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**Don't forget
EXCESS UNDERINSURED
MOTORIST
Protection.**



**MCBRIDE SECONDARY SCHOOL
CHRISTMAS CRAFT FAIR**
SATURDAY, NOVEMBER 27th, 2004
11:00am - 3:00pm
McBride Secondary School Gymnasium
~40 Tables~
Robson Valley Handicrafts - Baked Goods - Concessions
All your Christmas Shopping in one convenient location!
To book your table,
contact Rick Thompson at 569-2295



**Icebreaker Social Nite
at the Curling Club**
Friday October 29, 2004 at 7pm
Everyone welcome, \$2/a player, teams to
be drawn from a hat, one lucky winner
for the twoonie pot. No experience
necessary, equipment available.
Regular league curling to start
November 5, 2004.

Register as a team or individual.
Please sign up by November 1, 2004.
Phone Jennifer at 569-0150



**Robson Valley
Home Hardware**
Main St., McBride 569-2284

**VALLEY COMFORT DEALER
"Blaze King"
Stoves**



**JR's Hot Tubs
& Recreation**

P.O. Box 586
1180 Cypress Road
Valenmount BC
VOE 2Z0
Ph (250) 566-4686
email:
rubberduck@valenmount.com
All your Hot Tub Needs!
Call Jack Hoy

- Sales
- Maintenance
- Chemicals



Tuesday - 9 to 5 7 to 9
Monday & Thursday Closed
Wed. - 10-2 Fri - 2 to 9 Sat - 2 to 5
Cost of Internet usage - \$1.00 per half hour
http://www.mcbridebc.org/library

library@mcbridebc.org
241 Dominion St. (250)569-2411

Turn off the Tube and Read a Book



**MCBRIDE
HOTEL**
569-2277

HALLOWEEN PARTY & DANCE

Saturday, October 30, 2004 - 9:00 pm till 2:00 am
Costumes - Prizes - Drink Specials
Live Music by "Blue Woodoo"
(on both Fri., Oct. 29 & Sat., Oct. 30)
Come One! Come All!
Come to the Ball!!



**FREE The Little FREE
McBride
Paper**



Serving BC's Friendliest Town and Area!!
For the week of Wed., October 20th, 2004

**NORTHERN ICE
TOURNAMENT SCHEDULE**

Come out and enjoy some great hockey in McBride this weekend
at the Rec Centre.
Here is the schedule:
FRIDAY - 8:30pm to 10:00pm Kamloops vs PG Midgets.
SATURDAY - 9:00am to 11:00am Blades vs Kamloops / 11:00am
to 1:00pm Grand Prairie vs PG Midgets / 1:00pm to 3:00pm OPEN
/ 3:00pm to 5:00pm PG Midgets vs Blades / 5:00pm to 7:00pm
Kamloops vs Grand Prairie / 7:00pm to 9:00pm OPEN / 9:00pm
to 11:00pm Blades vs Grand Prairie.
SUNDAY - 8:00am to 10:00am Bronze Medal (3rd vs 4th) /
10:00am to 12:00 noon Gold Medal (1st vs 2nd)

THANK YOU

The girls and female staff of McBride Secondary School would
like to extend a special THANK YOU to the following people and
organizations who supported this year's girls' conference: Mark and
Regina Aubrey, Crescent Spur Heli Skiing for lunch and hosting the
conference *Mike Monroe, Fraser-Fort George Regional District
*McBride Secondary Parent Advisory Council *Dr. Mike Moseley
*Barb Jackson, The Bearery 2 Bistro *Stellar Descent *Devance
Cardinal, Cardinal Ranch *Terry Stanley, One Stop Solution *Dan
& Susanne Pepper, D&S Custom Photography *Greg Clements,
Custom Framing *Rob Element, Regional District Fraser-Fort George
Rec Centre *Walmart, Prince George *Stefi McLean, Mountain
Pottery *Eleanor Johnson, Truffles 'n' Treats *Sharon Walker,
Cowgirl Candies *Annette Stapley, Sasquatch Beauty Barn *Brenda
Molendyk, Health Heart & Home. We would also like to thank the
following people for putting on the workshops: Pam Cinnamon,
Celine Valestrand, Annette Stapley, Jill Howard and Jane Blouin.

