

# IGA

233 Main Street  
McBride, B.C.  
569-2712

## DELLI

- Old Fashioned Ham - 100g.....\$1.49
- Soup and a Sandwich.....\$4.50
- IGA Juice Box - 3 pack .....\$4.99
- Tide - 3.3kg .....\$9.99
- Snap Top Carrots ..... \$1.59 / lb
- Golden Delicious Apples ..... \$1.49 / lb.
- Pillsbury Pizza Pops - 448g..... \$3.69
- Fresh Spring Salmon Fillets .... \$5.99 / lb.
- Olympic Sliced Bacon - 500g .....\$2.99
- Betty Crocker Super Moist  
Cake Mix - 510g .....\$1.49

### Priced Right

Maxwell House Coffee - 300g.....\$2.98



277 Main Street  
P.O. Box 729 McBride, B.C. V0J 2E0  
Bus: (250) 569-2719 or 569-2735  
Fax: (250) 569-2787  
E-mail: rodder@mcbriderealty.com  
www.mcbriderealty.com

Rodger L. Peterson  
Owner / Agent  
Res. - (250) 569-2793  
The Center of Real Estate Action  
in the Robson Valley!!

## Snow Plow Service

### Serving Dunster to Dome Creek

- Reasonable Rates -
- Seniors Discount -

569-0231 or 569-0185

ADAMASTER COMPUTER SERVICES  
Computer and Internet lessons.  
569-8805 E-mail adam@cancom.net  
"Now Doing Web Pages?"

Chimney Safety Inspections  
and Chimney Cleaning

Phone 569-2618 and ask for Vince

FOR SALE OR RENT- 3 bedroom mobile home, some renovations. Fridge & stove. Satellite TV Basic Package included. Large pad vendor finance with down payment possible, others available at Mountain View Trailer Park. Phone: 569-0231 or 569-0185

Y2K

If you prepare for the worst and it isn't, you can be pleasantly surprised.  
The Y2K Survival Group  
L<sup>3</sup>

Advertise in this Space or

Advertise in this Space for  
only \$5 / Week

## MARSH BROS.

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- Supplies - Lumber
- And More!!
- Happy New Year From
- Marsh Bros.
- Lumber & Supply

50 lb. Bag Striped Sunflower Seeds \$24.00  
50 Gallon Rubbermaid Stock Tank \$105.00  
Dealer For Winkler Canvass Shelters

Located only 7 min. up Mountain View Rd. at 5269  
Phone 569-2795 Fax 569-2247



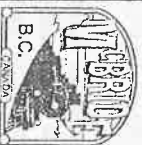
Tuesday - 10 to Noon - 2 to 5 - 7 to 9  
Wednesday - 10 to 2  
Friday - 2 to 9  
Saturday - 2 to 5

241 Dominion St.  
Turn off the Tube and Read a Book

FREE The Bittle FREE

# McBride

## Paper



Serving BC's Friendliest Town and Area!  
For the week of Wednesday, Jan. 6th, 1999

### Under New Management

Joseph & Tanya Rich are the new managers at the Robson Valley Esso Service, formerly known as McBride Esso. They took over starting Jan. 2, 1999 and are open from 6am - 9pm. They offer full service of Gasoline, Diesel & Propane. NOW OPEN is a Heavy-Duty Truck Bay plus Automotive Bays. Also a small Engine (chainsaw) Shop. Welding - including Aluminum Welding. So drop by and check out the new and improved Robson Valley Esso Service.

### COMING EVENTS

Moms & Tots - Monday mornings from 10am - 12pm noon in the Nurses Residents. Starts January 11. All new moms are welcome to attend.

### COMMUNITY ANNOUNCEMENTS

NEEDED: If anyone is cleaning cupboards or bedrooms after the Christmas Season and have items they don't know what to do with, please consider donating them to McBride Preschool. We are looking for toys (indoor and / or outdoor), puzzles, games that people are able to donate. People with any such items available can contact Rose O'Brien at 569-2227 or drop off at 201 Dominion.

McBride Preschool - Thank You to everyone who helped support McBride Preschool by purchasing our Quilt Raffle tickets. Congratulations to Lisa Cowburn the winner. A Big Thanks to IGA, Bigway, Rose Garden Boutique, Stedmans, Country King, and Travellers Restaurant. A Special Thank You to McBride Sandman for displaying our quilt and also for selling over 100 tickets for us.

