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For the week of Wednesday, July 9th, 1997

Thank You

Brenda Mitchell would like to thank all those who helped her at the ball diamond and at the hospital. Thank you to the nurses & doctors. Bob and Brenda

Coming Events

McBride Horse Club- McBride has an "alive and well" horse club going. We currently have 19 members who get together as frequently as possible to have riding lessons, horse information sessions, tack learning sessions, or just a plain good time out on a group ride. The club has had a bunch of help getting off the ground. We would like to thank: • Aeron Taughter for her help in training riders • Rex Hatchard for his donation of sand for our arena • Craig Arnold for the use of his loader • Doug Trask for delivery of sand • Mike Openshaw for the use of his cultivator • Mark Froese for the donation of space for an arena. • The McBride Horse Club is sponsoring riding clinics on July 13, 14 & 15 or July 24, 25 & 26. The clinics are taught by a certified instructor in the John Lyons technique for resistance free training. His motto is "You can't control the environment, but you can control your horse." -Come out and participate in either set (or-both) of clinics: • 1 1/2 hours per day for the three days- \$55.00 • 4 hours per day for the three days \$150.00 • Come out and observe \$10.00 per day. -People are welcome to attend both sessions to reinforce the technique. -Interested in starting a colt with this method? Come watch July 17, 18 & 19 and 21 and 23 for \$10 per day. We need one more person to participate in the colt training sessions- contact Irene Froese at 569-2561 -Contact Ron Hammerstedt at 569-3331 or 569-2235 or Marion DeBoersap at 569-2250 for registration for more information. You haven't missed The RCMP Musical Ride yet. Should be a great show- For more information please phone the Detachment during normal hours. Tickets are \$3.00 and children under the age of 2 years are free. This great show is on July 20th, so start making your plans now! Just a reminder that the Fall Fair is approaching rapidly (August 16 weekend) so get your crafts & knitting ready for the Fashion Show.

Cheryl Sansom Memorial Trophy- Each year at the Robson Valley Fall Fair, we award a trophy in memory of our friend, and long time member of the Fall Fair Association, Cheryl Sansom. The criteria are Citizenship and Community Service. Do you know anyone who, like Cheryl, made this valley a better place to live? She always had a cheerful word and was very involved in the Fall Fair, Minor Hockey, Ball School, events and other organizations, she made our valley a more enjoyable and diversified place to be. -If you know anyone like this that you would like to nominate, send a written submission listing this person's attributes by August 13th to the Robson Valley Fall Fair Association, McBride, B.C. V0J 2E0. Nominees will be judged by the Sansom family. So McBride start writing those letters, there are a lot of people who do a great job for the people in the Valley, it's going to be a great honor to get this award. Also McBride, start getting your idea's for the floats that are in every parade. Were hoping to get a good turn out this year. That includes children and their bikes. 1997 is going to be a blast, so why not be part of it!

Baby Tip

Get closer with your baby- •Do massages- Stomach, arms, face, back and chest. Use salad oil, since infants love to put their feet and hands in their mouths.
Are your child's feet flat? •Place your child's wet bare feet on a piece of dark construction paper. A normal foot will leave spots at the heel, outside border, and toe, area- but none in the arch. At eating time- If she/he refuses the spoon- •Dip the tip of a clean finger into the food and let your baby suck that. If she/he still protests she/he may not like the taste of that food; try another next time.

Birthday Wishes July 9 to July 15

Lionel Gendreau, Shawna Harstad, Frank Barone, Marion Cousineau, Giselle Monroe, Henry Gunster, Joanna Lewis, Marlene Walchuk, Norma Arneson, Kirk Goodkey, Winagen Alberg, Les Craiguc, Laverne Remmele, Tony Molendyk, Judy Phillips, Darlene Koncar, Scott Keim, Michael Balcan, Leah Harstad, Stephen Harstad, Jane Harstad, Teresa Smith, Kim Elliott, and to anyone we missed- Happy Birthday.

A Big CONGRATULATIONS goes out to Joey & Jamie Quam who are getting married on July the 12th.

For those who are travelling

When you are travelling -please remember to put your garbage in a garbage can, not on the ground. Please don't leave food around for the animals, as it is dangerous. And please don't try and feed the animals or get close for pictures, as you could become their lunch.

