



Main St.,
McBride
569-3166

FOODS

Mon.-Thur. 8am-6:30pm, Fri. 8am-7pm, Sat. 9am-6pm, Sun. 9am-5pm



HOTHOUSE TOMATOES
.98 / lb.

West Best Ice Cream
4 L - Select Varieties
5.39

Sunlight
Laundry Detergent
Select Varieties - 6.99

Robin Hood Flour
Select Varieties
10 kg - 8.99

Prime Rib Steak
6.99 / lb.

Rogers White Sugar
4 kg - 4.50



NEW
Pork Seasoned Patties
3.99 / lb.



GREEN SEEDLESS GRAPES
1.98 / lb.

MANY MORE UNADVERTISED SPECIALS
Your Community Grocer - Everyday Low Prices

Locally Grown Bedding Plants

OVER 100 VARIETIES!
Vegetables • Flowers • Herbs
PETE AMYOONY'S PLACE
7675 Read Rd., Dunster 968-4334
3 kms east of Dunster Hall
SUPPORT YOUR LOCAL GROWERS!
Open May 17 to June 8
10am to 8pm Daily
Closed Fridays

Wahoo Enterprises

927-2nd Ave., McBride, BC Phone (250)569-0320
Website: <http://www.wahoocenterprises.ca>
Email: info@wahoocenterprises.ca

Wanda's Bookkeeping Services offers confidentiality and very competitive rates. Get your GST, PST, payroll, billing, and source deductions done on time to avoid that constant headache.

FIREWOOD



FOR SALE
Dry Fir, Spruce & Pine Mix
or White Birch Green or Seasoned
569-0261

Health Heart & Home

Health Products, Gifts & Antiques
9246 Main Street, McBride, B.C.
Ph: 569-92559



SENIORS SALE
10% Off Supplements & Vitamins
Friday, May 23rd

Gifts
Antiques
Vitamins & Minerals
Bulk Spices
Bulk Herbs



McBride
JENNY'S Shop N Wash
569-0095

FRESH SUBS
- Daily Soup & Sandwich Specials -
- WEDNESDAYS ARE WING NIGHT -
* Friday Special *
Fish & Chips
with Coleslaw & a Dinner Bun

- SATURDAY IS PIZZA NIGHT -
- Home-made Pizza Crust -
- Soft Ice Cream
- Creamers
- Slushy
- Hard Ice Cream



We will be OPEN longer
Monday - Saturday till 8:00pm

FREE The Little FREE

McBride

Paper



Serving BC's Friendliest Town and Area!

For the week of Wed., May 21st, 2003

GOING AWAY PARTY

For Dale and Judy Stephens will be held on May 25th at Gerald and Amanda Moore's - 1490 Eddy Road, 6:00pm, Pot Luck, bring your own refreshments. Everyone is welcome. If weather is not permitting it will be held at the Legion.

SCHOOL NEWS

A reminder that the McBride Secondary Community Access Site provides free high-speed access to the Internet for community members. The site is open every Monday and Wednesday from 7:00PM - 9:00PM. Charges apply to other services.

The McBride Secondary School Video Conference Suite is available for booking. Please contact Rick Thompson if you would like to arrange a conference or require additional information on the site. McBride Secondary Student Council is organizing a 30 - Hour Famine event for students. In order for this event to occur, we require parents willing to assist with supervision from Friday, May 30th at 3:00PM through Saturday, May 31st 6:00PM. If you are able to help, please contact the school at 569-2295.

COMMUNITY ANNOUNCEMENTS

Found- Glasses found Sunday, May 11 Main Street area between old Post Office & Odds N Ends. Phone 569-3110 to identify and claim.

Tuesday Evenings 7 - 8 p.m. Come join us at the Beanyery 2 - Glen Stanley "hiking / climbing, locally" Slides and discussion. FREE. All Welcome!!!

The McBride & District Chamber of Commerce is developing the second edition of our travel guide. We are looking for pictures to include which show our area to it's best advantage. If you have any you wish to allow us to include in this guide please contact Steve Gillette at 569-8801.

The McBride & District Chamber of Commerce will be holding a general meeting on Thursday, May 29th, 2003. The location is the banquet room of the Powerhouse Pub and will begin at 7:00 PM. All members are welcome to attend.

