

McBRIDE CREDA NEWS

TANGO WITH THE TAXMAN: This one-evening course runs this Thursday, Feb. 17 and will show you how you can save taxes on your home-based business or self-employment. Register today!! The fee is \$10.00. Linda Fry instructs.

COMPUTERS-INTRO TO WINDOWS: Learn the most common uses of the Windows 98 program. Jerry Stanley will teach you how to manage files, do troubleshooting, install new programs, do basic word-processing, etc. This course runs for 4 Wednesday evenings from Feb. 23 to Mar 15. The fee is \$90.00.

STROLLING THROUGH THE HEALTH HUT: This workshop has to be postponed until a later date. You can still get your name on the list and we will call you when a new date is set.

Basic Astrology Chart Interpretation: If there is enough interest, Barb Marshall has offered to do a short course in how to interpret your astrology chart. Call in today if you would like to see this course offered this spring.

PHOTOGRAPHY FOR BEGINNERS: This course will focus on SLR cameras and some of the simple components of taking good pictures. Learn how to use your camera, the properties of light, and how this all works together to create a photograph. A wide variety of techniques and equipment will be reviewed. Birch Howard will teach. The fee is \$30.00. The course will run three Monday evenings from Feb. 28 to Mar. 13.

STARTING YOUR OWN BEDDING PLANTS: This two-hour class will show you how and when to start your own bedding plants. You will learn how to choose soil mixes, how to plant, when, where, light and heat levels, dates for different plants, etc. Charts will be handed out in class. Pete Amyoony will teach this course at Dunster Hall on Tues., Feb. 29 from 7:30 - 9:30pm. The fee is \$10.00.

COMING SOON: Your Very Own Greenhouse, Womens' Opportunity Fair, Braided Rugs, Heritage Seed-saving, Internet. Call as soon as you see a course you like!! 569-3379.

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IGA

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569-2712

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TARIFF STORE

The Anglican United Church Thrift Store will be closed on Saturday, February 19 due to the fact that the United Church Members of the Caribou Presbytery will be here on the 18, 19 & 20. The Church Service will be held at 10:30am on Sunday morning.

LADIES GRAFT FAIR

March 18, 2000 @ Robson Valley Recreation Center during McBride Maniacs Hockey Tournament. To book a table please contact: Leanne Wilstie Phone: 569-2330 or Fax: 569-3290 or write to Box 930 McBride, B.C. V0J 2E0. Limited Space is Available so please Book Early.

FUND RAISER

Fund raiser for Prince George Mission Trip - Robson Valley Jr. Academy is selling Cedar Kindling Packages for \$2.00 each in IGA, Bigway, Home Hardware and the Chevron.

BENEFIT DINNER

There is a Benefit Dinner for Mike Frazier on February 26th, 2000. You can pick up your tickets at Teradon.

FINE FREE FEBRUARY

The McBride & District Public Library would like to remind everyone that February is amnesty month at the Library. So if you have any overdue items lurking around the house, now would be a perfect time to bring them back. If you think you may have an overdue book, but you're not sure, just give us a call at the Library. We'll be happy to let you know what items you have checked out. Time is going by fast and you're running out of time. Also after February our fines are going up. The new rate will be 5 cents per item per day on materials from our library collection.

BIRTHDAY WISHES FEB. 16-22

Tara Lammung, David Kelly, Sheila Clark, Emilio Caputo, Rebecca Ellament, Nicole Gordon, Emery Will, Mitch Shawara, Mike Moseley, Christine Monroe, Joanna Franke, Matt Elliott, Pat Cousineau, Tony Yizza, Robyn Slaney, Rick Harte, Sandi Carmichael, Cindy Kelley, Kathy Peterson, Miranda Meekes, Denis Duguay, Peter Wright, Debbie Kohn, Deyn Kelly, Cathy Greenhough, Crystal Fitzpatrick, Brenda Bodnarчук, and to anyone we have missed.

BirthDay Greetings to Robyn Slaney who will celebrate her 2nd Birthday on February 19. Extra Special Greetings from Mommy & Daddy, Nana & Grandad, Nanny & Poppy Joe and all your other family in Newfoundland. We all love you very much.

BUY, SELL, RENT & MISC.

