



233 Main Street
McBride, B.C.
569-2712

Your Neighbourhood Food Store

DELI

Pastrami - 100g...\$1.69
Havarti with Dill - 100g...\$1.99

Helmann's Big Squeeze Real Mayonnaise - 750 ml \$3.99
Dare Frostics Pops - 630 ml \$1.99
Royale Paper Towel - Jumbo 6's \$8.99
Rogers Sugar - 10 kg \$9.99
Good Host Iced Tea - 2.35 kg \$9.99

CHECK OUT OUR

MARINATED MEATS

Texan BBQ, Maui, Smokey Mesquite & Rosemary Garlic

BAKERY

Cupcakes - 6 for...\$3.99
Small Kaisers - 12 for...\$2.49

McBride



JENNY'S Shop N Wash

569-0095

Come In And Try Our

NEW "BANANA SPLITS" NEW
and our SLUSHIES - SCREAMERS - MILKSHAKES - HARDICE CREAM

CHECK out our NEW PIZZAS
* BBQ Chicken Pizza *
* Chicken Alfredo Pizza *
* Cheese Burger Pizza *
* Meat Lover's Pizza *

NOW HIRING

*** Friday Night Special ***
FISH & CHIPS
with Coleslaw, Herb Bread & Choice of Fries

B's Internet Cafe
PRESENTS
Age of Mythology
Roller Coaster Tycoon
Lord of the Rings
Harry Potter
(Chamber of Secrets & Prisoner of Azkaban)
& Sim Theme Park
\$2.50 for 30 minutes of Gaming!!!
569-0133

McBRIDE & DISTRICT PUBLIC LIBRARY

Summer Fun Program 2004

Starts July 6, 2004

Tuesday
10:00 - 11:00 Ages 0 - 3 • 11:00 - 12:30 Preschool Ages
1:30 - 3:00 Ages 6 - 10 • 3:30 - 4:30 Ages 10 - 12
7 - 9 Computer Games and Internet
Wednesday
9:30 - 11:30 Ages 6 - 10 • 12:30 - 2:00 Ages 10 - 12
2:30 - 4:30 Teens
Thursday
9:30 - 10:30 Preschool Ages • 11:00 - 12:00 Ages 6 - 10
1:30 - 3:00 Ages 10 - 12 • 3:30 - 4:30 Teens
Friday
9:30 - 11:30 Ages 6 - 10 • 12:30 - 2:00 Ages 10 - 12
2:30 - 4:30 Teens
Saturday
9:30 - 10:30 Preschool Ages • 11:00 - 12:00 Ages 6 - 10
1:30 - 3:00 Ages 10 - 12 • 3:30 - 4:30 Teens
All Are Welcome.



McBRIDE REALTY
CENTER LTD.
277 Main Street
P.O. Box 79
McBride, B.C. V0J2E0

Bus: (250) 569-2719 or 569-2735
Res. - (250) 569-2793
Fax: (250) 569-2787

E-mail: rodgerl@mcbriREALTY.com
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Rodger L. Peterson
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FREE The Little FREE

McBride

Paper



Serving BC's Friendliest Town and Area!!

For the week of Wed., August 18th, 2004

YARD SALES

Yard Sale - Saturday, August 21st - 9:00am till 5:00pm at 816 - 4th Avenue, McBride.

COMMUNITY ANNOUNCEMENTS

Congratulations to Thora (Jane) & Geoffrey Coburn on their 50th Wedding Anniversary, August 7 1954, from all of their friends. The Friday Senior's Carpet Bowling is not happening in August. Resumes again in September.

McBride Community Market, noon to 3pm Fridays, from June 25 to September 10. Support your local producers.

Dunster Farmer's Market - Sat - 10am to noon, Dunster Community Hall, July 10th to Sept. 11th. Call Pete for info: 968-4334.

McBride & District Public Library - Donation Book Sale at the Library Annex All Summer Long come on by and check out the great selection!!!

