

## Back for your BACK and all your ACHES & PAINS

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# FREE The Little FREE McBride Paper



Serving BC's Friendliest Town and Area!!

For the week of Wed.. June 9th, 2004

## THANK YOU

We would like to take this opportunity to thank everyone who generously gave their time to support our BC Children's Hospital BBQ & Raffle. Special thanks to Robson Valley Home Hardware, DSD Computers, Glen Frear, Stedmans, Jane Cowburn, Anita Jones, Barb Jack, Matilde Barone, Valenmont CIBC, The Hair Shoppe and Clara Appleby for their generous donations to our raffle. BIG thanks to McBride Bigway for their GENEROUS donations to our BBQ. Thank you to our Grillin' Men: Marc Von der Gonna, Kevin Chinpka & Joe Kolidia also to Dr. Jackson for taking time to stop by. David Appleby thank you for being our BBQ delivery guy. Thanks also to Linda & Darian Niblett for commanding the bun & pop stations, you were great. Thanks to all of you, the Scotiabank staff and the overwhelming support of the community, we were able to raise \$2910.23 for the BC Children's Hospital. Congratulations to raffle winners: Adriana Caputo - 1st Prize, Colton Taphorn - 2nd Prize, Sherry Willisie - 3rd Prize and Jared McLennan - 4th Prize. We'll see you next year. . . Rosina & Fran, Scotiabank BC Children's Hospital Co-ordinators 2004.

## COMMUNITY ANNOUNCEMENTS

**On Friday, June 4th** 4 guys from Burns Lake had their Air Conditioning Pump pack it in around Dome Creek. They were heading to Calgary to join the block party on 17th Ave. watching the big Hockey game. The guys were picked up by Blain Davis from P.G. in his SUV and their vehicle was towed to McBride for repairs. Blain is working in Valenmont so he offered to let the guys take his SUV to Calgary so they wouldn't miss the game. Anyone who would like to help with anything for the guys can contact Blain at 250-614-3369.

**Books, BBQ & Bargains** at the McBride & District Library Building Fund Raiser, 2 - 9pm on Friday, June 25 and 9am - 5pm on Saturday, June 26. All donations welcome. Call Margaret at 569-2411.

**McBride Community Market**, noon to 3pm Fridays, from June 25 to September 10. Support your local producers.

**Wednesdays, 10:00 - 11:30 am**, until June 16. Mother Goose Program for Parents-Infants/Toddlers at the McBride Library Annex. For more info, call Margaret at 569-2411.

**Community Badminton** - McBride Secondary School every Wednesday 7:00 - 9:00 p.m. Must supply your own racquet. Open to all ages (FREE).

## THINK ABOUT IT...

To be intoxicated is to feel sophisticated but not be able to say it.

## SENIORS COMING EVENTS

**June 9th** - 2pm. Birthday Tea at the Beaverview Lodge.  
**June 15th** - Lunch - Noon at Jenny's Shop N Wash  
**June 24th** - Thursday. Trip to Mt. Robson & have Lunch. Leave 10 a.m. back at 2pm. 10% off Lunch. No charge for bus - Everyone is Welcome!!!  
**June 30** - Pot Luck at Noon - Beaverview Lodge.

## CHURCH NEWS N' TRINGS

**Anglican United Church - Downtown Thrift Store** on Dominion Street. - Mens, ladies and children's clothing. -Open: Tues. 1:30 - 2:30 - Sat. 10:00 - 12:00-Doreas is OPEN Tuesdays from 1-3pm. Phone 569-3186-New contact for the Foodbank is 569-3225-Seventh-day Adventist Church-Meet Saturdays at 9:30 & 11am. and Wednesdays at 7p.m. Phone: Ph:569-0244-Mennonite Church-Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-3302-Mountain Chapel (PAOC)-Sunday School & Adult Classes-10am, Services-11am. Ph:569-3350-Anglican United Church-441 Dominion Street. Meet Sundays at 9:00 a.m. Phone 569-3206 or 569-3386. Hall Rental contact Dorothy Simpson 569-3343-Evangelical Free Church-Worship Service at 10:30 a.m. Ph:569-2378 or 569-8845 Pastor Dan Garland-Robson Valley Christian Centre-Meets in home Sundays 11am, Dunster Ph:968-4335-St. Patrick's Catholic Church-Meets Sundays at 11:00am Ph:569-2606. "Catholic Faith for Adults" inquiry class. Contact Sr. Olive.