Greyhound Bus Schedule
Country King
Depart to East-9:35am & 2:35am • Edmonton
Depart to West-8:20pm & 5:30am • Prince George
Depart to South-9:35am • Kamloops

Please Call **The Little McBride Paper** with all coming events, news, trivia, comments, anything!!...no matter how trivial!!
Ph:569-3110 or Fax:569-0220. If we don't know about it, we can't write about it!! Susan Glines-Broom & Oscar - Box. 441 McBride
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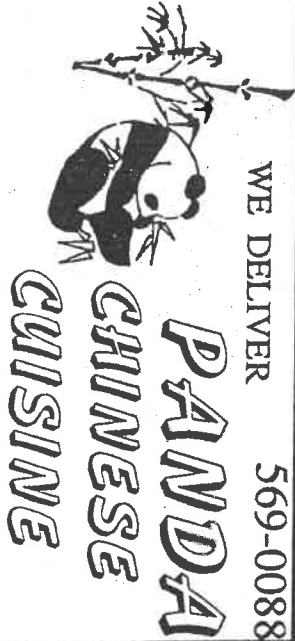
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Police Report

- 97-06-20 McBride RCMP seized liquor and charged a McBride youth.
- 97-06-20 McBride RCMP issued a 24 hr. Driving Prohibition to a local resident.
- 97-06-21 McBride RCMP charged a local resident with impaired driving.
- 97-06-23 McBride RCMP received a complaint of Telemarket Fraud.
- 97-06-23 McBride RCMP received a complaint of vandalism to a Northlands Road loader. Someone threw a rock through the windshield and damaged an air filter at Clyde Pit.
- 97-06-24 McBride RCMP received a complaint of Fraud cheque.
- 97-06-24 McBride RCMP received a complaint of a bench being stolen from in front of the Scotia Bank.
- 97-06-25 McBride RCMP assisted Valenmount RCMP with an assault.
- 97-06-26 McBride RCMP received two complaints of illegal drug activity and are investigating.
- 97-06-28 McBride RCMP attended a local Hotel to a fight, persons involved left without charges.
- 97-06-30 McBride RCMP received a complaint of a stolen bike which was vandalised.
- 97-06-30 McBride RCMP received a report of an erratic driver on Highway 16th.
- 97-06-01 McBride RCMP attended a semi-rolled over near Penny.
- 97-07-04 McBride RCMP charged an out of town resident with Impaired Driving. Refusal and Escape custody.

Night life line-up

Powerhouse Pub- Come down and boogie with "High Energy" Friday, July 11 from 9p.m. to 1a.m. Specials Fridays, 60¢, 80¢, & 100¢. Sirloin Steak Saturday night is Pasta Night. Lots of Appy's to choose from any time!! You can't go wrong at the Powerhouse Pub!! It's the finest nite spot in the Robson Valley!! Sit fireside and order a drink or a fine meal!! Every Thursday is FREE POOL all day!! "Where Good Friends Meet" Ph:569-2504.

McBride Hotel - Coming July 25 & 26 "Two Awesome Guys from Prince George" New- "Hunger House" Teddy Bear Machine - Come in and give it a try!! KENO is here, so come try it out!! Free Pool on Sunday from 11am to 5pm and Wednesday from 6pm to Closing. Cheap "Barley" Night on Tuesdays. McBride's finest nite spot & the only place in town to play Breakopen Lottery Tickets!! Ph: 569-2277.

Churches News N' Things

Dorcas-Closed for the Summer. In case of an emergency, please Phone 569-3186-Seventh Day Adventist Church-Meet Saturdays at 9:30am Ph:569-2539•Mennonite Church-Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-3302•Mountain Chapel (PAOC)-Sunday School & Adult Classes-10am,Services-11am. Ph:569-3350•Anglican United Church-Meet Sundays at 9:00am Dominion St. Ph:569-2580•Evangelical Free Church-Sundays-Sunday School at 10am and Services at 11am to "Sunday Service 10:30 a.m. Ph:569-2557 • Robson Valley Christian Centre-Meets in home Sundays 11am. Dunster Ph:968-4335•St.Patrick's Catholic Church-Meets Sundays at 10am Ph:569-2606.

Phone 1-800-561-8630

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Going West - Sunday, Wednesday & Friday...2:55pm
Going East - Monday, Thursday & Saturday...12:17pm
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Important Phone Numbers

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R.C.M.P. 569-2255
Hospital 569-2251
Health Unit 569-3765
K to 7 School 569-2721
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Dunster School 968-4414
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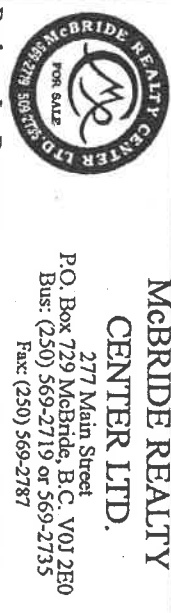
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