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McBride Husky

NOW OPEN

Come And Check Us Out.

Do you need a Fresh Start?

Are you:

- In a troubled marriage?
- Getting over a divorce?
- Approaching a new marriage or blended family?
- Always loving the wrong person?
- Alienated from a friend?
- Troubled with your relationship with your teen or adult children?
- Losing your job?

- Cut off from the church?
- Grieving the loss of a loved one?
- Join others in a practical and biblical guide to starting over.

Tues. evenings @ 7:00 April 11 to May 30.

E. Free Church Building. Call Rea @ 569-3148

KIDS HOPE - An interactive workshop for children grades 1 - 12 whose parents are divorced, separated, widowed or never married. Helps kids to sort out their feelings and know they are not alone. Tuesdays from April 11 - to May 30 after school until 4:30.

Snacks served. E. Free Church Building.

Parents can see material.
 Call Rea @ 569-3148 for information.



BIGWAY

FOODS

Extra Savings All Week Long

- Strawberries.....\$2.49 per basket
- Small Oranges..... \$1.59 / lb.
- Small Grapfruit \$1.59 / lb.
- Fuji Apples..... \$1.89 / lb.
- West Best Stems and Pieces
- Mushrooms - 284ml..... \$1.99
- Campbells Tomato
- Soup - 284ml..... \$1.65
- Fresh Boneless Skinless
- Chicken Breast..... \$4.99 / lb.
- Fresh Chicken Drumsticks,
- Thighs & Wings..... \$2.29 / lb.
- Frozen Chicken Legs Backs
- Attached - 5kg case..... \$7.40
- And Many More Unadvertised Specials



JENNY'S SHOP

McBride

569-0095

STUDENT MEAL CARDS

& ESPRESSO CARDS

"TAKE OUT"
 Pizza - Mini Pizzas
 "Hot or Cold Subs" and Chicken
 Restaurant & Much More

FRIDAY MEAL SPECIAL

MARSH BROS.

Farm Supplies - Building
 Supplies - Lumber
 And More!!

Come In & Check Out Our Selection
 of Flower Bulbs
 "Mexican Shell Flower" \$3.80 per pkg
 "Cape Iris" \$4.50 per pkg
 Sunshine Professional Growing Mix
 2.2 cu ft Bale \$15
 Dealer For Homesteader Outdoor Furnaces
 Located only 7 min. up Mountain View Rd. at 5269
 Phone 569-2795 Fax 569-2247

FREE The little FREE

McBride

Paper



Serving BC's Friendliest Town and Area!!

For the week of *Wednesday, Apr. 5th, 2000*

McBRIDE ROUNDHOUSE THEATRE SOCIETY

The society would like to let everyone know that *The Pucks* have been rescheduled to Friday, April 7 at 8pm due to the School going on strike.

COMING EVENTS

Organizational Meeting for the McBride Community Market
 2000 Season. 11am. Thursday April 13th at the CREDA Office.
Are You Ready to Talk About SEX - The McBride Roundhouse Theatre Society at the McBride Secondary School would like to Present Meg Hickling (Sexual Health Educator) to answer any questions you may have about sex. This Workshop is for all interested persons and is free of charge. It all happens Thursday, April 13th, 2000. From 7:30 - 9:30.

CRIB NIGHT - Enjoy playing Crib? The Elks/Royal Purple are hosting their 1st Crib Night, Friday, April 7th at the Elks Hall. Register at 7:00pm. and the games begin at 7:15 p.m. Entry \$2.00/person. Cash Prizes. Crib Nights will be the 1st Friday of each month. Must be 19 and over.

McBride & District Hospital Auxiliary Spring Strawberry Tea
 will be Friday April 7/00 @ Beaverview Lodge from 12:00 - 2:00pm. Cost is only \$3.50. For deliveries to home or work, phone 569-3288 (Pat) 569-3305 (Hilda) 569-2582 (Eileen). All proceeds go towards the Fetal Heart Monitor for the Hospital.
McBride & District Chamber of Commerce Annual Loggers Bonspiel is April 7, 8 & 9. To register contact 569-0191 or 569-2639.

