

McBride and District Hospital Volunteer Drivers & Translators

The Hospital is looking for volunteer drivers and translators. You can call the Hospital at 1-250-569-2251 or leave your name, phone number and language spoken (if applicable) with the attending receptionist. Thank you.



JENNY'S SHOP
N. Wash
McBride
569-0095

Daily Soup & Sandwiches & Evenings Specials

Soup & Sandwiches	Evenings Specials
Thursday Chili/ Beef & Cheddar Wrap	Port Roast with Mashed Potatoes & Sauerkraut
Friday German Soup/ Onion Bun	Teriyaki Chicken Legs with Rice
Saturday Chicken Rice Soup/ Egg Salad Sandwich	Pizza Night - Buy 1 & 2nd one is 1/2 Price
Sunday Cream Soup	Brunch 11am - 2pm
Monday Beef Vegetable Soup/ Grilled Cheese	Fish Burger with Lattice Fries & Coleslaw
Tuesday Clam Chowder Soup/ Cheese Score	Chicken Fingers with Fries & Gravy
Wednesday Red Soup/ Whistle Dog	Wing Night - Buy 1 & 2nd one is 1/2 Price or Wings & Wedges
7:00am to 8:00pm Tue.-Sat. 7:00am to 7:00pm Sun.-Mon.	



COMPUTER SALES & SERVICE

The Computer Folks

Phone 569-8805

or email aaamiron@mcbridebc.net

Fitzpatrick Feed and Seed

5269 Mountainview Road, McBride, British Columbia

Pinnacle Wood Pellets

\$145.00 (plus gst)

by the ton

Please Call: 569-8897 (day) or 569-2341 (evening)
Open Monday - Saturday, 9:30 a.m. - 4:30 p.m.

STEDMAN'S

Main St. McBride 569-2415

Our "Yes Dollar Days" Sale

BEGINS THURSDAY, MARCH 15.

WATCH FOR FLYERS IN THE MAIL.

(SORRY, NO ADVANCE BUYS.)



BRIMMY
FOODS
Main St.,
McBride
569-3166

SPARTAN APPLES

.59¢ / lb.

ICEBURG
LETTUCE
.99¢ / each

Kellogg's Corn Flakes
400g...99¢

West Best Margarine
Quarters - 1.36kg...\$1.99
Sun-Rype Beverages
1 Litre...89¢

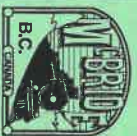
Frying Chicken Legs
\$3.49 / lb.

GROUND BEEF SALE

MANY MORE ITEMS ON SALE

STAFF WANTED

APPLY WITHIN WITH RESUME



FREE The little McBride Paper FREE



Serving B.C.'s Friendliest Town and Area!

For the week of Wed., March 14th, 2001

HAPPY ST. PATRICK'S DAY

The person who was to become St. Patrick, the patron saint of Ireland, was born in Wales about AD 385. His given name was Maewyn, and he almost didn't get the job of bishop of Ireland because he lacked the required scholarship. Far from being a saint, until he was 16 he considered himself a pagan. At that age he was sold into slavery by a group of Irish marauders that raided his village. During his captivity, he became closer to God. He escaped from slavery under six years and went to Gaul where he studied in the monastery after St. Germain, Bishop of Auxerre, for a period of twelve years. During his training he became aware that his calling was to convert the pagans to Christianity. His wishes were to return to Ireland, to convert the pagans that had overrun the country. But his superiors instead appointed St. Palladius. Two years later, Palladius transferred to Scotland, Patrick, having adopted that Christian name earlier, was then appointed as second bishop to Ireland. Patrick was quite successful at winning converts and this fact upset the Celtic Druids. Patrick was arrested several times, but escaped each time. He travelled throughout Ireland, establishing monasteries across the country. He also set up schools and churches which would aid him in his conversion of the Irish country to Christianity. His mission in Ireland lasted for thirty years. After that time Patrick retired to County Down. He died on March 17 in AD 461. That day has been commemorated as St. Patrick's Day ever since. Much Irish folklore surrounds St. Patrick's Day. Not much of it is actually substantiated. Some of this lore includes the belief that Patrick raised people from the dead. He also is said to have given a sermon from a hilltop that drove all the snakes from Ireland. Though originally a Catholic holy day, St. Patrick's Day has evolved into more of a secular holiday. One traditional icon of the day is the shamrock. This stems from a more bona fide Irish tale that tells how Patrick used the three-leaved shamrock to explain the Trinity. He used it in his sermons to represent how the Father, the Son, and the Holy Spirit could all exist as separate elements of the same entity. His followers adopted the custom of wearing a shamrock on his feast day.