SGMOOL NEWS

GRAD 2005 is now taking orders for Poinsettias. They are
available in Red, White and Pink. Phone the McBride Secondary
School at 569-2295 to place your order. The last day to place orders
is Friday, October 29th.

McBride Secondary School Christmas Craft Fair - Saturday,
November 27th 2004 11:00am. - 3:00pm. Located in the McBride
Secondary School Gymnasium. 40 Tables. All your Christmas
Shopping in one convenient location. To BOOK YOUR TABLE
NOW contact Rick Thompson at 569-2295.

COMING EVENTS

It's the MONSTER BASH! At Stepping Stones Children's Centre
on Friday, October 22nd from 10am-3pm for ages 5-12. Goulash
Games, Frightful Food and a "Spook"tacular good time!!! For
more info call the centre at 569-8861. Register early as spaces are
limited!

R.E.A.P.S. is hosting a free e-waste collection (computers, monitors,
TV's etc.) on Sunday, October 24, 04 from 1 - 4p.m. at the Pine
Centre Mall (Zellers parking lot). These items will be recycled and
diverted from our landfill.

Prince Rupert & Maritime Exhibit of Valley Museum & Archive
Society at the Museum/Library building, McBride. Exhibit open
until Nov. 3, 2004 during library hours. "Via Rail trip for 2" draw
continues.

THOUGHT OF THE WEEK

The sooner you fall behind,
the more time you'll have to catch up!

CHURCH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on Dominion
Street. - Mens, ladies and children's clothing - Open: Tues. 1:30 -
2:30 - Sat. 10:00 - 12:00 *Dorcas is OPEN Tuesdays 1pm-3pm.
Phone 569-3186 *Contact number for the Foodbank is 569-
3225 *Seventh-day Adventist Church-Meet Saturdays at 9:30 &
11am. and Wednesdays at 7pm. Phone: Ph:569-0244 *Mennonite
Church-Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm
Ph:569-3302 *Mountain Chapel (PAOC)-Sunday School & Adult
Classes-10am, Services-11am. Ph:569-3350 *Anglican United Church-
441 Dominion Street. Meet Sundays at 11:30 a.m. Phone 569-3206
or 569-3386. Hall Rental contact Dorothy Simpson 569-
3343 *Evangelical Free Church- Sunday School at 9:45 a.m.,
Worship Service at 11:00 a.m. Ph:569-2378 or 569-8845 Pastor
Dan Carlaw *Robson Valley Christian Centre-Meets in home
Sundays 11am, Dunster Ph:968-4355 St. Patrick's Catholic Church-
Meets Sundays at 11:00am Ph:569-2606. "Catholic Faith for Adults"
inquiry class. Contact Sr. Olive.

Greyhound Bus Schedule McBride Husky 569-2441
Depart to East-9:50am & 2:35am • Edmonton
Depart to West-8:05pm & 5:40am • Prince George
Depart to South-9:50am • Kamloops

Please contact **The Little McBride Paper** with all coming events,
news, trivia, comments, anything!! Ph:569-3110, Fax:569-0220,
Write to Box 441, McBride, B.C. V0J 2E0 or drop off at
981 - 5th Ave. If we don't know about it, we can't write about it!!
Scott & Susan Glines - Oscar & Broom

Take a Break in McBride...B.G.'s Friendliest Town!!

Employment Assistance Service
Robson Valley Home Support Society

NEED A JOB?

NEED A WORKER?
Contact Bob Thompson 569-2266

Canada
Funded by the Government of Canada

RnR Recreation
Ride N Hide
Parts - Repairs
ATV & Sled Rentals
569-2354 1-877-868-7288
CSC-ASC Certified ATV Instructor

~Safety Course Now Available~
* Snowmobile Safety Course also available
with a Certified Instructor

PEPSI EDGE
591 ml - .99¢ + dep. & tx.
1 litre
AQUAFINA WATER
2 for \$2 + dep.

