

# BIGWAY FOODS

PHONE #  
569-2326

• Mon.-Thur: 8am-6pm  
• Sat. 9am-6pm  
• Fri. 8am-7pm  
• Sun. 10am-6pm

## ROMAINE HEARTS

3 Pack - **2.99**

## WEST BEST COFFEE

Regular or Fine Grind - 1 lb - **1.89**

## WEST BEST POTATO CHIPS

270 g - **1.89**

## WEST BEST POP

2 L - **1.49** + dep.

# A.C. & T. CONSTRUCTION

JOURNEYMAN-CARPENTER

- New Construction • Framing •
- Renovations • Additions • Siding •
- Basement Development • Windows • Doors •
- Concrete Work • Roofing • Kitchens • Baths •
- Decks • Stairs • Drywall • Painting • Finishing •
- Drafting & Design •

- Home Repairs •
  - Free Estimates •
  - Free Consultations •
- Call Art  
At 569-2519

## Number Cruncher Accounting Services

Amy Yause 569-0171

### It's Income Tax Time!

- Call to set up an appointment and enjoy these benefits:
- Personal & Small Business Income Tax Preparation
  - INSTANT Tax Refund \*
  - Quick Turn-Around Time on Regular Refunds
  - Accuracy
  - Up-To-Date Tax Saving Solutions
  - Reasonable Rates

## THE LOGGER AND THE LADY

\* Some restrictions apply.

### WINTER STOCK SALE

WINTER

MITTS - GLOVES - COATS - BOOTS

**20% OFF**

ALREADY SALE PRICES  
(SUMMER STOCK NOW ARRIVING)

Mon-Thurs 10:30AM - 6:00PM Fri 10:30AM - 5:00PM  
569-0077 AFTER HOURS CALL 569-2539

### SALE SALE SALE

AT



## The Willow Heart

Everything @ 25% OFF

Lots of items up to 50% OFF

Sale starts Friday, March 12

thru Sunday, March 14

10:00am - 5:00pm

1630 Koeneman Rd. Phone 569-3310

**DSD** 569-0189 **P.G. LITE**

Computers **DEPOT**

289 MAIN STREET

## \*\* SLUSHIES ARE BACK \*\*

## \*\*\* NEW RELEASES \*\*\*

- \* Mona Lisa Smile \* Skulls 3 \*
- \* Prey For Rock and Roll \*

Mondays are \$1.49 days for all VHS & DVD Rentals  
OPEN Mon.-Sat. 10-8 Sun. 12-7

## Advantage Insurance Services Ltd.

Rosemary L. Hruby, CAIB

250-569-2264

## Your Local Advantage

For **ALL** Your

Insurance Needs.

## FREE The Little FREE

# McBride

## Paper



Serving BC's Friendliest Town and Area!

For the week of *Wed., March 10th, 2004*

## FAIR, FAIR QUEEN PAGARENT

There will be an information meeting on Wednesday March 24 at 11:30a.m. at the Highschool for any girls aged 15-18 interested in being in the Robson Valley Fall Fair Queen Pageant. Phone Jennifer at 569-0150.

### THANK YOU

Thank you to all my friends, family, the gang at Beaverview Lodge, the ladies and members of St. Patrick's Church and the community for all their Beautiful cards, prayers and Blessings during my stay in the hospital. Special thanks to the nurses & staff, Dr. Cowburn & Dr. Smith, to Sister Olive, Frank Whitman, my children Lorna and Clifford for all their help. God Bless you all. -Helen Sheerman.

Thank you. Tuesday morning we opened our door to the smiling face of Barb Jackson: bearing a "Welcome to McBride" gift basket. We were very touched at this gesture of welcome to your beautiful valley. Thank you for all the kindness & hospitality that has been extended to us since we moved here in October. See you around town.  
- John, Sheena & Levi Aitken

## CONGRATULATIONS

Congratulations to Matt Elliott for his great performance at the Clearwater Hill Climb. Matt won 1st Place in the 1000 class. 1st Place in the Stock King of the Hill and 3rd place in the 800 class.

## SCHOOL NEWS

March 12th is the Last Day of classes before Spring Break.  
March 22nd is the First Day of classes after Spring Break.  
March 30th there will be a Parent Advisory Council Meeting.

### COMING FREE EVENTS AT THE BEANERY2

1st Tuesday in every month - Circle Dancing 4:30-5:30.  
March 16 & 17 - Manitoba Poets in town "Just West of Ulnulny" watch for "sightings". Tickets are FREE, must be picked up beforehand, and are available at Steedmans or the Beanery2. LIMITED SEATING. Call 569-0133 for more information.  
March 20 - Guest Chef "Downhome Bar-b-que" Dwight Cole 11:30-8:00pm.  
Every Wednesday night come and join a Sing-a-long with Elise Stanley and enjoy free soup at the Beanery 2 from 5pm-7pm.

The Hiking Club meets on the last Monday of every month from 7-8pm at the Beanery 2.

### CHAMBER OF COMMERCE

Get those brooms out of the closet, curlers!!! McBride and District Chamber of Commerce Annual Logger's Bonspiel will be held April 2 - 4, 2004. To enter a team please contact Jesse Patterson @ 569-0186, or Susan Koldia @ 569-2415.