"THANK YOU"

On behalf of the Alfred Hewitt family we would like to express our Thank You to; Dr. Cowburn, Dr. Turner, Hospital staff, McBride Home Support staff, Mennonite Community, Royal Purple Ladies and Veteran's Affairs. Also we extend our Thanks to all of our friends for helping us through this most difficult time - the passing of our husband, father and grandfather.

Thank You for the wonderful baking, cards and comfort.
Dorothy Hewitt, Marilyn Hewitt, Kathy Molendyk & boys
Velvet Jestico and family

COMING EVENTS

McBride & District Chamber of Commerce General Meeting will be held on Thursday, March 15 at 7:30pm in the Legion Hall. Guest Speaker - Lorne Richmond. Discussion on Group Health Insurance (Dental, Extended Health & Life Insurance). All members or anyone wishing to join the Chamber are encouraged to attend.
Logger's Bonspiel - REGISTER SOON, only 4 openings left. March 30 to April 1. Sponsored by the McBride & District Chamber of Commerce. Dance March 31 to the music of Pazzazz. For more info or to register call Bob at 569-0191 or Susan at 569-2415.

COMMUNITY ANNOUNCEMENTS

HELP WANTED - 1 Part Time Position Available at McBride Esso. Up to 30 hours per week. Apply with Resume.
Occasional Respite Workers Required for elderly woman. Please call Cheryl at 968-4329 for details.

ADVENTIST COMMUNITY SERVICES - is pleased to announce the opening of a small monthly FOOD BANK - Open from 1-3 p.m. *Mar. 15 & Apr. 19. Located at 1075 Lanning Pit Road in the new Community Services building. Arrangements may be made for drop off downtown if necessary. All names and information will be kept confidential. Call 569-3186 for more information. Future dates to be announced.

Via-Rail Schedule

Phone 1-800-561-8630
Going West - Sunday, Wednesday & Friday...2:40pm
Going East - Monday, Thursday & Saturday...12:47pm
Savings on Coach Fares booked a week in advance.
Additional Savings for Seniors, Children & Students

Important Phone Numbers

EMERGENCY	9-1-1	Forestry	569-3700
R.C.M.P.	569-2255	Village	569-2229
Hospital	569-2251	Reg'l Dist	1-800-667-1959
Health Unit	569-3765	Home Support	569-2266
K to 7 School	569-2721	Tourist Booth	569-3366
High School	569-2295	Fire Hall	569-3117
Dunster School	968-4414	Greyhound	569-2570
School District 57	1-800-256-7857		

The Little McBride Paper...Phone 569-3110 or Fax 569-0220
Inquiry B.C. 1-800-663-7867. For Toll Free Calling to Provincial Numbers...
Dial this Number 1st and ask operator to connect you to provincial department.

Take a Break in McBride... B.G.s Friendliest Town!!

SASQUATCH

Beauty Barn

We will be CLOSED on
Saturday, March 24 &
Saturday, March 31.

OPEN TUESDAY - SATURDAY 10am - 5pm
Fully Licensed Esthetics & Hair Salon
1102 - 4th Ave. Call 569-2294 for Appointment

FOR RENT Mobile Home Pad \$130 per month,
includes water and sewer. Travel Trailers OK.
Riverbend Mobile Home Park, Riverbend Road,
McBride. Phone 968-4375

ROBSON VALLEY COMMUNITY FUTURES

Require Assistance with a Business Plan.

I'm There to Help.

Free Advise and Consultation.

Contact Bob Smith at

Community Futures 566-4817

FOR RENT - 2 Bedroom Mobile with large addition/deck,
fridge, stove, wood stove. This is a Handyman's Special.
Don't expect much, but the rent is cheap. Give me a call
and we will talk. Mountainview Trailer Park. 569-0235

RELIEF FROM ACHES & PAINS

BOWTECH THERAPY REFLEXOLOGY* MASSAGE*

CALL MARGRIT 968-4432

ROBSON VALLEY ESSO SERVICE

PHONE: 569-2418



HELP WANTED

1 Part Time Position Available.

Up to 30 hours per week. Apply with Resume

AUTOMOTIVE, SMALL ENGINE &

HEAVY DUTY REPAIRS

- REGULAR - DIESEL - PROPANE -

MON. - SAT. 6AM TO 8PM SUNDAY 7AM - 8PM

LINDA FRY, P. MGR., C.I.M.

