



Number Cruncher Accounting Services

Amy Vause 569-0171

It's Income Tax Time!

- Call to set up an appointment and enjoy these benefits:
- Personal & Small Business Income Tax Preparation
 - INSTANT Tax Refund *
 - Quick Turn-Around Time on Regular Refunds
 - Accuracy
 - Up-To-Date Tax Saving Solutions
 - Reasonable Rates

* Some restrictions apply

HOUSE FOR SALE



1355 DYKE Road

Excellent Buy. Country living close to town.
2 Acres beautifully landscaped.
Ranch style 3 bedroom 2 bathroom
mobile with nice addition. Open floor plan.
Wood/oil heat. New metal roof and new
windows. Gravity fed water. Wood and
storage shed. Suitable for couple or family.
This is a must see to appreciate.
ASKING \$77,000 -- offers considered.
Owner motivated.

David Birky 569-0028

DSD Computers



P.G. LITE DEPOT

** SLUSHIES ARE BACK **

289 MAIN STREET

*** NEW RELEASES ***

* Gothicika * Rundown *

COMING MARCH 30th

* Something's Gotta Give * Honey *

* House of Sand and Fog *

Mondays are \$1.49 days for all VHS & DVD Rentals
OPEN Mon-Thurs 10-7 * Fri & Sat 10-8 * Sun. 12-6



Advantage Insurance Services Ltd.

Rosemary L. Hiruby, CAIB

250-569-2264

OPEN

Monday to Friday

8:30am - 6:00pm

Saturday 10:00am - 3:00pm



BRIMMY

FOODS
PHONE # 569-2826

Mon.-Thur. 8am-6pm

Sat. 9am-6pm

WE NOW HAVE MAGAZINES!

• Hey Kids! Enter our Easter Contest and you could win a Large Plush Easter Bunny

• Stop in and pick up your coloring page today!

• Check out our Everyday Best Value Items!:

• Look for the Yellow Tags!

• Look for the Yellow Tags!

• IN STORE SPECIALS!

• 5 Buck Deals

• Catelli Pasta - Assorted Varieties - 900 gr....3 / \$5.00

• Dole Pineapple-Assorted Varieties-398ml..5 / \$5.00

• Del Monte Assorted Canned Fruit - 398ml...3 / \$5.00

• Carnation Canned Evaporated Milk-385ml...3 / \$5.00

• Ragu Sauce - Assorted Varieties - 700ml.....2 / \$5.00

• Green Giant Canned Vegetables

• Assorted Varieties - 398ml...6 / \$5.00

Whiskey Jack Holdings

Crane / Backhoe / Dump Truck

Services

Call Mike 569-2642

In my home

Babysitter Needed.

Phone 569-0189 or 569-0334

FREE The little FREE

McBride

Paper



Serving BC's Friendliest Town and Area!

For the week of Wed.. March 24th. 2004

NETWORK NIGHT

WHAT HAPPENS IF ... *Three Christmas parties are planned the same week? *Two dances are held the same weekend? *Three meetings are planned for the same evening? *You don't know who to contact? *You don't know when an event is being held? ... EVERYONE TAKES A LOSS.

WHAT WOULD HAPPEN IF ... *Most events can be planned for different times, places and venues? *You know who to contact and how to reach them? *Events are coordinated so that one group can host the dinner, another the dance, and yet another group hosts the auction/bingo/tournament? ... EVERYONE WINS.

If life gives you lemons, you can complain they are sour and bitter OR you can make lemonade. We complain about the wind in our valley. We hear there isn't enough to engage the youth. How about incorporating a kite show into events - Community Market day, Canada Day, the Fall Fair, the Grass Drags? The daycare kids can do kites as crafts, the seniors too, the art classes at the schools can build kites. And we can brag about the best kite weather. How about a tractor pull before the heavy horse pull? We've got most things together already... now all we need is little tractors to BIG tractors. NETWORK NIGHT is a first step in coming together to communicate ideas and coordinate events. A step in creating a community data base to promote our groups, businesses, attractions, activities and events. Please, come **TODAY!!!** March 24th to the McBride Secondary School Auditorium. Bring a list of your meetings and events along with a list of contact people. Bring your ideas and enthusiasm. For more information contact Ron Hawkins, Rick Thompson or Linda Fry.