LETTER TO THE EDITOR

May 12, 2003 Letter to the Editor - Most people in McBride are familiar with the community bulletin board - the creation of which was a real community project arising from response to a Health Promotion Committee survey. The board is behind plexiglass to save documents from the weather and from blowing away to litter the landscape; and it is located centrally with the cooperation of Dale and Gale Mason. Students in the highschool shop class built the bulletin board, funds came from Health Promotion and the Village, the Village crew installed the board which has been used by many individuals and clubs, and it is maintained by volunteers. Yes, sometimes the bulletin board gets backed up - too many posters on big paper, and nobody gets good exposure. We have asked that information be put on small cards, preferably 3x5. You can get pretty creative on even a small space. Then it would be easier to keep more information longer and neater. However, this past weekend, someone pulled some posters off the board through the mail slot and completely removed the sliding lock set. The lock is not much good without the key and the key isn't much good without the lock. So if you would like the key, phone me.

Linda Fry

DID YOU KNOW...

People do not get sick from cold weather, it's from being in doors a lot more.
The toothbrush was invented in 1498.

GAURGH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street. - Mens, ladies and children's clothing -Open: Tues. 1:30 - 2:30 - Sat. 10:00 - 12:00-Dorcas & Foodbank-OPEN Tuesdays from 1-3pm. Phone 569-3186-**Seventh-day Adventist Church**- Meet Saturdays at 9:30 & 11am, and Wednesdays at 7p.m. Phone: Ph:569-0244-**Mennonite Church**-Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-3302-**Mountain Chapel (PAOC)**- Sunday School & Adult Classes-10am. Services-11am. Ph:569-3350-**Anglican United Church**-441 Dominion Street. Meet Sundays at 9:00 a.m. Phone 569-3206 or 569-3386. Hall Rental contact Dorothy Simpson 569-3343-**Evangelical Free Church**-Sunday School at 9:45am. Worship Service at 11:00 a.m. Ph:569-2378 or 569-8845 Pastor Dan Carlaw-**Robson Valley Christian Centre**-Meets in home Sundays 11am, Dunster Ph:968-4335-**St. Patrick's Catholic Church**-Meets Sundays at 10:00am Ph:569-2606. "Catholic Faith for Adults" inquiry class. Contact Sr. Olive.

Greyhound Bus Schedule

Country King
Depart to East-9:50am & 2:35am • Edmonton
Depart to West-8:05pm & 5:40am • Prince George
Depart to South-9:50am • Kamloops

Please contact The Little McBride Paper with all coming events, news, trivia, comments, anything!! Ph:569-3110, Fax:569-0220, E-Mail: forever@mcbridebc.com, write to Box 441, McBride, B.C. V0J 2E0 or drop off at 981 - 5th Ave. If we don't know about it, we can't write about it!! Susan & Scott Glines-Broom & Oscar

Take a Break in McBride...B.G.s Friendliest Town!?

Employment Assistance Service
Robson Valley Home Support Society

NEED A JOB?

NEED A WORKER?

Contact Bob Thompson 569-2266

Canada

M-F 7-4:30
Sat. 8-1:00



569-0133

Time for coffee
Time for tea
Time for smoothies
Something to eat?
Wed. Carrot Ginger Soup - CousCous
Thurs. Zucchini Soup - Ham Sand. w/Saurkraut Salad
Fri. Chicken Soup w/ Soya Noodles - Veggie Burger
Mon. Garlic Potato Soup - Orzo Salad
Tues. Cod Fish Chowder - Apple Brie on a Bagel
Every day: bagel sandwiches, healthful snacks and juices
Now Serving "plumbeery bagel twists" and "sticks"
(great for kids' lunches and snacks)

WHISTLE STOP GALLERY

A Beautiful Selection of Local Arts and Crafts
Open Daily/at the end of main street

THE HAIR SHOPPE

We Carry JOICO Supplies

569-3359 OPEN Monday to Friday
McBride Old Fashioned Broom Factory
Beautiful Hand Crafted Brooms
Functional & Durable

5 Km West of Town 569-2377

ROBSON VALLEY FARM SUPPLY
8814 Horsley Creek Road (250) 968-4453

Bearings and Seals • V-Belts • Roller Chain •
Cartridges to fit most Tractors • Alternators • Starters •
3 Point Hitch • Front End Parts • Hydraulic Lines made to order

If you are interested in taking the required Boat Certification Program or challenging the exam, contact Teresa Smith or leave a message at 569-2535.