INCOME TAX PREPARATION

PERSONAL - SENIORS - SMALL BUSINESS
569-0138, in the Jenny's Building

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COMPUTER SERVICES

Serving Valemount, McBride, Dunster & area

Hardware/Software/Networking/Troubleshooting/

Repairs/Upgrades. Reasonable Rates

Phone (250)566-4245

E-mail: grenlin@valemount.com

Who's On First

Antiques & Collectables 569-0201

848 1st Avenue (look for the Red Shutters)

ROBSON VALLEY FARM SUPPLY

8814 Horsey Creek Road (250) 968-4453

Bearings and Seals • V-Salts • Roller Chains •
Clutches to fit most Tractors • Aftermarket • Starters •
3 Point Hitch • Front End Parts • Hydraulic Hoses made to order.

THE HAIR SHOPPE

We Carry JOICO Supplies

569-3359 OPEN Monday to Friday

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Mini Dollar Store

Cops
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Cards
Candles
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& Affaire

569-2570

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569-2504

RIDES TO THE PUB

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Available FREE

From and To Your Motel

Thursday to Saturday.

IGA

233 Main Street
McBride, B.C.
569-2712

HOMETOWN PRODU

- DELI**
- Potato Salad - 100g...**¢.69**
 - Spicy Olives - 100g...**¢.99**
 - Parkay Margarine - 1.36kg..... **\$3.49**
 - Heinz Tomato Soup - 2 for **\$1.00**
 - Kraft Dinner - 2 for **\$1.78**
 - Old El Paso Chips - Yellow Rounds or White Triangles - 400g **\$2.29**
 - European Weiners..... **\$3.99 / lb.**
 - Wild Bird Bells - 454g..... **\$2.99**
 - Attraction Mix Bird Seed - 2.27kg **\$4.99**
 - Wild Finch Mix - 1.81kg..... **\$5.99**
 - Harvest Bounty
 - Wild Bird Seed - 2.27kg..... **\$3.99**
 - Black Sunflower Seeds - 2kg..... **\$4.99**

BAKERY

- Flax Bread - 450g loaf...**\$1.89**
- Pumpernickle Bread - 450g loaf...**\$1.89**

SNOWY RIVER FARM SUPPLY

Miller Hatchery Catalogues available now.
Veterinary Supplies & Drugs - Mineral - Salt
Calving Supplies - Livestock and Pet Food - Store Pellets
Our prices are competitive with Costco and DFA - with a whole lot more convenience.
Delivery may be available - call for info.

3338 Plantway Rd. (then west of McBride on Hwy. 16) 569-0115

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- Basement Development • Windows • Doors •
- Concrete Work • Roofing • Kitchens • Baths •
- Decks • Stairs • Drywall • Painting • Finishing •
- Drafting & Design ••

• Home Repairs •• •• Odd Jobs ••
•• Free Estimates •• Call Art
•• Free Consultations •• At 569-2519

DILLON'S VIDEOS

GAME RENTALS

Nintendo 64 & Dreamcast
Game Rentals

\$3 per Day or \$12 for 6 days
New Games in Every Few Weeks
(Playstation Games coming soon)
569-8890

Teradon Power Equipment

289 Main Street, McBride 569-3203

ALBERTA NURSERY SEEDS

In Stock
Now taking Seed Potato orders
for May long weekend delivery.

OPEN 8:30 A.M. - 6:00 P.M.

McBride Roundhouse

Theatre Society

Swing Sonic

Wednesday, March 14th
8:00pm

Tickets Are \$15.00 and \$8.00 (students)

And Are Available at Stedmans



FARM
BUSINESS
CONSULTANTS INC.

Gordon Dale - Territory Manager

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Web Site - www.fbc.ca

34595-3rd Ave., Suite 102

Abbotsford, BC V2S 8B7

We Make Life Less Taxing

POLICE REPORT

March 3, RCMP responded to an alarm at a local business in McBride. The alarm was concluded as false by attendance.
March 04, a vehicle was observed driving erratically on Highway 16 and 1st avenue. The vehicle was stopped and a roadside suspension was issued.
March 04, a complaint was received of a possibly impaired driver. Patrols were made and the vehicle was located with no insurance or plates. The driver was found to be impaired. Charges of impaired driving and over .08 are pending.
March 05, a complaint was received of a few buildings being entered into without permission in the Dunster area. We would like to remind residents to watch out for suspicious occurrences and report them to the RCMP.
March 08, while on patrol a member came across a non-injury, single vehicle motor vehicle accident 99 kms. west on highway 16. It had been raining and the roads had iced up, the driver punched the brakes and spun into the ditch. Also in the ditch within a few yards of each other was another non injury single vehicle accident. This time it was a Super-B being hauled by another Super-B. The same conditions apply, the roads were icy and the driver lost control and slid into the ditch. No charges have been laid.
March 08, a complaint was made about a suspicious person walking into a residence on Columbia Street. The matter is under investigation. The remainder of the calls were for general service and routine in nature.

