

Spaghetti Fundraiser Dinner for Raymond, Melissa & Skyler Wiltzie.

Sunday February 15, 2004
 4 Sittings 12:30, 2:00, 4:30 & 6:00
 at Jenny's Shop N' Wash.
 Silent Auction at each sitting.
 Family \$20.00 - Individual \$7.00
 Tickets sold at Stedmans, Home Hardware,
 Jenny's Shop N' Wash, Dr. Cowburn's Office,
 Logger & the Lady, & The Rose Garden Boutique.
 (Drop ins Welcome)
 Any questions call Amanda
 569-2269(home) 569-2215(work)

DSD Computers

 569-0189
P.G. LITE DEPOT

CHESTERS COMING TO TOWN!!! FINALLY!!

Our store will be under construction for the process. Please be patient with us... Feb. 9-16. The hours will stay the same during the time.
Mondays are \$1.49 days for all VHS & DVD Rentals
OPEN Mon.-Sat. 10-8 Sun. 12-7



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 • Sat. 9am-6pm Sun. 10am-6pm
PIZZA POPS 7.99
 Assorted Flavors - Case of 12

KELLOGG'S RICE KRISPIES
 700g - **5.49**

ROBIN HOOD FLOUR 8.99
 White or Whole Wheat - 10kg.

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 White or 60% Whole Wheat - Frozen -
50 or 10 for 4.99

The \$ Store & Arlene's Flowers & Balloons

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February 14th is Valentine's Day
VISA • AMERICAN EXPRESS • INTERACT
1-866-566-0113
WE DELIVER TO MCBRIDE, DUNSTER & VALEMOUNT



McBride Curling Club is hosting their ANNUAL LADIES BONSPIEL
FRISAT/SUN (FEB. 13, 14 & 15)
 Fee is \$140.00 Per team
 Register your team by 10:00a.m.
 Wednesday, February 11th.
 Call: 569-2639, 569-2222 or 569-2506

Number Cruncher Accounting Services
 Amy Vause 569-0171
It's Income Tax Time!
 Call to set up an appointment and enjoy these benefits:

- Personal & Small Business Income Tax Preparation
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- Quick Turn-Around Time on Regular Refunds
- RRSP Planning - Remember the March 1st Deadline
- Accuracy
- Up-To-Date Tax Saving Solutions
- Reasonable Rates

FREE The Little FREE McBride Paper



Serving BC's Friendliest Town and Area!!
For the week of Wed., February 11th, 2004

COMING EVENTS

Baby Shower for Brigette Trask and baby Darrell on Saturday, February 21st at 1:00pm. Pad #7 - 151 Columbia Street. For more information call Melany at 569-2359.
Fall Fair Meeting Monday, February 16, 7:00pm at the Sun Valley Restaurant.
Panakes for Parents - The last Monday of every month, next on Monday, February 23rd - 8:30 to 10:30, Robson Valley Home Support Society Kitchen, 942 3rd Ave., McBride. Everyone Welcome.
Roundhouse Theatre - Harry Mann, February 11th, 8:00pm. Tickets are \$15 & \$8 (available at Stedmans). A unique artist, Harry Mann has brought the sounds of India to the Blues. Combining lap-slide guitar and the blues with the Mohan Veena (a 20-string member of the guitar family created and named by Indian musical guru Vishwa Mohan Bhatt) and his own distinctive vocals, Mann creates a new musical experience.
Strengthening Communities Workshop - McBride/Dunster: Saturday, February 14th / 9:00a.m. Registration / 9:30a.m. - 3:30p.m. Workshop / At the McBride Village Office *Lunch and refreshments will be provided. Please RSVP*
Olympic Legacy 2010 Update - There will be a presentation at the Roundhouse Theatre on Monday, February 16 @ 7:00p.m. Everyone is welcome. Sponsored by the Olympic Legacy Committee and the Village of McBride.
Dunster Community Hall bookings can be made by contacting Nancy Taylor at 250-968-4358 in the evenings.
McBride Figure Skating Club Carnival - Theme - "Our Favorite Things" will be held on Saturday, February 21st, 7:00pm at the Arca and we have "surprise guests". Pre-sold tickets are available at Home Hardware, Stedmans and the Rose Garden Boutique. Prices are Adult \$5.00, Seniors & Students \$3.00, 3 and under Free, Family Pass \$15.00. There will also be 50/50 Draw and Raffle table. If you have any questions or concerns, the Carnival Chairpeople are Mike Jackman 569-2595 and Dawn Hickey 569-3410.

