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- Minor Electrical & Plumbing Repairs •
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- Free Consultations ••
- Odd Jobs ••

Call Art
At 569-2519

CONGRATULATIONS

**Randy & Shelly on the birth
of your son. 6 lbs. 13 oz.**

Buster Cheatin

**Mark & Sherry
Rex & Shelly**



**MCBRIDE REALTY
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HOMETOWN PROUD

- Black Bean Salsa Salad - 100g...**¢.99**
- Blue Ribbon Bologna - 100g...**¢.99**
- Broccoli Crowns **\$1.49 / lb.**
- Zucchini **¢.69 / lb.**
- Fletcher's Smoke House Bacon - 500g **\$2.99**
- Family Pack Pork Loin Chops by the package
- 6 Centre Cuts, 2 Rib Portions &
- 1 Tenderloin Portion **\$2.69 / lb.**
- Green Giant Canned Corn **¢.99**
- Old El Paso White or Yellow
- Tortilla Chips - 400g **\$2.38**
- Old El Paso Taco Seasoning - 35g **\$1.18**
- Old El Paso Salsa/Picante Sauce - 650ml **\$3.38**
- Old El Paso Taco Shells - 125g **\$2.28**
- Old El Paso Taco Kit - 275g **\$3.58**
- Old El Paso Fajita Kit - 507g **\$3.98**
- Old El Paso Burrito Kit - 520g **\$3.98**
- Old El Paso Flour Tortillas - 334g - 2 for ... **\$4.98**

BAKERY

Baby Danish - 9 for...\$1.99



Trip to ANYWHERE
in the World
Just tell us where you want to be Dropped Off!!

Baloney
Travel Company

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Don't you wish you had your companies Ad here?

MCBRIDE GRED A NEWS

Help! We need your ideas!!! We are setting up the courses to be offered from the end of January to the end of April and we need ideas from the community. If you can think of a course you would like to see offered or if you are able to offer a course, please call 569-3379 right now and leave a message. So far, we are organizing a variety of computer courses (such as Intro to Internet, Intro to Windows, Intro to Wordprocessing, etc.) We are also offering courses in First Aid, Organic Gardening, Heritage Seed Saving, Rugmaking, Drawing, etc. Call in today with your ideas or if you are interested in any of the above courses. Some will fill up quickly!! The brochure with all the course listings will be out in mid-January.

FREE The Little FREE

McBride

Paper



Serving BC's Friendliest Town and Area!

For the week of Wednesday, Jan. 12th, 2000

COMMUNITY ANNOUNCEMENTS

Grief Support Groups - Grief support groups are being formed in the McBride and Valemount Communities. Purpose: To provide support and information for grieving individuals. All interested persons are welcome to attend. *Weekly groups to begin FEB. 1, 2000 *Daytime and evening groups are being scheduled. *To be held in the communities of McBride and Valemount. *No cost to participants. *Pre-Registration Necessary *For further information or to register, Please Contact: Barbara Wells- McBride Office: 569-3387 or Valemount Office: 566-9107

Free Tutoring available - Jerry Stanley 569-2596

Attention Nordic Skiers - Bell and Dore River Ski trails are Tracked and Groomed and the conditions are excellent. Also the Bell road is open and well maintained. There will be a Yellowhead Ski Club Meeting 7:00p.m. on Tuesday January 18th at the Highschool everyone is welcome.

Cross Country Ski Equipment Swap - Anyone wanting to buy or sell childrens' XC Ski Equipment please call Elaine Gillette @ 569-2643.

To Give Away - Two left - 8 week old Puppies. One Black Lab and one Border Collie. Will deliver. 569-8805.

THANK YOU

Alfred and Dorothy Hewitt wish to Thank family, relatives and friends for the lovely cards, gifts, flowers and phone calls in honour of our 60th Wedding Anniversary. Also a big Thank You to our daughter Marilyn Hewitt and Grand daughter Kathy Molendyk for the lovely dinner they prepared.

AROUND THE SCHOOLS

McBride Secondary School - The McBride Secondary Wrestling Team brought home a GOLD Elizabeth Baker and a BRONZE (Stacey Schock) Metal from the Kelly Road Tournament in Prince George this past weekend. The Team is off to Kamloops on January 14 & 15.

The Senior Boys Basket Ball Team took 4th Place at a Tournament in Fort St. James on the weekend. This weekend they are off to defend their Title in Jasper. *Good Luck!!!

Thursday is Teddy Bear P.J. Day - a TAG sponsored event.