FOR RENT

Three bedroom mobile home in Riverbend Mobile Home Park. 6 inch walls, fridge, stove, washer, dryer, fenced yard. \$450 per month. 968-4375

DSD Computers
569-0189
or
569-0334

Retail / Service / Repairs / Sales / Trouble Shooting
We apologise for the disruptions,
we will resume regular hours soon.
Thanks for your continued patience.
Derek Watson,
Owner

ROBSON VALLEY COMMUNITY FUTURES

Presently Unemployed and
Collecting Employment Insurance.
Thinking of starting your own Business.
I may be able to help.
Possible Dollars Available and Free Consultation.
Contact Bob Smith at Community Futures 566-4817
Funded by the Government of Canada Canada

FURNISHED CONDO FOR RENT or
Unfurnished. By the Day, Week or Month
Call 569-2594

NADINE SHOVAR

Home Based Bookkeeping - Office Services
Office Temp Service - 25 Years Experience
For appointment Call 569-2503

FOR SALE

20' Treated Poles, Rolls of used rubber belting,
assorted lumber, 21' Steel gate, Steel Industrial
Doors - Some with windows. Phone 569-2503

Whiskey Jack Holdings

Crane / Backhoe / Dump Truck
Services

Call Mike 569-2642



Men, you can enter
any category of
Beard in the
Pioneer Days
Best Beard
Contest

The Klingleon

Number Cruacher Accounting Services

Amy Vause
569-0171



- Computerized Accounting/Bookkeeping
- Monthly Financial Statements
- Payroll
- Income Taxes
- GST

4 Years Post-Secondary Education; Major in Accounting Experience Specializing in Small Business References Available

Serving McBride & Valemount

**ROBSON VALLEY
AUTO SERVICE**

569-2418

**AUTHORIZED STEEL DEALERSHIP
& REPAIR FACILITY**

TRIMMER SALE

June 1 to July 31
Watch for Flyers or come in and pick a flyer up
AUTOMOTIVE, SMALL ENGINE & HEAVY DUTY
REPAIRS - PROPANE

MON-FRI 6AM TO 6PM SATURDAY - 9AM - 5PM

FARM FOR SALE

150 Approx. Acres

All in Crop

3057 Eddy Road

Interested parties please phone
for Appointment.

Phone 569-6801

IGA

233 Main Street
McBride, B.C.

HOMETOWN PROUD

DELI Pizza Salami - 100g...\$1.19
Pizza Pepperoni - 100g...\$1.19

Stuffed Boneless Pork Tenderloin	End Chops	\$2.69 / lb.
Betty Crocker Super Moist Cakes	- Asst. Varieties	\$1.99
Betty Crocker Frostings	- Asst. Varieties	\$2.49
Hamburger Helper	- Asst. Varieties	\$2.79
Com - 6 for		\$1.99
Pistachios		\$1.29 / lb.
OLD EL PASO		
Taco Shells - Yellow or White	- 12's	\$2.49
Super Taco Shells		\$2.49
Hard or Soft Taco Kits	- 379g	\$4.99
Burnito Kits	- 520g	\$4.99
Large Flour Tortilla		\$2.29
Taco Kit - 275g		\$4.29
Salsa - Thick, Chunky, Mild, Medium or Hot		\$4.29
Picante Sauce - Mild or Medium		\$4.29

BAKERY

Almond Croissants - 4 for...\$2.99
Orange Pound Cake - 400 g...\$3.99



EXECUTIVE STYLE - EXECUTIVE SIZE

2480 Sq. Ft. Main Floor - Similar Bottom Level including Double Garage & Double Car Port, Two Huge Stone Fireplaces, 5 Bedrooms,

3 Bathrooms, Large Patio, New Roof, Many Upgrades, Nice Landscaping Fronts to Reg. Dist. Park. 2.44 Acres in Dorval Park Subdivision. Clear Title - No Agents Asking \$150,000

Phone 569-3320 Evenings & Weekends.