Thank You to all those who took part in the search for my little poodle Pepper on New Years Eve. I would like to Thank everyone for their care and consideration towards me, Madge Fry. Broom & Oscar would like to say sorry to AAAMiron for a spelling mistake made in last weeks paper. (Oscar Gooled Again) McBride Preschool Fund-raisers- SANDBAGS are at some local gas stations; Reminder of CAKE PANS available for \$3.00 rental; JOOCUS TOYS and WINDOW STICKERS. Great Christmas Ideas!!!! (Call Rose at 569-2227 for a catalogue or any information about these fund-raisers.

### Internet Corner

Here is a couple of WWW terms. Maybe you can impress some family or friends while talking like a computer technician.  
Browser - A Client program (software) that is used to look at various kinds of Internet resources.

Cookie - The most common meaning of "Cookie" on the Internet refers to a piece of information sent by a Web Server to a Web Browser that the Browser software is expected to save and to send back to the Server whenever the browser makes additional requests from the Server.  
Have fun, play it safe and keep up the surfing!  
ADAMASTER adam@cancom.net

### BIRTHDAY WISHES JAN. 6 - 12

Rennene Akers, Steven Hornek, Laurie Perkins, Bob Balcaen, Ingrid Pluta, Derran Perpelitz, Curtis Club, Ashley Beer, Sharon Schetelbein, James Sutherland, Mick Callas, Tracy MacMaster, Lorraine McRae, Mark Friesen, Brian Wiltsie, Chelsea Marian, Cathy Lewis, Rachel Ondang, Jonathan Redman, Jack Marsh, Joy Howard, Diane DeFrias, Roy Howard, Gary Moore, Glenda Molendyk and to anyone we missed, hope you have a great Birthday.

### What's Is A Name

Cathy - Greek: Pure or Purity  
Mick - Hebrew: He who is like God  
Roy - Old French: King  
Gary - Germanic: Spear carrier  
Destiny In A Name? No definitive studies have been made on the effect a name may have on a person's life. But one study suggests that boys named Jack, Bud, Tom, Sam, Jake and Luke usually grow up to be the out-doorsy types. Those who stand a better than average chance of becoming tycoons are those men with names like Rodman, Carw, Elliott, Michael, Theodore and Eibert.

Via-Rail Schedule Phone 1-800-561-8630  
Going West - Sunday, Wednesday & Friday...2:40pm  
Going East - Monday, Thursday & Saturday...12:47pm  
Savings on Coach Fares booked in advance  
Additional Savings for Seniors, Children & Students

Please Call The Little McBride Paper with all coming events, news, trivia, comments, anything!! Ph:569-3110 or Fax:569-0220. If we don't know about it, we can't write about it!! Susan & Scott Gilnes - Broom & Oscar - Box 441 McBride  
Take a Break in McBride... B.G.s Friendliest Town!!



ROBSON VALLEY  
ESSO SERVICE  
(formerly McBride Esso)

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NOW OPEN!!  
HEAVY-DUTY TRUCK BAY •  
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# Century 21

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Phone 250-569-8808 Toll Free 877-569-8808  
Fax 250-569-0209 E-Mail pearson@cancom.net

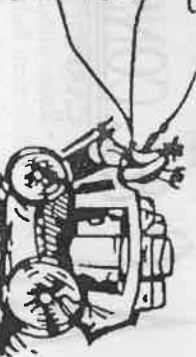


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569-2493

## McBRIDE COACHES



TAXI SERVICE

PHONE 569-3344

## POWERHOUSE PUB

Phone 569-2504

Sitting In The Dark

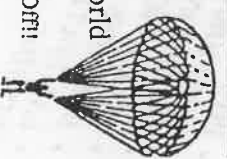
When The

Power Goes Out?

We aren't at the  
Powerhouse Pub.

So Come On Down And Join Us.

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All Expenses Paid!!

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SPORTS MASSAGE



for appointments call 968-4432

## SASQUATCH

### Beauty Barn

#### After Christmas Special

Manacure & Paraffin Treatment  
\$20.00 + tax

(January 6 to January 20)

TUES. - FRI. 10am - 6pm SATURDAY 10am - 5pm  
1102 - 4th Ave. Call 569-2294 for Appt.

### Quote of the Week

I have seen the future and it is just like the present, only longer.

## BIGWAY

DELI

Main St., McBride  
FOODS 569-3166

Marble Cheddar Cheese - 100g...\$1.59  
Havarti, Swiss or  
All 2 Ltr. Coke Products ..... \$1.39 + dep.  
Smoked Picnic Ham ..... \$1.99 / lb.  
Boneless Blade Steak ..... \$2.49 / lb.  
Slicing Cucumbers ..... \$ .79 each  
Yams ..... \$ .79 / lb.  
Bananas ..... \$ .79 / lb.  
Jumbo Onions ..... \$ .69 / lb.