Dunster Fine Arts School - Students are launched on a busy start to the New Year. All students are cross country skiing under the direction of Terri Jensen and Marg Johnson. Intermediate students have started Science Projects and multi-media 3-D sculptures based on the work of Claes Oldenburg. In music, students are learning new choir and recorder pieces.

THOUGHT OF THE WEEK

**If you view your problem closely
enough you will recognise yourself as
part of the problem.**

CHURCH NEWS N' THINGS

The Downtown Thrift Store on Dominion Street winter hours are: 10a.m. to 2p.m. Saturdays. Thanks to everyone for their donations of clean clothing. Due to limited space we are unable to accept large furniture, magazines or large books (e.g. Encyclopedias etc.) Drop off when not open at 1153 Dominion Street or the Health Hut. •Dorcas-is OPEN Tuesdays starting Sept. 7 from 1pm to 3pm. For more information call 569-3186•Seventh-day Adventist Church-Meet Saturdays at 9:30am Ph:569-2539•Mennonite Church-Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-3302•Mountain Chapel (PAOC)- Sunday School & Adult Classes-10am, Services-11am. Ph:569-3350•Anglican United Church-Meet Sundays at 11:30am. Dominion St. Ph:569-2580•Evangelical Free Church-Sunday School 9:45am. Sunday Services at 11:00a.m. Ph:569-2537•Robson Valley Christian Centre-Meets in home Sundays 11am, Dunster Ph:968-4335•St. Patrick's Catholic Church-Meets Sundays at 10am Ph:569-2606.

Greyhound Bus Schedule	Country King
Depart to East-9:35am & 2:35am • Edmonton	
Depart to West-8:05pm & 5:30am • Prince George	
Depart to South-9:35am • Kamloops	

Please Call The Little McBride Paper with all coming events, news, trivia, comments, anything!! Ph:569-3110 or Fax:569-0220. If we don't know about it, we can't write about it!! Susan & Scott Gillies - Broom & Oscar - Box 441 McBride

Take a Break in McBride... B.G.'s Friendliest Town!!

Advantage Insurance Services Ltd.

Rosemary L. Hruby, CAIB
250-569-2264

BACK TO BUSINESS
as usual.

Thank You for your understanding
in the last week.

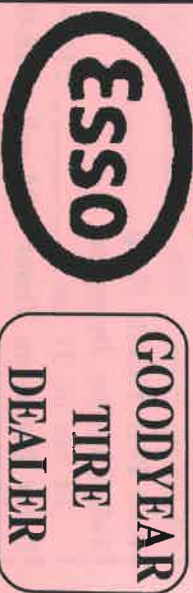
RESTLESS WHEELS CAFE

IF YOU ARE TRAVELLING THROUGH
MILLET ALBERTA STOP IN AT THE
RESTLESS WHEELS CAFE.
GREAT FOOD!!!
Monday / 6:30a.m. - 3:00p.m.
Tuesday-Friday / 6:30a.m. - 5:30p.m.
Saturday / 8:00a.m. - 3:00p.m.
Sunday / CLOSED

GRIEF SUPPORT GROUPS

are being formed in McBride and
Valemount meeting weekly, daytime
or evenings beginning early
February. For more information, or
if you wish to register, please phone
Barb Wells 569-3387

ROBSON VALLEY ESSO SERVICE



AUTOMOTIVE, SMALL ENGINE &
HEAVY DUTY REPAIRS

- REGULAR - DIESEL - PROPANE -
MON. - SAT. 6AM TO 6PM & SUNDAY 7AM - 7PM

STEDMANS

Main St. McBride 569-2415
CLEARANCE SALE

- Wednesday, January 12 - Monday, January 31
 - 15% OFF - Bird Seed & Feeders
 - 25% OFF - Boxed Chocolates & Nuts
 - 25% OFF - Comforters & Bed-In-A-Bag Ensembles, Towels, & Cushions
 - 30% OFF - Colognes & Perfumes
 - 30% OFF - Gloves, Toques & Scarves
 - 30% OFF - Children's Winter Clothes & Footwear
 - 40% OFF - Men's & Ladies Winter Clothes & Footwear
 - 50% OFF - Covergirl Lipsticks, X-Mas Stock
 - 50% OFF - Selected Yarns, Crystal Giftware
- Watch for In-Store Specials on Selected Toys,
Picture Frames, Appliances & More!
This Sale does not apply to already
"Sale or Clearance" Items.
All Sales Are Final!