Northern Interior Regional Health Board's next meeting will be held April 12, 3 p.m. at the Prince George Regional Hospital in room 103.

McBride Daycare Society Annual General Meeting (elections will be held) is on Wednesday, April 12 at 7:30pm in the new Health Unit at the Hospital.

COMMUNITY ANNOUNCEMENTS

The McBride Figure Skating Club would like to Congratulate the following girls at a test day in Jasper. **DUTCH WALTZ:** Ashely Chupka, Paulette Hickerty, Tina Pepper, Sheri Pepper & Tara Carr. **CANASTA:** Melinda Monroe. Also at a Competition in Hinton to Melinda Monroe for bring home a Bronze Medal. Congratulations.

THE PAST CAN BLOOM EVERY SPRING. The Royal Canadian Legion's 75th Anniversary Tulip Campaign is under way until June 15, 2000. A package of 10 bulbs is \$6.00 and a package of 100 bulbs is \$55.00. Contact Legion members for additional information and to place orders. 569-0066 or 569-2641.

WAHOO ENTERPRISES - Specializing in office supplies, drywall supplies & services, bookkeeping services, vinyl sales & installation, custom metal bending. 927 2nd Ave. Ph: 569-0320 Fax: 569-0322 Hours: Mon-Sat 8:30am - 5:30pm. Come in and check us out & let us know what you would like to see in stock.

THANK YOU

We would like to THANK the Village of McBride for the beautiful etched mirror & lovely tea, in celebration of our 60th Wedding Anniversary.

CHURCH NEWS N' THINGS

Dot & Alf Hewitt

The Downtown Thrift Store on Dominion Street winter hours are: 10am. to 2pm. Saturdays. Thanks to everyone for their donations of clean clothing. Due to limited space we are unable to accept large furniture, magazines or large books (e.g. Encyclopedias etc.) Drop off when not open at 1153 Dominion Street or the Health Hut. **Dorcas is OPEN** Tuesdays from 1pm to 3pm. For more information call 569-3186. **Seventh-day Adventist Church-Meet** Saturdays at 9:30 & 11am. and Wednesdays at 7pm. Phone: Ph:569-0244. **Memnonite Church-Meet** Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-3302. **Mountain Chapel (PAOC)**-Sunday School & Adult Classes-10am, Services-11am. Ph:569-3350. **Anglican United Church-Meet** Sundays at 11:30am. Dominion St. Ph:569-2580. **Evangelical Free Church-Sunday School** 9:45am. Sunday Services at 11:00am. Ph:569-2537. **Robson Valley Christian Centre-Meets** in home Sundays 11am. Dunster Ph:968-4335. **St. Patrick's Catholic Church-Meets** Sundays at 10am Ph:569-2606.

THOUGHT OF THE WEEK

Ever notice that even the busiest people are never too busy to tell you just how busy they are.

Visa-Rail Schedule Phone 1-800-561-8630
 Going West - Sunday, Wednesday & Friday...2:40pm
 Going East - Monday, Thursday & Saturday...12:47pm
 Savings on Coach Fares booked a week in advance.

Additional Savings for Seniors, Children & Students

Please contact **The Little McBride Paper** with all coming events, news, trivia, comments, anything!! Ph:569-3110, Fax:569-0220, E-Mail forever@mcbridebc.net, write to Box 441, McBride, B.C. V0J 2E0 or drop off at 981 - 5th Ave. If we don't know about it, we can't write about it!! Susan & Scott Glines-Broom & Oscar
Take a Break in McBride... B.G.S. Friendliest Town!!

ROBSON VALLEY FARM SUPPLY

8814 Rorrey Creek Road (250) 968-4453
 Bearings & Seals • U-Bolts • Roller Chain • Clutches to fit most Tractors • Alternators • Starters • 3 Point Hitch • Front End Parts • Hydraulic Lines made to order.