AROUND OUR SCHOOLS

Parents as Preventors. If you were unable to attend the Parents as Preventors Workshop at McBride Secondary last night, you can still attend the session scheduled for tonight, Wednesday March 14th, at Valenmount Secondary School starting at 6:30pm. The workshop is presented by Alcohol-Drug Education Services of Vancouver. This workshop is presented without charge to parents of the Robson Valley. Parents as Preventors emphasizes the central role parents play in influencing their children to make healthful choices regarding such issues as alcohol and drug use.

McBride Wrestlers. Three wrestlers represented the McBride Wrestling team at the Provincial Championships last week. This high calibre competition challenges all wrestlers from across the province. Our wrestlers were good ambassadors for McBride. Congratulation to Stacey Schock, Corey Schock and Liz Baker. With a sixth place finish, Liz Baker may be able to move on the National competition. RCMP Youth Academy. One component of McBride Secondary Law Enforcement Career Program is the opportunity to attend the RCMP Youth Academy over spring break to complete their work experience and learn valuable hands on skills required for careers in law enforcement. Good luck to Liz Baker and Mareca Young who qualified to attend this Academy with 30 other students from throughout the province.

BIRTHDAY WISHES MAR. 14 to 20

Jim Ford, Bryan Monroe, Vickie Pepper, Walter Sanson, Clarisse Vogel, Charlie Simpson, Kim McNaughton, Gutsieppe Damiani, Nicolas Quan, Soma Cowburn, Diana Alexander, Amnette Stapley, Jamie Street, Jordan Miskie, Ray Johnson, Dawn Phillips, Rex Hatchard, Dalas DeVries, Darren Smith, Ryan Vizza, Assunta Damiani and to anyone we may have missed.

BUY, SEEL, RENT & MISC.

For Sale-One 11 year old White Percheron/Pony Cross Mare. Handles easy, good with feet, catches easy, excellent with kids. Asking \$1000.00 Ph:569-0090. ••TREADMILL-Excellent Condition. Holds up to 250 lbs. and does up to 10 MPH. Phone 569-2320. ••For Sale-1987 Chev Caprice 4dr. Sedan. Well Maintained, 6 tires like new. \$2200 o.b.o. Ph:569-0033. ••For Rent-2 Bedroom House, close to schools & shopping \$400/month. Ph: 569-2478. ••For Sale-Livestock pick-up truck rack \$325.00 o.b.o. / Flatdeck, wooden-bed utility pull trailer \$225.00 o.b.o. / Woodburning shop stove, air tight \$75.00 o.b.o. Ph:569-0017. ••For Sale or Rent-2 bedroom renovated house in McBride. Trades for down payment welcome. Phone 569-2712 or 569-2531. ••To place an ad here call 569-3110 or drop off info and \$'s at 981-5th Ave. (\$3/week).

THOUGHT OF THE WEEK

Kindness is the oil that takes the friction out of life.

Thanks to Lily Whitehead for this weeks thought.

CHURCH NEWS N' THINGS

The Downtown Thrift Store on Dominion Street winter hours are: 10am. to 2pm. Saturdays. Come and check out Ladies and Mens sweaters, jeans, slacks, winter jackets, shoes, skates, roller blades and children's clothing. Thanks to everyone for their donations of clean clothing. Due to limited space we are unable to accept large furniture, magazines or large books (e.g. Encyclopedias etc.) Drop off when not open at 1153 Dominion Street or the Health Hrt. •Dorcas-Open Every Tuesday from 1pm to 3pm. For more information please call 569-3186. •Seventh-day Adventist Church-Meet Saturdays at 9:30 & 11am. and Wednesdays at 7p.m. Phone: Ph:569-0244. •Mennonite Church-Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-3302. •Mountain Chapel (PAOC)-Sunday School & Adult Classes-10am, Services-11am. Ph:569-3350. •Anglican United Church-Meet Sundays at 9:00am. Dominion St. Ph:569-2580. •Evangelical Free Church-Sunday School 10:00am. Sunday Services at 11:00am. Ph:569-2537. •Robson Valley Christian Centre-Meets in home Sundays 11am. Dunster Ph:966-4335. St. Patrick's Catholic Church-Meets Sundays at 10am Ph:569-2606.