BIRTHDAY WISHES AUG. 18 - 24

Linda Nelson, Kyle Blangy, Amy Lee Lawrence, Dutch Molendyk, Jessie Littlechild, Jodi Clark, Tyler Niemi, Tim Morris, McKinley Hicks, Steve Stapley, Glen Hooker, Jessica Aspeslet, Jessica Arnold, Laren Scates, Sonia Carmont, Sasha Lewis, Len Downing, Raj Bastan, Laurinda Fuller, Archie McLean, Agnes Esser, Susan Blouin, Dave Turvey, Tammi McFarland, Mabel Moore, Marty Lesieur, Verne Meister, Courtney McCutcheon, and to anyone we missed Happy Birthday.

COMING EVENTS

Thursday, Aug. 19 6-9pm Come "build your own Kebabs" and finish the meal with a fondue dessert! First 20 RSVP. Call the Beaneys 2 BISTRO for reservations at 569-0133. (By donation.)
Thursday August 26th "McBride Rocks" 7 - 9pm.. Come make homemade ice cream on the deck. (I PROMISE it will be better than Canada Day's!!!) Bring a rocker or use one of ours.
FREE Live Music Performances at the Beaneys 2 Bistro on Saturdays from 12:00pm to 1:00pm.

BUY, SELL, RENT & MISC.

For Sale-1995 GMC Z71 1/2 ton ext. cab. All highway miles, no rust, good condition, \$8000. A 1995 8' Adventure Camper, 3 burner stove, 3 way fridge, furnace, toilet, Queen size bed, exc. cond. \$8000. 064 Stihl chainsaw, 26" new bar & chain, \$300. Phone 569-2524.
For Sale-Storm RX Power Wheelchair & Battery. 4 Wheel Walker. Phone 968-4480 or 968-4368 early morning or late evenings.
Wanted-13' to 15' Holiday Trailer. Phone 569-8814.
House For Sale:1650 sq. ft., 3-4 bedroom. 1 1/2 bath, office, new hardwood flooring, large garage and shop with attic, 2 acres with garden by Dore River. Ph: 569-0310.
Wanted-Travel trailer to rent or rent to own, it will be used as an office and sleeping for myself when working on fires. It will be kept in very good shape if you not wanting to sell. Price to rent at around \$50 per day, \$250 per week, \$800 per month or what's your price? If taken I will pay for at least 1 month. Paul 569-2529.
For Sale-Prestigio Jnr. Industrial Pasta Machine, Stainless steel and 3 brass die cuts, Small restaurant or home business. \$1,500.00 obo. 569-0252.
House For Sale-108 acres, Creek, 6 beds, 4 baths (2 en-suite), 2 sitting rooms, dining room, laundry, sauna. Ideal for B&B, Hobby farm, large family, 2 families. Peaceful location. 3 rooms fitted & ready for B&B. \$265,000.00 consider local acreage part trade. 569-2529 or 569-0252.
For Sale-66 Chrysler 300 Sedan. 383 motor. Offers 968-4338.
For Sale-3 Bedroom House. Call (250) 563-5326.
For Sale:2002 Sunfire, 4 DR, Blue, 5 speed, 78,000 km, \$6500.00 / 2003 Sunfire, 4 DR, Gray, Loaded, 6,200 km, \$10,000.00 / 2001 Sunfire 2 DR, 5 speed, Red, 28,000 km, \$6700.00 Phone:569-8830 days, or 569-8863 evenings.
For Sale:1976 Toyota Motorhome A/T., Good Condition, 25 M.P.G. \$25000.00 - (250) 569-0031 / 1969 31 ft. Airstream Trailer Comp. Self Cont. Solar. Cont. Hot Water, Freezer, A/C. \$10,000.00 - (250)569-0031 / 1990 3/4 t. Dodge Diesel 23 m.p.g., A/T., A/C., Good Condition. \$5000.00 - (250) 569-0031.
To place an ad here call 569-3110 or drop info + \$'s at 981-5th Ave. (\$3/week + GST).

