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Kitchen Now Open Until 10pm!
Specials Every Lunch & Supper • Home In Pick-up Orders
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IGA

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233 Main Street McBride
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Macaroni Salad - 100g \$4.49
Boneless Pork Butt Roast \$3.27 / lb.
Our Compliments
8 Vegetable Lasagna - 1kg \$6.79
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The Little

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Paper



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For the week of *Wednesday, July 2nd, 1997*

Local News

Pioneer Days- Royal Purple Lodge of McBride would like to extend a very large THANK YOU to the Elks Club for putting on Pioneer Days & to everyone in the community for your support. Special Thanks to- The Girl Guides and their leaders for their helping hands, -The "Helpers" who were nonmembers, we couldn't have done it without you, -The Fire Dept. for cleaning the Pavilion, -North of Fifty for Donating the food for our Pancake Breakfast, -IGA for their donations towards the food booths, -Brenda Moleldyk for the Counter Top for our booth. We hope everyone had as much fun as we did. P/S We also wish to THANK YOU very much for supporting our Purple-Cross Tag Day- all the proceeds go to help children needing Medical Attention.

A THANK YOU from the McBride Volunteer Fire Fighters Association who did the dunk tank on the weekend of the Pioneer Days. Dave Hruby, Norm Marion, Darren Perpetitz, Bonnie Stinemann, Jennifer Hooker, Wes Keim, Paul Wildeman, Jean Marc LaCasse, Dr. Mike Moseley, Rob Green, Lisa Shantz, Gene Runtz, Kevin O'Brien, Vic Chicoine, Lionel Gendreau were people who all volunteered to get dunked. Kal Dey & Morris Bonnieville donated money not to get dunked. Proceeds go to upgrade the rescue tools on the fire truck and for the Halloween Extravaganza for the children this fall. Through generous support of the community they raised \$300. The fire fighters appreciate all the help and support for this year and hope to have a dunk tank at the Fall Fair.

Coming Events

The RCMP Musical Ride is coming to Prince George on July 20 for two performances at the Multiplex, one at 2:00p.m. and the other at 7:00p.m. The McBride Detachment has obtained a small number of tickets for the 2:00p.m. performance and they can be purchased at the Detachment from the clerk during normal office hours for \$3.00 each. Children under the age of 2 years are free. This is an opportunity to see a wonderful show. For someone who gets tickets, please let me know how it is, I've always wanted to go to one, I've seen them on T.V., I bet you there's nothing like it. But I wont be able to make it this year. Please do me a favor and do a story and we can let everyone know what a great show it was. Thanks -Broom

Cheryl Sansom Memorial Trophy- Each year at the Robson Valley Fall Fair, we award a trophy in memory of our friend, and long time member of the Fall Fair Association, Cheryl Sansom. The criteria are Citizenship and Community Service. Do you know anyone who, like Cheryl, made this valley a better place to live? She always had a cheerful word and was very involved in the Fall Fair, Minor Hockey, Ball School, events and other organizations, she made our valley a more enjoyable and diversified place to be. If you know anyone like this that you would like to nominate, send a written submission listing this person's attributes by July 26th to the Robson Valley Fall Fair Association, McBride, B.C. V0J 2E0. Nominees will be judged by the Sansom family. So McBride start writing those letters, there are a lot of people who do a great job for the people in the Valley, it's going to be a great honor to get this award. Also McBride, start getting your idea's for the floats that are in every parade. Were hoping to get a good turn out this year. That includes children and their bikes. 1997 is going to be a blast, so why not be part of it!

The Northern Interior Regional Health Board would like to inform everyone that the regular meeting is set for Wednesday, July 9th, 1997 at 6 p.m. in the Boardroom of the Bulkley-Nechako Regional District Office. #492-Highway 16 in Burns Lake. Members of the Community are invited to meet the Board Members prior to the start of the meeting, during an informal Community Social from 5:30 - 6:00 in the Boardroom.

Community Arrangements

Found Dog- Young, male, black, medium size found June 21, lounging out at the Powerhouse Pub. Please phone 569-3319 for more information.

-Remember folks, all dogs should have tags on them in case of these situations. For more information contact McBride Village Office. -Broom.

Part Time Employment- Required immediately. Person to pack camp supplies. Approx. 20 hr/week average. Preferably mature Female. It does require some heavy lifting. Rate \$10/hr. Apply in person at E.P. Runtz & Associates. McBride, B.C. or phone 569-2272.