Bartram - Midget Hockey

On Sunday, February 1 the Terratech Bantams from P. G. played a double header with the McBride Grizzlies Bantam-Midget team. McBride's defence of Laine Molendyk, Logan Jacques, Elysha Aspellet and Kaycee McCieman, helped goalie Russell Smith hold the P. G. team to two goals. The fast skating McBride team were able to create several scoring opportunities, many from nice passing plays. Elysha Aspellet, Clinton Jacques, Peter Gredling and Mark Trask scored a total of 10 goals for a 10-2 win. The coaches have had them practising the power play and it paid off with a great goal; Stefan back to Mark at the point, over to Peter in the slot and his one-timer from 37 feet made it look easy. Prince George played well in the second game holding McBride to 6 goals and scoring 2 themselves. Scoring for McBride were Ashley Thiffault, Clinton Jacques, Peter Gredling, Calvin Biangy, Stefan Klampton and Mark Trask. A few of the McBride players were looking a little tired mid way through the second game, #37 in particular. They should find out what Stefan eats for breakfast, as he never slows down!

SENIOR'S EVENTS

Friday, February 20 - 5 p.m. Dinner at Kilin Restaurant
 Wednesday, February 25 - 12 p.m. Lunch at the Beaverview Lodge.

CHAMBER OF COMMERCE

Get those brooms out of the closet, curlers!!! McBride and District Chamber of Commerce Annual Logger's Bonspiel will be held April 2 - 4, 2004. To enter a team please contact Jesse Patterson @ 569-0186, or Susan Kolida @ 569-2415.

CHURCH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street - Mens, ladies and children's clothing -Open: Tues. 1:30 - 2:30 - Sat. 10:00 - 12:00 • Dorcas is OPEN Tuesdays from 1-3pm. Phone 569-3186 • New contact for the Foodbank is 569-3225 • Seventh-day Adventist Church-Meet Saturdays at 9:30 & 11am. and Wednesdays at 7p.m. Phone: Ph:569-0244 • Mennonite Church-Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-3302 • Mountain Chapel (PAOC)-Sunday School & Adult Classes-10am. Services-11am. Ph:569-3350 • Anglican United Church-441 Dominion Street. Meet Sundays at 11:30 a.m. Phone 569-3206 or 569-3386. Hall Rental contact Dorothy Simpson 569-3343 • Evangelical Free Church-Sunday School at 9:45 a.m. and Worship Service at 11:00 a.m. Ph:569-2378 or 569-8845 Pastor Dan Carlaw • Robson Valley Christian Centre-Meets in home Sundays 11am, Dunster Ph:968-4335 • St. Patrick's Catholic Church-Meets Sundays at 11:00am Ph:569-2606. "Catholic Faith for Adults" inquiry class. Contact Sr. Olive.

Greyhound Bus Schedule McBride Husky 569-2441
 Depart to East-9:50am & 2:35am • Edmonton
 Depart to West-8:05pm & 5:40am • Prince George
 Depart to South-9:50am • Kamloops

Please contact **The Little McBride Paper** with all coming events, news, trivia, comments, anything!! Ph:569-3110, Fax:569-0220, Write to Box 441, McBride, B.C. V0J 2E0 or drop off at 981 - 5th Ave. If we don't know about it, we can't write about it!!
 Scott & Susan Glines - Oscar & Broom

Take a Break in McBride...B.G.'s Friendliest Town!!!

Employment Assistance Service Robson Valley Home Support Society NEED A JOB?

NEED A WORKER?