Via-Rail Schedule Phone 1-888-842-7245

Going West - Sunday, Wednesday & Friday...2:40pm  
 Going East - Monday, Thursday, Saturday...12:47pm  
 Seniors (60+) take a friend for free (any age)  
 (in economy class) Nation wide

## Important Phone Numbers

EMERGENCY ..... 9-1-1  
 R.C.M.P. .... 569-2255  
 Hospital ..... 569-2251  
 Health Unit ..... 569-2251  
 K to 7 School ..... 569-2721  
 High School ..... 569-2295  
 Dunster School ..... 968-4414  
 School District 57 .....  
 1-800-256-7857  
 569-3110

Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ... Dial this Number 1st and ask operator to connect you to provincial department

Take a Break in McBride...B.C.'s Friendliest Town!!

## HEARTLAND RESTAURANT HOURS

569-2285

Sunday - Thursday 6a.m. to 8p.m.

Friday & Saturday 6a.m. to 9p.m.

## THE HAIR SHOPPE

803 3rd Ave. - side entrance  
 569-3359 We Carry JOICO Supplies

## NADINE SHOWAR

25 Years Experience  
 \*Bookkeeping & Payroll\*  
 (Manual & Computerized)  
 \*General Office Services \* Business Plans\*  
 \*Office Temp Service\*  
 \*GST, Receiver General Remittances\*  
 \*Income Tax Returns\*  
 For appointment Call 569-2503

**RETAIL BUSINESS FOR SALE**  
**Odds & Ends - Main St., McBride**  
**569-2645**

## SASQUATCH Beauty Barn

Fully Licensed Esthetics

## GRADS

Book your Appointments Now for  
 \*Make-up - \$25.00 \*Gel Nails - \$55.00  
 \*Acrylic - \$50.00  
 OPEN Thurs. 1-5, Fri. & Sat. 10-5  
 1102-4th Ave Call 569-2294 for Appointment

## Angels say

Embrace the day that is before you because we are always there to guide you.

## WHISTLE STOP GALLERY

A Beautiful Selection of Local Arts and Crafts  
 Open Daily/at the end of main street

## PHYSIOTHERAPY

E. Kim Hammerstedt BPT  
 246 Main Street, McBride 569-0107  
 COMMUNITY DEVELOPMENT  
 PROJECT COORDINATOR

Skilled, motivated individual required to promote and market McBride and area including the operation of the info-centre. Additional information available at

McBride Village Office.

Submission deadline June 18, 2004 at 4:00pm  
 Avoid the last minute scramble in the fall and the upcoming price increase in August. Split dry cords of Fir and Spruce available all summer. U pick up or Delivery. 569-8850

## B<sub>2</sub> JOKE WEEK

June 9th to 16th  
 569-0133 If you bring in a good joke that we haven't heard and it makes us laugh you will get a free drink of your choice.

The Village of McBride is accepting applications for a part-time summer outside job at \$8/hour. If interested, drop off resumes at the Village Office.

## THE LOGGER AND THE LADY

## NEW STOCK NOW IN

- \* KNIVES \* BASEBALL CAPS \*
- \* ORANGE COUNTY CHOPPER \*
- \* ENGLISH BAY T-SHIRTS \*
- (100% POLYESTER)

MON-THURS 10:30AM - 6:00PM FRI 10:30AM - 6:00PM  
 569-0077 AFTER HOURS CALL 569-2539

## McBride Old Fashioned Broom Factory

Beautiful Hand Crafted Brooms  
 Add pleasure to your sweeping chores VISA  
 5 Km West, on Lamming Pit Road 569-2377

