Mon.-Thur. 8am-6:30pm, Fri. 8am-7pm, Sat. 9am-6pm, Sun. 9am-5pm

Extra Lean Ground Beef

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#### School Photos Difference

This year have your child's school photos aken with One Stop

Enjoy a fun, relaxed photo shoot were we make sure your photos turn out right. Blemish removal and digital backdrops give you school photos better than ever!

Choose from a wide variety of backgrounds and kages for your complete

Call Jerry at 569-0130

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Come in and Check Out our NATURAL FACTORS

Sale OPEN Daily till 5:30pm Friday till 6:00pm



Daily Soup & Sandwich Specials
-WEDNESDAYS ARE WING NIGHT
\* Eriday Special \*

Friday Special

3 Piece Chicken Dinner

with Mojos, Potato Salad & a Bun
- SATURDAY IS PIZZA NIGHT - Home-made Pizza Crust - Soft Ice Cream

- Screamers

- Slushy - Hard Ice Cream

Monday to Thursday 8:00am - 7:00pm Friday & Saturday 8:00am - 8:00pm Sunday 8:00am - 3:00pm **NEW FALL HOURS** 

> FREE The Little FREE



Serving BC's Friendlicst Town and Area!!

For the week of Wed., Sept. 10th. 2003

### SCHOOL NEWS

The September meeting of the McBride Secondary School Parent Advisory Council will be held in the school library starting at 7:00PM. All parents of students currently registered at McBride Secondary are voting members of the PAC. At the September meeting, nominations for and election of executive positions will take place. There are three executive positions - President, Secretary/ Treasurer, DPAC Rep.

September 19 is a Non Instructional Day in School District No. 57.
School will not be in session, however, teachers will be taking part in a number of professional development activities through out the school, zone and province.

Are you interested in volunteering as a coach for the volleyball season? McBride Secondary has a great number of eager young players looking for adults to help them with their season. If you are interested, please drop by the school to complete a volunteer application form. Your time and effort will be greatly appreciated by the students in our community.

# DEER MEADOWS TOURNAMENT NEWS

Saturday and Sunday saw the ladies and men golfing at Deer Meadows Golf Resort in the year end tournaments. Everyone enjoyed the fine weather and good food. Thank you to Advantage Insurance and Robson Valley Hardware for their sponsorship of the Hole in one prize. Thanks also to the following businesses for sponsoring competitions on individual holes; Firth Hollin Enterprises, Powerhouse Pub, McBride Husky, Bank of Nova Scotia, McBride Chevron, Rose Garden, McBride Forest Industries, McBride Realty Centre, Clarica, Deer Meadows, Robson Valley Pharmacy and DNG Developments. Thanks also to Dave Shantz and Brenda Isadore for acting as spotters for the hole in one competitions and to Bob Mitchell and Teresa Caputo for running the putting contest. Winner of the ladies low gross was Gail Shantz and low net was Anita Jones. Winner of the men's low gross was Simon deFrias and low net was Bob Mitchell.

Through a 50/50 Draw, money was raised for the North Thompson Fire Relief Fund.

### GOMING EVENTS

Crafty Saturdays: 9:00-10:30 (be on time). Sept. 13 - picture frames, small books. Sept. 20 - soap, bath salts. Sept. 27 macrame, burlap stitching. Call 569-0133 for details and to register, or just

The McBride Big Country Snowmobile Club presents the BCSF Grass Drags on Saturday, September 13th, and Sunday, September 14th at the Beaver Creek Lodge in McBride. There will be a dance Friday, September 12th at the Elks Hall and a Pancake Breakfast on Saturday, September 13th at 7:30am. Concession all day. \$5.00 per person (gate pass) or \$10.00 per car load. Pit Pass \$5.00 extra per person. Free admission for Seniors and Children under 5. Parking on site. For more information call Carrie at 569-2709 or Denise at

Volunteer Meeting - 2 Day Drags - This Saturday & Sunday - Volunteer Meeting Thursday 7:30p.m. on the site at the Beaver.

The 2003 Terry Fox Run for Cancer Research will be on Sunday, September 14, 2003. Registration at the McBride Highschool at 10:00am and the run starts at 11:00am. Call Eleanor at 569-2459 for more information. T-Shirts are available - Adult \$15.00, Youth \$10.00. There will be a picnic in the park.

Robson Valley Fall Fair AGM will be held on Monday, September 29th at 7:00pm in the CREDA office. If there are volunteers who do not wish to see the end of the Fall Fair, please attend this meeting as this will be the last meeting the current Fall Fair members hold.

