00. To view phone 569-8863 evenings. •To place an ad here call 569-3110 or drop into + \$'s at 455 King Street (\$3/week + GST).

VIA Schedule May 17-Sept 29\* Ph 1-888-842-7245

Going West - Sun, Tues\*, Wed, Fri..2:44pm  
Going East - Mon, Thurs, Fri\*, Sat...12:03pm  
Discounts, seniors (60+) 2 for 1: book 6+ days advance

## Important Phone Numbers

EMERGENCY	9-1-1	Forestry	569-3760
R.C.M.P.	569-2255	Village	569-2229
Hospital	569-2251	Reg'l Dist	1-800-667-1959
Health Unit	569-2251	Home Support	569-2266
K to 7 School	569-2721	Food Bank	569-3225
High School	569-2295	Fire Hall	569-3117
Dunster School	968-4414	Greyhound	569-2441
School District 57		The Little McBride Paper	569-3110
1-800-256-7857			

Report Forest Fires - 1-800-663-5555

Inquiry: B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...  
Dial this Number 1st and ask operator to connect you to provincial department.  
Take a Break in McBride...B.G.'s Friendliest Town!!

## McBride District Volunteer Fire Department Dunk Tank

Saturday August 27, 2005

Village Park  
11am to 2pm

Come dunk local officials and Prince George/ Mount Robson MLA Shirley Bond

All proceeds will go to Halloween Fireworks

## SASQUATCH Beauty Barn

Fully Licensed Esthetics  
I will be Gone from August 16th to August 30th.  
1102 - 4th Ave. If you can't get a hold of me try  
569-2294 stape@tels.net my Cell Phone @ 569-7229

## HEARTLAND RESTAURANT

We hope everyone enjoys the Robson Valley Fair & Pioneer Days weekend.

OPEN Sun. to Thurs. 8am - 9pm Fri. & Sat. 8am - 9pm

## Ande's Auto Parts

NAPA & TRACTION heavy duty  
289 Main Street, McBride BC V0J 2E0  
Tel: 250-569-2332  
Mon.-Fri. 7 to 7, Sat. 8 to 6,  
Sun. 10 to 2  
Del Fry / Lenny Stone After hours 250-569-2332

## MOBILE HOME PADS FOR RENT

Riverbend Mobile Home Park.  
3115 Riverbend Road, off Ziedler Drive.  
5 minutes west of McBride, RVs welcome.  
Phone 968-4375



Monday-9am-5pm Tuesday-9am-5pm & 7pm-9pm  
Wednesday-9am-5pm Thursday-9am-5pm  
Friday-9am-9pm Saturday-9am-5pm

Cost of internet usage - \$1.00 per half hour

http://www.mcbridebc.org/library

library@mcbridebc.org

241 Dominion St. (250)569-2411

Turn off the Tube and Read a Book



Beaneery 2 autumn & winter hours are coming. Barbara will be in Kansas for the winter and Dr. Mike sometimes will be on call 2 weekends a month.

After the September long weekend, B2 will be closed on Saturdays and Sundays.

Monday through Friday, we will be open 7 a.m. to 4:30 p.m.

B2 will continue to be available after hours and on weekends to groups for meetings, birthday parties, etc.

Contact us at 569-0133 for arrangements.

## PHYSIOTHERAPY

E. Kim Hammerstedt BPT

246 Main Street, McBride 569-0107

## THE HAIR SHOPPE

803 3rd Ave. - side entrance

569-3359 We Carry JOICO Supplies

## WHISTLE STOP GALLERY

You have seen it on television and in theatre - now get your copy of Being Caribou New on DVD. Movies, books and much more at the Gallery.  
OPEN DAILY AT THE TRAIN STATION

## Angels Say

Angels do not answer our prayers, but they help us remember to pray.

## Robson Valley Pet Parcel

Grooming & Boarding  
Serving locally for 21 years  
Ann Schwartz 569-3319 animal health technician

## Scare Crow Farm B & B

Plus CAMPING Evening Meals by request  
569-0351 15km West on Highway 16

## JOKE OF THE WEEK

A three-year-old boy went with his dad to see a new litter of kittens. On returning home, he breathlessly informed his mother:

"There were two boy kittens and two girl kittens."  
"How did you know that?" his mother asked.  
"Daddy picked them up and looked underneath,"

he replied.

"I think it's printed on the bottom.

## SATURDAY CONTINUED...

8:30 p.m. - 1:00 a.m. Family Dance "Andy and the Crossroads"



Robson Valley Recreation Centre

Cost: \$10.00/adult, \$5.00 (11-16 years), Children under 10 Free  
Tickets at Stedman's, Whistle Stop Gallery & Rose Garden  
Designated Drivers available 11:30 - 1:30 a.m.

**Guess Logging Truck Weight** - \$5.00/guess win the load of wood (Ball Diamond)  
Tickets available at Recreation Centre and Stedmans and Refreshment stand.

**Quilt Walk** - Look for quilts on display within the retail community and enter for the prize to be drawn at refreshment stand on Sunday at 6:00 p.m. Drop box at food booth.

## SUNDAY

9:00 - 11:00 a.m. Pancake Breakfast - Elks Hall

9:00 a.m. Ball Tournament

11:00 - 12:00 noon to follow Kids Races - Village Park - **Sponsored by: Chevron**  
Strong Kid Competition (11-14 year olds) Girls and Boys Division  
Kids Tug-of-War

1:00 p.m. Bed Race - Main Street

11:00 a.m.-6:00 p.m. Refreshments - Town Diamond

2:00 p.m. Slo-Pitch Skills Competition - town diamond.

6:00 p.m. All awards and winner of prizes to be drawn - Refreshment stand

11:00 a.m.-5:00 p.m. Food Booth - In park



## Robson Valley Fall Fair & Pioneer Days

August 26, 27, 28, 2005

### Schedule of Events

#### FRIDAY

8:00 a.m. - 2:00 p.m. Entries to Fall Fair - Robson Valley Recreation Centre

6:00 p.m. Ball Tournament **Trophies sponsored by: McBride Husky**

3:00 p.m. Judging - Robson Valley Recreation Centre

8:00 - midnight Teen Dance - Elks Hall (ages 10 to 18) \$2.00 at door  
Music Provided by Martina & Travis Wall

#### SATURDAY

8:00 a.m. Ball Tournament

10:00 a.m. Parade - start at town park end at Recreation Centre

10:30 - 6:00 p.m. Food Booth - in park

11:00 - 3:00 p.m. 4-H Competition Outdoor Living/rabbits/chickens - arena parking lot

11:00 - 3:00 p.m. Displays - small engine - Recreation Centre

11:00 - 5:00 p.m. Displays - Crafts - Recreation Centre

11:00 - 1:00 p.m. Fire Department Dunk Tank - town park (proceeds to fireworks)

12:00 - 1:00 p.m. Pet Show - town park

11:00 - 1:00 p.m. Open Horse Competition - Lot on Main Street

1:00 - 2:00 p.m. Kids Games, Face Painting etc. (town park)  
**Sponsored by: Robson Valley Auto Service**

11:00 - 7:00 p.m. Refreshments - Town Diamond

11:00 - 4:00 p.m. Two Rivers Art Gallery - Kids Hands On Crafts (town park)

3:00 p.m. Tea for Fashion Show served by Guides, Brownies & Sparks

3:30 p.m. Fashion Show, Fall Fair Awards, Cheryl Sansom Award - Recreation Centre

**Kids Best Decorated Bike**

OVER →

OVER →