## 5TH AVENUE HAIR

CALL VICKI

OPEN

MON., TUES., THURS. & FRI 10AM-5PM  
 569-0067 946 - 5TH AVENUE



## McBRIDE REALTY CENTER LTD.

277 Main Street  
 P.O. Box 729  
 McBride, B.C. V0J 2E0  
 Bus: (250) 569-2719 or 569-2735  
 Res. - (250) 569-2793  
 Fax: (250) 569-2787  
 E-mail: roderg@mcbriderealty.com  
 www.mcbriderealty.com



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 Owner / Agent

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 Co-operative  
 Association

**DRIVER SALES REPRESENTATIVE**  
 For Commercial and Farm Personal Contact where high level of customer service is Job One.

## Delivering Fuel East to McBride

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 Home 250-963-9011  
 Vanderhoof Head Office  
 Phone 250-567-4488  
 Fax 250-567-4490  
 Cell 250-565-8436



233 Main Street  
 McBride, B.C.  
 569-2712

Your Neighbourhood Food Store

Beer, Hunter or Summer Sausage  
 100g...\$1.29

## 10% OFF

All Bedding Plant & Hanging Baskets  
 Our Compliments Croustons - 145g..... \$1.99  
 Green Onions - 1 bunch ..... \$2.99 / lb.  
 Frozen Ling Cod Fillets..... \$2.99 / lb.  
 Pork Butt Steak - Family Pack ..... \$1.99 / lb.  
 Pork or Breakfast Sausage..... \$2.29 / lb.  
 Sunlight Dish Soap - 1.5 L ..... \$4.99  
 Ultra Downy - 1.8 L ..... \$9.99  
 Rogers White Sugar - 10 kg ..... \$9.99

## BAKERY

Butter Tarts - each...\$ .79  
 Cinnamon Straws - each...\$ .79



## JENNY'S Shop N wash

McBride  
 569-0095

NOW HIRING - Apply Within

Come In And Try Our

SLUSHIES - SCREAMERS - MILKSHAKES - HARD ICE CREAM  
 \* Friday Night Special \*  
 Spaghetti  
 with Caesar Salad & Garlic Toast

## NAME & LOGO CONTEST

FOR UPCOMING  
 WOOD WINDOWS MANUFACTURING FACILITY  
 IN McBRIDE

PRIZE: \$100.00 FOR BEST ENTRY  
 Name must be accompanied by tasteful, transferrable artwork which reflects community values and high quality workmanship. It is preferred that the name and logo incorporate a significant geographical feature specific to our location. (I.E. Mt. Robson)

To be eligible for the prize, entrants must be prepared to transfer all ownership of the entry to Profor Management Inc. without condition.  
 The entry will be used or modified at the company's discretion for the purpose of conducting business.

Contest closes, Friday June 15, 2004.  
 Entries can be mailed to P.O. Box 355, McBride or E-Mailed to dgmontro@telus.net on or before the closing date.  
 For more information call 569-0090



**FANNIE'S RESTAURANT**  
**\* Mid Week Special \***  
**2 FOR 1 DEAL OUTLET DINNER**  
**\$10.95**  
**Tues., Wed., Thurs.**  
 Good until June 15th, 2004 - Bring in this Coupon!  
**Now Open Mon-Sat 9am-8pm**  
 569-0189  
**DSD Computers**  
 289 MAIN STREET  
**NOW SELLING HOTDOGS**  
**\*\*\*NEW RELEASES\*\*\***  
**\* Mystic River \***  
**\* Along Came Polly \***  
 Mondays are \$1.49 days for all VHS & DVD Rentals  
**OPEN Monday - Saturday 10-8 \* Sunday 12-7**

**Advantage Insurance Services Ltd.**  
 Rosemary L. Hruby, CAIB  
 250-569-2264

**Ask us about NEW RESTRICTIONS on Underground or Older Oil Tanks.**

**THIS TENDER IS BEING RE-ADVERTIZED. INTERESTED PARTIES ARE ENCOURAGED TO RESPOND.**  
 The Village of McBride invites sealed tenders for the following work/services:

Janitorial services for the Robson Centre Office Complex consisting of approximately 10,000 sq. ft. Sealed tenders, completed in accordance with the Robson Centre Janitorial Service Contract on the forms provided, will be received by the Village of McBride at 100 Robson Centre, McBride BC, until 13:00 hrs. (local time) on **THURSDAY, JUNE 24, 2004**, when tenders will be opened in public. Fax submissions may be sent to (250) 569-3276. The lowest or any tender will not necessarily be accepted.