Via-Rail Schedule Phone 1-800-561-8630
Going West - Sunday, Wednesday & Friday...2:55pm
Going East - Monday, Thursday & Saturday...12:17pm
40% Savings on Coach Fares booked a week in advance
10% Extra Savings for Seniors & Students when booked in advance

Please Call **The Little McBride Paper** with all coming events, news, trivia, comments, anything!!...no matter how trivial!!
Ph: 569-3110 or Fax: 569-0220. If we don't know about it, we can't write about it! Susan Gilnes-Broom & Oscar - Box 441 McBride

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MONDAY TO SATURDAY

Open 10am to 7pm

Full International Deli

Homemade Soups • Subs • Sandwiches • Ice Cream
Pizza • Chicken • Ribs • Catering • Party Trays

Special of the Week

Rib Dinner for 2
comes with Fries or Onion Rings,
Tossed or Potato Salad & Garlic Toast

Only \$17.⁵⁰ tax incl.

Roast Beef -100g ----- \$.89

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Main St. 569-3269 Free Delivery!!

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V0J 2E0

McBride Library

Hours

Tuesday - 10 to Noon - 2 to 5 - 7 to 9
Wednesday - 10 to 2
Friday - 2 to 9
Saturday - 2 to 5

241 Dominion St.
Turn off the Tube and Read a Book

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Anywhere in the World!!

Yours for the Asking!!

Just answer the Skill Testing Question
Who Sang *%&#@\$(*)

Phone answers in to (000)-000-0000
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Canada Week Special

July 2nd to July 5th

All NORCO Bikes in Stock

20% OFF



Main Street, McBride

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\$3.99 per min.

1-900-451-6637

Ext. 4617

\$2.99 per min.

Must be 18 yrs.

Must be 18 yrs.

Procall Co. (602) 954-7420

Procall Co. (602) 954 7420

COMMUNITY MARKET

Fridays, 3p.m. - 7p.m., from July 11 - Sept. 12
McBride Village Park Local crafts & produce
for info. call Sharlin Rowley at 569-3147

Sunworthy Wall Coverings

Fabric Accessories - Napkins, Placemats, Chair Pads &
Window Toppers - 20% OFF Wall Coverings - 30% OFF
Call Julie 569-3186

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Fax:569-0220

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Saturday Night "Moods"

Easy Listening Keyboard Music

by Norma Bend

Saturday, July 5th

Dinner Special will be Always Good!!
60z. Filet Mignon \$12.95

Open Daily 9am - 2pm and 5pm - 8pm
Main Street, McBride 569-2609

More Community Arrangements

The Community Market is now here. If you have Local Crafts or Produce you wish to sell contact Sharlin Rowley at 569-3147. The market will be on Fridays from 3p.m. to 7p.m. starting July 11th and going to September 12th. So come on out and see what kind of great things you can buy.

Buy, Sell & Rent

For Sale- 1994 Sportsman 35' 5th wheel trailer. Extendable tip out in kitchen & livingroom area. Stereo, Microwave, air condition, T.V. antenna, phone jacks. Like new- asking 28,000 or O.B.O. Please phone Mike after 6:00p.m. or leave a message. 250-569-3266**Moving - Must Sell-1980 Polaris Sprint 340 Snowmobile. Good Cond. \$450. Still 066 Power Saw Good Cond. \$400 Phone 569-0004**For Rent-New Townhome - 3 Bedroom Plus Full Unfinished Basement. Washer/Dryer & Dishwasher included. Two Full Baths \$650 per month. Phone 569-2442 or (403)914-8196For Sale- Rocky Mountain Equipe Mountain Bike. \$500 Phone 565-0267 (Scarcecrow Inn)**For Sale- 1993 Wilderness 24ft. Trailer, sleeps six, microwave, built in stereo, rubber roofing, air cond, hardly used. Phone 569-3333**For Sale- Boarder Colief/Cross Puppies, very cute, please call 569-2508**For Sale- 1991 27' Corsair Motohome, 7.3 L. Diesel, Dual Fuel Tanks, Rear Bedroom sleeps 6, Air Cond., Good Fuel Mileage, Excellent Condition, 67,000 Km. Phone (250)569-2524**For Sale-1987 Honda Accord LX-4, Door, 5 Speed, Original Owners, Excellent Running Condition- \$4500 or best offer- Phone 569-2745**To buy and sell here call 569-3110 or drop off info and \$'s at 981-5th Ave. (\$3/week)

Birthdays Wishes July 2 to July 8

John Walker, Wolf Osterberg, Grant Sansom, Charmelle Sansom, Sally Rollisberger, Nicole Waldron, Dorothy Wiltsie, Dave Frazier, Nicole Jeck, Mark McNaughton, Irene Rejman, Dennis Rejman, Jodee Sayle, Amy Berzewski, John Carlin, Denis Yungen, Les Johnston, Glenda Thompson, Terry Rykes, Daniel Yungen, Jenny Molendyk, Ania McClinton, Jesse McDonald, Michelle Smith, Elizabeth Friesen, Heidi Prentice, Stephen Smith, Roman Amerl, Shirley Rutherford, Joanna Trask, Happy Birthday to Christine Norum from Broom, Oscar and Broom's Mom. A special Happy Birthday goes out Robert Whitnack and David Marshall- Love always Mom and family.