AUTOMOTIVE REPAIRS

by a Mechanic with
20 years experience
\$25 per hour
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This Space Gotta Be Yours!!

Wool Farmers
Milk & Eggs
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etc.

The Little McBride Paper
Looks forward to serving you!!
Phone for Advertising Info!!
569-3110 or Fax 569-0220

The Soup & Sandwich Shop



569-0045

(located beside the Liquor Store) where good food and good friends meet

WE'RE STILL HERE!

The Same Great Food!

Fresh Home-made Soups!

Great Sandwiches!

Monster Burgers!

Fresh Baked Goods!

Because we are Owner Operated, we will Remain a Smoking Establishment.

NEW WINTER HOURS

7am to 4pm Monday to Friday

Closed Weekends

Come on in and try our Five Alarm Chile!

BIGWAY FOODS

Main St., McBride
569-5165

Extra Savings All Week Long

Grade A Mandarin

Oranges - 5 lb. box..... \$4.99

All Betty Crocker

Hamburger Helper \$1.99

Spartan Apples..... \$1.79 / lb.

Navel Oranges - 6 for \$1.00

Assorted General Mills Cereals \$3.59

All Coke Products -

12pk cans \$3.99 + dep.

All Primo Pasta - 900g..... \$1.59

West Best Tomato Soup 0.39

Tide Laundry Detergent

34 use or 37 use \$9.99

Purex Bathroom Tissue - 24 roll \$8.49

SunRype Okanagan Blend Apple or

Orange Beverage \$1.94

And Many More Unadvertised Specials

JENNY'S SHOP 'N WASH

McBride
569-0095

Espresso Bar

Ask about our Coffee Cards are available

STUDENT MEAL CARDS Buy 5 Espresso Specialty

Drinks and get the 6th

"TAKE OUT" FREE

Pizza - Chicken

"Hot or Cold Subs" and mini pizzas

Restaurant & Much More

POWERHOUSE PUB SLEDDERS SPECIAL

Take the Taxi (569-3344) to the Pub and we will pay for the ride back to your Hotel/Motel (in town only)

Daily Food and Beverage Specials



Tuesday - 10 to Noon - 2 to 5 - 7 to 9
Wednesday - 10 to 2
Friday - 2 to 9
Saturday - 2 to 5

241 Dominion St.

Turn off the Tube and Read a Book

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STUDENTS MARK NON SMOKING WEEK

Northern Interior Regional Health Board - January 17-21, 2000 is National Non-Smoking week with Weedless Wednesday falling on January 19, 2000. This year students throughout School District #57 are working on a number of creative and exciting projects aimed at helping peers decrease the use of tobacco. Youth and tobacco has become topic for debate among nonsmoking advocates, tobacco companies, advertisers, concerned parents and the press. While debates of the new WBC Second Hand Smoke Regulations continue, students around Prince George are working to prevent peers from starting or assisting with information on ceasing smoking.

As a result of a tobacco reduction conference held this fall students have created and carried out various activities to educate peers and to take an active role in tobacco reduction. This week we would like to recognize those youths and highlight their ongoing projects and successes. A survey by Angus Reid in 1997 showed that 1 in 5 teens smoked. If students remain smoke-free through out high school, chances are they won't start. Equipping youth with information and skills to avoid tobacco will increase control over their own personal choices and health. Activating youth to work with peers is one of the most effective manners in which to reduce tobacco use and support cessation.

Youth in our communities are taking action. Working with their schools and members of the Northern Interior Health unit students are learning about tobacco and how to reduce tobacco use. During National Non-Smoking week we would like to recognize those groups who are working in their schools and with their peers, to highlight their initiative and creativity in their work.

BIRTHDAY WISHEMES JAN. 12 - 18

Glenda Molendyk, Shirley Shea, Alaire Jeck, Jeff Beale, Elise Bressette, Jemette Chuipka, Aislin Parlette, Stacey Schock, Justin Starlund, Judy Stephens, Val Sluggert, Dwayne Walker, Darren Battersby, Melvin Taphorn, Jan Taphorn, Kimberly Marsh, Ron Wood, Mark Roth, Rosanna Koida, Bruce Shnell, Doug McKae, Trent Gainer, Spencer Kimpton, Cody Yetter, Gina Marian, Tina Pepper and to anyone we have missed.

BUY, SELL, RENT & MISC.

