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and shoot the puck around- HELMETS ARE MANDATORY.

Pond Hockey- Wednesday 10:00 - 11:pm & 3:30 - 4:45pmHELMETS ARE MANDATORY. Adult Rec Hockey- Sunday
6:15 - 7:45pm -Enjoy hockey in a friendly, less competitive
and non-contact atmosphere. The program is self supervised
and refereed by the players. Players supply their own equipment. Public Skating-Sunday- 4:00 to 5:45pm & Thursday- 2:15 to 3:30pm Family Skate-Friday- 7:30 to 8:45pm Parents & Tot-Tuesday- 11:00 - 12:00 noon & Fridays 11:00-12:00noon Adult Noon Skate- Tuesday- noon-1:30pm & Friday Noon-1:30pm Adult Puck Off- Monday- noon-1:30pm & Wednesday- noon- 1:30pm -Bring your stick Center Winter



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McBride



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For the week of Wednesday, Jan. 8th. 1997

Community Announcements

HEALTH PROMOTION COMMITTEE MONTHLY MEETING (Serving the area from Dunster to Dome Creek - at McBride & District Hospital, multipurpose room, Thursday the 9th- 9-10 a.m. Public welcome to attend. For more information call Lorraine at 569-0136. The committee's mission is to sponsor health promotion and wellness projects designed to help people in our remote rural area to gain the knowledge necessary to take greater responsibility for their own health and that of their community. Bring your

contact Lorraine at 569-0136 for safety requirements and pattern. If you have a service project that you think the girls might be able to help with, please call Lorraine. We are also interested in doing some fund raising to help pay our way to camp and for craft supplies, so if you could use some workers call Lorraine and we'll see what we can arrange.

Start Stopping - Quit smoking program- Jan. 20th 1997, Monday to Thursday evening for 4 weeks at the Health Unit. \$35.00 per person or \$50.00 per couple. For more information please leave your name and phone number at 569-3765.

A Happy Birthday Tea at the Beaverview Lodge Lounge Wednesday Jan. 15th. Come and enjoy Tea and Cake with the Senors. They would like to wish a Big Happy Birthday to everyone who have a Birthday in January.

Would the person who took Megans Ghetto-Blaster from room 14 in the McBride Hotel please drop it off at the office - Thank

McBride Figure Skating Club is holding a Bottle Drive Jan. 18th from 10 a.m. to 2 p.m. -Anyone needing bottles picked up call Cindy Kelly at 569-3364 or Cecile Kraby at 569-3284. Sorry for the inconvenience- but Travellers Inn will not be open till Thursday January the 9th. We will be open on our regular

The Little McBride Paper would like to hear from our community on ideas or changes you would like to see in 1997 for the paper. Please give me a call, write or fax me, or just stop me on the street. My phone and fax number are on the back of the paper. Can't wait to hear from you. Also we would like to remind

Thumbs up to the crew at Northlands for their long hours and hard work for keeping our roads drivable during our snow storms, freezing rain and other weather conditions that have come our way. It's nice to see the dedication you fella's put into your job. I've travelled a bit over the holidays and you could always see the difference in the road conditions when you hit the McBride area. A Job Well Done.

New Years Eve Parties at the Elks and The Power House Pub were both a huge success. Lots of people got dressed up and attended either one. Everyone had a great time bringing in the New Year with a bang.

Country King

events,news,trivia,coi
Ph:569-3110 or Fax:5
write about it!! Susan McBride Paper with all coming s, anything!!...no matter how triviall! 10. If we don't know about it, we can't -Broom & Oscar - Box 441 McBride

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FREE THE PIZZA & BAGEL PLACE LOCATED 7 THE CENTER



project ideas and suggestions to the meeting.

GIRL GUIDES OF CANADA- SPARKS, BROWNIES, or GUIDES & PATHFINDERS meet weekly in McBride. Sparks ys (girls - 5 & 6 yrs.) and Brownies (girls - 7 & 8 yrs.) meet each wednesday from 2:15 to 3:45 p.m. These groups are filled up until more adult volunteers are recruited. If you're interested in being a leader, contact Lorraine Thibeault at 569-0316. Guides X (girls - 9 to 12 yrs.) and Pathfinders (girls -12 to 15 yrs.) meet each Tuesday from 6:30 to 8:30 p.m.. We have enough leaders to accommodate a few more girls in Guides & Pathfinders. Prior to Christmas, the Guides and Pathfinders sang Christmas songs with the residents of the residents of Beaverview Lodge. All our groups are involved in service projects. We collect Heinz labels from baby food for B.C. Children's Hospital, used stamps for the Save the Children Fund, Campbell, Swanson & Pepperidge Farm labels for the School For the Deaf in Puerto Rico. We send knitted or crocheted teddy bears to hospitals & agencies that deal with children in crisis. If you are interested in helping save labels, pass yours on to any Spark, Brownie, Guide or pick up. If you are interested in making teddy bears, please to the standard termine at \$60.0136 for eafety remirrenests and nattern

Can't wait to hear from you. Also we would like to remind people and businesses that our deadline for Ads or Ad Changes is every Monday. So if you want it in that week please give us a phone call, write us the information and drop it off at the house or give it to us when you see us up town. Or even fax us.

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Depart to West-8:20pm & 5:30am • Prince George
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and help make a childs give money to the hospital for each one turned turn send the items to the who in turn returns them give them to Kathleen Elliott. the bottles and take them to Fort Electric Heinz Pablum for your child please save either the top off of the box or the UPC Code off of Help the Childrens Hospital- If you are buying So please contribute to this worthy cause items to the Concrete & Stamped Concrete.

