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**Delivering Fuel East to McBride**

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250-567-4490  
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Home 250-963-9011  
Cell 250-565-8436



233 Main Street  
McBride, B.C.  
569-2712

**DELI**  
Your Neighbourhood Food Store

European Back Bacon - 100g...€.99  
Montreal Smoked Beef Brisket - 100g...\$1.69  
SoNice Soyganic Vanilla Milk - 1.89L.....\$3.79  
Fresh Gourmet Cheese & Garlic Croissants ..... \$1.99  
Fresh Gourmet Garden Herb Croissants ..... \$1.99  
Freshana Potato Fix'ns - 37g..... €.99  
Minute Maid Frozen Orange Juice - ..... \$1.09  
Kraft Dinner ..... €.89 each  
Green Giant Vegetables - Select Varieties..... €.99  
Boneless Toupie Ham..... \$1.89 / lb.  
Boneless Skinless Chicken Breast - ..... \$4.49 / lb.  
Family Pack ..... \$4.49 / lb.  
Boneless Pork Loin Chops - ..... \$4.49 / lb.  
Family Pack ..... \$4.49 / lb.

**BAKERY**

Italian Bread - 450g...€..99  
Country Brown Bread - 450g...\$1.99

McBride



**JENNY'S Shop N Wash**  
We Now Have  
569-0095

**ICE CREAM CONES & MILKSHAKES**

\* **Friday Night Special \***  
**3 Piece Chicken Dinner**  
with Potato Salad & Fries of your choice

**R N R Recreation**  
Ride N Hide



**Sled & ATV**

**Rentals & Tours**

569-2354 1-877-868-7288  
Parts - Repairs - Avalanche Gear

**Bush Medic WIDE SERVICES**

**FIRST AID**

For Remote & Industrial Operations  
**250 569 2529**  
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Rescue  
⇒ Forestry & Fire Fighting  
⇒ Logging & Industry  
⇒ Highways & Paving  
⇒ Oil Patch & Remote Ops  
⇒ Recreation & Development



**McBRIDE REALTY**  
CENTER LTD.

277 Main Street  
P.O. Box 729  
McBride, B.C. V0J 2E0  
Bus: (250) 569-2719 or 569-2735  
Res. - (250) 569-2793  
Fax: (250) 569-2787  
E-mail: rodder@mcbriderealty.com  
www.mcbriderealty.com  
Rodger L. Peterson  
Owner / Agent



The Center of Real Estate Action in the Robson Valley!:

**THE MIND OF A  
CHILD**

A grandmother was surprised by her 7 year old grandson one morning. He had made her coffee. She drank what was the worst cup of coffee in her life. When she got to the bottom, there were three of those little green army men in the cup. She said, "Honey, what are these army men doing in my coffee?" Her grandson said, "Grandma, it says on TV - The best part of waking up is soldiers in your cup!"

**FREE The Little FREE**

**McBride**

**Paper**



Serving BC's Friendliest Town and Area!!

For the week of Wed., April 28th, 2004

**FAMILY MOVIE NIGHT**

Family Movie Night at the Evangelical Free Church, Friday, April 30 7:00p.m. A Hallmark Hall of Fame Film... "Sarah, Plain and Tall" starring Glenn Close and Christopher Walken. A frontier story of a widower and his 2 children adjusting to life with a mail order bride. FREE Admission.

**COMMUNITY ANNOUNCEMENTS**

McBride Secondary School 2003-04 - Term 3 Honour Roll.  
Grade 8 - Kaylee Carr, Kerry McNaughton, Maria Vogel, Nicole VonderGonna, Brimley Wall. Grade 9 - Riley Hicks. Grade 10 - Ashley Chuupka, Reece Forster, Mark McNaughton, Adam Roth, Becca Thompson, Clarisse Vogel. Grade 11 - Ashley Beer, Matt Staub, Holger Thiess, Mark Trask. Grade 12 - Gary Brandt, Sarah Bressette, Crystal Cole, Carmen Hunter, Allison Kraby, Kendra Lipke, Jeffrey McNaughton, Susame Pepper.  
Wednesdays, 10:00 - 11:30 am, until June 16. Mother Goose Program for Parents-Infants/Toddlers at the McBride Library Annex. For more info, call Margaret at 569-2411.

