WE DELIVER PANDA 569-0088 FREE

CUISINE CHINESE

Kung Po Chicken - Deep Fried PrawnsYang Chow Fried Rice- Chicken BallsJapanese Teriyaki Beef- Almond ChickenCashew Nut Chicken- Beef with Ginger and
Green Onion- Shredded Beef Szechuan StyleHoney Garlic Rib- Dry Garlic Rib- Mussel
with Black Bean Sauce- Scallops with
Vegetables- House Special Chow Maim- House
Special Chop Sucy- Sweet & Sour Pork
Choose any Three - Plus Dessert

Only \$27.95

OPEN at 11am and WE DON'T CLOSE until 11pm Located at 100-1st. Avenue (in the McBride Hotel)

CBride Clothing

20 % ALL WINTER **JACKETS** OHE

and don't forget the incredible Gigantic Designer Jeans & 30% 15% Designer Shirt Sale!! OHE OFF 1st Pair 2nd Pair

210 Main Street

50%

OHE

3rd

Pair

569-3187

The SAW DC

Poulan Oregon Products Full Line of Pro Dealer

Located in the Side Entrance of Hrubys Garage on Main Street Call any time, 569-2353 or After Hours call Melvin at 569-3448

WOOD'S GOODS

Reduced to Clear
Right Handed Golf set - Bag plus 11 clubs-\$100
-Golf Bags- \$20 each
-Metal Snow Scoop- \$15.00
-Double Beds- \$75.00
-3 Piece Couch Set- \$100

•Sofa- \$75
•Hide - A - Bed- \$100
•Kitchen Aide Portable Dishwasher- \$10
•Entertainment Center- \$100
•Electric Stove- \$75
•Table and Chairs Set- May Range F
\$85.00 to \$250
•Automatic Washer- \$100
•Childrens Clothing- Cheap
•Pocket Books 1/2 Price
Make An Offer.
Ron is in the Dealing Mood. \$100

123 Lonsdale, McBride Noon to 5 P.M. Monday to Saturday

PowerhousePUB

Steak & Lobster

6 oz -\$22.95

8 oz -\$24.95 Ladies Pool Tourn Feb 22nd -Sign up as soon as possible.

The Little

McBride



ving BC's Friendliest Town and Areal!

For the week of Wednesday. 12th. 1997

bocal News

Want to try something new to eat-Well The Powerhouse Pub has just that. Their new menu is huge and has something for everyone. - 10 different types of Appetizers, 3 different types of Podato Skins, 5 different styles of Salads, 11 types of Sea Food, 12 different styles of Salads, 11 types of Burgers, 5 different types of Chicken Entrees, plus many old Favourites-Steak, Beef Dip etc. Also after 5pnn. You can now get ribs, Pasta Dishes, and so much more. WOW- sounds good. So hungry and don't feeling like cooking, or just want to get out of the house, try the Power House Pub- "Were Good Friends Meet".

NORTH OF HEFTY- They now have home made bread- (Broom loves home made bread- and it's good). So now you have more to choose from Bread or Bagels. Also when your in there, check out the wall mural, it's still coming along just great. It's anazing the work the girls have put into it- A Job Well Done. Then there is the new and improved wall menu done up on chalk boards through out the restaurant- It looks pretty cool.

McBride, it's finally here- The Yellowhead Loppet to Suday Feb. Ioth. Bring the whole family. The Loppett is a fun event for both kids and adults of all ages. Participants can choose a distance to ski, km, Jokm, Jokm, Jokm, Okm, or 30km, Refreshments are provided on route and all skiers will be given a warm lunch. At the end of the race draw prizes will be given out to both participants and volunteers. The Loppett will take place on the Bell Mt. road was upgraded last fall and is much improved. The Yellowhead Loppett is a social event. You will meet Skiers from Jasper, Prince George, Kamloops, etc., who have enjoyed our community's hospitally in previous years. -Volunter and part of the festive amosphere. -Cross country skiing is a wonderful way to enjoy the winter in the Robson Valley. So dust off those skis and get out and have some fun with family and friends, participants in the Yellowhead Loppett this conting Sunday! -Foo of the past of the past of the roads of traber in the Robson Valley, So dust o

Prince George won game 2 by a score of 5 - 8. Mark McNaughton scored twice with Curtis Vizza, Garrett Callaghan and Brody Marian adding singles. Jason Bedard carned an assistant. Paul Kolida got the nod in net.

The Valemount Novices visited on Sunday Feb. 2nd and went away with a decisive 10 - 2 victory. Clinton Plasman and Mark McNaughton scored the goals while Garrett Callaghan, got one helper for McBride. The Novice Grizzlies travel to Hinton for a Tournament Feb. 22 & 23. "Good Luck and have lots of fun."