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 Open 9am - 5pm Monday to Friday
 JOICO Perms and Colors

ADAMASTER COMPUTER SERVICES

Need a lesson on your computer?
 569-8805 odom@mcbridebc.net

SIN MOO HAPKIDO

Mondays & Thursdays at the Elementary School
 Children: 6:15 - 7:15 Adults: 7:30 - 8:30
 Contact Instructor M. Jacques 569-2487 or CREDA 569-3379

FOR RENT

3 Bedroom Mobile, Large Addition, Window Blinds, Fridge/Stove, Large Lot. Mountainview Trailer Park. Phone 569-0231

RELIEF FROM ACHES & PAINS

*BOWTECH THERAPY*REFLEXOLOGY*MASSAGE*
 CALL MARGRIT 968-4432

SASQUATCH

Beauty Barn

GOOD LUCK

to all the Bonspieters

OPEN

TUESDAY - SATURDAY 10am - 5pm
 1102 - 4th Ave. Call 569-2294 for Appointment

POWERHOUSE PUB

So you think you're a star?

KARAOKE

Friday, April 7th starting at 8:30pm

Daily Food & Beverage Specials

THE BRASS KEY

Bed & Breakfast

Is Now Open

Located at 1093 3rd Avenue
 McBride, B.C.

(Formerly the R.C.T.P. detachment)
 Please call (250) 569-8804

For more information

ROBSON VALLEY ESSO SERVICE

PHONE: 569-2418



GOOD YEAR
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AUTOMOTIVE, SMALL ENGINE &
 HEAVY DUTY REPAIRS

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SPRING TIME TIRE SPECIALS

Coming Soon!!!

MON. - SAT. 6AM TO 8PM & SUNDAY 7AM - 7PM

WANTED - Ground Level Suite to Rent in McBride or Dunster for an 85 year old woman. Please call Cherry at 968-4329

OMINECA'S Alpaca Ranch

Excellent small farm livestock
 ph. 250-695-6584 fax 250-695-6408
 email dmontald@futurenet.bc.ca

STORE FOR SALE

(McBride Clothing)

Call 569-3489 or 569-2438

BRIDES OF McBRIDE

Would you like Chocolate Rose Buds as table favors?

Call Eleanor For Sample. 569-2459 Evenings

FOR SALE - 1980 Ford 9000 Truck, New 318 Detroit Diesel Motor (work order available), 8x14 Bolt On Deck. Selling for medical reasons, \$12,000. Phone 569-0044

IGA

233 Main Street
McBride, B.C.
569-2712

DELI

Cooked Ham - 100g...**¢.99**
Chicken Salami - 100g...**¢.99**
Avacados.....**¢.99** each
Broccoli Crowns.....**\$1.19 / lb.**
Et Tu Caesar Kits - 132g.....**\$1.99**
CASE LOT WEEK

STARTS WEDNESDAY

Nabob Coffee - Regular Fine or
Extra Fine Grind - 3x300g...**\$9.78**
Purex Bathroom Tissue - 24 roll...**\$6.88**
MainStay Dry Cat Food - 8kg...**\$5.98**
MainStay Dry Dog Food - 8kg...**\$4.48**
And Many Many More Case Lots In Store

BAKERY

Mini Strudels - 6 for...**\$2.69**
Raisin Bread...**\$1.89**

McBRIDE GREED NEWS

STARTING YOUR OWN BUSINESS???

This two-hour session with Jean-Marc Lacasse will give you a chance to see if you are an entrepreneur at heart. If there is interest in this course we will run it on Tuesday, April 18 from 7:30-9:30pm and the cost will be \$15.00.

FOODSAFE LEVEL 1: Laverne Remmelg teaches this course for food handlers (cooks, waiters, concession workers and those who cook at home). Reduce the chance of passing on food-borne illness! The \$50.00 fee includes the manual and certificate. Saturday, April 8. McBride Secondary School.

TAIJIQUAN (Tai Chi): This course will help participants to improve strength, balance, flexibility, general health and energy levels. You will learn simple giong exercises and the 23-movement Yang style taiji form. Evan Williams will instruct this course at the Rec Center on Wednesdays from April 5 to May 24 at 7pm to 8:30pm. Fee- \$25.00

COMING SOON: Intro to Word Processing, Composting, Raised Bed Gardening, Gardening With Perennials. Call 569-3379 for more info or to register.