COMING EVENTS

Dunster Family Dance - Dunster Hall - Saturday, March 27, 8:00p.m. \$5.00/person \$20.00/family. Proceeds go to Dunster Community Association. For more information call Kim at 968-4467.

Ladies Craft Night @ the Evangelical Free Church. Thursday, April 1, 7 p.m. - 9:30 p.m. Bring whatever craft you're working on. NO CHARGE!!!

COMING FREE EVENTS AT THE BEANERY2

March 27, April 3, 17 & 24 Bring your supplies, share with others "scrap booking" at B2. 8am-11:30am. All welcome, all free. Wednesdays - 5pm-7pm Soup & Songs.

Monday, March 29 - 7pm-8pm Hiking Club
Monday, April 5 - Women's Potluck. Come share a meal with friends. (Sponsored by Robson Valley Home Support.)
Tuesday, April 6 - Circle Dancing 5pm-6pm.

COMMUNITY ANNOUNCEMENTS

In recognition of National Volunteer Appreciation week, Robson Valley Home Support Society would like to take this time to thank our meals on wheels volunteers - Bette, Gina, Marianne and Doug, Barb, Doreen, Katy, Christine, Doug and Erich, Terry, and Carol for all of the wonderful hours and commitment they put into delivering meals to our seniors. Thank you for your contributions.

Dance Lessons Cancelled Until Fall - FREE Dance lessons held at the Elks Hall on Wednesday nights will be cancelled starting Wednesday, March 17th and will start up again on Thursday nights in the fall. Thank you to all those who participated and again to Nadine and Rob for volunteering their time to such a great evening out. I would also like to thank the Elks and Royal Purple who hosted the lessons and donated their hall and to the members who helped volunteer to set-up and clean-up. -Kathy Molendyk.
Rookie T-Ball Registration - ages 4-7 years (1997 - 2000) will be held on Thursday, April 1st and Monday, April 5th. 3:00 - 4:30 p.m. at the McBride Secondary School.

Robson Valley Youth Softball Registration - There will be a registration for all 8-14 year old boys and girls on Thursday, April 1st and Monday, April 5th at the McBride Secondary School between 3:00 and 4:30 p.m. Cost is \$30.00/player to cover insurance and team t-shirt. For more information please call Kathy Molendyk at 569-3239 after 4:30 p.m. This program will run until June 12th. If you are interested in coaching a team please contact the above.

BUY, SELL, RENT & MISC.

For Sale-Pure Maple Wood Cutting Block \$400.00 o.b.o. Phone Justin at 569-2712 or evenings 569-0125. For Sale-Set of chrome camper steps. \$75.00. Phone 569-0334 or 569-0189. House For Sale-102 Dominion Street. \$35,000. Phone 569-2277. For Rent-3 Bedroom House. Call 569-2531. Evenings. House For Sale on 3rd Avenue. Phone 569-2531. To place an ad here call 569-3110 or drop info + \$'s at 981-5th Ave. (\$3/week + GST).

Greyhound Bus Schedule

McBride Husky 569-2441

Depart to East-9:50am & 2:35am • Edmonton

Depart to West-8:05pm & 5:40am • Prince George

Depart to South-9:50am • Kamloops

Please contact The Little McBride Paper with all coming events, news, trivia, comments, anything!! Ph:569-3110, Fax:569-0220, Write to Box 441, McBride, B.C. V0J 2E0 or drop off at 981 - 5th Ave. If we don't know about it, we can't write about it!!
Scott & Susan Ghines - Oscar & Broom

Take a Break in McBride...B.G.s Friendliest Town!!