Contact Bob Thompson 569-2266
 Funded by the Government of Canada
Canada
HRDC - Summer Career Placement - 2004
 To interested sponsors of the Summer Career Placement Program:

You are invited to access the Internet for the Application, Articles of Agreement and information pertinent to the program in BC at:
<http://youth.hrdc-dhcc.gc.ca/programs/scpp.shtml>
 Please print on legal sized paper
 Complete the application and return it by mail to
 Human Resources Development Canada
 1363 4th Avenue
 Prince George, BC
 V2L 3J6
 by the deadline: March 26, 2004

OPEN 24 HOURS

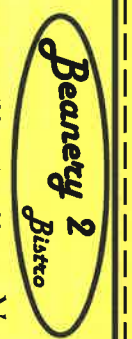
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 (when you buy 2)
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OPEN Daily till 5:30pm Friday till 6:00pm
Don't Forget About That Special Someone on Valentine's Day
Valentine's Candles 20% OFF
CALL HEALTH, HEART & HOME TO BOOK APPOINTMENTS FOR:

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If you truly love your Valentine,
 BRING THEM TO B2 FOR A HEALTHY,
 FROM-SCRATCH, \$5.00, SPECIAL DIET,
 PORTION-CONTROLLED, BALANCED LUNCH.
 THEN, FINISH OFF WITH ONE OF ANNA
 MARIE'S FROM-SCRATCH CREAM OR FRUIT PIES.
 NOW, THAT'S L O V E !!
 GIFT CERTIFICATES AVAILABLE

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One Night Only
Friday, February 13th

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* Valentine's Smorgasbord
Saturday
5pm-9pm**

OPEN 11am - 10pm 7 Days a Week

**SANDMAN INN - McBRIDE
HEARTLAND RESTAURANT**
Valentine's Day Supper Special

**Stuffed Pork loin
Mashed or Baked Potato, Vegetables
Cherry or Strawberry Cheesecake**

\$14.00

**OPEN Sunday - Thursday 6a.m. to 8p.m.
Friday & Saturday 6a.m. to 9p.m.**



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**233 Main Street
McBride, B.C.
569-2712**

Your Neighbourhood Food Store

DELI

Beef or Chicken Pot Pie...\$1.99 each
New Zealand Edam Cheese - 100g...\$1.59

Home Made Pork Sausage.....\$2.29 / lb.
Boneless Pork Leg.....\$1.89 / lb.
Chicken Legs - Family Pack.....\$1.29 / lb.
Top Sirloin Grilling Steak -

Family Pack.....\$3.99 / lb.
Cauliflower.....\$1.59 each
Strawberries - 1 pt. basket.....\$2.99

Uncle Bens Fast & Fancy Rice -
3 Flavours - 6 pack.....\$5.98
Lunch Box Juices - 3's.....\$1.19
Knorr Marinades - Assorted Flavours - 350 ml...\$3.99

Main Stay Cat Food - 8 kg.....\$9.99
Bounty Paper Towel - 1 Big Roll.....\$2.99

BAKERY

Cheesecake - 567 g...\$8.99
Lemon Layer Cake - 350 g...\$5.99

**ROBSON VALLEY
RACE TRAC
GAS**

569-2418

AUTHORIZED STIHL
DEALERSHIP & REPAIR FACILITY

AUTOMOTIVE, SMALL ENGINE &
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Mon.-Fri. 6am-8pm, Sat. 7am-8pm, Sun. 7am-7pm

SPIRIT OF 2010 HOCKEY TOURNAMENT

Vancouver, BC, February 5, 2004: The McBride MHA Atom, Bantam and Midget House Tournaments are the latest to sign up for the province-wide Spirit of 2010 Hockey Tournament. / More that 240 youngsters are expected to participate in the McBride tournaments. *McBride MHA Atom Tournament February 28-29 / *McBride MHA Bantam / Midget House March 26-28. - Open to every 2004 spring break hockey tournament in the province, the Spirit of 2010 Tournament promotes minor hockey and the 2010 Olympic and Paralympic Winter Games. The Spirit of 2010 Hockey Tournament is presented by the Province of British Columbia. 2010 Legacies Now, the Vancouver Canucks and the British Columbia Amateur Hockey Association. - "The Spirit of 2010 Hockey Tournament brings B.C. families and communities together in the name of sport. It's just a taste of what's to come when we welcome the world in 2010," said the Hon. Shirley Bond, MLA for Prince George - Mount Robson. "These tournaments are a great opportunity for the players in McBride and I know everyone involved will have a terrific time." - Every player registered with the Spirit of 2010 Hockey Tournament receives a commemorative puck and poster. Tournaments also receive a Spirit of 2010 Trophy and banner. More than 30,000 players are expected to take part in over 100 spring break tournaments around the province. - It's a chance for youngsters to reach for their dreams and a great way to support minor hockey," said Marion Lay, Chair of 2010 Legacies Now, which promotes sport development around the province. "I want to thank the local organizers and everyone who is helping pull together the McBride Spirit of 2010 Hockey Tournaments."