Via-Rail Schedule Phone 1-888-842-7245
Going West - Sunday, Tuesday, Wednesday & Friday...2:40pm
Going East - Mon., Thurs., (Fri. 12:20), Sat. ...12:47pm
Seniors (60+) take a friend for free (any age) (in economy class) Nation wide • Kids 0-11 Free with Adult

Important Phone Numbers

EMERGENCY 9-1-1
R.C.M.P. 569-2255
Hospital 569-2251
Health Unit 569-2251
K to 7 School 569-2721
High School 569-2295
Dunster School 968-4414
School District 57 The Little McBride Paper
1-800-256-7857

Report Forest Fires - 1-800-663-5555
Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...
Dial this Number 1st and ask operator to connect you to provincial department.

Take a Break in McBride...B.G.'s Friendliest Town!!

SASQUATCH

Beauty Barn

~I'm Now Back To Work~
Fully Licensed Esthetics
OPEN Thurs. 1-5, Fri. & Sat. 10-5
1102-4th Ave. Call 569-2294 for Appointment

PHYSIOTHERAPY

E. Kim Hammerstedt BPT

246 Main Street, McBride 569-0107

THE LOGGER AND THE LADY

NEW IN

CUSTOM EMBROIDERED
GREETING CARDS

FALL STOCK NOW ARRIVING

MON-THURS 10:30AM - 6:00PM FRI 10:30AM - 6:00PM
569-0077 AFTER HOURS CALL 569-2539



Vanderhoof & Districts
Co-operative
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where high level of customer service is Job One.

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Prince George, B.C. Fax 250-567-4490
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Home 250-963-9011

THINK ABOUT IT...

Egotism is the anaesthetic given by a kindly nature to relieve the pain of being a fool.

Can we help with accommodation?

Bed & Breakfast, RV's & Field Camping,
Evening Meals by reservation.

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Open all year round - 15 km West of McBride on Highway 16
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569-2418

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DEALERSHIP & REPAIR FACILITY

AUTOMOTIVE, SMALL ENGINE &
HEAVY DUTY REPAIRS - PROPANE - DIESEL
Designated Provincial Inspection Facility
for Automotive, Light and Heavy Duty

OPEN Mon.-Fri. 6am-9pm, Sat. & Sun. 7am-9pm
THOUGH OF THE WEEK

Every absurdity has a champion who will defend it.

5TH AVENUE HAIR

CALL VICKI

WE WILL BE CLOSED AUG. 19TH TO SEPT. 9TH
OPEN MON., TUES., THURS. & FRI 10AM-5PM
569-0067 946 - 5TH AVENUE

HEARTLAND

569-2285

RESTAURANT HOURS

Sunday - Thursday 6a.m. to 8p.m.

Friday & Saturday 6a.m. to 9p.m.

Angels say

No river is too wide for an Angel to help you cross.



ANOTHER THOUGH

Experience is what you get when you were expecting something else.

WHISTLE STOP GALLERY

A Beautiful Selection of Local Arts and Crafts
Open Daily/at the end of main street

FANNIE'S RESTAURANT

[ON MAIN STREET]

Krystal's "Awesome" Sundaes \$2.95
(chocolate - caramel - strawberry)

Bryan's "Yummy" Poutine \$6.95
(bacon, peppers, onions, cheddar & mozza)

Need Ice? Bag of cubed ice **ONLY \$2.00**
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250-569-2264

BE FIRE SMART

Protect your home from Wildfires!

Thursday, August 19
6pm-9pm



"Build your own Kebabs" & a Fondue Dessert (By Donation)

Call 569-0133 For Reservations (1st 20)

AND YET ANOTHER THOUGHT OF THE WEEK

In any world menu, Canada must be considered the vichyssoise of nations - it's cold, half-French, and difficult to stir.