STEADMAN'S

Main St. McBride

569-2415

Our

"V&S Department Store" Sale starts Thursday, March 25.

Watch for flyers in the mail.

(Sorry, no advance Sales.)

NEED A JOB?

NEED A WORKER?

Contact Bob Thompson 569-2266

Funded by the Government of Canada
Canada

HRDC - Summer Career Placement - 2004

To interested sponsors of the Summer Career Placement Program:

You are invited to access the Internet for the Application, Articles of Agreement and information pertinent to the program in BC at:

<http://youth.hrdc-dfnc.gc.ca/programs/scpp.shtml>

Please print on legal sized paper

Complete the application and return it by mail to Human Resources Development Canada

1363 4th Avenue
Prince George, BC
V2L 3J6

by the deadline: March 26, 2004

Pepsi Products

(591 ml)

2 for \$2.22 + dep. & tx

(when you buy 2)

Minute Maid & 5-Alive Juices

(473 ml)

2 for \$2.79 + dep. & tx



HUSKY
569-2441

OPEN 24 HOURS

Health Heart & Home

Health Products, Gifts & Antiques

246 Main Street, McBride, B.C.

Ph: 569-2559



Antiques

Vitamins & Minerals

Bulk Spices *Bulk Herbs*

OPEN Daily till 5:30pm Friday till 6:00pm

NEW THIS WEEK
Stained Glass & Nightgowns

CALL TOBOOKAPPOINTMENTSFOR:

Jules d'entremont - Massage & Yoga

Deb Cochranne - Reiki, Ear Candeling & Aroma Therapy

Margrit Iseli - Bowen Therapy, Reflexology & Massage

Deb Ladoucer - Herbalist, Iridologist & Reflexology

569-0133



LET THE B2 STAFF SERVE YOU!

- DAILY SPECIALS, BREKKIE & LUNCH
- ALL ITEMS "TO GO" W/DELIVERY
- GRAB 'N GO LUNCH OR BREAKFAST
- BEST APPLE PIE/COFFEE
- OPEN M - F 7AM - 6PM
- NUTRITIOUS, CARE ABOUT SPECIAL DIETS
- ATMOSPHERE
- GREAT PRICES
- MAGAZINES, BOOKS, NEWSPAPERS

Attention ALL community groups,
service clubs & businesses
You are invited to

NETWORK

Night

Wed. March 24

7 to 9 pm

McBride Secondary School Auditorium

Please attend to plan local events, build connections, create synergy, coordinate events, breakdown barriers and improve understanding in our community. Everyone welcome.

McBride Minor Hockey and Spirit of 2010 Banquet/Midget Hoop Tournament Schedule

FRIDAY, MARCH 26th 7:00 - OPENING CEREMONIES

(Dressing Rooms In Brackets)

1. 7:15 - 8:45 D (1) vs E (4)
PUCC TOSS

SATURDAY, MARCH 27th
2. 7:00 - 8:30 A (2) vs B (3)
3. 8:45 - 10:15 D (1) vs C (4)
4. 10:30 - 12:00 E (2) vs B (3)
5. 12:15 - 1:45 A (1) vs C (4)
** 2:00 - 3:00 SKILLS COMPETITION

SUNDAY, MARCH 28th
6. 3:00 - 4:30 D (1) vs B (4)
7. 4:45 - 6:15 C (2) vs E (3)
8. 6:30 - 8:00 D (1) vs A (4)

9. 8:00 - 9:30 C (2) vs B (3)
10. 9:45 - 11:15 A (1) vs E (4)
11. 11:30 - 1:00 Final for 3rd + 4th place (3rd vs 4th in round robin)
12. 1:15 - 2:45 Final for 1st + 2nd place (1st vs 2nd in round robin)
2:45 - CLOSING CEREMONIES
A - Valmont Wildcats, B - Quensel - West Fraser, C - Prince George - Prime Truck, D - McBride Grizzlies, E - Edmonton Northstars.