### BUY, SELL, RENT & MISC.

For Sale-Set of chrome camper steps. \$75.00. Phone 569-0334 or 569-0189.\*\*For Sale-10" Craftsman Radial Arm Saw. Complete with stand. Like new condition. Some accessories. \$650.00 obo. Phone 569-3398.\*\*For Sale-Set of Leather couches (Couch, Love Seat & 2 Chairs) \$2500.00 o.b.o. Glass China Cabinet, Dining Table & 6 Chairs \$2000.00 o.b.o. Phone 569-2305.\*\*For Sale-2002 Neon. Call 569-8866 evenings.\*\*House For Sale-102 Dominion Street. \$35,000. Phone 569-2277.\*\*For Rent-3 Bedroom House. Call 569-2531

Evenings\*\*House For Sale on 3rd Avenue. Phone 569-2531\*\*To place an ad here call 569-3110 or drop info + \$'s at 981-5th Ave. (\$3/week + GST).

### CHURCH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street. - Mens, ladies and children's clothing -Open: Tues. 1:30 - 2:30 - Sat. 10:00 - 12:00-Dorecas is OPEN Tuesdays from 1-3pm. Phone 569-3186-New contact for the Foodbank is 569-3225-Seven-day Adventist Church-Meet Saturdays at 9:30 & 11am. and Wednesdays at 7p.m. Phone: Ph:569-0244-Mennonite Church-Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-3302-Mountain Chapel (PAOC)-Sunday School & Adult Classes-10am. Services-11am. Ph:569-3350-Anglican United Church-441 Dominion Street. Meet Sundays at 11:30 a.m. Phone 569-3206 or 569-3386. Hall Rental contact Dorothy Simpson 569-3343-Evangelical Free Church-Sunday School at 9:45 a.m. and Worship Service at 11:00 a.m. Ph:569-2378 or 569-8845 Pastor Dan Cardaw-Robson Valley Christian Centre-Meets in home Sundays 11am. Dunster Ph:968-4335-St. Patrick's Catholic Church-Meets Sundays at 11:00am Ph:569-2606. "Catholic Faith for Adults" inquiry class. Contact Sr. Olive.

Greyhound Bus Schedule	McBride Husky 569-2441
Depart to East-9:50am & 2:35am • Edmonton	
Depart to West-8:05pm & 5:40am • Prince George	
Depart to South-9:50am • Kamloops	

Please contact The Little McBride Paper with all coming events, news, trivia, comments, anything!! Ph:569-3110, Fax:569-0220, Write to Box 441, McBride, B.C. V0J 2E0 or drop off at 981 - 5th Ave. If we don't know about it, we can't write about it!!  
Scott & Susan Gilnes - Oscar & Broom

## Take a Break in McBride...B.G.s Friendliest Town!!

569-0133

Now OPEN UNTIL 6PM  
GIFT CERTIFICATES AVAILABLE

"HEALTHIEST"  
BALANCED LUNCH

"CRAB 'N CO"  
LUNCH IN TOWN"  
(EXCEPT ON HOLIDAYS)

SANDWICHES

DISCOUNT COFFEE PUNCH CARDS

"PIE BOOKS"  
PIE 'N COFFEE DISCOUNTS

"CRAB 'N CO"  
LUNCH IN TOWN"  
(EXCEPT ON HOLIDAYS)

SANDWICHES

DISCOUNT COFFEE PUNCH CARDS

COFFEE AFTER 3PM \$1.00

Whiskey Jack Holdings  
Crane / Backhoe / Dump Truck  
Services  
Call Mike 569-2642

BOOK YOUR APPOINTMENTS NOW  
I will be GONE for the month of APRIL  
For BOWEN THERAPY call MARGRIT 968-4432

NEED A JOB?  
NEED A WORKER?

Contact Bob Thompson 569-2266  
Funded by the Government of Canada

HRDC - Summer Career Placement - 2004  
To interested sponsors of the Summer Career Placement Program:

You are invited to access the Internet for the Application, Articles of Agreement and Information pertinent to the program in BC at:  
<http://youth.hrdc-dhcg.gc.ca/programs/scpp.shtml>  
Please print on legal sized paper  
Complete the application and return it by mail to  
Human Resources Development Canada  
1363 4th Avenue  
Prince George, BC  
V2L 3J6

by the deadline: March 26, 2004



**Pepsi Products**  
(591 ml)  
2 for \$2.22 + dep. & tx  
(when you buy 2)



**Husky**  
2 for \$2.79 + dep. & tx  
(473 ml)

## OPEN 24 HOURS

Health Heart & Home  
Health Products, Gifts & Antiques

246 Main Street, McBride, B.C.  
Ph: 569-9559

- \*Antiques\*
- \*Vitamins & Minerals\*
- \*Bulk Spices\*
- \*Bulk Herbs\*
- \*Gifts\*

OPEN Daily till 5:30pm Friday till 6:00pm

NEW THIS WEEK  
Glassware Garden Flags Jewellery

CALL TOBOOKAPPOINTMENTS FOR:  
Jules d'entremont - Massage & Yoga  
Deb Cochran - Reiki, Ear Candling & Aroma Therapy  
Margrit Iseli - Bowen Therapy, Reflexology & Massage  
Deb Ladouceur - Herbalist, Irridologist & Reflexology