The 1997 Bruce Denniston Bone Marrow Calendars are available at the R.C.M.P. Office. They are \$7.00 each and the money goes towards Bone Marrow Cancer Research. Please drop by and pick one up, it's for a great cause.

Gommunity Announcements

HEALTH PROMOTION COMMITTEE MONTHLY MEETING

-(Serving the area from Dunster to Dome Creek) - at McBride &
District Hospital, multipurpose room, Thursday, Feb. 13th from 1
to 2 p.m. Public welcome to attend.

McBRIDE FIGURE SKATING CLUB is having a Spagetti
Dinner Feb. 22nd from 5 - 7:30 p.m. at the Legion. Spagetti,
Caesar Salad, Garlic Toast, Dessert, & Beverage - ONLY \$7.50
- 5 & under \$3.50. So make plans with friends and loved ones
and join us for a great time.

Via-Rall Schedule

Phone 1-800-561-8630

Going West - Sunday, Wcdnesday & Friday...2:55pm

Going East - Monday, Thursday & Saturday...12:17pm

40% Savings on Coach Fares booked a week in advance

10% Extra Savings for Seniors & Students when booked in advance

Please Call The bittie McBride Paper with all coming events, news, trivia, comments, anything!!...no matter how trivial!!

Kitchen Now Open Until 10pm!!
Open Daily Ilam - Midnight • Till Iam Fri & Sat
Specials Every Lunch & Supper • Phone In Pick-up Orders
Complete Catering and Banquet Facility Take a Break in McBride... B.G.s Friendliest Town!!

FREE Bubba's Bistro 70 RUSINIKE

memade Soups • Subs • Sandwiches Chicken • Ribs • Catering • Party Full International Deli Trays

Super Specials

Receive \$2.00 OFF all orders over \$15.00 Tuesday, Wednesday, Thursday Friday and Saturday

Buy 1 Pizza at regular price and \$5.00 OFF the 2nd Pizza

Valentine's Day Only Receive 14% OFF All Orders \$14.00 Minimum

569-3269 Free Delivery!!



McBRIDE REALTY CENTER LTD.

277 Main Street P.O. Box 729 McBride, B.C. V0J 2E0 Bus: (250) 569-2719 or 569-2735 Fax: (250) 569-2787

Salesperson Res. - (250) 569-3268 Karen B. Hickerty

Rodger L. Peterson
Owner / Agent
Res. - (250) 569-2793

The Center of Realestate Action in the Robson Valley!

Stapley Plumbing

Licenced Plumber / Gasfitter
Plumbing • Water Conditioning • Heating

Fax:569-0114 Pager:569-2226 Ian Stapley
Phone:569-2451 P.O. Box 487 McBride, B.C. V0J 2E0

BORROW MONEY

TO SAVE MONEY?

So you've fallen behind on your RRSP contributions. You know it's smart to keep up, but when March 1st rolls around, it seems that the money's just not there. What to do! What to do? Here's a thought:

THE SCOTIA RRSP CATCH-UPTM LOAN (Here's a quick math version as an example, just to get you thinking.)

1. BORROW \$15,000.

(Or as much as \$50,000* at rates as low as

Prime.**)

2. GET BACK \$6,000 ON YOUR TAX RETURN
AND PAY DOWN YOUR LOAN.

(This depends on your tax rate and other stuff.
Doesn't everything?!)

3. PAY BACK \$157 / MONTH.

(Seem possible? If need be, you can take up to 10

years to repay.)
4. WATCH YOUR RRSP GROW TO \$19,361 IN 5
YEARS AND 6 MONTHS, WHEN YOUR LOAN IS
PAID OUT. IN 25 YEARS, YOU'LL HAVE

\$47,856.

(Here comes the fine print. The example above is based on the following assumptions.)

1)-Investor is in 40% marginal income tax bracket and is eligible for a \$6,000 tax refund. 2)-Loan is amortized over 10 years and is subject to applicable credit criteria. Loan rate over the life of the loan is 4.75%. Rate is fixed for each term of the loan - 1 to 5 year terms available. 3)-Tax refund is used to pay down principle at the fourth month - you pay back an additional \$10,348 (9,000 of principal & \$1,348 in interest.) 4)-RRSP investments carm an average annual compound return of 4.75% in a diversified portfolio.

(So much for fine print. Talk to us.

We speak in large print.)

Of course, you'd rather not borrow. But this is borrowing to save. So you can catch up and keep up. Because doing nothing is the worst idea of all.



311 Main Street, McBride, B.C. What to do. TM 569-2241

®Registered Trade-mark of The Bank of Nova Scotia. The Trade-marks of The Bank of Nova Scotia. *Subject to applicable credit criteria. **Scotiabank*s Prime rate as of November 25, 1996 was 4.75% and is subject to change.