The One the Only McBride Community Market Meeting of 2004 May 12th 2004, 11:00 a.m. at the Old McBride Creda Office. Contact Sharlin Rowley at 569-3147. Come Out and Support Your Community.  
**Robson Valley Slo-Pitch League Registration** - This season we will be running two leagues, a competitive and non-competitive league. To play in either league you must be 14 (January 1, 2004) and over.

**Competitive League** - League will run every Thursday evening. League will run as it has in the past. Team Captains register their team based on 6 men and 4 woman (minimum). Entry fee will be \$300.00. Year-end tournament middle of July.

**Non-Competitive League** - This league will be organized to encourage players young and old to learn the game and have fun! Individuals can register by paying \$25.00. Teams will be made up using the draw system (spouses or friends can request to play on the same team). Teams based on 6 men and 4 woman (depending on registration). League will run every Tuesday evening.

To register or get more info call the following people by Thursday, April 29th. Competitive League: call Sarah Bressette at 569-2409. Non-Competitive League: call Kathy Molendyk at 569-3239. Everyone is welcome to come to the meeting on Thursday, April 29, 7:00 p.m. High School to get more information etc.  
**Robson Valley Junior Academy** - Spring is springing, plants are growing! R.V.J.A.'S Annual Plant sale is coming! Mark your Calendars for Mother's Day Sunday May 9th! Watch for more details closed to sale day.

Anyone interested in donating items/gift certificates to our BC Children's Hospital annual BBQ/raffle please contact Fran or Rosina before May 1, 2004 at the Scotiabank @ 569 2241.

**Community Badminton** - McBride Secondary School every Tuesday - 7:00 - 9:00 p.m. Must supply your own racket. Open to all ages (PREED).

**BUY, SELL, RENT & MISC.**

**For Sale-Bunk Beds.** Black steel frame, bottom double, top single, built in ladder, comes with mattresses, As new. \$250.00. 2 Twin Beds, box springs & mattresses and metal frame as new. \$250.00 Phone:569-0191\*\*4 Bedroom house & 5+ acres For Sale. Large heated shop within 4km of McBride. Phone 569-2575\*\*For Sale-1993 Mazda B-2600i, 4x4 with Canopy. \$3800. Ph:569-0288\*\*For Sale-7 piece Pine Bedroom Suite, Queen size includes box spring & mattress, \$1000.00 obo. 48" BC Coast Red Cedar Burl \$500.00 obo. 4 New Solid Core Red Cedar Doors with Frames - Offers: Craftsman 10" Radial Arm Saw built into a heavy rip bench \$500.00 obo. 4 New Solid Core Red Cedar Doors with Frames - Offers: Phone 569-3320\*\*For Sale-8 acres inside Village-\$27,000.00, New house on 1.2 acres on Airport Road-\$129,900.00, 1.2 acre serviced lots on Airport Road-\$19,500.00, 653 Bobcat with bucket & forks-\$8500.00, fuel tanks with stands-\$200.00 each, Phone 569-8830 days, 569-8863 evenings.\*\*House For Sale-102 Dominion Street, \$35,000. Phone 569-2277\*\*For Rent-3 Bedroom House. Call 569-2531\*\*To place an ad here call 569-3110 or drop info + \$'s at 981-5th Ave. (\$3/week + GST).

Phone 1-888-842-7245

Going West - Sunday, Wednesday & Friday...2:40pm  
Going East - Monday, Thursday, Saturday...12:47pm  
Seniors (55+) take a friend for free (any age)  
(in economy class) Nation wide

**Important Phone Numbers**

EMERGENCY ..... 9-1-1  
R.C.M.P. .... 569-2255  
Hospital ..... 569-2251  
Health Unit ..... 569-2251  
K to 7 School ..... 569-2721  
High School ..... 569-2295  
Dunster School ..... 968-4414  
School District 57  
1-800-256-7857

1-800-256-7857  
Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...  
Dial this Number 1st and ask operator to connect you to provincial department

**Take a Break in McBride...B.C.'s Friendliest Town!**

McBride Old Fashioned Broom Factory  
Beautiful Hand Crafted Brooms  
Add pleasure to your sweeping chores  
5 Km West, on Lamming Pit Road  
569-2377



569-0133  
Saturday 7am - Via Train Departs  
Guest Chefs from the Hospital cooking from the NEW Hospital Staff Cookbook. Cookbooks will also be on sale.

**Fall Fair Booklet Cover Contest**  
Enter your 8" wide x 5" high design with a theme of The 90th Anniversary Of The Completion Of The Railroad Through The Robson Valley and win a return trip for two to McBride to Jasper. See posters around town for more details.