HUSKY
569-2441
100gm @ \$1.89 + tax
OPEN 24 HOURS
CADBURY FAMILY BARS

A.C. & T. CONSTRUCTION
JOURNEYMEN-CARPENTER
• New Construction • Framing •
• Renovations • Additions • Siding •
• Basement Development • Windows • Doors •
• Concrete Work • Roofing • Kitchens • Baths •
• Decks • Stairs • Drywall • Painting • Finishing •
• Drafting & Design ••
•• Home Repairs ••
•• Free Estimates ••
•• Free Consultations ••
At 569-2519

Health Heart & Home
Health Products, Gifts & Antiques
946 Main Street, McBride, B.C.
Ph: 569-2559
TOLL FREE 1-888-669-2559
Gifts
Antiques
Vitamins & Minerals
Bulk Spices *Bulk Herbs*

THE DUNSTER QUILT HAS ARRIVED
Only 9 Raffle Ticket Days left till the Draw
CALL TO BOOK APPOINTMENTS FOR:
Deb Cochrane - Reiki, Ear Candling & Aroma Therapy
Deb Ladouceur - Herbalist, Iridologist & Reflexology
OPEN Daily till 5:30pm Friday till 6:00pm

FIREWOOD FOR SALE
Phone 569-0303
Leave message & we will return your call.

Whiskey Jack Holdings
Crane / Backhoe / Dump Truck
Services
Call Mike 569-2642

MOBILE HOME PADS FOR RENT
Riverbend Mobile Home Park.
Riverbend Road, off Ziedler Drive.
5 minutes west of McBride.
Quiet, Treed Sites next to Dore River
RVs welcome.
Phone 968-4375

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• BANNERS • SIGN BOARDS • PLASTIC SIGNS •
Scott & Susan Glines Ph:569-3110
981-5th Ave. Fax:569-0220



McBride
JENNY'S Shop N Wash
 569-0095

Come In And Try Our
 SUBS, PIZZAS, WRAPS & more...

**Stay At Home and Let Us Deliver
 Your Meal To Your Door....**
We do Free Deliveries
(Fridays & Saturdays 4pm - 8pm ONLY)
(Minimum Order of \$15.00)
(Up to a 2 Mile Radius of McBride)

NEW HOURS

Monday - Thursday 7am - 7pm
 Friday & Saturday 7am - 8pm Sunday - CLOSED

*** Friday Night Special ***
OVEN BAKED CHICKEN
 with Rice, Veggies, Greek Salad
 & a Dinner Bun

569-0133

Beaernity 2
 Bistro

- Wed Meatloaf & Diabetic Choice
 - Thurs Quesadillas & Lactos Free Choice
 - Fri Pasta & Pizza
 - Sat Soup & Sandwich
 - Sun Pie & Goodies (2pm-4pm)
 - Mon Grains & Gluten Free Choice
 - Tue Shepherds Pie & Vegetarian Choice
- * always - vegetarian, lactose-free, gluten free, diabetic choices
- "Continental Breakfast every day."
 Cooked Brekkie Sat. 8-10am**

POLICE REPORT

On October 7th McBride Detachment members patrolling the Castle Creek Forest Service road checked a pair of hunters from the Lower Mainland. The Members noted a strong odor of marhanna coming from inside the vehicle, the pair were arrested and a small amount of marhanna was seized. The investigation is continuing. Sometime during the night of October 7th and the early morning hours of October 8th unknown culprits stole the flower pots in front of the Beaernity 2 and damaged the Community Bulletin Board. Anyone with information on this incident is asked to contact the McBride Detachment at 569- 2255 or Crime Stoppers at 1-800-222-TIPS(8477).

At approximately 1:00 A.M. on October 11th McBride Detachment was contacted to assist with a Search and Rescue Operation in the Kawka Provincial Park. A 59 year old Prince George resident had suffered serious injuries after an accident on his ATV. McBride Search and Rescue Personnel, BC Ambulance Personnel, and McBride Detachment Personnel travelled to the 73.5 kilometre marker on the Walker Creek Forest Service Road where a Command Post was set up. The rescue team then travelled a further 10 kilometres on ATVs and arrived at a cabin where the victim was waiting. A helicopter was utilized to transport the victim to the Dome Creek Diner where the victim was transferred to an awaiting Ambulance for ground transportation into the Prince George Regional Hospital.