# GOMMUNITY ANNOUNCEMENTS

Community Volleyball - Attention: Volleyball Enthusiasts interested in putting a team together for volleyball this sea Val at 569-3122. PLEASE REGISTER BY SEPT. 26
Dunster Farmers Market - Saturdays 10 a.m. - Noon. July 12 to September 13th. Starting

# BIRTHDAY WISHES SEPTEMBER 10-16

David Walker, Bennett Rothenberger, Rhonda McCutcheon, Marlene Caron, Andre Hryhirchuk, Andrew Hryhirchuk, Rob Pepper, Gerald Moore, Dave Jeck, Elaine Brandt, Larissa Ingerdahl, Leah Bachrach, Travis Wall, Helen Marsh, Sandra Mills, Jennifer Bosley, Noel Paradis, Chris Batko, Rachel Anderson-Kirk, Cory Lamming, Kenton Bressette, Sunny Hee-Seon, Sylvia Melnychuk, Warren McLennan, Melody Lewis, Rose Elliott, Patti Lintick, Irene Berndsen, Jesse Trask, Bradley Sloan, Don McNaughton, Wanda Lamming, Elizabeth Griffith, Amber Godfrey, Heather Littlechild, Mike Mills, Ryan Bodnarchuk, and to anyone we missed Happy Birthday.

Greyhound Bus Schedule
Depart to East-9:50am & 2:35am • Edmonton
Depart to South-9:50am • 5:40am • Prince George
Depart to South-9:50am • Kamloops
Please contact The Little McBride Paper with all coming events, news, trivia, comments, anything!! Ph:569-3110, Fax:569-0220, E-Mail: forever@mcbridebc.com, write to Box 441, McBride, B.C.
V0J 2E0 or drop off at 981 - 5th Ave. If we don't know about it, we can't write about it!! Susan & Scott Glines-Broom & Oscar

Take a Break in McBride...B.G.s Friendliest Town!!



Dave Marchant and Genene Mackie Come in and Welcome our Assistant Managers

Wed. Bistro Stew & Tomato Soup with Grilled Cheese Sandwich

Pesto Pasta

Fried Chicken

Peanut Butter & Jelly Sandwich, Hot Dogs, Mini Pizzas, Jello, Chip Carrots & Dips Guest Chefs Margaret & Sharon Back To School Kids Lunch -

Beef Stew in Bread Loaf Taco Taco Salad

Wed. ed. Baked Potato, Topping & Salad & Tomato Soup & Biscuit call 569-0133 for "delivery" or "to go"

Whiskey Jack Holdings
Crane / Backhoe / Dump Truck

Call Mike 569-2642 Services

Employment Assistance Service Robson Valley Home Support Society

### D **JOB?**

Contact Bob Thompson 569-2266 **WORKER?** 

## Canada WHISTLE STOP GALLERY

Beautiful Selection of Local Arts and Crafts
Open Daily/at the end of main street

THE HAIR SHOPPE
Now Located at 803 3rd Ave. - side entrance

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Beautiful Hand Crafted Brooms
VISA
Add pleasure to your sweeping chores
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Bearings and Seals • U-Belts • Roller Chain •
Clatches to fit most Tractors • Alternators • Starters •
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Older 3 Bedroom Mobile Home - \$350.00 per month
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25 Years Experience
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Are you over-burdened by all the paperwork your business seems to accumulate all too quickly?

Do you find yourself putting it off more and more often?

What you need is a Virtual Assistant.
Wanda at Wahoo Enterprises is a Virtual Assistant and can help you get out from under all that paperwork.
To find out more, visit our website and click on "Virtual Assistant Services" or call Wanda at the number below.



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Website: http://www.wahooenterprises.ca Email: info@wahooenterprises.ca

Butcher Hogs For Sale
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Piano Lessons available for ages
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You're never too old to learn!
A half hour lesson is \$8.00.
Learn how to play piano,
and have fun at the same time!!!
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phone Martina @ 569-0118.



Your Neighbourhood Food Store DELI

Dr. Atkins Products
Halloween Chocolate Bars -Sausage Rolls...\$1.19 each Edam Cheese - 100g...\$1.79

Cotton Candy Pack -\$2.49 ¢.89 ... \$1.99 each

20 Litre ..... \$5.79

BAKERY

Jelly Doughnuts lly Doughnuts - 6 for...\$2.99
Flax Bread - 450g...\$2.59

Advantage Insurance Services Ltd.

Rosemary L. Hruby, CAIB 250-569-2264

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Monday to Friday 8:30am - 6:00pm

Saturday 10:00am 3:00pm

569-2418 ROBSON VALLEY **AUTO SERVICE** 

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AUTOMOTIVE, SMALL ENGINE &
HEAVY DUTY REPAIRS - PROPANE
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EXECUTIVE STYLE - EXECUTIVE SIZE
2480 Sq. Ft. Main Floor - Similar Bottom
Level including Double Garage & Double
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3 Bathrooms, Large Patio, New Roof,
Many Upgrades, Nice Landscaping Fronts
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Park Subdivision. Clear Title - No Agents
Asking \$150,000
Phone 569-3320 Evenings & Weekends.