Night life line-up

Powerhouse Pub- July 5th Boogie with "High Energy" Specials Fridays, 6oz., 8oz. & 10oz. Sirloin Steak Saturday night is Pasta Night. Lots of Appy's to choose from any time!! You can't go wrong at the Powerhouse Pub!! It's the finest nite spot in the Robson Valley!! Sit fireside and order a drink or a fine meal!! Every Thursday is FREE POOL all day!! "Where Good Friends Meet" PH:569-2504.

McBride Hotel - New- "Hunger House" Teddy Bear Machine - Come in and give it a try!! KENO is here, so come try it out!! Free Pool on Sunday from 11am to 5pm and Wednesdays from 6pm to Closing. Cheap "Barley" Night on Tuesdays. McBride's finest nite spot & the only place in town to play Breakopen Lottery Tickets!! Ph: 569-2277.

Tips

-DID YOU KNOW?- Carbon Monoxide is a colorless, odourless, deadly gas- the by-product of incomplete combustion of carbon fuels. It can kill before you are even aware of its presence! You can save yourself and your family by getting a detector.

HERBS

Bee Pollen- For extra stamina and energy. Helps build up the immune system.
Blessed Thistle- Increases milk while nursing. Also used for cramps and irregular menstrual cycles.
Cayenne- good tonic for heart and circulation.
Cranberry- For chronic kidney infections.

Churches News N' Things

Dorcas-Closed for the Summer. In case of an emergency, please Phone 569-3186*Seventh Day Adventist Church-Meet Saturdays at 9:30am Ph:569-2539*Menonite Church-Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-3302*Mountain Chapel (PAOC)-Sunday School & Adult Classes-10am,Services-11am. Ph:569-3350*Anglican United Church-Meet Sundays at 9:00am Dominion St. Ph:569-2580*Evangelical Free Church-Sundays-Sunday School at 10am and Services at 11am to "Sunday Service 10:30 a.m. Ph:569-2537* Robson Valley Christian Centre-Meets in home Sundays 11am, Dunster Ph:968-4335-St.Patrick's Catholic Church-Meets Sundays at 10am Ph:569-2606.

Greyhound Bus Schedule

Depart to East-9:35am & 2:35am • Edmonton	Country King
Depart to West-8:20pm & 5:30am • Prince George	
Depart to South-9:35am • Kamloops	

Important Phone Numbers

EMERGENCY	9-1-1	Forestry	569-3700
R.C.M.P.	569-2255	Village	569-2229
Hospital	569-2251	Reg'l Dist'	1-800-667-1959
Health Unit	569-3765	Home Support	569-2266
K to 7 School	569-2721	Tourist Booth	569-3366
High School	569-2295	Fire Hall	569-3117
Dunster School	968-4414	Greyhound	569-2570
Inquiry B.C.-1-800-663-7867 - For Toll Free Calling to Provincial Numbers ... Dial this Number 1st and ask operator to connect you to provincial department.			

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Banana Splits & Sundaes are here for the Summer and don't forget about our Buck-A-Cone

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FREE DELIVERY Sunday 7am - 5pm 569-0200



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BANANAS \$.69 / lb.
3 lb. Bag of Onions \$1.49
Iceberg Lettuce \$.99 each
Assorted Hershey Chocolate Bars
2 for \$1.19

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Sandman INN McBride

July Lunch Specials...Only \$5.95

(includes Fries & Soup or Salad)

Monday	Ham & Swiss on French Bread
Tuesday	Egg Salad
Wednesday	Chicken Burger
Thursday	San Francisco Melt
Friday	Fish Burger
Reg. Kitchen Hours 6am to 9pm	569-2285

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Wool Farmers
Milk & Eggs
Meat Cutting
Tool Rentals
etc.

The Little McBride Paper
Looks forward to serving you!!
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Quote of the Week

There's never time to do it right, but there's always time to do it over.