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Yearly Bottle Rental \$45
"L" Oxygen Fill \$65

Also Available: Acetylene, Mig Mixes, Welding Rod & Wire, Grinding Discs, and Assorted Accessories. Quantity Discount Pricing Available

Located only 7 min. up Mountain View Rd. at 5269
Phone 569-2795 Fax 569-2247

McBride Roundhouse

Theatre Society

The PUCKS

Fri., April 7th at 8:00pm
Tickets are \$12 & \$6
Available at Stedmans

HOME SUPPORT SOCIETY

The Robson Valley Home Support Society values all Seniors and considers them to be important members of our Community and we are pleased to be able to assist them when we can. Below are some of our services with Seniors in mind. If you would like to know more about any of our programs, visit us at the Home Support office on main Street, or telephone us at 569-2266.
Equipment Loan: We have an extensive stock of bath and mobility aids (walkers, raised toilet seats, bathlits etc.) that can be borrowed on long-term loan at no charge. **Handyman Program:** provides help with minor household repairs, painting and yard work at a very nominal hourly fee. **Lifetime Program:** enables Seniors to remain at home alone without fear, as with a simple push of a button (worn on a necklace or wristband) they can summon immediate assistance. **Meals on Wheels:** volunteers deliver hot lunches for a small charge to the homes of Seniors or disabled persons. **Home Support:** trained and caring home support workers provide personal care and housekeeping services. Most people who qualify receive services at no cost, but depending on a person's financial situation, a contribution may be charged. To see if you are eligible for home support contact Mary Bekus, the Continuing Care Nurse, at 569-0330 local 218; she will visit to assess your situation and needs. We would like to wish all the Robson Valley Seniors a happy and healthy Spring!

McVALE WINDS-UP SEASON

The McVale Bantams travelled to Jasper on March 26/00 to play their last game of the season. McVale has played Jasper twice winning by the score of 6-4 and 5-4. The two teams are evenly matched and at the end of the first period the score was 1-0 for McVale, and after the second period McVale lead 3-0. McVale then turned on the jets and rattled off 6 more goals winning 9-0. Scoring for McVale was Adrian Edwards 4 goals, Shawn Molendyk 2 goals 4 assists, Bryce Balon 1 goal 1 assist, Justin Mainprize 1 goal 1 assist, Chris Pooli 1 goal 1 assist, Tyrel Hickerty 2 assists, John Carr 2 assists, Mandy Vizza 2 assists, Blair Romano 2 assists. Dean Osadchuk earned his second SHUT OUT of the season. McVale finished with a record of 20-4-3. The Team would like to Thank all the parents, McBride Minor Hockey, Valenmount Minor Hockey and their sponsor Wayron Trucking Ltd.

COMMUNITY SERVICE ANNOUNCEMENT

Prince George, B.C. - It is with great excitement that we announce the upcoming Red Cross Northern Global Issues Youth Symposium. We are looking for globally minded youth to attend this participatory learning conference.

The Northern Symposium is two nights and three days in duration (Friday, April 28, to Sunday, April 30), and will take place at Camp Elkness on Ness Lake, near Prince George. The primary areas covered this year will be land mines, refugees, diversity and youth action. The youth to young adult ratio will be approximately 5:1.

The cost of the Northern Symposium is \$100 per student. This fee includes accommodation, food, conference materials and a funky t-shirt. Students coming from outside Prince George will be responsible for their travel to and from Prince George. Please note that we do have scholarships and subsidies available. For more information call Kelli Kryzawowski at 564-6566 in Prince George or in the Northern B.C. at 1-800-278-7177.

BIRTHDAY WISHES APRIL 5-11

Dan Spangler, Dale Mason, Irene Froese, Betty Bartlett, Shirley Lirette, Wim Poelman, Lesa Baulkham, Ned Wilfistie, Carrie Krenzler, Rosena Gunn, Happy Birthday to Rhonda Bodnarчук from Broom & Oscar, Susan Kolida, David Parlette, Kelly Shawara, Clayton Streimer, Dora-Rose Whinnack, Tonio Bachrach, Spencer Froese, Rachel Jones, Velvet Jestico, Megan Shawara, Michael Simpson, Sarah Bressette, Jeff Smith, Brandon Holland, Britney Wall, Sharon Griffith, John Peterson Jr. and to anyone we have missed.