DORVAL PLACE

Neighbourhood, Multi-family (Second right hand turn past the C.N. overpass west of McBride) Yard/Garage sale.

Saturday and Sunday, September 13 & 14, from 10:00 a.m. to 4:00 p.m.

Come and "Lets make a deal!"

as 14 households participating.

GONGRATULATIONS

McBride, competed in the Highland Heavy Games in Calgary on August 30, 2003 winning a silver medal against 16 other competitors. This is Duane's second year competing and his wife Carolyn (a figure skating teacher), his Mother and Sister, Cousin and family and 2 Aunts and Uncles noticed and admired how his technique gets so much better each year. On Sunday August 31, Duane competed in Canmore, Alberta again in their Heavy Games. We were very grateful the weather was so beautiful as were the hundreds of other viewers. Duane competed in all nine events and won Gold by 30 points over his 8 other competitors. There were 13 competitors in all and Duane was 1 point away from a Bronze Medal over all. The events are Putting the Stone (Braemar and Open), Throwing the weight of 56 pounds over the bar, the Sheaf Toss (throwing 20 lbs. with his homemade pitchfork over a bar) to 20 feet high and Throwing the Hammer. Duane threw 64 feet 11 inches in the 22 pound and 84 feet 9 inches in the 16 pound hammer. The last event is always the Caber Toss in which Competitors throw a 15 foot pole weighing 130 pounds and try to flip it for a 12 o'clock score. Duane did very well in both Calgary and Canmore and we are very proud of him.

POLICE REPORT

INTERESTED IN JOINING THE ROYAL CANADIAN MOUNTED POLICE? -The next information session is in Prince George at UNBC on October 14 or 16, 2003. For more information please contact Pete, Troy or Lorri at (250)569-2255.

-August 29, 2003 - RCMP received a report of an intrusion alarm at 1021 Frontage Road. A member attended the business and the alarm was found to be false.

-August 31, 2003 - RCMP responded to an incident at 100-1st Avenue, where one male had been throwing chairs around and causing a disturbance. Patrols were made and the male was located on Main Street near the IGA; causing a disturbance. The man was arrested for Drunk in a Public Place and was lodged in cells until

sober the next morning.

-August 31, 2003 - In the early morning, police were alerted to a mini van upside down in the ditch 16.3 km East of McBride on Highway 16. A passer-by had come upon the single vehicle crash and took the driver to McBride Hospital. The driver was treated for lacerations to the head and hand areas. There was only one occupant in the vehicle at the time of the crash.

-September 01, 2003 - A chemical spill from an unknown substance was reported at 868 NW Frontage Road. Environment Canada was contacted and appropriate safety precautions were followed and the matter was dealt with.

-September 02, 2003 - A women's Saskatchewan Drivers Licence was turned into the RCMP Station. The ID was left in a gas station washroom and turned in by employees. RCMP are trying to locate.

washroom and turned in by employees. RCMP are trying to locate the owner of the ID with negative results.

-September 04, 2003 - A Husqvarna chainsaw was turned into the office after being found on the side of the road near Koeneman Park. The following day, the owner came to report that they had lost a chainsaw the day before. The description given, correctly matched that of the Chainsaw and was returned to the owner. Thank you to the honest citizen who turned the item in to the RCMP.

-September 05, 2003 - A bear has been spotted in the Dominion Creek area in the Village. We urge citizens to use caution in this area and to keep your children out of the bush areas. Prince George Conservation has been notified of the incident. The bear seems to be harmless at this time and we ask the Highschool students to use the roadway on 2nd avenue to go to school instead of going down by the bridge.

The remainder of the calls were of a general nature and routine in

# **GHURGH NEWS N. THINGS**

Anglican United Church - Downtown Thrift Store on Dominion Street. - Mens, ladies and children's clothing -Open: Tues. 1:30 - 2:30 - Sat. 10:00 - 12:00-Dorcas is CLOSED for the summer but the Foodbank is still OPEN Tuesdays from 1-3pm. Phone 569-3186-Seventh-day Adventist Church-Meet Saturdays at 9:30 & 11a.m. and Wednesdays at 7p.m. Phone: Ph:569-0244-Mennonite Church-Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-3302-Mountain Chapel (PAOC)-Sunday School & Adult Classes-10am, Services-11am. Ph:569-3350-Anglican United Church-441 Dominion Street. Meet Sundays at 9:00 a.m. Phone 569-3206 or 569-3386. Hall Rental contact Dorothy Simpson 569-3343-Evangelical Free Church-Sunday School at 9:45 a.m. and Worship Service at 11:00 a.m. Ph:569-2378 or 569-8845 Pastor Dan Carlaw-Robson Valley Christian Centre-Meets in home Sundays 11am, Dunster Ph:968-4335-St. Patrick's Catholic Church-Meets Sundays at 10:00am Ph:569-2606. "Catholic Faith for Adults" inquiry class. Contact Sr. Olive.