STEDMANS

Main St. McBride 569-2415

OUR

"Back to School Sale"

Thursday, Aug. 26th

(Watch For Flyers In The Mail)

CORPORATION OF THE

VILLAGE OF McBRIDE

There will be no ICBC

and M.V. Service for the

Village Office on

Friday August 20th.

Sorry for the inconvenience.

FORRYER PRINTING SIGNS

- TROPHIES
- ENGRAVING
- COLOR SCANNING
- T-SHIRTS
- PHOTO COPIES
- CONFIDENTIAL CARDS
- OCCASIONAL CARDS
- INVITATIONS
- BUSINESS CARDS
- LAMINATING
- BINDING
- AND MUCH MORE
- CHECK US OUT FOR ALL YOUR TROPHY NEEDS



- BANNERS
- SIGN BOARDS
- VEHICLE SIGNS
- MAGNETIC SIGNS
- PLASTIC SIGNS

Store of The Little McBride Paper
Scott & Susan Glines
981-5th Ave.

Ph:569-3110
Fax:569-0220

TRUE OR FALSE?

Can you guess which of the following are true and which are false?
1. Apples, not caffeine, are more efficient at waking you up in the morning.

2. Alfred Hitchcock didn't have a belly button.
3. A pack-a-day smoker will lose approximately 2 teeth every 10 years.
4. People do not get sick from cold weather; it's from being indoors a lot more.
5. When you sneeze, all bodily functions stop, even your heart!
6. 7 per cent of the population are left handed.
7. Forty people are sent to the hospital for dog bites every minute.
8. Babies are born without kneecaps. They don't appear until they are 2-6 years old.
9. The average person over 50 will have spent 5 years waiting in lines.
10. The toothbrush was invented in 1498.
11. The average housefly lives for one month.
12. 40,000 Americans are injured by toilets each year.
13. A coat hanger is 44 inches long when straightened.
14. The average computer user blinks 7 times a minute.
15. Your feet are bigger in the afternoon than any other time of day.
16. Most of us have eaten a spider in our sleep.
17. The REAL reason ostriches stick their head in the sand is to search for water.
18. The only two animals that can see behind themselves without turning their heads are the rabbit and the parrot.
19. John Travolta turned down the starring roles in "An Officer and a Gentleman" and "Tootsie."
20. Michael Jackson owns the rights to the South Carolina State anthem.
21. In most television commercials advertising milk, a mixture of white paint and a little thinner is used in place of the milk.
22. Prince Charles and Prince William NEVER travel on the same airplane, just in case there is a crash.
23. The first Harley Davidson motorcycle built in 1903 used a tomato can for a carburetor.
24. Most hospitals make money by selling the umbilical cords from women who give birth. They are used in vein transplant surgery.
25. Humphrey B! ogart was related to Princess Diana. They were 7th cousins.
26. If coloring weren't added to Coca-Cola, it would be green. They are all true...Now go back and think about #16

SLOPPYGM TOURNAMENT

The Powerhouse Renegades Fall Fair SloPitch Tournament will be August 28 & 29, 6 men / 4 women, \$300 per team, \$1000 first place / based on 12 teams. Deadline to enter team is August 20th, 2004. Contact Sarah Bressette at 569-2409.

ROBSON VALLEY FALL FAIR

Fall Fair Raffle Ticket are now available at Stedmans, Health Heart & Home or the Rose Garden for \$1.00 each or 6 for \$5.00. 1st Prize is a wrought iron sign hanger by Richard Chambers and a Gift Certificate from the Fraser Falcon for Barb Marshall to make a sign. 2nd Prize is a wrought iron plant pot holder & a pot by Richard Chambers. 3rd Prize is a glass etching by Keely Freer. Robson Valley Fall Fair Dance - Saturday, August 28, 2004 in the Rec Center, 8:00pm till the fun is done, or 1:00am (whichever is first). Enjoy a family dance with live music by "Andy & the Blackwater Country". Tickets are: \$15 / Family with children; \$20 / couple; \$10 / Adult; \$7 / Student & Senior. Fall Fair Booklets - Don't forget to pick up your book at Stedmans, Health Heart & Home, Rose Garden and the Train Station. You'll need to get a book in order to fill out your entry for the items, and categories you will be putting in the Fall Fair.