BIRTHDAY WISHES FEB. 11 - 17

Sarah Flood, Keith Wood, Ron Shawara, Ron Westlund, Brody Vizza, Kjell Valestrand, Jack Snider, Garry Moore, Dave Howe, Jim Chuiпка, Bobbi-Ann Hicks, Sabrina Ondang, Sig Harstad, Jesse Lawrence, Jamie Quam, Rick Hunter, Norm Lorenz, Arlene Littlechild, Ashley Desormeau, Millie Alderson, John DeFrias Sr., Bob Craigue, Brooklyn Basran, Alannah Rollinson, Jennifer Partington, Marnie Molendyk, Sylvia Arnold, David Kelly, Savannah Porter, Paul Hulka, Sheila Basran, Emilio Caputo, Ruby Brown, Nicole Gordon, Emery Will and to anyone we missed Happy Birthday.

BETTER TO THE EDITOR

We would like to publicly apologise for all the pain we have caused and the trust we have broken in this community. We were wrong to do all the damage that we did and we will try our hardest to rebuild that trust again. We have no answers to why we caused so much pain to the people we care about and love. We just ask that you would help us as we try to make things right. May this community one day be able to trust us again. We are so sorry,

Clayton and Becky

POLICE REPORT

2004-01-31-McBride RCMP received a complaint from a local hotel that 4 snowmobilers had left for the day around 9a.m. and was becoming concerned as it was getting into the later part of the evening and they still hadn't returned. Before commencing a search for the snowmobilers the manager called to advise that the group had arrived safe and sound.

2004-02-03-McBride members were dispatched to an abandoned 911 phone call. When 911 operators attempted to call back the line was busy therefore making it difficult to determine whether there was in fact an emergency. Police arrived at the scene only to find that the residents were having problems with there phone connection and that there was no emergency.

2004-02-04-Sometime over the course of the evening, unknown person(s) unlawfully entered a residence on 4th Avenue and took a half empty liquor bottle and a small amount of cash. Anyone with respect to this matter is asked to contact the McBride Detachment. **2004-04-05**-A gold women's ring was turned into the detachment as it was found near the Highway 16 and Main Street intersection. The owner can claim by identification.

The remainder of the calls were of a general nature and routine in service.

BUY, SEEL, RENT & MISC.

Babysitter wanted for in-home. 23 month old. 7 hours per day, Monday to Friday. Call 569-0334 or 569-0189•**Looking for a Mature** Responsible Employee for a permanent position. Duties include gas-jockey, parts person, customer service. Drop resume at Race Trac Gas. Ask to speak to the manager•**For Sale**-2002 Neon. Call 569-8866 evenings•**For Sale**-Medium Sized Black Bear Rug - Full Head Mount. \$600 (250)569-2444 / 2 piece Sectional Chesterfield with 2 foot rests. As new \$950. Ph:(250)569-2444•**For Sale**-Snow Blade for Quad \$250.00, Youth Saddle \$350.00, 1997 Ford Explorer Sport-Very Good Condition. Various Trac. Phone 569-0033•**House For Sale**-102 Dominion Street. \$35,000. Phone 569-2277•**For Rent**-3 Bedroom House. Call 569-2531 Evenings•**House For Sale** on 3rd Avenue. Phone 569-2531•**To place an ad here** call 569-3110 or drop info + \$'s at 981-5th Ave. (\$3/week + GST).