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We wish everyone a Happy New Year from Stedmans V&S in McBride!

This is our Final Week of 40% OFF **Decorations and Ornaments!** on Christmas Cards, Wrap,

expensive struggled with poverty knows how extremely Anyone who has ever it is to be poor.

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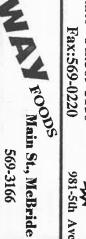
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Open Daily Ilam - Midnight - Till Iam Fri & Sat
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body repair. Nothing is too big or too small. They are located at 1740 Dyke Road, McBride. You can phone them at 569-2575.

Now that the snow has returned to McBride there is a Handy man Service that provides the elderly and disabled with a person to do shovelling of side walks or minor repairs for a nominal fee. For more information on this, or any of our programs, contact: Robson Valley Home Support Society at 569-2266. Or look for notices or posters around town put up by young schools kids looking for work. New Business in our valley open for business. They do

Everyone prepared to dress warm as the cold weather is coming back to McBride. So make sure you bundle up your family before sending them off to school or going to work. Most people are still trying to get rid of the colds and flues from the last cold spell. Also reminding you that your loving pets need protection from this cold spell. If they are not aloud in the house, put them in the porch or get some insulation or a blanket for the bottom of the dog house. Go and buy them that cute little sweater. A big reminder also is to put stuff on your drive way and walk ways so everyone is safe from slipping when they come home, one thing to use is Kitty Litter, Salt (be warned that salt may wreck cement, and I don't know about asphalt).

Ghild Gare

Plastic Bags can suffocate a child if pulled over its head. Do not leave plastic bags lying around the house. Tie a knot in the bag and then dispose of it or get a hanging plastic bag holder to store your plastic grocery bags or any other type of plastic bags. For further information about child safety, contact your nearest office of Consumer and Corporate Affairs Canada.

Bay, Sell & Reat

For Rent as Commercial or Residential -3 Bedroom, 1200 sq.
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Beginning of Jan. No Smokers & No Pets. Phone any time 5692618••For Sale- Jolly Jumper 4X4 Stroller- Good Cond. - \$75,
Taymor Baby Back Pack - Excl. Cond. \$50, Baby Diner Portable
High Chair Brand New - \$20 Ph: Tanya 569-2634 after 5
p.m••For sale- 1989 Plymouth Reliant \$3,500. Phone 569-3458 ••
To buy and sell here call 569-3110 or drop off info and \$'s at 9815th Ave. (\$3/week)

Birthday Wishes Jan. 8 - Jan. 14

James Sutherland, Mick Callas, Tracy MacMaster, Mark Friesen, Brian Wiltsie, Chelsea Marian, Cathy Lewis, Sherry Wiltsie, Shirley Shea, Alaire Jeck, Stacey Schock, Dwayne Walker, Val Sluggett, Colby Carmichael, Ted Pluta, Jennette Chiupka, Happy Birthday Diane De Frias love always Mom and Bob and to any one we missed. Congratulations to Christine and Doug Monroe on their baby girl born on December 28th. Also A BIG Congratulations go out to Jamie and Joey Quam who had a Baby Boy - Tristan on January 2nd.

Night Life Line-Up

Powerhouse Pub- Specials-Fridays, 6oz. or 8oz. Sirloin Steak Saturday night is Pasta Night. Lots of Appy's to choose from anytime!! You can't go wrong at the Powerhouse Pub!! It's the finest nite spot in the Robson Valley!! Sit fireside and order a drink or a fine meal!! Every Thursday is FREE POOL all day!! "Where Good Friends Meet" PH:569-2504.

McBride Hotel - Christmas hours- Christmas Eve Dec. 24: 11 am - 6 pm open Dec. 25: 12 - 5pm open Dec. 26: Reg. Hours- no Music. Mon.-Grilled Salmon Steak, Tue.-Roasted Chicken Half, Wed.-AAA Sirloin Steak(rosemary garlic), Thu.-Smoked Alaskan Black Cod, Fri.-Mixed Steak, Sat.-AAA Striploin Steak(Green Onion Sauce), McBride's finest nite spot & the only place in town to play Breakopen Lottery Tickets!! Ph: 569-2277

Gharches News N' Things

Seventh Day Adventist Church-Meet Saturdays at 9:30am Ph:569-2539•Mennonite Church-Meet Sundays 11am and 7:30pm & Wednesdays at 7:45pm Ph:569-3302•Mountain Chapel (PAOC)-Sunday School & Adult Classes-10am, Services-11am. Ph:569-3350•Anglican United Church-Meet Sundays at 9:00am Dominion St. Ph:569-2580•Evangelical Free Church-Sundays-Sunday School at 10am and Services at 11am & Wednesdays Ph:569-2537• Robson Valley Christian Centre-Meets in home Sundays 11am, Dunster Ph:968-4335•St.Patrick's Catholic Church-Meets Sundays at 10am Ph:569-2606.

Road and Weather Report

Road conditions: Compact snow with slippery sections. While travelling watch out for animals.

Weather report: Wednesday to Saturday there is a heavy snow fall warning with lows going to -11. Phone 1-800-561-8630

K to 7 School 569-2721 High School 569-2295 Important Phone Numbers
EMERGENCY9-1-1 VIII---Going West - Sunday, Wednesday & Friday...2:55pm Going East - Monday, Thursday & Saturday...12:17pm 40% Savings on Coach Fares booked a week in advance 10% Extra Savings for Seniors & Students when booked in advance 569-2255 569-2251 Village 569-2229 Reg'1 Dist' 1-800-667-1959569-2266569-3366569-3117

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