**SASQUATCH**

**Beauty Barn**

Come in and get Spruced Up for Spring  
OPEN Thurs, 1-5, Fri. & Sat. 10-5  
Fully Licensed Esthetics  
1102-4th Ave Call 569-2294 for Appointment

**SUSANNE'S HATCHING**  
**Chicks For Sale - LOCALLY RAISED**  
Phone 569-3301

Avoid the last minute scramble in the fall and the upcoming price increase in August. Split dry cords of Fir and Spruce available all summer. U pick up or Delivery. 569-8850

Well Woman's Clinic is now offered by a Registered Nurse at the McBride Hospital.

For appointments or information please call the Hospital at 569-2251, Ext. 200

**PRIVATE DANCE LESSONS**  
Fox trot, waltz's, jive, 2-step, polka, etc.  
Nadine Shovar @ 569-2503

**INCOME TAX RETURNS**  
Linda Fry  
569-0138  
year around service and support convenient location

e-file available for faster refunds licenced, insured, registered with CCRA  
**Mobile home pads for rent in Riverbend Mobile Home Park.** Riverbend Road, off Ziedler Drive. 5 minutes west of McBride. quiet treed sites, close to Dore River. RVs welcome.  
Phone 968-4375

**FOR SALE**  
14' Aluminium Gravez Box w/Hoist. \$1250.00  
Phone 569-2474

Angels say if they could wish, their wishes would not be for what we would do, but for what we would be in the midst of blessing as well as misfortune.

**5TH AVENUE HAIR**

**CALL VIKI**

ODEN MON., TUES., THURS. & FRI 10AM-3PM  
569-0067 946 - 5TH AVENUE

**WHISTLE STOP GALLERY**  
A Beautiful Selection of Local Arts and Crafts  
Open Daily/at the end of main street

**HEARTLAND RESTAURANT HOURS**  
569-2285

**Sunday - Thursday 6a.m. to 8p.m.**  
**Friday & Saturday 6a.m. to 9p.m.**

**PHYSIOTHERAPY**  
E. Kim Hammerstedt BPT  
246 Main Street, McBride 569-0107

**NADINE SHOVAR**  
25 Years Experience  
**\*Income Tax Returns\***

\*Bookkeeping & Payroll\*  
(Manual & Computerized)  
\*General Office Services \* Business Plans\*  
For appointment Call 569-2503

**THE HAIR SHOPPE**  
803 3rd Ave. - side entrance  
569-3359 We Carry JOICO Supplies



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Rosemary L. Hruby, CAIB

250-569-2264

**Ask us about  
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on Underground or Older  
Oil Tanks.**



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**AUTOMOTIVE, SMALL ENGINE &  
HEAVY DUTY REPAIRS - PROPANE - DIESEL  
Designated Provincial Inspection Facility  
for Automotive, Light and Heavy Duty**

**ICED CAPS  
Are Back**

569-2418

Mon.-Fri. 6am-8pm, Sat. 7am-8pm, Sun. 7am-7pm

**SUMMER EMPLOYMENT OPPORTUNITY  
STEPPING STONES CHILDREN'S CENTRE**

Stepping Stones Children's Centre is accepting resumes  
for 2 student positions for the summer.

Successful candidates must:

- \* be 19 years of age.
- \* have attended school in the year 2004 and plan to return to further education in the next academic year.
- \* must undergo and be successful in a criminal record check and medical check.

\* be energetic and enjoy working with children.

Preference will be given to those who have previous child care experience and carry a valid first aid certificate.

Earliest Possible Start Date: May 14th

Please apply in person or by mail to:

Beth Merryless, Supervisor

Stepping Stones Children's Centre

942 3rd Avenue

Box 430, McBride, BC V0J 2E0

Faxed resumes will be accepted at 250-569-2200.

## HELP WANTED

The McBride Info Centre is looking for a responsible student to work in the Info Centre as a Visitor Information Counsellor,

May 21st - August, 2004.

Super Host and the Visitor Information Counsellor Course is an asset, but we will train if necessary.

Please apply at the Village of McBride Office or call 569-2229 for more information.

## DEER MEADOWS GOLF RESORT

**YES, WE'RE OPEN!**

WINTER RULES APPLY UNTIL

THE END OF APRIL.

CAFE OPENING MAY 1ST.