• All Types of Home Repair
• FREE ESTIMATES• • Basement Suites • Renovations • Additions • Garages • Finishing • • Kitchens • Drywall • Painting • • Windows & Doors • Insulation • • Minor Electrical & Plumbing Repair • I Types of Home Repair • All Kinds of Jobs • • FREE CONSULTATIONS• E ESTIMATES• • Call Art At 569 - 2519



More Specials

STIHL 046 Arctic \$900.00 HUSQVARANA 288XP \$900.00 Gas up at Esso in the Morning and get Help in the Evening Snowmobilers Welcome

Heat, Light, Compressed Air & Help-Phone for Price & Availability Rent - A - Bay

569-2418

- PHOTO COPIES CONFIDENTIAL FAXES OCCASIONAL CARDS BUSINESS CARDS INVITATIONS LAMINATING BINDING COLOR SCANNING AND MUCH MORE •



BANNERS - SIGN BOARDS

VEHICLE SIGNS - MAGNETIC SIGNS PLASTIC SIGNS - AND MORE

Scott Glines
Phone: 569-3110 981-5th Ave.
Fax: 569-0220 McBride

Sun Life Agent - Carol Pleasants 569-0077

Plan For Your Future Today

TAROT READING

Sound Financial Planning •

Valentine's Special-\$25.00 Tarot Reading. For the Month of Feb. Thanks to Present Clientel I'll miss you all - for I'll be moving to Red Rock in March.

For Appointment Call 569-0227 Brenda

<u>Dental</u> Hygienist

Geri Wayslow R.D.H.

McBride. For an Appointment please Dr. Moseley at 100 Robson Centre, wishes to announce the opening of her Dental Hygiene services on February 6, in association with

!! **!**!

call 569-3434

Main St. McBride

Remember That Special Person On

Valentine's Day Friday, Feb. 14th
Come To Stedmans V&S and Check out our
great selection of Cards, Chocolates, Perfume,
Bath Gift Sets, Valentine's 'Cherished Teddies'
and MUCH MUCH MORE

Happy Valentine's Day to Everyone.

May you all have a great day with the ones you love. (Oscar I want to let you know that I love you more and more

Salami- Hungarian Hot, Cervelet & Wine-100 grams. \$1.09
Bakery Mini Doughnuts- 40\$5,99

Fingers-907 gram pkg......\$10.29

\$10.29 . \$1.39 / lb.

For Rent- Cabin on Acreage- close to McBride- coming up in March- Please Phone 569-0227•• 2 Bedroom apartment for rent, No Pets - Phone 569-333••Large house for rent- 3 heating options, washer, dryer included. Good water. Garden site available. Mtn. View Rd. Call Bryan- 569-2279••For Sale- Kitchen Cabinets Pine T&G, Stainless Steel Dbl. Sink, Lazy Susan, All Hinges & Pulls, and Faucet. All for \$600.00 Phone Mike at 569-2284••For Sale- 60" Truck Walk in Sleeper with Heater, Light and Mattress. Execellent Condition - \$1000, 1967 Airstream Travel Trailer, 8'x30', Good Furnace & Fridge, Fully Self Contained-\$4000, Jonsered Chainsaw \$300 Phone Richard at 569-0219••For Sale-1980 G.M.C. Camperized Van \$2500. Can be seen at McBride Esso••For sale- 1989 Plymouth Reliant \$3,500. Phone 569-3458
•• To buy and sell here call 569-3110 or drop off info and \$'s at 981-5th Ave. (\$3/week)

Lisa Dowker, Jesse Lawrence, Donna Quinn, Jamie Wagner, Koryna Thompson, Bernadette Franke, Beulah Frazier, Garret MacMaster, Bob Craigue, Jason Menge, Arlene Littlechild, Millie Bickford, Jennifer Partington, Marnie Molendyk, Christopher Pratt, Sylvia Arnold, Alannah Rollinson, Mike Moseley, Sheila Clark, Paul Hulka, Tara Lamming, Happy Birthday Marlene Arneson From Broom and Oscar, Matt Elliott, Christine Monroe, Pat Cousineau, Mitch Shawara, Mike Moseley and anyone eles we missed. A Big Happy Birthday goes out to Joao De Frias Love