SENIORS EVENTS

Wednesday, March 31 - Lunch at noon in the Lodge. After the meeting Linda Fry will be doing a Will Presentation, free to all seniors. All seniors are welcome to everything.

POLICE REPORT

2004-03-13 - While on patrol, police witnessed a 1988 Mercury Topaz fail to stop at a stop sign. The member stopped the vehicle immediately. Upon questioning the driver, a resident of Prince George, open liquor and a small quantity of marijuana was noted in the vehicle. A search of the vehicle revealed only a small amount of marijuana. The driver was issued a violation ticket.

2004-03-04 - Police were dispatched to a complaint of a local male causing a disturbance at the McBride Hotel. The subject was gone upon the police arrival. The suspect vehicle was later seen at a gas station. Upon questioning, the driver displayed moderate signs of impairment. He was issued a 24 hour driving suspension and then escorted home by police.

2004-03-16 - McBride detachment received a call of a motor vehicle incident involving a tractor trailer unit 5 kilometres was of McBride on Highway #16. The entire semi had driven in the ditch. Fatigue is being investigated as a factor. The driver was issued a violation ticket for driving without due care.

2004-03-16 - Police received a call of another disturbance at the McBride Hotel. Two males had been removed as a result of fighting and were gone before police attended the scene. They were seen shortly after in another motel parking lot. One of the males ignored police warning to leave and was arrested for causing a disturbance by being intoxicated. He was transported back to the detachment where he spent the rest of the evening in cells, and was released in the morning when sober.

2004-03-17 - Members were dispatched to a 911 hang up call that originated from 5th Avenue. No details were given other than police attendance was required as soon as possible. Upon arrival RCMP discovered that a family dispute had occurred. The argument resulted in a pushing match before the daughter left the scene. A female resident of McBride is now facing a charge of assault and will appear in court at a later date.

BIRTHDAY WISHES MARCH 24 - 30

Heidi DeVuono, Kaycee McLennan, Gaelan Glenn, Katie Wood, Kristen Jackman, Logan Jack, Carsten Hooker, Peter Gredling, Elizabeth Hruby, Sheri Pepper, Miranda Pepper, Darian Niblett, Amanda Mercer, Elysha Aspetel, Roger Lirette, Cindy Kelly, Jonathan Carr, Barb Carr, Xakela-Lee Byron-Stanley, Ian Niblett, Dian Monroe, Natalie Marsh, Lilly Hill, Janine Gainer, Sally Monroe, Alison Moore, Brenda Monroe, Lelani Arris, Jay Lawrence, Joseph Rich, Danny Defrias, Edra Charmichael, and to anyone we missed Happy Birthday.

CHURCH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street - Mens, ladies and children's clothing -Open: Tues. 1:30 - 2:30 - Sat. 10:00 - 12:00-Doreas is OPEN Tuesdays from 1-3pm. Phone 569-3186-New contact for the Foodbank is 569-3225-Seven-day Adventist Church-Meet Saturdays at 9:30 & 11am. and Wednesdays at 7pm. Phone: Ph:569-0244•Mennonite Church-Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-3302•Mountain Chapel (PAOC)-Sunday School & Adult Classes-10am. Services-11am. Ph:569-3350•Anglican United Church-441 Dominion Street. Meet Sundays at 11:30 a.m. Phone 569-3206 or 569-3386. Hall Rental contact Dorothy Simpson 569-3343•Evangelical Free Church-Sunday School at 9:45 a.m. and Worship Service at 11:00 a.m. Ph:569-2378 or 569-8845 Pastor Dan Carlaw•Robson Valley Christian Centre-Meets in home Sundays 11am. Dunster Ph:968-4335•St. Patrick's Catholic Church-Meets Sundays at 11:00am Ph:569-2606. "Catholic Faith for Adults" inquiry class. Contact Sr. Olive.

