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Dry Fir, Spruce & Pine Mix
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OPEN Daily till 5:30pm

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McBride



JENNY'S Shop N Wash
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FRESH SUBS

- Daily Soup & Sandwich Specials -
- WEDNESDAYS ARE WING NIGHT -

- * Friday Special *
Hot Turkey Sandwich
on Herb Bread
with Veggies & a Green Salad
- SATURDAY IS PIZZA NIGHT -
- Home-made Pizza Crust -



- Soft Ice Cream
- Creamers
- Slushy
- Hard Ice Cream



We will be OPEN longer
Monday - Saturday till 8:00pm



Main St.,
McBride
569-3166

Mon.-Thur. 8am-6:30pm, Fri. 8am-7pm, Sat. 9am-6pm, Sun. 9am-5pm

BONILESS PORK LOIN



2.99 / lb.
West Best Ice Cream
4 L - Select Varieties
5.39

Rogers White Sugar
4 kg - 4.50

Fresh Bing Cherries
4.99 / lb.

Seedless Red Grapes
1.88 / lb.

WEST BEST FLOUR
10 kg - 4.99



West Best Coffee
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West Best
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Main St. McBride 569-2415

Check out our

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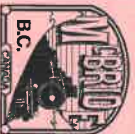
Great Gift Ideas for

Father's Day & Grad

FREE The Little FREE

McBride

Paper



Serving BC's Friendliest Town and Area!!

For the week of Wed., June 4th, 2003

"GOODBYE FOR NOW"

We would like to say "Goodbye For Now" & Thanks to everyone for 22 great years here in McBride. A special Thanks to Michele, Amanda & Gerald especially Amanda for arranging our going away party, and Eileen Lawrence for the use of her shop. Also to everyone for coming to send us off with your good wishes, incredible gifts, and absolutely great food. We can't begin to describe how much we shall miss you all.

Judy & Dale

COMING EVENTS

Seniors Trip to Mount Robson - Every senior is welcome. The trip is free, but you must pay for your own lunch. We will be leaving from Beaverview Lodge on June 17th at 9:00am and returning at 2:00pm. You must sign up at the Beaverview Lodge or call Uta at 569-2251, ext. 216.

Community Market - Every Friday from 12pm to 3pm in the Park Pavilion from June 27th to September 5th.

SCHOOL NEWS

McBride Secondary School Student Council will be holding their annual Spirit Day on Thursday afternoon. All students will be involved in a variety of activities that promote team building and school spirit. The afternoon is designed to be fun and participatory. This day allows students to get rid of a lot of energy and acts as a reminder that the final two weeks including exams are upon us and a real focus on school work is important to everyone.

Friday June 6th is a Non Instructional Day in School District No. 57. Classes will not be in session, however teachers and school staff will be involved in a variety of school planning and professional development activities.

A reminder to parents that school and provincial examinations begin on June 18th. Students who do not have a scheduled exam are not required to be in attendance, however, the library is open for quiet study and teachers are available for additional help.

Plan to attend the McBride Secondary School Annual Awards Night on Monday June 23rd starting at 7:30PM in the school gymnasium.

Graduation 2003 will be held at the Robson Valley Recreation Centre on Saturday June 28th. Come celebrate the success of the students in our community.

COMMUNITY ANNOUNCEMENTS

*The McBride and District Public Library has a position available for a student returning to school in the fall. *Qualifications should include the ability to update and maintain the library website, delivering Internet training, good communications skills and a good knowledge of the Internet. *Applicants must be between the ages of 15 and 24 years at the date of hiring. *Please submit resume to the Librarian by the close of business Friday, June 6, 2003.

Tuesday Evenings 7 - 8 p.m. Come join us at the Beanyery 2 - Glen Stanley "hiking / climbing, locally" Slides and discussion. FREE, All Welcome!!!

GARAGE SALES

Yard Sale - June 7th & 8th (Sat. & Sun.)

Misc. items & some tools.
#18 Mountainview Trailer Court.

FOUND

Found - Glasses found Sunday, May 11 Main Street area between old Post Office & Odds N Ends. Phone 569-3110 to identify and claim.