Quick Sale-50'x125' Vacant Lot. Excellent location, close to school/shopping. Phone 569-0033****For Sale-2** Suntanning Beds. Good Condition. Ph: 566-4704****For Sale-1979** Dodge 1/2 ton. Good Running Condition. Includes dry box. \$1300.00 Ph:566-9798****1998** Chevy S-10, Ext Cab, 4x4, 5 sp, v-6. \$3000. Ph: 569-2496****For Rent-1200** sq ft Apartment. 3 bedrooms located on Main Street, McBride. No smokers & no Pets call 569-2618****For Rent-2** Bedroom House Available December 16. Ph:569-2712 or 569-2531****For Rent-3** Bedroom Clean Mobile Home for rent in McBride. Fridge, Stove, Propane Heat, Fenced Yard, Pets Negotiable. \$450/mth includes pad rent. Until extra. Damage Deposit required. Ph:250-674-2484****For Sale-Carved** wooden Ram and Carved Wooden Wolf - Offers / Girls Book Case Hutch for top of a desk - White. Power Trowel, Bow Mag. Must Sell. Ph: 569-2672****For Sale-by** motivated owners: 1157-4th Ave. Approx. 1200 sq. ft. home. Built in appliances. 3+1 Bedroom. New carpet and lino. Finished basement with wood stove, pool table, 4 pce. bath, beautiful landscaped. Detached garage. \$97,500 o.b.o. Phone 569-2478**To place an ad here call 569-3110 or drop off info and \$'s at 981-5th Ave. (\$3/week).

QUOTE OF THE WEEK

Don't worry about the world coming to an end today. It's already tomorrow in Australia.

NIGHT LIFE LINE-UP

McBride Hotel-We now have Satellite T.V. for all your Sports Entertainment. Beverage Specials. Room Rates-Best Rates in Town Single or Double starting at \$40 tax incl. or a Double for 7 nights for \$150 tax incl. Watch for our IN HOUSE SPECIALS. McBride Restaurant is open 7 days a week 11am. - 11p.m. Free Pool on Wednesday Evenings & Sunday Afternoons. Phone 569-2277.

Ya-Rail Schedule Phone 1-800-561-8630

Going West - Sunday, Wednesday & Friday...2:40pm
Going East - Monday, Thursday & Saturday...12:47pm
40% Savings on Coach Fares booked a week in advance
Additional Savings for Seniors, Children & Students

Important Phone Numbers

EMERGENCY 9-1-1
R.C.M.P. 569-2255
Hospital 569-2251
Health Unit 569-3765
K to 7 School 569-2721
High School 569-2295
Dunster School 968-4414
School District 57 1-800-256-7857

The Little McBride Paper.....Phone 569-3110 or Fax 569-02220
Inquiry B.C.-1-800-663-7867 For Toll Free Calling to Provincial Numbers ...
Dial This Number 1st and ask operator to connect you to provincial department.

Take a Break in McBride... B.G.'s Friendliest Town!!

C-R-U-I-S-E - I-N - C-A-FEE

569-2464



Good Food at Affordable Prices

SLEDDERS

Bring in or Purchase a Trail Pass and receive 5% OFF your meal.

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CRUISE AUTOMOTIVE

(located in the rear of the Cruise In Cafe)

We don't have the largest of anything, but we do have the Best selection of auto, truck or snowmobile Parts.

Monday - Friday 8:00am to 6:00pm
Saturday 9:00am to 4:00pm Sunday 10:00am to 2:00pm

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Reg. # 20255

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THE HAIR SHOPPE 569-3359

Open 9am - 5pm Monday to Friday
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SIN MOO HAPKIDO

Mondays & Thursdays at the Elementary School
Children: 6:15 - 7:15
Adults: 7:30 - 8:30

Contact Instructor M. Jacques 569-2487 or CREDA 569-3379

For Sale - 3 cords Birch Well seasoned
Split Fire Wood - Under cover 3 years.
\$125.00 per cord delivered.
Phone Wayne at 569-2521 or Ed at 569-3103.

FOR RENT

2 and 3 Bedroom Mobiles. Both have Large Additions, Wood Stove and Fridge & Stove Mountainview Trailer Park. 569-0231

SASQUATCH

Beauty Barn

There will be

NO HAIRDRESSER

from January 13th to the 20th.

Sorry for any inconvenience.

OPEN TUESDAY - SATURDAY 10am - 5pm
1102 - 4th Ave. Call 569-2294 for Appointment

Employment Assistance Service
Robson Valley Home Support Society

NEED A JOB?

NEED A WORKER?

Contact Bob Thompson 569-2266