## A.C. & T. CONSTRUCTION

CARPENTER - HANDYMAN

- Renovations • Additions • Siding •
- Basement Suities • Windows • Doors •
- Asphalt Re-Roofing • Kitchens • Baths •
- Drywall • Painting • Finishing •
- Drafting & Design •

• Home Repair • • Odd Jobs •  
• Minor Electrical & Plumbing Repairs •  
• Free Estimates • • Call Art  
• Free Consultations • • At 569-2519

## FORREVER PRINTING & SIGNS

- COLOR SCANNING •
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- CONFIDENTIAL CARDS •
- OCCASIONAL CARDS •
- INVITATION CARDS •
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- BINDING •
- SIGN BOARDS •
- BANNERS •
- VEHICLE SIGNS •
- MAGNETIC SIGNS •
- PLASTIC SIGNS •
- AND MUCH MORE •
- CHECK US OUT FOR ALL YOUR TROPHY NEEDS •

**Forge of The Little McBride Paper**  
Scott & Susan Glines  
981-5th Ave.  
Ph:569-3110  
Fax:569-0220

## DREAM VACATION OF THE YEAR

Anywhere in the World!!  
Yours for the Asking!!

Just answer the Skill Testing Question  
Who Sang ^\*&%#@\$(\*)  
Phone answers in to (000)-000-0000  
Don't you wish you had your ad here!!

### Stuffy Nose

Hit the Showers - Breathing the steam from a hot shower is probably the easiest way to cut mucus and keep it from getting thick - a common cause of stuffiness. Raise the head of your bed - Lying on your back tends to build up the pressure of nasal fluid. Try raising your head by placing a few books under the bedposts or sleeping on more than one pillow. Don't lounge around in bed when you're congested. That gives mucus more of a chance to pool in your head rather than drain.

Work out to work it out - Walking Helps: When you walk, you stimulate better breathing and better blood circulation. Walking also helps shrink nasal membranes.

### Dry Skin

Winter has been here for some time now and your suffering from dry skin. Here are some tips to help get rid of it and make you feel better.

- Add some oil to your bath time by adding a bath oil rich in moisturizers - even when you apply creams after bathing. You don't need to go and spend a lot of money on moisturizers. The best thing to use is plain petroleum jelly or mineral oil as a moisturizer. Also any vegetable oil or hydrogenated cooking oil - from Crisco oil to Sunflower or even peanut oil can be used to relieve dry skin (Note: they do feel greasier than commercial moisturizers.) So next time you have dry skin and want to do something about it there are many options.

### Police Report

On December 31, 1998 McBride RCMP received a report of a missing Polled Hereford Bull. The bull is ten months of age and has a tattoo in it's right ear. The bull was last seen on December 25th, 1998 on the owners property located on Eddy Road in McBride. Anyone having any information is asked to please contact the McBride RCMP.

### NIGHT LIFE BINE-UP

McBride Hotel-All the best in the New Year. Pool Tournament Sun., Jan. 17 at 1pm. 100% payout. Superbowl Bash Sunday, Jan. 31 plus a Pool Tournament. 1st Place gets a Budweiser Pool Cue. Each purchase receives a ticket for prizes. Come and try your luck at KENO. Room Rates-Best Rates in Town Single or Double starting at \$40 tax incl. or a Double for 7 nights for \$150 tax incl. Watch for our IN HOUSE SPECIALS. McBride Restaurant is open 7 days a week 11am. - 11pm. The Pinball Machine is now here. Foosball Table is now here. Free Pool on Wednesday Evenings & Sunday Afternoons. Phone 569-2277.