McBride Computer Center

Sales and Service Upgrades

Networking Digital Cameras

Case Mods Custom CD Burning

968-4328

Email: carl@mcconline.net

COMING EVENTS

What: A one day forum for people from all over the northern region who are interested in the health and well being of children.
Why: To encourage inclusivity, To build cross-sectoral relationships, To move towards community sustainability, To identify celebrations and gaps in existing early intervention services for children, To encourage each community to develop a community coalition and advocacy group.
Who: Guest Speakers Dr. Clyde Hertzman and Cliff Dezell
When: June 14, 2003 8:30-4:00
Where: Esther's Inn-Orchid Room, Prince George. **Contact:** Louise Zerk@northernhealth.ca or call Louise Zerk at 565-7331.

Multi Family Garage Sale and Fresh Baked Goods. 1390 Koenenman Road or Mountainview Road. Friday, May 23rd 1:00pm - 4:00pm and Saturday, May 24th 10:00am - 4:00pm.
Multi Family Garage Sale Saturday, May 24th 10:00am. (no early birds please). Gainer's 1630 Koenenman Road. Girls clothing - newborn - size 6, Shoes, Toys, Baby Blankets and Bedding, Bikes, Strollers, Booster Seat, Household, and many other treasures!
R.V.J.A.'s Annual Plant Sale - 1055 Lanning Pit Road. Friday, May 23rd from 12:00 noon to 6:00 pm. Come choose from our selection of annual bedding plants! In addition there will be tables with baked goods, craft items and some yard sale items.
The Okanena Alpine Club AGM will be held on Wednesday, May 28, 7:30pm at Gillette's house. Phone Elaine at 569-2643 for information.

McBride Horse Camp starts Friday, May 30th 6-8pm. More details at Odds & Ends or call Irene at 569-2561. Private lessons starting now for anyone who is interested.
Community Market Every Friday from 12pm to 3pm in the Park Pavilion from June 27th to September 5th.

BIRTHDAY WISHTES May 21 - 27

Ashley Blangy, Cary Savarella, Michael Jeck, Barb Jeck, Danny McRae, Dylann Vause, Allen Blangy, Kristin Reid, Leonard McCarty, Wanda Horinek, Dustin Hatckard, Ron Hawkins, Katie Hagen, Julia Elliott, Ben Elliott, Deb Balceen, Trina Sandbach, Sharron Perkins, Delaney MacKinnon, Bridget McLeod, Christopher Turvey, Don Monroe, Travis Franke, Dustin Elliott, Daniel McClair, Melinda Monroe, Darlene Molendyk, Gary Schwartz, Ashley Chupicka, Andrew Carr, Rico Vizza, Marian McNaughton, Phillip Marsh, Margaret Franke, and to anyone we missed Happy Birthday.

ELKS/ROYAL PURPLE NEWS

Elks 70th and Royal Purple's 50th Anniversaries - On Saturday, May 24th we would like to invite the community (19 and over) to help us celebrate by kicking up your heels at the dance. The dance will start at 9:00 p.m. and go to 1:00 p.m. Music is provided by the "Elastic Band" out of Prince George. There will be a \$5.00 cover charge at the door. Also on Saturday, we would like to host a community horseshoe tournament. Call Barb Jackson at 569-0133 or stop by the "Beaneys 2" for more information. Deadline to register is Thursday, May 22nd.

BUY, SELL, RENT & MISC.