Via-Rail Schedule Phone 1-888-842-7245

Going West - Sunday, Wednesday & Friday...2:40pm
Going East - Monday, Thursday, Saturday...12:47pm
Seniors (55+) take a friend for free (any age)
(in economy class) Nation wide

Important Phone Numbers

EMERGENCY 9-1-1
R.C.M.P. 569-2255
Hospital 569-2251
Health Unit 569-2251
K to 7 School 569-2721
High School 569-2295
Dunster School 968-4414
School District 57 569-2441
1-800-256-7857
569-3110

Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...
Dial this Number 1st and ask operator to connect you to provincial department
Take a Break in McBride...B.G.s Friendliest Town?!

PRIVATE DANCE LESSONS

Fox trot, waltz's, jive, 2-step, polka, etc.

Nadine Showvar @ 569-2503

INCOME TAX RETURNS

Linda Fry
569-0138

year around service and support
convenient location
licenced, insured, registered with CCRA
e-file available for faster refunds



RnR Hide Recreation

Sled & ATV
Rentals & Tours

569-2354 1-877-868-7288
Parts - Repairs - Avalanche Gear

5TH AVENUE HAIR

CALL VICKI

OPEN MON., TUES., THURS. & FRI 10AM-5PM
569-0067 946 - 5TH AVENUE

WHISTLE STOP GALLERY

A Beautiful Selection of Local Arts and Crafts
Open Daily/at the end of main street

HEARTLAND 569-2285

RESTAURANT HOURS

Sunday - Thursday 6a.m. to 8p.m.

Friday & Saturday 6a.m. to 9p.m.

PHYSIOTHERAPY

E. Kim Hammerstedt BPT

246 Main Street, McBride 569-0107

NADINE SHOWAR

25 Years Experience

Income Tax Returns

Bookkeeping & Payroll
(Manual & Computerized)
*General Office Services * Business Plans*
For appointment Call 569-2503

THE HAIR SHOPPE

803 3rd Ave. - side entrance
We Carry JOICO Supplies

569-3359

McBride Old Fashioned Broom Factory
Beautiful Hand Crafted Brooms
Add pleasure to your sweeping chores
5 Km West, on Lamming Pit Road 569-2377

FOR SALE:

John Deere Manuals for Sale, Round Balers, 430, 530,
Operators Manual - 2 available; \$15,00 and \$20,00.
Mower Conditioner, 1209, Operators Manual - 2
available; \$10,00. Mower Conditioner, 1207, 1209,
1217, 1219, Technical Manual - 1 available; \$25,00.
Available at Fitzpatrick Feed and Seed,
please call 569-8897 for more information.

SASQUATCH

Beauty Barn

OPEN Thurs. 1-5, Fri. & Sat. 10-5
Fully Licensed Esthetics
1102-4th Ave Call 569-2294 for Appointment

McF 7am-6pm
Saturday 7am -
Via Train Departs
569-0133

Gluten Free - Lactose Free - Diabetic - Low Calorie -
Vegan - Sugar/Salt Free - Arthritis Diet



Jenny's Shop N Wash
569-0095

- FRESH SUBS -
- Daily Soup & Sandwich Specials -
- WINGS & PIZZA -

* Friday Night Special *
3 Piece Chicken
with Potato Salad, Dinner Bun
& Choice of Fries

Smorgasbord Fridays 5pm-9pm

Western & Chinese Cuisine



569-8820

OPEN 11am - 10pm 7 Days a Week



Vanderhoof & Districts
Co-operative
Association

DRIVER SALES REPRESENTATIVE

For Commercial and Farm Personal Contact
where high level of customer service is Job One.

Delivering Fuel East to McBride

Greg Belshaw
990 Railway Road
Prince George, B.C.
Toll Free 1-866-309-2667
Home 250-963-9011
Vanderhoof Head Office
Phone 250-567-4488
Fax 250-567-4490
Cell 250-565-8436



233 Main Street
McBride, B.C.
569-2712

Your Neighbourhood Food Store



Congratulations to

Joann Barnes.

Winner of the Deep Freeze.