BIRTHDAY WISHES OCT. 20 - 26

Bridget Uhl, Pete Amyoony, Karen Hickerty, Nelson Hicks, Jaden A Anderson-Kirk, George Schlater, Eva Blangy, Wade Phillips, Travis Smith, Mark Aubrey, John Wheeler, Victor Rollinson, Dorothy Stewart, Jeff McNaughton, Wendy Howe, Shelly Powers, Kyrel Silva, Joyce Godfrey, Susan Cousineau, Gary Wright, Kelly Taphorn, Marlin Phillips, Izzy Monroe, Geoffrey Cowburn, Maurice Bonnetville, Brian Shawara, and to anyone we missed Happy Birthday.

SMILE

Today I will delete from my diary two days: yesterday and tomorrow.
 Yesterday was to learn and tomorrow will be the consequence of what I can do today.
 Today I will face life with the conviction that this day will not ever return.
 Today is the last opportunity I have to live intensely, as no one can assure me that I will see tomorrow's sunrise.
 Today I will be brave enough not to let any opportunity pass me by, my only alternative is to succeed.
 Today I will invest my most valuable resource: my time, in the most transcendental work: my life;
 I will spend each minute passionately to make of today a different and unique day in my life.
 Today I will defy every obstacle that appears on my way trusting I will succeed.
 Today I will resist pessimism and will conquer the world with a smile, with the positive attitude of expecting always the best.
 Today I will make of every ordinary task a sublime expression.
 Today I will have my feet on the ground understanding reality and the stars' gaze to invent my future.
 Today I will take the time to be happy and will leave my footprints and my presence in the hearts of others.
 Today, I invite you to begin a new season where we can dream that everything we undertake is possible and we fulfill it, with joy and dignity.
 {SMILE} Have a good day and a better one tomorrow!
FREE COMING EVENTS
"Cookies & Milk" On Thursdays - Jody is coming in to the Beaernity 2 Bistro to make cookies. All kids are welcome to come and have free cookies and milk after school.
FREE Live Music Performances at the Beaernity 2 Bistro on Saturdays from 12:00pm to 1:00pm.

BUY, SELL, RENT & MISC.

For Sale-1996 8' Arctic Snow Blade. Excellent Shape, only used 2 seasons, original cutting blade. \$3500.00 obo. Phone 569-2549**For Sale-1997 Dodge Neon, \$4300.00 obo, 4 dr, auto, 150,000 km, good cond. Call Melanie at 569-2266 (W) or 569-3123 (H)**For Sale-Olsen Duo-Therm Wood Furnace / 120,000 B.T.U. Very good cond. Excellent Heat Source, will heat over 2500 sq. ft. \$700 obo Ph.569-2340**For Sale-2 Bedroom Trailer with large addition. c/w ph.569-2340**For Sale-2 Bedroom Trailer with large addition. c/w f&g, w&d. New panelling in living room. \$10,000. Phone 569-0186**House For Sale-108 acres, Creek, 6 beds, 4 baths (2 ensuite), 2 sitting rooms, dining room, laundry, sauna. Ideal for B&B, Hobby farm, large family, 2 families. Peaceful location. 3 rooms fitted & ready for B&B. \$265,000.00 consider local acreage part trade. 569-2529 or 569-0252**For Sale-3 Bedroom House. Call (250) 563-5326**To place an ad here call 569-3110 or drop info + \$'s at 981-5th Ave. (\$3/week + GST).