FOR INFO CALL 569-0191

## Number Cruncher Accounting Services

Amy Vause

569-0171



**Income Tax Returns**

**Personal & Small Business**

**Ask about Instant Refund!!!**

**DSD**

569-0189

**Computers**



50% OFF  
Selected  
Dollar  
Store  
Items

289 MAIN STREET

**AFTER HOURS**

**MOVIE DROP BOX NOW AVAILABLE**

\*\*\*NEW/RELEASES\*\*\*

\* Big Fish \*

\* Love Actually \* Stuck on You \*

Mondays are \$1.49 days for all VHS & DVD Rentals  
OPEN Monday - Saturday 10-8 \* Sunday 12-7

## TO A FRIEND

It is with a sad heart that we were not able to coincide our schedules to be able to get together for tea and continue our discussions about how to fix all that is wrong in the world. These are talks that I do miss having, and now it is too late. Teresa, I shall remember you always. I guess the old adage "Don't put off till tomorrow what you can do today", and "Stop and smell the roses" are hard lessons to learn.

-Scott

## GARAGE SALES

Giant Garage Sale May 1 & 2, Sat. 6pm-9pm, Sun. 10am-4pm. 795 Barnes Road. Antiques, tack, saddles, household, fridge, vanity cupboard, some tools, garage miscellaneous. Hundreds of items. See you there.

## DUNSTER FAMILY DANCE

Saturday, May 8th at the Dunster Hall. 8 p.m. to 11 p.m. Everyone is welcome \$5/each. For more information call Kim 968-4467.

## COMING FREE EVENTS AT THE BEANERY?

Thursday - 7:30pm - Meeting for the CN Memorial Garden.  
Tuesdays 3pm-4pm Origami with Yumiko.

## Elks and Royal Purple News

On Saturday, May 1st, the Royal Purple ladies will be having a "Spa Night Sleepover" this is open for all Royal Purple and Elks ladies and their guests. Stay tuned as to how the evening went. Tuesday, June 22nd, Initiation Night to install the new executive.

## COMING EVENTS

McBride Elementary PAC is having a Garage Sale on Saturday, May 1. We are looking for donations of all sorts. So if you are doing any spring cleaning or renos we would appreciate any of your old treasures, for our fund-raiser. You may drop off any items at the school during school hours.

**Robson Valley 4-H Senior Council** will be hosting the Central Interior Regional Demonstration Competition 1:00p.m. May 8th, 2004 at the Dunster Community Hall. With delegates attending from Williams Lake, Quesnel, Prince George, and the Robson Valley Districts. Pot Luck Dinner and Family Dance to follow. For more information call Sally Wall at 968-4391.

**The Three Valleys Community Development Co-operative Annual General Meeting:** 7:00 to 9:00 Wednesday, May 5th, Dunster Community Hall. Everyone Welcome. For more information call Pete at 968-4334 or Nancy at 968-4358

McBride Anglican United Church will be holding a 90th Anniversary Celebration on May 8th & 9th.

**FREE COURSES IN McBRIDE! - CAREER DECISION**

**MAKING** - May 6th & 7th. A two day workshop exploring methods for finding the right career for you! - **STARTING YOUR OWN BUSINESS** - May 17 thru May 28 - A variety of instructors teach a two week program covering all aspects of starting a business, including practical knowledge of the planning process to regulations, financing and preparing a business plan. \*\*For registration information contact Bob Thompson or Bridget Uhl at The Robson Valley Home Support Society - 569-2266 Hurry, spaces are limited. \*\* Funded by the Government of Canada.

## BIRTHDAY WISHES APRIL 28 - MAY 4

Allan Frederick, Sidney Pinch, Dan Pepper, Genna Jacques, David Elliott, Kim Cousineau, David Blouin, Lance Brown, Diane Fischer, Sharon Hawkins, Linda McCarty, Brendan Shea, Linda Sarasin, Ken Bosley, Chris Phillips, Hazel MacDonald, Ian Smith, Diane Flynn, Rosina Caputo, Kristie Hart, Frank Whittman, Alan Mackinnon, Krystal Pluta, Keaton Wright, Tyler Harstad, Allison Kraby, Luke Barnes-Muller, Robert Sanson, Allison Welsh, Archie McKee, Linda Mossdell, Robert Littlechild, Glen Hooker, Bryce Hickerty, Marty Franke and to anyone we missed Happy Birthday.

## SENIORS COMING EVENTS

April 28th, Noon - Lunch at the Beaverview Lodge.