BUY, SELL, RENT & MISC.

For Sale-1994 Hyundai Excel. P/S/PB, 5 Speed. Asking \$3500 obo. Phone 569-0310 After 6pm. For Sale-Grad Dress - Size 8, Green & Black \$200 or Best Offer / Wedding Bells & Streamers, Pink, White & Blue - Offers Pn: 569-3267. For Sale - 1991 Ford Van 1 ton. Needs some work. Phone 569-2672. For Sale - Cedar Fence Posts 5'4". ¢.50 each. Phone 569-0309. For Sale-Bionix Transport Electric Treadmill Like New. \$500. Phone 569-2594. For Sale-1988 GMC Pickup. Many new parts. Open to offers. Phone 569-0078. For Sale-1972 Mobile Home 14'x70'. New flooring & paint, dishwasher, fridge, stove, and Hoover washspin dryer. Propane furnace and hot water tank. Excellent starter home. \$12,000.00 open to offers. Phone 569-3329. For Sale-1988 Toyota 4x4 ext. cab with canopy. Runs exc. \$3000. Ph: 569-8821. For Sale-2 Bedroom removed house in McBride. Trades for down payment welcome. Phone 569-2712 or 569-2531. To place an ad here call 569-3110 or drop off info and \$'s at 981-5th Ave. (\$3/week).

Greyhound Bus Schedule

Country King
Depart to East-9:35am & 2:35am • Edmonton
Depart to West-8:05pm & 5:30am • Prince George
Depart to South-9:35am • Kamloops

Important Phone Numbers

EMERGENCY.....	9-1-1	Forestry.....	569-3700
R.C.M.P.....	569-2255	Village.....	569-2229
Hospital.....	569-2251	Reg'l Dist'.....	1-800-667-1959
Health Unit.....	569-3765	Home Support.....	569-2266
K to 7 School.....	569-2721	Tourist Booth.....	569-3366
High School.....	569-2295	Fire Hall.....	569-3117
Dunster School.....	968-4414	Greyhound.....	569-2570
School District 57.....	1-800-256-7857		

Take a Break in McBride... B.G.'s Premierfest Town!!

McBride Chamber of Commerce LOGGER'S BONSPIEL

April 7th, 8th & 9th
Registration Deadline is **TODAY** April 5
To Register Call 569-0191 or 569-2639
Dinner & Dance at Elks Hall (Parade Sound)
Dinner Tickets \$10 Dance Tickets \$5
Tickets available at Stedmans or Curling Rink

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on all Small Engines

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STEDMANS

Main St. McBride 569-2415

Check out our "New Arrivals"

- Easter Candy & Cards
- Spring & Summer Clothing,
- Footwear, Toys &
- Ball Equipment

Employment Assistance Service Robson Valley Home Support Society

NEED A JOB?

NEED A WORKER?

Contact Bob Thompson 569-2266

ROBSON VALLEY

ENTERTAINMENT ASSOCIATION

Annual General Meeting

7:00 p.m.

April 12, 2000

Forestry Office

TRC CEDAR LIMITED

wishes to welcome the return of Margaret (Ryvan) Aleman and the new arrival of Dwayne and Amy Vause to the community. Margaret will be working at the TRC office from April 10th to the 21st, and will be providing initial training services to TRC's new office manager, Amy Vause. Amy's husband, Dwayne, has also been hired by TRC as a millwright. Amy and Dwayne have recently moved from the Dawson Creek area, and will commence full-time employment with TRC on April 17th. P.S.: TRC is currently accepting applications for a part time secretarial position. Please drop resumes at the TRC office or mail to Box 757, McBride, B.C. V0J 2E0.



McBRIDE CENTRE LTD.

2771 Main Street
P.O. Box 729
McBride, B.C. V0J 2E0
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