Robson Valley Fall Fair Fashion Show "Fashions From The Valley" Saturday, August 28, 3:30pm in the Rec Center. If anyone has any Sewing you would like to display in the fashion show call Barb Jackson at 569-0344 or 569-0133.

One of our biggest parts of the Fall Fair is the Cheryl Sansom Memorial Trophy. Each year at the Robson Valley Fall Fair, we award a trophy in memory of our friend and long time member of the Fall Fair Association, Cheryl Sansom. The Criteria are Citizenship & Community Service. Do you know anyone who, like Cheryl, made this Valley a better place to live? She always had a cheerful word, and was very involved in the Fall Fair, Minor Hockey, Ball School, events and other organizations. She made our valley a more enjoyable and diversified place to be. If you know anyone like this that you would like to nominate, send a written submission listing this person's attributes by August 25 to the Robson Valley Fall Fair Association, Box 21, McBride, B.C. VOJ 2E0.

CHURCH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street. - Mens, Ladies and children's CLOTHING -Open: Tues. 1:30 - 2:30 - Sat. 10:00 - 12:00 •Dorecas is CLOSED for the summer. Phone 569-3186•New contact for the Foodbank is 569-3225•Seventh-day Adventist Church-Meet Saturdays at 9:30 & 11am. and Wednesdays at 7p.m. Phone: Ph:569-0244•Mennonite Church-Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-3302•Mountain Chapel (PAOC)-Sunday School & Adult Classes-10am, Services-11am. Ph:569-3350•Anglican United Church-441 Dominion Street. Meet Sundays at 9:00 a.m. Phone 569-3206 or 569-3386. Hall Rental contact Dorothy Simpson 569-3343•Evangelical Free Church-Worship Service at 10:30 a.m. Ph:569-2378 or 569-8845 Pastor Dan Carlaw•Robson Valley Christian Centre-Meets in home Sundays 11am. Dunster Ph:968-4335•St. Patrick's Catholic Church-Meets Sundays at 11:00am Ph:569-2606. "Catholic Faith for Adults" inquiry class. Contact Sr. Olive.

Greyhound Bus Schedule McBride Husky 569-2441

Depart to East-9:50am & 2:35am • Edmonton
Depart to West-8:05pm & 5:40am • Prince George
Depart to South-9:50am • Kamloops

Please contact The Little McBride Paper with all coming events, news, trivia, comments, anything!! Ph:569-3110, Fax:569-0220, Write to Box 441, McBride, B.C. VOJ 2E0 or drop off at 981 - 5th Ave. If we don't know about it, we can't write about it!!
Scott & Susan Glines - Oscar & Broom

Take a Break in McBride...B.G.'s Finestest Towa!!

Because of Terry's Illness, we would appreciate Pledges being dropped off at

Stedmans for the Terry Fox Run before September 19th.

Thank You,
Terry & Susan Kolida

Employment Assistance Service
Robson Valley Home Support Society

NEED A JOB?

NEED A WORKER?
Contact Bob Thompson 569-2266

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3. OFFICES SHOP & ACADEMY BASED IN THE TOWN OF McBRIDE.
4. SMALL BUSINESS OFFICE SPACE RENTAL.

E-mail: wildeservices@telus.net

YET MORE THOUGHTS

Once a job is fouled up, anything done to improve it only makes it worse.

No matter what the anticipated result, there will always be someone eager to (a) misinterpret it, (b) fake it, or (c) believe it happened according to their own pet theory.

Health Heart & Home

Health Products, Gifts & Antiques

946 Main Street, McBride, B.C.

Ph: 569-9559



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 - *Vitamins & Minerals*
 - *Bulk Spices*
 - *Bulk Herbs*
 - *Gifts*
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