A pre-tender meeting has been scheduled for Friday, June 18, 2004 @ 1:30 p.m. Tender documents are available between the hours of 8:30 a.m. to 4:30 p.m. Monday to Friday from the Village Office.

For further information contact  
 Laird Irvine, Administrator,  
 Village of McBride  
 P.O. Box 519, McBride, B.C. V0J 2E0  
 Phone (250) 569-2229  
 E-mail laird@mcbridebc.com

**Wahoo Enterprises**

**820-1<sup>st</sup> Ave., McBride, BC Phone (250)569-0320**  
 Website: <http://www.wahoointerprises.ca>  
 Email: [info@wahoointerprises.ca](mailto:info@wahoointerprises.ca)

**Hunters: Deadline for getting your LEH's in to Victoria is June 16!**

**New fishing and hunting gear arriving every week. Come and check it out!**  
 Open 7 days a week.

**TWILIGHT SPECIAL DEER MEADOWS GOLF RESORT**

EVERYONE IS WELCOME TO:  
 TUESDAY NIGHT - LADIES NIGHT  
 WEDNESDAY NIGHT - MEN'S NIGHT  
 THURSDAY NIGHT - OLD TIMERS NIGHT  
**569-0191**  
**[CAFE IS OPEN]**

**Bush Medic WILDE SERVICES FIRST AID**  
 For Remote & Industrial Operations  
**250 569 2529**  
**1 877 5 MEDICS**

Box 138  
 McBride, BC.  
 V0J 2E0  
 E-mail: [wildservices@telus.net](mailto:wildservices@telus.net)  
 ⇒ Forestry & Fire Fighting  
 ⇒ Logging & Indus try  
 ⇒ Highways & Paving  
 ⇒ Oil Patch & Remote Ops  
 ⇒ Recreation & Development

**Variety Night**

The Grad 2004 students will be hosting a Variety Night at 7:00 p.m. on Wednesday, June 16th at the McBride Secondary School as part of their "After Grad" fundraiser. Come out and see performances by people in our community. We are looking for local talent, so if you are interested in being part of our show, call Alesha Kelley at 569-3364 or Susanne Pepper at 569-3301 for more info. Registration forms can be picked up at the McBride Secondary School. Deadline to register is Monday, June 14th. Cost for the show will be: Family \$12.00 (max. 4) Adult \$5.00, Student/Senior \$3.00 and children under 5 free. There has always been a lot of great talent and tickets sell out fast so make sure you pick up your tickets at Stedmans or at the McBride Secondary School as there may not be tickets available at the door.

**RICK HANSON WHEELS IN MOTION**

**Roll for Hope.** Presented by Scotiabank. Wheel, Bike, Skate, Run with us on Sunday, June 13 to help people with spinal cord injuries. Support research for a better tomorrow, and quality of life programs for a better today. Village Park Pavilion - Registration at 1:30pm, start at 2:00pm. We are having a raffle at the Bank with 4 separate prizes. Home Depot gift card \$100, autographed book, autographed poster and Roll for Hope T-shirt. \$1/ticket. Draw will be Sunday after the event. We are selling Roll for Hope T-shirts at the Bank for \$10 donation. Pledge sheets are at the Schools, Bank and Village Office (to be returned on Sunday or soon after to the Bank). There is a contest for the most dollars pledged with prizes for Elementary, Highschool students and adults. The routes (short and long) will be down 2nd Ave. from the Pavilion through to Eddy Rd. with Water Break provided by Home Hardware. Anyone wishing to help out please contact Vanessa or Christine.