CHURCH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street. - Mens, ladies and children's clothing -OPEN: Tues. 1:30 - 2:30 - Sat. 10:00 - 12:00 •Dorcas & Foodbank-OPEN Tuesdays from 1-3pm. Phone 569-3186•Seventh-day Adventist Church-Meet Saturdays at 9:30 & 11am. and Wednesdays at 7p.m. Phone: Ph:569-0244•Mennonite Church-Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-3302•Mountain Chapel (PAOC)-Sunday School & Adult Classes-10am. Services-11am. Ph:569-3350•Anglican United Church-441 Dominion Street. Meet Sundays at 9:00 a.m. Phone 569-3206 or 569-3386. Hall Rental contact Dorothy Simpson 569-3343•Evangelical Free Church-Sunday School at 9:45am. Worship Service at 11:00 a.m. Ph:569-2378 or 569-8845 Pastor Dan Carlaw•Robson Valley Christian Centre-Meets in home Sundays 11am, Dunster Ph:968-4335•St. Patrick's Catholic Church-Meets Sundays at 10:00am Ph:569-2606. "Catholic Faith for Adults" inquiry class. Contact Sr. Olive.

Greyhound Bus Schedule

Country King
Depart to East-9:50am & 2:35am • Edmonton
Depart to West-8:05pm & 5:40am • Prince George
Depart to South-9:50am • Kamloops

Please contact The Little McBride Paper with all coming events, news, trivia, comments, anything!! Ph:569-3110, Fax:569-0220, E-Mail: forever@mcbridebc.com, write to Box 441, McBride, B.C. V0J 2E0 or drop off at 981 - 5th Ave. If we don't know about it, we can't write about it!! Susan & Scott Glines-Broom & Oscar

Take a Break in McBride...B.C.'s Friendliest Town?!

Time for coffee
Time for tea
Time for smoothies
Something to eat?
569-0133



M-F 7-4:30
Sat. 8-1:00

Wed. Potato Chowder - Ham Sandwich
Thurs. Bistro Stew - Mango Salsa Cheese Bagel
Fri. Tomato Consomme - Meat Loaf in a Pita
Sat. (Indian) Curry
Mon. Spring Lentil Soup - Falafels in a Wrap
Tues. Chicken Soup - Terrine on French Bread
Every day: bagel sandwiches, healthful snacks and juices
Now Serving "blueberry bagel twists" and "sticks"
(great for kids' lunches and snacks)

WHISTLE STOP GALLERY

A Beautiful Selection of Local Arts and Crafts
Open Daily/at the end of main street

THE HAIR SHOPPE

We Carry JOICO Supplies

569-3359 OPEN Monday to Friday

McBride Old Fashioned Broom Factory

Beautiful Hand Crafted Brooms

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5 Km West of Town 569-2377

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Rebar's and Seals • U-Belts • Roller Chains •

Chisels to fit most Tractors • Alternators • Starters •

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PIONEER DAYS SPECIALS

*BOWEN THERAPY**RELEXOLOGY**MASSAGE*

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FOR RENT

Three bedroom mobile home in Riverbend Mobile Home Park, 6 inch walls, fridge, stove, washer, dryer, fenced yard. \$450 per month. 968-4375

569-0189

DSD Computers 569-0334



Retail / Service / Repairs / Sales / Trouble Shooting

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New Temporary Hours

Monday - Friday 10:00am - 4:00pm

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Whiskey Jack Holdings

Crane / Backhoe / Dump Truck

Services

Call Mike 569-2642

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Call 569-2594

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25 Years Experience
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(Manual & Computerized)

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Fuel Tax Rebate

For appointment Call 569-2503

1993 Buick Century Custom
163,500 original kms.

Immaculate, well maintained car.
Phone 569-3296

HOUSE FOR SALE - 1983 Mobile Home for sale on 2 acres, 1355 Dyke Road, 14'x70' with 12'x26' addition (5 years old). 3 bedrooms & two bathrooms, new roof & windows, nice yard and good gravity water. 569-0028

TRC Manufacturing Ltd. is accepting resumes for part time positions in the bagging plant.
Please fax resume to 569-3433

SEAT SALE:

Bench and bucket seats
from \$20.00 to \$50.00.

923 Airport Road 569-8830

Employment Assistance Service
Robson Valley Home Support Society

NEED A JOB?

NEED A WORKER?
Contact Bob Thompson 569-2266

Canada
Funded by the Government of Canada

FARM FOR SALE

150 Approx. Acres

All in Crop

3057 Eddy Road

Interested parties please phone
for Appointment.

