



**Robson Valley Home Hardware**  
Main St., McBride 569-2284

**VALLEY COMFORT DEALER**

**"Blaze King"  
Stoves**

**A.C. & T. CONSTRUCTION**  
JOURNEYMAN-CARPENTER  
• New Construction • Framing •  
• Renovations • Additions • Siding •  
• Basement Development • Windows • Doors •  
• Concrete Work • Roofing • Kitchens • Baths •  
• Decks • Stairs • Drywall • Painting • Finishing •  
• Drafting & Design •

• Home Repairs • • Odd Jobs •  
• Free Estimates • • Call Art  
• Free Consultations • • At 569-2519

**NORTH COUNTRY LODGE**

We would like to introduce our new Management.

Jodi Seney - General Manager  
Sherry Partington - Assistant Manager  
*We wish them the best of luck.*

**MCBRIDE SNOWMOBILE CLUB**



**THURS., NOV. 18TH 7:00PM**

**BEANERY 2 BISTRO**

**\*MEMBERSHIPS SOLD THERE\***

Advantage Insurance Services Ltd.

Rosemary L. Hruby, CAIB  
250-569-2244

**Remember to use Designated Drivers during the Christmas Season.**

**MCBRIDE SECONDARY SCHOOL**

**CHRISTMAS CRAFT FAIR**

**SATURDAY, NOVEMBER 27th, 2004**

11:00am - 3:00pm

McBride Secondary School Gymnasium

**~40 Tables~**

• Robson Valley Handicrafts - Baked Goods - Concessions  
• All your Christmas Shopping in one convenient location.

569-0133

**Beanery 2  
Bistro**

- Wed Meadloaf & Diabetic Choice
- Thurs Quesadillas & Lactos Free Choice
- Fri Pasta & Pizza
- Sat Soup & Sandwich
- Sun Pie & Goodies (2pm-4pm)

\*Mon Gratin & Gluten Free Choice

The Shepherds Pie & Vegetarian Choice

~Soup & Sandwich available every day~

\*Monday Double Punch Lunch Card Day

"Continental Breakfast every day."  
Cooked Brekkie Sat. 8-10am

**FREE The Little FREE**

**McBride**



**Paper**



Serving BC's Friendliest Town and Area!!

For the week of Wed., November 17th, 2004

**"READY, SET, LEARN"**

Parents and families of children aged 3 years are invited to McBride Centennial Elementary School to hear about "Ready, Set, Learn". Families will receive a free book for their child, and some helpful tips for supporting their preschooler's learning and development. \*Please join us for snacks, story time, crafts, and fun! Wednesday, November 26, 2004 (\*not November 17 as previously advertised) 2:30pm, at the McBride Centennial Elementary School Kindergarten Room. \*\*\*This event was originally advertised as Wednesday, November 17. If you would like more information please contact us at 569-2721.

**NEWCOMERS TO THE VALLEY?**

Call Barb 569-0133 to find out about our "Welcome to McBride Program". Sponsored by McBride and District Chamber of Commerce.

**FREE COMING EVENTS**

**GET A LIFE Workshop Series** - Workshop #1 of 5. "Well, What about Wellness? Assess your wellness & develop strategies for improving your mental, physical & spiritual health". Dates: Valenmon Nov. 23, 1-2:30 Health Unit, Downstairs. McBride Nov. 29, 1-2:30 Community Health Building beside hospital. Presented by Kristen McAlpine, Mental Health & Addictions Counselor, Northern Health Authority. No charge & All are Welcome!  
**Ladies Craft Night @ McBride Evangelical Free Church**, Thursday, November 18, 6:30 - 9 p.m. Bring whatever craft you're working on. No Charge - Ph: Linda @ 569-2645.

**Hiking Club** meeting to plan hikes & snowshoeing at the Beanery 2 Bistro November 29th, 7-9pm.

**Free Soup and Song** Wednesdays from 5pm to 7pm in the Beanery 2 Bistro.

**Hiking Club** meets Sundays from 2pm-4pm in the Beanery 2 Bistro. Everyone is welcome.

**FREE Live Music Performances at the Beanery 2 Bistro** on Saturdays from 12:00pm to 1:00pm.

**BIRTHDAY WISHERS NOV. 17 - 23**

Deb Friesen, Karen Ieck, Kylie Taphorn, Henrietta Slugeget, Katilim Dunn, Shane Wood, Amy von der Gonna, Greg Miske, Duke Peterson, Janet O'Leinnick, Bonnie Culp, Randall Hart, Digiuita Cardinal, Lindsay Doerksen, Kevin Rhodes, Bethany Andrews, Jocelyn Monroe, John Shea, Nelson DePrias, Audrey Loy, Marsha Whitman, Dean Flahr, Jerry Stanley, Julie Monroe, Kathy Molendyk, Ben Davis, Bob Finlay, Betty Long, Kim Waite, Jacob Boutton, Karen Peterson, Jordan Parlette, and to anyone we missed Happy Birthdays.

**COMING EVENTS**

**Give the gift of life.** Organ donor registration December 4th at the Sandman Inn from 2-5pm. Informational video available.

**FOODSAFE COURSE** - The McBride Secondary School will be hosting the Foodsafe Course for students and community members on the following dates at the McBride Secondary School. The course is 8 hours and will be held over the 2 days. Tuesday, November 30<sup>th</sup> 8:45-3:00 p.m., December 1<sup>st</sup> 8:45-12:00 noon. Cost \$35.00/McBride Secondary Student, \$65.00 for community members. Register at the school. Registration is based on a first paid basis. Maximum 30 people.

**Festival of Lights 2004** will be held on Friday, November 26th starting at 6pm with the parade. Once again Santa will be in the Train Station for the kids. Watch next weeks paper for the schedule of events.