**COMING EVENTS**

**Robson Valley Fall Fair** would like to remind all community organizations to reserve space for their info booths at the Fair. Please contact Mary Hooker at 569-2639.

**Ozalenka Alpine Ski Club** is sponsoring a hike at the West Twin Old Growth Area on Sunday, June 13. We will meet at the Beanery 2 parking lot at 2:00pm. It will be an easy hike of about 1 hour. For more information call David Marchant at 569-2569. Everyone is welcome.

**YARD SALE** - June 12th & 13th #1-1095 Dyke Road, plus other families in Dor-Val Mobile Home Park. Weather permitting. Time 10am. to 2p.m.

**BIRTHDAY WISHES JUNE 9 - 15**

Kaleb Bouvier, Kelly Vizza, Kassi Taylor, Danny Smith, Glen Salt, Lorraine Torngalson, Fernando Vecchio, Brenna Pepper, Daylene Bodarchuk, Trevor Hicks, Marc Lavigne, Marty Hickey, Jayden Flynn, Deanna Beer, Ayanma Seny, Ray Thiessen, Quinto Vizza Jr., Michelle Bailey, Tanisha Teering, Mikala Rollinson, Gail Mason, George Lipke, Joann Osterberg, June Vandemark, Kim Hammerstedt, Aaron Starlund, Dave Murin, Robin Howe, Connie Gainer, Cameron Charmichael, and to anyone we missed Happy Birthday. Special Birthday Wishes to Mike Zivce, from your family & friends.

**BUY, SELL, RENT & MISC.**

**Free Kittens**, ready to go, litter trained. Phone 569-2387. **House For Sale:** 1650 sq. ft., 3-4 bedroom. 1 1/2 bath, office, new hardwood flooring, large garage and shop with attic. 2 acres with garden by Dore River. Ph: 569-0310. **For Sale:** 1990 Oldsmobile 88 Royale, Good condition, extra set of winter tires and rims, excellent gas. Phone 569-0321. **For Sale:** Silver Male Toy Poodle, 8 weeks old, has 1st shots, Dewormed, Tail Docked, Dewclaws Removed, Tattooed, Registered, \$500. Black Toy Poodle, Female, 3 years old \$500. Silver Toy Poodle, Male, 2 years old \$500. Phone 250-566-0016. **For Sale:** Solar Panel. Call Raymond at 569-8820. **For Sale:** 1984 Sunbird Convertible, good condition. \$3000.00. Youth Saddle, good condition. \$350.00. Oak Cupboard Bottom. Doors, Drawers 64" long. \$250.00. Smaller older fridge, good working order. \$200.00. Please phone 569-0033 for more info. **For Sale:** 2003 KDX 220 Kawasaki Motorcycle. Asking \$3500.00. Phone 569-0303. **For Sale:** Men's RH Golf Clubs, cavity back, in good condition, includes 2 metal woods, irons, putter and bag. \$100.00 obo Ph: 569-0078 / Wanted to buy - Oil Tank, prefer 150 to 200 size, must be in good condition. Ph: 569-0078. **For Sale:** Wood Fireplace Insert, 24" deep, comes with 2 blowers. \$500. Used Washing Machine \$100. 1989 Ford F150 ext. cab. Comes with canopy, standard transmission, cruise control and air conditioning. \$2500 obo. Phone 569-0228 (evenings only). **For Sale:** 30 HP K&C Thermoglass boat model K-143, Mariner Motor, Titl Trailer. \$1,500 firm. 8N Tractor, Attachments, 2 Mannals. \$3,000 firm. Phone 569-3139. **For Sale:** Washer & Dryer \$200 each. Couch & Love Seat \$200 each Ph: 569-0377. **4 Bedroom** house & 5+ acres For Sale. Large heated shop within 4km of McBride. Phone 569-2575. **For Sale:** 2004 Sunfire Sporter, 5spd, sunroof, CD, 14000km, \$9900.00. 9.9 Mercury short shaft outboard motor, like new, \$1650.00, 2001 F150 St. Cab A/C Cruise 2x4-\$7500.00, 8 acres inside Village-\$27,000.00, New house on 1.2 acres on Airport Road-\$129,900.00, 1.2 acre serviced lots on Airport Road-\$19,500.00, fuel tanks with stands \$200.00 each. Phone 569-8830 days, 569-8863 evenings. **For Rent:** 3 Bedroom House. Call 569-2531 Evenings. **House For Sale** on 3rd Avenue. Phone 569-2531. **To place an ad here call 569-3110 or drop info + \$'s at 981-5th Ave. (\$3/week + GST).**