Computer For Sale-Penium 150, 64MB Ram, 3Gig Hard Drive, 8x CD-Rom, Floppy Drive, Sound Blaster 16, 2 Speakers, Trident Video Card, 56K Modem, 3 Parallel Ports, 2 Serial Ports, 4 USB Ports, Keyboard, Mouse, 15" Monitor, Windows 98, Perfect for Wireless Internet Firewall or Word Processing. Call 569-3110****For Sale-1989 Ford Econoline** 350 cube van. 106,000 km. Asking \$2500. Phone 569-8866 evenings****For Sale-**John Deere model 40 crawler dozer with gearmatic which and spare parts with crawler and new steering clutches and spare rollers. \$2000. Phone 968-4485 (Keep trying, will be in and out.)****For Sale-1997 F350 Crewcab XLT Diesel,** auto, 150k, \$15,000. 1986 15 passenger F350 Van. \$1200. Phone 968-4419****For Rent in McBride-2 - 2 Bedroom** Apartments with fridge, stove, security entrance, and a washer & dryer on the premises. References required. Phone 569-2694 or 569-3389****For Sale-1992 Saturn,** plastic body, 4 cyl, 5 spd, 190,000km. \$3000. Phone 250-569-2496****For Sale-1985 Fiero GT.** 154000km, V6, 4spd, has factory fin. \$2200. Phone 250-569-2496****For Sale-**Litclider Tomneau Cover for Dodge Ram 95-01 Shortbox \$425 o.b.o. Ph:569-0345****For Sale-30" 5th Wheel Trailer.** Phone 569-8881****For Rent-3 Bedroom Trailer** furnished. \$475. Phone 569-0303****House for Rent:**3 Bedroom House on 2nd Ave. Across from High School. \$450/mth. Reference Required Ph:569-3381****For Sale or Rent-**Beautiful Mobile Home, 1/4 Acre, 3 Bedroom, 2 Bathrooms, 5 Appliances, Hardwood Floor, Wood Shed & Garden. Bright, sunny and very well maintained. \$550 per month. Phone 250-390-4305****WANTED-Hydraulic Wood Splitter** with hydraulic pump & motor. Phone 569-0261****Suite for Rent-**982-5th Ave. No Pets. No Smoking. Available Immediately. Phone 569-3486****FOR RENT-3 Bedroom Mobile - Lot 17 in McBride.** Excellent Condition - Rent Negotiable. Reference Required. 569-0033****For Sale-800 sq. ft. house.** Recent renovations, close to town. \$12,500. Phone 569-0090****For Rent-3 Bedroom House.** Call 569-2712 Days or 569-2531 Evenings****For Sale or Rent-**Mobile Home. Phone 569-0059****House For Sale** on 3rd Avenue. Phone 569-2712 or 569-2531****To place an ad here call 569-3110 or drop info + \$'s at 981-5th Ave. (\$3/week + GST).**

Important Phone Numbers

EMERGENCY	9-1-1	Forestry	569-3700
R.C.M.P.	569-2255	Village	569-2229
Hospital	569-2251	Reg'1 Dist	1-800-667-1959
Health Unit	569-3765	Home Support	569-2266
K to 7 School	569-2721	Food Bank	569-3186
High School	569-2295	Fire Hall	569-3117
Dunster School	968-4414	Greyhound	569-2570
School District 57		The Little McBride Paper	569-3110
	1-800-256-7857		

Take a Break in McBride...B.G.s Friendliest Town!!
Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ... Dial this Number 1st and ask operator to connect you to provincial department.

Calling all hackers, slicers and golf pro wannabees.

The 2003 Corporate Challenge takes place on Sunday, June 7th. Start time is 10:00am

Best ball format. Cedar Three and D&G Developments were last years winners. Get your team together for the challenge. Phone 569-0191 or 569-8830 to register.

PERENNIAL PLANT SALE

May 31 and June 1
10:00am to 5:00pm
New Varieties!
Plants chosen for local hardiness.
4.5 km East from McBride
Ann at 569-3319
Email for list:
blackwoodgardens@yahoo.com

A.C. & T. CONSTRUCTION

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• New Construction • Framing • Renovations • Additions • Siding • Basement Development • Windows • Doors • Concrete Work • Roofing • Kitchens • Baths • Decks • Stairs • Drywall • Painting • Finishing • Drafting & Design •

• Home Repairs • • Odd Jobs •
• Free Estimates • • Call Art
• Free Consultations • • At 569-2519

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Lay's Chips 245-270g
2/\$4.00 + tx
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Res. - (250) 569-2787
E-mail: rodger@mcbriderealty.com
www.mcbriderealty.com



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Robson Valley Home Hardware
Main St., McBride 569-2284

Grant McFarland
from Robson Valley Home Hardware.
Congratulations to contest winner
Catalogue Contest to "Win A Barbecue."