### BUY, SELL, RENT & MISC.

For Sale-1985 Chev Cavalier, 4 Dr., 4 Cyl., Runs Good. Phone 569-2395. For Rent-1200 Square Feet with 3 bedrooms for rent. Downtown McBride. Phone 569-2618. For Sale-Stihl 051 Chainsaw with 28" Bar, Stihl 039 Chainsaw with 18" Bar, Homelite XL30 Chainsaw with 12" Bar, Mobile Jackhammer with Compressor, 98,000 BTU Diesel Heater, Makita 20" Plate Tamper, 2 Water Pumps (5 hp & 2 hp), Pressure Washer, Bow Mag. Must Sell. Phone 569-2672. Everybody likes a Puppy for X-mas-ours have wonderful parents Lab, Apensel, Rotweiler Cross. \$40. Ph:569-2561. For Sale-84 Dodge Van \$2200 Ph:569-2561. For Rent-3 bedroom house, large lot close to the Highschool. \$500.00 per month. 1 Month FREE rent with a 1 year lease. Phone 569-0240. For Sale-1979 Light Blue Ford Supercab, Std. Trans., Runs on Propane, Good Cond. \$1800 o.b.o. Phone 569-0158. For Sale, Rent or Rent to Purchase-2 Bedroom House. New Paint, Carpet, Lino, Insulation, Tile & Siding. C/W Separate Title Double Lot. Phone 569-2712 or 569-2531. To place an ad here call 569-3110 or drop off info and \$'s at 981-5th Ave. (\$3/week).

### CHURCHES NEWS N' THINGS

Dorcas-is now OPEN Tuesdays from 1p.m. - 3pm. For more info. call 569-3186. Seventh-day Adventist Church-Meet Saturdays at 9:30am Ph:569-2539. Mennonite Church-Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-3302. Mountain Chapel (PAOC)-Sunday School & Adult Classes-10am, Services-11am. Ph:569-3350. Anglican United Church-Meet Sundays at 9:00am. Dominion St. Ph:569-2580. Evangelical Free Church-Sundays-Sunday School at 9:45am and Services at 11am Ph:569a-2537. Robson Valley Christian Centre-Meets in home Sundays 11am, Dunster Ph:968-4335. St. Patrick's Catholic Church-Meets Sundays at 10am Ph:569-2606.

#### Greyhound Bus Schedule

Depart to East-9:35am & 2:35am • Edmonton	Country King
Depart to West-8:00pm & 5:40am • Prince George	
Depart to South-9:35am • Kamloops	

#### Important Phone Numbers

EMERGENCY .....	9-1-1	Forestry .....	569-3700
R.C.M.P. ....	569-2255	Village .....	569-2229
Hospital .....	569-2251	Reg'l Dist' .....	1-800-667-1959
Health Unit .....	569-3765	Home Support .....	569-2266
K to 7 School .....	569-2721	Tourist Booth .....	569-3366
High School .....	569-2295	Fire Hall .....	569-3117
Dunster School .....	968-4414	Greyhound .....	569-2570
School District 57 .....	1-800-256-7857		

The Little McBride Paper.....Phone 569-3110 or Fax 569-0220  
Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ...  
Dial this Number 1st and ask operator to connect you to provincial department.

Take a Break in McBride... B.G.s Friendliest Town!!

## McBride Preschool

Classes for children 3-5 years  
Limited spaces on Tuesdays and Wednesdays  
also Thursdays starting in February.  
1 Day / 4 Times / Month - \$35.00  
(times number of days per week attended)  
Daycare Subsidy Eligible - ECE Qualified Teacher  
ONE fund-raiser from January to June  
(unless new location is found)  
To view a class or to register  
call Rose O'Brien at 569-2227



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Husky For All Your Service Needs  
**LUBE & OIL SPECIAL**

\$24.95

(for most vehicles)  
Includes up to 5 litres of 10W30 or  
5W30 Oil and Filter  
• 4x4 & Diesel Vehicles Extra -

This Space Could Be Yours!!

Wool Farmers  
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Meat Cutting  
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etc.

The Little McBride Paper  
Looks forward to serving you!!  
Phone for Advertising Info:!  
569-3110 or Fax 569-0220

## McBride Clothing

### Movies For Rent

Blade - Avengers - Lethal Weapon 4

Now Renting Games For

NINTENDO 64

210 Main Street 569-3187

## CREDA

Information & Assistance  
for Unemployed Individuals

Pat Powell

Employment Counsellor  
(250) 569-0208

964 - 2nd Avenue McBride

McBride Creda News - We are looking for ideas for courses to be run in the next few months. If you would like to see a course offered or would like to instruct a course, call us today! The courses will be offered from the end of January until the end of April. So far we have some interesting ones in the works. We will be offering Level 1 and Level 3 First Aid, Firearms Acquisition Certificate (F.A.C.), Social Dancing, Latch Hooking, Estate Planning, Computer Accounting, etc. More in later columns. The CREDA brochure will be out in the mail boxes in a few weeks. Call 569-3379 with your ideas!!

## MCBRIDE

### ELECTRIC

We Don't Do Plumbing.  
We Don't Do Carpentry.  
WE DO ELECTRICAL.

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Reg. # 20255 569-2395