We are going to the Mielke Hot Springs on May 17th. Contact Uta at 569-2251, ext. 216, or sign up at the Beaverview Lodge.

## CHURCH NEWS N' THINGS

**Anglican United Church - Downtown Thrift Store** on Dominion Street - Mens, ladies and children's clothing -Open: Tues. 1:30 - 2:30 - Sat. 10:00 - 12:00 • Dorcas is OPEN Tuesdays from 1-3pm. Phone 569-3186 • New contact for the Foodbank is 569-3225 • **Seventh-day Adventist Church-Meet** Saturdays at 9:30 & 11am. and Wednesdays at 7pm. Phone: Ph:569-0244 • **Mennonite Church-Meet** Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-3302 • **Mountain Chapel (PAOC)-Sunday School & Adult Church-441** Dominion Street. Meet Sundays at 9:00 a.m. Phone 569-3206 or 569-3386. Hall Rental contact Dorothy Simpson 569-3343 • **Evangelical Free Church-Sunday School** at 9:45 a.m. and Worship Service at 11:00 a.m. Ph:569-2378 or 569-8845 Pastor Dan Carlaw • **Robson Valley Christian Centre-Meets** in home Sundays 11am, Dunster Ph:968-4335 • **St. Patrick's Catholic Church-Meets** Sundays at 11:00am Ph:569-2606. "Catholic Faith for Adults" inquiry class. Contact Sr. Olive.

## Greyhound Bus Schedule

McBride Husky 569-2441

Depart to East-9:50am & 2:35am • Edmonton

Depart to West-8:05pm & 5:40am • Prince George

Depart to South-9:50am • Kamloops

Please contact **The Little McBride Paper** with all coming events, news, trivia, comments, anything!! Ph:569-3110, Fax:569-0220, Write to Box 441, McBride, B.C. V0J 2E0 or drop off at 981 - 5th Ave. If we don't know about it, we can't write about it!! Scott & Susan Glines - Oscar & Broom

Take a Break in McBride...B.G.s Friendliest Town!!

## Health Heart & Home

Health Products, Gifts & Antiques

946 Main Street, McBride, B.C.

Ph: 569-9559



- \*Antiques\*
- \*Vitamins & Minerals\*
- \*Bulk Spices\*
- \*Bulk Herbs\*

OPEN Daily till 5:30pm Friday till 6:00pm

**Check Out The New  
VASES for Spring Flowers  
~~~~~  
NATURAL FACTORS SALE  
Now On**

CALL TOBOOKAPPOINTMENTSFOR:

Deb Cochrane - Reiki, Ear Candling & Aroma Therapy

Deb Ladoucer - Herbalist, Irridologist & Reflexology

569-0133

**Beaurety 2  
Pizze**

Mon-Fri 7am-9pm  
Sat. 7am-7pm  
Via Train Departs

## MENU

- Wed Spanakoptia \$ Lamb
- Thurs Shepherds Pie
- Fri Pizza \$ Wraps
- Sat Guest Chef From Our Hospital
- Mon Meatloaf
- Tue Chicken Surprise
- Wed Spanakoptia \$ Lamb
- \*Chef Salad, Soup and Sandwich Daily\*

always - Vegetarian, lactose-free,  
gluten free, diabetic choices

Saturday Mornings  
Heart Stopper Breakfast

~~~~~  
Grab-n-Go Lunch \$5.00

## Position Opening at Whistle Stop Gallery

I position for gallery supervisor for 14 weeks, 40 hours/week from May 16 to Aug 22, 2004. Requirements: A post secondary student enrolled full time and planning to enroll full time as a student in September 2004.

Applications must be received by May 7, 2004.

Mail resumes to:

Whistle Stop Gallery, Attention: The Manager,  
Box 107, McBride, B.C., V0J 2E0.

This position is subject to HRDC funding.

**Employment Assistance Service  
Robson Valley Home Support Society**

## NEED A JOB?

**NEED A WORKER?**  
Contact Bob Thompson 569-2266

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Scott & Susan Glines  
Ph:569-3110  
Fax:569-0220



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591 ml

3 for \$2.00 + dep.

(when you buy 3)

**Doritos**

591 ml

\$0.99 + dep. & tx.

Hershey Assorted Single Bars,  
Licorice & Jolly Ranchers

2 for \$1.59 + tx.

**OPEN 24 HOURS**

569-2441

**HUSKY**