Phone 569-6801

IGA

233 Main Street
McBride, B.C.
569-2712

HOMETOWN PROUD

DELI

Pastrami - 100g...\$1.69
Cooked Chicken Breast - 100g...\$1.79

MORE PLANTS ARRIVING FRIDAY

Moneys Mushrooms - Portabella - Lemon
Garlic Herb or Zesty Herb - 170g ...\$3.99
Single Rose.....\$3.99 each
Heinz Beans - Assorted Varieties.....\$4.99
Turtles, Pot of Gold, Crefin Belgian
Chocolates or Nestle Black Magic.....\$4.99
Pork Back Ribs.....\$4.49 / lb.
Eye of Round Steak -
Family Pack\$3.99 / lb.
BULK BBQ Weiners.....\$1.39 / lb.

BAKERY

Potato Rolls - 6 for...\$99
Focaccia Bread - 340g loaf...\$1.29



EXECUTIVE STYLE - EXECUTIVE SIZE
2480 Sq. Ft. Main Floor - Similar Bottom Level including Double Garage & Double Car Port, Two Huge Stone Fireplaces, 5 Bedrooms,
3 Bathrooms, Large Patio, New Roof, Many Upgrades, Nice Landscaping Fronts to Reg. Dist. Park. 2.44 Acres in Dorval Park Subdivision. Clear Title - No Agents
Asking \$150,000
Phone 569-3320 Evenings & Weekends.

McBride Computer Center

Sales and Service Upgrades
Networking Digital Cameras
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Email: carl@mcconline.net

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AUTHORIZED STEEL DEALERSHIP
& REPAIR FACILITY

TRIMMER SALE

June 1 to July 31
Watch for Flyers or come in and pick a Flyer up
AUTOMOTIVE, SMALL ENGINE & HEAVY DUTY
REPAIRS - PROPANE
MON.-FRI. 6AM TO 6PM SATURDAY - 9AM - 5PM

MCBRIDE ROUNDHOUSE

THEATRE SOCIETY

Presents The Northern Orchestra - Featuring Members of the Prince George Symphony and other Northern Musicians. Sunday June 8th, 3:00p.m. at the Roundhouse. Matinee performance. Gordon Lucas is the conductor, Assistant conductor - Keith Bokvist. The orchestra will be performing works by: Mozart, Beethoven, Handel and Rossini. Guest soloist Heather Campbell who plays with the Toronto Symphony. Tickets available at Stedmans in McBride 569-2415 or Raven Office Services in Valemount 566-4225. Tickets are Adults \$16.00 & Students \$8.00.

POLICE REPORT

May 24, 2003 - RCMP received a complaint of an Indecent Act on Highway 16 East of McBride at the Holmes River Bridge. A vehicle had passed a motorist and then pulled off on the side of the highway. The driver proceeded to get out of the vehicle and wave completely unclothed to the passing female motorist. The matter is currently under investigation.

May 25, 2003 - A complaint of theft of a 1982 blue Dodge pickup, money and some personal items was reported from a residence in Lamming Mills. This matter is currently under investigation.

May 26, 2003 - A report of Break and Enter to a residence in Lamming Mills was reported to have happened last week. Entry was gained into the residence but nothing was taken.

May 26, 2003 - A wallet was found on Main Street, near the Home Support Office. A caring resident of McBride turned the wallet into the RCMP and it was returned to its owner.

May 27, 2003 - Another incident of cruelty to animals has occurred within the village. During the weekend a dog became ill and had to be put down due to suffering from the effects of antifreeze poisoning. The RCMP are investigating this matter and encourage the citizens of McBride to please report any information that they may have to assist.

May 28, 2003 - A report of a single vehicle crash involving a moose and a freight truck 18 km West of McBride was made. Unfortunately the moose suffered severe injuries and had to be disposed of.

The remainder of the calls were of a general nature and routine in service.

THANK YOU

A big thank you to the grade 7's from McBride and Dunster, Mrs. Janicke, Mrs. Mecuri and all the parents who helped clean up and prepare the gardens at the hospitals. Their help was greatly appreciated and will make the volunteer's job much easier this summer. Thanks again, the hospital garden committee.

Thank You to all present & past forestry workers for their donation of \$261.43 from their coffee money fund. Also \$155.00 donation at Oscar's Museum from Lamming Mills Reunion was given to the Hospital Auxiliary from Maurice & Isabelle Bonneville. Thank You for choosing the Auxiliary.