Night Life Line-Up

Powerhouse Pub- Come on down and join us for a Ladies Tournament that is happening on Feb. 22nd- Drop by sign up as soon as possible. It is going to be a Blast, so will see you there. Also our Valentine Special is Steak & Lobster - 6 oz. only \$22.95 & 8 oz. only \$24.95. Specials-Fridays, 6oz. or 8oz. Sirloin Steak Saturday night is Pasta Night. Lots of Appy's to choose from any time!! You can't go wrong at the Powerhouse Pub!! It's the finest nite spot in the Robson Valley!! Sit fireside and order a drink or a fine meal!! Every Thursday is FREE POOL all day!! "Where Good Friends Meet" PH:569-2504. McBride Hotel - Kicking Horse Band Coming Feb. 21 & 22. Free Pool on Sunday from 11am to 5pm and Wednesday from 6pm to Closing. McBride's finest nite spot & the only place in town to play Breakopen Lottery Tickets!! Ph: 569-2277

Police Report

R.C.M.P. SUMMER STUDENT PROGRAM. - Unfortunately, the McBride Detachment is unable to hire a Summer Student this year as the deadline for the required \$7,000 sponsorship has passed. We would invite anyone who is interested in the program to keep it in mind for next summer and start working on obtaining their own sponsorship. This could be obtained from different levels of government, local business' as well as private

sponsors.

-RECOVERED STOLEN TRUCK. The Stolen white Dodge pick up truck from McBride on January 12th has been recovered in Prince George. The investigation in ongoing and the police are still looking for the missing three snowmobiles and trailer.

Seventh Day Adventist Church-Meet Saturdays at 9:30am Ph:569-2539•Mennonite Church-Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-3302•Mountain Chapel (PAOC)-Sunday School & Adult Classes-10am, Services-11am. Ph:569-3350•Anglican United Church-Meet Sundays at 9:00am Dominion St. Ph:569-2580•Evangelical Free Church-Sundays-Sunday School at 10am and Services at 11am & Wednesdays Ph:569-2537•Robson Valley Christian Centre-Meets in home Sundays 11am, Dunster Ph:968-4335•St.Patrick's Catholic Church-Meets Sundays at 10am Ph:569-2606.

Greyhound Bus Schedule

Depart to East-9:35am & 2:35am • Edmonton

Depart to South-9:35am • Kamloops

Health Unit.........
K to 7 School......
High School..... Important Phone Numbers
EMERGENCY 9-1-1

 Icalth Unit
 569-3765

 to 7 School
 569-2721

 ligh School
 569-2295

 unster School
 968-4414

 inquiry
 B.C.-1-800-663-7867 - For Toll

 Fire Hall

Take a Break in McBride... B.G.s Friendliest Town!!

Mona Rosa Pizza680 grams

Every Day, I'm glad we found each other. Love Broom)

More Gommunity Announcements
Grade 9 Bamfield Trip - Hire a Student - If you have any odd
jobs e.g.. shovelling snow, stacking wood, cleaning house etc.,
Hire - A - Student. The Grade 9 students are trying to raise
money for their Science trip to Bamfield Marine Station and are
available for hire at \$5.00 / hour or a donation. Call the McBride
Secondary School at 569-2295 for more information.
Health Unit- Baby clinics are the 1st & 3rd Thursday of the
month. Please call for appointments,
Ballet Classes have started back up. If you are interested we
meet at the Legion Hall every Tuesday at 3:00 p.m.

Bay, Sell & Reat

House Cleaning

toilets, walls, dusting, dishes, etc. including windows, ovens, sinks, Will do any house cleaning or open for monthly rate call Amanda at 569-2269 rate: \$9.50 per hour



Your Clothes go from Mean & Greer to Fresh & Clean Monday - Friday Drop off at Jenny's Shop to Fresh & Clean Washed, Dried & Folded for only a small fee N' Wash

SAY BRODCAST T.V ON WHATS YOU WANT ON

Robson Valley Entertainment Assoc. will be meeting Feb 13. 7:30 p.m. at the Highschool, hope to see you there

McBride Roundhouse The Swinging

The Bovines

"Special Dinner & Show" \$25.00 McBride Traveller's Inn Friday Feb. 14th - 8 p.m. Admission \$15.00

Tickets Available at Stedmans

McBride Specials...Only \$5.95 Come C

Thursdays (includes Fries & Soup or Salad)

Mondays Egg Salad Sand. Our Smorg Puesdays Grilled Ham & Cheese Vednesday Veggie Sensation From Fridays Fish Burger Reg. Kitchen Hours 6am to 9pm

Sounday from from 10am 8.69-2285

Drop By Sandman for ou Valentine's Day Specials Shrimp Angolitti with Angel Hair Pasta Garlic Toast

Roast Beef Dinner Choice of Soup or Salad Strawberry Shortcake Coffee or Tea

Only \$12.95



Labour

- 10% OFF For Spring BOOK

Serving McBride and Surrounding Areas!! 569-2672

•Exposed Concrete••Design••
Etching, Clearcoat Sealing