**Christmas Sale - November 27th, 2004** 6 - 9pm, at the Legion Hall. Christmas Gifts \*White Elephants \*Prizes \*Crafts \*Baked Goods. Sponsored by The Seventh Day Adventist Church.

**The Hospital Auxiliary Christmas Extravaganza** is on Saturday, December 4th in the Elk's Hall from 7:00pm to 9:00pm. Great place to meet your friends, have coffee & pie and buy your Christmas baking, candy and gifts. Raffle - 1st prize Christmas hamper, 2nd prize Candlelight and wine basket, 3rd prize large Turkey. Silent Auction, Cake Walk, New and Almost New, Crafts, Touch and Take for the children. Hope to see you there!

**Infant Massage Course** - Learn to massage your baby. Friday mornings at the McBride Health Unit 10:00am to 11:30am sessions November 19, 26, and Dec 3 and 10. Registration is \$10.00 For more information and to register call Cary Savarella at 569-2251 ext. 226 or Mary Stewart at 569-2266. Space is limited to 10 babies so please register as soon as possible. Mary Stewart is a certified IAIM instructor. (International Association of Infant Massage)

**CPR Course (for Parents with Young Children)** Includes: -The choking victim; -Cardiac resuscitation; -Respiratory resuscitation. Sponsored by: McBride Health Unit. Instructor Sharon Schiefelbein. Monday, November 22 from 1pm-5pm or Thursday, November 25 from 5:30pm-9:30pm. Cost: \$30 per person. Registration limited to 6 per session. Register by November 18 (Call Judy or Cary @ the Health Unit: 569-2251 ext. 226).

| Greyhound Bus Schedule                         | McBride Husky 569-2441 |
|--|------------------------|
| Depart to East-9:50am & 2:35am • Edmonton      |                        |
| Depart to West-8:05pm & 5:40am • Prince George |                        |
| Depart to South-9:50am • Kamloops              |                        |

Please contact **The Little McBride Paper** with all coming events, news, trivia, comments, anything!! Ph:569-3110, Fax:569-0220, Write to Box 441, McBride, B.C. V0J 2E0 or drop off at 981 - 5th Ave. If we don't know about it, we can't write about it!! Scott & Susan Glines - Oscar & Broom

**Take a Break in McBride...B.G.'s Friendliest Town!!**

**Health Heart & Home**

Health Products, Gifts & Antiques  
946 Main Street, McBride B.C.

Ph: 569-2559 TOLL FREE 1-888-669-2559

\*Antiques\* \*Gifts\*

\*Vitamins & Minerals\*

\*Bulk Spices\* \*Bulk Herbs\*

*It's Beginning to look a lot like Christmas!*

CALL TO BOOK APPOINTMENTS FOR:

Deb Cottrane - Reiki, Ear Candles & Aromatherapy

Deb Leduc - Herbalist, Indologist & Reflexology

OPEN Daily till 5:30pm Friday till 6:00pm

**NORTH COUNTRY LODGE**

**HELP**

**WANTED**

**Housekeeping**

Apply In Person

Plan for your family to attend

"FESTIVAL OF LIGHTS"

Friday, November 26, 6pm-8pm

A McBride and District

Chamber of Commerce Tradition!

- Santa Parade, McBride lights up

- Shop Local\*

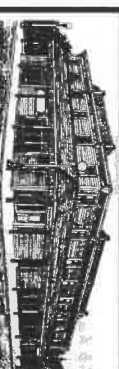
- Hot Chocolate/Burn Barrels

- Crafts/Goodies Mountain Chapel

Watch next weeks paper for schedule!!!

\*ATTN: Festival of Lights "SHOP LOCAL"

add Odds N Ends to participating merchants.



**MCBRIDE HOTEL**  
569-2277

We are sponsoring a

**GREY CUP POOL TOURNAMENT PARTY**

Sunday, November 21st - Noon Hour

\$10.00 Entry Fee

Prizes - Popcorn - Chili & Buns

Come play pool & cheer for our very own

B.C. Lions - Rah! Rah! Rah!

**Employment Assistance Service**  
**Robson Valley Home Support Society**

**NEED A JOB?**

**NEED A WORKER?**

Contact Bob Thompson 569-2266

Financed by the Government of Canada  
Canada

**RnR Recreation**  
**Ride N Hide**  
Parts - Repairs



**ATV & Sled Rentals**  
569-2354 1-877-868-7288

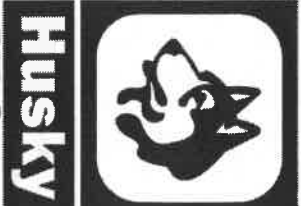
Certified ATV & Snowmobile Safety Course now available with Certified Instructor

~New Location - 940 2nd Avenue~

**OPEN 24 HOURS**

Check out our In Store Specials

- Self Serve Gas & Diesel
- ATM Machine
- Lottery Terminal
- Greyhound Depot
- Video & DVD Rentals



569-2441

**McBride Roundhouse**

**Theatre Society**

- A Canadian Country Christmas
- Sean Hogan, Jake Mathews,
- Diane Chase, Duane Steele
- & Gord Bamford
- Five Great Country Artists,
- one evening of your favorite
- Country & Christmas Songs

Thursday, November 23rd 8:00pm  
Tickets Are \$30.00 - Available at Stedmans





# **McBRIDE CAFE**

**will be OPEN for business  
on Friday, November 19th**

**6:00am to 8:00pm**

***~Full Breakfast~***

***~Lunch~***

***~Dinner Menu~***

***~Take Out~***

**Located in the McBride Hotel**

**569-8884**