Important Phone Numbers
Via-Rail Schedule Phone 1-888-842-7245
Going West - Sunday, Wednesday & Friday...2:40pm
Going East - Monday, Thursday, Saturday...12:47pm
Seniors (55+) take a friend for free (any age)
(in economy class) Nation wide

EMERGENCY 9-1-1
R.C.M.P. 569-2255
Hospital 569-2251
Health Unit 569-2251
K to 7 School 569-2721
High School 569-2295
Dunster School 968-4414
School District 57
1-800-256-7857
569-3110

Take a Break in McBride...B.G.s Friendliest Town?!
Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to Provincial departments...
Dial this Number 1st and ask operator to connect you to provincial departments.

For that "Unique Valentines Gift" shop at

THE WHISTLESTOP GALLERY

End of main st.
Please note we will be closed from Feb. 7 to Feb. 13 for renovations (we apologize for the inconvenience) Do your Valentine's shopping early!!

ROBSON VALLEY FARM SUPPLY
8814 Horseey Creek Road (250) 968-4453

3 Point Hitch • Front End Parts • Hydraulic Lines made to order
Cables to fit most Tractors • Alternators • Starters • Bearings and Seals • U-Belts • Roller Chain •

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For appointment Call 569-2503

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803 3rd Ave. - side entrance
569-3359 We Carry JOICO Supplies

McBride Old Fashioned Broom Factory
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Add pleasure to your sweeping chores
5 Km West, on Lammung Pit Road 569-2377

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*BOWEN THERAPY**RELEXOLOGY**MASSAGE*
CALL MARGRIT 968-4432

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*Fox trot, waltz's, jive, 2-step, polka, etc.
Nadine Shovar @ 569-2503

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Beauty Barn

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Thurs. 1-5, Fri. & Sat. 10-5

Fully Licensed Esthetics
1102-4th Ave Call 569-2294 for Appointment



McBride
JENNY'S Shop N Wash
569-0095

Order Pizza for the Kids on Valentine's Day so you can take your Sweetheart out for a Romantic Dinner

Saturday Night get a 2nd Pizza for 1/2 Price
* Friday Special *
Ham Steak
with Mashed Potatoes,
Coleslaw & a Dinner Bun

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We are now open
at 820-1st Ave.!
Come visit us and say "hello"!

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CALL VICKI

OPEN MON., TUES., THURS. & FRI 10AM-5PM
569-0067 94B - 5TH AVENUE

Whiskey Jack Holdings
Crane / Backhoe / Dump Truck
Snow Removal

Call Mike 569-2642

PHYSIOTHERAPY

Reopens February 24

£. Kim Hammerstedt BPT

246 Main Street, McBride

(Health, Heart & Home Building)

For Appointments Call

569-0107

McBride Roundhouse Theatre Society



TIP TOE THROUGH THE
TOMBSTONE

STARRING "SPONTANEOUS COMBUSTION"

Wednesday, February 11th, Thursday February 12th
& Friday February 13th 8:00pm

Tickets Are \$8.00

STEDMANS

Main St. McBride

569-2415

Valentine's Day

is Saturday, February 14.

Check out our selection of cards,
chocolates, helium balloons
and giftware.

RUSSIAN GYPSY FORTUNE TELLING

\$5.00 - Introductory readings are written out.
In the CN Station Friday Afternoons. No one under
the age of 16. Call Dora at 569-0133 for more info.

THINK ABOUT IT...

If it happens, it must be possible.

COMMUNITY ANNOUNCEMENTS

CONGRATULATIONS! To Carol & Dave Barnett on their Wedding.
Wishing you all the Best, Love and Happiness.

Love Always xxxoxo Ashley, Trevor & Joshua.

Fiji Presentation - We are thankful to the community, for their generous donations and support of our disaster relief efforts last spring, for victims of Cyclone Ami. We invite you to come and see how your donations were shipped, handled, and distributed, thus sharing your love with the people of Fiji. There will be a slide presentation February 14, at 4:30 pm at the McBride Seventh Day Adventist Church on Lanning Pit Road. Hope to see you there. **McBride Secondary** Grapefruit, Orange, Apple, Cookie Dough and Muffin Bater Sales. The McBride Secondary School's annual orange and grapefruit sales which will include the sale of Spartan, Macintosh, Red and Golden Delicious apples is back! You won't want to miss out on these juicy seedless navel oranges and pink grapefruit or the fresh ripe apples. The boxes are approximately 12-14 lbs. each. The cost will be \$14.50/box for apples and \$16.00/box for oranges and grapefruit. This year we will be offering a variety of cookie dough (4 lb. bucket) for \$14.50/bucket and muffin batter (2.5 lb. bucket) for \$10.50/bucket. The deadline for orders will be 9:00 a.m. Monday, February 16th and should arrive the following week. Your order can be phoned in to the McBride Secondary School at 569-2295.

