

LADIES' OPEN BONSPIEL



January 31, February 1 and 2 at the
McBride Curling Club
\$140.00/team - get your entries in today!
For more information or to register your team
call the curling club
at 569 2222 or 569 2721

A.C. & T. CONSTRUCTION

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• Free Consultations • • At 569-2519

FIREWOOD FOR SALE



Dry Fir, Spruce & Pine Mix
or White Birch Green or Seasoned
569-0261

JENNY'S Shop N Wash
McBride 569-0095

FRESH SUBS
- Daily Soup & Sandwich Specials -
- WEDNESDAYS ARE WING NIGHT -

* Friday Special *
Spaghetti
with(Meat or Veggie Sauce), Casaeer
Salad & Garlic Toast
- SATURDAY IS PIZZA NIGHT -
- Sunday Brunch -

HOURS
Mon. to Thurs. 8am-7pm
Fri. 8am-8pm Sat. 8am-7pm
Sun. 7am-5pm

PRIME OFFICE SPACE FOR RENT



Mon.-Thur. 8am-6:30pm, Fri. 8am-7pm, Sat. 9am-6pm, Sun. 9am-5pm



HALF PORK LOINS
SLICED INTO CHOPS
Frozen, Rib or Tenderloin
\$1.97 / lb.

West Best Ice Cream
4 Lite - Select Varieties
\$5.39

West Best
Macaroni & Cheese
1 Case (12) - \$3.00

West Best
White Flour
10kg - 6.99

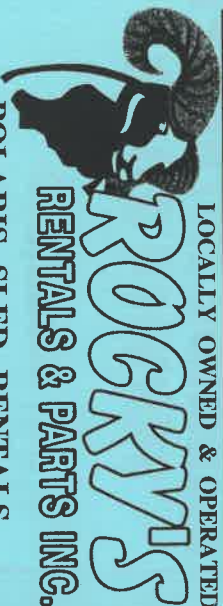
Olympic Country Style
Smoked Ham
2kg - 9.99

- Order Ahead For •
- Case Lot Sale •
- (Prepayment Preferred) •
- NAVEL ORANGES •
- 9 kg - \$7.88

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McBride

Paper



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For the week of Wed.. January 29th, 2003

VALENTINE'S BAKE SALE

Valentine's Bake Sale at St. Patrick's Church. February 12th from 11 a.m. - 2 p.m. Call Shirley at 968-4339 for more information.

LADIES CURLING BONSPIEL

The McBride Ladies Curling Bonspiel Weekend will be held this year on January 31, and February 1 & 2, 2003 instead of the second weekend in February. To Register your team or for more information, please contact Hans Remmels at 569-3292 evenings.

THANK YOU

Thank you for the visits, cards and flowers, from our family and friends in the recent loss of my father it meant a lot.

Dennis and Irene Rejman

ELKS/ROYAL PURPLE UPDATES

Reminder that Crib and Card Nights are back on every Friday at 7:00 p.m. Come out and join the fun!

COMMUNITY ANNOUNCEMENTS

Heart & Stroke "Dress Red" Campaign 2003 - Friday February 14th. Anyone interested in purchasing a \$5.00 dress red button please contact Scottiabank, McBride Branch, by February 3rd. All proceeds go to the Heart & Stroke Foundation.

Children's Theatre Group (ages 6 - 16) Mondays and Wednesdays from 2:30pm to 4:00pm at the E-Free Church. All are Welcome.

COMING EVENTS

WATERSHED Meeting - Will be held on Wednesday, January 29th at 7:30pm in the Anglican United Church. Everyone is Welcome.

A COURSE OFFERS HELP FOR FAMILIES - A spouse is in and out of the hospital. A grown child returns home to live with his parents because of his manic depression, or bi-polar disorder does not allow him to function in society. A young daughter is diagnosed as suffering from major depression. Where do family members turn when they are faced with the problems and heartaches that come from dealing with such illnesses on a daily basis? The B.C. Schizophrenia Society is offering a free family education course to help parents, spouses, siblings and friends with the issues of living with a loved one who is suffering from major depression, bi-polar disorder, or schizophrenia. This free 12 week course will be held in McBride, Wednesday, January 29th - 7:00p.m. - 9:30 p.m. At the Community Health Services Building. For further information please contact Elizabeth - 968-4347 or Norma - 569-2637.

Old Timers Hockey Tournament will be held on Friday, January 31st to Sunday, February 2nd at the Robson Valley Arena. 8 teams will be competing. There will be 2 games on Friday night, games all day Saturday, and Sunday morning. Everyone is welcome to come out and cheer the teams on.