BIRTHDAY WISHES June 4 - 10

Linda Conrod, Dennis Shawara, Sarah Taylor, Matthew Roth, Steve Gillatte, Richard Nash, Brenden Lamming, Jessica Kraby, Danny Caputo, Tricia Peterson, Adrien Hooper, Kitty Firlay, Wade Lovli, Nicole von der Gonna, Floyd Whiting, Dave Shantz, Marvin Sarasin, Carleigh Gainer, Lane Longuskie, Sadie Pryor, Leanne Wiltsie, Kaleb Bouvier, Kelly Vizza, Kassandra Taylor, Danny Smith, Christopher Johansson, Fernando Vecchio, Brenna Pepper, Daylene Bodnarhuk, Trevor Hicks and to anyone we missed Happy Birthday.

BUY, SELL, RENT & MISC.

For Sale-1 pair of Breeding Love Birds w/cage & accessories. \$200.00 o.b.o. Ph: 569-0386 and ask for Carrie•House For Rent- in McBride. Price Negotiable. To handy, sober person. Call 569-2637 or 1-403-746-0085•For Sale-1989 Ford Econoline 350 cube van. 106,000 km. Asking \$2500. Phone 569-8866 evenings•For Rent in McBride-2 - 2 Bedroom Apartments with fridge, stove, security entrance, and a washer & dryer on the premises. References required. Phone 569-2694 or 569-3389•For Rent-3 Bedroom Trailer furnished. \$475. Phone 569-0303•For Sale or Rent-Beautiful Mobile Home, 1/4 Acre, 3 Bedroom, 2 Bathrooms, 5 Appliances, Hardwood Floor, Wood Shed & Garden. Bright, sunny and very well maintained. \$550 per month. Phone 250-390-4305•WANTED-Hydraulic Wood Splitter with hydraulic pump & motor. Phone 569-0261•FOR RENT-3 Bedroom Mobile - Lot 17 in McBride. Excellent Condition - Rent Negotiable. Reference Required. 569-0033•For Sale-800 sq. ft. house. Recent renovations, close to town. \$12,500. Phone 569-0090•For Rent-3 Bedroom House. Call 569-2712 Days or 569-2531 Evenings•For Sale or Rent-Mobile Home. Phone 569-0059•House For Sale on 3rd Avenue. Phone 569-2712 or 569-2531•To place an ad here call 569-3110 or drop info + \$'s at 981-5th Ave. (\$3/week + GST).

Phone 1-800-561-8630
Via-Rail Schedule
Going West - Sunday, Wednesday & Friday...2:40pm
Going East - Monday, Thursday & Saturday...12:47pm
Seniors (60+) take a friend for free (any age)
(in economy class) Nation wide

Important Phone Numbers

EMERGENCY.....	9-1-1	Forestry.....	569-3700
R.C.M.P.....	569-2255	Village.....	569-2229
Hospital.....	569-2251	Reg'1 Dist'.....	1-800-667-1959
Health Unit.....	569-3765	Home Support.....	569-2266
K to 7 School.....	569-2721	Food Bank.....	569-3186
High School.....	569-2295	Fire Hall.....	569-3117
Dunster School.....	968-4414	Greyhound.....	569-2570
School District 57.....		The Little McBride Paper.....	569-3110

1-800-256-7857
Inquiry B.C.:1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...
Dial this Number 1st and ask operator to connect you to provincial department.

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THE LOGGER AND THE LADY

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MONDAY TO FRIDAY 10 - 6
AFTER HOURS CALL 569-2539



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Aquafina Water

6 pack of 710 ml

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Fully Licensed Esthetics & Hair Salon
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Elks/Royal Purple Pioneer Days

Mixed Slo-Pitch
Tournament

June 21st, 22nd & 23rd, 2002

Cost: \$250.00/team Mixed: 4 girls/6 guys

Prize money (based on 8 teams)

1st - \$750.00

2nd - \$550.00

3rd - \$250.00

Prizes for Most Sportsmanlike player for 1st game played.

Contact: Kathy Molendyk at 569-3239 for more details.

Deadline to register Friday, June 14th.

REMINDER!!

2003 Corporate Challenge

DEER MEADOWS GOLF RESORT

THIS SATURDAY, June 7th.

If you haven't registered yet, time's a ticking!

Sponsored by Robson Valley Pharmacy

Start time is 10:00 a.m.