Via-Rail Schedule (temporary additions) Phone 1-888-842-7245

Via-Rail Schedule (temporary additions) Phone 1-888-842-7245
Going West - Sunday, Tuesday, Wednesday & Friday...2:40pm
Going East - Monday, Thursday, Friday & Saturday...12:47pm
Seniors (60+) take a friend for free (any age)
(in economy class) Nation wide

1-800-256-7857
Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to Provincia
Dial this Number 1st and ask operator to connect you to provinc

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Rodger L. / Agent

The Center of Real Estate

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Beauty Barn

from September 13th to 23rd OPEN Tues., Wed., Fri. & Sat. 10-5
There will be No Hairdresser Saturdays There will be no Esthetician

until further notice.

Fully Licensed Esthetics & Hair Salo
1102-4th Ave. Call 569-2294 for Appointment



Cedar Limited

T.R.C. Cedar Limited will have a professional crew (VALEO Films Inc. from Texas) a TRC promotional film at our mill in McBride on Sept. 15th/2003.

Professional bull-riding finalist B. J. Cramps will also be in attendance.

We invite the public to visit the mill office between 12 noon and 2 p.m. on September 15th to meet the movie crew and B. J. Cramps and learn more about TRC's recent successful SFI eco-certification.

#### Auto Servic

569-2666

Does your vehicle need Winterized? Certified Welding at Shop or Mobile

WINTER TIRE Drop in or give us a call.

### THOUGHT OF THE WEEK SPECIALS

people walk to the back of the store people buy cigarettes at the front. to get prescriptions while healthy Why do supermarkets make sick

# BUY, SELL, RENT & MISG.

man. No PETS. Ph:569-2478••For Sale-Matching yellow chesterfield & chair. Phone McBride Hotel at 569-2277••For Sale-1 large pellet stove with extra vent pipe. \$1000.00 o.b.o. Phone 569-2350••For Sale-Fridge & Stove. \$500 for the pair or will sell separately. Phone 569-2475••McBride House To Rent-Close to schools & Hospital. Fridge, stove, washer & dryer included. Propane heat & wood heat. \$550/month + D.D. Phone 569-2637 or 1-403-746-0085••For Rent-Three Bedroom Trailer #17 Hatchards Trailer Court. \$425.00 per month - This includes Pad Rent & Propane Heat. Must have References. Phone 569-2594••For Rent-3 bedroom Mobile Home. Available immediately. \$425/mo. plus utilities. Reference required. Phone 569-2571••House For Rent-1 Bedroom, washer, dryer, fridge, stove & dishwasher. Phone 569-3459••For Sale-Brand New Fridge \$650 / Stove \$600 / 5 Queen Size Beds with Frames \$200 each. Phone: 569-2594 (Sherry)••House For Sale-800 sq. ft. house. Recent renovations, close to town. \$12,500. Phone 569-090••For Rent-3 Bedroom House. Call 569-2712 Days or 569-2531 Evenings••For Sale on 3rd Avenue. Phone 569-2712 or 569-2531••To place an ad here call 569-3110 or drop info + \$'s at 981-5th Ave. Coll 569-3110 or drop info + \$'s at 981-5th Ave. For Sale- 11 ft. PU Camper. \$1000 o.b.o. Phor 3320••For Rent- Ground level 2 bedroom suite for individual(s). Fridge, stove, heat, hydro incl. \$500 /mo. No PETS. Ph:569-2478••For Sale-Matching \$1000 o.b.o. Phone 569for mature 500 - \$550

### Did you ever stop and wonder...

Road Runner had enough money why didn't he just buy dinner? to buy all that ACME If Wile E. Coyote from the crap,

Take a Break in McBride...B.G.s Friendliest Town!!

## Main St. McBride

Summer Clearance Specials. This is our final week for

Sale ends Saturday, Sept. 13 Watch for In-Store details.

#### Fish & Wildlife Club Robson Valley

Wed., Sept. 10/03 - 7:30 p.m. 5314 - 1/2 Mountainview Rd. 'TRAPPER'S SHACK' Next to Bryan Monroe's Shop MEETING

For more information call Joe 569-2549 or Bryan 569-2279

Scott & Susan Glines Ph:569-3110 981-5th Ave. Fax:569-0220 BOARDS •

### THINK ABOUT IT...

You can't off the floor. fall