CHURCH NEWS N' THINGS

Anglican United Church - Downtown Thrift Store on Dominion Street. - Mens, ladies and children's clothing -Open: Tues. 1:30 - 2:30 - Sat. 10:00 - 12:00-Dorcas & Foodbank-OPEN Tuesdays from 1-3pm. Phone 569-3186-Seventh-day Adventist Church-Meet Saturdays at 9:30 & 11am, and Wednesdays at 7pm. Phone: Ph:569-0244-Mennonite Church-Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-3302-Mountain Chapel (PAOC)-Sunday School & Adult Classes-10am, Services-11am. Ph:569-3350-Anglican United Church-441 Dominion Street. Meet Sundays at 11:30 a.m. Phone 569-3206 or 569-3386. For Hall rental: contact Pat Leake at 569-2580-Evangelical Free Church-Sunday School at 9:45am. Worship Service at 11:00 a.m. Ph:569-2378 or 569-8845 Pastor Dan Cartlaw-Robson Valley Christian Centre-Meets in home Sundays 11am, Dunster Ph:968-4355-St. Patrick's Catholic Church-Meets Sundays at 10:00am Ph:569-2606. "Catholic Faith for Adults" inquiry class. Contact Sr. Olive.

Greyhound Bus Schedule
Country King
Depart to East-9:50am & 2:35am • Edmonton
Depart to West-8:05pm & 5:40am • Prince George
Depart to South-9:50am • Kamloops

Please contact The Little McBride Paper with all coming events, news, trivia, comments, anything!! Ph:569-3110, Fax:569-0220, E-Mail: forever@mis-2002.net, write to Box 441, McBride, B.C. V0J 2E0 or drop off at 981 - 5th Ave. If we don't know about it, we can't write about it!! Susan & Scott Glines-Broom & Oscar

Take a Break in McBride...B.G.s Friendliest Town!!!

Employment Assistance Service
Robson Valley Home Support Society

NEED A JOB?

NEED A WORKER?

Contact Bob Thompson 569-2266

Canada

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Presently Unemployed and
Collecting Employment Insurance.
Thinking of starting your own Business.
I may be able to help.

Possible Dollars Available and Free Consultation.
Contact Bob Smith at Community Futures 566-4817
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MON-FRI 6AM TO 6PM SATURDAY - 8AM - 5PM



PRESENTS
Andy & Blackwater Country

for 1 night only
Friday, January 31st - 9:00pm

ALSO

Come on down to hear Runaway Train
Fri., Feb. 7th & Sat., Feb. 8th - 9:00pm

FOR RENT

3 bed/2 bathroom mobile. 2 large additions, woodstove, F/S,
blinds, remodelled inside, private 1/2 acre lot, shed, deck,
garden. Phone 569-3343 or 963-9737

WANTED TO BUY

Chalkboards, rustic square wooden tables
(or table tops or legs), rustic wooden
chairs, dishware, cutlery, red-tones
upholstered livingroom loveseats,
footstools and hassocks.

Phone Barbara at 569-0344

Are you ready?



Get ready with an RRSP Loan from Equitable Life!^{®1}

From December 1, 2002 to February 3, 2003 the loan interest rate is PRIME MINUS 1.0%* for RRSP Loans up to and including \$13,500!

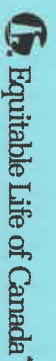
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For more information, contact:

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Prince George, BC



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- Turkey Meat Loaf - 100g...**4.99**
 - Turkey Pastrami - 100g...**4.99**
 - Cheerios - JUMBO - 1000g**\$6.48**
 - Betty Crocker Cake Mix**\$1.69**
 - Betty Crocker Icing**\$2.19**
 - Mainstay Cat Food - 8kg**\$8.99**
 - Sunlight Laundry Detergent
with Bleach - 26 load**\$10.99**
 - Assorted Tropical Plants**\$24.99**
 - Frozen Grad "A" Turkeys.....**\$1.49 / lb.**
 - Bulk Weiners**\$1.39 / lb.**
- JUSTIN IS NOW MAKING HOME MADE SAUSAGES IN OUR MEAT DEPARTMENT**
- Hot Italian Sausages**\$2.49 / lb.**

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Turnovers - 4 for...**\$2.49**
Almond Croissants - 4 for...**\$2.99**



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Western & Chinese Cuisine
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Friday & Saturday
5:00pm to 9:00pm

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Powerhouse Pentium4 System \$1300
(Hurry, only one at this price!)

Asus P4PE Mainboard - 6.1ch Digital Sound - Gigabit Ethernet - Four USB 2.0 Ports - Two USB 1.1 Ports - Intel Pentium4 2.4GHz CPU - 512MB DDR RAM - 60GB ATA100 7200RPM Hard Disk - 48x24x48 CDRW Drive - 12x DVD Drive - 1.44MB Floppy Drive - Geforce4 MX440 64MB DDR Video - Internet Keyboard - Scroll Mouse - Speakers.
Add used 17" Monitor \$150

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BIRTHDAY WISHES JAN. 29 - FEB. 4

Lorne Sprecher, Don Smith, Joey Rich, Derek Watson, Shea Krenzler, Kathy Junker, Shane Long, Kari Pavlovich, Ron Hammerstedt, Kathleen Elliott, Jesse Spangler, Terri Jensen, Linden Ladouceur, Emilie Kate Rhodes, Hilda Murin, Darrell Doerksen, Gerry Smith, Debby Ladouceur, Rosy Esser, Linda Wood, Luka Gredling Johnson, Dylan Walchuk, Shelley Hatchard, Colin Carmichael, and to anyone we missed Happy Birthday.