Best ball format. Cash Prizes.

Phone 569-0191 or 569-8830 to register.

McBride Roundhouse

Theatre Society

THE

NORTHERN

ORCHESTRA

Sunday, June 8th 3:00pm

(Last Performance of the Season)

Tickets Are Adults \$16 - Students \$8

Available at Stedmans

McBride Business Vitality Assessed

Action Meeting Scheduled for June 9th

Whole Community Invited—McBride Village Hall 6:30-9 pm



What is the Business Vitality Index?

The Business Vitality Index (BVI) helps communities to assess their capacity to work with and support entrepreneurs, and to foster small business growth. The test measures the perceptions of community leaders, business people and citizens about the current business environment in their community and compares the results to an average of eight other rural B.C. communities to determine possible short, medium, or long-term actions the community can undertake to improve its business friendliness.

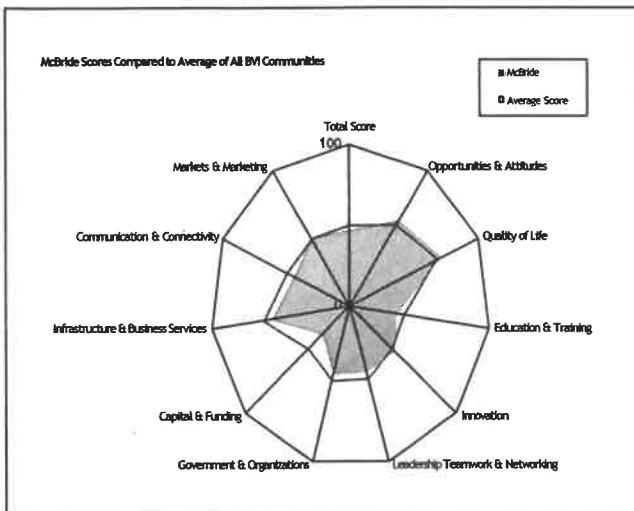
Community Futures Development Corporation of Fraser Fort George, the community sponsor organization, working in partnership with Village Councilor Rick Thompson, was asked to select and invite the community participants. These participants were to be 50% business people, 25% local leaders and 25% citizens, representing a diversity of interests, ages and perspectives in the community. On April 23, 2003, 22 citizens of McBride participated in Phase 1 of the BVI.

This first phase of the BVI included the assessment of the community's apparent small business resources and potential through a survey and a focus group session. A Phase 2 Action Session will be open to the entire community with the purpose of setting priorities for improvement, and jump starting the community to action. Phase 2 will be held on June 9, 2003 at the Village Hall from 6:30 to 9 pm.

McBride Scores Itself Low Overall, High in Community Co-operation & Support for Entrepreneurs

Participants were overwhelmingly positive in assessing the community, describing it as *friendly, scenic, safe, small, quiet, independent, cooperative, and tight-knit*. Participants identified its *natural beauty* as its greatest strength. In addition, a *strong work ethic, independent attitude, the people, abundant natural resources, small size, secluded location, friendliness, cooperation, and infrastructure* were mentioned as strengths by more than one participant. When participants were asked why they lived in McBride, *scenery, employment, friendliness, family-friendly, safety and small size* were the reasons mentioned most. Other reasons included *friends, isolated location, fertile soil, rural lifestyle, and opportunity*.

A comparison of McBride scores to other BVI communities revealed the community of McBride is *above average* on four of ten BVI sections. More specifically, the section scores of *Opportunities & Attitudes (+5%)*, *Quality of Life (+4%)*, *Innovation (+4%)*, and *Markets & Marketing (+1%)* exceeded the average, indicating areas of potential strength. McBride section scores that fell *below the average* included: *Capital & Funding (-34%)*, *Education & Training (-16%)*, *Connection & Connectivity (-*



Higher scores (those closest to outside of the ring) indicate a better overall capacity. A lower score indicates a lower capacity. See full results at www.BusinessVitalityIndex.com for methodology.

13%), *Infrastructure & Business Services (-12%)*, *Government & Organizations (-9%)*, *Leadership, Teamwork & Networking (-9%)*, indicating potential areas of concern. McBride also scored *below the average* on total score by 7%.