**Greyhound Bus Schedule** **McBride Husky 569-2441**  
 Depart to East-9:50am & 2:35am • Edmonton  
 Depart to West-8:05pm & 5:40am • Prince George  
 Depart to South-9:50am • Kamloops

Please contact **The Little McBride Paper** with all coming events, news, trivia, comments, anything!! Ph: 569-3110, Fax: 569-0220, Write to Box 441, McBride, B.C. V0J 2E0 or drop off at 981 - 5th Ave. If we don't know about it, we can't write about it! Scott & Susan Glines - Oscar & Broom

**Take a Break in McBride...B.G.'s Friendliest Town!!**

**OPEN 24 HOURS**  
 Aquafina Water  
 6 x 710 ml  
 @ \$2.99 + dep.  
**Pepsi Products**  
 591 ml  
**2 for \$2.22 + dep. & tx.**  
 (when you buy 2)  
**Nestle Single Bars**  
**2 for \$1.69 + tx.**  
 (when you buy 2)  
**Husky**  
 569-2441

**Health Heart & Home**  
 Health Products, Gifts & Antiques  
 946 Main Street, McBride, B.C.  
 Ph: 569-9559  
**\*Antiques\*** **\*Gifts\***  
**\*Vitamins & Minerals\***  
**\*Bulk Spices\*** **\*Bulk Herbs\***  
 OPEN Daily till 5:30pm Friday till 6:00pm

**GRAD GIFTS**  
 For that Special Someone!  
**Jewellery & More**

CALL TO BOOK APPOINTMENTS FOR  
 Margri Iseli - Bowen Technique, Reflexology & Relaxation Massage  
 Deb Cochara - Reiki, Ear Candles & Aromatherapy  
 Deb Laddner - Herbalist, Herbalist & Reflexology

**Employment Assistance Service**  
**Robson Valley Home Support Society**  
**NEED A JOB?**  
**NEED A WORKER?**  
 Contact Bob Thompson 569-2266  
 Funded by the Government of Canada  
 Canada

**R N R Recreation**  
 Ride N Hide  
**ATV Rentals & Tours**  
 569-2354 1-877-868-7288  
**Parts - Repairs**

**CSC-ASC Certified ATV Instructor**  
 ~Safety Courses Now Available~  
 Important Notice to all residents residing between Dunster and Dome Creek

In early June the McBride and area Industrial Adjustment Committee will be conducting a Skills Inventory Assessment Survey for all residents in the area from Dome Creek to Dunster. The survey will be done door-to-door by students from the University of Northern British Columbia and will commence on the week of June 1st.

Every household from Dome Creek to Dunster will have been mailed a one page information notice, answering a wide range of questions about the survey, including what the survey is about, why it's being done, the type of questions that will be asked and when and where the results of the survey will be made available.

The main goal of the Skills Inventory Assessment Survey is to help identify the skills, education, experience, and local interests of the workforce in the McBride area.

The information received from the survey could be used in a number of ways. One important way is the Village of McBride and Regional District could use the information to help in identifying specific economic and community priorities. In addition, the information could support requests for grants and other resources to improve education and training opportunities for residents.

The McBride Industrial Adjustment Committee would like to thank you in advance for your participation in this survey.

If you would like to find out more information about this survey please call the Robson Valley Home Support Office at 569-2266. The Industrial Adjustment Committee is funded by Human Resources and Social Development Canada.