POLICE REPORT

January 18, 2003 - RCMP responded to a single vehicle accident on Highway 16 West of McBride near Dome Creek. The owner of a 1988 Ford Taurus hit a moose while travelling east bound. The driver sustained minor facial injuries and the vehicle had to be towed with extensive damage. Unfortunately the moose died at the scene.

January 19, 2003 - A report of a single vehicle accident with a deer was reported on Highway 16 east. There was minimal damage to the vehicle, and no injuries were sustained. Unfortunately the deer never survived.

January 22, 2003 - RCMP received a complaint of a pickup truck doing doughnuts in a local parking lot in the business district. Patrols were made and the individual was observed doing doughnuts. He was issued a violation ticket.

The remainder of the calls were of a general nature and routine in service.

We would like to remind everyone that we have numerous pamphlets available for distribution on many different topics for anyone who would like information.

Being as there are a lot of ongoing scams, there is a pamphlet available on Deceptive Telemarketing from Industry Canada and the Competition Bureau. It helps you to safe guard yourself against these type of incidences.

THINK ABOUT IT...

Every time I try to see things your way I get a headache.

AROUND OUR SCHOOLS

A School Planning Council Training Session will be held at McBride Secondary School on Thursday, January 30th from 3:30PM - 6:30PM. All Robson Valley Schools will be participating with a team from Prince George to learn more about School Planning Council's and School Plans For Student Success.

McBride Secondary School first semester examinations are in progress through this week. Students are expected to be in attendance if they have a scheduled examination. The library is open for quiet study. Friday, January 31st is a Non-Instructional Day. Classes are not in session on that date. All students have been provided with a print out of their second semester classes. All classes begin on Monday, February 3rd, 2003.

The McBride Secondary School PAC is working on connecting to the February 3rd DPAC Meeting via video conferencing. All PAC's in the Robson Valley have been contacted and invited to participate. If interested, please contact the school.

QUOTE OF THE WEEK

Don't be afraid to try new things.
Remember: Amateurs Build the Ark;
Professionals Build the Titanic.

(Thanks to Jim Harte for this weeks quote)

BUY, SELL, RENT & MISC.

4 Sale-91 GMC S-15, black, standard. \$2200, also Baby Convict Cichlids \$5.00 each. Phone 569-2362-**WANTED**-Hydraulic Wood Splitter with hydraulic pump & motor. Phone 569-0261-**For Sale**-2001 Chev Cavalier, 4 door, white, automatic, 26,000km. \$9000.00 Phone: 569-8830 evenings-**For Sale**- A 3/4 size bed with frame - Brand New, \$200 o.b.o. Phone: 569-8879-**Suite for Rent**-982-5th Ave. No Pets. No Smoking. Available Immediately. Phone 569-3486-**FOR RENT**-3 Bedroom Mobile - Lot 17 in McBride. Excellent Condition - Rent Negotiable. Reference Required. 569-0033-**For Sale**-800 sq. ft. house. Recent renovations, close to town. \$12,500. Phone 569-0090-**For Rent**-1 Bedroom Apartment in McBride. C/W Fridge, & Stove. Phone 569-2694 or 569-3389-**For Rent** or Sale-Beautiful 3 bedroom 2 bath Mobile Home on 1/4 acre. Hardwood floor, wood stove, sunny & bright with a good garden plot. \$550/month. Available now. Call Tammy 250-390-4305-**For Rent**-3 Bedroom House. Call 569-2712 Days or 569-2531-**Evenings**-Business opportunity For Sale-Established Distributorship for the McBride and Valemount area. Potential for growth. Call evenings 569-8866-**For Sale** or Rent-Mobile Home. Phone 569-0059-**For Sale** or Rent-Mobile Home near McBride. Pr: 569-0099-**House For Sale** on 3rd Avenue. Phone 569-2712 or 569-2531-**To place an ad here call 569-3110 or drop info + \$'s at 981-5th Ave. (\$3/week + GST).**

Phone 1-800-561-8630

Via-Rail Schedule

Going West - Sunday, Wednesday & Friday...2:40pm
Going East - Monday, Thursday & Saturday...12:47pm
Seniors (60+) take a friend for free (any age)
(in economy class) Nation wide

Important Phone Numbers

EMERGENCY	9-1-1	Forestry	569-3700
R.C.M.P.	569-2255	Village	569-2229
Hospital	569-2251	Reg'1 Dist'	1-800-667-1959
Health Unit	569-3765	Home Support	569-2266
K to 7 School	569-2721	Food Bank	569-3186
High School	569-2295	Fire Hall	569-3117
Dunster School	968-4414	Greyhound	569-2570
School District 57		The Little McBride Paper	
	1-800-256-7857		569-3110

Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...
Did this Number 1st and ask operator to connect you to provincial department.
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NEW

ENTERTAINMENT



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Wednesday - 10 to 2
Friday - 2 to 9
Saturday - 2 to 5

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Saturday 10am-4pm