Community Calendars - If you would like a Community Calendar there are a few available at the McBride Secondary School. Cost is \$8.00.

The McBride & District Public Library would like to remind everyone that February is fine free at the Library. So if you have any overdue items lurking around the house, in the closet, under the bed, wherever, now would be a perfect time to bring them back. *If you think you may have an overdue book, but you're not sure, just give us a call at the Library 569-2411. We'll be happy to let you know what items you have checked out. *Tues. 10:00 - 5:00 & 7:00 - 9:00 / Wed. 10:00 - 2:00 / Fri. 2:00 - 9:00 / Sat. 2:00 - 5:00. **What ever happen** to that neighbourly welcome wagon? If your club/organization/group want to participate in the McBride "WELCOME - NEWCOMERS - TO - TOWN" basket, please call 569-0133 for details.

Community Badminton - McBride Secondary School every Tuesday - 7:00 - 9:00 p.m. Must supply your own racquet. Open to all ages (FREE).

Every Wednesday night come and join a Sing-a-long with Elsie Stanley and enjoy free soup at the Beanyery 2 from 5pm-7pm.

The Hiking Club meets on the last Monday of every month from 7-8pm at the Beanyery 2.

Take a Break in McBride...B.G.s Friendfest Town!!

McBride Roundhouse

Theatre Society



HARRY
MANN

Tuesday, February 17th

8:00pm

Tickets Are \$15.00 & \$8.00

Phone 569-0007

SUN

Fax 569-0004

RESTAURANT VALLEY

Valentine's Day

Specials



10 oz. Prime Rib - \$17.95

10 oz. New York Steak
with 6 Tiger Prawns - \$21.95

Veal Cutlets - \$11.95

(All above meals served with Soup or Salad,
Choice of Potatoes or Rice, & Fresh Vegetables)

Free Rose to all the Ladies

-Make your Reservations now-

Sledders Welcome

THOUGHT

OF THE WEEK

Create your own

opportunities this week,

overthrow the Government.

Naturally Grown Root Vegetables

Twin Meadows Ranch, located at the end of Lamco Road, is a wonderful place to grow root vegetables. Lanning Mills once grew "box car" loads of potatoes. Our goal is to offer the highest quality naturally grown root vegetables and deliver them to our customers through a "box program".

Wendy and I welcome your inputs and ideas as we develop this marketing idea to utilize some of the best river bottom soil in the Valley for the growing of various root vegetables for your enjoyment. All our vegetables are naturally grown, with no pesticides, herbicides or any other chemicals, and stored in our own 1200 sq. ft. root house.

So How Does This "Box Program" Really Work

It's Simple! You decide what root vegetables you want - we grow them - and deliver them fresh from our root house every two weeks. Our deliveries will begin each year around Christmas (super gift idea) and end in late May.

Currently we have ten (10) varieties of potatoes for your enjoyment.

- Bintje
- Caribou
- Yukon Gold
- Sangri
- Nooksack
- Candy Cane (limited supply)
- True Blue (limited supply)
- Gold Rush
- Ranger Russet
- Netteed Gem

Pricing for 2004 potatoes is \$0.55 per pound, except for Candy Cane and True Blue. There are no minimum or maximum order quantities. Limited quantity of seed potatoes are available. We welcome your visit at the ranch to see how your vegetables are grown and stored. Box delivery will be every two weeks, with a minimum delivery of 25 lbs. We want to expand the root vegetables we grow for you to include beets, parsnips, carrots and turnips, and welcome your inputs regarding these added veggies.

You can contact us by radio phone - 569-0110 and then enter 5672, or by mail, Box 926, McBride, or by Email, info@twinmeadowranch.com, or stop us in town when you see us.

Thanks and happy healthy eating - Wendy, Garry, Chaniel and Jady