Despite the community scoring low on some sections, relative to all BVI communities McBride scored very well in the areas of community co-operation, arts and culture scene, quality of K-12 schools, access to health, community cohesion, support and attitude towards

entrepreneurship, having a high regard for learning and appreciation of innovation, strong local government committed to business, a strong downtown core, a strong sense of support for local businesses, and good print & word of mouth communication systems. These are all important community assets that should be recognized and possibly utilized when considering possible community action(s).

Possible Short-term Actions to be discussed at June 9th Action Meeting

- Improve telecommunications / develop telecommunications plan (look at cooperative structure for bringing in high speed (fibre optics)) - i.e. split out from the school (Min. of Competition Science & Enterprise)
- Engage youth in future planning efforts around education, entertainment, recreation & opportunities for business
- Develop brand around beauty / work ethic / independent attitude / creativity / seclusion ("find us if you can" where arts & a pioneer spirit meet the mountains) (use amenities/high scores in K-12 education, health care, arts & culture as potential characteristics in branding campaign to differentiate McBride)
- Use community forest as a catalyst for innovation, education &

economic development/ Create synergies around research related to community forest

- Work on a project that increases cooperation among groups (I.e. a pave McBride project that compares back alleys in Vancouver to Main Street in McBride in fun, positive ways)
- Drafting some short-term tourism actions & striking a tourism action group specifically around addressing shortage of high quality recreational opportunities (i.e. inventory what's here, opportunities, capital needed, possible out-of-area tourism players to engage)
- More networking opportunities for business (possibly quarterly topic-specific meetings, i.e. trends in technology, with one person responsible for research or bringing in guest speaker)

BVI developed & facilitated by: CFDC of Central Kootenay
201-514 Vernon Street, Nelson, BC V1L 4E7 (250) 352-1933 Contact: Mike Stolte
mstolte@futures.bc.ca / Terri MacDonald tmacdonald@futures.bc.ca
For full BVI results go to www.BusinessVitalityIndex.com

McBride Community Sponsor (in Partnership with the Village of McBride)
CFDC of Fraser Fort George,
1566 Seventh Ave, Prince George, B.C. V2L 3P4 (250) 562-9622
Contact: Laurie Kerr laurie@cfdc.bc.ca web-site: www.cfdc.bc.ca

Rick Hansen

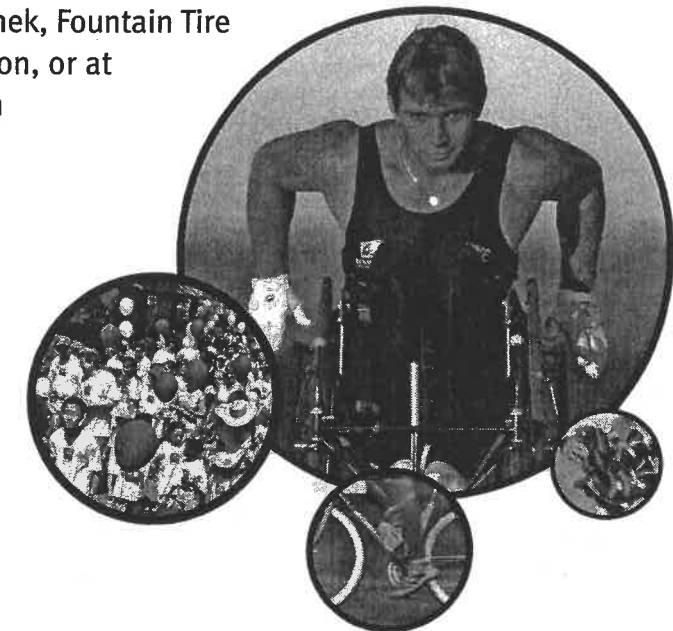
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WHEELS IN MOTION

Pledge to **WHEEL, BIKE, SKATE, RUN OR WALK** with Canadians all across the country to help improve the quality of life for people with spinal cord injury.

Pick up your pledge forms at any Scotiabank, Pharmasave, Sport Chek, Fountain Tire or Home Depot location, or at www.rickhansen.com

Friday
JUNE
13



PLACE: McBride Centennial School
1000 3rd Avenue
TIME: 12:45 pm
FOR INFO: 250.569.2241

1.800.213.2131
www.rickhansen.com



Win one of 25 Nike Rick Hansen Man In Motion Foundation limited edition T-shirts! Fill out this ballot, and deposit it at a Rick Hansen Wheels In Motion event on June 14, 2003.

First Name	Last Name	
Address	City	Province
Phone	Email	