For Sale-1986 F350, steel flatdeck. Diesel. 4spd. \$3,500 / 1968 Fargo 4x4, duals, welding deck. Front PTO winch. \$1,500 / 1956 Ford 3 ton w/dump box. Roadworthy. \$3,000 / 668 Clark Skidder. \$11,000. May Rent. Ph: Del Fry 569-0127 • For Sale-1992 Powertr Travel Trailer 29ft. Excellent Condition, very clean. Asking 12,000.00 Firm Ph:569-3176-home or 569-3770-work • For Sale-1 Knitting Machine- Computer. Punch Card New Paid \$1500.00- Asking \$1200.00 OBO / 1 Double Oak Bunk Bed Set with Desk Light & Drawers Paid \$1000.00- Asking \$800.00 OBO / 1 Sewing Machine- Singer Approx. 20 YRS. Old- Working Needs Tune Up - Asking \$50.00 / 2 Upright Vacuums- Different Models Approx. 2-3 YRS. Old Working Condition - Asking \$100.00 Each / Grass Trimmers, New Still in Box -Paid \$80.00 each -Asking \$50.00 Each / Phone 250-569-2728 • For Sale-2 Bedroom renovated house in McBride. Trades for down payment welcome. Phone 569-2712 or 569-2531 • For Sale-2 Sunnating Beds. Good Condition. Ph: 566-4704 • For Sale-2 Pizza Ovens. One 110 volt and One 220 volt. Phone Ed at 569-0045 or 569-0122 • For Sale-1994 Ford Aerostar 4WD, Air Tilt, Cruise, Running Boards, 1 owner, immaculate condition. \$12,000. Phone 569-3325 • Quick Sale- 50'x125' Vacant Lot. Excellent location, close to school/shopping. Phone 569-0033 • For Rent-3 Bedroom Clean Mobile Home for rent in McBride. Fridge, Stove, Propane Heat, Fenced Yard, Pets Negotiable. \$450/mth includes pad rent. Unit extra. Damage Deposit required. Ph:250-674-2484 • For Sale-Carved wooden Ram and Carved Wooden Wolf - Offers / Girls Book Case Hutch for top of a desk - White. Power Trowel, Bow Mag. Must Sell. Ph: 569-2672 • For Sale-by motivated owners: 1157-4th Ave. Approx. 1200 sq. ft. home. Built in appliances: 3+1 Bedroom. New carpet and lino. Finished basement with wood stove, pool table, 4 pcc. bath, beautiful landscaped. Detached garage. \$97,500 o.b.o. Phone 569-2478 • To place an ad here call 569-3110 or drop off info and \$'s at 981-5th Ave. (\$3/week).

NIGHT LIFE LINE-UP

McBride Hotel-Pool Tournament This Sunday at 1pm. We now have Satellite T.V. for all your Sports Entertainment. Beverage Specials. Room Rates-Best Rates in Town Single or Double starting at \$40 tax incl. or a Double for 7 nights for \$150 tax incl. Watch for our IN HOUSE SPECIALS. McBride Restaurant is open 7 days a week 11am. - 11pm. Free Pool on Wednesday Evenings & Sunday Afternoons. Phone 569-2277.

Greyhound Bus Schedule
Country King
Depart to East-9:35am & 2:35am • Edmonton
Depart to West-8:05pm & 5:30am • Prince George
Depart to South-9:35am • Kamloops

Important Phone Numbers

EMERGENCY 9-1-1
R.C.M.P. 569-2255
Hospital 569-2251
Health Unit 569-3765
K to 7 School 569-2721
High School 569-2295
Dunster School 569-3117
School District 57 1-800-256-7857
The Little McBride Paper Phone 569-3110 or Fax 569-0220
Inquiry B.C. 1-800-663-7867 - For Toll Free Calling to Provincial Numbers ... Dial this Number 1st and ask operator to connect you to provincial department.

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FARNSWORTH ACUPUNCTURE

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Herbal Medicine is the main treatment method of Traditional Chinese Medicine (TCM). Western Folk Medicine primarily uses single herbs or groups of herbs which treat the same symptoms or disease. TCM formulas include 6-52 herbs. They are crafted to treat the main symptoms as well as the overall pattern of disharmony. Chinese Herbal Medicine treats the full range of human disease from acute diseases like intestinal flu or colds to chronic diseases such as allergies, auto-immune or degenerative diseases.

CLINICS
Feb. Mar.
25/26 24/25
Robson Valley Health Hut
569-2559

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Saturday / 8:00a.m. - 3:00p.m.
Sunday / CLOSED