Via-Rail Schedule

Phone 1-888-842-7245
 Going West - Sunday, Wednesday & Friday...2:40pm
 Going East - Monday, Thursday, Saturday...12:47pm
 Seniors (55+) take a friend for free (any age)
 (in economy class) Nation wide

Important Phone Numbers

EMERGENCY 9-1-1
 R.C.M.P. 569-2255
 Hospital 569-2251
 Health Unit 569-2251
 K to 7 School 569-2721
 High School 569-2295
 Dunster School 968-4414
 School District 57 569-3117
 The Little McBride Paper 569-3110
 Report Forest Fires - 1-800-663-5555

Inquiry B.C.:1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...
 Dial this Number 1st and ask operator to connect you to provincial department.
Take a Break in McBride...B.G.s Poteralfest Town!!

It's the

MONSTER BASH!

At Stepping Stones Children's Centre
 Friday, October 22nd from 10am-3pm for ages 5-12
 "Spooktacular good time!!!"
 "Spooktacular good time!!!"
 For more info call the centre at 569-8861.
 Register early as spaces are limited!

PIGS FOR SALE

WEANER OR BBQ PIGS
AVAILABLE IMMEDIATELY



CALL 569-2549
 for more information

SASSQUATCH

Beauty Barn

Fully Licensed Esthetics
 OPEN ~ Wed. 1-5 ~ Thurs. & Fri. 10-5
 (Call for non business hour appointments)
 1102-4th Ave. Call 569-2294 for Appointment

RELIEF FROM ACHES & PAINS

*BOWEN THERAPY**RELEXOLOGY**MSSAGE*
CALL MARGRIT 968-4432



Vanderhoof & Districts
 Co-operative
 Association

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 For Commercial and Farm Personal Contact
 where high level of customer service is Job One.
Delivering Fuel East to McBride

Greg Belshaw
 990 Railway Road
 Prince George, B.C. Phone 250-567-4488
 Toll Free 1-866-309-2667 Fax 250-567-4490
 Home 250-963-9011 Cell 250-565-8436

Angels Say

Angels don't gossip because they
 find no joy in another's misfortune.

PHYSIOTHERAPY

E. Kim Hammerstedt BPT
 246 Main Street, McBride 569-0107

THINK ABOUT IT...

The reward of a thing well done
 is to have done it.

B² PIES 569-0133
PIE BOOKS ARE BACK!!!

Pie & Coffee - \$2.00

Relax in Beautiful Scenery

Bed & Breakfast, RV's & Field Camping,
 FRESH SALMON DINNER Saturday Night - Please Book Ahead

Scare Crow Farm Bed & Breakfast

Open all year round - 15 km West of McBride on Highway 16
Local Sat. Phone: 1-403-987-9119

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OPEN MON., TUES., THURS. 10AM - 5PM
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569-0067 946 - 5TH AVENUE
WHISTLE STOP GALLERY

A Beautiful Selection of Local Arts and Crafts
 Open Daily/at the end of main street

HEARTLAND 569-2285

RESTAURANT HOURS

Book Early For Your X-Mas Party

EXPERIENCED COOK WANTED

Apply with Resume to the Restaurant - Ask for Leslie

Sunday - Thursday 6a.m. to 8p.m.
Friday & Saturday 6a.m. to 9p.m.

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SAVE MONEY BY SHOPPING LOCALLY

Now Available At Big City Prices

Phone for Styles and Pricing Amy Vause 569-0177



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The Center of Real Estate Action in the Robson Valley!!

MARKETPLACE 233 Main Street
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 569-2712

Your Neighbourhood Food Store

DELI Gruyere - 100g...\$3.99
 Honey Basted Turkey Breast - 100g...\$1.99

Mesh Bag Onions - 3 lb bag \$1.59
 Carrots - 3 lb bag \$1.49
 Christies Snack Crackers - Select Varieties \$2.99
 Dare Ultimate Fudge or

Maple Cookies - 550 g \$3.19

Ziplock Sandwich Bags - 125's \$1.99

Berto Olive Oil - 3 L \$18.48

Boneless Pork Shoulder Butt Roast \$1.99 / lb.

Roasting Chicken \$1.89 / lb.

Toupe Ham Halves \$2.49 / lb.

CHECK OUT OUR LINE OF
FROZEN SEAFOOD

BAKERY
 Cheese Rolls - 6 for...\$2.49
 Pie - 6" ...\$2.49