Greyhound Bus Schedule

Country King
Depart to East-9:50am & 2:35am • Edmonton
Depart to West-8:05pm & 5:40am • Prince George
Depart to South-9:50am • Kamloops

Please contact The Little McBride Paper with all coming events, news, trivia, comments, anything!! Ph:569-3110, Fax:569-0220, E-Mail forever@mcbridebc.net, write to Box 441, McBride, B.C. V0J 2E0 or drop off at 981 - 5th Ave. If we don't know about it, we can't write about it!! Susan & Scott Glines-Broom & Oscar

Take a Break in McBride... B.G.s Friendliest Town!!

MCBRIDE GREDON NEWS

COMPOSTING WORKSHOP - This workshop will show you how to build a great compost pile that really works! Learn the basics of carbon nitrogen balance, correct moisture, where to build the bins, layering, etc. Wed., Mar. 28th at Dunster Hall. Pete Arnyoon will instruct. \$10.00
BASIC WOODWORKING FOR WOMEN: An introduction to the use of basic handtools and small power tools. Using your new-found skills, you will create your own birdhouse to take home with you. Three fun and useful evenings with other women! Cathy Greenough will instruct Tuesdays, March 29 to April 12. Fee: \$30.00 includes materials. REGISTER TODAY! REMEMBER, NO DROP-INS!!!!
WILLOW GARDEN ARBOUR: Learn the basics of making willow structures and furniture for your yard and home! Ben Blixrud will show you how to collect and prepare the willows, how to construct the frame, and how to finish the product. The class will construct a garden arbour and draw to see who takes it home! Fee: \$25.00 Sat., March 31 from 9am to 4pm with a break for lunch.
TAE SIKARAN AEROBICS: We are thinking of offering another session of this popular class after the current one finishes around the middle of March. If you are interested, please call in to get more info and to let us know.
COMING SOON!! MICROSOFT WORD, E-MAIL FOR BEGINNERS, PRUNING, FOODSAFE LEVEL 1, BRAIDED AND CROCHET RUGS, ETC. DON'T WAIT !!! CALL TODAY TO REGISTER!! 569-3379 REMEMBER, YOU MUST REGISTER AHEAD!!! NO DROP-INS!!!!

Valley Accents

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Friday 3-8, Saturday 10-2 6-8, Sunday 12-3
Visitors Welcome At Other Times By Appointment
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2000SS
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Fenced cow & horse pasture available 15 minutes west of town. Approx. 500 acres with 85 cleared & seeded. Trade for clearing, livestock or Wily. 564-0704 or 309-2123 area code (250)

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Society

NEED A JOB?

NEED A WORKER?

Contact Bob Thompson 569-2266

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7 UP - 600ml
.99¢ + dep. & tax

Body Smarts Chews
\$1.29 + tax

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OPEN 24 HOURS
Doritos 300gms
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The Center of Real Estate Action in the Robson Valley!!

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New Panasonic 4x8x32 CDRW - \$195.85 + pst
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96 Fleetwood Trailer - 14'x6'
Tax apra - \$20,875.00. Will sell for \$20,000.00.
Fridge, Stove, Washer & Dryer. For fast sale owner may hold some of the mortgage. 569-8851 Mel

CLUB WAHOO!

LOCATION:

**STORE: 927-2ND AVE.
FIELD: 3874 HWY. 16 WEST
MCBRIDE, BC CANADA V0J 2E0
PH: (250) 569-0320
FAX: (250) 569-0322
EMAIL: wahoocent@mcbridebc.net
WEBSITE:
www.wahoocenterprises.50megs.com**

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PAINTBALL LEAGUE**

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ULTIMATE GAME OF TAG!

**FEEL THE RUSH!
LIVE THE ADVENTURE!**

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PAINTBALL RENTAL: \$25 FOR 4 HOURS
(SEMI-AUTO GUN {NO PUMPS HERE}, LOADER,
CO2, MASK & 150 PAINTBALLS)
SNIPER PACKAGE: \$30 (SAME AS ABOVE ONLY
WITH A SNIPER BARREL)
EXTRA PAINTBALLS: BAG OF 500 \$28.99
DAILY FIELD ACCESS: \$12
CLUB WAHOO YEARLY MEMBERSHIP:
\$80/PERSON OR \$140/FAMILY

**NEW, CONSTANTLY CHANGING
PAINTBALL FIELD**

**KEEP IN TOUCH WITH NEW
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MEMBERSHIP INCLUDES:
-FREE SUPERVISED ACCESS TO COURSE FACILITY
-20% OFF FULL CASES OF PAINTBALLS-
REGULAR PRICE OF A CASE OF 2000 \$100.99
CLUB WAHOO PRICE \$80.79 **WOW!**
-FREE ACCESS TO RADAR CHRONOGRAPH
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19 FOREVER

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